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Evaluation of antimicrobial resistance and virulence of enterococci from equipment surfaces, raw materials, and traditional cheeses



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ABSTRACT

Forty enterococci isolated along the production chains of three traditional cheeses (PDO Pecorino Siciliano, PDO Vastedda della Valle del Belice, and Caciocavallo Palermitano) made in Sicily (southern Italy) were studied for the assessment of their antibiotic resistance and virulence by a combined phenotypic/genotypic approach. A total of 31 *Enterococcus* displayed resistance to at least one or more of the antimicrobials tested. The strains exhibited high percentages of resistance to erythromycin (52.5%), ciprofloxacin (35.0%), quinupristin–dalfopristin (20.0%), tetracycline (17.5%), and high-level streptomycin (5.0%). The presence of *tet(M)*, *cat(pC221)*, and *aadE* genes for resistance to tetracycline, chloramphenicol, and streptomycin, respectively, was registered in all strains with resistance phenotype. The *erm(B)* gene was not detected in any erythromycin-resistant strain. The *Enterococcus* strains were further tested by PCR for the presence of virulence genes, namely, *gelE*, *asa1*, *efaA*, *ace*, and *esp*. Twenty strains were positive for all virulence genes tested. Among the enterococci isolated from final cheeses, three strains (representing 33.3% of total cheese strains) were sensible to all antimicrobials tested and did not carry any virulence factor. Although this study confirmed that the majority of dairy enterococci are vectors for the dissemination of antimicrobial resistance and virulence genes, only two strains showed a high resistance to aminoglycosides, commonly administered to combat enterococci responsible for human infections. Furthermore, the presence of the strains *E. casseliflavus* FMAC163, *E. durans* FMAC134B, and *E. faecium* PON94 without risk determinants, found at dominating levels over the *Enterococcus* populations in the processed products, stimulates further investigations for their future applications in cheese making. All strains devoid of the undesired traits were isolated from stretched cheeses. Thus, this cheese typology represents an interesting environment to deepen the studies on the risk/benefit role of enterococci in fermented foods for their qualified presumption of safety (QPS) assessment.

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1. Introduction

Enterococci belong to the group of lactic acid bacteria (LAB). The genus *Enterococcus* includes pathogenic, spoilage, and pro-technological bacteria. Members of this group are ubiquitous microorganisms that often occur at large numbers in foods, especially those of animal origin (Francesca et al., 2013; Franz et al., 1999; Giraffa and Sisto, 1997; Hugas et al., 2003). The presence of these bacteria in dairy products is usually associated with inadequate hygiene practices as a consequence of fecal contamination (Franciosi et al., 2009a; Suzzi et al., 2000). However, the Commission Regulation (EC) No 1441/2007 of 5 December 2007 allows derogation from Regulation (EC) No 2073/2005 of 15 November 2005 'on microbiological criteria for foodstuffs' declaring that

enterococci in food are not always due to fecal contamination and sets no limit for their presence in foods (Commission Regulation, 2007). Enterococci play several positive roles during the fermentation of cheese and meat products; they are defining in the development of the organoleptic characteristics that the food acquire with ripening (Centeno et al., 1996; Cocolin et al., 2007; Foulquié Moreno et al., 2006; Giraffa and Sisto, 1997) and contribute to extend their shelf life. To this purpose, *Enterococcus* of dairy origin have been reported to produce bacteriocins able to inhibit food spoilage and/or pathogenic bacteria (Foulquié Moreno et al., 2006). Different enterococci are being used as components of cheese adjunct cultures (Settanni et al., 2013) or as probiotics (Franz et al., 2011; Giraffa, 2002).

On the other hand, enterococci have assumed a major importance in clinical microbiology because they are intrinsically resistant to many antimicrobial agents and show the ability to acquire, accumulate, and transfer chromosomal elements encoding virulence traits or

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antimicrobial resistance genes (Klibi et al., 2006; Pesavento et al., 2014; Silva et al., 2010). Some studies have reported the detection of antimicrobial resistance and virulence factors of enterococci in retail foods including cheeses (Hammad et al., 2015; Koluman et al., 2009).

The most frequent species belonging to the *Enterococcus* genus found in dairy products are *Enterococcus faecium* and *Enterococcus faecalis* (Aarestrup et al., 2002) as well as *Enterococcus casseliflavus*, *Enterococcus durans*, and *Enterococcus gallinarum* (Franciosi et al., 2009a; Gaglio et al., 2014a; Settanni et al., 2012). *Enterococcus faecium* and *E. faecalis* might represent a public health issue for their resistance to cephalosporins, lincosamides, penicillins, and low levels of aminoglycosides (Hammad et al., 2015). Enterococci isolated from the dairy products also express a similar virulence gene profile as those associated with human infections (Gelsomino et al., 2003; Semedo et al., 2003).

Enterococci are commonly present in raw milk (Franciosi et al., 2009b) and this highlights the importance to focus the attention also on the raw materials used in cheese making and the equipment that contaminate the bulk milk. Traditional Sicilian cheeses are often manufactured with raw milk coagulated with artisanal animal rennet in wooden equipment without the addition of starter cultures (Settanni and Moschetti, 2014). Some of these cheeses are produced applying the stretching technology consisting of two distinct steps, the first leading to a plastic curd and the second to the scalding of the acidified curd to be molded into the final shape. The stretching phase at high temperatures contributes to the safety of the resulting products (Gaglio et al., 2014b). So far, *Enterococcus* isolated from stretched cheeses, typical of the Mediterranean countries, have not been investigated deeply for their antibiotic resistance and virulence.

