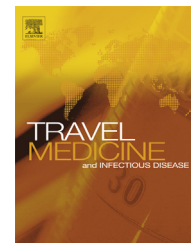


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## REVIEW

# Transfusion transmitted leishmaniasis. What to do with blood donors from endemic areas?



Pasquale Mansueto<sup>a</sup>, Aurelio Seidita<sup>a</sup>, Giustina Vitale<sup>a</sup>,  
Antonio Cascio<sup>b,\*</sup>

<sup>a</sup> Department of Internal Medicine and Biomedicine, University of Palermo, Italy

<sup>b</sup> Department of Human Pathology, University of Messina, Italy

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**Summary** Leishmaniasis clinical spectrum ranges from cryptic infection to fatal visceral leishmaniasis. Cryptic infection can be found in blood donors from areas endemic for leishmaniasis all over the world. Although leishmaniasis is a classic vector-borne disease, cases of transfusion transmitted leishmaniasis have been reported especially in nonendemic areas. Most of these cases regarded infants or children. This paper reviews the literature on this specific feature and the impact of leishmaniasis on transfusion medicine. Relevant literature was found through PubMed. The reference lists of selected articles identified further sources. Conclusions: Blood donations by emigrants or travelers from endemic areas require special attention. Routine diagnostic methods should be implemented in blood banks to exclude donors that are positive for *Leishmania*, and individuals who suffered from visceral leishmaniasis should be prohibited from donating blood. The use of leukodepletion filters at the time of collection should be recommended in at-risk areas especially for high-risk recipients.

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## 1. Introduction

Leishmaniasis is a vector-borne disease caused by *Leishmania* species of protozoan parasites. Among 15 well-recognized *Leishmania* spp. known to infect humans, 13

have a zoonotic nature since canines and rodents are the principal hosts [1]. The clinical spectrum of the disease depends largely on parasite species and host immune response, ranging from asymptomatic infection (80–95% of affected people) to 3 main clinical syndromes (5–20% of current leishmaniasis): visceral leishmaniasis (VL), also known as “*kala-azar*,” cutaneous leishmaniasis (CL), and mucosal or mucocutaneous leishmaniasis (ML), also known as “*espundia*” [2,3].

The most severe form is VL which affects about 200,000–400,000 people worldwide, causing approximately

\* Corresponding author. UOC Malattie Infettive, AOU Policlinico “G. Martino”, Via Consolare Valeria n. 1, 98125 Messina, Italy. Tel.: +39 090 2213680; fax: +39 090 692610.

E-mail address: [acascio@unime.it](mailto:acascio@unime.it) (A. Cascio).

20,000–30,000 deaths per year. If untreated it has a mortality rate of almost 100%. India, Nepal, Bangladesh, Sudan and Brazil account for 90% of all visceral cases, Brazilian cases represent up to 90% of all cases in the Americas. VL usually presents with fever, splenomegaly, pancytopenia and hypergammaglobulinemia [4].

*Leishmania (L.) infantum* in the Mediterranean basin, West Africa, and South America (*L. infantum chagasi* (or *L. infantum* MON 1)) is the agent of zoonotic visceral leishmaniasis (ZVL), and dogs are the only confirmed primary reservoir of infection [5]. *L. donovani* causes anthroponotic VL in the Indian subcontinent and eastern Africa.

In the 90s an increase in cases was noticed mainly due to the extension of *Leishmania*-HIV coinfection. It is estimated that in southern Europe between 25% and 70% of adult VL cases are related to HIV infection [6,7]. The increased rate of human VL in HIV-infected patients suggests that most cases could be attributable either to a reactivation of cryptic forms of the disease by HIV immune system suppression or the inability to avoid primary infections [8].

Although VL is the most severe form of the disease, CL is by far the most common, 90% of which occurs in Afghanistan, Iran, Saudi Arabia, Syria, Brazil, and Peru [9]. CL clinical onset is characterized by skin ulcers on the exposed parts of the body, such as the face, arms and legs, their number ranging from 1 to as many as 200, causing serious disability and leaving the patient permanently scarred. Sometimes the cutaneous form may evolve to a disseminated form, known as diffuse cutaneous leishmaniasis (DCL). The main species involved in CL are: *L. tropica*, *L. aethiopica*, *L. major*, and dermatropic zymodemes of *L. infantum* in the "Old World" (i.e. southern Europe, Mediterranean basin, Middle East, Asia, and Africa), and parasites belonging to the *Leishmania Mexicana* (*L. amazonensis*, *L. mexicana*, *L. venezuelensis*) and *Leishmania Viannia* (*L. braziliensis*, *L. guyanensis*, *L. panamensis*, *L. peruviana*) subgenus complexes in the "New World" (Latin America). Most of the Old World species cause benign cutaneous disease, New World species cause a spectrum of disease, ranging from mild cutaneous disease to severe mucosal lesions (i.e. ML) [10].

