RUSHWORTH, G.F., JEBARA, T., TONNA, A.P., RUDD, I., STEWART, F., MACVICAR, R. and CUNNINGHAM, S. [2022]. General practice pharmacists' implementation of advanced clinical assessment skills: a qualitative study of behavioural determinants. *International journal of clinical pharmacy* [online], (accepted). To be made available from: <u>https://doi.org/10.1007/s11096-022-01484-7</u>

General practice pharmacists' implementation of advanced clinical assessment skills: a qualitative study of behavioural determinants.

RUSHWORTH, G.F., JEBARA, T., TONNA, A.P., RUDD, I., STEWART, F., MACVICAR, R. and CUNNINGHAM, S.

2022

This version of the article has been accepted for publication after peer review. The version of record will eventually be made available from <u>https://doi.org/10.1007/s11096-022-01484-7</u>



This document was downloaded from https://openair.rgu.ac.uk



1 General Practice Pharmacists' implementation of Advanced Clinical

2 Assessment skills: a qualitative study of behavioural determinants

3 Authors:

- 4 Gordon F Rushworth^{*}, Tesnime Jebara, Antonella Pia Tonna, Ian Rudd, Fiona
- 5 Stewart, Ronald MacVicar, Scott Cunningham.
- 6

7 Author affiliations:

- 8 Gordon F Rushworth MPharm MSc FFRPS FRPharmS (Consultant),
- 9 <u>ext.rushworth1@rgu.ac.uk</u>, School of Pharmacy and Life Sciences, Robert
- 10 Gordon University, Aberdeen, UK. AB10 7GJ and Highland & Islands Pharmacy
- 11 Education & Research, NHS Highland, Inverness, IV2 3JH.
- 12 Tesnime Jebara PhD, jebtesnime@gmail.com, School of Pharmacy and Life
- 13 Sciences, Robert Gordon University, Aberdeen, UK. AB10 7GJ.
- 14 Antonella Pia Tonna BPharm (Hons) MSc PhD FHEA MRPharmS MFRPSII
- <u>a.tonna@rgu.ac.uk</u>, School of Pharmacy and Life Sciences, Robert Gordon
 University, Aberdeen, UK. AB10 7GJ.
- 17 Ian Rudd BSc MSc FRPharmS, <u>ian.rudd2@nhs.scot</u>, NHS Highland, Old Perth
- 18 Road, Inverness, UK, IV2 3JH.
- 19 Fiona Stewart BSc (Hons) MSc FRPharmS, <u>fiona.stewart@nhs.scot</u>, NHS
- Education for Scotland, 2 Central Quay, 89 Hydepark Street, Glasgow, UK, G38BW.
- 22 Ronald MacVicar MBChB FRCGP, <u>ronaldmacvicar@gmail.com</u>, Highland Pharmacy
- 23 Education & Research Centre, NHS Highland, Inverness, IV2 3JH.
- 24 Scott Cunningham BSc MSc PhD FFRPS FRPharmS, <u>s.cunningham@rgu.ac.uk</u>,
- 25 School of Pharmacy and Life Sciences, Robert Gordon University, Aberdeen, UK.
- 26 AB10 7GJ.
- 27

28 *Corresponding author:

- Gordon F Rushworth, ORCID 0000-0001-6085-6044, <u>ext.rushworth1@rgu.ac.uk</u>,
- 30 School of Pharmacy and Life Sciences, Robert Gordon University, Aberdeen, UK.
- AB10 7GJ and Highland & Islands Pharmacy Education & Research, NHS
- 32 Highland, Inverness, UK. IV2 3JH. ++44 1463 255036.
- 33

34 **CRediT author statement:**

- **Rushworth G**: Conceptualization, Funding acquisition; Investigation;
- 36 Methodology; Project administration; Formal analysis; Roles/Writing original

draft; Writing - review & editing. Jebara: Methodology; Data curation; Formal 37 analysis; Investigation; Roles/Writing - original draft; Writing - review & editing. 38 **Tonna AP**: Methodology; Data curation; Formal analysis; Investigation; Writing 39 - review & editing. Rudd I: Conceptualization, Funding acquisition; Writing -40 review & editing. **Stewart F**: Conceptualization, Resources, Writing - review & 41 42 editing; **MacVicar R**: Conceptualization, Resources, Writing - review & editing; 43 Cunningham S: Conceptualization; Data curation; Formal analysis; Funding acquisition; Investigation; Methodology; Project administration; Roles/Writing -44 original draft; Writing - review & editing. 45 Word Count 46

- 47 Abstract: 249 (max 250)
- 48 Paper: 3982 (max 4000)

- 50
- 50
- 51

52 General Practice Pharmacists' implementation of Advanced Clinical

53 Assessment skills: a qualitative study of behavioural determinants

54

55 **ABSTRACT**

56 **BACKGROUND:** The role of General Practice Clinical Pharmacists is becoming

57 more clinically complex. Some are undertaking courses to develop their skillsets.

