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# Stack, seal, evacuate, draw: A method for drawing hollow-core fiber stacks under positive and negative pressure

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**Abstract:** The two-stage stack and draw technique is an established method for fabricating microstructured fibers, including hollow-core fibers. A stack of glass elements of around a meter in length and centimeters in outer diameter forms the first stage preform, which is drawn into millimeter scale canes. The second stage preform is one of the canes, which is drawn, under active pressure, into microscopic fiber. Separately controlled pressure lines are connected to different holes or sets of holes in the cane to control the microstructure of the fiber being drawn, often relying on glues or other sealants to isolate the differently-pressured regions. We show that the selective fusion and collapse of the elements of the stack, before it is drawn to cane or fiber, allows the stack to be drawn directly under differential pressure without introducing a sealant. Three applications illustrate the advantages of this approach. First, we draw antiresonant hollow-core fiber directly from the stack without making a cane, allowing a significantly longer length of fiber to be drawn. Second, we fabricate canes under pressure, such that they are structurally more similar to the final fiber. Finally, we use the method to fabricate new types of microstructured resonators with a non-circular cross-section.

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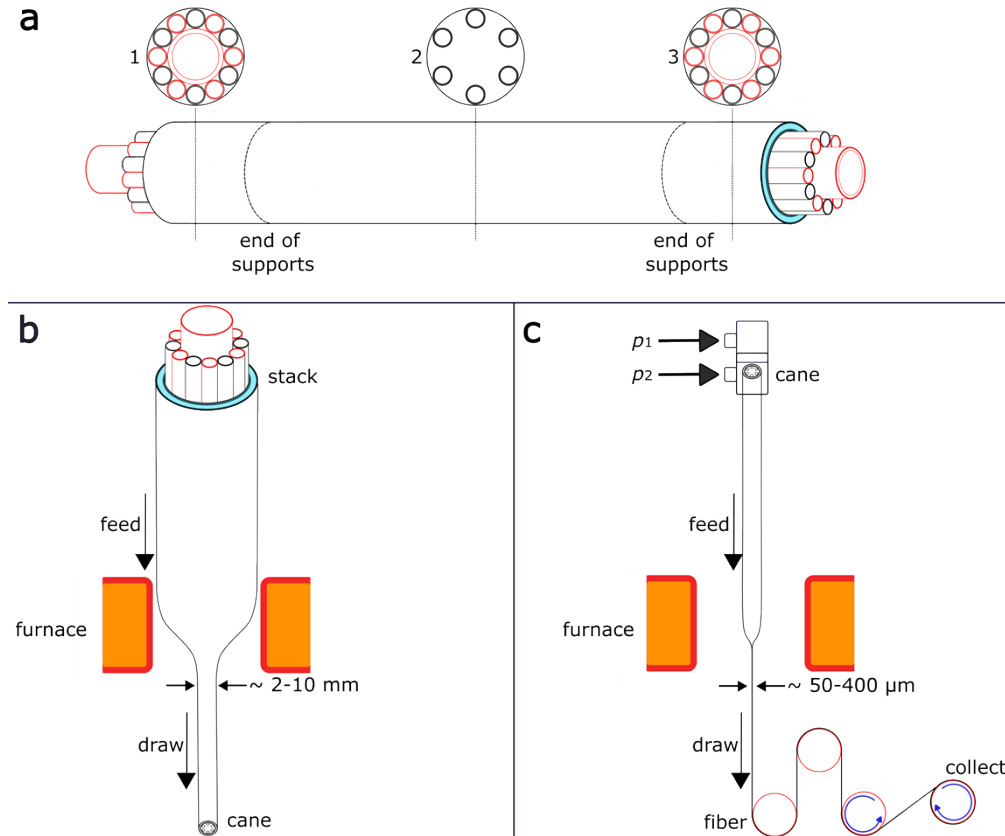
## 1. Introduction

### 1.1 Hollow-core fibers

Hollow-core fibers (HCFs) guide light in air, rather than in glass. This means that HCFs have low latency, a low nonlinear coefficient, and a high damage threshold. It also means that they can guide light at wavelengths where solid materials have high attenuation due to Rayleigh scattering, IR absorption, or photodarkening. For these reasons, HCFs have been intensely researched over the past few decades with widespread applications including high power and ultrafast pulse guidance [1,2], mid-IR [3,4] and deep-UV guidance [5–7], light-matter interactions [8], and telecommunications [9,10].