The third form, ML, can lead to extensive and disfiguring destruction of mucous membranes of the nose, mouth and throat cavities and can even involve the cartilages. Bolivia, Brazil and Peru are the most involved Countries, accounting for about 90% of all cases [11]. As mentioned above just a small number of New World CL evolves into mucosal forms; in these cases its course is chronic and may be life-threatening. Mucocutaneous lesions are quite frequent complications of the *L. Viannia* complex infections (more commonly manifesting in *L. braziliensis* than in *L. guyanensis* or *L. panamensis* infections), whereas they are not typically seen in *L. Mexicana* complex infections, except (rarely) when *L. amazonensis* is involved [12]. All the *Leishmania* spp responsible for CL and ML, apart from *L. tropica* are zoonotic.

Hematophagous female sand flies (order *Diptera*, family *Psychodidae*, subfamily *Phlebotominae*) of the *Phlebotomus* genus in the Old World, and of the *Lutzomyia* genus in the New World, are the vectors of the disease. Nevertheless, fewer than 50 of the approximately 1000 species of

sand flies worldwide are counted as vectors. This could be due to both the inability of some sand fly species to support the development of parasite infective stages in their gut, and to the lack of ecological contact with reservoir hosts [13]. Female sand flies acquire the infective form of the parasite (amastigotes) during blood meals, and transmit the evolved, extracellular, stationary phase, metacyclic promastigotes, to new hosts through another meal. Promastigotes are then phagocytosed by macrophages and related cells (monocytes in the blood and in the remainder of the reticuloendothelial system) in the mammalian host, and transformed to amastigotes [14]. Possible transmission routes other than insects have rarely been reported: placenta, semen, injection needles, organ transplantation, blood transfusion and laboratory-acquired infections [15–22].

However, much attention has recently focused on iatrogenic and preventable causes of leishmaniasis that include the transfusion-transmitted route. In infected human hosts, the overwhelming majority of *Leishmania* organisms reside within reticuloendothelial cells and do not circulate freely in the blood. At the time of blood collection, organisms are present inside monocytes of infected donors. Upon storage at 4 °C, the organisms remain within white blood cells (WBCs) for some time, but could eventually emerge as free amastigotes that may transform into promastigotes, able to survive outside the cell in the stored blood [23].

The evidence of human cases of transfusion transmitted leishmaniasis (TTL) is of interest, especially VL, with clinical features and outcomes similar to those of the natural infection, not only in endemic but also in nonendemic areas [24].

In this paper we reviewed the literature on clinical and non-clinical features of TTL and its impact on transfusion medicine. We researched the PubMed database for the period from 1980 through December 31, 2013, using the words "leishmaniasis," "transfusion," and "blood donor." Articles presenting original data on human cases of TTL were included in our review, as were the review articles.

## 2. Survival of *Leishmania* spp. *in vitro* and in experimental animals in blood and blood products

*In vitro* studies have clearly shown that, under general blood bank storage conditions, for at least 25 days post-donation, *L. tropica*- or *L. donovani*-contaminated transfusion blood products must be considered at risk. Packed red blood cells, frozen-deglycerolized red blood cells, platelet concentrate, and whole blood have been reported to be involved. In contrast, no reports on fresh frozen plasma have been published, as would be expected. Intracellular parasites survive longer than stationary phase extracellular promastigotes or free amastigotes. The parasites survive for 25 days as intracellular forms in monocytes in the red blood cell fraction kept at 4 °C, for 35 days in the red blood cell fraction frozen with glycerol, for 5 days in the platelet fraction kept at 24 °C, and for 30 days in unprocessed whole blood left at 4 °C. To define the minimum concentration of *L. tropica* needed to

contaminate 1 mL of blood, serial dilutions with known numbers of intramacrophagic amastigotes per milliliter of blood were cultured in whole blood at 4 °C; to determine parasite availability specific aliquots were removed every day. The study proved that when whole blood was kept under blood bank conditions, a single *L. tropica* parasite survived for 15 days, whereas a 35-day culture inoculum of at least 256 organisms was required to have viable parasites. Animal studies were carried out to assess the presence of infected monocytes in the blood of cutaneously infected animals and the possibility of transmitting the disease by blood transfusion from both infected donor animals and seeded citrate phosphate dextrose-adenine-1 (CPDA-1) bags of human whole blood kept for 30 days at 4 °C under blood bank conditions. Viscerotropic *L. tropica* was cultured from the blood of 6 of 10 cutaneously infected hamsters, whereas cutaneous *L. major* from 5 of 9 cutaneously infected BALB/C mice. In 3 of the 5 mice transfused with a fresh 0.5 mL blood sample from lesion positive BALB/C donor mice, cutaneous lesions or metastasis to the lower extremities were observed. In addition, *L. major* amastigotes were visualized and cultured from the liver and spleen of 4 of the 5 transfused animals. Similarly, of the 5 mice transfused with blood stored for 30 days at 4 °C, 4 developed metastasis to the face and upper extremities, and amastigotes were evidenced and cultured from the livers of all 5 transfused animals. In this study by Grogil et al., 3 additional animals that received 0.25 mL of blood from a CPDA-1 bag seeded with 10 *L. tropica* amastigotes per mL of blood stored for 30 days developed the same metastasis to the lower extremities or face. Thus it was clearly proven that *Leishmania* not only survive under blood bank conditions, but the parasites retain their infectivity to healthy experimental animals [23]. TTL has also been confirmed in dogs [25–27], and in experimental assays with hamsters and mice, by plasma transfusion as well [28–30].