58 **AIM** To explore potential behavioural determinants influencing the

59 implementation of skills gained from Advanced Clinical Examination and

60 Assessment courses by General Practice Clinical Pharmacists.

61 **METHOD:** This study used a qualitative methodology with theoretical

62 underpinning. General Practice Clinical Pharmacists in the Scottish National

63 Health Service, having completed an Advanced Clinical Examination and

64 Assessment course, were invited for online dyadic (paired) interviews. Informed

65 written consent was obtained. The interview schedule was developed using the

66 Theoretical Domains Framework and piloted. Interviews were recorded,

67 transcribed verbatim and analysed using a framework analysis. Ethics approval

68 was obtained.

RESULTS: Seven dyadic interviews were conducted. These included fourteen 69 pharmacist participants from eight Health Boards. Three main themes were 70 identified: 1. Factors influencing implementation of advanced clinical skills by 71 pharmacists; 2. Social and environmental influences affecting opportunities for 72 pharmacists in advanced clinical roles; 3. Perceptions of pharmacist professional 73 identity for advanced practice roles. Nine sub-themes provided a depth of insight 74 including; participants reporting courses allowed clinically autonomous practice; 75 participants shared frustration around social and environmental factors limiting 76 implementation opportunities; participants expressed a need for clarification of 77 professional identify/roles within current contractual mechanisms to allow them 78 to fully implement the skills gained. 79

CONCLUSION: This work identified numerous behavioural determinants related
to implementation of advanced clinical skills by pharmacists in general practice.
Policy, and review of implementation strategies are urgently required to best
utilise pharmacists with these skills.

Keywords – advanced practice, pharmacy, general practice, advanced 85

pharmacist practitioner, behaviours 86

87

IMPACTS ON PRACTICE 88

- Advanced Clinical Examination & Assessment (ACE) courses and the skills 89 • gained increase General Practice Clinical Pharmacist (GPCPs) confidence in 90 relation to implementation of knowledge, skills and behaviours required to 91 deliver advanced pharmacist practice. 92
- 93 ACE courses would seem key to development of a versatile Advanced Pharmacist Practitioner (APP) workforce in General Practice with 94 potentially significant impacts for delivery of primary care services. 95
- While ACE courses provide skills acquisition for advanced clinical 96 assessment, training programmes are needed to triangulate and embed 97 these skills and so support transition to autonomous APP-level practice.
- Policy, and review of implementation strategies are urgently required to 99 • ensure pharmacists that have gained advanced clinical assessment skills 100 can provide advanced clinical care to patients in support of existing 101 healthcare services. 102

103

104 General Practice Pharmacists' implementation of Advanced Clinical

Assessment skills: a qualitative study of behavioural determinants

106

107 INTRODUCTION

The role of qualified pharmacists continues to evolve and expand. To support 108 and sustain progression of practice there is an obvious need to simultaneously 109 develop educational programmes and governance structures to ensure safe and 110 effective care delivery. A recent global survey of country members of the 111 International Pharmaceutical Federation (FIP) reported that advanced pharmacy 112 practice frameworks were in use, or are being developed, in 58% (28/48) of 113 those countries [1]. Despite this, there continues to be high levels of variance as 114 to what would constitute advanced pharmacist practice, even within individual 115 countries [2]. 116

Legislation offers qualified pharmacists the opportunity to function as prescribers 117 in certain parts of the world – in particular; some provinces of Canada [3], 118 United Kingdom (UK), some states of the United States of America (USA) [4] 119 and South Africa [5]. The degree of prescribing autonomy and independence 120 which pharmacists are offered across the world varies in the extreme - from no 121 prescribing rights, through supplementary/complementary prescribing, to 122 independent autonomous prescribing. Within the UK, from 2026 onwards, all 123 newly qualified pharmacists will have legal independent prescribing rights at 124 point of registration [6]. Therefore, in the UK, the right to prescribe itself will not 125 be considered advanced practice. Supporting this concept, the Royal 126 Pharmaceutical Society (RPS) have included independent prescribing in their 127 recently published Post-Registration Foundation Curriculum which sets the 128 standard for entry-level pharmacists in the UK [7]. 129

Advanced pharmacist practice, therefore, is something different, expanding beyond prescribing. Forsyth & Rushworth have set out an opinion of what constitutes an advanced pharmacist role [8]. Central to this is the ability to make autonomous prescribing decisions where there is risk and uncertainty and where there is a limited evidence base. They go on to note that the advanced pharmacist should be able to act upon their own clinical assessment findings and investigate, diagnose, prescribe (where necessary) and manage patients through 137 full episodes of care. The standards expected at this level of practice are set out

within the RPS Core Advanced [9] and Consultant [10] Curricula.

