

Northumbria Research Link

Citation: Farhat, Hassan, Alinier, Guillaume, Gangaram, Padarath, El Aifa, Kawther, Khenissi, Mohamed Chaker, Bounouh, Sonia, Khadhraoui, Moncef, Gargouri, Imed and Laughton, James (2022) Exploring pre-hospital healthcare workers' readiness for chemical, biological, radiological, and nuclear threats in the State of Qatar: A cross-sectional study. *Health Science Reports*, 5 (5). e803. ISSN 2398-8835

Published by: Wiley-Blackwell


URL: <https://doi.org/10.1002/hsr2.803> <<https://doi.org/10.1002/hsr2.803>>

This version was downloaded from Northumbria Research Link:
<https://nrl.northumbria.ac.uk/id/eprint/49999/>

Northumbria University has developed Northumbria Research Link (NRL) to enable users to access the University's research output. Copyright © and moral rights for items on NRL are retained by the individual author(s) and/or other copyright owners. Single copies of full items can be reproduced, displayed or performed, and given to third parties in any format or medium for personal research or study, educational, or not-for-profit purposes without prior permission or charge, provided the authors, title and full bibliographic details are given, as well as a hyperlink and/or URL to the original metadata page. The content must not be changed in any way. Full items must not be sold commercially in any format or medium without formal permission of the copyright holder. The full policy is available online: <http://nrl.northumbria.ac.uk/policies.html>

This document may differ from the final, published version of the research and has been made available online in accordance with publisher policies. To read and/or cite from the published version of the research, please visit the publisher's website (a subscription may be required.)

Exploring pre-hospital healthcare workers' readiness for chemical, biological, radiological, and nuclear threats in the State of Qatar: A cross-sectional study

Hassan Farhat^{1,2,3}  | Guillaume Alinier^{1,4,5,6} | Padarath Gangaram^{1,7} |
Kawther El Aifa¹ | Mohamed Chaker Khenissi¹ | Sonia Bounouh¹ |
Moncef Khadhraoui⁸ | Imed Gargouri⁹ | James Laughton¹

¹Hamad Medical Corporation Ambulance Service, Doha, Qatar

²Faculty of Sciences, University of Sfax, Sfax, Tunisia

³Faculty of Medicine "Ibn El Jazzar", University of Sousse, Sousse, Tunisia

⁴School of Health and Social Work, University of Hertfordshire, Hatfield, UK

⁵Weill Cornell Medicine College, Doha, Qatar

⁶Faculty of Health and Life Sciences, Northumbria University, Newcastle upon Tyne, UK

⁷Faculty of Health Sciences, Durban University of Technology, Durban, South Africa

⁸Departement of Analytical Chemistry and Environmental Pollution, Higher Institute of Biotechnology, University of Sfax, Sfax, Tunisia

⁹Faculty of Medicine, University of Sfax, Sfax, Tunisia

Correspondence

Hassan Farhat, Hamad Medical Corporation Ambulance Service, Doha, Qatar.
Email: Hfarhat1@hamad.qa

Funding information

Qatar National Library

Abstract

Background: Hazardous Material—Chemical, Biological, Radiological, and Nuclear (HazMat-CBRN) incidents, though infrequent, are environmentally precarious and perilous to living beings. They can be deliberate or accidental or follow the re-emergence of highly contagious diseases. Successful management of such incidents in pre-hospital settings requires having well-trained and prepared healthcare workers.

Aims: This study aimed to explore the reliability and validity of a satisfaction survey, answered by Specialized Emergency Management (SEM) personnel from a national Middle Eastern ambulance service, with a "Hazardous Material Incident Management" course offered to them as a continuing professional development activity and seek their opinion regarding Hamad Medical Corporation Ambulance Service personnel needs for other HazMat-CBRN related training topics.

Method: In the cross-sectional study, we conducted an online satisfaction survey for this group of course participants to obtain their feedback as subject matter experts. Aiken's content validity coefficient (CVC) was calculated to assess the content validity. Cronbach's α coefficient was determined to explore the survey's reliability. IBM[®]-SPSS[®] version 26 was utilized to explore the data.

Results: The SEM satisfaction survey demonstrated important satisfaction with the implemented training with its robust reliability and content validity (Cronbach's α = 0.922 and CVC = 0.952). The participants also recommended additional related topics.

Conclusion: Sustaining and reinforcing the HazMat-CBRN Incident Management course was strongly recommended, considering the increase of HazMat-CBRN threats worldwide.

KEYWORDS

HazMat-CBRN, reliability, satisfaction, training, validity

This is an open access article under the terms of the Creative Commons Attribution License, which permits use, distribution and reproduction in any medium, provided the original work is properly cited.

© 2022 The Authors. *Health Science Reports* published by Wiley Periodicals LLC.

1 | INTRODUCTION

Hazardous Material (HazMat) and Chemical, Biological, Radiological, and Nuclear (CBRN) incidents are environmentally precarious and perilous to living beings. They can be deliberate or accidental or follow the re-emergence of highly contagious diseases such as the Ebola Virus Disease in West Africa in 2016 or, more recently, the novel Corona Virus (COVID-19).¹ The recent ammonium nitrate explosion in Lebanon in August 2020, which killed 204, injured over 6000 people and caused extensive damage leaving over 300,000 people homeless, exposed a lack of understanding of the risks associated with the incorrect storage of a volatile substance within a nearby residential area.² Over the last two decades, we have had enough experience to realize that terrorist attacks cross borders and are not limited to specific countries. Furthermore, the danger associated with their creative techniques, such as chemical and biological attacks, increases in likelihood as time passes.^{3,4} Undeniably, viruses can be weaponized and utilized in terrorist attacks, as was the case with Anthrax in the United States of America in 2001 and later.⁵

The State of Qatar is one of the leading players in liquid natural gas production and investment worldwide. It has a sizeable industrial activity network⁶ with four major industrial cities specializing in refining and liquefaction of gas, chemical plants, and manufacturing goods that require gas as a feedstock or for energy: Dukhan Petroleum City, Ras Laffan Industrial City, Mesaieed industrial city, and Doha Industrial Area. Furthermore, Qatar has more than 116 active petrol stations (fixed and mobile) as of 2021, including three marine petrol stations,⁷ all distributed across the 11,571 km² surface area and coastline of the country. This may raise the risk of an "Explosive Atmosphere" (accumulation of flammable gas, mist, dust, or vapors combined with air).⁸

