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# Influence of age on the diagnosis of myocardial infarction

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**Figure legends:** 234

# 1 **Abstract**

2 **Background:** The 99<sup>th</sup> centile of cardiac troponin, derived from a healthy reference  
3 population, is recommended as the diagnostic threshold for myocardial infarction, but  
4 troponin concentrations are strongly influenced by age. Our aim was to assess the diagnostic  
5 performance of cardiac troponin in older patients presenting with suspected myocardial  
6 infarction.

7 **Methods and results:** In a secondary analysis of a multicentre trial of consecutive patients  
8 with suspected myocardial infarction, we assessed the diagnostic accuracy of high-sensitivity  
9 cardiac troponin I at presentation for the diagnosis of type 1, type 2 or type 4b myocardial  
10 infarction across three age groups (<50, 50-74 and ≥75 years) using guideline recommended  
11 sex-specific and age-adjusted 99<sup>th</sup> centile thresholds.

12 In 46,435 consecutive patients aged 18-108 years (mean 61±17 years), 5,216 (11%)  
13 had a diagnosis of myocardial infarction. In patients <50 (n=12,379), 50-74 (n=22,380) and  
14 ≥75 (n=11,676) years, the sensitivity of the guideline recommended threshold was similar at  
15 79.2% (95% confidence interval [CI] 75.5-82.9), 80.6% (95% CI 79.2-82.1) and 81.6% (95%  
16 CI 79.8-83.2), respectively. The specificity decreased with advancing age from 98.3% (95%  
17 CI 98.1-98.5) to 95.5% (95% CI 95.2-95.8) and 82.6% (95% CI 81.9-83.4). The use of age-  
18 adjusted 99<sup>th</sup> centile thresholds improved the specificity (91.3% [90.8-91.9%] *versus* 82.6%  
19 [95% CI 81.9-83.4]) and positive predictive value (59.3% [57.0-61.5%] *versus* 51.5% [49.9-  
20 53.3%]) for myocardial infarction in patients ≥75 years but failed to prevent the decrease in  
21 either parameter with increasing age and resulted in a marked reduction in sensitivity  
22 compared to use of the guideline recommended threshold (55.9% [53.6-57.9%] *versus* 81.6%  
23 [79.8-83.3%]).

24 **Conclusion:** Age alters the diagnostic performance of cardiac troponin, with reduced  
25 specificity and positive predictive value in older patients when applying the guideline

1 recommended or age-adjusted 99<sup>th</sup> centiles. Individualised diagnostic approaches rather than  
2 the adjustment of binary thresholds are needed in an aging population.

3 **Funding:** Medical Research Council and British Heart Foundation

4 **Keywords:** acute coronary syndrome, myocardial infarction, troponin, elderly, aging

5

1 **Non-standard Abbreviations and Acronyms**

2 APACE = Advantageous Predictors of Acute Coronary Syndromes Evaluation

3 BACC = Biomarkers in Acute Cardiac Care

4 ECG = Electrocardiogram

5 High-STEACS = High-Sensitivity Troponin in the Evaluation of Patients with Suspected

6 Acute Coronary Syndrome

7 hs-cTnI = High-sensitivity cardiac troponin I

8 IL = Illinois state

9 NPV = Negative predictive value

10 PPV = Positive predictive value

11 TRAPID-MI = High Sensitivity Cardiac Troponin T assay for rapid Rule-out of Acute

12 Myocardial Infarction

13 UDMI = Universal definition of myocardial infarction

14 URL = Upper reference limit

15

16

17

18

1 **Clinical Perspective:**

2 **What is new?**

- 3 • In older patients presenting with suspected myocardial infarction, the majority of  
4 cardiac troponin elevations are explained by acute or chronic myocardial injury or  
5 type 2 myocardial infarction.
- 6 • The specificity and positive predictive value of high-sensitivity cardiac troponin to  
7 identify myocardial infarction decreases with age and is observed whether applying  
8 sex-specific or age-adjusted 99<sup>th</sup> centile diagnostic thresholds or a “rule-in” threshold  
9 for the triage of patients at high probability of myocardial infarction.
- 10 • Serial troponin testing incorporating an absolute change in troponin concentration  
11 increased discrimination for myocardial infarction in older patients.

12

13 **What are the clinical implications?**

- 14 • In older patients presenting with suspected myocardial infarction, clinicians  
15 should be cautious when interpreting a single troponin measurement.
- 16 • Clinicians should routinely perform serial cardiac troponin measurements and  
17 consider absolute changes in concentration to identify those older patients with  
18 elevated troponin concentrations more likely to have myocardial infarction.

19

1 **Introduction**

2 The 99<sup>th</sup> centile upper reference limit (URL) of cardiac troponin, derived from a cohort of  
3 healthy individuals, is used as the threshold to indicate myocardial injury and potential  
4 infarction.<sup>1</sup> This value is influenced by the characteristics of the reference population used for  
5 derivation.<sup>2-5</sup> Elevated concentrations of cardiac troponin above the 99<sup>th</sup> centile are frequently  
6 observed in older adults<sup>3, 4, 6-8</sup>, including amongst those presenting to the Emergency  
7 Department without myocardial infarction<sup>9-11</sup> and in the general hospitalised older  
8 population.<sup>12</sup> The application of diagnostic thresholds derived from younger reference  
9 populations may incorrectly suggest myocardial infarction in older patients, resulting in  
10 inappropriate treatment and potential harm.

11

12 The relationship between age and cardiac troponin has been noted for both troponin I and T  
13 assays, with the observed 99<sup>th</sup> centile URL for older adults in the general population double  
14 the reference value for cardiac troponin I, and three-fold the value for troponin T.<sup>3</sup>

15 Cardiovascular comorbidities including hypertension, diabetes mellitus, left ventricular  
16 dysfunction and existing ischemic heart disease are independently associated with chronic  
17 elevations in cardiac troponin.<sup>3, 4, 6, 7, 9</sup> The higher prevalence of these conditions amongst  
18 older patients further complicates the interpretation of cardiac troponin in an aging and  
19 increasingly multimorbid society.

20

21 Age-adjusted thresholds that use the observed 99<sup>th</sup> centile within different age groups to  
22 guide the diagnosis have been proposed as a means of increasing the specificity of cardiac  
23 troponin for myocardial infarction in older patients.<sup>13-15</sup> An alternative strategy to increase the  
24 specificity is the use of a threshold above the 99<sup>th</sup> centile. Introduced in recent practice  
25 guidelines, direct rule-in approaches using the presentation troponin concentration and a

1 threshold approximately 3-times the 99<sup>th</sup> centile value to identify patients at high probability  
2 of myocardial infarction are reported to have greater specificity and a positive predictive  
3 value (PPV) of up to 75%.<sup>14</sup>

4

5 Previous evaluations on the impact of age when applying either strategy have focused on the  
6 identification of any form of myocardial infarction.<sup>8, 11, 16, 17</sup> While both type 1 and type 2  
7 myocardial infarction represent important clinical entities, they have divergent treatment  
8 strategies and an understanding of how age impacts diagnostic performance specifically for  
9 type 1 myocardial infarction would help guide treatment decisions in older patients.

10

11 In this pre-specified secondary analysis of a multicentre trial of consecutive patients with  
12 suspected acute coronary syndrome, we evaluate the impact of age and cardiovascular co-  
13 morbidities on the performance of high-sensitivity cardiac troponin I for the diagnosis of  
14 myocardial infarction using the guideline recommended sex-specific 99<sup>th</sup> centile, age-  
15 adjusted sex-specific 99<sup>th</sup> centiles derived in a general population and a universal “rule-in”  
16 threshold above the 99<sup>th</sup> centile. In addition, we assess the performance of each threshold in  
17 combination with absolute and relative change in troponin concentration for the diagnosis of  
18 myocardial infarction.



1 **Methods**

2 **Study population**

3 The High-Sensitivity Troponin in the Evaluation of Patients with Suspected Acute Coronary  
4 Syndrome (High-STEACS) a stepped-wedge cluster randomized controlled trial that  
5 evaluated the implementation of a high-sensitivity cardiac troponin I assay in consecutive  
6 patients presenting with suspected acute coronary syndrome across 10 secondary and tertiary  
7 hospitals in Scotland (<https://www.clinicaltrials.gov>. Unique identifier: NCT01852123). A  
8 detailed description of this trial has been reported previously.<sup>18</sup> In summary, all patients  
9 attending the Emergency Department between June 2013 and March 2016 in whom the  
10 attending clinician suspected acute coronary syndrome and underwent cardiac troponin  
11 sampling were considered eligible for inclusion. Patients were excluded if they had been  
12 admitted previously during the trial period or were not resident in Scotland. Patients were  
13 enrolled using an electronic form integrated into the clinical care pathway completed at the  
14 time of cardiac troponin sampling.

15

16 For this secondary analysis, patients with ST-segment elevation myocardial infarction, those  
17 in whom the presentation high-sensitivity cardiac troponin sample was unavailable, those  
18 with an adjudicated diagnosis of type 4a myocardial infarction, or where a final diagnosis  
19 could not be adjudicated, were excluded.

20

21 **Cardiac troponin testing**

22 Cardiac troponin testing was performed at presentation and repeated 6 or 12 hours after the  
23 onset of symptoms at the discretion of the attending clinician in accordance with international  
24 guidelines in use during enrolment.<sup>19</sup> Cardiac troponin was measured using the  
25 ARCHITECT<sub>STAT</sub> high-sensitive troponin I assay (Abbott Laboratories, Abbott Park, IL).

1 This assay has a limit of detection of between 1.2 ng/L and 1.9 ng/L, an inter-assay  
2 coefficient of variation of less than 10% at 4.7 ng/L, and a 99<sup>th</sup> centile URL of 34 ng/L in  
3 men and 16 ng/L in women. Sex-specific URL was determined by the manufacturer based on  
4 4590 samples from healthy men and women aged 21 to 75 years.<sup>20</sup>

5

## 6 **Diagnostic adjudication**

7 All patients with a high-sensitivity cardiac troponin I concentration above the 99<sup>th</sup> centile  
8 were adjudicated and classified according to the Fourth Universal Definition of Myocardial  
9 Infarction.<sup>1, 18, 21</sup> Two physicians independently reviewed all clinical information, with  
10 discordant diagnoses resolved by an independent third physician. Type 1 myocardial  
11 infarction was defined as myocardial necrosis (any high-sensitivity cardiac troponin I  
12 concentration above the sex-specific 99<sup>th</sup> percentile with a rise or fall in troponin where serial  
13 testing was performed) in the context of a presentation with suspected acute coronary  
14 syndrome and symptoms or signs of myocardial ischemia. Patients with myocardial necrosis,  
15 symptoms or signs of myocardial ischaemia, and evidence of increased myocardial oxygen  
16 demand or decreased supply secondary to an alternative condition without evidence of acute  
17 atherothrombosis were defined as type 2 myocardial infarction. Type 4a myocardial  
18 infarction was defined in patients with symptoms or signs of myocardial ischemia following  
19 percutaneous coronary intervention where hs-cTnI concentrations were 5-fold greater than  
20 the 99<sup>th</sup> centile, or increased further if elevated prior to the procedure. Type 4b myocardial  
21 infarction was defined where myocardial ischemia and myocardial necrosis were associated  
22 with stent thrombosis documented at angiography. Patients with high sensitivity cardiac  
23 troponin I concentrations above the 99<sup>th</sup> centile without symptoms or signs of myocardial  
24 ischaemia were classified as having myocardial injury. All non-ischaemic myocardial injury  
25 was classified as acute, unless a change of  $\leq 20\%$  was observed on serial testing,<sup>1</sup> or the final

1 adjudicated diagnosis was chronic heart failure or chronic renal failure, where the  
2 classification was chronic myocardial injury. The term myocardial infarction is used to  
3 denote patients with an adjudicated diagnosis of type 1, type 2 or type 4b myocardial  
4 infarction. A detailed summary of the adjudication process is provided in the **Supplementary**  
5 **online material**.

6

### 7 **Statistical analysis**

8 Baseline characteristics are summarised as number (%) for categorical variables, and  
9 continuous variables are summarised as mean (standard deviation) or median (25<sup>th</sup> to 75<sup>th</sup>  
10 percentile) when not normally distributed. The study population was divided into three  
11 clinically relevant age groups: young (<50 years), middle-aged (50-74 years) and older adults  
12 ( $\geq 75$  years). For additional analyses, the population was divided by 5-year intervals between  
13 the ages of 40 and 90 years to create 12 groups. Patients aged below 40 and greater than or  
14 equal to 90 years were pooled into groups of <40 and  $\geq 90$  years respectively. Group wise  
15 comparisons were performed using  $\chi^2$ , Kruskal–Wallis or one-way analysis of variance  
16 (ANOVA) tests as appropriate.

17

18 We evaluated the proportion of patients with at least one troponin concentration above the  
19 sex-specific 99<sup>th</sup> centile URL for each age category. Diagnostic performance was assessed  
20 using sensitivity, specificity, negative predictive value (NPV) and PPV and calculated using a  
21 2x2 confusion matrix. Corresponding 95% confidence intervals (CI) were calculated using  
22 bootstrapping with replacement and a sample of 1,000. We calculated diagnostic performance  
23 for a high-sensitivity cardiac troponin I concentration at presentation above the guideline  
24 recommended sex-specific 99<sup>th</sup> centile (16 ng/L women, 34 ng/L men)<sup>1</sup>, age-adjusted 99<sup>th</sup>  
25 centile thresholds in patients >60 years (age <60 years = 34 ng/L men, 16 ng/L women; age

1 60-69 years = 42 ng/L men, 17 ng/L women; age  $\geq$ 70 years = 86 ng/L men, 39 ng/L women)  
2 and a universal rule-in threshold (64 ng/L) recommended by the European Society of  
3 Cardiology.<sup>14</sup> Age-adjusted thresholds were previously derived in 19,501 individuals in the  
4 Generation Scotland Scottish Family Health Study.<sup>3</sup> Overall performance was assessed using  
5 area under the curve (AUC) and compared between thresholds and age groups using a  
6 DeLong's test.

7

8 A sensitivity analysis was undertaken using the 99<sup>th</sup> centile as the diagnostic threshold  
9 restricted to patients presenting with chest pain. Additional analysis restricted to patients with  
10 serial samples taken within 24 hrs of admission was performed to assess the impact of the  
11 change in cardiac troponin concentration from serial samples on diagnostic performance. We  
12 evaluated models that incorporated absolute or relative change in troponin concentration of  
13 15 ng/L or 20% as recommended in international guidelines in combination with the  
14 presentation troponin concentration stratified by age group and threshold.<sup>14, 15, 22</sup> The impact  
15 of change in cardiac troponin concentration on discrimination was assessed using using the  
16 AUC and compared between thresholds and age groups using a DeLong's test.<sup>1</sup>

17

18 Logistic regression was used to explore the influence of cardiovascular comorbidities on the  
19 probability of myocardial infarction given a cardiac troponin value greater than the sex-  
20 specific 99<sup>th</sup> centile. A history of ischemic heart disease, myocardial infarction, heart failure,  
21 cerebrovascular disease (defined as previous ischemic or haemorrhagic stroke), chronic renal  
22 impairment (defined as an estimated glomerular filtration rate  $<60$  mL/min/1.73  
23 m<sup>2</sup> determined by Modified Diet in Renal Disease equation) and diabetes mellitus were added  
24 individually (Model 1) and collectively (Model 2) to a baseline model including a binary  
25 explanatory variable of presentation troponin above the sex-specific 99<sup>th</sup> centile. Collinearity

1 was assessed visually and by calculation of the generalised variance inflation factor. All  
2 analyses were performed in R Version 3.5.1.

3

#### 4 **Ethical approval**

5 The study was approved by the Scotland Research Ethics Committee, the Public Benefit and  
6 Privacy Panel for Health and Social Care, and by each National Health Service Health Board.

7 Individual patient consent was not required and data from consecutive patients was collected  
8 prospectively from the electronic record, deidentified and linked within secure National Health  
9 Service Safe Havens.