139

If patients and the public are to be assured of the quality of the prescribing 140 pharmacist clinician workforce, then Governments, Regulators, service providers 141 and educational bodies need to consider how to equip pharmacists with the 142 143 necessary additional clinical skillsets. The Chief Nursing Officer for the Scottish Government has written policy to support the requirements for working as an 144 Advanced Nurse Practitioner (ANP) in a variety of care settings [11, 12]. As part 145 of the educational governance for these roles, all ANPs are required to complete 146 a Master's level advanced course [13]. Advanced Clinical Examination & 147 Assessment (ACE) courses are taught as modules within these MSc programmes 148 and teach advanced clinical history taking and clinical examination of various 149 physiological systems i.e.: cardiovascular; respiratory; gastrointestinal; 150 musculoskeletal; neurological; ear, nose & throat; and ophthalmology. ACE 151 152 courses also teach advanced clinical decision-making, such that practitioners can act on the finding of their clinical history and examination. ACE courses are 153 available from numerous Higher Education Institutions. 154

155

At present, advanced clinical assessment skills training is absent from most 156 Scottish undergraduate and postgraduate pharmacy curricula and currently 157 limited to ad hoc pharmacist experiences. Therefore, the effect of exposure to 158 159 this type of training is currently poorly understood within pharmacy. The style of patient interaction within the general practice setting lends itself to autonomous 160 clinical practice. Consultations tend to be had on a one-to-one basis, and while 161 the wider team opinion can always be sought, it is imperative that clinicians 162 working in primary care are able to function autonomously within this 163 environment. General Practice Clinical Pharmacists (GPCPs) have been rolled out 164 across the National Health Service (NHS) in Scotland to support clinical care 165 delivery [14]. Some of these GPCPs have opted to undertake the ACE courses 166 described above to support their transition to advanced level practice but, as 167 168 yet, there has been no formal exploration of the potential behavioural determinants influencing implementation of advanced skills. 169

171 **Aim**

- 172 To explore potential behavioural determinants influencing the implementation of
- skills gained from ACE courses by GPCPs.
- 174

175 Ethics Approval

- 176 Ethics approval was granted by the Robert Gordon University School of
- 177 Pharmacy and Life Sciences ethics review committee (Approval Number: S283;
- 178 23/Nov/2020). West of Scotland NHS Research Ethics Committee confirmed
- 179 NHS ethics was not required.

181 **METHOD**

- The research was undertaken according to an interpretivist philosophy usingqualitative research methodology.
- 184

185 Setting

186 General [Family] Practice (GP) within NHS Scotland.

187

188 Sampling and recruitment

Pharmacists working in Scottish GP practices providing patient facing/clinical services as independent prescribers, having at any time previously undertaken an ACE course, were eligible to participate and included in the study. Secondary care-based pharmacists providing 'outreach' services to GP practices were excluded.

194

There is, to the knowledge of the project team, no single collated source of 195 pharmacists that have completed an ACE course in Scotland. To identify GPCPs 196 who have completed an ACE course and to ensure as many eligible participants 197 as possible were included, Chairs or Leads for key groups representing service, 198 education and academia in Scotland [Directors of Pharmacy; Primary Care 199 Pharmacists Leads (SP3A); Schools of Pharmacy; NHS Education for Scotland] 200 were asked to email their groups with study invite. Those interested in 201 participating were asked to respond via email. All eligible respondents were then 202 emailed the participant information leaflet and consent form to their work emails 203 (TJ). If no response was received within two weeks, a reminder email was sent. 204 If agreeing to participate, a convenient date and time for the interview was set 205 and informed consent obtained (TJ). 206

207

208 Development of interview schedule

209 This work was underpinned by the Theoretical Domains Framework (TDF) [15].

210 This summarises key elements of 33 theories and proposes that determinants of

- 211 behaviour cluster into 14 domains. It was initially developed for implementation
- research to explore behaviours related to evidence-based medicine

implementation [16]. The interview schedule was developed using the TDF [15] 213 214 with those domains most relevant to the research aim and questions included (see supplementary material). The TDF was employed in all stages of the 215 research including developing the interview schedule, analysis, and reporting of 216 findings. The interview schedule was reviewed for face and content validity by 217 all research team members including: pharmacists, GPs, academics and 218 educationalists and then piloted prior to use. No changes were made so the 219 220 results from the pilot were included in the final dataset.

