# Confocal microscopy study of the distribution, content and activity of mitochondria during *Paracentrotus lividus* development

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# **Summary**

In the present paper we applied confocal microscopy and fluorescence technologies for studying the distribution and the oxidative activity of sea urchin (*Paracentrotus lividus*) mitochondria during development, by in vivo incubating eggs and embryos with cell-permeant MitoTracker probes. We calculated, by a mathematical model, the intensity values, the *variations* of intensity, and the *variation index* of incorporated fluorochromes. Data demonstrate that mitochondrial mass does not change during development, whereas mitochondrial respiration increases. In addition, starting from 16 blastomeres stage, some regions of the embryo contain organelles more active in oxygen consumption.

#### Introduction

The confocal laser scanning microscope (CLSM) technology, commercially available since 1983, allows the observation of the inner site of living or fixed cells and tissues, and it is able to capture, through computer, serial optical sections with a good contrast, creating three-dimensional models. The development of confocal microscopy was accelerated by computer, laser and detector technologies, by interference filters and fluorochromes, as well as by highly specialized objectives.

CLSM allows researchers to collect a series of optical sections and, compared to the wide-field conventional microscopy, offers advantages as a much better control of depth of field and reduction or removal of background noise away from the focal plane. The CLSM technology, based on fluorescence emissions, uses probes able to bind to biological macromolecules,

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such as proteins or nucleic acids, localizing them into cell structures (like cytoskeleton, mitochondria, Golgi apparatus, endoplasmic reticulum or nucleus). Fluorescent probes are also used to focus environmental variables (like concentration of metallic ions, pH, reactive oxygen species and membrane potential). This method allows studying cell integrity, apoptosis, endocytosis/exocytosis, traffic of proteins, signal transduction or enzymatic activities, and it is helpful in gene mapping and chromosome analysis. The commonly used lasers are sources of high-intensity monochromatic light, very useful for various microscopy techniques such as optical trapping, photobleaching and total internal reflection fluorescence. The CLSM has wide application in biological sciences, medical fields (Pawley, 1995; Zhang et al., 2000) and in marine biological studies, specifically concerning reproduction and development of marine invertebrates (Hertzler & Clark, 1992; Summers et al., 1993; Holy, 1999, Buttino et al., 2003).

During sea urchin oogenesis, mitochondria are synthesized and accumulated in very high number. Mature eggs contain hundreds of thousands organelles, which are partitioned to the daughter cells after fertilization. It has been largely demonstrated that the number of maternal mitochondria is sufficient to support development until the larva stage. Hence, the total number of organelles does not increase during development (Matsumoto *et al.*, 1974; Bresch, 1978; Rinaldi *et al.*, 1979a,b). After fertilization, the respiratory rate of sea urchin embryos increases, then decreases, keeping quite constant up to blastula, slightly increases after hatching, it reaches the maximum value at gastrula stage and then it is maintained at a high level up to pluteus (see Giudice, 1985; Fujiwara & Yasumasu, 1997).

It has been demonstrated that, in *Strongylocentrotus* purpuratus, mitochondria are asymmetrically distributed in unfertilized eggs and that the overall polarity, maintained in the

zygote and during development, is responsible for the formation of the oral—aboral axis, in that the side of the embryo containing the highest density of mitochondria gives rise to the oral pole (Cameron *et al.*, 1989; Davidson *et al.*, 1998; Coffman *et al.*, 2001, 2004).

In the present paper, we applied CLSM and fluorescence technologies to study the distribution and the oxidative activity of *Paracentrotus lividus* mitochondria during development by in vivo incubating eggs and embryos with cell-permeant MitoTracker probes. The probes are very useful tools for determining the mass [MitoTracker TM Green (MTG) FM] and the oxidative activity [MitoTracker TM Orange (MTO) CM-H2TMRos] of mitochondria. In order to interpret results and to draw unequivocal conclusions, we elaborated a mathematical discrete model calculating the intensity values of fluorochromes, the *variations* of intensity incremental ratio, and the *variation index* in the different developmental stages, overcoming the problems due to the geometry of the system.

#### Materials and methods

## Embryo culture

Adult sea urchins of the Mediterranean species P. lividus were collected along Sicily's western coasts. Eggs were fertilized and embryos were grown at  $18^{\circ}C$ , at the concentration of  $5000~\text{mL}^{-1}$  in Millipore filtered sea water containing antibiotics (mfswa), in a beaker with a rotating propeller, until reaching the desired stages. Unfertilized eggs were collected in mfswa.