Hamad Medical Corporation Ambulance Service (HMCAS) is a governmental organization delivering pre-hospital healthcare in the State of Qatar. In emergencies, HMCAS Emergency Medical Dispatchers (EMD) operating from the National Command Center (NCC) receive the emergency call then, upon identifying the caller's address, they immediately dispatch the nearest medical emergency response unit (ERU), collect further information from the caller and identify accordingly the additional appropriate resources required (Critical Care Paramedic unit, Ambulance Service helicopter team, Civil Defense).⁹ After that, EMDs assist the caller in helping the victim by providing the pre-arrival instructions until the arrival of the dispatched ERU. Some ERUs are manned by two ambulance paramedics (APs), ERU with critical care assistant (CCA) and critical care paramedic (CCP), and others with a distribution supervisor (credentialed at AP level).^{9,10} They are dispatched according to the case coding determined initially by the EMDs inputting data into a computerized algorithm.¹¹ In addition, HMCAS Specialized Emergency Management (SEM) section personnel can be dispatched in a major incident. They are experienced APs trained in pre-hospital disaster management, including HazMat-CBRN emergencies. They regularly attend Major Incident Medical Management and Support

(MIMMS) courses, Hazardous Material First Responder (Awareness and Operation level) training from the Texas A&M Engineering Extension Service (TEEX[®]), decontamination training from Decontamination Education and Consulting on Nuc/Bio/Chem (DECON LCC[®]).¹²⁻¹⁴ In the case of a HazMat-CBRN incident in the State of Qatar, HMCAS personnel will be the primary responding healthcare force.

Many recent studies emphasized the importance of having well-trained and prepared healthcare workers (HCWs) when responding to HazMat-CBRN incidents.¹⁵ Hence, HMCAS has established a "Hazardous Material Incident Management" course accredited by Qatar's Ministry of Public Health (MoPH) Department of Healthcare Practitioners (DHP). The course was created to be delivered to all HMCAS HCWs as first responders and also incorporated HCWs from private hospitals in Qatar.^{9,16}

The study aims to explore the reliability and validity of the satisfaction survey answered by HMCAS SEM personnel as subject matter experts about the "HazMat Incident Management" course and seek their opinion regarding the HMCAS HCWs' needs regarding other HazMat-CBRN-related topics.

2 | MATERIALS AND METHODS

2.1 | Study design

This cross-sectional study used a reliable and validated satisfaction survey for the HMCAS SEM personnel who participated in the "HazMat Incident Management" course. The HMC Medical Research Committee approved this study under the reference number MRC-01-20-372. Participation in the satisfaction survey was considered consent to collate responses for anonymized and aggregated analysis.

2.1.1 | Prestudy procedure

The knowledge and proficiency of pre-hospital HCW in managing HazMat-CBRN incidents seem crucial in determining the safety and efficiency of on-scene responders within the first minutes of an incident.¹⁷ Therefore, understanding the extent of HCW's knowledge about a HazMat scene with the other risk factors when dealing with HazMat-CBRN incidents is essential for a safe and successful response.

Therefore, first, the Ishikawa diagram (Figure 1) was used in this study to categorize the factors and risks that can affect the pre-hospital system's readiness to manage HazMat-CBRN incidents. It is also known as the "cause-and-effect diagram" or "Fishbone diagram." It has been considered an essential tool in identifying a problem's root causes and understanding the correlation between their contributing factors.¹⁸ It is used frequently in the quality improvement and risk assessment domains. It helps recognize potential causes of process variation (environment, logistics, human resources, system) and determine corrective actions. In our studies, it

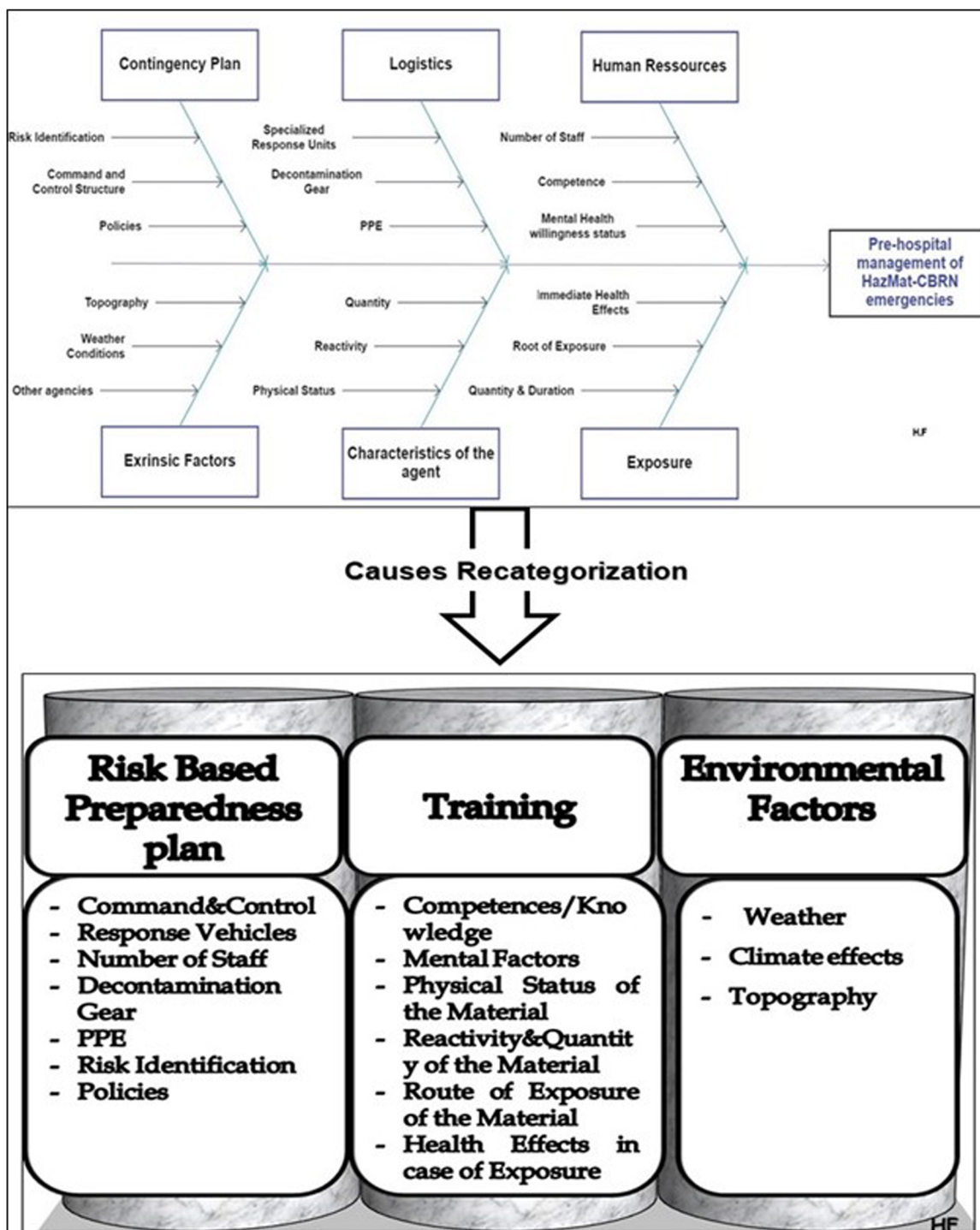


FIGURE 1 Ishikawa diagram and causes recategorization

helped to identify the fundamentals of pre-hospital response readiness for potential HazMat-CBRN incidents

The causes identified in Figure 1 were categorized into the three main pillars: risk-based preparedness plan, training, and environmental factors.