### 3. *In vivo* human findings of *Leishmania* in peripheral blood

*Leishmania* is expected to persist in the blood for an undefined period between sand fly inoculation and its final localization in the target organs. Several *in vivo* studies proved that the parasite, after entering the skin through the blood meal, invades the cells of the reticulo-endothelial system where it resides and multiplies. Large mononuclear cells and polymorphonuclear leukocytes are the location to search for the parasites. The disease usually starts with an asymptomatic subclinical period, in which parasites may already be circulating in the peripheral blood, but the lack of any clinical or hematologic changes leads physicians to not suspect and diagnose the disease. These potentially asymptomatic parasite infected blood donors usually have a very low parasite density (ranging from 0.001 parasites/mL to 1 parasite/mL), in contrast to VL patients at diagnosis, who usually have higher titers (ranging from 8 to 1,400,000 parasites/mL), and may serve as a source of TTL [2,31,32].

Several studies suggest that the presence of *Leishmania* in the peripheral blood of asymptomatic carriers is probably episodic, suggesting that such individuals are asymptomatic

carriers for a variable period [18,33–60]. The length of this potentially infective period depends both on the virulence of the parasite itself (especially zymodeme MON-1) [61], and on the activity of the cellular immune system of the subject. Some studies have reported long asymptomatic incubation periods; furthermore, the parasite can persist in infected subjects after clinical recovery. In regard to the infecting species, for *L. donovani* this period varies from 1 to 14 months [23,62], whereas for other species this period ranges from 2 to 8 weeks, although some cases have been reported with more than a one-year incubation period. Usually asymptomatic infection does not persist for more than one year, but rarely might persist for decades (up to 30 years) [63]. Furthermore, although lower in impact, extracellular circulation of *L. braziliensis* in healed cases of ML and *L. donovani*, in patients with asymptomatic infections have been reported [63–65]. Finally, clinical recovery of VL is not always accompanied by parasitological eradication; low parasite titers can be present in the blood of patients who will not present a relapse [66].

### 4. Asymptomatic cases of *Leishmania* infection and studies on blood donors

Asymptomatic cases of *Leishmania* infection, especially VL, including the ones reported in apparently healthy blood donors, have been reported in India [33,34], Nepal [35], Bangladesh [36], Iran [37,38], Iraq [60], Turkey [39,40], Italy [41–43], Greece [44], France [45,46], Spain [18,47,48], and Brazil [49–51,53–59].

Quite recently, Scarlata et al. evaluated the risk of transfusion-transmitted VL in an area of south-western Sicily, Italy (area in which the incidence of symptomatic VL is higher than the Sicilian average): 1449 blood donors were screened for anti-*Leishmania* antibody positivity by IFAT. PCR to detect *Leishmania* DNA was used to test blood samples from IFAT-positive donors. Anti-*Leishmania* antibodies were found in 11 (0.75%) cases, among which *Leishmania* DNA was detected in four [41]. A previous screening of asymptomatic blood donors from north-western Sicily, Italy did not detect any positive sample of *L. infantum* antibodies by ELISA [42]. These data confirm that the risk of TTL seems to be variable in different endemic/non-endemic Sicilian areas [41].

In 1997, Kubar et al. demonstrated *Leishmania* exposure by Western blot in 61 of 463 donors in Monaco, Southern France, with positive blood cultures in 9 of 61 [45]. Some years later, the same group in Monaco, Southern France, assessed whether *L. infantum* circulated in peripheral blood of blood donors with no history of VL. Sera from 565 subjects were screened by Western blot to detect *Leishmania*-specific antibodies and identify individuals with probable past exposure to *Leishmania*. Seropositivity was found in 76 donors whose BCs were subsequently examined by PCR and direct culture. The parasite minicircle kinetoplast DNA was amplified from blood samples of 9 donors. Promastigotes were detected by culture in blood samples from 9 donors. Only 2 donors were found to be positive by PCR and culture [46].

More recently, Kyriakou et al. studied the clinical utility of flow cytometry for the screening of blood donors in the

endemic area of Lasithi (Crete), Greece, analyzing samples from 2000 blood donors by flow cytometry after labeling with a polyclonal anti-*Leishmania* antibody, conjugated with fluorescein-isothiocyanate, derived from infected canines in the area. Serum anti-*Leishmania* antibody search, May-Grünwald staining of peripheral blood smears, and PCR in BC to identify the minicircle of kinetoplastic DNA, were simultaneously performed on the same blood samples. Flow cytometry detected 33 cases (1.65%), which were all confirmed by PCR. After pre-storage leukodepletion, no sample was positive by PCR. Anti-*Leishmania* antibodies were positive in 304 (15%) cases. Therefore, flow cytometry was found to be a sensitive and rapid method to detect *Leishmania* in peripheral blood samples, with an efficacy overlapping PCR. At the same time the study proved that leukodepletion effectively reduces parasite presence, thus minimizing the potential risk of *Leishmania* transmission through blood transfusions in endemic areas. Unfortunately flow cytometry is not always available, as it requires expensive equipment and expertise for the interpretation of results [44].