221

222 Data collection

223 Dyadic interviews were conducted by a trained researcher (TJ) using video conferencing (Zoom Meeting), digitally recorded then transcribed verbatim and 224 checked for accuracy by the research team using repeated listening and review 225 226 of transcripts to ensure dependability. Data collection ran in the period of June-August 2021. Dyadic interviews were chosen over individual interviews since 227 they allow participants to share and discuss ideas or issues [17]. They also offer 228 229 more opportunity than focus groups for in-depth exploration of participant experiences, opinions and recommendations, thus enriching the data generated 230 [18]. Participants were allocated at random to dyads – the principal link between 231 participants was their interest in the research topic [19]. 232

233

234 Data Analysis

Framework analysis was undertaken using the TDF as the thematic framework 235 following the steps outlined by Ritchie and Spencer [20]. All interviews were 236 coded based on the domains of the TDF before being examined for further sub-237 themes within each domain. The analysis was performed by at least two 238 independent team members (TJ and either AT, GR, or SC), with any 239 240 disagreements resolved through discussion. Illustrative quotes were selected through team discussion. Data saturation was tested using the principals of the 241 approach described by Francis et al [21]. Initially, six interviews were completed 242 243 and analysed thematically. An additional interview was then conducted and analysed to ensure that no further themes emerged. Data were managed using 244 NVivo software [version 20, QSR International]. The Consolidated Criteria for 245

- 246 Reporting Qualitative Studies (COREQ) was followed in reporting findings of this
- 247 study [22].

249 **RESULTS**

250 Seven dyadic interviews containing two participants each were conducted with

- 251 14 GPCPs. Participants practiced in eight of the 14 Scottish Health Boards
- covering approximately 74% of the Scottish population including: Greater
- 253 Glasgow & Clyde; Grampian; Highland; Lanarkshire; Lothian; Orkney; Shetland;
- and Tayside. The mean age was 41.14 years old, 57% (n=8) were female, and
- 255 74% (n=10) were >10 years post-registration. Each dyadic interview was
- approximately 60 minutes long. All pharmacists who responded to the invite
- 257 were interviewed.
- Three main themes were identified with a total of nine sub-themes. These are considered in turn below, with provision of illustrative quotes.

260 Theme 1: Factors influencing implementation of advanced clinical skills 261 by pharmacists

- 262 Key sub-themes presented below are linked to the following TDF domains:
- 263 Knowledge; Skills; Memory attention and decision process; Beliefs about
- 264 consequences; Behavioural Regulation.
- Continuum of development: the ACE course allowed participants to build on
 the knowledge and skills from their prescribing course and increased their self perceived capability and confidence in implementation of autonomous clinical
 decision-making.
- 269 "I didn't really feel when I came out of independent prescribing qualification
 270 that I was anywhere near as confident as I am now." P4
- 271
- Advanced clinical skills gained: Participants noted the course completely
 changed their decision-making matrix in relation to clinical problems.

- 274"Instead of seeing them as their tablets, you see them much more as a275person [...] just even having started the course, I'm already thinking
- 276 completely differently." **P9**

As a consequence, participants believed that it enabled them to adopt a holistic approach when reviewing patients, allowing them to provide safer care.

"[ACE skills] will allow me to manage patients more autonomously in a more
 holistic fashion [...] will allow me to prescribe in a safer manner as I will be
 more aware of red flags and differential diagnosis." – P9

282

Boundaries of practice: Participants believed another consequence was that
 completing an ACE course highlighted their need for continued preceptored
 multidisciplinary (MDT) support after the course to embed the skills gained in
 clinical practice.

287 "The risk of it is that you kind of feel that I've done this now [ACE course],
288 I shouldn't be asking any questions, or I shouldn't be utilising other people's
289 knowledge, when actually that's absolutely not the way to be going." - P10

290

- *Vision for integration:* Participants articulated a factor aligned to regulation of
 behaviours through describing the need for a clear vision to encourage greater
 integration of pharmacists with advanced clinical skills to capitalise on the
 learning and aid implementation in practice.
- "[We need] clear vision of how this will be useful to others so we can get
 support, get buy in." P9

297

Theme 2: Social and environmental influences affecting opportunities for pharmacists in advanced clinical roles

- 300 Key sub-themes presented below are linked to the following TDF domains:
- 301 Environmental context & resources; Social influences.