Second, the three pillars of successful management of HazMat-CBRN incidents in pre-hospital settings were categorized as extrinsic and intrinsic factors.

Extrinsic factors, mainly environmental factors. They are out of the control of HMCAS and hence can only be identified and monitored^{19,20} (Figure 1).

Intrinsic factors are factors that HMCAS can control. They include a risk-based preparedness plan and training.

First, *risk-based preparedness* is an essential part of a successful contingency plan for HazMat-CBRN incidents to mitigate the risks of emergency response and reduce the odds of HCWs exposure to

HazMat-CBRN agents. This can be achieved by continuous training and simulation.²¹ Some factors related to a risk-based preparedness plan can also be considered extrinsic (other agencies, liquefied natural gas facilities...).

Second, for *training*, researchers emphasized that pre-hospital HCWs must acquire sufficient knowledge and skills to effectively manage HazMat-CBRN incidents.²² Therefore, the “HazMat Incident management” course was designed and delivered to fulfill the HMCAS personnel's needs.⁹ The course material was developed based on input from the HMCAS SEM and other pre-hospital healthcare personnel. The objectives were to:

- Introduce personnel to the HMCAS HazMat-CBRN incident management strategy.
- Educate personnel, including those working in NCC, to rapidly identify CBRN agents so they can deploy and use the appropriate resources.
- According to its severity level, introduce the resources available at HMCAS to manage a potential HazMat-CBRN incident.
- Familiarize HMCAS personnel with the Emergency Response Guidebook (ERG) to establish primary safety measures and build their response plan.²³
- Improve the coordination between HMCAS EMDs and pre-hospital responders (AP, CCA, CCP, and distribution supervisors) by participating in the role-play and interactive case discussion sessions.

The “HazMat Incident Management” course also included pre- and postcourse multiple-choice assessment tests to evaluate this course's impact on improving the participants' knowledge. It was a one-day course delivered on 19 occasions from June 2019 to June 2020 with a maximum group size of 15–20 participants to ensure the delivery of a quality program. About 262 HMCAS personnel registered for the course, but only 72.14% ($N = 195$) were able to attend. 23.07% ($N = 45$) were HMCAS SEM personnel.⁹

The Shewhart Statistical Process Control chart is shown in Figure 2 (Prepared using Microsoft Excel[®]), demonstrating that this course's impact consistently improved the participants' knowledge about pre-hospital management of HazMat-CBRN incidents. In Figure 2, the precourse test scores were marked in blue. The postcourse tests score were marked in red. Some participants could not attend the pre- or postcourse assessment; thus, there are missing values.

2.1.2 | Intervention

A satisfaction survey was circulated to understand the fulfillment of the “HazMat Incident Management” course's intended objectives and whether it should be sustained and generalized to all HMC HCWs involved in pre- and in-hospital management of similar incidents. It was conducted to explore participants' opinions about the course.

First, a qualitative and quantitative review of the survey content was conducted by a panel of seven experts (Table 1) in relevant fields (three in research and education, two HazMat-CBRN incidents response, and two in disaster management).

Due to the COVID-19 pandemic restrictions, an invitation letter attached with an evaluation sheet in a fillable PDF form was sent by e-mail to the experts. They were invited to evaluate the relevance of each item by rating them using a 5-point Likert scale (1 = Not Relevant, 2 = Moderately Relevant, 3 = Undecided, 4 = Relevant, 5 = Strongly Relevant) and return it by e-mail. They were also asked to provide suggestions for each item on the same form.

Second, this satisfaction survey hosted on a Google Form was sent as a phone message hyperlink to all participants in July 2020.

The survey included five demographic questions about the participants' gender, age, job title, previous courses they received in the disaster management/HazMat-CBRN field, and experience at HMCAS. It also included 12 questions on the participants' opinions