10

#### 11 **Patient and public involvement**

12 Patients and lay representatives were members of the steering committee for the trial and all  
13 related studies and were involved in the design, conduct and approval of this study.

14

## 1 **Results**

2 A total of 46,435 of the 48,282 patients enrolled in the trial were included in the analysis  
3 population. Patients with ST-elevation myocardial infarction (n=925), those in whom the  
4 final diagnosis could not be adjudicated according to the Fourth Universal Definition of  
5 Myocardial Infarction (n=890), those with an adjudicated diagnosis of type 4a myocardial  
6 infarction (n=9), and those without a presentation high-sensitivity cardiac troponin result  
7 (n=23) were excluded.

8

## 9 **Baseline characteristics**

10 Participants were aged between 18-108 years (mean 61±17 years). Baseline characteristics  
11 for the population are shown in **Table 1 (Table S1)**. Compared to younger patients, those  
12 ≥75 years were more often female and less likely to present with chest pain or ischemia on  
13 12-lead electrocardiogram (p<0.001 for all). There was a higher prevalence of cardiovascular  
14 co-morbidity in patients ≥75 years including ischemic heart disease, heart failure, diabetes  
15 mellitus and chronic kidney disease (p<0.001 for all). Over half of patients ≥75 years had  
16 two or more chronic cardiovascular health conditions compared to a third between 50-74  
17 years old (56% *versus* 32% respectively, p<0.001).

18

19 A total of 8,179 (18%) patients had at least one cardiac troponin measurement above the sex-  
20 specific 99<sup>th</sup> centile. For those aged <50, 50-74 and ≥75 years, the proportion of patients with  
21 at least one measure above the sex-specific 99<sup>th</sup> centile was 5%, 16% and 34% respectively  
22 (p<0.001 for difference between groups). In patients aged ≥90 years, 49% had one cardiac  
23 troponin above the sex-specific 99<sup>th</sup> centile (**Figure S1**). Myocardial infarction was the final  
24 adjudicated diagnosis in 5,216 (11%) of patients with the prevalence highest in those aged  
25 ≥75 years (18%). In patients with at least one troponin measurement greater than the sex-

1 specific 99<sup>th</sup> centile, the proportion of those with type 1 myocardial infarction decreased with  
2 advancing age as type 2 myocardial infarction, acute myocardial injury and chronic  
3 myocardial injury increased (**Figure 1**).

4

#### 5 **Diagnostic performance of the 99<sup>th</sup> centile at presentation**

6 In patients aged <50, 50-74 and ≥75 years, the sensitivity of the guideline recommended sex-  
7 specific 99<sup>th</sup> centile at presentation for a diagnosis of myocardial infarction was similar at  
8 79.2% (95% confidence interval [CI] 75.5-82.9), 80.6% (95% CI 79.2-82.1) and 81.6% (95%  
9 CI 79.8-83.2), respectively. The specificity fell with advancing age from 98.3% (95% CI  
10 98.1-98.5) to 95.5% (95% CI 95.2-95.8) and 82.6% (95% CI 81.9-83.4) for those aged <50,  
11 50-74 and ≥75 years respectively. The PPV for those aged <50, 50-74 and ≥75 years was  
12 63.0% (95% CI 59.1-67.1), 70.1% (95% CI 68.5-71.8) and 51.6% (95% CI 49.8-53.2)  
13 respectively (**Table 2, Figure 2, Table S2**).

14

15 In a sensitivity analysis restricted to those with chest pain at presentation (n=33,446), the  
16 sensitivity for myocardial infarction was similar compared to patients presenting with any  
17 symptom, while specificity and PPV were markedly increased across all age groups. In  
18 patients ≥75 years, the specificity and PPV were 89.8% (95% CI 89.0-90.6) and 70.4% (95%  
19 CI 68.5-72.4), respectively (**Figure S2, Table S3**).

20

#### 21 **Diagnostic performance of age-adjusted 99<sup>th</sup> centile thresholds**

22 Applying age-adjusted thresholds resulted in higher specificity and PPV for myocardial  
23 infarction in patients ≥75 years at the expense of a marked reduction in sensitivity (**Table 2,**  
24 **Figure 2, Table S2**). In patients ≥75 years, sensitivity, specificity and PPV were 55.9%  
25 (95% CI 53.5-57.9), 91.3% (95% CI 90.8-91.9) and 59.3% (95% CI 57.1-61.4), respectively.

1 Despite the use of age-adjusted thresholds the specificity and PPV remained lower in patients  
2  $\geq 75$  years compared with patients  $< 50$  or  $50-74$  years old. Compared to the guideline  
3 recommended sex-specific 99<sup>th</sup> centile, discrimination was reduced (AUC 0.81 [95% CI 0.80-  
4 0.82] versus 0.87 [95% CI 0.87-0.88],  $p < 0.001$ ).

5

### 6 **Diagnostic performance of a universal rule-in threshold above the 99<sup>th</sup> centile**

7 Applying a universal rule-in threshold of 64 ng/L resulted in increased specificity and PPV  
8 for myocardial infarction, with reduced sensitivity across all age groups, compared with sex-  
9 specific or age-adjusted 99<sup>th</sup> centile thresholds (**Table 2, Figure 2, Table S2**). In patients  $\geq 75$   
10 years, sensitivity, specificity and PPV were 50.1% (95% CI 48.0-52.2), 92.7% (95 % CI  
11 92.2-93.2) and 60.9% (95% CI 58.7-63.1), respectively. Specificity and PPV remained lower  
12 in patients  $\geq 75$  years compared with those  $< 50$  or  $50-74$  years. Compared to the guideline  
13 recommended sex-specific 99<sup>th</sup> centile, discrimination was reduced (AUC 0.75 [95% CI 0.75-  
14 0.76] *versus* 0.87 [95% CI 0.87-0.88],  $p < 0.001$ ).

15

### 16 **Diagnostic performance of serial measurements**

17 In a sensitivity analysis restricted to those with serial samples taken within 24 hrs of  
18 admission ( $n=20,881$  [age  $< 50$  3,962 (19%); age  $50-74$  10,826 (52%); age  $\geq 75$  6,093  
19 (29%)]) both a relative change of 20% and absolute change of 15 ng/L significantly improved  
20 discrimination across all groups compared to a presentation sample alone ( $p < 0.001$  for all)  
21 (**Table 3**). In patients aged  $\geq 75$  years, an age-adjusted threshold in combination with an  
22 absolute delta of 15 ng/L achieved the greatest discrimination (AUC 0.94 [95% CI 0.93-0.95)  
23 compared with the sex-specific 99<sup>th</sup> centile or universal rule-in threshold (0.88 [95% CI 0.87-  
24 0.89] and 0.82 [95% CI 0.81-0.83], respectively). Overall discrimination was greatest when  
25 applying the sex-specific 99<sup>th</sup> centile with an absolute change of 15 ng/L compared to the



1 application of this delta criterion in combination with either an age-adjusted or universal rule-  
2 in threshold ( $p < 0.001$  for both).

3

#### 4 **Impact of cardiovascular comorbidity on diagnostic performance**

5 An elevated troponin above the 99<sup>th</sup> centile was associated with myocardial infarction across  
6 all age groups, but this relationship was weakest in patients  $\geq 75$  years old (**Table 4**). Several  
7 cardiovascular comorbidities were strongly associated with myocardial infarction and altered  
8 the PPV of a presentation troponin above the sex-specific 99<sup>th</sup> centile for myocardial  
9 infarction (**Figure S4**). Adjusting for cardiovascular comorbidities did not alter the  
10 association between a high-sensitivity cardiac troponin above the 99<sup>th</sup> centile and a diagnosis  
11 of myocardial infarction, but did improve overall discrimination across all age groups (age  
12  $< 50$  years [ $p = 0.003$ ]; age 50-74 years [ $p < 0.001$ ]; age  $\geq 75$  years [ $p < 0.001$ ]).

13

#### 14 **Sensitivity analysis of diagnostic performance for type 1 myocardial infarction**

15 Compared with a diagnosis of any type of myocardial infarction, assessing the diagnostic  
16 performance of each threshold specifically for type 1 myocardial infarction resulted in similar  
17 sensitivity across all age groups with reduced specificity and PPV, particularly in older  
18 patients. Using the guideline recommended sex-specific 99<sup>th</sup> centile, specificity and PPV in  
19 patients  $\geq 75$  years was 78.8% [95% CI 78.0-79.6] and 36.8% [95% CI 35.0-38.3],  
20 respectively (**Figure 3, Table S4**).

21

22

## 1 **Discussion**

2 We report the effect of our aging population on the diagnostic challenge facing clinicians  
3 evaluating patients with suspected acute coronary syndrome. Our analysis is informed by  
4 46,435 consecutive patients, aged 18-108, and we report several important findings. First,  
5 cardiac troponin concentrations above the recommended sex-specific 99<sup>th</sup> centile are common  
6 in older patients, affecting almost half of those over 90 years old. In older age groups, the  
7 majority of cardiac troponin elevations are explained by acute or chronic myocardial injury or  
8 type 2 myocardial infarction. Second, the specificity and PPV of the guideline recommended  
9 99<sup>th</sup> centile for diagnosing myocardial infarction decreases with advancing age. The decrease  
10 in these parameters is more pronounced when restricting the diagnosis to type 1 myocardial  
11 infarction. Third, the use of an age-adjusted 99<sup>th</sup> centile or a universal rule-in threshold of 64  
12 ng/L resulted in superior specificity and PPV for myocardial infarction compared to the sex-  
13 specific 99<sup>th</sup> centile, with a threshold of 64 ng/L achieving the greatest improvement in these  
14 parameters. However, no approach achieved parity in diagnosis between older and younger  
15 patients with specificity and PPV reducing with advancing age regardless of threshold  
16 adopted and alternatives to the guideline recommended approach resulted in a marked  
17 reduction in sensitivity in older persons. Fourth, while cardiovascular co-morbidities are  
18 common in older patients and related to a diagnosis of myocardial infarction, they did not  
19 alter the strength of association between an elevated cardiac troponin and the diagnosis. Fifth,  
20 serial troponin testing incorporating an absolute change in troponin concentration increased  
21 discrimination for myocardial infarction in older patients and was superior to any single test  
22 strategy. Our findings highlight the challenge of interpreting elevated cardiac troponin  
23 concentrations in older adults and the limitations of single test strategies to rule-in myocardial  
24 infarction in this population.

25

1 The majority of patients diagnosed with myocardial infarction are over 70 years of age.<sup>23</sup>  
2 With an aging population, these numbers will continue to rise. Our observation of complexity  
3 among older patients, notably the higher frequency of atypical symptoms and non-diagnostic  
4 electrocardiogram findings, may result in clinicians placing greater reliance on the potential  
5 objectivity of blood biomarkers of myocardial necrosis. We observed a decrease in chest pain  
6 as a presenting symptom in older patients and have previously reported that many older  
7 patients with myocardial infarction do not present with chest pain.<sup>18</sup> Importantly, we included  
8 all patients in whom a clinician suspected acute coronary syndrome, including 6,995 (17%)  
9 patients in whom the primary presenting symptom was not chest pain. For meaningful  
10 interpretation of the diagnostic performance of cardiac troponin, it is important that  
11 assessments are carried out in study populations representative of those seen in clinical  
12 practice. Selective inclusion criteria which result in the exclusion of older patients reduces  
13 generalisability and risks mirroring previous biases that resulted in the systematic under  
14 diagnosis of myocardial infarction in women.<sup>20</sup>

15

16 Our finding of reduced specificity of the sex-specific 99<sup>th</sup> centile in older patients is  
17 consistent with previous literature assessing both sensitive and high sensitivity assays for the  
18 diagnosis of myocardial infarction.<sup>8, 11, 24</sup> Reiter et al compared the performance of sensitive  
19 troponin assays between patients above and below 70 years using in cohort of 1,098 patients  
20 from the APACE study.<sup>11</sup> Boeddinghaus *et al* assessed the impact of age on the performance  
21 a 0/1-hour chest pain pathway using the 99<sup>th</sup> centile diagnostic threshold for both high  
22 sensitivity cardiac troponin I and T assays in a cohort of 3,123 patients from APACE, BACC  
23 and TRAPID-MI with chest pain.<sup>16</sup> Both studies reported that specificity for myocardial  
24 infarction decreased with advancing age.

25

1 We found the use of age-adjusted thresholds improved specificity and PPV in older patients  
2 compared to the 99<sup>th</sup> centile, a finding mirrored in several observational studies.<sup>8, 11, 16</sup>  
3 Reclassification of patients using an age-adjusted diagnostic threshold has also been shown to  
4 improve the identification of patients at increased short term mortality.<sup>17</sup> Parallels could be  
5 drawn with the use of sex-specific thresholds which are recommended in the Fourth UDMI.<sup>1,</sup>  
6 <sup>20</sup> Is it therefore time to consider adopting age-adjusted thresholds? There are several factors  
7 to consider. First, age is not a dichotomous variable. Deriving the 99<sup>th</sup> centile in a population  
8 by age still confers the same issues inherent with a universal 99<sup>th</sup> centile: defining normality  
9 in a heterogenous group. Second, higher cardiac troponin thresholds may disadvantage older  
10 patients with fewer comorbidities. Third, elevated cardiac troponin levels above the 99<sup>th</sup>  
11 centile are associated with adverse outcomes in both young and old patients and  
12 implementing higher thresholds may normalise values that still confer risk, limiting  
13 opportunity for intervention.<sup>25</sup> Fourth, age-adjusted 99<sup>th</sup> centiles did not prevent a decline in  
14 diagnostic performance of troponin testing in older patients. Finally, overall discrimination  
15 was greatest when using an absolute change in cardiac troponin in combination with the 99<sup>th</sup>  
16 centile as the diagnostic threshold. For these reasons, we do not support the adoption of age-  
17 adjusted thresholds for the diagnosis of myocardial infarction.

18

19 The latest European Society of Cardiology guidelines have included new rule-in thresholds  
20 above the 99<sup>th</sup> centile to identify those with a high probability of myocardial infarction using  
21 a single presentation cardiac troponin test.<sup>14</sup> This extends the concept of safety from a single  
22 low cardiac troponin concentration to an idea that high presentation concentrations are very  
23 likely to correlate with the severity of coronary artery disease.<sup>25, 26</sup> Rule-in thresholds were  
24 designed to maximise the specificity and PPV of testing with their recommendation based on  
25 observational data from cohorts of consented patients with chest pain as the primary

1 presenting symptom.<sup>16, 24, 28</sup> We found application of a rule-in threshold of 64 ng/L achieved  
2 the greatest specificity and PPV for both myocardial infarction and type 1 myocardial  
3 infarction across all ages when compared to both sex-specific 99<sup>th</sup> centiles and age-adjusted  
4 thresholds. This approach is analogous to the use of optimized rule out or risk stratification  
5 thresholds which prioritize high sensitivity and NPV to identify patients at presentation who  
6 are unlikely to have myocardial infarction on serial testing. However, unlike these thresholds,  
7 we observed that a rule-in threshold did not have consistent or adequate performance across  
8 age groups or key cardiovascular comorbidities. Despite higher specificity and PPV, 2 in  
9 every 5 patients 75 years old or over with a presentation cardiac troponin above 64 ng/L did  
10 not have myocardial infarction, and 1 in every 2 patients 75 years old did not have a final  
11 diagnosis of type 1 myocardial infarction. In addition, sensitivity was decreased across all age  
12 groups. This may miss diagnoses of myocardial infarction and other forms of myocardial  
13 injury which confer clinically relevant and prognostic information.<sup>29</sup> Ultimately, any increase  
14 in a binary threshold comes at the cost of decreased sensitivity, regardless of age. While  
15 defining optimal thresholds for a series of age groups and comorbidities to achieve a  
16 predefined specificity or PPV may be possible, these would be impractical to apply in clinical  
17 practice.