Antiresonant fibers (ARFs) are HCFs that have a microstructure consisting of a hollow core surrounded by a cladding formed of thin webs of material, usually fused silica, that provide an anti-resonant reflection condition to the light being guided in the hollow core. At wavelengths where the webs in the cladding are of antiresonant thickness relative to light in the core, light incident on the cladding reflects back into the core and so can be guided with low loss along the fiber [11]. However, the optical performance of ARFs is affected by the nodes which form where the webs intersect. Nodes are avoided in nodeless ARFs, where the cladding structure is formed of non-touching, thin-walled capillary tubes that act as resonators. The avoidance of cladding nodes reduces the confinement loss of a nodeless ARF compared to an equivalent ARF with nodes [12].

46 Designing and fabricating nodeless ARFs has therefore recently been the focus of significant  
 47 interest, particularly for telecommunications. Over the past five years, the attenuation of  
 48 nodeless ARFs has been reduced from 8 dB/km at 700 nm [13] to values relevant for data  
 49 communication by modifying the structure of the resonators [14–17]. The double nested  
 50 nodeless ARF currently holds the record for the lowest loss ARF with a reported attenuation of  
 51 0.174 dB/km between 1500 and 1550 nm [18].

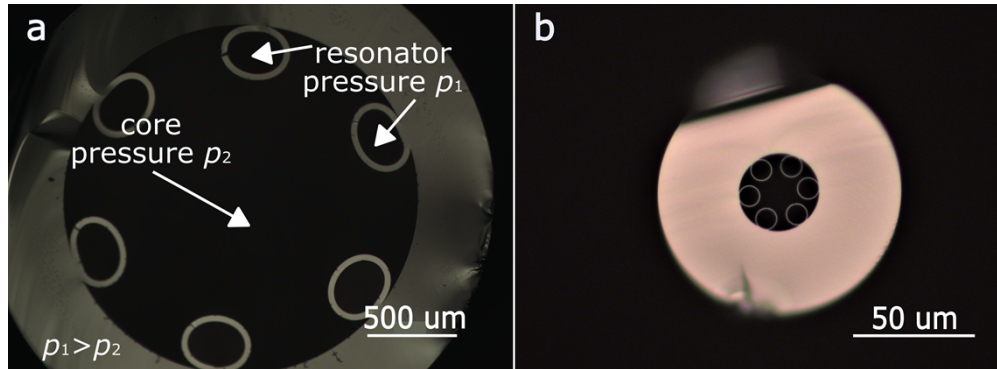


52  
 53 Fig. 1. Schematic diagrams of the two-stage stack and draw process for ARF fabrication. (a) A stack for a nodeless  
 54 ARF with six resonator tubes. The resonators (black) extend the entire way along the stack. At each end of the stack,  
 55 one support tube (red) is placed between each pair of adjacent resonator tubes, and a bigger one is placed in the center  
 56 of the assembly. The supports do not extend along the entire stack but terminate a few centimeters from the ends.  
 57 Cross-sections (1) and (3) show the support regions where resonators and supports are both present, while (2) shows  
 58 the middle of the stack which contains the resonators only. (b) Stage 1: drawing a stack into canes on the drawing  
 59 tower. (c) Stage 2: drawing a cane under pressure into nodeless ARF. The cane is generally prepared for pressurization  
 60 using sealant, which is applied to the top of the cane such that the core space (pressure  $p_1$ ) is isolated from the holes in  
 61 the middle of the resonators (pressure  $p_2$ ).

## 62 1.2 The stack and draw process

63 The stack-and-draw process [19] is the principal method used worldwide to fabricate ARFs  
 64 [14–16, 20–22]. The preform is constructed from tubes or rods, which are typically of the order  
 65 of a meter in length and millimeters in outer diameter, stacked into a larger, meter-long jacket  
 66 tube with an outer diameter of a few centimeters. This structure is known as a stack. The tubes  
 67 or rods are assembled such that the macroscopic structure of the stack can be drawn into the  
 68 microscopic structure of the fiber under the correct conditions. A nodeless ARF stack with 6  
 69 resonator tubes is shown schematically in Fig. 1(a). The resonators need to be held in contact  
 70 with the inner surface of an outer jacket tube such that they remain spaced apart and encircling  
 71 the space in the middle, which will become the hollow core. One way to ensure this is to

72 separate the resonators with support tubes at each end that only extend a small way into the  
73 stack. Generally, one support tube is placed between each adjacent resonator, and a larger one  
74 is placed centrally in the core. Alternatively, the resonator tubes can be held in place in the  
75 stack by applying external heat to bond them to the inner surface of the outer jacket [21,24].  
76 Once assembled, the stack can be drawn down in size through a furnace in the usual way, with  
77 a final outer diameter determined by the speeds at which the glass is fed into and drawn out of  
78 the furnace.