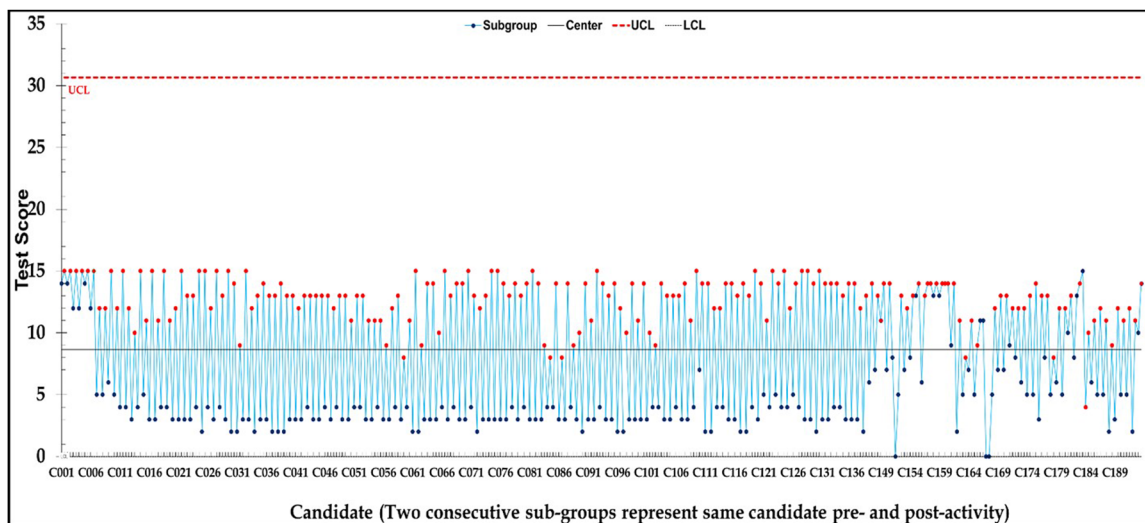


FIGURE 2 Candidate paired pre- and postcourse tests scores

TABLE 1 Summary of content validity determination steps

1. Expert panel members' background											
Experts	Background					Experts	Background				
Expert1	Director of Research at HMCAS Professor of Simulation in Healthcare Education at the University of Hertfordshire (UK) PhD in simulation in healthcare education. Master's degree in Applied Physics Post-Graduate Certificate in Teaching and Learning in Higher Education					Expert5	- Head of Profession in HMCAS - PhD, which looked at the management of patients following exposure to a CBRN agent				
Expert2	Medical Doctor. Group Head of Clinical Governance, Risk Management, and Quality Improvement Senior Consultant in HMCAS Improvement Advisor					Expert6	- PhD in Emergency Medicine - Master's degree in Business Administration (MBA) - Senior consultant in HMCAS				
Expert3	Ambulance Paramedic Senior operations manager IN hmcas Instructor in Major Incident Medical Management and Support (MIMMS)					Expert7	- Instructor MIMMS - Master's degree in Executive Business Administration - Communication Manager in HMCAS				
Expert4	Master's degree in Emergency and Disaster Management Manager in HMCAS										
2. HMCAS experts' panel rating											
	Q1	Q2	Q3	Q4	Q5	Q6	Q7	Q8	Q9	Q10	
EXP1	5	5	5	5	5	5	5	5	5	5	
EXP2	5	5	5	5	5	5	5	5	5	5	
EXP3	5	5	5	5	5	5	5	5	5	5	
EXP4	5	5	3	5	5	5	5	5	5	5	
EXP5	5	5	5	5	5	3	4	4	4	4	
EXP6	4	4	4	4	5	5	5	5	5	5	
EXP7	5	4	4	5	5	5	4	4	5	5	
	Q11	Q12	Q13	Q14	Q15	Q16	Q17	Q18	Q19	Q20	
EXP1	5	5	5	5	5	5	5	5	5	Suggested and agreed by the panel.	
EXP2	5	5	5	5	5	5	5	5	5		
EXP3	5	5	5	5	5	5	5	5	5		
EXP4	5	5	5	5	5	5	5	5	5		
EXP5	4	5	5	4	4	4	4	5	5		
EXP6	5	5	5	5	5	5	5	5	5		
EXP7	5	5	3	5	5	5	4	5	5		
3. Aiken V content validity coefficient (cvc) values											
2.1. Items Aiken V CVC					2.2. Confidence interval of items CVC score						
Item	CVC	Validity	Item	CVC	Validity	Statistic		Standard error			
Q1	0.964	Valid	Q11	0.964	Valid	Mean		0.95489			
Q2	0.929	Valid	Q12	1	Valid	95% Confidence interval for mean	Lower Bound	0.93789			
Q3	0.857	Valid	Q13	0.929	Valid		Upper Bound	0.9719			
Q4	0.964	Valid	Q14	0.964	Valid	5% Trimmed Mean		0.95783			
Q5	1	Valid	Q15	0.964	Valid	Median		0.964			
Q6	0.929	Valid	Q16	0.964	Valid	Minimum		0.857			

(Continues)

TABLE 1 (Continued)

3. Aiken V content validity coefficient (cvc) values								
2.1. Items Aiken V CVC				2.2. Confidence interval of items CVC score				
Item	CVC	Validity	Item	CVC	Validity	Statistic	Standard error	
Q7	0.929	Valid	Q17	0.929	Valid	Maximum	1	-
Q8	0.929	Valid	Q18	1	Valid	Range	0.143	-
Q9	0.964	Valid	Q19	1	Valid	Skewness	-0.946	-0.524
Q10	0.964	Valid				Kurtosis	1.993	1.014

Note: Aiken V CVC conclusion: Mean Aiken V CVC = 0.952; Another question (Q20), suggested by the experts, was added.

about the course.²⁴ They were based on a 5-point Likert scale, so it was easy to answer and allowed participants to rate several aspects of the course.²⁴ Furthermore, the survey included another Likert-scale question asking the participants if they would recommend the training course to all HMC personnel. The participants were also asked about any other specific training themes in HazMat-CBRN health emergencies they would recommend receiving in future training. The consent form was sent to the participants via e-mail, and they were asked to reply to the same e-mail with their participation approval or rejection within 3 days.

2.2 | Participants and sampling

The survey targeted the HMCAS SEM personnel in particular as they are specialized and well-trained in dealing with mass casualty incidents, including HazMat-CBRN emergencies and participated in the HazMat Incident Management course.

At the time of this study, around half of this team were pre-hospital HazMat-CBRN first responders. The remaining personnel worked closely with HazMat-CBRN first responders in a support capacity. They are routinely retrained and retested through monthly practical exercises.

Purposive sampling was used for this study. Hence, only HMCAS SEM section personnel with the following criteria were included:

- Participants of the "HazMat Incident Management" course.
- In addition, they undertook at least one HMCAS-supported pre-hospital HazMat-CBRN/disaster preparedness and response training before completing the "HazMat Incident Management" course. The HMCAS-supported training included:
 - The HazMat First Responder training offered by Texas A&M Engineering Extension Service.
 - The CBRN decontamination training offered by Decon-LLC consulting services.
 - The Advanced HazMat Life Support Course (AHLs).
 - The 1-day basic training organized previously by HMCAS about donning and doffing in CBRN incidents.

The HMCAS SEM personnel who did not participate in the "HazMat Incident Management" CPD course were excluded from this study.

2.3 | Statistical methods

First, certain statistical indexes were measured to explore the internal and external consistency of the survey's items (The survey's content validity and reliability).

Content validity refers to the degree to which the items in a survey represent the subject being assessed.²⁵ Based on the experts' scoring, content validity was verified by calculating the *Content Validity Coefficient (CVC)* using the *Aiken V formula* below.²⁶

$$\text{"Aiken V formula"} : V = \frac{R - Lo}{E(Hi - 1)}$$

where R is the rate value given by the expert; Lo is the Lowest Validity Score value; E is the number of experts involved; Hi is the Highest Validity Score Value.