As a matter of fact, the enterococci present in cheese can be a possible intermediate vehicle for the transmission of multidrug resistance and/or virulent strains able to persist in the human intestinal tract (Jamet et al., 2012; Kayser, 2003; Novais et al., 2005). For these reasons, the present work was performed to evaluate the antimicrobial resistance and virulence of a collection of *Enterococcus* spp. isolated from different Sicilian dairy environments, including raw milk, animal rennet, fresh and aged cheeses, and the wooden equipment used for milk transformation. In order to investigate the possible role of the cheese making technology of the *Enterococcus* selection, several strains from stretched cheeses were included in this study.

2. Materials and methods

2.1. *Enterococcus* strains

In this study, a collection of 40 enterococci isolated along the production chains of traditional cheeses made in Sicily (southern Italy) and belonging to the culture collection of the Agricultural Microbiology laboratory of the Department of Agricultural and Forest Science—University of Palermo (Palermo, Italy), was analyzed. The 40 enterococci, identified by PCR method, represent 40 different strains collected from different dairy environments, including the wooden equipment, raw milk, animal rennet used for milk curdling, fresh and ripened cheeses (Table 1). All strains were grown on M17 (Oxoid, Milan, Italy) at 37 °C for 24 h.

2.2. Antimicrobial susceptibility

The 40 *Enterococcus* strains were tested for their antimicrobial susceptibility by the disk diffusion method according to the Clinical and Laboratory Standards Institute guidelines (CLSI, 2015). The inocula were prepared by suspending colonies in 5 mL of physiological solution (0.85% NaCl, w/v) until a density of 0.5 McFarland standard was reached. The cell suspensions were swabbed for confluent growth onto Mueller Hinton agar (Oxoid, Hampshire, UK). Twelve antimicrobial compounds commonly used for the treatment of human and animal infections were tested. The antimicrobial belonged to different families: penicillins [penicillin (P—10 units) and

ampicillin (AMP—10 µg)]; glycopeptides [vancomycin (VA—30 µg)]; macrolides [erythromycin (E—15 µg)]; tetracyclines [tetracycline (TE—30 µg)]; fluoroquinolone [ciprofloxacin (CIP—5 µg) and levofloxacin (LEV—5 µg)]; phenicols [chloramphenicol (C—30 µg)]; streptogramins [quinupristin–dalfopristin (QD—15 µg)]; oxazolidinones [linezolid (L—30 µg)]; and aminoglycosides [high-level gentamicin (CN—120 µg) and high-level streptomycin (STR—300 µg)].

After incubation at 37 °C for 18 h, the inhibition halos were measured and the strains classified as resistant (R), intermediate resistant (IR), or susceptible (S) according to the CLSI (CLSI, 2015).

The minimum inhibitory concentration (MIC) was determined for each IR or R strain on a given antimicrobial. MICs were determined by the broth microdilution method according to the CLSI (CLSI, 2015). *Enterococcus faecalis* ATCC 29212 was used as quality control strain.

All antimicrobial compounds were purchased from Oxoid.

2.3. Phenotype method for gelatinase and hemolysin production

Gelatinase production was determined by depositing a drop of each *Enterococcus* culture on a plate containing Gelatin Agar as described by Lopes et al. (2006). Hemolytic activity was assessed by streaking the cultures onto Columbia blood agar supplemented with 5% (v/v) horse blood (Becton Dickinson) and incubated at 37 °C for 24–48 h, under anaerobic condition (Gaspar et al., 2009).

The hemolytic reactions were classified as total or β-hemolysis (clear zone of hydrolysis around the colonies), partial or α-hemolysis (green halo around the colonies) and absent or γ-hemolysis.

Each test was performed in duplicate.

2.4. DNA extraction and molecular approach

The DNA for molecular analyses was extracted following the methodology described by Ruzauskas et al. (2015). The presence of antimicrobial resistance genes was investigated on the IR and R strains by PCR. The genes investigated were *erm*(A), *erm*(B), *erm*(C) for resistance to macrolide, lincosamides, and streptogramins B; *msr*(A) and *mph*(C) for resistance to macrolide and streptogramins B; *tet*(K), *tet*(M) for resistance to tetracycline; *cat*_(pC221) for resistance to chloramphenicol; *aadA* and *aadE* for resistance to streptomycin; *vanA* and *vanB* for resistance to vancomycin.

The presence of the genes involved in the expression of virulence traits for aggregation *gelE* (gelatinase), *asa1* (aggregation substance), *efaA* (endocarditis antigen), *ace* (adhesion of collagen), and *esp* (enterococcal surface protein) was also investigated by PCR.

The primers used for PCRs are reported in Table 2.

2.5. Statistical and explorative multivariate analyses

An explorative multivariate analysis was employed to investigate the relationship among strains. A hierarchical cluster analysis (HCA) (joining, tree clustering) was carried out for grouping the strains according to their dissimilarity, measured by Euclidean distances, whereas cluster aggregation was based on the Ward's method (Martorana et al., 2015; Todeschini, 1998).

The input matrix used for HCA consisted of phenotypical (antimicrobial resistance, MIC, gelatinase, and hemolysis activities) and genotypical (antimicrobial resistance and virulence genes) characteristics of strains.

Statistical data processing and graphic construction were achieved by using STATISTICA software version 10 (StatSoft Inc., Tulsa, OK, USA).

3. Results

3.1. Antimicrobial susceptibility and MIC determination

The prevalence of antimicrobial resistance with regards to species and source of isolation of the 40 strains is shown in Table 3. The

Table 1
Origin of the *Enterococcus* strains used in this study.

