# The cumulative amount of serum-free light chain is a strong prognosticator in chronic lymphocytic leukemia

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Identification of patients at risk of early disease progression is the mainstay of tailored management in chronic lymphocytic leukemia (CLL). Although application of established biomarkers is limited by intrinsic detection/readout complexities, abnormality of  $\kappa$  and  $\lambda$  serum-free light chain ratio [sFLC ( $\kappa/\lambda$ )] was proposed as a straightforward prognosticator in CLL. By analyzing 449 therapynaive patients, we show that an abnormal sFLC( $\kappa/\lambda$ ), along with CD38, ZAP-70, *IGHV* mutations, cytogenetics and stage, inde-

### Introduction

During physiologic lymphopoiesis, B cells and plasma cells mostly produce an intact immunoglobulin (Ig), consisting of heavy chains bound to a  $\kappa$ - or  $\lambda$ -light chain, together with an excess, approximately 40%, of unbound free light chains (FLCs).<sup>1</sup> In plasma cell malignancies, such as multiple myeloma (MM) and related disorders, tumor cells usually secrete intact monoclonal Igs along with a relative excess of clonally related FLCs, whereas, in rare cases, only a clonal light chain without identifiable heavy chain is produced.<sup>1</sup> A straightforward nephelometric assay, the serum FLC (sFLC) assay, has been developed that accurately measures the amounts of free  $\kappa$ - and  $\lambda$ -light chains circulating in the serum as monomers or dimers unbound to the Ig heavy chains.<sup>2</sup> The assay allows the detection of abnormalities in the physiologic ratios of sFLCs [sFLC( $\kappa/\lambda$ )], which can be used to reveal the presence of clonal,  $\kappa$ - or  $\lambda$ -restricted tumor cell populations, and permits quantization of sFLC absolute levels, which correlate with disease activity and clinical outcome in patients with plasma cell malignancies.<sup>3</sup> In addition, sFLC elevations, with a conserved sFLC( $\kappa/\lambda$ ), were shown to represent a tool to quantify ongoing polyclonal B-cell activation/expansions, underlying the pathogenesis of vari-

Submitted April 26, 2011; accepted September 20, 2011. Prepublished online as *Blood* First Edition paper, October 13, 2011; DOI 10.1182/blood-2011-04-345587.

The online version of this article contains a data supplement.

pendently predicts treatment-free survival (TFS) but becomes prognostically irrelevant if the cumulative amount of clonal and nonclonal FLCs [sFLC( $\kappa + \lambda$ )], a variable associated with cytogenetic risk, exceeds the threshold of 60.6 mg/mL. Patients with sFLC( $\kappa + \lambda$ ) above cutoff displayed a poorer TFS outcome, irrespective of sFLC( $\kappa/\lambda$ ). Only ZAP-70, cytogenetics, stage, and TFS remained associated with sFLC( $\kappa + \lambda$ ) in a multivariate model. By assigning 1 point each for these variables, the 3-year probability of

TFS was 94.8%, 84.5%, 61.6%, and 21.1% for patients scoring 0, 1, 2, and 3 + 4, respectively (P < .0001). These data, and the demonstration that monoclonal and polyclonal B cells concur to FLC synthesis in tumor tissues, suggest that sFLC( $\kappa/\lambda$ ) and sFLC( $\kappa + \lambda$ ) mirror distinct biologic processes in CLL. sFLC( $\kappa + \lambda$ ) assessment represents a sensitive and cost-effective tool for identifying CLL patients requiring early treatment. (*Blood*. 2011;118(24):6353-6361)

ous chronic inflammatory and autoimmune conditions,<sup>4</sup> as well as to be an indirect way to measure progressive renal injury, which is characterized by an impaired FLC catabolism.<sup>5</sup>

Although the relative ratio of intact Ig to FLC production in B-cell malignancies other than MM has been relatively less explored, early studies indicated that in chronic lymphocytic leukemia (CLL) and some B-cell non-Hodgkin lymphomas, tumor cells may display a significant imbalance in heavy and light chain synthesis leading to the secretion of a large excess of FLCs compared with heavy chains and intact Igs.<sup>6</sup> Being a sensitive, simple, and reproducible indicator of B-cell clonality and biologic activity, the sFLC( $\kappa/\lambda$ ) test is particularly attractive as a putative prognostic marker in CLL,<sup>7,8</sup> a B-cell tumor whose clinical course is highly heterogeneous across individual patients. Many patients are asymptomatic and survive for decades without requiring treatment, whereas others experience an aggressive form of disease and may die of disease- or therapy-related complications shortly after diagnosis. Within such a clinical framework, biologic predictors of clinical progression would be of great value, at diagnosis, to identify patients at risk of requiring early treatment and spare the

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toxic load of unnecessary therapy to those predicted to display an indolent course.

A number of biomarkers, including ZAP-70, CD38, immunoglobulin heavy chain variable gene (*IGHV*) mutation status, and cytogenetic abnormalities, have been validated that rank the risk of progressive disease and predict treatment requirement and survival in the individual CLL patient.<sup>9</sup> However, assessment methodologies, being complex and expensive, are not readily available in all instances, mostly limiting application of these biomarkers to the context of clinical trials and specific patient situations, also because of reproducibility and standardization issues across laboratories.