18  
19 Regardless of threshold, diagnostic performance was reduced in older patients. We observed  
20 an increase in type 2 myocardial infarction and myocardial injury with age. Cardiac troponin  
21 is not specific for myocardial infarction and there is little evidence that the magnitude of  
22 cardiac troponin can distinguish the mechanism of release and the differentiation of acute  
23 from chronic causes of injury requires serial testing.<sup>1, 30-34</sup> Given the ease of access to early  
24 re-testing within 1 hour, and the improvements in diagnostic performance when incorporating  
25 an absolute change in troponin concentration, clinicians should consider whether the rule-in

1 of myocardial infarction on the basis of a single presentation cardiac troponin sample should  
2 be applied to older or more complex patients. Patients requiring immediate or expedited  
3 revascularisation are often identifiable by clinical features and decisions based on  
4 presentation troponin concentrations should firstly focus on safe rule-out and minimizing the  
5 risk of missed myocardial infarction.

6  
7 We observed a lower specificity and PPV when using high-sensitivity cardiac troponin to  
8 diagnose type 1 myocardial infarction compared with a diagnosis of type 1, type 2 or type 4b  
9 infarction. While chest pain diagnostic pathways predominately assist with patient triage,  
10 they are also used to guide the early administration of antiplatelet therapy and anticoagulation  
11 which are not indicated in patients with type 2 myocardial infarction and conversely may  
12 cause harm. Clinicians should be aware of these changes when considering the risks and  
13 benefits of early management strategies in older patients.

14  
15 Few studies have assessed the impact of comorbidities on diagnostic performance of troponin  
16 testing. We found that although several cardiovascular comorbidities were associated with  
17 the diagnosis of myocardial infarction, their presence did not alter the odds of myocardial  
18 infarction in those with an elevated cardiac troponin above the 99<sup>th</sup> centile. This suggests the  
19 cardiovascular comorbidities we assessed do not directly influence the diagnostic  
20 performance of a binary rule-in strategy using cardiac troponin at the sex-specific 99<sup>th</sup> centile.

21 There are several potential explanations for these findings. Firstly, older patients free from  
22 cardiovascular disease may still exhibit higher baseline cardiac troponin concentrations than  
23 younger reference populations used to derive 99<sup>th</sup> centile thresholds.<sup>5, 6</sup> Age may therefore  
24 have a stronger association with cardiac troponin concentrations than individual  
25 comorbidities. Second, non-cardiovascular comorbidities were not collected as part of the

1 High-STEACS trial. Conditions such as chronic obstructive pulmonary disease and other  
2 inflammatory conditions are associated with elevations in cardiac troponin.<sup>9, 35-37</sup> Third, we  
3 cannot exclude the impact of unmeasured subclinical cardiovascular disease in our cohort.  
4 Objective measures of disease severity such as natriuretic peptide concentrations or  
5 echocardiography could add to the granularity of a binary comorbidity status. Approaches to  
6 sequentially exclude patients from reference populations used to derive the 99<sup>th</sup> centile using  
7 such testing has been shown to impact the threshold level, particularly in older patients.<sup>8, 38, 39</sup>  
8  
9 Of note, the addition of comorbidities to our baseline model resulted in an improvement in  
10 model discrimination suggesting approaches which consider multiple individual patient  
11 factors could offer an alternative to threshold-based diagnosis.<sup>40</sup> One such example is the MI<sup>3</sup>  
12 model, which utilizes machine learning to provide individual probability estimates and has  
13 been shown to perform favorably in an observational study with superior specificity and PPV  
14 compared with universal thresholds.<sup>41, 42</sup> Further research is required to explore the efficacy  
15 of such approaches and understand the effectiveness of integration into clinical practice.  
16  
17 Our study has several strengths. The enrollment of consecutive patients using clinician  
18 suspicion of acute coronary syndrome eliminates selection bias. This ensured our analysis  
19 included a wide range of patients, representative of the changing demographics observed in  
20 clinical practice, including more than a thousand patients aged over 90 years, a group largely  
21 excluded from cardiovascular studies. A further strength is the adjudication of myocardial  
22 infarction according to the Fourth UDMI, particularly given the increase in type 2 myocardial  
23 infarction and myocardial injury in older patients.

24

1 There are limitations which should be considered. Although our study reflected aging  
2 demographics, our local population is predominantly Caucasian, and findings may differ in a  
3 more ethnically diverse population. Our analysis was also based on cardiac troponin I  
4 measured using the Abbott ARCHITECT<sub>STAT</sub> high-sensitivity assay. The 99<sup>th</sup> centile is assay  
5 dependent. Cardiac troponin I and T are not biologically equivalent nor is their relationship to  
6 age or cardiovascular risk.<sup>3</sup> Our findings must therefore be interpreted with caution when  
7 considering other cardiac troponin assays. However, reduced performance with advancing  
8 age has now been observed in both high-sensitivity cardiac troponin I and T assays.<sup>16</sup> We  
9 also recognise the challenge of diagnostic adjudication using routine healthcare data,  
10 particularly in the older population where diagnostic procedures such as coronary  
11 angiography are performed less frequently.

12  
13 In conclusion, age has a significant impact on the diagnostic performance of cardiac troponin  
14 at the guideline recommended 99<sup>th</sup> centile for myocardial infarction, with reduced  
15 performance in older patients. The use of age-adjusted 99<sup>th</sup> centile thresholds or a higher  
16 universal rule-in threshold did not achieve parity between middle-aged and older patients.  
17 Individualised diagnostic approaches and serial testing to determine absolute change in  
18 troponin concentration rather than adjustment of binary thresholds are needed to avoid  
19 disadvantaging older patients.



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4

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10

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10

11

1 **Supplementary materials list**

2 a) Appendix A

3 - Table S1-6

4 - Figure S1-3

5 b) Appendix B

6 - Expanded methodology

7

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49

1 **Figure legends**

2

3 **Figure 1: Cardiac troponin testing and adjudicated diagnosis by age.**

4 Panel A: Histogram showing the number of patients with one cardiac troponin concentration  
5 >sex-specific 99<sup>th</sup> centile by age in all study patients. The number of patients with a cardiac  
6 troponin >sex-specific 99<sup>th</sup> centile increases with age (n=46,435).

7 Panel B: Bar chart showing adjudicated diagnoses in patients with one cardiac troponin value  
8 >99<sup>th</sup> centile as a proportion of each age group. With advancing age, the proportion with type  
9 1 myocardial infarction decreases as non-type 1 infarction and myocardial injury increase  
10 (n=8,179).

11

12 **Figure 2: Diagnostic performance of the sex-specific 99<sup>th</sup> centile and alternative**  
13 **thresholds**

14 The sensitivity (A), specificity (B) and positive predictive value (PPV) (C) of the  
15 recommended sex-specific 99<sup>th</sup> centile, age-adjusted thresholds and a universal rule-in  
16 threshold above the 99<sup>th</sup> centile across age groups plotted with a line of best fit.

17

18 **Figure 3: Diagnostic performance of the sex-specific 99<sup>th</sup> centile for the diagnosis of type**  
19 **1 myocardial infarction**

20 The sensitivity (A), specificity (B) and positive predictive value (PPV) (C) of the  
21 recommended sex-specific 99<sup>th</sup> centile for the diagnosis of type 1 myocardial infarction (red)  
22 compared with any myocardial infarction (black) plotted with a line of best fit.



1 **Appendices**

2

3 **Data availability statement**

4 The High-STEACS trial makes use of several routine electronic health care data sources that  
5 are linked, de-identified, and held in our national safe haven, which is accessible by approved  
6 individuals who have undertaken the necessary governance training. Summary data can be  
7 made available upon request to the corresponding author.

1 **Table 1:** Baseline characteristics stratified by age group

	<b>Overall (N = 46,435)</b>	<b>&lt;50 (N = 12,379)</b>	<b>50-75 (N = 22,380)</b>	<b>&gt;75 (N = 11,676)</b>	<b>p-value</b>
<b>Patient demographics</b>					
Age (years)	61 (±17)	39 (±9)	61 (±7)	82 (±5)	<0.001
Sex (Male)	24,726 (53%)	7,203 (58%)	12,412 (55%)	5,111 (44%)	<0.001
Chest pain as presenting symptom*	33,480 (83%)	9,989 (92%)	16,524 (84%)	6,967 (70%)	<0.001
<b>Time from chest pain onset to presentation</b>					
≤2hrs (Early)	7,767 (17%)	1,847 (15%)	3,900 (17%)	2,020 (17%)	<0.001
≥12hrs (Late)	14,406 (31%)	4,397 (36%)	6,980 (31%)	3,029 (26%)	<0.001
<b>Past medical history</b>					
Myocardial infarction	4,059 (9%)	424 (3%)	2,252 (10%)	1,383 (12%)	<0.001
Ischemic heart disease	11,472 (25%)	740 (6%)	5,899 (26%)	4,833 (41%)	<0.001
Hypercholesterolemia	18,603 (40%)	1,213 (10%)	10,376 (46%)	7,014 (60%)	<0.001
Cerebrovascular disease	2,767 (6%)	109 (1%)	1,161 (5%)	1,497 (13%)	<0.001
Chronic kidney disease	9,828 (21%)	943 (8%)	4,042 (18%)	4,843 (41%)	<0.001
Diabetes mellitus	3,315 (7%)	161 (1%)	1,776 (8%)	1,378 (12%)	<0.001
Heart failure	3,990 (9%)	196 (2%)	1,555 (7%)	2,239 (19%)	<0.001
Presence of multimorbidity	14,590 (31%)	806 (7%)	7,189 (32%)	6,595 (56%)	<0.001
<b>Previous Revascularisation</b>					
Percutaneous coronary intervention	3,574 (8%)	389 (3%)	2,251 (10%)	934 (8%)	<0.001
Coronary artery bypass grafting	756 (2%)	36 (<1%)	429 (2%)	291 (2%)	<0.001
<b>Medications at presentation</b>					
Aspirin	12,650 (27%)	859 (7%)	6,735 (30%)	5,056 (43%)	<0.001
P2Y12 inhibitor	4,397 (9%)	281 (2%)	2,179 (10%)	1,937 (17%)	<0.001
Dual antiplatelet therapy†	1,559 (3%)	185 (1%)	893 (4%)	481 (4%)	<0.001
ACE inhibitor or ARB	14,981 (32%)	1,353 (11%)	8,284 (37%)	5,344 (46%)	<0.001
Beta-blocker	12,670 (27%)	1,411 (11%)	6,650 (30%)	4,609 (39%)	<0.001
Lipid lowering therapy	18,603 (40%)	1,213 (10%)	10,376 (46%)	7,014 (60%)	<0.001
Oral anticoagulation‡	3,088 (7%)	169 (1%)	1,246 (6%)	1,673 (14%)	<0.001
<b>Physiological Parameters§</b>					
Heart rate, beats per minute	86 (±26)	84 (±24)	86 (±27)	87 (±26)	0.010
Systolic blood pressure, mmHg	139 (±29)	137 (±26)	140 (±29)	140 (±30)	0.26

GRACE score	142 (±37)	88 (±24)	128 (±30)	164 (±28)	<0.001
<b>Electrocardiogram§</b>					
Normal	2,516 (37%)	295 (52%)	1,266 (42%)	955 (30%)	<0.001
Myocardial ischemia	1,739 (26%)	132 (23%)	872 (29%)	735 (23%)	<0.001
ST-segment elevation	243 (4%)	43 (8%)	112 (4%)	88 (3%)	<0.001
ST-segment depression	1,185 (18%)	71 (12%)	587 (20%)	527 (17%)	<0.001
T-wave inversion	1,188 (18%)	105 (18%)	579 (19%)	504 (16%)	0.001
<b>Haematology and clinical chemistry</b>					
Haemoglobin, g/L	136 (±21)	143 (±20)	138 (±20)	126 (±22)	<0.001
Estimated glomerular filtration rate, mL/min	88 (±24)	109 (±16)	88 (±19)	67 (±20)	<0.001
Presentation high sensitivity troponin I, ng/mL	3 [1-11]	1 [1-2]	3 [2-9]	10 [5-29]	<0.001
Peak high sensitivity troponin I, ng/mL	4 [1-13]	1 [1-3]	3 [2-11]	12 [5-41]	<0.001
Serial troponin measurement¶	22,162 (48%)	4,364 (35%)	11,379 (51%)	6,419 (55%)	<0.001
<b>Adjudicated Diagnosis</b>					
Myocardial Infarction	5,216 (11%)	442 (4%)	2,614 (12%)	2,160 (18%)	<0.001
Type 1 myocardial infarction	4,064 (9%)	378 (3%)	2,162 (10%)	1,524 (13%)	<0.001
Type 2 myocardial infarction	1,116 (2%)	59 (0%)	427 (2%)	630 (5%)	<0.001
Type 4b myocardial infarction	36 (<1%)	5 (<1%)	25 (<1%)	6 (<1%)	0.037
Acute myocardial injury	1,676 (4%)	111 (1%)	544 (2%)	1,021 (9%)	<0.001
Chronic myocardial injury	1,287 (3%)	102 (1%)	427 (2%)	758 (6%)	<0.001
No myocardial injury	38,256 (82%)	11,724 (95%)	18,795 (84%)	7,737 (66%)	<0.001

Presented as number (%), mean (±SD) or median [25<sup>th</sup> percentile, 75<sup>th</sup> percentile]

Abbreviations: ACE = Angiotensin-converting enzyme; ARB = Angiotensin receptor blocker; GRACE = Global Registry of Acute Cardiac Events

\*Chest pain as presenting symptom is reported for the 87% (40,475/46,435) of patients where primary symptom data was available

† Two medications from aspirin, clopidogrel, prasugrel and ticagrelor

‡ Includes warfarin or novel anticoagulants

§Electrocardiographic and physiological data reported for the 83% (6,762/8,179) patients with myocardial infarction or myocardial injury who had electrocardiographic data available.

¶Serial testing defined as two or more tests within 24 hours of presentation.

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1 **Table 2:** Diagnostic performance of presentation high sensitivity cardiac troponin I for myocardial infarction by age group and threshold

Age group (years)	TP	FP	TN	FN	Sensitivity (95% CI)	Specificity (95% CI)	PPV (95% CI)	NPV (95% CI)	Rule-in (%)	AUC (95% CI)
<b><i>Sex-specific 99<sup>th</sup> centile*</i></b>										
<50	346	203	11739	91	79.2 (75.5-82.9)	98.3 (98.1-98.5)	63.0 (59.1-67.1)	99.2 (99.1-99.4)	4.4	0.89 (0.87-0.91)
50-74	2088	889	18902	501	80.6 (79.2-82.1)	95.5 (95.2-95.8)	70.1 (68.5-71.8)	97.4 (97.2-97.6)	13.3	0.88 (0.87-0.89)
≥75	1758	1653	7869	396	81.6 (79.9-83.2)	82.6 (81.9-83.4)	51.6 (49.8-53.2)	95.2 (94.7-95.7)	29.2	0.82 (0.79-0.81)
Overall	4192	2745	38510	988	80.9 (79.8-82.0)	93.3 (93.1-93.6)	60.4 (59.3-61.6)	97.5 (97.3-97.6)	14.9	0.87 (0.87-0.88)
<b><i>Age-adjusted 99<sup>th</sup> centile thresholds†</i></b>										
<50	346	203	11739	91	79.2 (75.5-82.9)	98.3 (98.1-98.5)	63.0 (59.1-67.1)	99.2 (99.1-99.4)	4.4	0.89 (0.87-0.91)
50-74	1878	719	19072	711	72.5 (70.8-74.2)	96.4 (96.1-96.6)	72.3 (70.6-74.0)	96.4 (96.1-96.7)	11.6	0.84 (0.84-0.86)
≥75	1203	827	8695	951	55.9 (53.5-57.9)	91.3 (90.8-91.9)	59.3 (57.1-61.4)	90.1 (89.5-90.7)	17.4	0.74 (0.73-0.75)
Overall	3427	1749	39506	1753	66.2 (64.9-67.4)	95.8 (95.6-95.9)	66.2 (64.9-67.5)	95.8 (95.6-95.9)	11.1	0.81 (0.80-0.82)
<b><i>Universal rule-in threshold (&gt;64 ng/L)</i></b>										
<50	258	125	11817	179	59.0 (54.2-63.4)	99.0 (98.8-99.1)	67.4 (62.6-71.8)	98.5 (98.3-98.7)	3.1	0.79 (0.77-0.81)
50-74	1435	445	19346	1154	55.4 (53.5-57.2)	97.7 (97.5-98.0)	76.3 (74.4-78.2)	94.4 (94.1-94.7)	8.4	0.77 (0.76-0.78)
≥75	1079	693	8829	1075	50.1 (48.0-52.2)	92.7 (92.2-93.2)	60.9 (58.7-63.1)	89.1 (88.5-89.7)	15.2	0.71 (0.70-0.73)
Overall	2772	1263	39992	2408	53.5 (52.2-54.9)	96.9 (96.8-97.1)	68.7 (67.3-70.2)	94.3 (94.1-94.5)	8.7	0.75 (0.75-0.76)

Presented as number or % (95% confidence intervals) as appropriate.