Strain	Species	Origin	Reference
PON82	<i>E. gallinarum</i>	PDO Vastedda della valle del Belice cheese ^a	Gaglio et al. (2014a)
PON85	<i>E. faecalis</i>	PDO Vastedda della valle del Belice cheese ^a	Gaglio et al. (2014a)
PON94	<i>E. faecium</i>	PDO Vastedda della valle del Belice cheese ^a	Gaglio et al. (2014a)
PON111	<i>E. faecium</i>	PDO Vastedda della valle del Belice cheese ^a	Gaglio et al. (2014a)
PSL68	<i>E. faecium</i>	PDO Pecorino Siciliano cheese ^b	Todaro et al. (2011)
MOB6	<i>E. faecalis</i>	Wooden vat surfaces	Settanni et al. (2012)
FMA8	<i>E. faecalis</i>	Bovine bulk milk	Settanni et al. (2012)
FMA288	<i>E. gallinarum</i>	Wooden vat surfaces	Settanni et al. (2012)
FMA444	<i>E. faecalis</i>	Bovine bulk milk	Settanni et al. (2012)
FMA463	<i>E. faecalis</i>	Bovine bulk milk	Settanni et al. (2012)
FMA604	<i>E. faecalis</i>	Bovine bulk milk	Settanni et al. (2012)
FMA713	<i>E. faecalis</i>	Bovine bulk milk	Settanni et al. (2012)
FMA721	<i>E. faecalis</i>	Wooden vat surfaces	Settanni et al. (2012)
CGLBL109	<i>E. faecium</i>	Animal rennet	Cruciata et al. (2014)
CGLBL115	<i>E. faecalis</i>	Animal rennet	Cruciata et al. (2014)
CGLBL118	<i>E. faecium</i>	Animal rennet	Cruciata et al. (2014)
CGLBL139	<i>E. faecium</i>	Animal rennet	Cruciata et al. (2014)
CGLBL146	<i>E. faecalis</i>	Animal rennet	Cruciata et al. (2014)
CGLBL186	<i>E. faecium</i>	Animal rennet	Cruciata et al. (2014)
CGLBL188	<i>E. faecalis</i>	Animal rennet	Cruciata et al. (2014)
CGLBL203	<i>E. faecium</i>	Animal rennet	Cruciata et al. (2014)
CGLBL204	<i>E. faecium</i>	Animal rennet	Cruciata et al. (2014)
CGLBL213	<i>E. faecium</i>	Animal rennet	Cruciata et al. (2014)
CGLBL221	<i>E. faecium</i>	Animal rennet	Cruciata et al. (2014)
CGLBL225	<i>E. faecium</i>	Animal rennet	Cruciata et al. (2014)
CGLBL274	<i>E. faecium</i>	Animal rennet	Cruciata et al. (2014)
FMAC98	<i>E. casseliflavus</i>	Caciocavallo Palermitano cheese ^c	Di Grigoli et al. (2015)
FMAC134B	<i>E. durans</i>	Caciocavallo Palermitano cheese ^c	Di Grigoli et al. (2015)
FMAC163	<i>E. casseliflavus</i>	Caciocavallo Palermitano cheese ^c	Di Grigoli et al. (2015)
FMAC219	<i>E. faecalis</i>	Caciocavallo Palermitano cheese ^c	Di Grigoli et al. (2015)
WVS1	<i>E. faecium</i>	Wooden vat surfaces (cows' cheese)	Scatassa et al. (2015)
WVS31	<i>E. faecium</i>	Wooden vat surfaces (cows' cheese)	Scatassa et al. (2015)
WVS53	<i>E. faecalis</i>	Wooden vat surfaces (cows' cheese)	Scatassa et al. (2015)
WVS231	<i>E. faecium</i>	Wooden vat surfaces (cows' cheese)	Scatassa et al. (2015)
WVS296	<i>E. faecalis</i>	Wooden vat surfaces (cows' cheese)	Scatassa et al. (2015)
WVS356	<i>E. faecalis</i>	Wooden vat surfaces (ewes' cheese)	Scatassa et al. (2015)
WVS388	<i>E. faecium</i>	Wooden vat surfaces (ewes' cheese)	Scatassa et al. (2015)
WVS426	<i>E. faecalis</i>	Wooden vat surfaces (ewes' cheese)	Scatassa et al. (2015)
WVS439	<i>E. faecium</i>	Wooden vat surfaces (ewes' cheese)	Scatassa et al. (2015)
WVS442	<i>E. faecalis</i>	Wooden vat surfaces (cows' cheese)	Scatassa et al. (2015)

^a Fresh raw ewes' milk cheese.

^b Ripened raw ewes' milk cheese.

^c Ripened raw cows' milk cheese.

frequency of resistance resulted as follows: 21 strains for erythromycin, 14 strains for ciprofloxacin, 8 strains for quinupristin-dalfopristin, 7 strains for tetracycline, 2 strains for streptomycin, and 1 strain for chloramphenicol. No resistance was observed for penicillin, ampicillin, vancomycin, levofloxacin, linezolid, and high level of gentamicin. A total of 31 *Enterococcus* out of 40 strains displayed resistance to at least one antimicrobial compound. Three strains exhibited a multidrug-resistant phenotype (resistance to at least three antimicrobials). In particular, *E. faecalis* FMAC219 was resistant to chloramphenicol/quinupristin-dalfopristin/streptomycin, *E. faecium* CGLBL118 to erythromycin/tetracycline/ciprofloxacin, and *E. faecalis* CGLBL188 to erythromycin/ciprofloxacin/quinupristin-dalfopristin. Resistance to erythromycin was detected in only one *E. faecalis* (WVS442) strain and four *E. faecium* (PSL68, WVS231, WVS439, and CGLBL274) strains. Resistance to quinupristin-dalfopristin was detected in *E. faecalis* FMA463, FMA604, FMA721, and CGLBL146. *E. faecalis* FMA444, WVS356, and CGLBL115 showed resistance to tetracycline. The resistance profiles of enterococci are shown in Table 4.

On the base of the preliminary results obtained by the disk diffusion assay, a total of 27 enterococci characterized for their R or IR behavior were subjected to the MIC determination by microdilution assay (Table 4). MIC values confirmed the classification resulted from the disk diffusion assay, because the strains classified as resistant by the first technique were also found to be resistant by MIC.