In 2004 Riera et al. evaluated the extent of cryptic leishmaniasis in blood donors from a Spanish endemic area, (Eivissa, Balearic Islands) using several immunological and parasitological methods. Sera from 656 blood donors were examined: 16 (2.4%) were positive by ELISA and 50 (7.6%) by Western blot. Delayed type hypersensitivity (DTH) tests were positive in 15/67 donors (22.3%). Peripheral blood mononuclear cells (PBMC) and BC samples were analyzed by nested-PCR and culture. DNA of *L. infantum* was amplified in PBMC of 27 (22.1%) over the 122 analyzed samples. Parasites were isolated in 3 (4.5%) of 67 BC cultures and the strains were identified as *L. infantum* zymodeme MON-28 [47].

More recently in 2008 the same authors studied the prevalence of *Leishmania* infection in 1437 blood donors from other Balearic Islands (Majorca, Formentera, and Minorca). In addition, they used nested PCR in the red blood cell (RBC) units to test the efficiency of leukoreduction by filtration to remove the parasite. Anti-*Leishmania* antibodies were detected in 44 of the 1437 tested blood donors (3.1%). DTH was performed on 73 of 304 donors randomly selected from Majorca, 8 (11%) of whom were found positive. *L. infantum* DNA was amplified in PBMC in 18 (5.9%), and cultures were positive in 2 (0.6%). After leukodepletion all the RBC samples tested (13 of 18) from donors with a positive PBMC nested PCR yielded negative nested PCR results. The authors concluded that DTH and *L. infantum* nested PCR appear to be more sensitive to detect asymptomatic infection than the serology. The use of leukodepletion filters appears to efficiently remove parasites from RBC units [48].

França Ada et al. detected *Leishmania* asymptomatic infection in 430 blood donors from the Midwest region of Brazil. Serum samples were tested by IFAT, and an interview with the blood donors was carried out. Antibodies were detected in 15.6% of samples. The variables associated with the infection were: origin of the donor (in this case, the city of Campo Grande, the main endemic area of the state), presence of parks or squares (i.e. suitable environment for the development of vectors of *L. infantum chagasi*), presence of dog with clinical signs of leishmaniasis

(e.g., skin lesions, limb paresis) in the neighborhood, and vicinity of leishmaniasis (history of contact with people who had or died of leishmaniasis), confirming the role of these patients as reservoirs [57].

Finally, in another VL endemic area in the same state, Silva et al. evaluated a total of 1241 residents, who underwent anamnesis, clinical examination, and blood collection for *Leishmania* serological testing (i.e. ELISA and IFAT). DHT (Montenegro skin test), was also performed in all the subjects. In addition, peripheral blood was collected from a randomly selected portion of this population ( $n = 149$ ) for genus-specific PCR analysis. Forty-nine (32.9%) of them had a positive PCR result and none of them developed the disease within a follow-up period lasting 3 years. No association was observed between the results of PCR, serological and skin tests. The authors concluded that a positive PCR result in subjects from the endemic area does not indicate a risk of progression to VL, nor is it associated with a positive result in the serological tests [58].

## 5. Transfusion transmitted leishmaniasis

In the current international literature, to our knowledge, there are only a few published cases of TTL, for several reasons. Among these, one of the most important is related to the geographical area of transmission; this occurs prevalently in endemic areas, where the evidence of transmission by transfusion is extremely difficult to obtain. Another factor is the silent nature of infection in immune-competent subjects. Moreover, without a high level of clinical suspicion, even a symptomatic recipient of an infected transfusion is likely to be unrecognized as such, and labeled with a diagnosis of "fever of unknown origin." The identification of the TTL cases is also difficult due to the high number of cases in which infection is present; even with a high level of suspicion, blood cultures and spleen aspirates are negative. An additional level of difficulty is caused by the long time the physicians take to diagnose leishmaniasis from the appearance of symptoms, which usually ranges from 1 to 16 months. Until recently it was very likely that most transmission by transfusion occurred in endemic areas. However, recent changes in immigration patterns, disease migration, and travel, owing to environmental changes, have altered the main features of the disease in nonendemic areas, to which is added an increase of susceptible, immune-depressed, individuals (i.e. infants with immature immune systems, HIV-positive population, patients on steroids for asthma or chronic obstructive pulmonary disease, patients undergoing treatment for malignancies, and recipients of organ transplants). The combination of a predisposed high-risk population, which often undergoes transfusions, with a pool of healthy, immune-competent, and therefore, asymptomatic donors, creates ideal conditions for transmission of the parasite and the onset of the disease. In addition, more than 95% of *L. donovani* and *L. infantum* infections do not progress to clinically apparent visceral disease, in spite of the persistence of visceral infection, demonstrating how likely it would be for *Leishmania* to be undetected in an infected donor. Therefore, the number of

diagnosed TTL might be much lower than the true number [24,67,68].