Two previous reports have indicated that sFLC( $\kappa/\lambda$ ) abnormalities are present in a significant proportion of CLL patients and could independently identify those at risk of progressive disease.<sup>7,8</sup> These retrospective studies, however, assessed small cohorts of both therapy-naive and treated patients, leading to varied results as to the prognostic value of sFLC( $\kappa/\lambda$ ), rather than absolute sFLC levels, and the predictive power of sFLC abnormalities within the framework of other CLL biomarkers.

By analyzing the largest cohort of therapy-naive CLL patients so far reported, we wished to: (1) determine the independent predictive value of sFLC abnormalities in the context of established CLL biomarkers; (2) define the predictive hierarchy of these markers; (3) dissect the prognostic relevance of sFLC( $\kappa/\lambda$ ) from the predictive value of sFLC absolute levels; and (4) incorporate sFLC-dependent variables into a novel prognostic system able to predict treatment-free survival (TFS) in newly diagnosed patients.

### Methods

#### Patients and study design

A total of 449 previously untreated CLL patients from a cooperative network of Italian institutions were enrolled in a collaborative study. All participants provided written informed consent in accordance with the Declaration of Helsinki, and the study was approved by the relevant institutional review boards. Inclusion criteria consisted of a diagnosis of typical CLL based on National Cancer Institute, Working Group criteria<sup>10</sup> and confirmed by flow cytometry.<sup>11-13</sup> Availability of serum samples obtained within 3 months from initial diagnosis in the absence of any therapeutic intervention, including low-dose steroids and anti-inflammatory treatments, was required at study entry. Table 1 summarizes the main clinical and biologic data from this group. The median follow-up was 3.0 years, and 149 of 449 patients analyzed for clinical outcome had received treatment by the end of the study. TFS was measured from diagnosis to first-line treatment or last follow-up. Treatment was decided uniformly in all participating centers based on documented progressive and symptomatic disease according to National Cancer Institute, Working Guidelines.10

# CD38 and ZAP-70 determination, IGHV gene analysis, and cytogenetics

All flow cytometric analyses reported in this study were performed on a FACSCalibur flow cytometer (BD Biosciences). The expression of CD38 was analyzed by 3-color immunofluorescence,<sup>12,14</sup> and the detection of ZAP-70 was performed according to previously reported methods.<sup>12,14</sup> The cut-off of 30% positive cells was chosen to discriminate CD38<sup>-</sup> from CD38<sup>+</sup> CLL.<sup>14</sup> The cut-off levels of 20%<sup>15</sup> or 30%<sup>16</sup> were used to distinguish ZAP-70<sup>-</sup> from ZAP-70<sup>+</sup> CLL, depending on anti–ZAP-70 antibody used and on each laboratory's standardization of ZAP-70 flow cytometric protocols.

*IGHV* gene usage and mutation status were determined using cDNA according to previously published methods.<sup>17</sup>

Table 1. Clinical, biologic, and	I molecular features of CLL patients
included in the study	

Parameter	No. (%) of patients
Total patients	449
Age, y	449 (100)
Median	65
Range	33-89
Sex	449 (100)
Female	167 (37.2)
Male	282 (62.8)
Binet stage	449 (100)
A	331 (73.7)
В	67 (14.9)
С	51 (11.4)
ZAP-70 expression	401 (89.3)
Negative	261 (65.1)
Positive	140 (34.9)
CD38 expression	410 (91.3)
Negative	330 (80.5)
Positive	80 (19.5)
IGHV mutational status	379 (84.4)
Mutated	249 (65.7)
Unmutated	130 (34.3)
FISH analysis	303 (67.5)
Normal	135 (44.6)
13q14.3	83 (27.4)
Trisomy 12	32 (10.6)
11q22.3	29 (9.6)
17p13.1	24 (7.9)

Interphase FISHs were carried out for the detection of trisomy 12 and chromosome deletion at 17p13.1, 11q22.3, and 13q14.3 loci. Dual-color hybridizations using appropriate centromeric-specific probes and unique sequence-specific probe for *TP53* (LSI P53) and *ATM* (LSI ATM) loci, were performed for the 17p13.1 and 11q23.3 deletions, respectively. For the detection of 13q14.3 deletion, the locus-specific probe (LSI D13D25) was cohybridized with the 13q34 telomeric probe as an internal control for nullisomy. A chromosome 12-specific  $\alpha$ -satellite probe was used to identify trisomy 12. All probes were purchased from Vysis, and FISH procedures were performed following the manufacturer's specifications. For each hybridization, a minimum of 200 interphase nuclei were assessed.<sup>18</sup> Patients were categorized into high (17p13.1 and 11q22.3 deletions), intermediate (trisomy 12), and low (13q14.3 deletion and normal) risk groups for subsequent analysis.

#### sFLC determination

Levels of sFLC were determined in all study samples using a particle enhanced, high-specificity, homogeneous immuno-FLC assay (Freelite; The Binding Site) performed on a Delta Nephelometer (Radim Diagnostics). It consists of 2 separate measurements: the first to detect free- $\kappa$  Ig (normal range, 3.3-19.4 mg/L) and the other to detect free- $\lambda$  Ig (normal range, 5.7-26.3 mg/L) light chains. In addition to measuring absolute sFLC protein levels, the test also allowed us to assess the presence or absence of clonality based on the ratio of free- $\kappa$  to - $\lambda$  Ig concentrations (normal range, 0.26-1.65). We adjusted the reference ratios for normality of sFLC (0.37-3.1 mg/ L), as suggested by Hutchison et al,<sup>5</sup> to reflect progressive changes in renal function in patients with abnormal creatinine clearance. Finally, we introduced a new variable (ie, the total amount of  $\kappa$  and  $\lambda$  light chains [sFLC( $\kappa + \lambda$ ]] determined by summing the free- $\kappa$  plus free- $\lambda$  chains.