- 302 Limited number of pharmacists in advanced practice roles: participants
- 303 described an environment and expressed concern around limited numbers of
- 304 pharmacists undertaking the course and how this might affect personal and
- 305 wider professional opportunities for implementation of these skills.
- 306"We still aren't seeing enough pharmacists through it. It's quite307disappointing [...] the value is clearly obvious to people who've done it, but308it's not permeating through the workforce." P13
- 309 "Nothing's changed since we've completed it so we're trying to forge our
 310 role." P4
- 311 *Course delivery modality:* in relation to resources available, most participants
- 312 expressed a preference for face-to-face multidisciplinary courses to aid the
- 313 acquisition of practical skill, which was thought to aid implementation in practice.
- 314 "I found the mix quite good [...] to learn from each other." **P8**
- "It's a course that you're looking to gain the actual clinical examination skills
 and that's something that's crucial to be doing in a face-to-face capacity."
 P14
- 318

319 *Macro, meso, and micro-level socio-institutional influences:* most

- participants highlighted influences at a wide range of social-institutional levels
- 321 describing the limited opportunities to utilise the skills learnt as obstructing the
- 322 implementation. There was an indication that the reasons for this were
- 323 complicated and multifarious.
- 324 "I think the new [primary care GMS 2018 [23]] contract has probably
 325 taken us a slight step backwards because we were really moving into the
 326 clinical patient-facing sphere in general practice, and then
 327 pharmacotherapy came forward." P2
- "I work in three different practices, one of them is extremely supportive,
 [...] At another one, I have to go and seek out support, but if I seek it out,
 they are willing to give it to me. And the third one isn't supportive. It's very
 stressful [...] I'm keen and I want to do this." P9
- 332

- 333 Limited understanding of what pharmacists' offer in terms of clinical service
- delivery following course completion was a commonly reported perception at
- practice, line management, Health Board and Government level.
- "I think health boards have a responsibility [...] to try and work [...] to get
 that message out around 'we have pharmacists with these skills, they are
 going to be able to do this'." P10
- 339 "I think that is what's needed, something from higher up, from Scottish
 340 Government level to promote pharmacists extended roles and what the
 341 benefits will be." P11
- 342
- Participants were hopeful that future changes to Government Policy would create
 a supportive environment for the implementation and embedding of advanced
 skills.
- "Our work is very much aligned with the GP practice contracts. They will be
 influenced by Scottish Government [...] I'd be quite confident that in another
 two/three years' time, people be working at more advanced roles." P12

349

- Likewise, participants felt that the RPS Advanced and Consultant Curricula may
- influence the implementation of advanced roles in practice.
- 352 "The RPS advanced practice and consultant practice frameworks are coming
 along so that can be hopefully utilised to help grow that image [...] There
 are lots of people out there that didn't really know what a pharmacist can
 do." P10

- Some had concerns about matters related to organisational governance with
 articulation of concerns around higher clinical risk and higher indemnity costs
 which could act as a barrier to implementation.
- We need to pay for indemnity and that comes out of the pharmacist's
 pay, it's not paid for by anybody else." P10

366 "As long as you can deliver what they need; assessment, history-taking,
367 plan, reassurance, they take that as they would take it from another
368 professional." - P13

369

362

Theme 3: Perceptions of pharmacist professional identity for advanced practice roles

- 372 Key sub-themes presented below are linked to the following TDF domains:
- 373 Social/professional role and identity; Beliefs about capabilities; Emotions.

374 *Pharmacists' professional identity in advanced practice roles:* most

- 375 participants expressed frustration over the currently available career options for
- 376 GPCPs, which did not cater for integration of ACE course skills leaving
- 377 pharmacists feeling deflated about the future and alienated.
- 378 "We've also got a service direction that isn't necessarily pushing people into
 379 a patient-facing clinical role." P13
- "You don't want to be sitting all day doing acutes and med rec [...] you do
 want to be managing [...] complicated, complex patients and using your
 prescribing skills in a much more patient focused kind of way." P9

- 384 They noted a lack of understanding of their new advanced roles by other
- 385 healthcare professionals and management, some of which was attributed to the
- lack of clearly defined roles for advanced pharmacists but affected their ability to
- 387 implement.

"I've completed the course and I know what it means, but I don't necessarily think that [GPs] know what it means [...] They don't have an appreciation of how they could use me." – P6
"I feel I didn't have support from immediate line management because they just didn't understand." – P3
"I feel definitions of what different pharmacists at different levels in the primary care team do hasn't really been drawn." – P4

- Participants felt senior leadership need to define these roles to optimiseutilisation of these pharmacist advanced skills.
- 398"There was no definition of what I was supposed to be doing. I was399supposed to have a clinical case load, I hadn't." P1

400 "It needs a little bit of drive from the top, and it needs more in the way of
401 organisation." - P5

- *Pharmacists' self-perceptions of advanced practice role:* Linking to TDF
 domains emotions and beliefs about capabilities the course was considered to
 increase pharmacists' competence and confidence. However, some participants
 expressed frustration about deskilling and erosion of capability, especially if they
 were unable to implement skills in a timely manner once qualified.
- "I'm getting frustrated because, as the months go, the confidence in your own ability diminishes exponentially." P6
 "Not to be in a position to use [ACE skills] is incredibly frustrating [...] People do this because they want to have that clinical patient facing role." P8

413 **DISCUSSION**

414 Statement of key findings

This work provides data on the potential behavioural determinants influencing
implementation of ACE course skills in GPCPs. Key findings relate to the three
main themes.