Excluding one highly uncertain case report [69], between 1948 and 2011, we could find only 11 reports of TTL in the English literature, all from nonendemic areas. Of these, 10 were individual case reports, whereas the last one, from Brazil, analyzed 32 cases of kala-azar identified out of 82 patients undergoing hemodialysis and multiple transfusions. Of these cases, most regarded infants (neonates) or children. Due to the usually large number of possible donors the infected ones were identified in only 4 out of the 11 reports on TTL. However, it was not possible to demonstrate the presence of the parasite circulating either in the bloodstream of any of the donors or in transfused blood components. All 4 donors were asymptomatic at the time of blood donation [24,70–72].

In 1948 Chung et al. reported the first transfusion-transmitted kala-azar cases in China. The blood was donated from an infected mother to 2 daughters, aged four and six years old. The mother's blood (20 mL) had been given by intramuscular injection as a prophylaxis for measles prevention. A few days later the mother was admitted to a local hospital for fever, paleness, and distension of the abdomen and was diagnosed with kala-azar one month later. Both daughters were closely observed and developed kala-azar nine and ten months after receiving the transfusion [71]. Other reports of transfusion-transmitted kala-azar following these 2 case reports were reported from France, Sweden, Belgium, United Kingdom, Greece, India, Colombia and Brazil [24,49,70,72–77]. In September 1955 a 44-year-old French man donated his blood to 2 newborn infants after he had traveled to Spain. A few weeks later he developed skin rash and lymph-adenopathy. The scraping from the skin nodules showed amastigotes. The 2 infants developed anemia after 10 months, which progressed to kala-azar. Bone marrow analysis of one child was found positive for *L. infantum*. The other infant died within three months [72]. Another two cases of transfusion-transmitted kala-azar have been reported in Sweden. Blood from a healthy asymptomatic donor who had recently traveled outside that country was transfused to 2 newborns. In the following six months both recipients fell ill. One of them did not survive and an autopsy revealed kala-azar. Based on the pathological diagnosis of Kala-azar, the second newborn was treated and survived [77].

In 1991 the first case of TTL was reported in Belgium in an 11-month-old infant who had never left his native country. Shortly after birth, the child was repeatedly transfused for anemia. The period of incubation was 9 months [73]. A post-operative and post-transfusion case of VL, also affecting a child, was reported in United Kingdom in 1995. Neither the child nor his mother had ever been out of the UK [74].

While all the above reported cases describe VL in infants, Mpaka et al. reported the case of a 77-year-old Greek woman with renal failure on hemodialysis, admitted to an intensive care unit (ICU) with vascular instability requiring vasopressor treatment. Bone marrow analysis demonstrated multiple intra-cellular *Leishmania* amastigotes. After liposomal amphotericin B was administered, the patient experienced a quick clinical response. Unfortunately, ten days after admission, the patient died from

uncontrolled septic shock from a secondary bacterial infection. Non-vector transmission could be suspected in this case, since the patient had undergone cholecystectomy three months earlier, during which two blood units had been transfused. A subsequent serological analysis of the two donors found they were positive for IgG anti-*Leishmania* antibodies, at a high titer in one of them. A probable large parasite load from the blood transfusion during cholecystectomy, in an old debilitated patient, was probably the cause of the rather rapid presentation of the infection, and the unexpected deterioration to cardiovascular instability needing vasopressor therapy, in the clinical form of septic shock [70].

In India Singh et al. reported the first two cases of probable transfusion-transmitted kala-azar. The first patient was a 6-year-old boy from Uttar Pradesh, Northern India, a nonendemic area. He was on maintenance therapy for acute lymphoblastic leukemia and had received several blood transfusions. The second patient was a 30-year-old woman from Haryana near Delhi, another nonendemic area. After the delivery of her fifth child she suffered from recurrent hemorrhoid bleeding, causing a severe anemia, which required transfusions on two occasions. Both patients had never visited any area endemic for *L. donovani* [75]. Dey et al. reported another Indian case of a transfusion-transmitted fatal kala-azar in a child who acquired this infection within a few days of his birth after receiving blood from his maternal uncle. The man, who was asymptomatic at the time of blood donation, died within three months due to severe kala-azar. At the onset the baby developed fever and hepatosplenomegaly within one month of blood transfusion and, in spite of repeated anti-leishmanial treatment with sodium antimony gluconate, the child died at the age of 7 months. The mother's seronegative status for leishmaniasis ruled-out the possible congenital transmission of the disease. Moreover, because no other family member suffered from kala-azar at the time of illness, the possibility of vector borne acquisition of this parasite was excluded [24]. More recently in 2011, Mestra et al. reported a case of transfusion-transmitted fatal VL, caused by *L. (L.) mexicana*, in a 42-year-old male resident of northwestern Colombia. After developing terminal renal failure due to lupus nephritis, he underwent immunosuppressive therapy to treat the lupus and prevent transplant rejection. He received a renal transplant but to maintain good hemodynamic status he was forced to receive multiple transfusions, for a long time and from many different donors. Multiple intracellular *Leishmania* amastigotes were demonstrated in both renal biopsy and marrow aspirates. Cultures of the parasite were obtained in NNN medium and the identification of the species was done both by direct immune-fluorescence and PCR-restriction fragment length polymorphism. This data must be considered in function of the specific epidemiology of leishmaniasis in Colombia; it is the country with the highest number of *Leishmania* species as causative agents of the disease in different clinical forms. Of all the cases annually reported, 99.3% correspond to CL and 0.4% to ML, whereas VL accounts only for 0.3%. *L. (L.) infantum* is responsible for the 0.3%. However, the VL case reported here was caused by *L. (L.) mexicana*, a species of *Leishmania* that has been associated exclusively with CL. Most likely the immunosuppressive therapy