3.2. Detection of antimicrobial resistance gene by PCR

All R and IR enterococci were screened for the presence of the antimicrobial resistance genes most commonly reported in enterococci and the results are reported in Table 4.

All seven strains resistant to tetracycline in the phenotypic assay revealed the presence of *tet(M)* gene. None of these strains carried the *tet(K)* gene. The *aadE* gene was found in both strains showing high-level resistance to streptomycin, while the *cat*_(pC221) gene, associated with chloramphenicol resistance, was found in *E. faecalis* FMAC219. None of the erythromycin resistance genes tested was detected. Although none of the strains showed resistance to vancomycin, the presence of the genes associated with the resistance to this antimicrobial was investigated, but they were all negative.

3.3. Virulence activity and related genes

The results of gelatinase and hemolytic activity assay of the 40 enterococci of dairy origin analyzed in this study are reported in Table 4. Only six *E. faecalis* (FMA8, FMA463, FMA713, FMAC219, WVS356, and WVS426) strains showed a positive gelatinase reaction, while β -hemolytic activity was barely detected in two strains of *E. faecalis* (FMA288 and FMA444), two strains of *E. gallinarum* (PON82 and FMA288), and in one strain of *E. casseliflavus* (FMAC98).

Table 2
Primers used for PCR reactions carried out in this study.

Gene	Primer name	Oligonucleotide sequence (5'–3')	Reference
<i>erm(A)</i>	Tn554-1	AAGCGGTA AACCCCTCTGAG	Jensen et al. (2002)
	Tn554-2	TCAAAGCCTGTCGGAATTGG	
<i>erm(B)</i>	Erm(B)-1	CATTTAACGACGAACTGGC	Jensen et al. (2002)
	Erm(B)-2	GGAACATCTGTGGTATGGCG	
<i>erm(C)</i>	Erm(C)-1	ATCTTTGAAATCGGCTCAGG	Jensen et al. (2002)
	Erm(C)-2	CAAACCCGTATTCCACGATT	
<i>mrs(A)</i>	mrsA-F	GCTTAACATGGATGTGG	Perreten et al. (2005)
	mrsA-R	GATTGTCCTGTTAATCCC	
<i>mph(C)</i>	mphC-F	CATTGAATGAATCGGGAC	Perreten et al. (2005)
	mphC-R	TTCATACGCCGATTCTCC	
<i>tet(K)</i>	tetK-1	TTAGGTGAAGGTTAGGTCC	Aarestrup et al. (2000)
	tetK-2	GCAAACCTCATTCCAGAAGCA	
<i>tet(M)</i>	tetM-F	GTAAATAGTGTCTTGGAG	Aarestrup et al. (2000)
	tetM-R	CTAAGATATGGCTCTAACAA	
<i>cat(pC221)</i>	catpC221-F	ATTTATGCAATTATGGAAGTTG	Schnellmann et al. (2006)
	catpC221-R	TGAAGCATGGTAACCATCAC	
<i>aadA</i>	AadAf	GCAGCGCAATGACATTTCTTG	Sáenz et al. (2004)
	AadAr	ATCCTTCGGCCGATTTTG	
<i>aadE</i>	ant(6)-IF	CGGGAGAATGGGAGACTTTG	Kobayashi et al. (2001)
	ant(6)-IR	CTGTGGCTCCACAATCTGAT	
<i>VanA</i>	VanAf	GGAAAACGACAATTGCTATT	DANMAP (2008)
	VanAr	GTACAATGCGGCCGTTA	
<i>VanB</i>	VanBf	ATCGGCCTACATTCTTACA	DANMAP (2008)
	VanBr	AGCGTTAGTCTTCCGT	
<i>gelE</i>	GEL 11	TATGACAATGCTTTTTGGGAT	Vankerckhoven et al. (2004)
	GEL 12	AGATGCACCCGAAATAATATA	
<i>ace</i>	ace1f	GAATTGAGCAAAAGTCAATCG	Martín-Platero et al. (2009)
	ace1r	GTCTGTCTTTTCACTTGTTTC	
<i>asa1</i>	asa1f	CCAGCCAATATGGCGGAATC	Creti et al. (2004)
	asa1r	CCTGTCGCAAGATCGACTGTA	
<i>efaA</i>	EFA-AF	GCCAATTGGGACAGACCCCTC	Creti et al. (2004)
	EFA-AR	CGCCTTCTGTCTTCTTTGGC	
<i>esp</i>	esp-F	TTGTAATGCTAGTCCACGACC	Eaton and Gasson (2001)
	esp-R	GCGTCAACACTTGCAATGCCGAA	

Twenty enterococci had virulence genes. All *E. faecalis* strains were positive to at least one virulence factor. The presence of multiple virulence factors was detected more frequently in *E. faecalis* than in *E. faecium*. Specifically, the *gelE* gene was detected in 15 strains (37.5%), the *asa1* in 19 (47.5%), the *efaA* in 10 (25.0%), the *ace* in 11 (27.5%), and the *esp* in 8 (20.0%). Nineteen enterococci had multiple virulence factors. *E. faecium* CGLBL203 possessed only the *gelE* gene. Moreover, nine of the *gelE* positive strains did not express gelatinase activity.

3.4. Multivariate statistical analysis

HCA classified the strains in accordance to their mutual dissimilarity and relationship (Fig. 1) by using a total of 35 variables, including susceptibility to antimicrobials, presence of genes for antibiotic resistance and virulence, gelatinase activity, hemolysis type, and MICs. The 40 strains were clearly separated into two main groups (mega-clusters A and B). The mega-cluster B included all strains resistant to antibiotics and positive for virulence factors. The components of this cluster were all strains from milk, the majority of those from the wooden vats, some from animal rennets, and only two strains from cheeses. The mega-cluster A included only two β -hemolytic strains (*E. casseliflavus* FMAC98 and *E. gallinarum* PON82) and 19 non-virulent enterococci. Specifically, most of rennet strains, some from wooden vats, and two strains from cheese were antibiotic resistant but not virulent, two cheese strains were virulent but antibiotic sensible, and, interestingly, three strains (*E. casseliflavus* FMAC163, *E. durans* FMAC134B, and *E. faecium* PON94) were susceptible to antibiotics and negative for the presence of virulence factors. Thus, the risk factors of the enterococci studied were correlated to the source of isolation.