Factors influencing implementation of advanced clinical skills by pharmacists: The ACE course allowed participants to develop knowledge and advanced clinical skills capabilities beyond the scope of traditional pharmacist roles. Those able to use the skills in practice, post-course, reported managing patients with a higher degree of clinical autonomy. Participants described the need to be embedded in an MDT environment and for supervised triangulation of clinical skills and decision-making in practice to aid implementation.

Social and environmental influences affecting opportunities for pharmacists in advanced clinical roles: Participants expressed frustration about a range of factors that hindered implementation which were out with their control. There was a clear feeling that Government policy was required to support advanced pharmacist practice. To optimise the opportunity for utilisation of pharmacists' augmented advanced clinical skillsets, there is a need for senior leadership at local and national level to define and normalise these roles.

Perceptions of pharmacist professional identity for advanced practice roles: a
widespread limited understanding of advanced pharmacist professional identity
was seen as a significant barrier to integration and implementation of these roles
into current clinical care teams and demotivating in terms of development of
advanced practice roles. This has left some of these innovators feeling a degree
of alienation within the profession and wider healthcare team.

438

439 Strengths and Weaknesses

440 Strengths of this research included using robust theory-driven qualitative 441 approach at all steps. Similarly, having an MDT research team benefitted

development and testing of topic guide, trustworthiness and applicability of the 442 research. GPCP participants came from a spread of diverse geographical areas 443 and health boards, were exposed to different courses and modalities of teaching 444 and were able to give a breadth of views. Multiple techniques were employed to 445 ensure the robustness of the research and enhance its trustworthiness [24]. To 446 address reflexivity in relation to the impact of personal experiences on research 447 outcomes, differing views were reconciled through iterative discussion within the 448 449 MDT research team and bracketing of views.

450

Limitations of this research included the small numbers of participants. However, data saturation was reached using an established method [21]. It is also possible, due to the recruitment methods, that some pharmacists may not have been recruited, missing their views. Some aspects of this research may not be directly transferable to other settings or countries, especially those without pharmacist prescribing rights.

457

458 Interpretation

459 Factors influencing implementation of advanced clinical skills by 460 pharmacists

The positive impact of pharmacists developing and implementing advanced 461 clinical skills has been demonstrated in other sectors of practice - notably 462 463 Emergency Departments (ED). One study found pharmacists with advanced clinical skills training were able to deal with more than seven times the number 464 of ED presentations as pharmacist prescribers without (5202 vs 719, 465 respectively) [25]. The training programme used [26] has broad similarities with 466 the ACE course reported here, allowing pharmacists to operate beyond 467 "traditional" models of care, as "practitioners"; being responsible for whole 468 episodes of holistic care [27]. This blended skillset enables a versatile workforce, 469 optimising what pharmacists can offer patients and the healthcare system in 470 general. Similar to the GPCP cohort, the effectiveness of pharmacists in these 471 472 advanced roles is positively correlated with the supportiveness of the learning environment [28]. 473

The GPCP cohort in this study identified the need for a similar "wrap-around" 474 supervised structured training programme to facilitate development. Participants 475 asked for supervision post-ACE qualification so they could undertake their skills 476 with clinical supervision to aid transition to more autonomous practice across the 477 spectrum of presentations they would be expected to cover. Preceptorship 478 models should be explored to affect the clinical supervision of pharmacists in 479 these advanced training roles [29]. Furthermore, participants identified that the 480 481 RPS Advanced Pharmacist Curriculum may be beneficial in setting the standard for advanced practice and consideration should be made to align any future 482 programmes with this [8, 9]. 483

484

485 Social and environmental influences affecting opportunities for 486 pharmacists in advanced clinical roles

487 There is an obvious opportunity to development a similar model to that described above for ED, but within general practice. An "Advanced Pharmacist 488 Practitioner" (APP) model could equip general practice with a modern, dynamic 489 490 and responsive generalist clinician that offers versatility to service. In addition to traditional clinical therapeutics, polypharmacy and medicines management 491 systems work, an APP could clinically cover urgent and emergency presentations 492 and lead on the management of patients with long-term conditions. The skills 493 developed on the ACE course form the prerequisite skill-base required for the 494 APP role, including those skills required to assess and manage undifferentiated 495 generalist presentations across the age and acuity spectrum. In doing so, this 496 would address the concerns many participants had regarding the limited 497 opportunities for pharmacists in advanced roles in general practice, while also 498 establishing this type of advanced practice as a social norm. 499

500 Effectiveness of previous capability frameworks to develop advanced pharmacist 501 practice have been limited [30]. Participants spoke of role suppression under the 502 current GMS 2018 (primary care) contract [23]. Organisational, structural, and 503 cultural barriers to the delivery of advanced pharmacist practice in the general 504 practice setting have been reported in the UK before [31]. Critical to the agency 505 of pharmacists to innovate, must be the inclusion of augmented skillsets, as 506 described here, in subsequent Government policy. It is proposed, therefore, that 507 the role of the APP in general practice be defined in Government policy, funded,

and a structured training programme be commissioned for their development.