received after the renal transplant enhanced visceralization of *L. (L.) mexicana*. In this case, when blood was transfused to an immune-suppressed patient, *Leishmania* parasite behaved as an opportunistic infection and invaded organs of the mononuclear-phagocyte system, causing clinical manifestations compatible with VL [76]. Finally, Luz et al. investigated the prevalence of anti-*L. donovani* antibodies in 1500 Brazilian blood donors and multiply transfused hemodialysis patients [49]. The fucose-mannose ligand (FML) ELISA, which was shown to have 100% sensitivity and 96% specificity for kala-azar, was used to test the sera (81). Among 1194 volunteer blood donors, seroreactivity (positive to ELISA) was found in 9%, increasing to 25% in a periurban kala-azar focus. However, higher positivity (37%) was found in multiply transfused hemodialysis patients from Natal, where kala-azar could be considered endemic (a few cases are frequently reported), with sporadic outbreaks in localized regions (endemic and epidemic). Risk factors included blood transfusion (in this sample there were 32 multiply transfused hemodialysis patients), which was significantly associated with the presence of anti-*Leishmania* antibodies, but did not include potential exposure to sand fly bites. Significantly, the prevalence decreased to 7% in hemodialysis patients from Rio de Janeiro, where kala-azar is just an occasional occurrence, and strikes 0% of patients undergoing continuous ambulatory peritoneal dialysis. The prospective analysis of 27 FML-seroreactive donors from Natal revealed amastigotes of *Leishmania* in the bone marrow of one subject, while 4 had clinical complaints, including hepatosplenomegaly [49,78].

Unlike the previously described cases, a probable platelet transfusion-transmitted kala-azar was highlighted in a child from India, suffering from idiopathic thrombocytopenic purpura, treated with steroids, immunoglobulin and repeated platelet transfusions (6 times) over a period of 2–3 years [79]. *Leishmania* can easily survive and be infective in the platelet fraction of blood, up to 5 days at 24 °C, the recommended storage period for platelet transfusion. In the same study, Grogl et al., proved that the number of mononuclear cells, which can usually be found in red blood cell or platelet packs, is sufficient to contaminate these blood products with viable *Leishmania*. However, platelet transfusion-acquired leishmaniasis had not been reported until this case [23].

## 6. Screening of blood donors

Therefore, considering the potential risk of *Leishmania* transmission through blood transfusion, the need for control of blood products is clearly recognized. This recommendation is primarily related to demographic changes and to increases in international travel and human migration from endemic areas. As an example, in India migration of residents from kala-azar endemic states (i.e. Bihar, West Bengal, and Assam) to Delhi and other Western parts of India for jobs has become a major issue. Among these migrants the high unemployment rates force apparently healthy subjects to sell their blood. The risk of transfusion-transmitted kala-azar may be worsened by the short supply of blood in Delhi. The huge gap between demand and

supply of the blood, leads to storage at 4 °C for a period of 35 days, which is required to kill this parasite under blood banking conditions, in only a small number of units [23].

Although in India most of the professional blood donors are tested for HIV, hepatitis B and C, there are several other infectious agents not routinely screened for, including *L. donovani*. Furthermore, although government blood banks do not accept blood from professional donors, the private ones do, and in most instances the source of blood is kept secret, because proof of infected donors might jeopardize a thriving blood business. In the USA, although no case of TTL has been reported, the Desert Storm operation raised important concerns about the possibility of TTL [23]. Therefore, on November 12, 1991, the Department of Defense issued a statement of a newly recognized form of viscerotropic leishmaniasis due to *L. tropica* among military personnel. Consequently the American Association of Blood Banks (AABB) recommended that individuals who had traveled to or visited Saudi Arabia, Kuwait, Iraq, Oman, Yemen, Qatar, Bahrain or the United Arab Emirates, on or after August 1, 1990, should be deferred as donors of transfusion blood components until January 1, 1993 (for about 12 months), with permanent deferral of subjects with apparent skin infection. This last deferral did not extend to US soldiers in Afghanistan since they had already been deferred because of malaria [80].

Afterwards, AABB suggested applying a blanket policy to better prevent TTL by not drawing blood from individuals who are at potential risk of being infected with the parasite [81]. The US Food and Drug Administration agreed with such a deferral policy as a measure to ensure the safety of the nation's blood supply from transmission of *Leishmania* [82]. Similarly, in 2009 the Pan American Health Organization recommended permanently refusing blood donations from individuals who have had leishmaniasis, and does not allow donations for a period of at least two years from asymptomatic carriers or subjects with a history of travel or transfusion at risk of being infected [83]. The International Forum showed that in most European countries no specific measures are implemented to prevent TTL, since in none of the countries that participated in this International Forum, was TTL observed over the last 10 years. Only Ireland defers donors for 12 months if they have visited Iraq [84]. Finally, there is a concern by the World Health Organization (WHO) to certify the safety of blood, and to make progress in relation to donor recruitment and blood collection, as well as in the routine testing on the samples of these donors [85].