\*Sex-specific 99<sup>th</sup> centile = 34 ng/L men, 16 ng/L women.

†Age-adjusted thresholds = age <60: >32 ng/L men, >16 ng/L women; age 60-69: > 42 ng/L men, >17 ng/L women; age ≥70: 86 ng/L men, 39 ng/L women

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Abbreviations: AUC = Area under the curve, FN=false negatives, FP=false positives, NPV = negative predictive value, PPV = positive predictive value, TN=true negatives, TP=true positives

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1

1 **Table 3:** Discrimination of high-sensitivity cardiac troponin I at presentation in combination with an absolute or relative change in cardiac  
 2 troponin concentration

Age (years)	<50			50-75			≥75			Overall		
Criteria	hs-cTnI	hs-cTnI + 20%Δ	hs-cTnI +15ng/LΔ	hs-cTnI	hs-cTnI + 20%Δ	hs-cTnI +15ng/LΔ	hs-cTnI	hs-cTnI + 20%Δ	hs-cTnI +15ng/LΔ	hs-cTnI	hs-cTnI + 20%Δ	hs-cTnI + 15ng/LΔ
<b>Threshold</b>	<i>AUC (95% confidence interval)</i>											
Sex-specific 99 <sup>th</sup> centile	0.85 (0.83-0.88)	0.94 (0.93-0.95)	0.97 (0.96-0.98)	0.85 (0.84-0.86)	0.93 (0.93-0.96)	0.96 (0.95-0.96)	0.78 (0.77-0.79)	0.86 (0.85-87)	0.88 (0.87-0.89)	0.83 (0.83-0.84)	0.91 (0.91-0.92)	0.94 (0.93-0.94)
Age-adjusted 99 <sup>th</sup> centile	0.85 (0.83-0.88)	0.94 (0.93-0.95)	0.97 (0.96-0.98)	0.81 (0.80-0.82)	0.91 (0.90-0.91)	0.94 (0.93-0.95)	0.69 (0.58-0.71)	0.80 (0.79-0.81)	0.94 (0.93-0.95)	0.77 (0.76-0.78)	0.87 (0.86-0.87)	0.91 (0.90-0.91)
64ng/L	0.76 (0.73-0.78)	0.78 (0.77-0.86)	0.82 (0.81-0.83)	0.73 (0.72-0.74)	0.85 (0.84-0.86)	0.90 (0.90-0.91)	0.67 (0.66-0.69)	0.78 (0.77-0.80)	0.82 (0.81-0.83)	0.71 (0.71-0.72)	0.88 (0.87-0.89)	0.88 (0.87-0.89)
<i>Abbreviations: AUC = area under the curve, hs-cTnI = high sensitivity cardiac troponin I, Δ = delta</i>												

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1 **Table 4:** Logistic regression models for determinants of myocardial infarction.

	Age <50 years			Age 50-74 years			Age ≥75		
Explanatory variable	Baseline OR (95% CI)	Model 1 OR (95% CI)	Model 2 OR (95% CI)	Baseline OR (95% CI)	Model 1 OR (95% CI)	Model 2 OR (95% CI)	Baseline OR (95% CI)	Model 1 OR (95% CI)	Model 2 OR (95% CI)
Troponin >sex-specific 99 <sup>th</sup> centile	1.86* (1.84-1.88)	-	1.86* (1.83-1.87)	1.96* (1.95 - 1.98)	-	1.96* (1.94-1.98)	1.60* (1.56-1.62)	-	1.60* (1.56-1.6)
<b>Comorbidity</b>									
Ischemic heart disease	-	1.02* (1.01-1.03)	1.00 (0.98-.01)	-	1.00 (1.00-1.01)	0.99 (0.98-1.00)	-	1.04* (1.03-1.06)	1.03* (1.02-1.05)
Previous myocardial infarction	-	1.02* (1.01-1.04)	1.01 (0.99-1.03)	-	1.02* (1.01-1.03)	1.03* (1.02-1.04)	-	1.06* (1.04-1.08)	1.04* (1.02-1.06)
Cerebrovascular disease	-	1.01 (0.98-1.03)	0.99 (0.97-1.01)	-	0.98† (0.97-0.99)	0.98† (0.97-1.00)	-	1.00 (0.98-1.02)	0.98 (0.98-1.01)
Chronic kidney disease	-	0.99 (0.99-1.00)	0.99 (0.98-1.00)	-	0.98* (0.97-0.98)	0.98* (0.96-0.99)	-	0.97* (0.96-0.98)	0.97* (0.96-0.98)
Diabetes mellitus	-	1.10* (1.09-1.13)	1.10* (1.08-1.12)	-	1.06* (1.04-1.07)	1.07* (1.06-1.09)	-	1.05* (1.03-1.07)	1.04* (1.02-1.06)
Heart failure	-	0.98† (0.97-1.00)	0.97† (0.95-0.99)	-	0.98† (0.97-1.00)	0.97† (0.97-0.98)	-	1.01 (1.00-1.03)	0.99 (0.97-1.01)
<b>AUC</b>	0.89	-	0.90†	0.88		0.90*	0.81		0.83*

	(0.87- 0.91)		(0.88- 0.92)	(0.87- 0.89)		(0.89- 0.91)	(0.79- 0.82)		(0.82- 0.84)
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Abbreviations: AUC = area under the curve; OR = odds ratio

†p-value <0.05

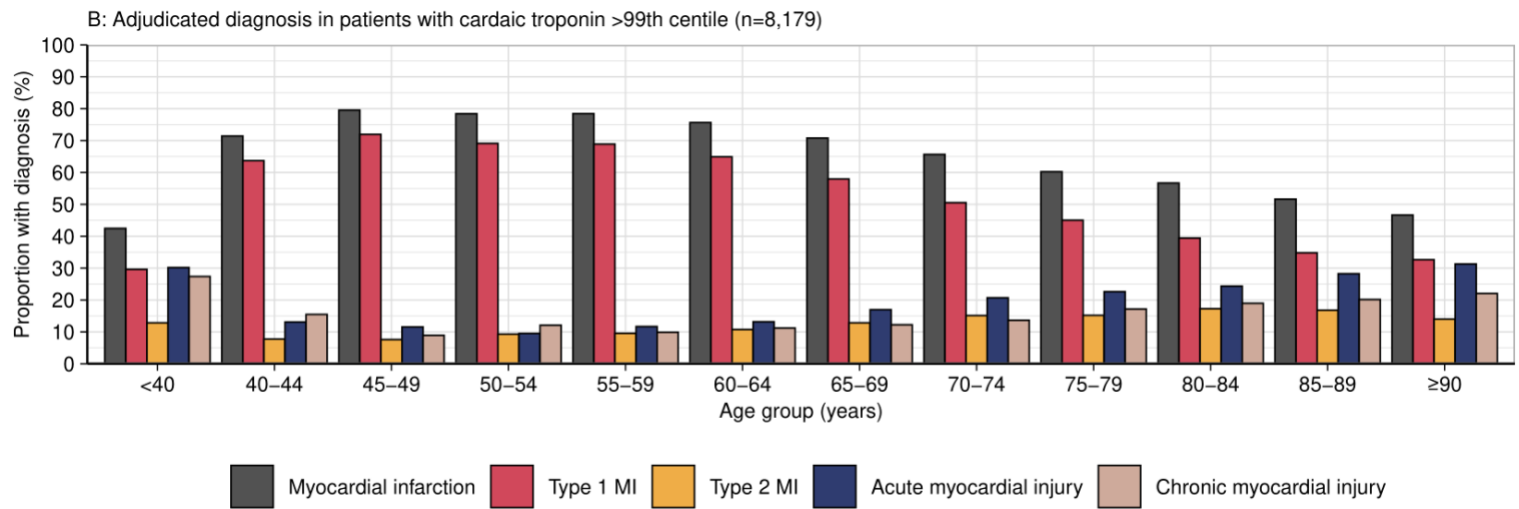
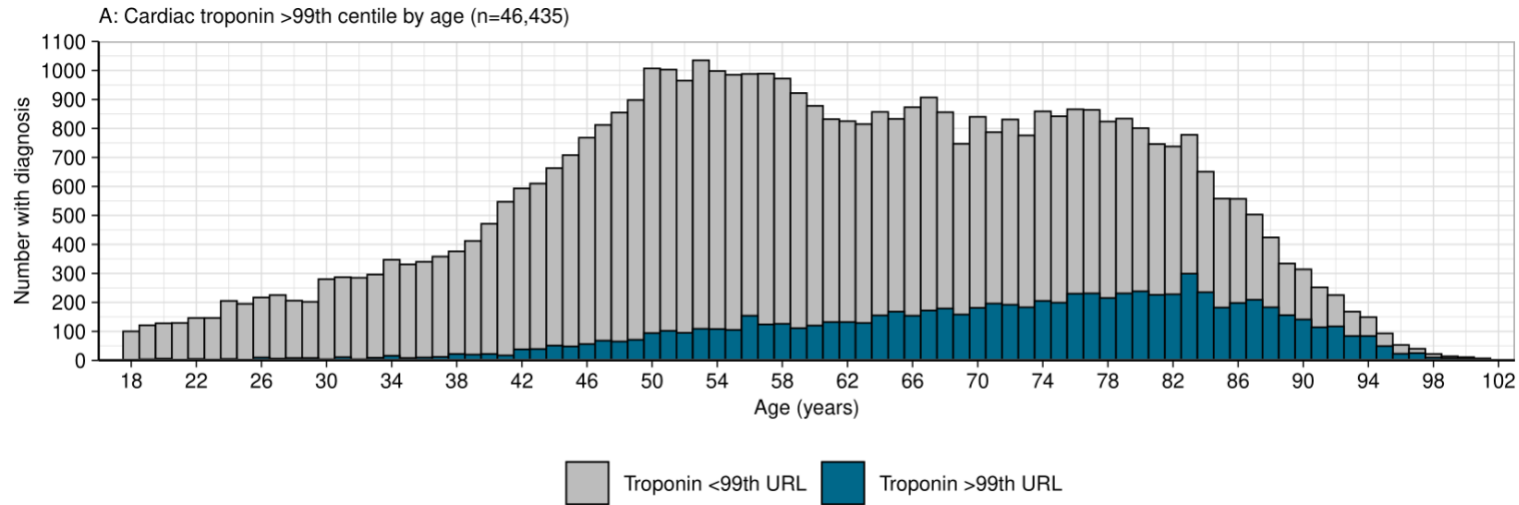
\*p-value < 0.001

Comparison of Baseline vs Model 2 using De Long's test: Age <50, p= 0.003; Age 50-74, p=<0.001 ; Age ≥75, p=<0.001

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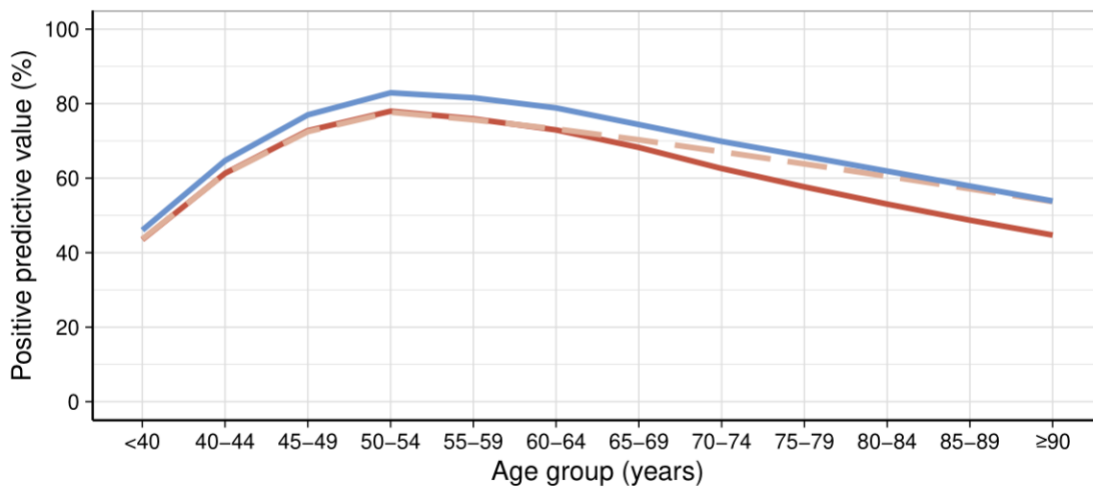
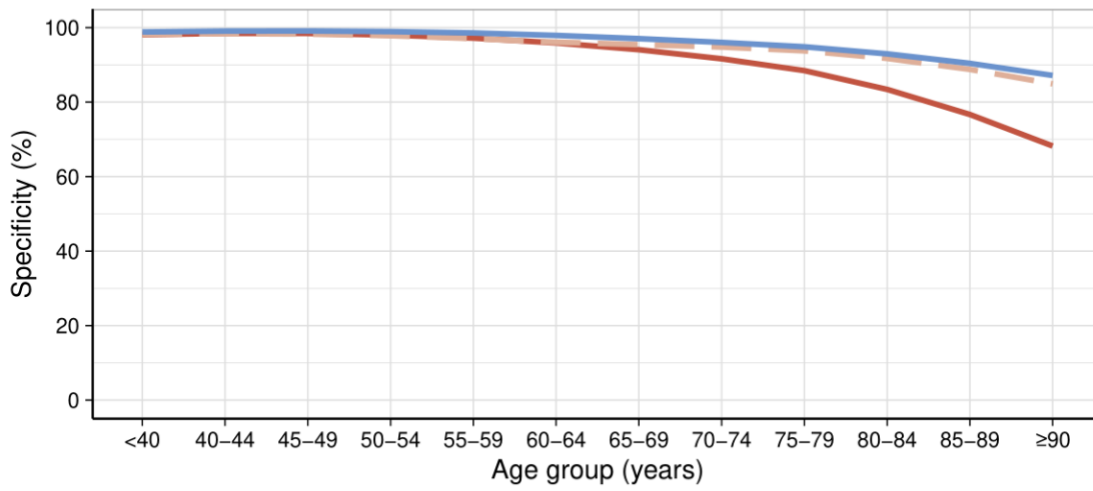
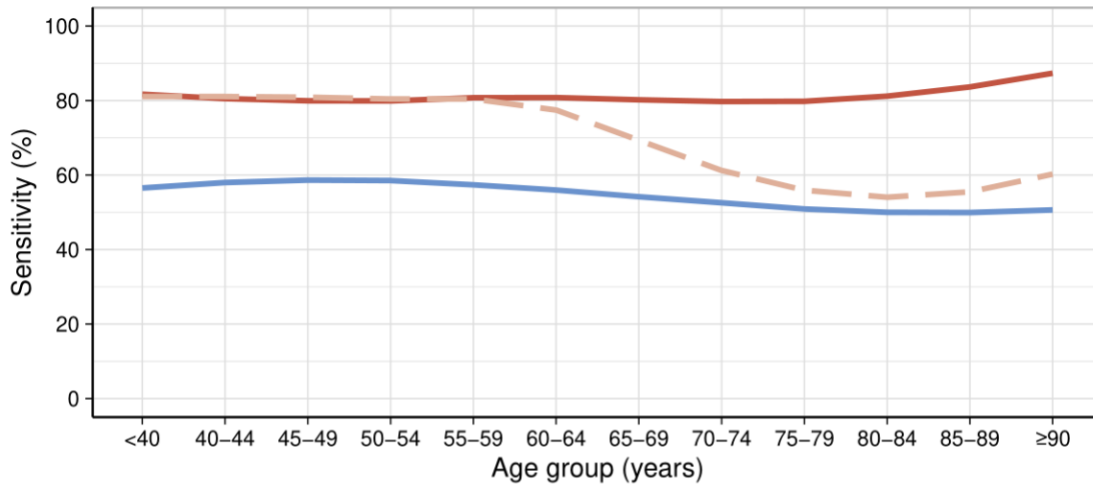