509

510 *Perceptions of pharmacist professional identity for advanced practice* 511 *roles*

Globally, there is variation as to what would, could or should constitute an
Advanced Pharmacist model [2, 32]. This lack of clarity makes the discussion
and common understanding of a generalised and globally relevant professional
role and identify with defined skillset difficult, if not impossible [28]. Participants
in this research highlighted a demotivating aspect related to concerns about the
professional identity and lack of understanding of pharmacists in advanced roles.
This seemed to be an inter and intraprofessional issue.

Misalignment between innovative advanced practice and the clinical scope of the 519 current GMS 2018 contract has led to policy alienation within this cohort. Policy 520 521 alienation has been described as a 'disconnection' comprised of two core components: 'powerlessness' - when workers feel they are unable to input 522 based on their experience, or have no flexibility for implementation; and 523 'meaninglessness' - when workers question the value of the policy to [in this 524 case] patients and health services [33]. Policy alienation has been observed 525 within other UK health service contexts too [34]. 526

527

528 Further Research

529 Consideration should be given to how best to develop techniques that link to 530 each of the themes identified to support behavioural change.

531 Further research is required to inform the design and evaluation of a training 532 programme for APPs which provides preceptored learning post-ACE course to aid 533 implementation of clinical skills in practice. Delivery and content should map to 534 Government policy to deliver an effective product to meet service need.

536 CONCLUSION

- 537 This work has identified a number of TDF-linked behavioural determinants
- related to implementation of advanced clinical skills by pharmacists in GP. ACE
- courses would seem to equip pharmacists with the prerequisite skills required for
- 540 APP-level service. Policy, and review of implementation strategies are urgently
- 541 required to ensure pharmacists with ACE skills can provide advanced clinical care
- 542 to patients in support of existing healthcare services.
- 543

544 Acknowledgments

545 The research team would like to thank the following individuals: all GPCPs who 546 gave their time to participate in this research; Postgraduate Pharmacy Dean at 547 NHS Education for Scotland Professor Anne Watson; Dr Rod Sampson, General 548 Practitioner, for support of this initiative.

- 549
- 550 **Funding:** This study was funded by NHS Education for Scotland.
- 551
- 552 **Conflicts of interest –** Nothing to declare.
- 553

554 **REFERENCES**

1. Bates I, Bader LR, Galbraith K. A global survey on trends in advanced 555 556 practice and specialisation in the pharmacy workforce. Int J Pharm Pract. 2020;28:173-81. 557 2. Frost TP, Adams AJ. Are advanced practice pharmacist designations really 558 advanced? Research in Social and Administrative Pharmacy. 559 2018;14:501-4. 560 3. Lewis J, Barry AR, Bellefeuille K, et al. Perceptions of independent 561 pharmacist prescribing among health authority- and community-based 562 pharmacists in Northern British Columbia. Pharmacy. 2021;9:1-8. 563 4. Berei T, Forsyth P, Balakumaran K, et al. Implementing nonphysician 564 provider guideline-directed medical therapy heart failure clinics: a multi-565 national imperative. J Card Fail. 2021;27:896-906. 566 5. Tonna A, Stewart D, McCaig D. An international overview of some 567 pharmacist prescribing models. J Malta Col Pharm Pract. 2008;14:20-6. 568 6. General Pharmaceutical Council. Standards for the initial education and 569 training of pharmacists. 2021; Available at: 570 https://www.pharmacyregulation.org/sites/default/files/document/standar 571 ds-for-the-initial-education-and-training-of-pharmacists-january-572 2021 0.pdf. Accessed Jan/20th, 2021. 573 7. Royal Pharmaceutical Society. Post-registration Foundation Pharmacist 574 Curriculum. 1st ed. London: RPS; 2021. 575 8. Forsyth P, Rushworth GF. Advanced pharmacist practice: where is the 576 United Kingdom in pursuit of this 'Brave New World'? Int J Clin Pharm. 577 2021;43:1426-30. 578 9. Royal Pharmaceutical Society. Core Advanced Pharmacist Curriculum. 1st 579 ed. London: RPS: 2022. 580 581 10.Royal Pharmaceutical Society. Consultant Pharmacist Curriculum. 1st ed. London: RPS; 2020. 582 11. Scottish Government. Paper 07: Transforming Nursing Roles - Advanced 583 584 Nursing Practice - Phase II: Transforming nursing, midwifery and health professions' (NMaHP) roles: pushing the boundaries to meet health and 585 586 social care needs in Scotland. 1st ed. Edinburgh: Scottish Government; 587 2021. 12. Scottish Government. Paper 08: Review of Clinical Nurse Specialist and 588 Nurse Practitioner Roles within Scotland: Transforming nursing, midwifery 589 and Health Professions' Roles: pushing the boundaries to meet health and 590 social care needs in Scotland. 1st ed. Edinburgh: Scottish Government; 591 2021. 592 13.Scottish Government. Paper 02: Transforming nursing, midwifery and 593 health professions roles: advance nursing practice. 1st ed. Edinburgh: 594 595 Scottish Government; 2017. 14. The Scottish Government. Achieving excellence in pharmaceutical care: a 596 strategy for Scotland. Edinburgh: Scottish Government; 2017. 597 15.Cane J, O'Connor D, Michie S. Validation of the theoretical domains 598 framework for use in behaviour change and implementation research. 599 Implem Sci. 2012;7:37. 600 16.Atkins L, Francis J, Islam R, et al. A guide to using the Theoretical 601 602 Domains Framework of behaviour change to investigate implementation problems. Implement Sci. 2017;12:1-18. 603 17. Creswell JW. Research design: Quantitative, gualitative and mixed 604 methods approaches. 4th ed. London: Sage Publications; 2014. 605