4. Discussion

Enterococci are omnipresent in several traditional fermented foods. These bacteria are responsible for typicality, but they are also involved in safety issues, mainly associated with antimicrobial resistance and virulence characters. Thus, members of *Enterococcus* genus are bacteria with a contrasting role in cheese for their risk/benefit aspects. In this study, a collection of 40 strains of dairy origin was characterized phenotypically and genotypically in order to explore their safety aspects. Contrarily to previous studies (Martín-Platero et al., 2009; Nieto-Arribas et al., 2011; Morandi et al., 2015) carried out on the characterization of the antibiotic resistance and virulence determinants of cheese *Enterococcus*, our collection was composed of strains isolated along the entire production chain of three traditional raw milk cheeses. In this manner, we investigated not only the enterococci from final (fresh and ripened) cheeses but also those from raw materials (bulk milks and animal rennets) and from the contaminating sources (wooden surfaces of the vats used from milk transformation). To our knowledge, this is the first work aimed to analyze the antibiotic resistance and the virulence of *Enterococcus* from stretched (cows' and ewes' milk) cheeses.

Enterococci, especially *E. faecium* and *E. faecalis*, are commonly present in milk products from different countries (Nieto-Arribas et al., 2011; Suzzi et al., 2000). They are also often detected on the wooden equipment used for traditional cheese making (Scatassa et al., 2015) and in the animal rennet necessary for milk curdling during the production of these kind of cheeses (Cruciata et al., 2014), but the scientific knowledge lacks of information on the antibiotic resistance and virulence of *Enterococcus* colonizing the wooden vat biofilms and transferred to cheese by the animal rennets.

The members of the *Enterococcus* genus generally possess a broad spectrum of natural antimicrobial resistances including resistance to cephalosporins, polymyxines, low concentrations of aminoglycosides,

Table 3
Percentage of antimicrobial resistance of the enterococcal isolates (reported in brackets) from different dairy environments.

Antibiotics ^a	Bulk milk		Animal rennet		Wooden vat surfaces			PDO Vastedda della valle del Belice cheese			PDO Pecorino Siciliano cheese			Caciocavallo Palermitano cheese			Total strains	
	<i>E. faecalis</i> (5)	<i>E. faecium</i> (10)	<i>E. faecium</i> (3)	<i>E. faecalis</i> (3)	<i>E. faecium</i> (5)	<i>E. faecium</i> (7)	<i>E. faecalis</i> (7)	<i>E. faecium</i> (2)	<i>E. faecalis</i> (1)	<i>E. gallinarum</i> (1)	Total (13)	<i>E. faecium</i> (1)	<i>E. faecium</i> (1)	Total (4)	<i>E. faecalis</i> (1)	<i>E. durans</i> (1)		<i>E. casseliflavus</i> (2)
P	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
AMP	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
VA	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
E	0.0	100.0 (10)	33.3 (1)	84.6 (11)	100.0 (5)	42.9 (3)	42.9 (3)	50.0 (1)	100.0 (1)	0.0	61.5 (8)	100.0 (1)	25.0 (1)	0.0	0.0	0.0	0.0	52.5 (21)
TE	20.0 (1)	10.0 (1)	33.3 (1)	15.4 (2)	0.0	42.9 (3)	0.0	23.1 (3)	0.0	23.1 (3)	0.0	100.0 (1)	25.0 (1)	0.0	0.0	0.0	0.0	17.5 (8)
CIP	0.0	90.0 (9)	33.3 (1)	76.9 (10)	60.0 (3)	0.0	0.0	50.0 (1)	0.0	23.1 (3)	0.0	0.0	25.0 (1)	0.0	0.0	0.0	0.0	35.0 (14)
LEV	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
C	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	100.0 (1)	0.0	0.0	0.0	2.5 (1)
QD	40.0 (2)	0.0	66.7 (2)	15.4 (2)	0.0	28.6 (2)	0.0	15.4 (2)	0.0	15.4 (2)	0.0	100.0 (1)	25.0 (1)	0.0	0.0	0.0	0.0	25.0 (1)
L	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
CN	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
STR	0.0	0.0	0.0	0.0	0.0	14.3 (1)	0.0	7.7 (1)	0.0	7.7 (1)	0.0	0.0	0.0	100.0 (1)	0.0	0.0	0.0	25.0 (1)

^a P, penicillin; AMP, ampicillin; VA, vancomycin; E, erythromycin; TE, tetracycline; CIP, ciprofloxacin; LEV, levofloxacin; QD, quinupristin-dalfopristin; L, linezolid; CN, gentamicin; STR, streptomycin.

clindamycin, fluoroquinolones, streptogramins (*E. faecalis*), and trimethoprim–sulfamethoxazole (Arias et al., 2010; Delgado et al., 2007). Previous studies (Jamet et al., 2012; Macovei and Zurek, 2007; Teuber et al., 1999) conducted on the distribution of antimicrobial resistance of *Enterococcus* spp. in cheeses reported very high levels of antimicrobial resistances among these bacteria. From this perspective, there is still a strong necessity to deepen the knowledge of *Enterococcus* strains present in raw milk cheeses produced with different technologies. This could be useful to support their qualified presumption of safety (QPS), since no nosocomial infection due to the consumption of dairy products containing enterococci has been registered so far.