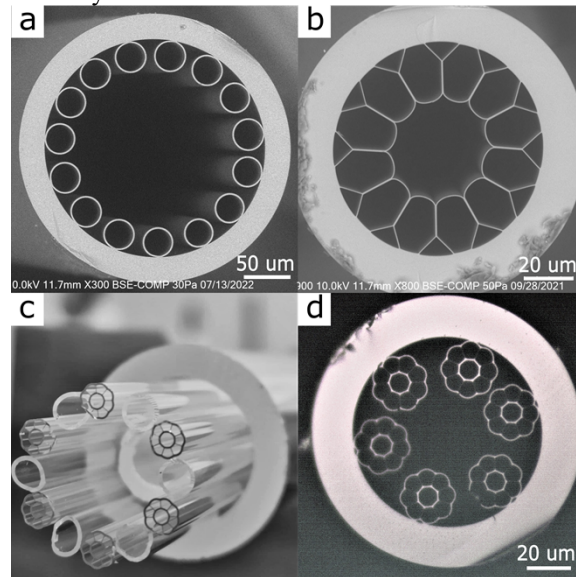
79  
80 Fig. 2. (a) An optical micrograph of the cross-section of a nodeless antiresonant hollow-core cane, showing the different  
81 regions that are pressurized during the fiber draw. (b) An optical micrograph of the cross-section of a 6-resonator  
82 nodeless ARF drawn from a similar cane.

83 In practice, the stack-and-draw process for HCFs is usually carried out in two stages [14–16,  
84 19–21]. First the stack is used as the preform and is drawn to glass canes [19], Fig. 1(b), with  
85 an outer diameter of around a few millimeters and a length of about a meter. The second-stage  
86 preform is one of these canes which is drawn into fiber, Fig. 1(c), with an outer diameter from  
87 tens to hundreds of micrometers. The cane may be inserted into another jacket tube before being  
88 drawn to fiber. This can help achieve a more manageable fiber outer diameter, particularly for  
89 HCFs guiding shorter-wavelength light because the core diameter and cladding wall thickness  
90 a HCF scale with wavelength. Fine control of the fiber microstructure at the second stage is  
91 important. For HCFs specifically, pressurized gas is applied independently to different air  
92 regions of the internal cane geometry during the fiber draw. This acts against the collapse of  
93 the fiber's delicate glass microstructure induced by surface tension (which makes holes shrink  
94 or collapse completely if unchecked [23]) and can be used to inflate certain air regions of the  
95 microstructure relative to others. Often, a sealant such as a UV curable adhesive or a two-part  
96 epoxy is applied to the top of the cane to block different air regions of the cane geometry from  
97 one another so that a pressure differential can be established between them. As an example, the  
98 internal structure of a nodeless ARF cane, showing the regions where different pressures  $p_1$  and  
99  $p_2$  are applied, is shown in Fig. 2(a) and the cross-section of the resultant fiber is shown in Fig.  
100 2(b).

101 However, a cane is much smaller than a stack, so using an intermediate cane stage limits the  
102 length of fiber that can be collected in a single draw. This is especially restrictive when  
103 fabricating ARFs with large outer diameters intended for mid-IR or multimode guidance. It is  
104 possible to get around this problem by making bigger stacks and canes, but the maximum outer  
105 diameter is practically restricted by the inner diameter of the furnace. Furthermore, Jasion *et al.*  
106 have shown using a virtual draw model that the ultimate limit on the draw down ratio is  
107 related to the fluid dynamics of the fiber draw [20]. Alternatively, the stack could be drawn  
108 directly to fiber, bypassing the cane stage altogether. For example, if a 25 mm diameter stack  
109 is drawn directly to 300  $\mu\text{m}$  diameter fiber, the draw yield is 694 m per 10 cm of preform,  
110 whereas if the stack is drawn via a 7 mm diameter cane, the draw yield is 54 m per 10 cm of  
111 preform. In practice, the furnace temperature and applied pressures need to be optimized to

112 achieve the desired fiber microstructure before fiber can be collected, using up a portion of the  
113 length of preform. This portion can be significant if the draw down ratio between the preform  
114 and fiber is smaller and must be considered as well as the draw yield.