In situ immunohistochemistry was performed on formalin-fixed, paraffinembedded lymph node and bone marrow samples relative to 4 CLL and 2 MM cases as previously reported.<sup>19</sup> Briefly, tissue sections were deparaffinized with xylene and rehydrated with water through a graded alcohol series. Slides were microwave treated in citrate buffer, pH 6.0 (Dako North America) and, after Fc blocking with a specific blocking buffer (Protein Block), incubated with the validated primary mouse monoclonal

	Table 2. sFLC ratio abnormality	in relation with different biologic and clinical markers in CLL p	oatients
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	sFLC				
	All patients, no. (%)	Normal, no. (%)	Abnormal, no. (%)	Р	
CD38	410 (100)	270 (65.9)	140 (34.1)		
Negative	330 (80.5)	234 (70.9)	96 (29.1)	< .0001*	
Positive	80 (19.5)	36 (45.0)	44 (55.0)		
ZAP-70	401 (100)	267 (66.6)	134 (33.4)		
Negative	261 (65.1)	191 (73.2)	70 (26.8)	< .0001†	
Positive	140 (34.9)	76 (54.3)	64 (45.7)		
IGHV status	379 (100)	257 (67.8)	122 (32.2)		
Mutated	249 (65.7)	182 (73.1)	67 (26.9)	.003*	
Unmutated	130 (34.3)	75 (57.7)	55 (42.3)		
Binet stage	449 (100)	299 (66.6)	150 (33.4)		
A	331 (80.5)	232 (70.1)	99 (29.9)	.012*	
B + C	118 (19.5)	67 (56.8)	51 (43.2)		
FISH	303 (100)	205 (67.7)	98 (32.3)		
13q14.3 and normal (low risk)	208 (71.9)	154 (70.6)	64 (29.4)		
Trisomy 12 (intermediate risk)	32 (10.6)	19 (59.4)	13 (40.6)	.20†	
11q22.3 and 17p13.1 (high risk)	53 (17.5)	32 (60.4)	21 (39.6)		

\*Fisher Exact Test.

†Pearson  $\chi^2$  text.

antibodies specific for human  $\kappa$  and  $\lambda$  FLCs (kindly provided by Dr A. Solomon, Knoxville, TN), whose binding was revealed by LSAB+ System-HRP (Dako North America) and 3-3'-diaminobenzidine (Novocastra) substrate-chromogen. Stained slides were counterstained with hematoxylin and captured by a Leica DM2000 optical microscope (Leica Microsystems). Microphotographs were acquired using a Leica DFC320 digital camera and imported using Leica IM50 Version 4.0 imaging software (Leica Microsystems) fitted with a Leica  $40 \times /0.65$  HI PLAN lens and IM50 acquisition software (Version 4.0).

#### Statistical analysis

The statistical package SPSS for Windows release 13.0 2004 software (SPSS) was used for all analyses. For categorical variables, statistical comparisons were performed using 2-way tables for the Fisher exact test and multiway tables for the Pearson  $\chi^2$  test. Receiver operating characteristic curve analysis was used to determine the best sFLC( $\kappa + \lambda$ ) cut-off value that could discriminate patients who were actually treated from those who never received therapy at the longest follow-up. TFS analyses were performed using the Kaplan-Meier method. Statistical significance of associations between individual variables and survival was calculated using the log-rank test. The prognostic impact for the outcome variable was investigated by univariate and multiple Cox regression analysis. Data are expressed as hazard ratio (HR) and 95% confidence interval (CI). Coxderived estimated survival curves according to the combination of prognostic factors were also constructed by the standard approach.<sup>20</sup> Because HR calculates the magnitude of risk rather than the model's capacity to accurately classify patient outcome, Harrell C-statistics were used to further evaluate the discriminatory power of variables in terms of TFS.<sup>21</sup> A value of P < .05 was considered significant for all statistical calculations.