1 **Figure 1**



2

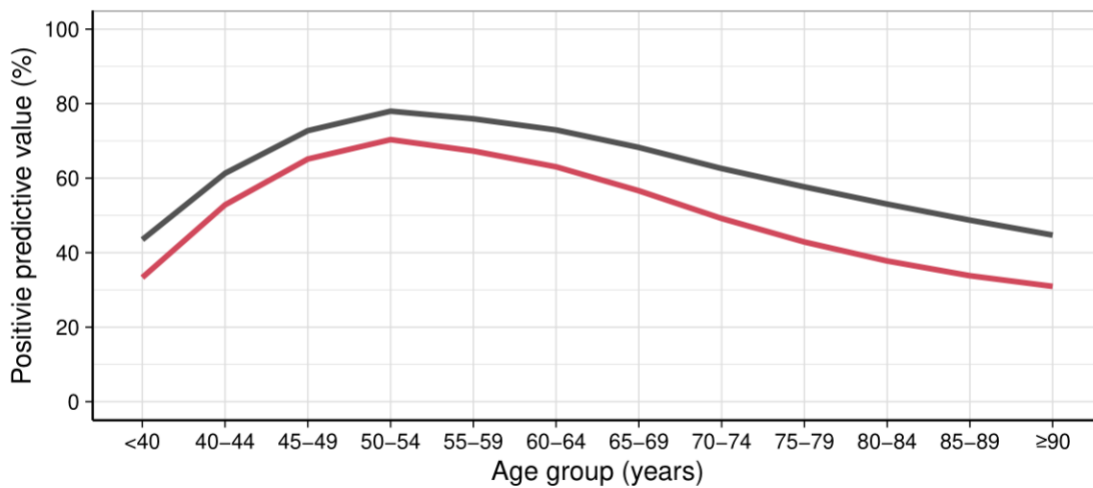
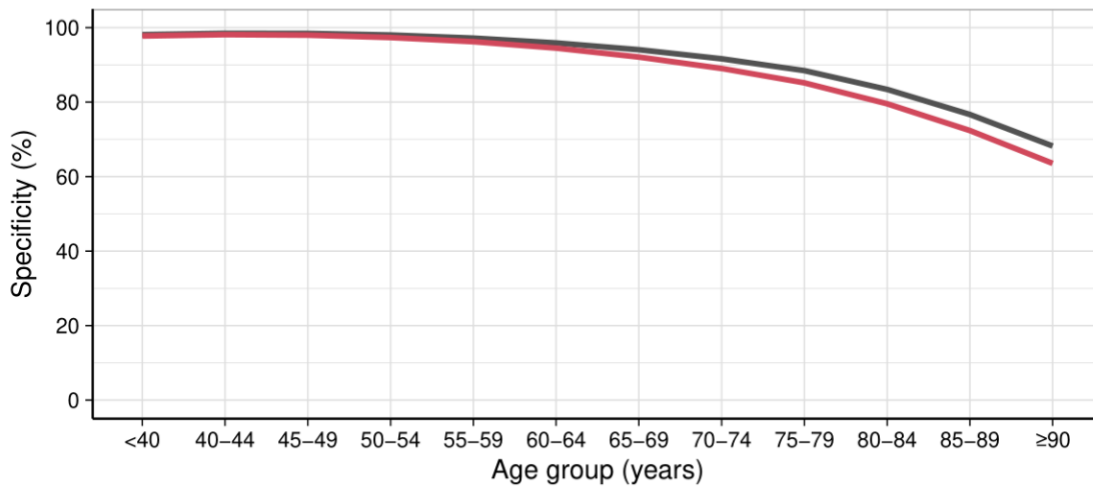
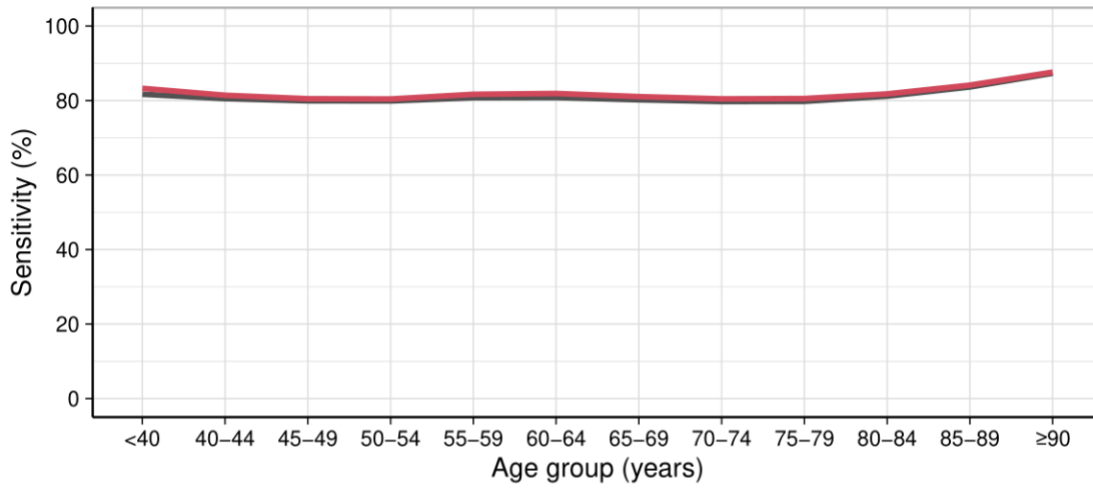
1 **Figure 2**  
2



— 99th centile — Age adjusted — Universal

3

1 **Figure 3**  
2



— Myocardial infarction — Type 1 myocardial infarction

3

1 **SUPPLEMENTAL MATERIAL**

2  
3 **Influence of age on the diagnosis of myocardial infarction**

4  
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18  
19 **Short Title:** Age and cardiac troponin

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1 **SUPPLEMENTARY APPENDIX A**

2 **Figures and Tables**

3 **Supplementary Tables**

4 **Online Table 1:** Baseline characteristics stratified by age.

5 **Online Table 2:** Diagnostic performance of presentation high sensitivity cardiac troponin I in  
6 patients with suspected acute coronary syndrome by age and threshold.

7  
8 **Online Table 3:** Diagnostic performance of presentation high-sensitivity cardiac troponin at  
9 the sex-specific 99<sup>th</sup> centile in patients with suspected acute coronary syndrome and chest  
10 pain as the presenting symptom.

11  
12 **Online Table 4:** Diagnostic performance of presentation high-sensitivity cardiac troponin at  
13 the sex-specific 99<sup>th</sup> centile for the diagnosis of type 1 myocardial infarction.

14  
15 **Online Table 5:** Timing of serial samples by age group

16  
17 **Online Table 6:** Diagnosis between discordant threshold groups by age

18  
19  
20 **Supplementary Figures**

21  
22 **Online Figure 1:** Cardiac troponin >99<sup>th</sup> centile upper reference limit by age group in whole  
23 population

24  
25 **Online Figure 2:** Diagnostic accuracy of the sex-specific 99<sup>th</sup> centile at presentation in  
26 patients with chest pain

27  
28 **Online Figure 3:** Three panel forest plot displaying positive predictive value of presentation  
29 high-sensitivity cardiac troponin I with a sex-specific 99<sup>th</sup> centile diagnostic threshold  
30 stratified by age groups

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**Online Table 1:** Baseline characteristics stratified by age

Age (years)	All (N = 46,435)	<40 (N = 5,454)	40-44 (N = 2,884)	45-49 (N = 4,041)	50-54 (N = 5,008)	55-59 (N = 4,856)	60-64 (N = 4,207)	65-69 (N = 4,216)	70-74 (N = 4,093)	75-79 (N = 4,230)	80-84 (N = 3,714)	85-89 (N = 2,376)	≥90 (N = 1,356)
<b>Patient demographics</b>													
Age	61 (±17)	31 (±6)	42 (±1)	47 (±1)	52 (±1)	57 (1±)	62 (±1)	67 (±1)	72 (±1)	77 (±1)	82 (±1)	87 (±1)	93 (±3)
Male	24,726 (53%)	3,323 (61%)	1,673 (58%)	2,207 (55%)	2,802 (56%)	2,690 (55%)	2,430 (58%)	2,311 (55%)	2,179 (53%)	2,045 (48%)	1,658 (45%)	946 (40%)	462 (34%)
Presenting symptom chest pain*	33,480 (83%)	4,357 (93%)	2,361 (92%)	3,271 (91%)	4,019 (90%)	3,767 (88%)	3,076 (83%)	2,926 (80%)	2,736 (77%)	2,733 (74%)	2,205 (70%)	1,335 (66%)	694 (60%)
<b>Time from chest pain onset to presentation</b>													
≤2hrs (Early)	7,767 (17%)	734 (13%)	447 (15%)	666 (16%)	862 (17%)	824 (17%)	770 (18%)	728 (17%)	716 (17%)	735 (17%)	656 (18%)	398 (17%)	231 (17%)
≥12hrs (Late)	14,406 (31%)	2,020 (37%)	1,031 (36%)	1,346 (33%)	1,689 (34%)	1,487 (31%)	1,320 (31%)	1,315 (31%)	1,169 (29%)	1,169 (28%)	952 (26%)	593 (25%)	315 (23%)
<b>Past medical history</b>													
Myocardial infarction	4,059 (9%)	61 (1%)	124 (4%)	239 (6%)	410 (8%)	458 (9%)	477 (11%)	429 (10%)	478 (12%)	530 (13%)	423 (11%)	277 (12%)	153 (11%)
Ischaemic heart disease	11,472 (25%)	92 (2%)	199 (7%)	449 (11%)	825 (16%)	1,092 (22%)	1,153 (27%)	1,306 (31%)	1,523 (37%)	1,753 (41%)	1,576 (42%)	977 (41%)	527 (39%)
Hypercholesterolaemia	18,603 (40%)	139 (3%)	335 (12%)	739 (18%)	1,393 (28%)	1,904 (39%)	2,034 (48%)	2,402 (57%)	2,643 (65%)	2,780 (66%)	2,305 (62%)	1,342 (56%)	587 (43%)
Cerebrovascular disease	2,767 (6%)	24 (<1%)	27 (1%)	58 (1%)	137 (3%)	180 (4%)	208 (5%)	293 (7%)	343 (8%)	470 (11%)	462 (12%)	353 (15%)	212 (16%)
Chronic kidney disease	9,828 (21%)	423 (8%)	205 (7%)	315 (8%)	511 (10%)	694 (14%)	740 (18%)	904 (21%)	1,193 (29%)	1,520 (36%)	1,547 (42%)	1,079 (45%)	697 (51%)

Diabetes mellitus	3,315 (7%)	19 (<1%)	50 (2%)	92 (2%)	203 (4%)	295 (6%)	368 (9%)	412 (10%)	498 (12%)	578 (14%)	456 (12%)	240 (10%)	104 (8%)
Heart failure	3,990 (9%)	42 (1%)	49 (2%)	105 (3%)	162 (3%)	225 (5%)	264 (6%)	373 (9%)	531 (13%)	690 (16%)	684 (18%)	506 (21%)	359 (26%)
Multimorbidity	14,590 (31%)	97 (2%)	214 (7%)	495 (12%)	903 (18%)	1,269 (26%)	1,374 (33%)	1,638 (39%)	2,005 (49%)	2,326 (55%)	2,136 (58%)	1,377 (58%)	756 (56%)
<b>Previous Revascularisation</b>													
Percutaneous coronary intervention	3,574 (8%)	44 (1%)	114 (4%)	231 (6%)	386 (8%)	467 (10%)	466 (11%)	462 (11%)	470 (11%)	430 (10%)	318 (9%)	143 (6%)	43 (3%)
Coronary artery bypass grafting	756 (2%)	<5 (<1%)	8 (<1%)	27 (1%)	31 (1%)	74 (2%)	83 (2%)	112 (3%)	129 (3%)	139 (3%)	107 (3%)	35 (1%)	10 (1%)
<b>Medications at presentation</b>													
Aspirin	12,650 (27%)	136 (2%)	232 (8%)	491 (12%)	894 (18%)	1,220 (25%)	1,336 (32%)	1,547 (37%)	1,738 (42%)	1,845 (44%)	1,652 (44%)	977 (41%)	582 (43%)
P2Y12 inhibitor	4,397 (9%)	45 (1%)	72 (2%)	164 (4%)	305 (6%)	390 (8%)	439 (10%)	492 (12%)	553 (14%)	649 (15%)	626 (17%)	434 (18%)	228 (17%)
Dual antiplatelet therapy†	1,559 (3%)	38 (1%)	47 (2%)	100 (2%)	158 (3%)	177 (4%)	201 (5%)	181 (4%)	176 (4%)	183 (4%)	155 (4%)	94 (4%)	49 (4%)
ACEi or ARB	14,981 (32%)	216 (4%)	394 (14%)	743 (18%)	1,254 (25%)	1,586 (33%)	1,643 (39%)	1,826 (43%)	1,975 (48%)	2,137 (51%)	1,762 (47%)	996 (42%)	449 (33%)
Beta-blocker	12,670 (27%)	411 (8%)	364 (13%)	636 (16%)	969 (19%)	1,236 (25%)	1,294 (31%)	1,505 (36%)	1,646 (40%)	1,762 (42%)	1,493 (40%)	887 (37%)	467 (34%)
Lipid lowering therapy	18,603 (40%)	139 (3%)	335 (12%)	739 (18%)	1,393 (28%)	1,904 (39%)	2,034 (48%)	2,402 (57%)	2,643 (65%)	2,780 (66%)	2,305 (62%)	1,342 (56%)	587 (43%)
Oral anticoagulation‡	3,088 (7%)	56 (1%)	41 (1%)	72 (2%)	103 (2%)	140 (3%)	205 (5%)	336 (8%)	462 (11%)	595 (14%)	575 (15%)	341 (14%)	162 (12%)
<b>Physiological parameters§</b>													
Heart rate, beats per minute	86 (±26)	85 (±26)	83 (±25)	84 (±23)	83 (±24)	84 (±26)	85 (±26)	88 (±31)	87 (±27)	86 (±26)	87 (±26)	86 (±26)	88 (±26)
Systolic blood pressure, mmHg	139 (±29)	134 (±22)	138 (±27)	139 (±28)	139 (±28)	142 (±28)	142 (±27)	140 (±28)	137 (±30)	138 (±29)	139 (±30)	141 (±29)	142 (±31)