115 The use of sealants (for example, glues) during pressurization is also problematic. Sealant at  
116 the top of a preform gets hot, and then degrades, as the preform is fed into the furnace. This can  
117 cause the seal to fail, losing the required pressure differential in the preform. It can also release  
118 organic contaminants from the sealant into the preform. Such contaminants can promote  
119 devitrification in the preform as it is drawn through the furnace, weakening the fiber, and can  
120 also create scattering centers that compromise the fiber's optical performance. These problems  
121 are made worse if attempting to draw with pressurization directly from the stack. Larger  
122 volumes of sealant are needed, which increases the risk of contamination. Additionally, larger  
123 preforms don't dissipate heat as well as smaller ones, so the sealant would have to withstand  
124 higher temperatures without degrading. We consider that it is for this reason that (to our  
125 knowledge) there are no reports of an ARF stack being drawn while subject to applied pressure,  
126 to make a fiber either directly or via a cane with a structure that benefited from pressure control.



127  
128 Fig. 3. Fibers that we fabricated using SSED to showcase three applications of the method. (a) An SEM of a 15-  
129 resonator ARF, drawn directly from stack, (b) an SEM of an ARF that was drawn from an almost identical cane, (c) a  
130 photograph of a stack containing "resonator-canes". The outer diameter of the stack is 25 mm, (d) an optical microscope  
131 image of the microstructured ARF drawn (via a cane stage) from the stack in (c).

132 In this paper we report a supplement to the stack and draw technique which we call the Stack,  
133 Seal, Evacuate, and Draw (SSED) method. By the controlled fusion of glass elements at the  
134 ends of the stack before it is drawn to cane or fiber, SSED allows different regions of the stack  
135 to be pressurized without any sealant. By presenting examples of fibers that we have fabricated  
136 using SSED (Fig. 3.), we demonstrate our method in three ways. First, by drawing the fiber  
137 shown in Fig. 3(a), we show that SSED can be used to draw an ARF from stack directly to fiber  
138 without the use of a sealant; second, by drawing the fiber shown in Fig. 3(b), we show that  
139 SSED can be used to make canes under pressure such that they are structurally similar to the  
140 fiber that they will be drawn into; finally, by fabricating the stack and fiber shown in Fig. 3(c-  
141 d), we show that SSED can be used to create new types of microstructured resonators  
142 ("resonator-canes" to be incorporated into a new stack) that require positive and/or negative  
143 pressure for their formation.

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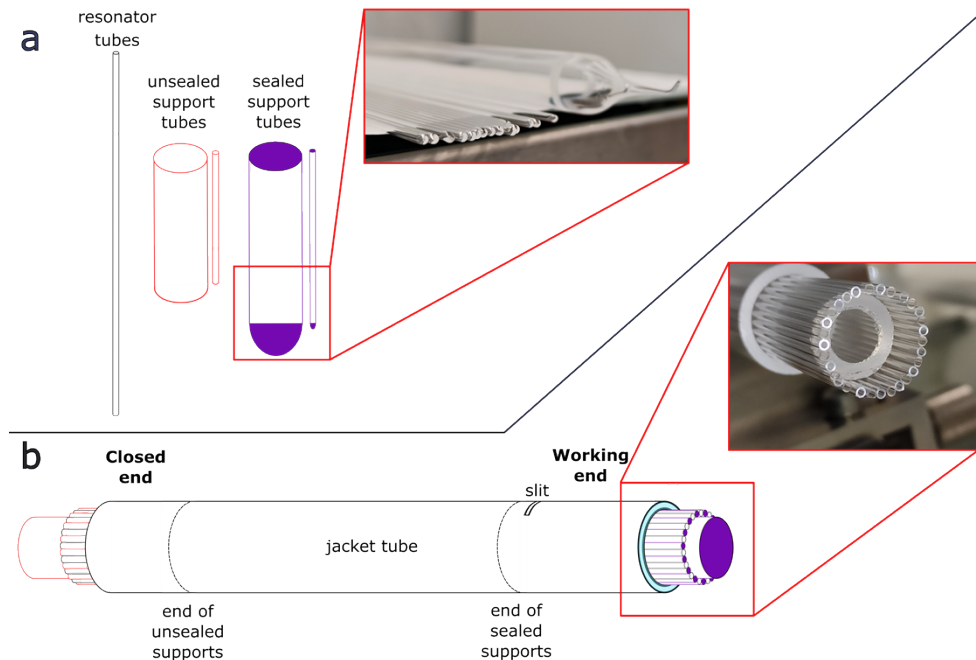
146 **2. Stack, seal, evacuate and draw**

147 **2.1 The method**

148 To demonstrate how to implement SSED, we drew a nodeless ARF with an outer diameter of  
149 300  $\mu\text{m}$  with a draw yield of 694 m per 10 cm of preform.