### Results

# Assessment of biologic associations and predictive value of sFLC( $\kappa/\lambda$ )

After correction for renal impairment, an abnormal sFLC( $\kappa/\lambda$ ) was found in 150 of 449 cases (33.4%) and displayed a statistically significant correlation with expression of CD38 and ZAP-70, presence of unmutated *IGHV*, and advanced stage (Table 2); of note, sFLC( $\kappa/\lambda$ ) failed to correlate with cytogenetic abnormalities. At a median follow-up of 3 years, 149 of 449 patients had received treatment. To verify for the potential prognostic relevance of sFLC( $\kappa/\lambda$ ), patients were divided into 3 groups based on their normal or abnormal  $\kappa/\lambda$  ratio (clonal  $\kappa$  or clonal  $\lambda$  cases). The 3-year probability of remaining treatment-free for patients with abnormal  $\kappa$  or  $\lambda$  sFLC( $\kappa/\lambda$ ) was significantly lower than those with a normal sFLC( $\kappa/\lambda$ ) (63.8% vs 70.1% vs 84%,  $\chi^2$  of log-rank 34, P < .0001; Figure 1). As shown by univariate Cox analysis, advanced stage (Binet B and C) patients (118 of 449; HR = 2.5, 95% CI, 1.8-3.5, P < .0001), those expressing CD38 (80 of 410; HR = 2.7, 95% CI, 1.9-3.9, P < .0001) or ZAP-70 (140 of 401; HR = 4.4, 95% CI, 3.1-6.3, P < .0001), those with unmutated *IGHV* (130 of 379; HR = 4.1, 95% CI, 2.8-6.0, P < .0001), and patients with abnormal sFLC( $\kappa/\lambda$ ) (HR = 2.5, 95% CI, 1.8-3.4, P < .0001) had a statistically significant higher risk of starting treatment (supplemental Figure 1A, available on the *Blood* Web site; see the Supplemental Materials link at the top of the online



Figure 1. TFS of 449 patients with CLL according to the sFLC assay. Kaplan-Meier curves show the 3-year probability of remaining treatment-free for CLL cases subdivided into 3 groups based on their normal [normal sFLC( $\kappa/\lambda$ )] or abnormal  $\kappa$  or  $\lambda$  sFLC ratio. The 3-year TFS was significantly lower in patients with  $\kappa$  or  $\lambda$  sFLC( $\kappa/\lambda$ ).

article). Notably, abnormal sFLC( $\kappa/\lambda$ ) (HR = 2.2, 95% CI, 1.5-3.2, P < .0001) retained an independent association with TFS even when adjusted for CD38, ZAP-70 expression, *IGHV* mutational status, and Binet stage. ZAP-70 (HR = 3.0, 95% CI, 1.9-4.8, P < .0001), unmutated *IGHV* (HR = 1.9, 95% CI, 1.1-3.2, P = .014), and Binet stage (HR = 2.4, 95% CI, 1.6-3.7, P < .0001) remained independently associated with the risk of requiring therapy, whereas CD38 expression was no longer predictive (supplemental Figure 1B).

#### Assessment of the predictive value of sFLC( $\kappa + \lambda$ )

To further dissect the potential predictive value of sFLC, the  $\kappa$ - and  $\lambda$ -FLC concentrations were summed to produce a new variable, named sFLC( $\kappa + \lambda$ ) (median, 39.0 mg/mL; range, 8.2-1430.4 mg/ mL, supplemental Figure 2A). Because a significantly higher sFLC( $\kappa + \lambda$ ) was observed in CLL patients who had required treatment (supplemental Figure 2B), a cut-off value was established to resolve the power of sFLC( $\kappa + \lambda$ ) of identifying patients who were actually treated from those who remained treatment-free at the longest follow-up. Receiver operating characteristic analysis disclosed that 60.6 mg/mL was the most suitable sFLC( $\kappa + \lambda$ ) cut-off value (area under the curve = .62, P < .0001). At 3 years, the probability of being therapy-free was 84.1% and 51.8% for patients with a sFLC( $\kappa + \lambda$ ) value below and equal (n = 365) or above (n = 84) the cut-off value, respectively ( $\chi^2$  of log-rank 85.6, P < .0001, Figure 2A). Interestingly, Cox multivariate analysis suggested that the independent predictive value of sFLC( $\kappa + \lambda$ ) above the cut-off (HR = 2.5, CI, 2.6-3.9) remained one of the strongest predictive parameters together with ZAP-70 (HR = 2.8, CI, 1.8-4.6) and Binet stage (HR = 2.5, CI, 1.6-3.8), whereas CD38 as well as IGHV mutational status lost their prognostic power.

#### Relationship between sFLC( $\kappa + \lambda$ ) and sFLC( $\kappa/\lambda$ )

Because each of the 2 patient cohorts defined by the presence of a summated FLC value below or above the cut-off (Figure 2A) derived from the concurrence of cases with an excess monoclonal sFLC production (ie, with an abnormal sFLC ratio) and cases with an excess polyclonal sFLC production (ie, with a conserved sFLC ratio), we considered it appropriate to further dissect these cohorts. To this end, we proceeded to analyze separately the outcome of patients with both normal sFLC( $\kappa/\lambda$ ) and sFLC( $\kappa + \lambda$ ) below the cut-off (277 of 449, 61.7%) or both abnormal sFLC( $\kappa/\lambda$ ) and sFLC( $\kappa + \lambda$ ) above the cut-off (62 of 449, 13.8%), defined as "concordant cases" (75.5%), and the outcome of patients with either normal sFLC( $\kappa/\lambda$ ) and sFLC( $\kappa + \lambda$ ) above the cut-off (22 of 110, 20%) or abnormal sFLC( $\kappa/\lambda$ ) and sFLC( $\kappa + \lambda$ ) below the cut-off (88 of 110, 80%), defined as "discordant cases" (110 of 440, 24.5%; Figure 2B). The estimated Kaplan-Meier curves for TFS according to the combination of  $sFLC(\kappa/\lambda)$  abnormality and sFLC( $\kappa + \lambda$ ) cut-off values are shown in Figure 2C. To better illustrate the predictive impact of summated sFLC on TFS, separate curves for patients with normal (Figure 2D) or abnormal sFLC ratio (Figure 2E) are shown with respect to the sFLC( $\kappa + \lambda$ ) cut-off. Notably, a Cox multivariate model showed that  $sFLC(\kappa + \lambda)$ above cut-off yields an approximately 3-fold higher risk of early treatment requirement than abnormal sFLC( $\kappa/\lambda$ ): HR = 3.5, CI, 2.4-5.1 (P < .0001) versus HR = 1.5, CI, 1.1-2.3 (P = .015).