Aiken V value ranges between 0 and 1. An item is declared valid if this coefficient is at least equal to 0.6. An item with an Aiken V coefficient less than 0.6 is not considered valid.²⁷

The reliability test is a statistical tool to measure the internal consistency of the survey's items (whether the survey remains consistent over repeated trials of the same subjects under identical conditions).²⁸ The reliability coefficient ranges from 0 (No reliability) to 1 (Excellent reliability). It is measured by determining Cronbach's α coefficient for a Likert-scale survey.²⁹ The Cronbach's α is judged as unsatisfactory (Cronbach's $\alpha < 0.5$), poor ($0.5 \leq$ Cronbach's $\alpha < 0.6$), acceptable ($0.6 \leq$ Cronbach's $\alpha < 0.7$), good ($0.7 \leq$ Cronbach's $\alpha < 0.9$), and excellent (Cronbach's $\alpha \geq 0.9$).^{28,30}

When calculating Cronbach's α , the interitem correlation is also determined, which helps to estimate the level of correlation between all pairs of items, then assessing the level of interitem homogeneity as it affects the value of Cronbach's α . The optimal range of average interitem correlation is 0.15–0.50. If the then interitem correlation is less than 0.15, then the items are with bad correlation. If above 0.5, the items are repetitive.^{25,29}

Second, Descriptive statistics were conducted to explore the outcome.

The data were explored using IBM®-SPSS® version 26.

3 | RESULTS

Forty-five personnel from the HMCAS SEM section met the inclusion criteria. 100% ($n = 45$) of the targeted population attended the course and answered the survey.

3.1 | Exploring the content validity

The content validity in this study was determined using quantitative analysis of expert judgments and qualitative expert reviews (Table 1). It was suggested to add another question asking the SEM personnel if they believed that the rest of the HMC personnel should attend this course periodically.

Based on the experts' rating in Table 1, Aiken V CVC for content validation was calculated and was shown in the same table.

Using the Aiken V formula, CVC was calculated. Based on the total number of experts and Table 1, the content of this survey's items was strongly valid as the mean of CVC = 0.952 with a narrow confidence interval of 0.937–0.971.

3.2 | Exploring reliability

The reliability was assessed by calculating the Cronbach α coefficient for the Likert-scale survey. As per Table 2, Cronbach's $\alpha = 0.883$ with a robust interitems correlation.

All items have a positive and good interitems correlation, except for Q19, which negatively correlated with all other items. When Q19 was excluded from testing its impact, Cronbach's α value increased from 0.883 to 0.922. The survey was strongly reliable.

3.3 | Exploring SEM personnel responses to the satisfaction survey

The demographic data demonstrated a higher representation of males ($n=40$) compared to females ($n = 5$) gender, and they reported being well trained in the disaster management domain (including HazMat-CBRN incidents). Before this training, 44.44% ($n = 32$) received CBRN decontamination training from DECON LLC®, 17.57% ($n = 13$) received CBRN First Responder training from TEEX®, 0.41% ($n = 4$) participated in Advanced HazMat Life Support (AHLs) course which is an international, well-known course.³¹ In addition, 35.14% ($n = 26$) had already received Major Incident Response (MIR) Overview training, organized by HMCAS, 16.22% ($n = 12$) participated voluntarily in other CBRN courses organized outside of

TABLE 2 Summary of reliability test

1. Reliability statistics													
Cronbach's α	Cronbach's α based on standardized items												N of items
(a)	0.883												13
(b) ^a	0.922												12
2. Interitems correlation													
	Q6	Q7	Q8	Q9	Q10	Q11	Q12	Q13	Q14	Q15	Q16	Q17	Q19
Q6	1	0.64	0.652	0.596	0.441	0.48	0.452	0.341	0.3	0.406	0.327	0.476	-0.098
Q7	0.64	1	0.874	0.778	0.592	0.432	0.38	0.169	0.35	0.512	0.472	0.296	-0.046
Q8	0.652	0.874	1	0.734	0.658	0.487	0.439	0.165	0.371	0.566	0.496	0.366	-0.147
Q9	0.596	0.778	0.734	1	0.685	0.642	0.518	0.323	0.635	0.648	0.691	0.349	-0.08
Q10	0.441	0.592	0.658	0.685	1	0.309	0.335	0.096	0.423	0.5	0.46	0.152	-0.162
Q11	0.48	0.432	0.487	0.642	0.309	1	0.592	0.56	0.492	0.553	0.536	0.676	-0.146
Q12	0.452	0.38	0.439	0.518	0.335	0.592	1	0.422	0.618	0.778	0.673	0.553	-0.159
Q13	0.341	0.169	0.165	0.323	0.096	0.56	0.422	1	0.557	0.388	0.606	0.587	0.131
Q14	0.3	0.35	0.371	0.635	0.423	0.492	0.618	0.557	1	0.734	0.919	0.388	-0.056
Q15	0.406	0.512	0.566	0.648	0.5	0.553	0.778	0.388	0.734	1	0.799	0.424	-0.192
Q16	0.327	0.472	0.496	0.691	0.46	0.536	0.673	0.606	0.919	0.799	1	0.422	-0.061
Q17	0.476	0.296	0.366	0.349	0.152	0.676	0.553	0.587	0.388	0.424	0.422	1	-0.214
Q19	-0.098	-0.046	-0.147	-0.08	-0.162	-0.146	-0.159	0.131	-0.056	-0.192	-0.061	-0.214	1

^aCronbach's α when deleting Q19 due to the correlation with the rest of the items.

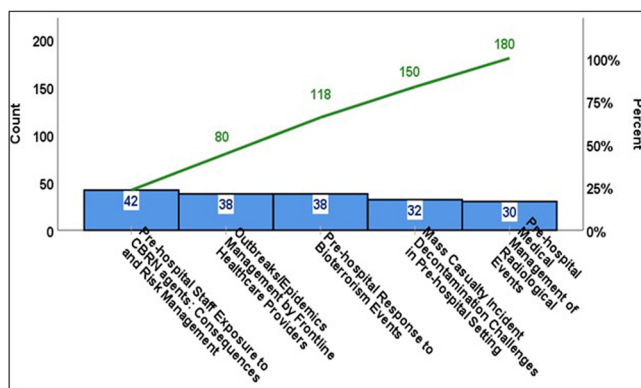


FIGURE 3 Pareto chart: Suggested future training topic by SEM personnel. SEM, Specialized Emergency Management.

HMCAS, 10.81% ($n = 8$) participated in MIMMS training. The remainder received other HazMat-CBRN-related training or did not receive any other training.