150 First, we stacked resonator and support elements into a meter long jacket tube. Prior to stacking,  
151 a small slit was cut 32 cm from one end of the jacket tube using a diamond saw. The resonator  
152 and support elements were then stacked inside the jacket tube in the usual way. An example  
153 stack is shown in Fig. 4(b). The purpose of the slit is to enable pressure to be applied to the  
154 interstitial air region inside the stack that surrounds the resonators and supports and includes  
155 the space that will become the fiber's core. For clarity, we will refer to the end of the stack  
156 closest to the slit as the *working end*, and the end furthest from the slit as the *closed end*.

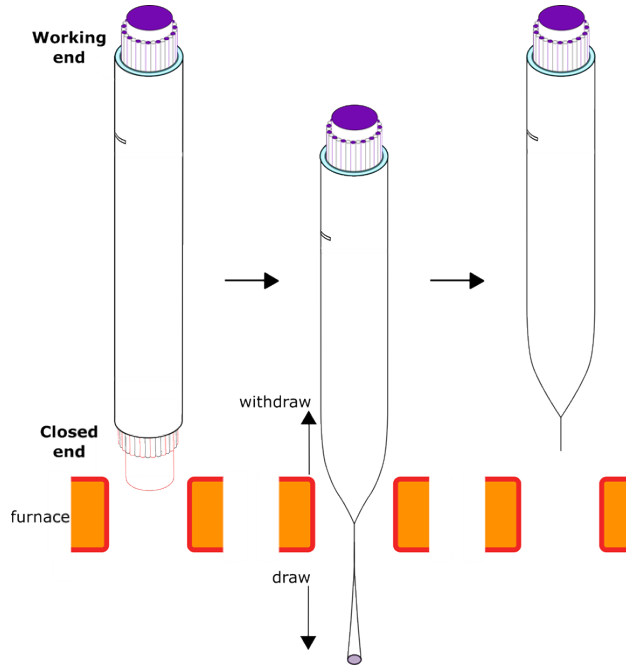
157 The supports at the working end of the stack were tubes sealed at the end inside the jacket tube  
158 prior to stacking, Fig. 4(a). This is because a negative pressure will be applied through the slit  
159 whilst the working end of stack is in the furnace. The tubular supports are required to keep the  
160 other stacking elements in position, so they need to be isolated from the negative pressure inside  
161 the jacket tube. Our support tubes were sealed by applying heat to one end using a hydrogen-  
162 oxygen torch, the central holes closing under surface tension. With proper management, solid  
163 rods can be used as the supports at the working end instead of sealed tubes, but rods are heavier  
164 and generate significantly more heat when the stack is in the furnace. The outer circumference  
165 of each end of the stack is heated using a hydrogen-oxygen torch to gently fuse the stack  
166 elements to the outer jacket and prevent them from slipping out under gravity.



167

168 Fig. 4. Schematic diagrams of the stacking elements (a) used to construct a nodeless ARF stack (b) that has been  
169 prepared for processing by SSED to fabricate a large, 15-resonator ARF without using a cane stage. The supports at  
170 the working end (indicated with purple shading) are tubes that were sealed at one end before they were stacked with  
171 the sealed end oriented into the stack. The inset photograph in (a) shows the sealed ends of the supports. The inset  
172 photograph in (b) shows the working end-face of the stack.

173 Next, we fed the stack into the furnace with the closed end at the bottom and started drawing  
174 the closed end into canes. No pressure was applied at this step. We periodically inspected the  
175 cross-section of the canes under an optical microscope. When the cross-section had become  
176 symmetrical, we sealed the closed end by continuing to draw down whilst simultaneously  
177 withdrawing the stack upwards from the furnace. The closed end of the stack now comprises a  
178 symmetrically-formed neck-down region, ending in a seal. Schematic diagrams of this step are  
179 shown in Fig. 5.