To investigate which FLC-related parameter could provide a more accurate prediction of TFS, a c-statistic analysis, considered a measure of concordance between observed and predicted timedependent events, was carried out. The results demonstrated that both the sFLC( $\kappa/\lambda$ ) (c = .51, P < .001) and the sFLC( $\kappa + \lambda$ ) (c = .52, P < .001) were able to correctly predict TFS.

# Distribution of cytogenetic abnormalities among sFLC( $\kappa + \lambda$ ) and sFLC( $\kappa/\lambda$ )

A total of 303 samples were investigated by interphase FISH for the presence of the major genomic aberrations. The overall incidence was as follows: (1) 13q14.3 deletion, 83 of 303 (27.4%) and normal in 135 of 303 (overall 218, 44.6%, low risk group); (2) trisomy 12, 32 of 303 (10.6%, intermediate risk group); and (3) 11q22.3 deletion, 29 of 303 (9.6%) and 17p13.1 deletion 24 of 303 (7.9%, high risk group). Interestingly, a statistically significant association was documented for risk as defined by FISH analysis and sFLC( $\kappa + \lambda$ ) (*P* = .013, Figure 3A), but not with sFLC( $\kappa/\lambda$ ) values.

Supplemental Figure 3 shows the Kaplan-Meier curves of cases stratified by cytogenetic risk. The estimated median times to treatment need were 12.1, 6.5, and 3.1 years for cases with low, intermediate, and high risk, respectively. Notably, abnormal sFLC( $\kappa/\lambda$ ) (HR = 2.0, 95% CI, 1.3-3.1) and sFLC( $\kappa + \lambda$ ) above the cut-off (HR = 2.8, 95% CI, 1.7-4.5) retained an independent association with TFS together with cytogenetics, ZAP-70 expression, and Binet stage (Figure 3B-C). Finally, results from a multivariate model in which both sFLC( $\kappa + \lambda$ ) and sFLC( $\kappa/\lambda$ ) parameters were considered together showed that the latter failed to retain an independent association with TFS, whereas sFLC( $\kappa + \lambda$ ) (HR = 2.3, 95% CI, 1.3-4.1, P = .004) still remained a significant prognostic factor together with cytogenetics (HR = 2.1, 95% CI, 1.5-2.7, P < .0001), ZAP-70 (HR = 2.8, 95% CI, 1.7-4.8, P < .0001) expression, and Binet stage (HR = 2.8, 95% CI, 1.7-4.6, P < .0001).

# A novel prognostic scoring system based on the integration sFLC( $\kappa + \lambda$ ) with 3 biomarkers

Based on the results of multivariate and c-statistic analyses, we wished to test the hypothesis that the combination of sFLC( $\kappa + \lambda$ ), ZAP-70 expression, and FISH abnormalities together with Binet stage could allow a more finely tuned estimation of prognosis. To this end, we divided cases of our study cohort into 5 groups according to the negative prognostic impact of these biomarkers. A scoring system was then designed in which 1 point was assigned to each unfavorable prognostic marker and the final score was given by the sum of the unfavorable markers present. Based on this analysis of 262 patients, 104 cases scored 0 (low risk), 79 scored 1 (low-intermediate risk), 56 scored 2 (intermediate-high risk), 19 scored 3, and only 4 cases scored 4. Considering the relatively low number of cases in the latter 2 score groups, we combined them to form the high-risk group (23 patients). According to this classification, the 3-year probability of avoiding treatment was 94.8%, 84.5%, 61.6%, and 21.1%, respectively, for patients in the low, low-intermediate, intermediate-high, and high risk groups (Figure 4).

# In situ immunohistochemical detection of $\kappa$ and $\lambda$ FLCs in the CLL microenvironment

After analysis of the prognostic significance of sFLC( $\kappa + \lambda$ ), we investigated the actual presence and distribution of FLCs in CLL infiltrates in situ, by immunohistochemistry using 2 validated monoclonal antibodies specifically recognizing the unbound light chains.<sup>21</sup> Consistent with the hypothesized concurrence of different B-cell populations of FLC synthesis in the CLL microenvironment, we detected, along with a prevalent population of plasmacytoid