GRACE score	142 (±37)	76 (±23)	85 (±19)	97 (±24)	104 (±22)	113 (±24)	124 (±25)	134 (±25)	147 (±30)	153 (±26)	163 (±29)	169 (±27)	175 (±27)
<b>Electrocardiogram§</b>													
Normal ECG	2,516 (37%)	84 (53%)	88 (60%)	123 (46%)	208 (47%)	247 (47%)	255 (46%)	280 (40%)	276 (35%)	286 (32%)	311 (31%)	204 (27%)	154 (29%)
Ischaemia on ECG	1,739 (26%)	22 (14%)	27 (18%)	83 (31%)	126 (29%)	144 (28%)	181 (32%)	195 (28%)	226 (29%)	204 (23%)	253 (25%)	161 (21%)	117 (22%)
ST-segment elevation	243 (4%)	19 (12%)	8 (5%)	16 (6%)	28 (6%)	21 (4%)	20 (4%)	17 (2%)	26 (3%)	26 (3%)	28 (3%)	20 (3%)	14 (3%)
ST-segment depression	1,185 (18%)	10 (6%)	11 (8%)	50 (19%)	74 (17%)	96 (18%)	116 (21%)	134 (19%)	167 (21%)	141 (16%)	188 (19%)	115 (15%)	83 (15%)
T-wave inversion	1,188 (18%)	25 (16%)	26 (18%)	54 (20%)	90 (21%)	112 (21%)	116 (21%)	130 (19%)	131 (17%)	157 (17%)	152 (15%)	120 (16%)	75 (14%)
<b>Haematology and clinical chemistry</b>													
Haemoglobin, g/L	136 (±21)	144 (±20)	142 (±20)	142 (±19)	141 (±19)	140 (±19)	138 (±20)	136 (±20)	133 (±22)	129 (±22)	126 (±21)	123 (±22)	120 (±22)
Estimated glomerular filtration rate, mL/min	88 (±24)	116 (±15)	106 (±15)	102 (±15)	98 (±15)	93 (±17)	88 (±18)	82 (±19)	76 (±20)	72 (±20)	67 (±20)	63 (±19)	58 (±19)
Presentation high sensitivity troponin I, ng/mL	3 [1-11]	1 [1-2]	1 [1-3]	1 [1-3]	2 [1-4]	2 [1-6]	3 [2-9]	4 [2-13]	6 [3-17]	7 [4-20]	10 [5-29]	13 [6-35]	17 [8-54]
Peak high sensitivity troponin I, ng/mL	4 [1-13]	1 [1-2]	1 [1-3]	2 [1-3]	2 [1-5]	3 [1-7]	4 [2-11]	5 [2-16]	7 [3-22]	8 [4-26]	11 [5-41]	15 [7-49]	20 [9-79]
Serial troponin measurement¶	22,162 (48%)	1,433 (26%)	1,168 (40%)	1,763 (44%)	2,409 (48%)	2,456 (51%)	2,151 (51%)	2,176 (52%)	2,187 (53%)	2,296 (54%)	2,101 (57%)	1,328 (56%)	694 (51%)
<b>Adjudicated Diagnosis</b>													
Myocardial Infarction	5,279 (11%)	76 (1%)	120 (4%)	246 (6%)	393 (8%)	483 (10%)	507 (12%)	589 (14%)	632 (15%)	670 (16%)	696 (19%)	481 (20%)	313 (23%)
Type 1 myocardial infarction	4,064 (9%)	53 (1%)	107 (4%)	218 (5%)	349 (7%)	425 (9%)	429 (10%)	478 (11%)	481 (12%)	498 (12%)	484 (13%)	323 (14%)	219 (16%)
Type 2 myocardial infarction	1,116 (2%)	23 (<1%)	13 (<1%)	23 (1%)	47 (1%)	59 (1%)	71 (2%)	106 (3%)	144 (4%)	168 (4%)	212 (6%)	156 (7%)	94 (7%)



Type 4b myocardial infarction	36 (<1%)	0 (0%)	0 (0%)	5 (<1%)	<5 (<1%)	<5 (<1%)	7 (<1%)	5 (<1%)	7 (<1%)	<5 (<1%)	0 (0%)	<5 (<1%)	0 (0%)
Acute myocardial injury	1,676 (4%)	54 (1%)	22 (1%)	35 (1%)	48 (1%)	72 (1%)	87 (2%)	140 (3%)	197 (5%)	250 (6%)	299 (8%)	262 (11%)	210 (15%)
Chronic myocardial injury	1,287 (3%)	49 (1%)	26 (1%)	27 (1%)	61 (1%)	61 (1%)	74 (2%)	101 (2%)	130 (3%)	190 (4%)	233 (6%)	187 (8%)	148 (11%)
No myocardial injury	38,256 (82%)	5,275 (97%)	2,716 (94%)	3,733 (92%)	4,500 (90%)	4,236 (87%)	3,539 (84%)	3,386 (80%)	3,134 (77%)	3,120 (74%)	2,486 (67%)	1,446 (61%)	685 (51%)

Presented as number (%), mean ( $\pm$ SD) or median [inter-quartile range]

Abbreviations: ACE = Angiotensin-converting enzyme; ARB = Angiotensin receptor blocker; GRACE = Global Registry of Acute Cardiac Events

\*Chest pain as presenting symptom is reported for the 87% (40,475/46,435) of patients where primary symptom data was available

† Two medications from aspirin, clopidogrel, prasugrel and ticagrelor

‡ Includes warfarin or novel anticoagulants

§Electrocardiographic and physiological data reported for the 83% (6,762/8,179) patients with myocardial infarction or myocardial injury who had electrocardiographic data available.

¶Serial testing defined as two or more tests within 24 hours of presentation.

**Online Table 2:** Diagnostic performance of presentation high sensitivity cardiac troponin I in patients with suspected acute coronary syndrome by age and threshold (n=46,435).

Age group (years)	True positives	False positives	True negatives	False negatives	Sensitivity (95% CI)	Specificity (95% CI)	PPV (95% CI)	NPV (95% CI)	Rule-in (%)
<i>Sex-specific 99<sup>th</sup> centile</i>									
<40	63	101	5277	13	83.0 (74.3-90.7)	98.1 (97.8-98.5)	38.4 (31.3-46.1)	99.8 (99.6-99.9)	3.0
40-44	95	43	2721	25	79.1 (71.3-85.9)	98.4 (98.0-98.9)	68.8 (61.0-76.6)	99.1 (98.7-99.4)	4.8
45-49	188	59	3741	53	78.0 (72.2-82.9)	98.5 (98.0-98.8)	76.1 (70.4-81.1)	98.6 (98.2-98.9)	6.1
50-54	320	102	4510	76	80.8 (76.7-84.6)	97.8 (97.3-98.2)	75.8 (71.3-79.7)	98.3 (98.0-98.7)	8.4
55-59	398	122	4250	86	82.2 (78.9-85.7)	97.2 (96.7-97.7)	76.5 (72.9-80.0)	98.0 (97.6-98.4)	10.7
60-64	394	148	3559	106	78.9 (75.0-82.5)	96.0 (95.4-96.6)	72.7 (69.1-76.4)	97.1 (96.6-97.6)	12.9
65-69	473	218	3414	111	81.0 (77.8-84.2)	94.0 (93.2-94.7)	68.4 (64.9-72.0)	96.9 (96.3-97.4)	16.4
70-74	503	299	3169	122	80.5 (77.4-83.5)	91.4 (90.4-92.3)	62.8 (59.4-65.9)	96.3 (95.6-96.9)	19.6
75-79	525	406	3158	141	78.8 (75.6-81.9)	88.6 (87.6-89.7)	56.5 (53.1-59.7)	95.7 (95.1-96.4)	22.0
80-84	558	489	2529	138	80.2 (77.5-83.1)	83.8 (82.5-85.1)	53.3 (50.3-56.3)	94.8 (94.0-95.6)	28.2
85-89	401	417	1480	78	83.8 (80.5-86.9)	78.1 (76.1-79.9)	49.1 (45.8-52.5)	95.0 (93.9-96.1)	34.4
≥90	274	341	702	39	87.6 (84.0-91.2)	67.3 (64.5-70.1)	44.5 (40.6-48.5)	94.8 (93.2-96.3)	45.4

*Age-adjusted thresholds*

<40	63	101	5277	13	83.0 (74.3-90.7)	98.1 (97.8-98.5)	38.4 (31.3-46.1)	99.8 (99.6-99.9)	3.0
40-44	95	43	2721	25	79.1 (71.3-85.9)	98.4 (98.0-98.9)	68.8 (61.0-76.6)	99.1 (98.7-99.4)	4.8
45-49	188	59	3741	53	78.0 (72.2-82.9)	98.5 (98.0-98.8)	76.1 (70.4-81.1)	98.6 (98.2-98.9)	6.1
50-54	320	102	4510	76	80.8 (76.7-84.6)	97.8 (97.3-98.2)	75.8 (71.3-79.7)	98.3 (98.0-98.7)	8.4
55-59	398	122	4250	86	82.2 (78.9-85.7)	97.2 (96.7-97.7)	76.5 (72.9-80.0)	98.0 (97.6-98.4)	10.7
60-64	367	138	3569	133	73.5 (69.6-77.4)	96.3 (95.7-96.9)	72.7 (69.0-76.5)	96.4 (95.8-97.0)	12.0
65-69	451	197	3435	133	77.2 (73.8-80.6)	94.6 (93.8-95.3)	69.6 (65.7-73.3)	96.3 (95.6-96.9)	15.4
70-74	342	160	3308	283	54.7 (51.1-58.7)	95.4 (94.7-96.1)	68.1 (64.3-71.9)	92.1 (91.2-93.1)	12.3
75-79	367	215	3349	299	55.1 (51.3-59.0)	94.0 (93.2-94.8)	63.2 (59.2-67.2)	91.8 (91.0-92.7)	13.8
80-84	388	252	2766	308	55.8 (52.0-59.5)	91.7 (90.6-92.6)	60.6 (57.1-64.3)	90.0 (88.9-91.0)	17.2
85-89	257	197	1700	222	53.7 (49.2-58.2)	89.7 (88.3-91.0)	56.7 (52.5-61.6)	88.5 (87.1-89.9)	19.1
≥90	191	163	880	122	61.0 (55.8-66.1)	84.4 (82.1-86.6)	53.9 (48.5-59.2)	87.8 (85.8-89.8)	26.1
<b><i>Universal threshold &gt;99<sup>th</sup> centile</i></b>									
<40	43	62	5316	33	56.4 (45.6-68.1)	98.8 (98.6-99.1)	40.9 (31.6-50.6)	99.4 (99.2-99.6)	1.9
40-44	69	26	2738	51	57.5 (49.1-66.7)	99.1 (98.7-99.4)	72.7 (63.5-81.3)	98.2 (97.7-98.7)	3.3
45-49	146	37	3763	95	60.4 (54.1-66.4)	99.0 (98.7-99.3)	79.7 (73.8-85.1)	97.5 (97.0-98.0)	4.5

50-54	225	56	4556	171	56.8 (51.9-61.7)	98.8 (98.5-99.1)	80.0 (75.1-84.8)	96.4 (95.8-96.9)	5.6
55-59	285	56	4316	199	58.8 (54.3-63.1)	98.7 (98.4-99.0)	83.5 (79.5-87.4)	95.6 (95.0-96.2)	7.0
60-64	277	77	3630	223	55.5 (51.3-59.8)	97.9 (97.5-98.4)	78.3 (74.1-82.6)	94.2 (93.5-94.9)	8.4
65-69	314	110	3522	270	53.8 (49.8-58.0)	97.0 (96.4-97.5)	74.1 (69.9-78.3)	92.9 (92.1-93.7)	10.1
70-74	334	146	3322	291	53.4 (49.6-57.5)	95.8 (95.1-96.4)	69.6 (65.5-73.4)	91.9 (91.0-92.8)	11.7
75-79	332	172	3392	334	49.9 (46.1-53.7)	95.2 (94.5-95.9)	66.0 (61.6-70.4)	91.0 (90.2-91.9)	11.9
80-84	361	215	2803	335	51.9 (48.1-55.6)	92.9 (92.0-93.8)	62.7 (59.0-66.5)	89.3 (88.2-90.4)	15.5
85-89	222	167	1730	257	46.4 (41.9-51.0)	91.2 (90.1-92.5)	57.2 (52.5-62.0)	87.1 (85.6-88.6)	16.4
≥90	164	139	904	149	52.3 (46.9-57.5)	86.7 (84.5-88.8)	54.0 (48.4-59.8)	85.8 (83.8-87.9)	22.3

Presented as number or % (95% confidence intervals) as appropriate.

Sex-specific 99<sup>th</sup> centile = 34 ng/L men, 16 ng/L women.

Age-adjusted thresholds = age <60: >32ng/L men, >16ng/L women; age 60-69: > 42ng/L men, >17ng/L women; age ≥70: 86ng/L men, 39g/L women)

Uniform rule-in threshold >99<sup>th</sup> centile = >64 ng/L

Abbreviations: NPV = negative predictive value, PPV = positive predictive value, URL = upper reference limit

1 **Online Table 3:** Diagnostic performance of presentation high-sensitivity cardiac troponin at the recommended sex-specific 99<sup>th</sup> centile in  
 2 patients with suspected acute coronary syndrome and chest pain as the presenting symptom (n=33,480).  
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Age group (years)	True positives	False positives	True negatives	False negatives	Sensitivity (95% CI)	Specificity (95% CI)	PPV (95% CI)	NPV (95% CI)	Rule-in (%)
<40	52	64	4229	12	81.3 (71.7-90.1)	98.5 (98.1-98.9)	44.6 (35.7-54.6)	99.7 (99.6-99.9)	2.7
40-44	74	25	2239	23	76.4 (67.8-84.0)	98.9 (98.4-99.3)	74.7 (66.0-83.3)	99.0 (98.5-99.4)	4.2
45-49	151	25	3047	48	75.9 (69.9-81.6)	99.2 (98.9-99.5)	85.7 (80.0-90.6)	98.4 (98.0-98.9)	5.4
50-54	277	64	3618	60	82.2 (77.9-86.2)	98.3 (97.8-98.7)	81.3 (77.3-85.5)	98.4 (97.9-98.7)	8.5
55-59	325	62	3303	77	80.8 (77.3-84.6)	98.2 (97.7-98.6)	84.1 (80.3-87.4)	97.7 (97.2-98.2)	10.3
60-64	314	63	2610	89	77.8 (74.0-81.7)	97.6 (97.1-98.2)	83.3 (79.1-87.0)	96.7 (96.0-97.3)	12.3
65-69	361	82	2396	87	80.5 (76.7-84.1)	96.7 (96.0-97.4)	81.5 (77.8-84.9)	96.5 (95.7-97.1)	15.1
70-74	392	116	2138	90	81.3 (77.6-84.6)	94.9 (94.0-95.8)	77.2 (73.5-80.9)	95.9 (95.2-96.8)	18.6
75-79	395	139	2078	121	76.5 (72.8-80.1)	93.7 (92.7-94.7)	74.0 (70.3-77.8)	94.5 (93.6-95.4)	19.5
80-84	413	159	1525	108	79.3 (76.0-82.8)	90.5 (89.2-91.9)	72.2 (68.4-75.7)	93.4 (92.2-94.6)	25.9
85-89	292	146	831	66	81.5 (77.7-85.5)	85.1 (82.9-87.3)	66.7 (62.3-71.3)	92.6 (91.1-94.4)	32.8

≥90	199	99	363	33	85.7 (81.0-90.1)	78.6 (75.1-82.1)	66.7 (61.7-72.3)	91.6 (89.0-94.1)	42.9
Overall	3245	1044	28377	814	79.9 (78.6-81.1)	96.5 (96.2-96.7)	75.6 (74.4-77.0)	97.2 (97.0-97.4)	12.8

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Presented as number or % (95% confidence intervals) as appropriate.