Nevertheless, in the light of published data a reconsideration of transfusion policy seems to be necessary, as the impact on the blood supply is expected to be significant, although, to date, it is difficult to estimate the exact number of donors who will be deferred. Therefore, in this delicate context adequate blood donor screening must be considered the first step.

Diagnosis of leishmaniasis depends both on the clinical symptoms of the infection, and on the antileishmanial antibody titers or detection of the parasite in samples obtained from patients. However, both the low antibody titers and the low number of parasites in samples of individuals with asymptomatic leishmaniasis, make the sensitivity of the actual diagnostic tools insufficient. Immunodiagnostic

testing, especially ELISA, using recombinant antigens, such as rK-39, developed from *L. chagasi* of the New World, or a recently developed recombinant antigen rKE16, from Indian *L. donovani*, can be used for mass screening of donor blood samples. Gel diffusion, indirect hemagglutination assay, direct agglutination test, immunochromatographic test, complement fixation, counter-current immune-electrophoresis, indirect fluorescent antibody test (IFAT), and Western Blot represent some other possible serological methods to determine specific *Leishmania* antibodies in serum samples. However, especially in endemic regions, a positive test for antibodies against *Leishmania* does not necessarily indicate active infection, but it may just be the result of a previous exposure. In addition, antibodies to *Leishmania* are not a reliable indicator of donor prevalence or infectivity. They can always be detected in patients with symptomatic visceral infection, whereas they are usually undetectable in patients with asymptomatic viscerotropic infection, and moreover usually become negative after treatment of visceral disease. Therefore, they must be considered a good marker for active visceral disease, but a poor one for asymptomatic infection. Finally, but not less important, these methodologies may have technical and financial limits [52,54,56,86–89].

Parasitological techniques (i.e. direct examination and/or culture of bone marrow, lymph nodes, liver or spleen) remain the “gold standard” tools to confirm active *Leishmania* infection. Nevertheless, in epidemiological research these methods are inappropriate, because of both the nature of the samples and the invasive nature of the sampling procedures [86].

In recent years other less aggressive diagnostic tools oriented to detect the parasites have been considered. Several studies have shown that PCR is a useful alternative to traditional methods both for diagnosis and follow-up of leishmaniasis patients (especially those suffering from VL) and to detect parasitemia in asymptomatic carriers. One of the advantages of PCR is that it can be performed on any biological sample (skin tissue, bone marrow and blood), with high sensitivity [18,32,86,90–95].

In addition, previous studies proved that in endemic areas even if no detectable humoral immune-response can be found, *Leishmania* DNA might be present in blood from healthy people [32,47,50,51]. This last evidence, characterizing asymptomatic infection, has also been observed in dogs with cryptic *L. infantum* infection. It has been concluded that antibody-based testing does not clearly differentiate between non-infected and infected asymptomatic dogs, and that culture and PCR are more reliable diagnostic tools [96–100].

Riera et al. clearly evidenced the underestimation of ELISA in determining prevalence of *Leishmania* infection in blood donors. They proved that in an endemic area of Spain ELISA had a prevalence of just 2.4%, Western blot 7.6%, and finally nested PCR 22% [47]. Furthermore, even a well known and proven technique as cultures has shown low sensitivity values compared to PCR, in asymptomatic carriers. This may be due to the low level of circulating parasites in these latter individuals, which is sufficient for PCR positivity but not to provide a positive culture [47,48]. This high sensitivity value of nested PCR compared to the lower sensitivity of specific antibody detection techniques, and

the rapid clearance of parasite (or dead parasite) DNA, indicate that nested PCR should be used to detect current infections in asymptomatic [32,47,86,90–95,101].

In this context, with the increased concern for blood safety due to emerging pathogens and the threat of bio-terror agents, which might be transmissible through blood, the need for rapid pathogen detection becomes even more important. However, the cost and logistical burden of testing for many phylogenetically diverse pathogens call for a multiplex assay. Selvapandiyani et al. developed a multiplex polymerase chain reaction assay able to simultaneously identify the presence of both bacterial (*B. anthracis* and *Y. pestis*) and parasitic (*Trypanosomatid* species, including *Leishmania*) pathogens in blood specimens. To obtain higher sensitivity of the assay, the researchers chose to specifically amplify genes that can be found in multiple copies in the microorganisms [102]. Finally, and in contrast to the above-mentioned consideration on PCR efficacy, other authors argue that little experience with *Leishmania* primers may lead to false-positive results, which can be a real concern [103]. However, some physicians believe that universal screening for anti-leishmanial antibodies, discarding the blood of *Leishmania*-positive donors, would decrease the blood supply. Currently this remains a debatable issue. Further studies appropriately designed to analyze the prevalence and cost-benefit ratio of anti-leishmanial antibody screening are needed to determine whether screening needs to become a routine procedure in blood banks [86].