Figure 2. Predictive value of a novel parameter sFLC( $\kappa + \lambda$ ) and relationship with sFLC( $\kappa/\lambda$ ) ratio. (A) Kaplan-Meier curves demonstrating a significantly shorter 3-year TFS for those CLL cases with sFLC( $\kappa + \lambda$ ) reaching or exceeding the cut-off value (51.8%,  $\chi^2$  of log-rank 85.6, P < .0001). (B) Comparison of CLL cases in terms of sFLC( $\kappa/\lambda$ ) and sFLC( $\kappa + \lambda$ ) variables with respect to sFLC( $\kappa + \lambda$ ) cut-off value of 60.6 mg/mL. Of a total of 449 cases, 277 (61.7%) had normal sFLC( $\kappa/\lambda$ ) and sFLC( $\kappa + \lambda$ ) below the cut-off, 62 (13.8%) had both abnormal sFLC( $\kappa/\lambda$ ) and sFLC( $\kappa + \lambda$ ) above the cut-off with a concordance rate of 75.5%, 110 cases were discordant (24.5%) with 22 normal sFLC( $\kappa/\lambda$ ) and sFLC( $\kappa + \lambda$ ) above the cut-off value. To better illustrate the predictive impact of summated sFLC on TFS, separate curves for patients with normal (D) or abnormal sFLC ( $\kappa/\lambda$ ) and sFLC( $\kappa + \lambda$ ) cut-off value. To better illustrate the predictive impact of summated sFLC on TFS, separate curves for patients with normal (D) or abnormal sFLC ratio (E) are shown with respect to the sFLC( $\kappa + \lambda$ ) cut-off.

lymphocytes showing cytoplasmatic reactivity of either of the 2 FLCs, in accordance with the predominant clonal chain (Figure 5A,D), a lower amount of lymphoid elements also showed partial reactivity of the nonclonal FLC (Figure 5B-C). These lymphocytes expressing different FLC types populated the same infiltrates in the lymph node and bone marrow and were associated with scattered FLC-producing plasma cells (Figure 5A-D insets). The specificity of the immunohistochemistry detection of FLCs was confirmed by the analysis of  $\kappa$  and  $\lambda$  expression in MM bone marrow infiltrates, in which FLC expression was almost entirely confined to the

clone-related light chain (supplemental Figure 4). This preliminary demonstration of clone-related and unrelated light chain in the CLL microenvironment strengthens the rationale for assessment of sFLC( $\kappa + \lambda$ ).

# Discussion

The management of CLL needs to be tailored to the expected disease course and to the patient's ability to tolerate treatments. An



Figure 3. Comparison of cytogenetic risk and total sFLC. (A) CLL patients (n = 303), stratified by cytogenetic risk (low risk, normal and 13q14.3; intermediate risk, trisomy 12; high risk, 11q22.3 and 17p13.1) groups showed a significant correlation with sFLC( $\kappa + \lambda$ ) cut-off value (60.6 mg/mL). Forest plots indicating (B) an abnormal sFLC( $\kappa/\lambda$ ) (HR = 2.0, 95% Cl, 1.3-3.1) and (C) sFLC( $\kappa + \lambda$ ) above the cut-off (HR = 2.8, 95% Cl, 1.7-4.5) retained an independent association with TFS together with cytogenetics, ZAP-70 expression, and Binet stage in Cox multivariate models.

ideal prognostic biomarker, beyond being technically simple and cost-effective, should stratify untreated patients according to risk of progressive disease and shorter survival. This would allow identification of patients who may potentially benefit from early therapy and spare others unnecessary treatment-related toxicity.

Given its ability to accurately identify and monitor clonal B-cell populations, the sFLC assay has been explored as a potential new prognostic tool for CLL.<sup>7,8</sup> Independent investigations have shown that 40% to 53% of CLL patients display an abnormal sFLC( $\kappa/\lambda$ ) and/or elevated levels of clonally unrestricted  $\kappa$  or  $\lambda$  sFLC, which have been proposed to identify cases with poor survival and early treatment requirement.<sup>7,8</sup> Results of these retrospective studies are

varied in terms of the prognostic value and independent impact of sFLC-dependent variables within the context of common CLL biomarkers. Pratt et al showed that sFLC( $\kappa/\lambda$ ) abnormalities predicted TFS if both treated and therapy-naive patients were grouped together; however, statistical significance did not hold if untreated patients were analyzed separately.<sup>7</sup> Yegin et al reported that, although sFLC elevations identify patients requiring early treatment, median TFS did not statistically differ between cases with or without abnormal sFLC( $\kappa/\lambda$ ).<sup>8</sup> Similarly, sFLC( $\kappa/\lambda$ ) abnormalities correlated with ZAP-70 but not with CD38 expression in the former study,<sup>7</sup> whereas the opposite result was found in the latter.<sup>8</sup> More importantly, sFLC levels and sFLC( $\kappa/\lambda$ ) abnormalities failed to stratify patients according to cytogenetic risk in one study, whereas FISH data were not reported in the other.<sup>7,8</sup>

By analyzing the largest reported cohort (n = 449) of untreated CLL patients, concurrently characterized for established CLL biomarkers, we document herein that sFLC( $\kappa/\lambda$ ) and sFLC levels are distinct prognostic variables in CLL. Although abnormal sFLC( $\kappa/\lambda$ ) was associated with parameters reflecting disease aggressiveness (ie, stage, CD38/ZAP-70, IGHV mutations, and independently predicted TFS), it did not correlate with cytogenetic risk. In contrast, unfavorable cytogenetics were associated with a novel biologic variable, namely, the sFLC( $\kappa + \lambda$ ), representing the sum of absolute  $\kappa$  and  $\lambda$  sFLC protein levels, irrespective of sFLC( $\kappa/\lambda$ ) abnormalities. Accordingly, we documented that the prognostic impact of an abnormal sFLC( $\kappa/\lambda$ ) becomes irrelevant if the sFLC( $\kappa + \lambda$ ) value is above a threshold (ie, 60.6 mg/mL) derived from receiver operating characteristic analysis to discriminate patients who were actually treated from those never given therapy at the longest follow-up. Indeed, on multivariate analysis, sFLC( $\kappa + \lambda$ ) more than 60.6 mg/mL remained the strongest predictor of TFS together with ZAP-70, staging, and cytogenetics, whereas CD38, IGHV mutations, and sFLC( $\kappa/\lambda$ ) abnormalities lost