91.11% ($n = 41$) indicated that they were satisfied with the time allocated for this course (6–7 h), and 100% ($n = 45$) agreed that the slides and videos created for this course were well designed. In addition, 100% ($n = 45$) agreed that the case scenarios and role-play were well developed. They all agreed that these materials helped them understand the risks of exposure to HazMat-CBRN agents. 91.12% ($n = 41$) were very satisfied with the information provided. Furthermore, they all agreed that this course significantly impacted their knowledge about HazMat-CBRN incidents management and enhanced their readiness and safety to respond to such incidents. 53.33% ($n = 24$) suggested that this course should be mandated every year, whereas 42.22% ($n = 19$) suggested that it should be delivered every 2 years, and the remainder proposed (4.45% ($n = 2$) every 5 years). Participants showed their motivation and reported needing training in other topics related to HazMat-CBRN incidents pre-hospital management. The topics suggested were (Figure 3):

- *Outbreaks/Epidemics Management by Frontline HCWs;*
- *Pre-hospital Medical Management of Radiological Emergencies;*
- *Pre-hospital Personnel Exposure to CBRN agents: Consequences and Risk Management;*
- *Pre-hospital Response to Bioterrorism Emergencies;*
- *Mass Casualty Incident Decontamination Challenges in the pre-hospital setting.*

4 | DISCUSSION

Pre-hospital HCWs are involved in managing critically ill patients in the out-of-hospital environment; therefore, health sciences researchers emphasize the importance of equipping them with the most appropriate level of education.³² Heraclitus, the Greek philosopher, believes that “Change is the only constant,” and the wind of change went through educational approaches and systems. Moreover, a radical change was

observed; teaching evolved from the didactic passive method to actively involving learners through workshops and case scenario discussions and recently using the e-learning methods.^{32–34} Nevertheless, previous studies pointed out that the success of the health science education methods was based on the instructors' views.^{35–37} They considered that the instructors' experience as clinicians plays a vital role in building the educational bridge between practice and knowledge. Indeed the instructor's expertise in their field helps to repurpose the educational methods according to the observed needs. Thus in this study, we could also demonstrate that participants' expertise is crucial in deciding to review or sustain these educational methods.

In health research, it is recommended to examine a questionnaire or survey's validity and reliability.²⁹ Content validity represents the integrity and accuracy of survey items covering the subject we are measuring, whereas reliability measures the firmness and the internal consistency of survey items.²⁹ It helps us determine if we will have similar results if repeated.³⁸

In this study, the CVC was calculated using the Aiken V formula.²⁶ Based on the total number of multidisciplinary experts (7), a minimum CVC of 0.6 was required to validate an item.²⁸ The benefit of this number of multidisciplinary experts' participation helps reduce the bias in evaluation.³⁹ Table 1 shows the mean of $CVC = 0.952$ with a strong confidence interval of 0.937–0.971. Consequently, the content of this survey's items is strongly valid.

A reliability test was conducted by calculating the Cronbach α coefficient for 13 Likert scale questions. As per Table 2, Cronbach's $\alpha = 0.883$ with strong interitems correlation except for item 19. This survey, in conclusion, is also strongly reliable, and we are more likely to have the same results if repeated many times.

In addition, the satisfaction survey responses showed the participants' strong interest in the HazMat Incident Management course. Based on the survey results, the implemented training met the responders' expectations.

Furthermore, considering other research studies' recommendations,^{40–42} the HazMat Incident Management course should be provided to a broader audience by including other governmental and nongovernmental health partners in Qatar, such as frontline staff from the Ministry of Interior, the Ministry of Defense.

This was also recently recommended by a Middle Eastern researcher.⁴³ Pre-hospital readiness for HazMat-CBRN incidents demands well-trained, skillful HCWs, and a willingness to cooperate with other medical and nonmedical responding agencies.⁴⁴ To empower HCWs' capabilities to respond to HazMat-CBRN incidents, they require frequent training, as experience alone may not be sufficient, and lapses.⁴⁵

From this study, and as advised by international guidelines,⁴⁶ with increasing worldwide risks of HazMat-CBRN and bioterrorism threats around the world in general and in the Middle-East-North-African (MENA) region in particular,⁴⁷ we recommend not only to sustain and mandate this “HazMat Incident Management” course for all HMCAS personnel, but also to upgrade it into a more comprehensive package by adding more related topics. We also believe that expanding the audience beyond HMCAS personnel and

including other personnel from the hospital, such as emergency department personnel and from the other governmental agencies, is needed as HazMat-CBRN incidents require a multidisciplinary response, as proven by many authorities.^{48,49}

5 | LIMITATION

As many important mass gathering events will be held in the Middle East and Qatar within the next few years,⁵⁰ including the FIFA 2022 World Cup, HMCAS will continue to increase its HCW workforce capacity. This creates dynamism within the team's structures, including the HazMat-CBRN team. Therefore, ensuring that newly recruited personnel are being trained is critical. In addition, having such activity reaccredited by DHP requires a further long administrative process. Furthermore, the COVID-19 pandemic has affected the delivery of training courses. Delivering this activity through online channels was not an option given the resource demands in responding to the pandemic and the need for hands-on training and skills acquisition. Many sessions have had to be canceled; hence the course could not recruit as many participants as originally intended.

Additionally, some of the instructors had resigned and moved out of Qatar. Therefore, assessing the instructors' opinions about the different components of the implemented course was not applicable. It could help us determine their satisfaction level and suggestions to improve the implemented course and, consequently, help build a more robust statistical analysis and study the differences between groups (instructors vs. participants).

6 | CONCLUSION

At the time of this study, HMCAS succeeded in empowering pre-hospital HCWs with the appropriate knowledge to manage potential HazMat-CBRN incidents in Qatar, as testified by their feedback regarding the course. Sustaining and reinforcing this course is recommended. With the increasing risks of HazMat-CBRN incidents, continuously improving the created training packages are needed to cope with the HCWs' requirements. Therefore, assessing trained participants' opinions through a valid and reliable tool can help ensure the continuous improvement of these packages.

AUTHOR CONTRIBUTIONS

All authors have read and approved the final version of the manuscript. Hassan Farhat and Hamad Medical Corporation had full access to this study's data and take complete responsibility for the data's integrity and the data analysis's accuracy.

ACKNOWLEDGMENTS

We acknowledge the Executive and Management teams in Hamad Medical Corporation Ambulance Service (HMCAS), in particular Dr. Loua Al Shaikh, Mr. Brendon Morris, Dr. Nicholas Castle, Mr. Thomas

Reiman and Mr. Ali Darwish, Mr. Naveen, Mr. Mohamed Khnissi, Mr. Ouissem Zaghouni, for all their support and responses for assistance in undertaking the research. My colleagues in the HMCAS HazMat team assisted in delivering this 'HazMat Incident Management' training package. We acknowledge the Qatar National Library for funding the publication of this study. The publication of this article was funded by Qatar National Library.

CONFLICT OF INTEREST

The authors declare no conflict of interest.

DATA AVAILABILITY STATEMENT

The primary author holds the anonymous data supporting this study's findings and is available for review upon request.

ETHICS STATEMENT

The Hamad Medical Corporation-Medical Research Committee approved this study as part of a Quality Improvement/Audit Project (Ref: MRC-01-20-372) on June 30th, 2020. Participation in the satisfaction survey was considered consent to collate responses for anonymized and aggregated analysis.