## 7. Prevention

TTL requires parasites to be present in the blood either (and especially) within infected monocytes or (less probably) as free amastigotes released from mononuclear phagocytes. Obviously, the parasites must survive blood processing and storage [23,104]. Recently, using *in vitro* experiments several methods designed to inactivate *Leishmania* in blood products have been tested. These include the use of riboflavin (as a photosensitizer) and ultraviolet light [105], and the photochemical treatment by amotosalen *plus* ultraviolet light in platelet concentrates [106,107] as well as by thiopyrylium in RBC suspensions [108].

In the first method, riboflavin can rapidly traverse lipid membranes of the parasite and non-specifically intercalates with nucleic acids. Upon light exposure, the riboflavin causes modification of the pathogen nucleic acid through the oxidation of guanine residues and generation of reactive oxygen species. As a result of these photochemical processes, pathogens in blood products are rendered unable to replicate due to nucleic acid modification. This technology exploits the absence of nucleic acids in all the blood components (including plasma and platelet concentrates), which are beneficial to transfusion, and that instead is present in the parasite [105,109].

In the second method, amotosalen, a synthetic psoralen compound, reversibly intercalates into the helical regions of DNA and RNA. Under UVA light at 320 nm–400 nm exposure, amotosalen forms covalent monoadducts with pyrimidine bases on a single strand of nucleic acid. Further

exposure to UVA light causes the monoadduct to link with a second pyrimidine base, producing an inter- or intrastrand cross-link, therefore disabling the transcription and replication processes. The cross-linked genomes of pathogens can no longer function or replicate. The system has been successfully used to inactivate a broad spectrum of viruses, bacteria, and parasites (such as *Leishmania*), in platelet components, not affecting their function and/or structural features. However, this technology is not effective for red blood cells or whole blood, because the UV light does not manage to penetrate sufficiently to activate the amotosalen, and induce nucleic acid cross-linking [106,107].

The third method uses thiopyrylium, a flexible photosensitizer, which intercalates into the helical regions of DNA. Upon  $1 \cdot 1 \text{ J cm}^{-2}$  red light, thiopyrylium creates bonds with nucleic acid bases. This cross-linking makes the genome of pathogens no longer functional or able to replicate. The system has been successfully used to inactivate *Leishmania* in red cell suspensions [108].

The benefits of leukodepletion of blood products to remove several pathogens (e.g. cytomegalovirus, human T-lymphotropic virus, the rickettsial species *Orientia tsutsugamushi*, and *Trypanosoma cruzi*) from blood components have been tested, and have led to the increased use of this technique. Leukodepletion filters of different types have been designed to be used at the time of collection or at the time of transfusion. Because *Leishmania* protozoans are intracellular monocyte pathogens, it seemed theoretically possible to use leukodepletion filters as a means to remove the organisms from infected blood products. Nowadays, the use of leukodepletion filters, especially at collection time, when the organism is predominantly intracellular, or with bedside filters after storage, seems to be the most efficient means to reduce *Leishmania* transmission hazard. This processing can be particularly useful in at-risk areas and for high-risk (immune-suppressed) recipients, thus improving quality and safety in the collection and transfusion of blood. Nevertheless, due to high costs (about €50 per blood unit) this procedure is used only in selected cases. In this context, the use of this and other blood protection procedures would be considered mandatory in the case of recipients with co-infections and/or immune-suppression, which appear as aggravating factors triggering greater morbidity. In addition, to complete this complex decision, the high cost of hospitalization for patients with VL cannot be ignored, coupled with the low availability of beds in public hospitals, and the toxicity of drugs used in the treatment [44,48,110].

Use of whole-blood filters at collection causes a 3- to 4-log reduction of WBCs ( $99.31\% < 1 \times 10^6$  leucocytes). At this time, considering that all the parasites should be contained within monocytes, there is a direct correlation between the ability of the filter to remove leukocytes and parasite depletion. However, the possible presence of free amastigotes, due to WBC breakdown during filtration, which could survive outside the cells in blood stored at  $4^\circ\text{C}$ , may increase the risk of transmission [23,30,110,111].

Mechanical trapping and charge-related interactions between cells (i.e. promastigotes and extracellular amastigotes) and filter fibers, as well as interactions of cells with WBCs also trapped within the filters, have been shown to be other effective mechanisms to remove promastigotes and

extracellular amastigotes, besides the removal of WBCs. For this reason it may be useful to also use bedside filters after storage. Nevertheless, although the leukodepletion system leads to a reduction in parasite detection, the existence of different filtration systems makes further research necessary to determine the efficacy of leukodepletion, with particular regard to other blood components, as well as to determine the usefulness of other methods to remove or inactivate the parasite in blood. In any case, the relatively low number of recently reported cases of TTL in nonendemic areas of Europe might be explained by the widespread use of leukodepletion filters in these regions [110,112].

## 8. Conclusion

The transmission of *Leishmania* spp through transfusion is a relatively rare although probably underestimated event. Routine diagnostic methods should be implemented in blood banks to exclude donors that are positive for *Leishmania*. Individuals who suffered from visceral leishmaniasis should be excluded from donating blood. The use of leukodepletion filters at the time of collection should be recommended in at-risk areas especially for high-risk recipients.

## Conflict of interest

None declared.

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