The antimicrobial susceptibility tests showed resistance to erythromycin, ciprofloxacin, quinupristin–dalfopristin, tetracycline, streptomycin, and chloramphenicol at different percentages of resistance. In accordance to the published literature on antimicrobial resistance in enterococci isolated from food (Franz et al., 2001), our results did not show *Enterococcus* strains resistant to penicillins (penicillin and ampicillin). Enterococci have intrinsic low-level resistance to the aminoglycosides because of the limited ability of these agents to penetrate the cell wall (Moellering et al., 1980). Except for *E. faecalis* FMAC219 and WWS53 that were resistant to high-level streptomycin, all the other strains did not show high-level resistance to aminoglycosides. Since these classes of antimicrobial agents (penicillins, glycopeptides, and aminoglycosides) represent the most common therapeutic options for the treatment of enterococcal infections (Chow, 2000), our investigation highlighted the limited role (only 2 strains showing high-level resistance to aminoglycosides) of the strains isolated from the dairy environments sampled in Sicily in the dissemination of resistance to these agents necessary to combat enterococci responsible for human diseases. Interestingly, only one strain (FMAC219) with these characteristics was isolated from cheese.

The genetic investigation of the presence of resistance genes in our strains showed that tetracycline resistance was mainly associated with *tet* genes. These results are in accordance with what was reported by Huys et al. (2004) who analyzed several enterococci of dairy origin. In particular, the seven strains with tetracycline-resistant phenotype carried the *tet*(M) gene, but not the *tet*(K). Similar results were reported by other authors (Huys et al., 2004; Wilcks et al., 2005). The *erm*(B) gene is considered to be the most widespread macrolide resistance gene among enterococci from foods (Teuber et al., 1999). However, this gene and other genes involved in the resistance to this antimicrobial compound were not detected in the strains that were resistant. Thus, a deeper investigation of the genetic cluster responsible for resistance to erythromycin in our enterococci is necessary to detect the determinants involved.

Only one strain was resistant to chloramphenicol and it carried the *cat* gene. The incidence of this gene among food enterococci is generally higher (Hummel et al., 2007) than that evidenced in our study. The *aadE* gene was detected in all strains with high-level resistance to streptomycin, a trait recorded for other *Enterococcus* isolates from foods of animal origin (Aslam et al., 2012). Furthermore, in this study, all strains were also screened for the most common vancomycin resistance genes (*vanA* and *vanB*). This screening was performed because of the emergence of enterococci resistant to glycopeptides in many developed countries, which is attributed to the overuse of avoparcin as an animal growth promoter (Koluman et al., 2009). However, none of the 40 strains object of this investigation was vancomycin resistant.

In general, besides their innate resistance to antimicrobials, most of the strains included in our study had acquired resistance to at least one of the antimicrobials tested. Enterococci found in milk and derived products can be highly resistant to antibiotics because these agents are commonly used for the treatment of bacterial infection, especially mastitis. However, this phenomenon is less pronounced in extensive farms where animals enjoy welfare conditions than those intensively farmed. The traditional raw milk PDO Pecorino Siciliano, PDO Vastedda della Valle del Belice, and Caciocavallo Palermitano cheeses that provided

Table 4
Characteristics of the *Enterococcus* strains studied.