Abbreviations: PPV = positive predictive value, URL = upper reference limit

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1 **Online Table 4:** Diagnostic performance of presentation high-sensitivity cardiac troponin at the recommended sex-specific 99<sup>th</sup> centile for the  
 2 diagnosis of type 1 myocardial infarction  
 3

Age group (years)	True positives	False positives	True negatives	False negatives	Sensitivity (95% CI)	Specificity (95% CI)	PPV (95% CI)	NPV (95% CI)	Rule-in (%)
<i>Sex-specific 99<sup>th</sup> centile</i>									
<40	45	119	5282	8	85.0 (74.5-94.0)	97.8 (97.4-98.1)	27.4 (20.8-34.1)	99.8 (99.8-99.9)	3.0
40-44	85	53	2724	22	79.3 (71.1-86.3)	98.1 (97.6-98.6)	61.6 (53.1-70.2)	99.2 (98.8-99.5)	4.8
45-49	171	76	3747	47	78.4 (72.5-83.7)	98.0 (97.6-98.4)	69.2 (63.2-74.8)	98.8 (98.4-99.1)	6.1
50-54	284	138	4521	65	81.4 (77.2-85.2)	97.0 (96.5-97.5)	67.3 (62.7-71.8)	98.6 (98.2-98.9)	8.4
55-59	351	169	4262	74	82.6 (78.9-86.1)	96.2 (95.6-96.7)	67.5 (63.6-71.5)	98.3 (97.9-98.7)	10.7
60-64	346	196	3582	83	80.7 (76.7-84.1)	94.8 (94.1-95.5)	63.9 (60.2-67.8)	97.7 (97.2-98.2)	12.9
65-69	391	300	3438	87	81.8 (78.3-85.1)	92.0 (91.1-92.8)	56.6 (52.9-60.3)	97.5 (97.0-98.0)	16.4
70-74	389	413	3199	92	80.9 (77.3-84.2)	88.6 (87.5-89.6)	48.5 (44.9-51.9)	97.2 (96.6-97.8)	19.6
75-79	394	537	3195	104	79.1 (75.3-82.8)	85.6 (84.5-86.7)	42.3 (39.2-45.7)	96.8 (96.2-97.4)	22.0
80-84	399	648	2582	85	82.5 (79.2-85.7)	80.0 (78.5-81.3)	38.2 (35.3-41.1)	96.8 (96.1-97.5)	28.2
85-89	268	550	1503	55	83.0 (78.7-86.9)	73.3 (71.2-75.1)	32.9 (29.6-35.9)	96.5 (95.5-97.3)	34.4

≥90	193	422	715	26	88.2 (83.8-92.3)	62.9 (60.3-65.7)	31.5 (27.8-35.3)	96.5 (95.1-97.8)	45.4
Overall	3316	3621	38750	748	81.6 (80.3-82.8)	91.5 (91.2-91.7)	47.8 (46.6-49.0)	98.1 (98.0-98.2)	14.9
<i>Age-adjusted thresholds</i>									
<40	45	119	5282	8	85.0 (74.5-94.0)	97.8 (97.4-98.1)	27.4 (20.8-34.1)	99.8 (99.8-99.9)	3.0
40-44	85	53	2724	22	79.3 (71.1-86.3)	98.1 (97.6-98.6)	61.6 (53.1-70.2)	99.2 (98.8-99.5)	4.8
45-49	171	76	3747	47	78.4 (72.5-83.7)	98.0 (97.6-98.4)	69.2 (63.2-74.8)	98.8 (98.4-99.1)	6.1
50-54	284	138	4521	65	81.4 (77.2-85.2)	97.0 (96.5-97.5)	67.3 (62.7-71.8)	98.6 (98.2-98.9)	8.4
55-59	351	169	4262	74	82.6 (78.9-86.1)	96.2 (95.6-96.7)	67.5 (63.6-71.5)	98.3 (97.9-98.7)	10.7
60-64	321	184	3594	108	74.9 (70.7-79.0)	95.1 (94.4-95.8)	63.6 (59.7-67.7)	97.1 (96.5-97.6)	12.0
65-69	373	275	3463	105	78.0 (74.2-81.6)	92.6 (91.8-93.4)	57.5 (53.9-61.5)	97.1 (96.5-97.6)	15.4
70-74	275	227	3385	206	57.2 (52.6-61.7)	93.7 (92.9-94.5)	54.8 (50.6-58.9)	94.3 (93.5-95.1)	12.3
75-79	284	298	3434	214	57.0 (52.4-61.4)	92.0 (91.1-92.9)	48.8 (44.8-52.8)	94.1 (93.4-94.9)	13.8
80-84	286	354	2876	198	59.1 (54.9-63.4)	89.0 (87.9-90.1)	44.7 (40.6-48.6)	93.6 (92.7-94.4)	17.2
85-89	181	273	1780	142	56.1 (50.8-61.4)	86.8 (85.3-88.2)	40.0 (35.7-44.8)	92.6 (91.4-93.7)	19.1



≥90	137	217	920	82	62.5 (56.4-68.5)	81.0 (78.7-83.2)	38.8 (33.8-43.8)	91.8 (90.1-93.4)	26.1
Overall	2793	2383	39988	1271	68.7 (67.3-70.1)	94.4 (94.2-94.6)	53.9 (52.6-55.4)	96.9 (96.8-97.1)	11.1
<i>Universal threshold &gt;99<sup>th</sup> centile</i>									
<40	34	71	5330	19	64.1 (51.2-76.7)	98.7 (98.4-99.0)	32.4 (23.3-41.5)	99.6 (99.5-99.8)	1.9
40-44	62	33	2744	45	57.9 (48.5-66.7)	98.8 (98.4-99.2)	65.3 (55.6-75.0)	98.4 (97.9-98.9)	3.3
45-49	137	46	3777	81	62.8 (56.6-68.7)	98.8 (98.5-99.1)	74.8 (68.4-80.8)	97.9 (97.5-98.3)	4.5
50-54	211	70	4589	138	60.4 (55.0-65.7)	98.5 (98.1-98.8)	75.0 (69.9-79.9)	97.1 (96.6-97.5)	5.6
55-59	264	77	4354	161	62.0 (57.4-66.8)	98.3 (97.9-98.6)	77.4 (73.0-81.6)	96.4 (95.9-97.0)	7.0
60-64	248	106	3672	181	57.8 (53.3-62.6)	97.2 (96.6-97.7)	70.1 (65.4-74.7)	95.3 (94.6-95.9)	8.4
65-69	265	159	3579	213	55.4 (51.1-60.0)	95.7 (95.1-96.4)	62.5 (57.8-67.0)	94.4 (93.6-95.1)	10.1
70-74	270	210	3402	211	56.1 (51.7-60.8)	94.2 (93.4-94.9)	56.2 (51.7-60.4)	94.2 (93.4-94.9)	11.7
75-79	262	242	3490	236	52.6 (48.2-57.1)	93.5 (92.7-94.3)	52.1 (47.6-56.6)	93.7 (92.9-94.4)	11.9
80-84	275	301	2929	209	56.8 (52.4-61.1)	90.7 (89.7-91.7)	47.8 (43.8-51.7)	93.3 (92.4-94.2)	15.5
85-89	159	230	1823	164	49.2 (43.9-54.6)	88.8 (87.6-90.2)	41.0 (36.2-45.9)	91.7 (90.5-92.9)	16.4

≥90	121	182	955	98	55.2 (48.6-61.4)	84.0 (81.8-86.2)	40.0 (34.6-45.3)	90.7 (88.8-92.4)	22.3
Overall	2308	1727	40644	1756	56.8 (55.2-58.4)	95.9 (95.7-96.1)	57.2 (55.7-58.8)	95.9 (95.7-96.0)	8.7

Presented as number or % (95% confidence intervals) as appropriate.

Sex-specific 99<sup>th</sup> centile = 34 ng/L men, 16 ng/L women.

Age-adjusted thresholds = age <60: >32ng/L men, >16ng/L women; age 60-69: > 42ng/L men, >17ng/L women; age ≥70: 86ng/L men, 39g/L women)

Uniform rule-in threshold >99<sup>th</sup> centile = >64 ng/L

Abbreviations: NPV = negative predictive value, PPV = positive predictive value, URL = upper reference limit

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1 **Online Table 5:** Timing of serial samples by age group (n=20,881)  
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Age (years)	<50 N=3,962	50-75 N=10,826	≥ 75 N=6,093	Overall N=20,881
<b>Time from presentation troponin to repeat sample (hrs)</b>				
<3 hrs	778 (20%)	1,511 (14%)	554 (8.9)	2,833 (14%)
3-6 hrs	1,037 (26%)	2,208 (20%)	863 (14%)	4,108 (20%)
6-9 hrs	816 (21%)	2,585 (24%)	1,664 (27%)	5,065 (24%)
9-12 hrs	778 (20%)	2,674 (25%)	1,665 (27%)	5,117 (25%)
>12 hrs	553 (15%)	1,848 (17%)	1,357 (22%)	3,758 (18%)
Presented as number (%)				

4

**Online Table 6:** Diagnosis between discordant threshold groups. a) sex-specific 99<sup>th</sup> centile and age-adjusted; b) age-adjusted threshold and 64ng/L ; c) sex-specific 99<sup>th</sup> centile and 64ng/L

a) Patients with presentation troponin samples between the sex-specific 99<sup>th</sup> centile and age-adjusted threshold

Age group	<50 (n=0)	50-75 (n=380)	>75 (n=1,381)
Myocardial Infarction	n/a	210 (55%)	555 (40%)
Type 1	n/a	157 (41%)	366 (27%)
Type 2	n/a	53 (14%)	189 (14%)
Type 4 b/c	n/a	1 (0.3%)	3 (0.2%)
Acute myocardial injury	n/a	88 (23%)	454 (33%)
Chronic myocardial Injury	n/a	81 (21%)	369 (27%)

b) Patients with presentation troponin samples between the age-adjusted threshold and 64ng/L

Age group	<50 (n=166)	50-75 (n=756)	>75 (n=387)
Myocardial Infarction	88 (53%)	469 (62%)	167 (43%)
Type 1	68 (41%)	364 (48%)	100 (26%)
Type 2	20 (12%)	105 (14%)	67 (17%)
Type 4 b/c	0 (0%)	5 (0.7%)	1 (0.3%)
Acute myocardial injury	30 (18%)	139 (18%)	116 (30%)
Chronic myocardial Injury	48 (29%)	143 (19%)	103 (27%)

c) Patients with presentation troponin samples between the sex-specific 99<sup>th</sup> centile and 64ng/L

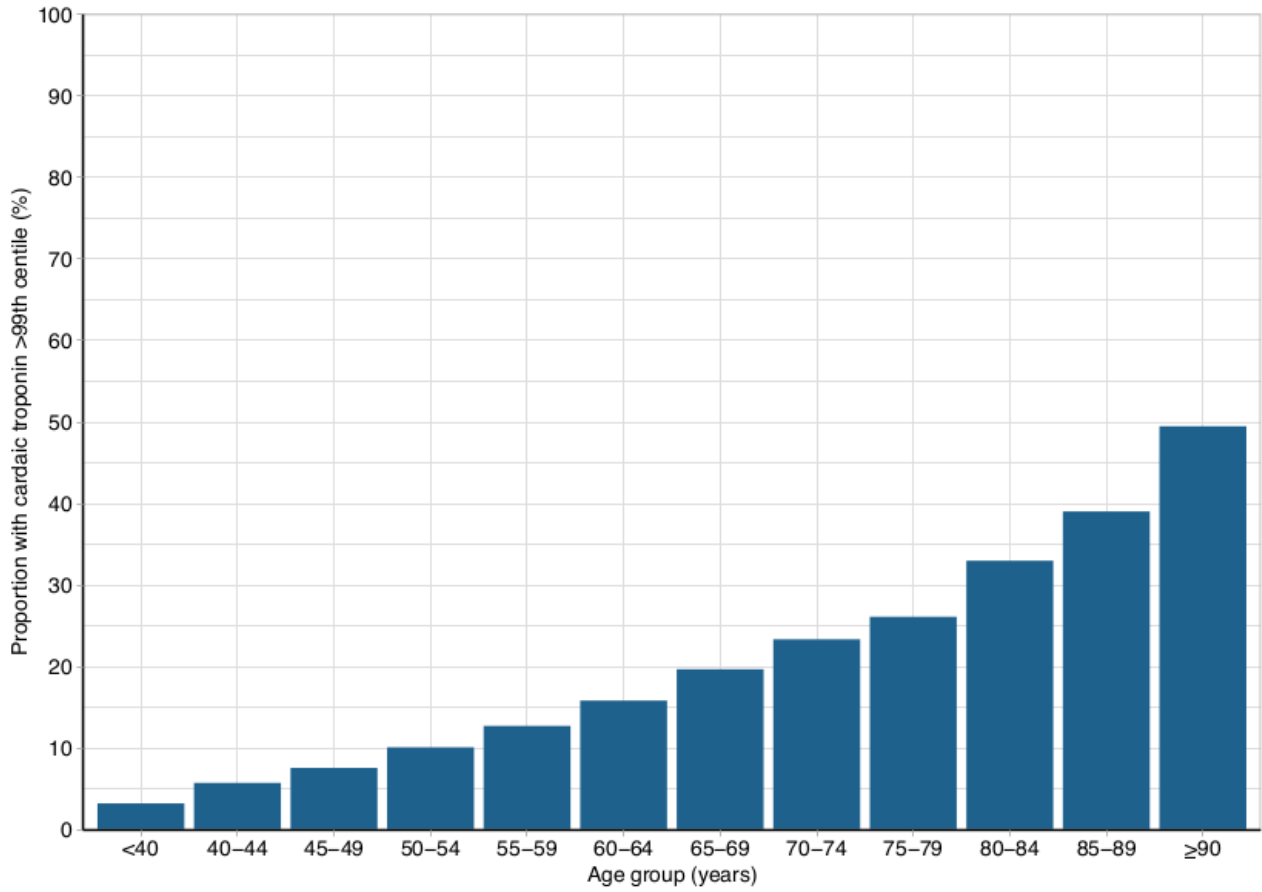
Age group	<50 (n=166)	50-75 (n=1,097)	>75 (n=1,639)
Myocardial Infarction	88 (53%)	653 (60%)	679 (41%)
Type 1	68 (41%)	503 (46%)	437 (27%)
Type 2	20 (12%)	150 (14%)	242 (15%)
Type 4 b/c	0 (0%)	5 (0.5%)	4 (0.2%)
Acute myocardial injury	30 (18%)	221 (20%)	522 (32%)
Chronic myocardial Injury	48 (29%)	218 (20%)	434 (26%)

1 **Online Figure 1:** Cardiac troponin >99<sup>th</sup> centile upper reference limit by age group in whole  
2 population

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4 Bar plot showing the proportion of patients with at least one cardiac troponin >99<sup>th</sup>  
5 centile upper reference limit by age group for the whole study population.