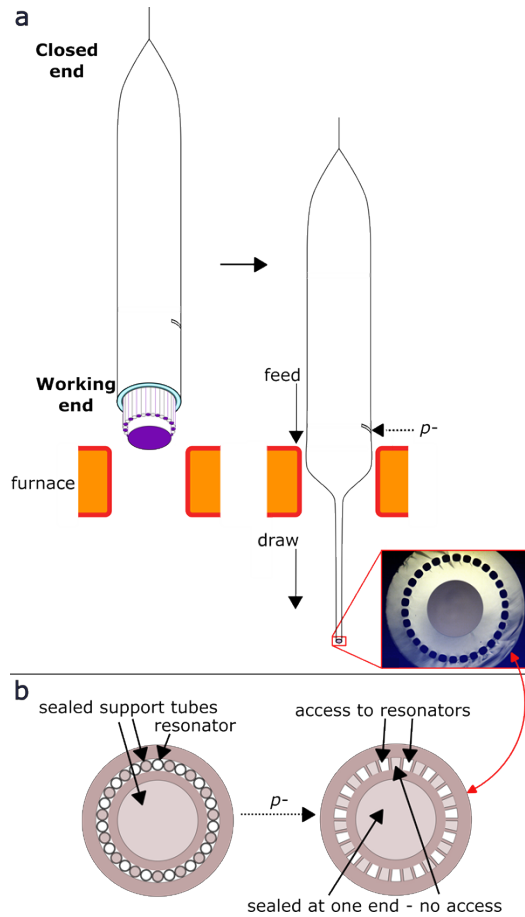
180

181 Fig. 5 Sealing the closed end of the stack by drawing it into canes whilst simultaneously withdrawing the stack upwards.

182 After sealing the closed end, the stack was flipped so that the closed end was at the top. We fed  
183 the working end into the furnace and started drawing it into canes while a negative pressure  
184 was applied through the slit to partially evacuate the interior of the stack. As the interior ends  
185 of any tubular supports were sealed prior to stacking and the ends of the resonator tubes  
186 protrude outside the jacket, the only part of the stack affected by the negative pressure was the  
187 interstitial air region surrounding the elements of the stack. The negative pressure therefore  
188 closed up the interstitial air region as the working end was drawn into canes, while leaving the  
189 resonator tubes and supports open. Once this was achieved (as verified by inspecting the drawn  
190 canes under the microscope) the stack was again withdrawn upwards from the furnace. Fig.  
191 6(a) is a schematic diagram of this step, including a cross-sectional micrograph of the working  
192 end after processing. Fig. 6(b) shows how the cross-section of the working end is modified.

193 Finally, to draw a fiber or a cane from the stack, the stack was flipped again so that the working  
194 end was at the top and the closed end at the bottom, and the working end was cleaved such that  
195 it had a flat end face. The glass at the working end had been fused so that there was only access  
196 to the resonator tubes (the support tubes being blind holes), and the slit on the side of the jacket  
197 tube allowed access only to the interstitial air region, which includes the eventual fiber core.  
198 The result was a preform where the core space and the resonator holes were blocked from one  
199 another. Hence, the core space and resonators could be selectively pressurized, through the slit  
200 and through the working end respectively, but without the use of sealants.

201



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Fig. 6. (a) A negative pressure is applied to the slit whilst the working end is drawn into canes. The slit only provides access to the interstitial air region in the stack, so this alone closes where the glass is heated by the furnace. The inset is a micrograph of the prepared working end, showing the new cross-sectional structure after the end-face has been cleaved. The outer diameter of the end-face is 2.5 mm. (b) Schematic cross-sections of the working end before and after closing the interstitial air region, where the supports are tubes with their interior ends sealed. The holes visible at the working end in (a) alternate between (open) resonators and (sealed) supports.

209

### 3. Applications of SSED

210

#### 3.1 Drawing an SSED stack direct to fiber

211

The first example application of SSED is to draw the stack described in the previous section directly to fiber, while applying a positive pressure to the resonators through the working end. A different positive pressure can also be applied the interstitial air region (including the core) through the slit cut into the jacket, Fig. 7(a). Pressure is applied to the preform via brass fittings that are attached to it using either PTFE thread seal tape or rubber O-rings. Most but not all (approximately 60%) of the preform could be drawn to fiber because the slit, and therefore any part of the stack above it, cannot be drawn through the furnace.