TRANSPARENCY STATEMENT

The manuscript is an honest, accurate, and transparent account of the study being reported, that no important aspects of the study have been omitted, and that any discrepancies from the study as planned (and, if relevant, registered) have been explained.

ORCID

Hassan Farhat  <http://orcid.org/0000-0001-5448-9401>

REFERENCES

1. Kako M, Hammad K, Mitani S, Arbon P. Existing approaches to chemical, biological, radiological, and nuclear (CBRN) education and training for health professionals: findings from an integrative literature review. *Prehosp Disaster Med.* 2018;33:182-190. doi:10.1017/S1049023X18000043
2. Bavassi L, Kaczer L, Fernández RS. Maradona in our minds: the FIFA World Cup as a way to address collective memory properties. *Mem Cogn.* 2020;48:469-480. doi:10.3758/s13421-019-00983-9
3. Diaz JS. Explosion analysis from images: Trinity and Beirut. arXiv:2009.05674 [physics]. 2020.
4. Sezigen S, Kenar L. Recent sulfur mustard attacks in Middle East and experience of health professionals. *Toxicol Lett.* 2020;320:52-57. doi:10.1016/j.toxlet.2019.12.001
5. Sejvar JJ. Neurochemical and neurobiological weapons. *Neurol Clin Appl Neurotoxicol.* 2020;38:881-896. doi:10.1016/j.ncl.2020.07.007
6. Kazi M-K, Eljack F, El-Halwagi MM, Haouari M. Green hydrogen for industrial sector decarbonization: costs and impacts on hydrogen economy in Qatar. *Comput Chem Eng.* 2021;145:107144. doi:10.1016/j.compchemeng.2020.107144
7. WOQOD. WOQOD | Services [WWW Document]. 2021. Accessed May 1, 2020. https://order.woqod.com/WPS_Web/Woqod/Home?param=EXACT
8. Pólka M. An analysis of flammability and explosion parameters of coke dust and use of preliminary hazard analysis for qualitative risk assessment. *Sustainability.* 2020;12:4130. doi:10.3390/su12104130

9. Farhat H, Laughton J, Gangaram P, et al. Hazardous material and chemical, biological, radiological, and nuclear incident readiness among prehospital care professionals in the State of Qatar. *Glob Secur Health Sci Policy*. 2022;7:24-36. doi:10.1080/23779497.2022.2069142
10. Gangaram P, Alinier G, Menacho AM. Crisis resource management in emergency medical settings in Qatar. *Int Paramed Pract*. 2017;7:18-23. doi:10.12968/ippr.2017.7.2.18
11. Wilson P, Alinier G, Reimann T, Morris B. Influential factors on urban and rural response times for emergency ambulances in Qatar. *Med Emergency, MJEM*. 2018; 26:8-13.
12. Sammut J, Cato D, Homer T. Major incident medical management and support (MIMMS): a practical, multiple casualty, disaster-site training course for all Australian health care personnel. *Emerg Med (Fremantle)*. 2001;13:174-180. doi:10.1046/j.1442-2026.2001.00206.x
13. Tsorxe IY. *Baseline Measurements of Natural Radioactivity at the Texas A&M Engineering Extension Service-Disaster City*. Thesis. 2017.
14. U.S. Department of Defense Information. BIO DECON SOLUTIONS, LLC, 17404 MERIDIAN E, SUITE-ProQuest [WWW Document]. 2019. Accessed April 15, 2021. <https://www.proquest.com/docview/2193516728/6C7B1019DBD74C14PQ/2>
15. Jama TJ, Kuisma MJ. Preparedness of Finnish emergency medical services for chemical emergencies. *Prehosp Disaster Med*. 2016;31:392-396. doi:10.1017/S1049023X16000546
16. Farhat H, Gangaram P, Castle N, et al. Hazardous materials and CBRN incidents: fundamentals of pre-hospital readiness in the state of Qatar. *J Emerg Med Trauma Acute Care*. 2021;2021:35. doi:10.5339/jemtac.2021.qhc.35
17. Yücel H, Cengiz S. Assessment of the relationship between the risk perception and preparedness attitudes of search & rescue and firefighting teams against event site hazards in CBRN events: adana province case. *Gümüşhane Üniversitesi Sosyal Bilimler Dergisi*. 2020;11:347-354. doi:10.36362/gumus.842580
18. Liliana L. A new model of Ishikawa diagram for quality assessment. *IOP Conf Ser Mater Sci Eng*. 2016;161:012099. doi:10.1088/1757-899X/161/1/012099
19. Martellini M, Novossiolova T, Malizia A. A reflection on the future of the CBRN security paradigm. In: Martellini M, Malizia A, eds. *Cyber and chemical, biological, radiological, nuclear, explosives challenges: threats and counter efforts, terrorism, security, and computation*. Springer International Publishing; 2017:1-10. doi:10.1007/978-3-319-62108-1_1
20. Spadaro PA. Climate change, environmental terrorism, eco-terrorism and emerging threats. *Journal of Strategic Security*. 2020;13:58-80.
21. Oriot D, Alinier G. *Pocket Book for Simulation Debriefing in Healthcare*. Springer International Publishing; 2018. doi:10.1007/978-3-319-59882-6
22. Djalali A, Della Corte F, Segond F, et al. TIER competency-based training course for the first receivers of CBRN casualties: a European perspective. *Eur J Emerg Med*. 2017;24:371-376. doi:10.1097/MEJ.0000000000000383
23. Lee DJ, Ahn J-H, Song CG. Improvement of damage range calculation for first response to chemical accidents. *Journal of the Korean Society of Safety*. 2017;32:59-65. doi:10.14346/JKOSOS.2017.32.2.59
24. Kovatch KJ, Wertz AP, Carle TR, et al. Optimal timing of entry-level otolaryngology simulation. *OTO Open*. 2019;3:2473974X19845851. doi:10.1177/2473974X19845851
25. Begdache L, Marhaba R, Chaar M. Validity and reliability of Food-Mood Questionnaire (FMQ). *Nutr Health*. 2019;25:253-264. doi:10.1177/0260106019870073
26. Napitupulu D, Syafrullah M, Rahim R, Amar A, Suchahyo Y. Content validity of critical success factors for e-Government implementation in Indonesia. *IOP Conf Ser Mater Sci Eng*. 352, 2018:012058. doi:10.1088/1757-899X/352/1/012058
27. Kurniawan R, Syafriani W, Widodo E. The validity of e-module based on guided inquiry integrated ethnoscience in high school physics learning to improve students' critical thinking. *J Phys Conf Ser*. 2021;1876:012067. doi:10.1088/1742-6596/1876/1/012067
28. Maarefvand M, Mardaneh-Jobehdar M, Ghiabi M, et al. Designing and evaluating the validity and reliability of the Persian Gambling Disorder Screening Questionnaire. *Addict Health*. 2019;11:110-119. doi:10.22122/ahj.v11i2.235
29. Amron MT, Ibrahim R, Bakar NAA, Chuprat S. The validity and reliability evaluation of instruments for cloud computing acceptance study. *2020 6th International Conference on Information Management (ICIM)*. London, United Kingdom: IEEE; 2020:269-273. doi:10.1109/ICIM49319.2020.244710
30. Emerson RW. Cronbach's alpha explained. *J Vis Impair Blind*. 2019;113:327-328.
31. Borron SW, Walter FG. *Advanced Hazmat Life Support (AHL): Toxic terrorism: chemical, biological, radiological, & nuclear casualties*. 2nd ed. The University of Arizona; 2014.
32. Aminizadeh M, Rasouli Ghahfarokhi SM, Pourvakhshoori N, Beyramijam M, Majidi N, Shahabi Rabori MA. Comparing the effects of two different educational methods on clinical skills of emergency intermediate technician: a quasi-experimental research. *J Educ Health Promot*. 2019;8:54. doi:10.4103/jehp.jehp_323_18
33. Azuka EB. Powerpoint presentation as an alternative to traditional approach to teaching business education courses in tertiary institutions: benefits, challenges and solutions. *Niger J Bus Educ*. 2018;3:1-14.
34. Kako M, Hammad K, Mitani S, Arbon P. Existing Approaches to Chemical, Biological, Radiological, and Nuclear (CBRN) Education and Training for Health Professionals: Findings from an Integrative Literature Review-ProQuest [WWW Document]. 2019. Accessed February 27, 2021. <https://search.proquest.com/openview/3336568e83112965b8d6894eb686032b/1?pq-origsite=gscholar&cbl=105403>
35. Keke L, Huifeng W, Lili Y, Lijiao Y, Juan W. Construction of an integrative pre-hospital emergency care course in a certain traditional Chinese Medicine university. *Chin J Integr Nurs*. 2021;7:82. doi:10.12209/j.issn2709-1961.202109051
36. Lerner EB, Schwartz RB, Coule PL, Pirrallo RG. Use of SALT triage in a simulated mass-casualty incident. *Prehosp Emerg Care*. 2010;14:21-25. doi:10.3109/10903120903349812
37. O'Leary F, McGarvey K, Christoff A, et al. Identifying incidents of suboptimal care during paediatric emergencies—an observational study utilizing in situ and simulation centre scenarios. *Resuscitation*. 2014;85:431-436. doi:10.1016/j.resuscitation.2013.12.001
38. Cypress BS. Rigor or reliability and validity in qualitative research: perspectives, strategies, reconceptualization, and recommendations. *Dimens Crit Care Nurs*. 2017;36:253-263. doi:10.1097/DCC.0000000000000253
39. Alcedo MÁ, Fontañil Y, Solís P, Pedrosa I, Aguado AL. People with intellectual disability who are ageing: perceived needs assessment. *Int J Clin Health Psychol*. 2017;17:38-45. doi:10.1016/j.ijchp.2016.07.002
40. Benolli F, Guidotti M, Bisogni F. The CBRN threat. Perspective of an interagency response. In: Jacobs G, Suojanen I, Horton KE, Bayerl PS, eds. *International security management: new solutions to complexity, advanced sciences and technologies for security applications*. Springer International Publishing; 2021:429-448. doi:10.1007/978-3-030-42523-4_29
41. Fyanka BB. Chemical, biological, radiological and nuclear (CBRN) terrorism: rethinking Nigeria's counterterrorism strategy. *Afr Secur Rev*. 2019;28:207-221. doi:10.1080/10246029.2019.1698441
42. Ozguler A, Baer M, Douge G, Loeb T. 222 training sessions for occupational physicians and nurses: the added value of a satisfaction