Strain	Species	Antimicrobial resistance phenotype ^a	Antimicrobial MIC (µg/ml)					Antimicrobial genes	Gelatinase activity	Type of hemolysis	Virulence factors
			E	CIP	TE	STR	C				
FMAC219	<i>E. faecalis</i>	C-QD-STR				≥2000	32	<i>aadE</i> , <i>cat</i> (pC221)	+	γ	<i>gelE</i> , <i>asa1</i> , <i>efaA</i> , <i>ace</i>
CGLBL118	<i>E. faecium</i>	E-TE-CIP	4	2	32			<i>tet</i> (M)	–	γ	<i>asa1</i>
CGLBL188	<i>E. faecalis</i>	E-CIP-QD	2	2					–	γ	<i>gelE</i> , <i>asa1</i> , <i>esp</i>
WVS296	<i>E. faecalis</i>	E-TE	2		32			<i>tet</i> (M)	–	γ	<i>asa1</i> , <i>esp</i>
PON111	<i>E. faecium</i>	E-CIP	2	2					–	γ	
WVS1	<i>E. faecium</i>	E-CIP	2	2					–	γ	
WVS31	<i>E. faecium</i>	E-CIP	2	2					–	γ	
WVS388	<i>E. faecium</i>	E-CIP	2	2					–	γ	
CGLBL109	<i>E. faecium</i>	E-CIP	4	2					–	γ	
CGLBL139	<i>E. faecium</i>	E-CIP	256	2					–	γ	
CGLBL186	<i>E. faecium</i>	E-CIP	2	2					–	γ	
CGLBL203	<i>E. faecium</i>	E-CIP	8	2					–	γ	<i>gelE</i>
CGLBL204	<i>E. faecium</i>	E-CIP	8	2					–	γ	
CGLBL213	<i>E. faecium</i>	E-CIP	2	2					–	γ	
CGLBL221	<i>E. faecium</i>	E-CIP	8	2					–	γ	
CGLBL225	<i>E. faecium</i>	E-CIP	8	2					–	γ	
WVS426	<i>E. faecalis</i>	E-QD	8						+	γ	<i>gelE</i> , <i>asa1</i> , <i>efaA</i> , <i>ace</i>
PON85	<i>E. faecalis</i>	TE-QD			16			<i>tet</i> (M)	–	γ	<i>asa1</i> , <i>esp</i>
WVS53	<i>E. faecalis</i>	TE-STR			16	2000		<i>tet</i> (M), <i>aadE</i>	–	γ	<i>gelE</i> , <i>asa1</i> , <i>esp</i>
WVS442	<i>E. faecalis</i>	E	2						–	γ	<i>gelE</i> , <i>asa1</i> , <i>esp</i>
PSL68	<i>E. faecium</i>	E	16						–	γ	
WVS231	<i>E. faecium</i>	E	2						–	γ	
WVS439	<i>E. faecium</i>	E	4						–	γ	
CGLBL274	<i>E. faecium</i>	E	2						–	γ	
FMA463	<i>E. faecalis</i>	QD	n.e.	n.e.	n.e.	n.e.	n.e.	n.e.	+	β	<i>gelE</i> , <i>asa1</i> , <i>efaA</i> , <i>ace</i>
FMA604	<i>E. faecalis</i>	QD	n.e.	n.e.	n.e.	n.e.	n.e.	n.e.	–	γ	<i>gelE</i> , <i>asa1</i> , <i>efaA</i> , <i>ace</i>
FMA721	<i>E. faecalis</i>	QD	n.e.	n.e.	n.e.	n.e.	n.e.	n.e.	–	γ	<i>gelE</i> , <i>asa1</i> , <i>efaA</i> , <i>ace</i>
CGLBL146	<i>E. faecalis</i>	QD	n.e.	n.e.	n.e.	n.e.	n.e.	n.e.	–	γ	<i>gelE</i> , <i>asa1</i> , <i>esp</i>
FMA444	<i>E. faecalis</i>	TE			16			<i>tet</i> (M)	–	γ	<i>gelE</i> , <i>asa1</i> , <i>efaA</i> , <i>ace</i>
WVS356	<i>E. faecalis</i>	TE			16			<i>tet</i> (M)	+	β	<i>gelE</i> , <i>asa1</i> , <i>efaA</i> , <i>ace</i> , <i>esp</i>
CGLBL115	<i>E. faecalis</i>	TE			32			<i>tet</i> (M)	–	γ	<i>asa1</i> , <i>esp</i>
PON82	<i>E. gallinarum</i>	n.d.	n.e.	n.e.	n.e.	n.e.	n.e.	n.e.	–	β	
PON94	<i>E. faecium</i>	n.d.	n.e.	n.e.	n.e.	n.e.	n.e.	n.e.	–	γ	
MOB6	<i>E. faecalis</i>	n.d.	n.e.	n.e.	n.e.	n.e.	n.e.	n.e.	–	γ	<i>asa1</i> , <i>efaA</i> , <i>ace</i>
FMA8	<i>E. faecalis</i>	n.d.	n.e.	n.e.	n.e.	n.e.	n.e.	n.e.	+	γ	<i>gelE</i> , <i>asa1</i> , <i>efaA</i> , <i>ace</i>
FMA288	<i>E. gallinarum</i>	n.d.	n.e.	n.e.	n.e.	n.e.	n.e.	n.e.	–	β	<i>gelE</i> , <i>asa1</i> , <i>ace</i>
FMA713	<i>E. faecalis</i>	n.d.	n.e.	n.e.	n.e.	n.e.	n.e.	n.e.	+	γ	<i>gelE</i> , <i>asa1</i> , <i>efaA</i> , <i>ace</i>
FMAC98	<i>E. casseliflavus</i>	n.d.	n.e.	n.e.	n.e.	n.e.	n.e.	n.e.	–	β	
FMAC134B	<i>E. durans</i>	n.d.	n.e.	n.e.	n.e.	n.e.	n.e.	n.e.	–	γ	
FMAC163	<i>E. casseliflavus</i>	n.d.	n.e.	n.e.	n.e.	n.e.	n.e.	n.e.	–	γ	

Abbreviations: n.d., not detected (value < detection limit of method); n.e. (not evaluated).

^a P, penicillin; AMP, ampicillin; VA, vancomycin; E, erythromycin; TE, tetracycline; CIP, ciprofloxacin; LEV, levofloxacin; C, chloramphenicol; QD, quinupristin-dalfopristin; L, linezolid; CN, gentamicin; STR, streptomycin.

the *Enterococcus* analyzed in this work were all made from milk of animals raised at pasture with a limited antibiotic pressure.

The investigation of the virulence genes evidenced the presence of *esp*, *asa1*, *efaA*, *ace*, and *gelE* genes. According to Eaton and Gasson (2001), the incidence of these virulence traits was quite low among *E. faecium* strains that are commonly found in dairy productions (Foulquié Moreno et al., 2006). Regarding the current status of this species, the assessment for QPS was performed (EFSA, 2012) and it was concluded that the strains associated to clinical infections could be differentiated from non-pathogenic strains. The safety criteria for *E. faecium* are the susceptibility to ampicillin (MIC ≤ 2 mg/L) and the absence of three genetic markers (*IS16*, *hylE_{fm}*, and *esp*) associated with virulence. This is of value for the Panels on Additives and Products or Substances used in Animal Feed (FEEDAP) dealing with the strain-specific notification, but it is too recent knowledge for a QPS recommendation, considering the recent information on the evolution of the epidemiology of *Enterococcus* infections in humans (EFSA, 2013).

The sources of strain isolation indicated a certain correlation between the origin of enterococci and their antibiotic resistance/virulence

factors. All strains from milk, the majority of those from wooden vats, some from animal rennets, and only two strains from cheeses showed all risk factors, since they were antibiotic resistant and positive for virulence determinants. Most of rennet strains, some from wooden vats and barely two strains from cheese were antibiotic resistant but not virulent. On the contrary, two cheese strains were virulent but not antibiotic resistant. Interestingly, the strains *E. casseliflavus* FMAC163, *E. durans* FMAC134B, and *E. faecium* PON94, isolated from final cheeses, were susceptible to all 12 antimicrobials tested and did not carry any virulence factors. All antibiotic sensible strains were isolated only from stretched cheeses. The antibiotic sensible strains are probably present in raw materials and/or equipment surfaces at lower levels than the antibiotic resistant ones and, for this reason, not detected by plate count. The production of antibiotics by some bacteria provides them with a competitive advantage over non-resistant bacteria in their environment (Criswell, 2004). On the other hand, the technological parameters encountered during processing, such as stretching, might exert a selection pressure on enterococci and this could explain the dominance of the antibiotic-sensible strains over the *Enterococcus* populations of the