218

To show the value of this application of SSED, we drew 1 km of fiber using 24% of the usable 60% of the stack. 470 m was drawn whilst adjusting the pressures and other draw parameters to optimize the structure of the fiber, and the remaining 530 m of fiber was uniform optimized fiber. The fiber, Fig. 7(b), was designed to guide light with a wavelength of 3  $\mu\text{m}$  between the first and second resonances and was fabricated to be multimode, using the principles outlined in [25]. Table 1 compares the fiber geometry of one end of the 530 m to the other, showing that the fiber microstructure remained stable throughout the draw.

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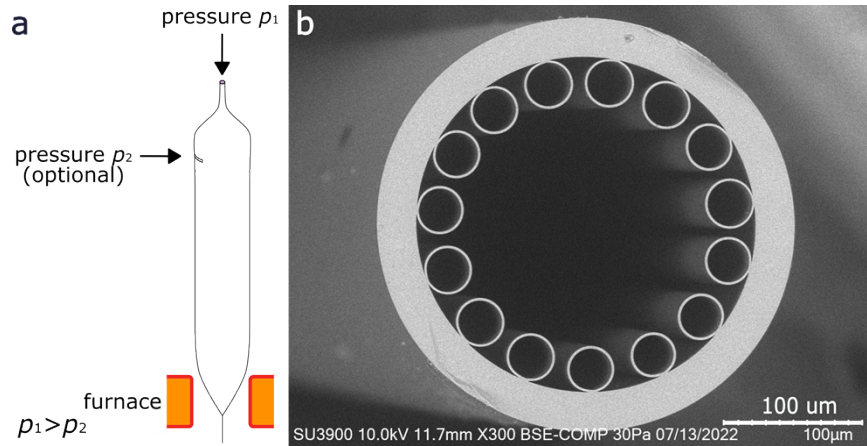


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**Table 1. Comparing the geometry of each end of the 530 m length of fiber.**

	Start of fiber			End of fiber		
	Minimum	Maximum	Average	Minimum	Maximum	Average
Core diameter / $\mu\text{m}$	$172 \pm 1$	$177 \pm 1$	$174 \pm 3$	$170 \pm 1$	$176.3 \pm 0.8$	$174 \pm 4$
Resonator diameter / $\mu\text{m}$	$32.1 \pm 0.3$	$35.0 \pm 0.2$	$34 \pm 1$	$31.3 \pm 0.4$	$34.5 \pm 0.2$	$33.2 \pm 0.8$
Resonator thickness / $\mu\text{m}$	$2.00 \pm 0.02$	$2.35 \pm 0.06$	$2.20 \pm 0.18$	$2.16 \pm 0.13$	$2.45 \pm 0.05$	$2.25 \pm 0.21$

226 We did not have time to draw more than 1 km of fiber in our fabrication session, but a  
 227 continuous 4.1 km length of the fiber could have been drawn from the SSED preform, including  
 228 the portion that is drawn in the process of optimizing the structure of the fiber. If the stack had  
 229 first been drawn to a cane with the representative diameter of 7 mm and representative length  
 230 of 1 m, the total continuous length of fiber that could be drawn is 490 m (assuming 90% of the  
 231 length of the cane were drawn into fiber).



232

233 Fig. 7. (a) Drawing the stack to fiber whilst applying a positive pressure to the resonators through the working end.  
 234 The core can also be pressurized through the slit to maintain a constant pressure differential between the cladding and  
 235 the core. (b) An optical micrograph of a 15-resonator, multimode nodeless ARF with an outer diameter of 300  $\mu\text{m}$  that  
 236 we drew directly from stack to fiber without using sealant.

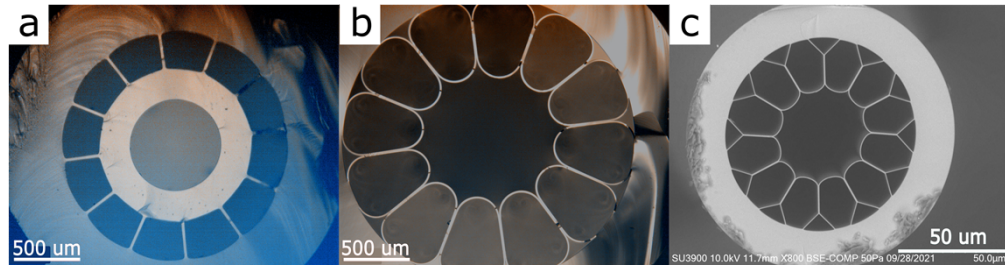
237

238 **3.2 Making canes with a similar structure to the intended fiber**

239 The second example is to draw an SSED stack to cane instead of fiber under positive pressure  
 240 (as described in section 3.1). Two-stage drawing via a cane is necessary for smaller fibers  
 241 guiding shorter-wavelength light while controlling the microstructure [23]. (The fiber of the  
 242 previous section guided mid-IR light.) Since the deformation under surface tension of an ARF's  
 243 microstructure as it is drawn is an inherently unstable process, it can be helpful to minimize the  
 244 necessary deformation by making the cane as similar as possible to the desired fiber. This  
 245 requires the application of pressure to the stack as it is drawn to cane, which is enabled by  
 246 SSED. The ability to pressurize a cane gives an extra element of control over the two-stage  
 247 fabrication process.