- questionnaire. *Occup Environ Med.* 2018;75:A115. doi:10.1136/oemed-2018-ICOHAbstracts.327
43. Souaiby N. Training and preparedness for CBRN emergencies in a conflict zone, Lebanon. *Prehosp Disaster Med.* 2017;32:S5. doi:10.1017/S1049023X17000413
44. Calder A, Bland S. Chemical, biological, radiological and nuclear considerations in a major incident. *Surgery (Oxf).* 2015;33:442-448. doi:10.1016/j.mpsur.2015.07.006
45. Cruz-Vega F, Loría-Castellanos J, Hernández-Olivas IP, Franco-Bey R, Ochoa-Avila C, Sánchez-Badillo V. Experience in training in emergencies, División de Proyectos Especiales en Salud, Instituto Mexicano del Seguro Social. *Cirugía y Cirujanos (English Edition).* 2016;84:127-134. doi:10.1016/j.circen.2016.02.003
46. WHO. *Mass Casualty Management Systems: Strategies and Guidelines for Building Health Sector Capacity.* World Health Organization; 2007.
47. Capone F. The EU response to the CBRN terrorism threat: a critical overview of the current policy and legal framework. In: Malizia A, D'Arienzo M, eds. *Enhancing CBRNE safety & security: proceedings of the SICC 2017 conference.* Springer International Publishing; 2018: 243-251. doi:10.1007/978-3-319-91791-7_28
48. Houck MM, Crispino F, McAdam T. Chapter 8.3—CBRN crime scenes. In: Houck MM, Crispino F, McAdam T, eds. *The science of crime scenes.* 2nd ed. Academic Press; 2018:397-408. doi:10.1016/B978-0-12-849878-1.00031-4
49. Kyle RR, Via DK, Lowy RJ, Madsen JM, Marty AM, Mongan PD. A multidisciplinary approach to teach responses to weapons of mass destruction and terrorism using combined simulation modalities. *J Clin Anesth.* 2004;16:152-158. doi:10.1016/j.jclinane.2003.09.003
50. Ziafati Bafarasat A, Oliveira E. Prospects of a transition to the knowledge economy in Saudi Arabia and Qatar: a critical reflection through the lens of spatial embeddedness and evolutionary governance theory. *Futures.* 2021;129:102731. doi:10.1016/j.futures.2021.102731

How to cite this article: Farhat H, Alinier G, Gangaram P, et al. Exploring pre-hospital healthcare workers' readiness for chemical, biological, radiological, and nuclear threats in the State of Qatar: A cross-sectional study. *Health Sci Rep.* 2022;5:e803. doi:10.1002/hsr2.803