Figure 4. TFS of CLL patients according to a prognostic scoring system, including the sFLC( $\kappa + \lambda$ ) parameter. Kaplan-Meier curves show the probability of remaining treatment-free for CLL cases subdivided according to a scoring system designed to evaluate unfavorable negative prognostic biomarkers: 1 point was assigned to each unfavorable prognostic marker [ZAP-70 expression, FISH abnormalities, Binet stage, and sFLC( $\kappa + \lambda$ )], and the final score was given by the sum of the unfavorable markers present. A total of 262 patients were analyzed producing the following scores: 104 cases scored 0 (low risk), 79 scored 1 (low-intermediate risk), 56 scored 2 (intermediate-high risk), and 23 cases scored 3 or 4 (high risk) with a 3-year TFS of 94.8%, 84.5%, 61.6%, and 21.1%, respectively.

Figure 5. In situ immunohistochemical detection of free  $\kappa$  and  $\lambda$  chains in the CLL microenvironment. (A-B) In lymph node infiltrates of a  $\kappa$ -chain CLL case, a prominent population of plasmacytoid lymphocytes expressing the  $\kappa$  FLC is detected along with a lower number of lymphocytes showing expression of the clone-unrelated  $\lambda$  chain, both populating the same microenvironment. Scattered plasma cells with either  $\kappa$  or  $\lambda$  FLC expression are also detected (panels A and B insets). (C-D) A similar picture is observed in bone marrow lymphoid infiltrates of a  $\lambda$ -chain CLL case. Immunohistochemistry performed by the streptavidin–avidin-biotin complex using the 3-3'-diaminobenzidine chromogen (brown signal). Original magnifications  $\times$ 200 for all panels and  $\times$ 400 for insets.



their prognostic power. A straightforward model, including sFLC( $\kappa + \lambda$ ) more than 60.6 mg/mL, Binet staging, ZAP-70, and cytogenetics, was validated to accurately predict time to treatment requirement in untreated CLL patients.

A high summated level of  $\kappa$  plus  $\lambda$  FLC could derive from the concurrence of cases with an excess monoclonal production (ie, with an abnormal FLC ratio) and cases with an excess polyclonal production (ie, with a normal FLC ratio), within the context of normal/defective kidney function. Even though CLL is not typically associated with renal injury, we excluded biases from non-tumor-related renal impairments by adopting adjusted sFLC normality ranges, in patients with impaired creatinine clearance.<sup>5</sup> A separate analysis of patients with normal or abnormal FLC ratio indicated that a sFLC( $\kappa + \lambda$ ) above the cut-off retained its ability to predict TFS in both groups. A direct comparison evidenced that patients with a normal FLC( $\kappa/\lambda$ ) and sFLC( $\kappa + \lambda$ ) above threshold displayed a poorer TFS outcome compared with all those with an sFLC( $\kappa + \lambda$ ) below the cut-off, irrespective of ratio abnormalities. Interestingly, the outcome of patients concurrently displaying elevated sFLC( $\kappa + \lambda$ ) and abnormal sFLC( $\kappa/\lambda$ ) was not statistically different from those with sFLC( $\kappa + \lambda$ ) above the cut-off and a normal ratio. Both these cohorts of patients had the worst TFS. These data, beyond confirming our multivariate model, suggest that  $sFLC(\kappa/\lambda)$  and  $sFLC(\kappa + \lambda)$  reflect different phenomena in the complex biology of CLL.

Until recently, attention has been mostly focused on sFLC( $\kappa/\lambda$ ) and levels of "involved" (clonal) FLCs, which, being secreted by tumor cells, were thought to reflect size and biologic activity of the malignant B-cell population.<sup>2</sup> Modern views maintain that CLL arises from activated, antigen-experienced B cells, suggesting that persistent immune stimulation and ongoing polyclonal B-cell activation/dysfunction may play an important role in the development and progression of this malignancy.<sup>22</sup> Polyclonal B cells share the same microenvironmental interactions as tumor cells and could themselves be activated on antigenic stimulation of the CLL clone.<sup>23</sup> This latter may in turn convey activatory signals to bystander B and T lymphocytes.<sup>24,25</sup> In this scenario, tumor-derived monoclonal FLCs can be admixed with variable amounts of sFLC