248 The example in Fig. 8 was part of a study of novel fiber designs. The stack had 12 resonator  
 249 tubes that were allowed to expand by the application of positive pressure as the stack was drawn  
 250 to cane. This is like the 'ice-cream cone' structure with an increased number of cladding  
 251 elements [26,27]. Drawing the canes under pressure using SSED allowed us to control their

252 internal structure to replicate that of the intended fiber, but on a larger scale. Hence, the cross-  
253 sectional structure of the cane in Fig. 8(b) and the fiber in Fig. 8(c) are very similar.  
254



255  
256 Fig. 8. (a) A cross-sectional optical micrograph of an SSED stack's working end, designed so that it could be drawn to  
257 canes under positive pressure. The cladding has twelve touching elements, so the stack includes twelve resonators and  
258 one sealed central support. (b) A cross-sectional optical micrograph of a cane drawn under positive pressure from the  
259 stack. (c) An SEM image of ARF drawn under pressure from the cane.  
260

### 261 3.3 Microstructured resonators

262 The final example is the drawing of microstructured resonators from an SSED stack. Whereas  
263 in the previous examples the resonators were simple tubes, here we first need to draw individual  
264 compound resonators as canes from a stack. These resonator canes are then used instead of  
265 simple tubes as elements within another stack. For this example (again part of a study of novel  
266 fiber designs) the resonators have an inner and an outer tube, both of antiresonant thickness.  
267 However, unlike a nested structure where inner and outer tubes contact each other directly and  
268 so are not concentric, here we hold the inner tube centrally inside the outer tube using thin silica  
269 struts.



270  
271 Fig. 9. (a) An optical micrograph of a microstructured resonator drawn using SSED. (b) A photograph of a stack  
272 incorporating the microstructured resonators, ready to be drawn into canes using another SSED step. The stack has a  
273 25 mm outer diameter. (c) An optical micrograph of an ARF with microstructured resonators.

274 To make the microstructured resonators, we applied the SSED method on a stack comprising a  
275 ring of 8 smaller tubes packed snugly between a larger central tube and the outer jacket. The  
276 stack was drawn to resonator canes, Fig. 9(a), while completely closing the interstitial air region  
277 under negative pressure. Next, we assembled a new stack from the resonator canes and support  
278 tubes, Fig. 9(b), applied the SSED method to it, drew the stack into cane under positive  
279 pressure, and in turn drew the cane to fiber, Fig. 9(c).

280 We recognize that the nodes in this structure are likely to be detrimental to optical performance.  
281 However, we included this example to show that SSED allows non-circular structures to be  
282 fabricated more easily than would be possible using conventional techniques because it enables  
283 a stack to be drawn under pressure without the use of any sealants. SSED therefore opens new  
284 possibilities in the fabrication of antiresonant fibers with microstructured resonators; we are no  
285 longer limited to resonators with a circular cross-section, nor to nested structures.

286 **4. Conclusions**

287 We have described the SSED fabrication method that allows an ARF stack to be selectively  
288 pressurized without using a sealant to isolate hollow regions of the stack from one another.  
289 Instead, controlled fusion of glass elements at either end of the stack performs this purpose.  
290 Using examples of fibers that we have fabricated using SSED, we demonstrated three  
291 advantages that our method has over the unimproved two-stage stack and draw technique.  
292 SSED can be used to draw directly from stack to ARF without a cane stage, allowing  
293 significantly longer lengths of fiber to be collected than possible from a cane. SSED can also  
294 be used to draw canes under pressure such that they are structurally similar to the fiber they  
295 will be used to create. Finally, SSED can be used to create new types of microstructured  
296 resonators that would be impossible to fabricate without a means to draw a stack under positive  
297 and negative pressure.

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301 **Disclosures.** The authors declare no conflicts of interest.

302 **Data availability.** Data underlying the results presented in this paper are in Ref. [28].

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