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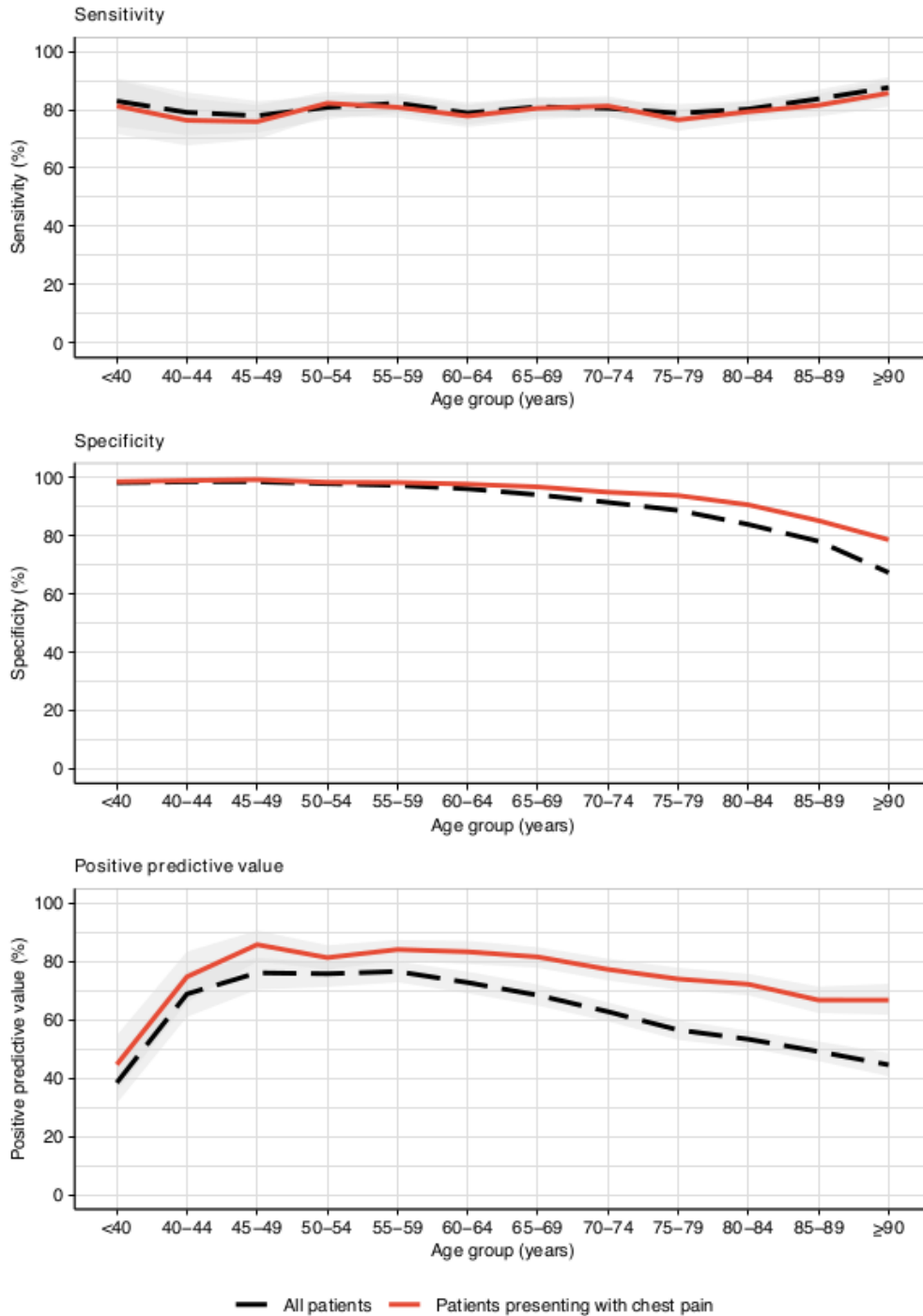
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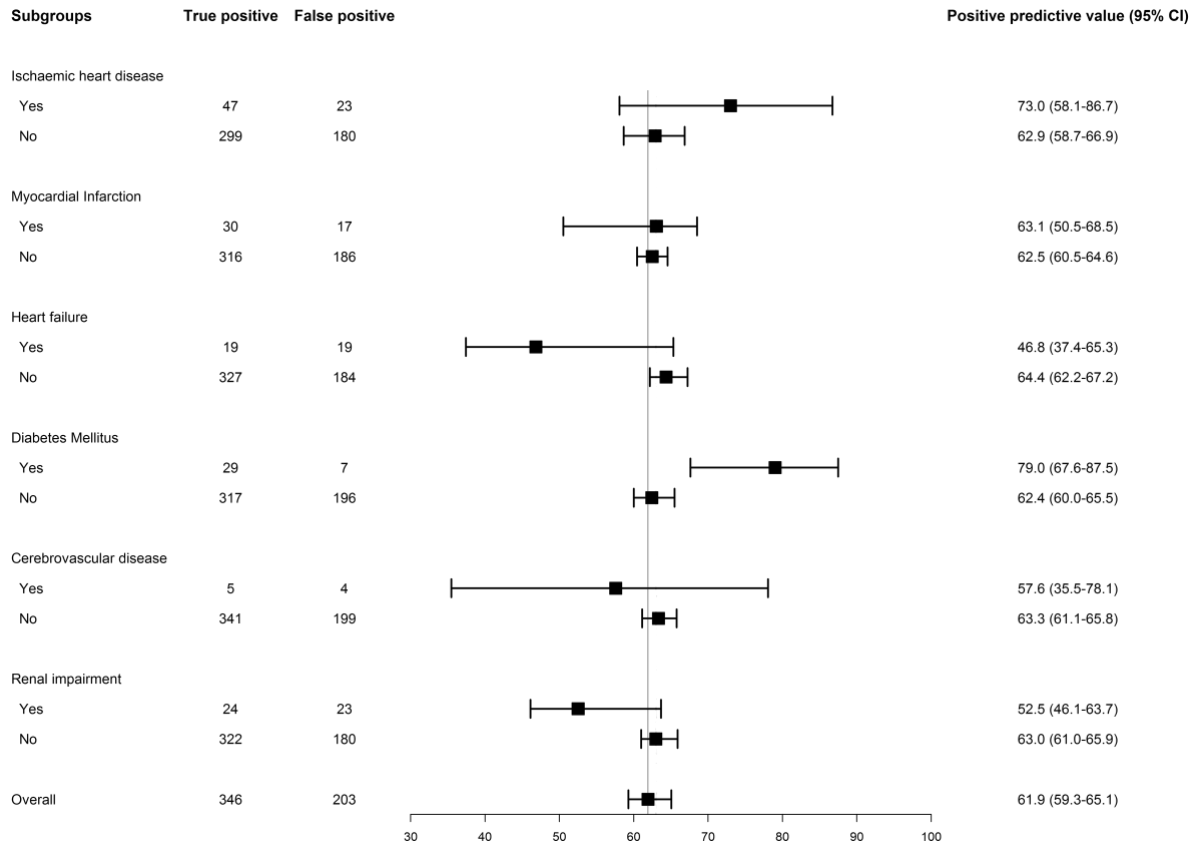
**Online Figure 2:** Diagnostic accuracy of the 99<sup>th</sup> centile at presentation in patients with chest pain

Line plot with error bars representing 95% confidence interval. The sensitivity, specificity and positive predictive value (PPV) of the 99<sup>th</sup> centile across age groups restricted to patients presenting with chest pain. (Online Table 3).



1 **Online Figure 3:** Three panel forest plot displaying positive predictive value of presentation  
 2 high-sensitivity cardiac troponin I with a sex-specific 99<sup>th</sup> centile diagnostic threshold  
 3 stratified by age groups  
 4

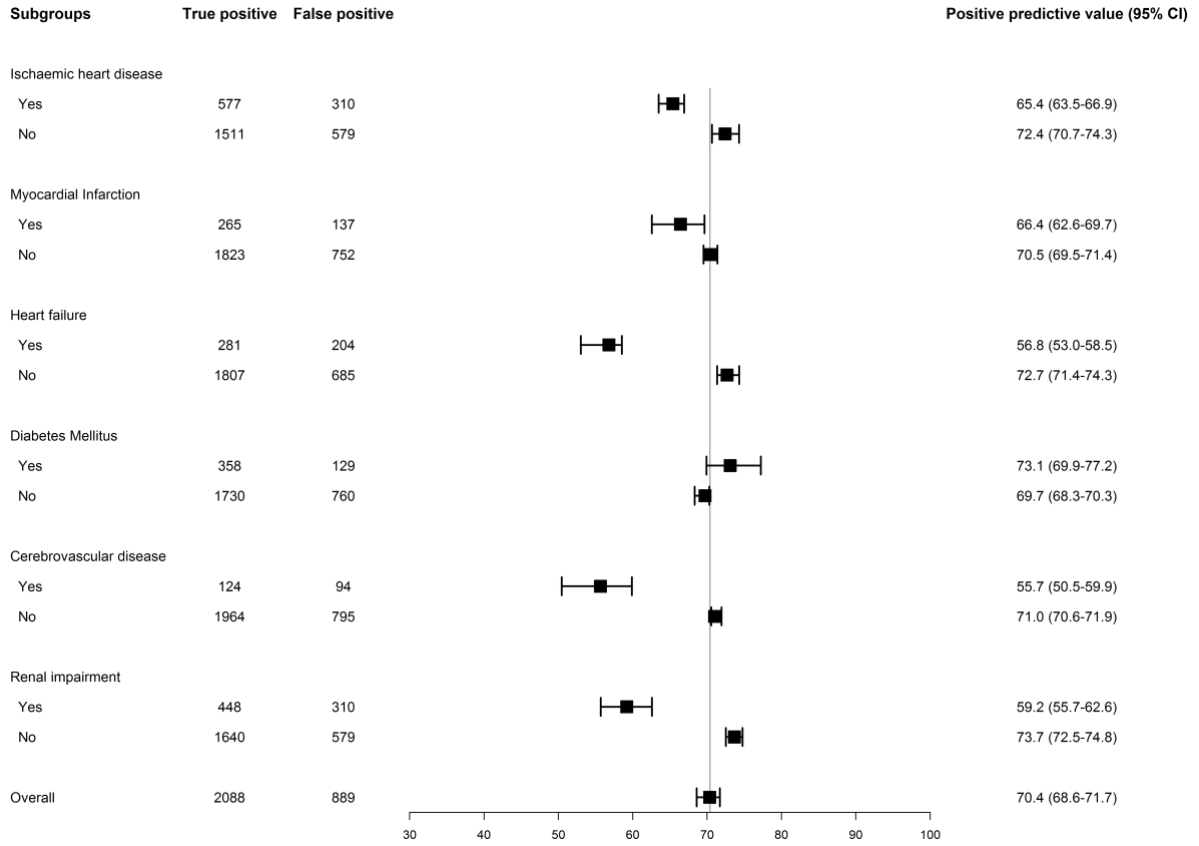
5 **a) Age <50 years**



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2 **b) Age 50-74 years**



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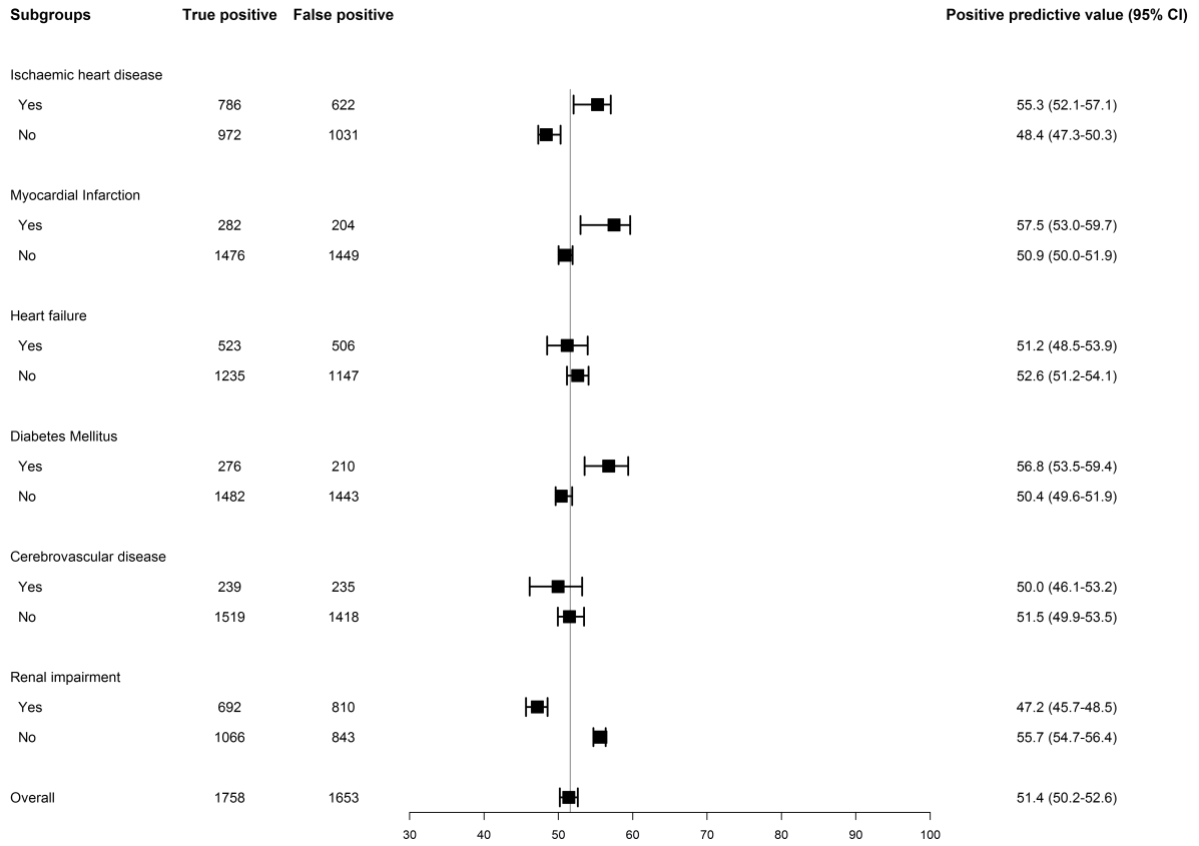
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2 c) Age  $\geq 75$  years



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1 SUPPLEMENTARY APPENDIX B

2  
3 Methodology

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7 **Adjudication according to the Fourth Universal Definition of Myocardial Infarction**

8 All patients with high-sensitivity cardiac troponin I (hs-cTnI) concentrations above the sex-  
9 specific 99th centile were classified according to the Third Universal Definition of Myocardial  
10 Infarction in use at the time of the trial. In this pre-specified secondary analysis, we updated  
11 this classification in accordance with the Fourth Universal Definition of Myocardial Infarction.  
12 The final diagnosis was adjudicated according to a pre-specified list (cardiac diagnoses: acute  
13 aortic dissection, acute heart failure, cardiomyopathy, chronic heart failure, hypertensive heart  
14 disease, myopericarditis, non-ST segment elevation myocardial infarction, ST-segment  
15 elevation myocardial infarction, recent myocardial infarction, tachyarrhythmia, Takotsubo  
16 cardiomyopathy or valvular heart disease; non-cardiac diagnoses: acute kidney injury, chronic  
17 kidney disease, chronic obstructive pulmonary disease, gastrointestinal bleed, pulmonary  
18 embolism, sepsis, or other). Two physicians independently reviewed all clinical information,  
19 blinded to study phase, with discordant diagnoses resolved by a third reviewer. Clinical  
20 information included the dates and times of presentation and final discharge, the initial  
21 emergency department assessment and final discharge letter as documented in the electronic  
22 care record, with summaries of all investigations undertaken during the index presentation  
23 including the electrocardiogram. The adjudication panel had access to raw clinical information  
24 including haemoglobin, creatinine and high-sensitivity cardiac troponin I concentrations, and  
25 the reports from invasive coronary angiography. Type 1 myocardial infarction was defined as  
26 myocardial necrosis (any hs-cTnI concentration above the 99th centile with a rise and/or fall  
27 in hs-cTnI concentration where serial testing was performed) in the context of a presentation  
28 with suspected acute coronary syndrome with symptoms or signs of myocardial ischemia on

1 the electrocardiogram. Patients with symptoms or signs of myocardial ischemia and evidence  
2 of increased oxygen demand or decreased supply (for example, tachyarrhythmia, hypotension,  
3 or anaemia) secondary to an alternative pathology and myocardial necrosis were defined as  
4 type 2 myocardial infarction. The classification of type 2 myocardial infarction also includes  
5 patients with coronary vasospasm, embolism or spontaneous dissection without evidence of  
6 atherothrombosis related to coronary artery disease. Type 4a myocardial infarction was defined  
7 in patients with symptoms or signs of myocardial ischemia following percutaneous coronary  
8 intervention where hs-cTnI concentrations were 5-fold greater than the 99th centile, or  
9 increased further if elevated prior to the procedure. Type 4b myocardial infarction was defined  
10 where myocardial ischemia and myocardial necrosis were associated with stent thrombosis  
11 documented at angiography. Myocardial injury was defined if hs-cTnI concentrations were  
12 above the 99th centile in the absence of any clinical features of myocardial ischemia.  
13 Myocardial ischaemia was defined as All non-ischemic myocardial injury was classified as  
14 acute, unless a change of <20% was observed on serial testing or the final adjudicated diagnosis  
15 was chronic heart failure or chronic renal failure, where the classification was chronic  
16 myocardial injury.

17

### 18 **Transparency and openness**

19 The High-Sensitivity Troponin in the Evaluation of Patients with Suspected Acute Coronary  
20 Syndrome (High-STEACS) trial makes use of multiple routine electronic health care data  
21 sources that are linked, deidentified, and held in our national safe haven, which is accessible  
22 by approved individuals who have undertaken the necessary governance training. Summary  
23 data and the analysis code can be made available upon request from the corresponding  
24 author.

25

26

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