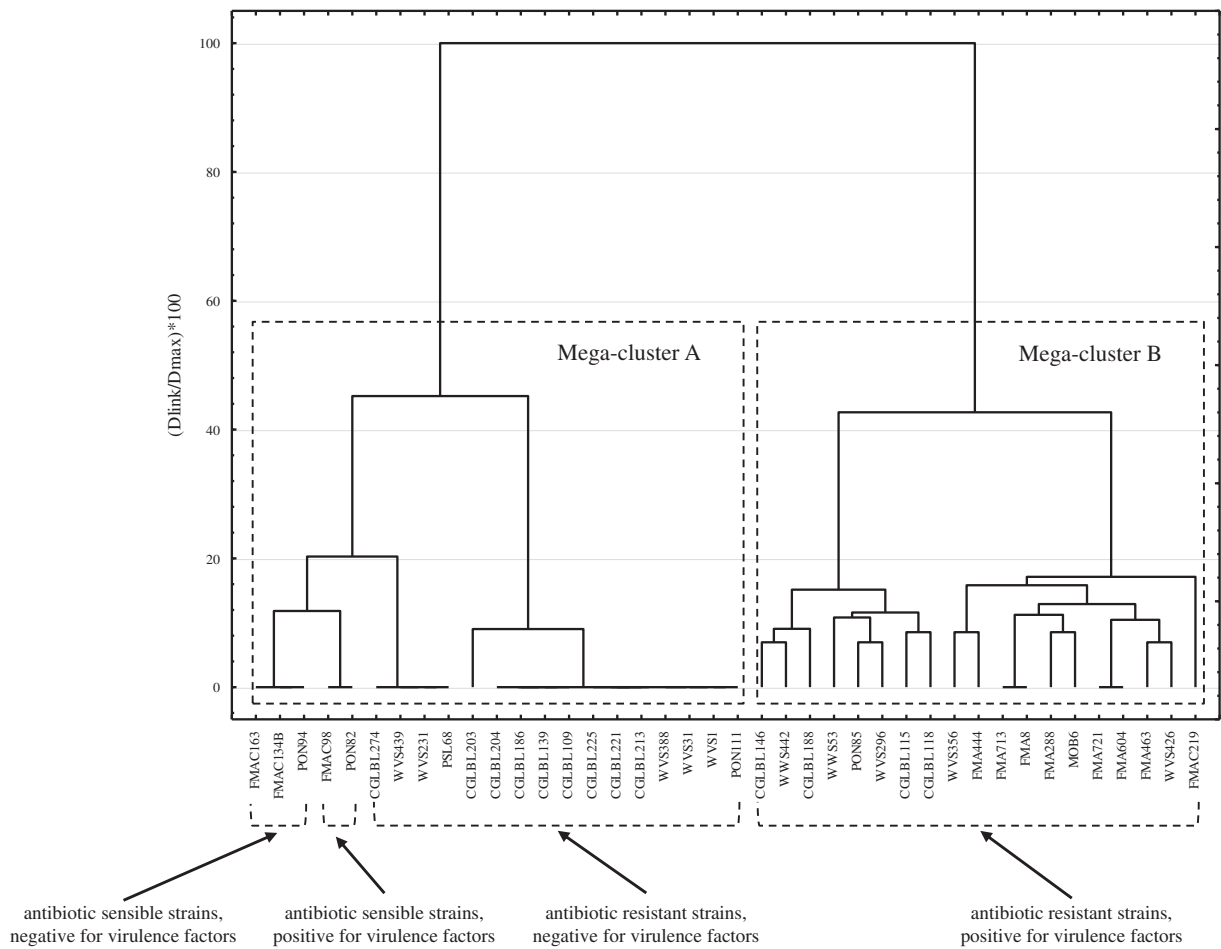


Fig. 1. Dendrogram of *Enterococcus* strains resulting from the HCA based on antimicrobial resistance, MIC, gelatinase production, hemolysis activity, antimicrobial resistance, and virulence genes. The dissimilarity among samples was measured by Euclidean distance, whereas cluster aggregation was achieved by the Ward's method.

stretched cheeses. This hypothesis needs further investigations to state a direct influence of the stretching phase on the selection of antibiotic sensitive *Enterococcus*.

This study showed that three *Enterococcus* strains are characterized by the absence of risk factors and, from an application perspective, they are suitable for dairy productions. However, the technological potential of these harmless strains has to be investigated before addition in cheese making to safeguard the final typicality. It is worth noting that the three strains devoid of risk factors were isolated from stretched cheeses, suggesting that the cheeses made by the stretching technology might represent an interesting source of QPS enterococci.

5. Conclusions

This study is the first report on the antimicrobial resistance and virulence of enterococci isolated during different steps of production of three traditional Sicilian raw milk cheeses, including raw materials, equipment surfaces and stretched cheeses. The results of the present work confirmed that dairy enterococci might be a potential source for dissemination of antimicrobial resistances and virulence among bacteria. However, the presence of *Enterococcus* in the final cheeses is not generally at levels that trigger a healthy alert, and as demonstrated by this investigation, a considerable percentage (33.3%) of the strains isolated from the final cheeses did not carry any risk factor. For this reason, experiments are being prepared to test, *in vivo*, the ability of the strains *E. casseliflavus* FMAC163, *E. durans* FMAC134B, and *E. faecium* PON94, added as secondary adjuncts cultures, to dominate the indigenous *Enterococcus* populations for the production of safer cheeses without

compromising the typicality ascribed to this microbial group. Although this applications needs important and detailed studies, the selection of harmless strains, proven their dairy traits, to be used for the production of safe and typical cheeses would provide relevant insights to support the QPS status of *Enterococcus* from dairy environments and to valorize the traditional products.

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