produced by nonclonal bystander B cells in lymphohematopoietic tissues. We documented a concurrence of these different B-cell populations to FLC synthesis within the CLL microenvironment. Our immunohistochemistry studies showed that tumor cells producing clonally restricted FLCs coexist with variable amounts of lymphocytes expressing nonclonal FLCs in infiltrated bone marrow and lymph nodes. These latter B cells might be in part clonally related to the dominant CLL clone and/or mirror an expanding antigen-stimulated polyconal B-cell pool.24 Interestingly, an ongoing B-cell activation/expansion, reflected by the overproduction of polyclonal sFLC, underlies the pathogenesis of several inflammatory/autoimmune conditions, which are themselves associated with an increased risk of non-Hodgkin lymphoma.<sup>26</sup> Along this line, Tsai et al demonstrated that 38% of patients eventually developing CLL displayed an abnormal sFLC( $\kappa/\lambda$ ) up to 10 years before diagnosis and another 16% of them had a sustained polyclonal sFLC elevation in the same prediagnostic time frame.<sup>27</sup> As such, elevations in both the "involved" sFLC (ie, the same clonally restricted light chain later found on tumor cells) and "uninvolved" FLCs can be found during pre-CLL phases.<sup>27</sup> Similarly, it was shown that "low-count" monoclonal B-cell lymphocytosis, which shares many phenotypic traits of CLL, may actually be oligoclonal by reflecting the expansion of diversified, clonally related, populations with evidence of antigen drive.<sup>28</sup> Finally, the presence of polyclonal sFLC elevations was shown to represent a strong risk factor for non-Hodgkin lymphoma development in HIV-infected persons.<sup>29</sup> Although the mechanisms underlying polyclonal/oligoclonal FLC synthesis in "premalignant" CLL phases may reflect recruitment of multiple B-cell populations because of chronic antigenic challenge, the emergence of nonclonal FLCs at an overt tumor stage, as suggested by our study, is more puzzling. The coexistence of clone "side populations," with a diversified light-chain repertoire resulting from aberrant recombinase activity, could be hypothesized given that Ig recombination also occurs in mature B-cell populations, on persistent autoantigenic stimulation, to preserve/restore tolerance.<sup>30-33</sup> Thus, molecular events involving the neoplastic clone and the environmental stimuli sustaining bystander B-cell

activation may both concur to the sFLC pattern of CLL and to its prognostic relevance.

The overproduction of nonclonal sFLC in CLL patients may not necessarily be related to tumor biology. Results of populationbased studies have indicated that overproduction of nonclonal sFLC could predict mortality in individuals older than 50 years, who were either healthy or affected by various comorbidities.<sup>34</sup> Based on these findings, polyclonal sFLC elevation was interpreted as a nonspecific marker of "unwellness," which reflects a generalized immune overstimulation occurring in elderly subjects.<sup>34</sup>

Contextualizing this view to our cohort of aged CLL patients would, however, argue in favor of the highly significant association of the sFLC( $\kappa + \lambda$ ) variable with intrinsic features of tumor cells, such as ZAP-70 and unfavorable cytogenetics, and its strong and independent predictive power on TFS. Although host "fitness" may certainly affect overall survival of CLL patients, its direct influence on time to treatment requirement, an outcome mostly related to tumor biologic aggressiveness itself, is more complex to demonstrate.

Independently of the mechanisms underlying the overproduction of sFLCs, these can "per se" endorse immunobiologic activities relevant to CLL pathobiology. For instance, despite being usually regarded as a mere spillover product of Ig synthesis/assembly, FLCs could activate mast cells, which enrich the CLL microenvironment.<sup>35</sup> Activated mast cells may in turn support tumor cell growth and foster immune stimulation through different pathways, including CD40- and IL-6– mediated signaling.<sup>36</sup>

In conclusion, our findings support that the cumulative amount of circulating FLC, irrespective of their clonality, is a strong and independent prognostic predictor in CLL. A new scoring system, involving the simple, reproducible, and cost-effective sFLC assay, is proposed to identify at diagnosis CLL patients who are more likely to require early treatment.

### Acknowledgments

The authors thank Dr Alessandro Marchei, The Binding Site, Italy, for help and advice on FLC testing, and Prof Alan Solomon, Human Immunology & Cancer Program, University of Tennessee Graduate School of Medicine, for providing the anti- $\kappa$  and anti- $\lambda$  FLC monoclonal antibodies used in the immunohistochemistry studies.

This work was supported by Associazione Italiana Ricerca sul Cancro (AN-IG4569, MF-IG10492, and FM-RG6432), Associazione Italiana Ricerca sul Cancro–Special Program Molecular Clinical Oncology (5 per mille, grant 9980, 2010-15; A.N., M.F., and F.M.) Ricerca Finalizzata from Italian Ministry of Health 2006 (G.C., F.M., and M.F.) and 2007 (G.C.), Fondo Investimento per la Ricerca de Base (grant RBIP06LCA9; M.F.), progetto Compagnia San Paolo (G.C.), the Ministero della Salute, Ricerca Corrente, and Ricerca Finalizzata FSN, Rome, Italy (A.P.). V.G. was supported by a fellowship from Associazione Italiana Ricerca sul Cancro.

### Authorship

Contribution: F.M., R.D.F., and A.P. designed the study, analyzed the data, and wrote the manuscript; R.C. and V.G. performed assays; G.C., A.N., and G.D.P. performed biomarker analysis; B.A., A.G.R., M.F., and C.T. analyzed data and reviewed the manuscript; L.L., K.Z., M.G., E.V., S.M., G.D.P., and E.M. provided material; and all authors approved the final version of the manuscript.

Conflict-of-interest disclosure: B.A. is the Medical Director at The Binding Site Ltd, Italy. The remaining authors declare no competing financial interests.

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