18. Morgan DL, Ataie J, Carder P, et al. Introducing dyadic interviews as a 606 607 method for collecting qualitative data. Qual Health Res. 2013;23:1276-84. 19. Morgan DL, Eliot S, Lowe RA, et al. Dyadic interviews as a tool for 608 gualitative evaluation. Am J Eval. 2016;37:109-17. 609 20.Ritchie J, Spencer L. Qualitative data analysis for applied policy research. 610 In: Bryman A, Burgess RG, editors. Analyzing Qualitative Data. Oxon: 611 Routledge; 1994. p. 173-194. 612 21. Francis JJ, Johnston M, Robertson C, et al. What is an adequate sample 613 size? Operationalising data saturation for theory-based interview studies. 614 Psychol Health. 2010;25:1229-45. 615 22. Tong A, Sainsbury P, Craig J. Consolidated criteria for reporting qualitative 616 research (COREQ): a 32-item checklist for interviews and focus groups. 617 Int J Qual Health Care. 2007;19:349-57. 618 23. The Scottish Government. The 2018 General Medical Services Contract for 619 620 Scotland. Edinburgh: Scottish Government; 2017. 621 24.Guba EG. Criteria for assessing the trustworthiness of naturalistic inguiries. ECTJ. 1981;29:75-91. 622 25. Hughes E, Terry D, Huynh C, et al. Future enhanced clinical role of 623 pharmacists in Emergency Departments in England (PIED-Eng): multi-site 624 observational evaluation. Int J Clin Pharm. 2017;39:960-8. 625 26. Health Education England. Multi-professional framework for advanced 626 clinical practice in England. 1st ed. London: HEE; 2017. 627 27.Greenwood D, Tully MP, Martin S, et al. The description and definition of 628 629 Emergency Department Pharmacist Practitioners in the United Kingdom 630 (the ENDPAPER study). Int J Clin Pharm. 2019;41:434-44. 28.Terry D, Ganasan S, Aiello M, et al. Pharmacists in advanced clinical 631 practice roles in emergency departments (PARED). Int J Clin Pharm. 632 633 2021;43:1523-32. 29.Knott GL, Mylrea MF, Glass BD. A scoping review of pharmacy preceptor 634 training programs. Am J Pharmaceut Ed. 2020;84:1322-34. 635 30. Preston K, Weir NM, Mueller T, et al. Implementation of pharmacist-led 636 services in primary care: A mixed-methods exploration of pharmacists' 637 perceptions of a national educational resource package. Pharm Pract. 638 2021:19:2440-9. 639 31.Seston EM, Schafheutle EI, Willis SC. "A little bit more looking...listening 640 and feeling" A qualitative interview study exploring advanced clinical 641 642 practice in primary care and community pharmacy. Int J Clin Pharm. 2022;44:381-8. 643 32. Shalansky S. The advanced pharmacist practitioner: a new series in the 644 Canadian Journal of Hospital Pharmacy. Can J Hosp Pharm. 2019;72:42. 645 33. Tummers LG. Policy Alienation and the Power of Professionals. 1st ed. 646 Cheltenham: Edward Elgar; 2013. 647 34. Tucker DA, Hendy J, Chrysanthaki T. How does policy alienation develop? 648 Exploring street-level bureacrats' agency in policy context shift in UK 649 telehealthcare. Hum Relat. 2021;1-28. 650