# Treatments

To a suspension of eggs or embryos were added 200 nm (f.c.) of MTG (FM M-7514) and 100 nm (f.c.) of MTO CM-H $_2$  (TMROS M-7511, Molecular Probes). After 60-min incubation at  $18^{\circ}\mathrm{C}$  in a dark room, in rotation, the samples were washed several times with mfswa and fixed with 0.1% formaldehyde in sea water—Tris-HCl pH 8.0.

MTG, nonfluorescent in aqueous solutions, becomes fluorescent only when it accumulates in the mitochondrial lipid environment, regardless of membrane potential, thus representing a very useful tool for determining the mitochondrial mass. Furthermore this dye, more photostable than rhodamine 123, shows a blueshifted emission maximum (approximately 10 nm compared to the emission maximum of rhodamine 123). In conclusion, MTG produces a fluorescent staining pattern that should be better resolved than that of the red-fluorescent probes.

MTO CM- ${\rm H_2TMRos}$ , the nonfluorescent reduced form of tetramethylrosamine, once it enters an actively respiring cell, it is oxidized by the molecular oxygen. It is then sequestered by mitochondria, because it interacts with the thiol groups of peptides, forming an aldehydic mitochondrion-selective probe, fluorescent in the red spectrum, so that it allows estimating

oxidative activity.

When necessary, after incubation with the fluorochromes, an aliquot of embryo suspension was treated for 30 min with 100  $\mu g$  (f.c.) oligomycin or 1 mM Sodium azide, which respectively inhibit ATP synthase (complex V of OXPHOS) and cytochrome c oxidase (complex IV).

#### Microscopic observations

For our observations we used a CLSM (Olympus FV-300) equipped with argon (488 nm) and helium/neon (543 nm) lasers. Several layers (2  $\mu m$  thick) of eggs and embryos were scanned with a PlanApo  $60\times1.40$  oil-immersion lens at  $1024\times1024$  pixel resolution. Specimens incubated with MTG absorb laser light at 490 nm wavelength emitting green fluorescent light at 516 nm, those incubated with MTO absorb laser light at 551 nm emitting red fluorescent light at 576 nm wavelength.

Lasers specifically excite the single fluorochromes: blue laser at 488 nm excites MTG but not MTO. Vice versa, green laser at 543 nm excites MTO but not MTG, avoiding the false positive results.

#### Image acquisition and analysis

The CSLM fluorescence is revealed by photomultiplier tubes at  $256\,\mathrm{grey}$  levels. As the acquisition software (Olympus Fluoview v.3.3) links a different colour to each channel, green for MTG and red for MTO, we adopted the 8-bit values full range (0–255) with a linear Look Up Table in order to compare both colours.

Images obtained by CLSM were analyzed, measured and processed by the IMAGEJ software, a public domain Java Image processing program. The data obtained were elaborated by Microsoft Excel $^{\rm TM}$ .

# Results

During oogenesis, sea urchin synthesizes and accumulates a large number of mitochondria, which are partitioned to the daughter cells during embryogenesis. It has been demonstrated that the number of maternal organelles is sufficient to support development until late stages without new synthesis of mitochondrial DNA or production of new mitochondria (Matsumoto *et al.*, 1974; Rinaldi *et al.*, 1979a,b).

In order to verify the mass, the distribution and the OXPHOS activity of mitochondria, we incubated eggs and embryos in vivo with two specific fluorochromes, MTG and MTO.

#### Mitochondrial mass analysis

In inverted CSLM, the laser beam excites the specimen from below and the emitted fluorescence is revealed by the photomultiplicator also located below. Consequently, the resulting fluorescence signals are gradually attenuated due

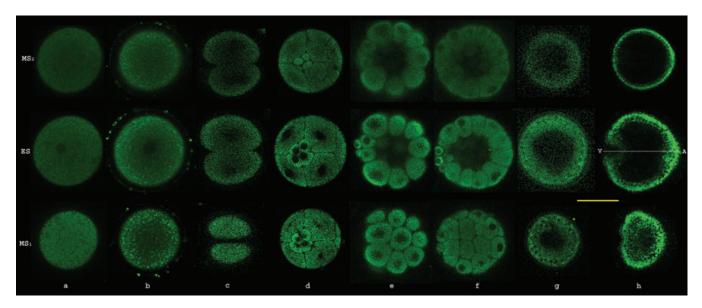


Fig. 1. Mitochondrial mass in P. lividus. Distribution of MTG in the equatorial section (ES), and middle sections (MS<sub>1</sub>, MS<sub>2</sub>) of unfertilized egg (a), justfertilized egg (b), two blastomeres (c), 16 blastomeres (d), 32 blastomeres (e), 64 blastomeres (f), blastula (g) and gastrula (h). Yellow bar = 50 \( \text{µm} \), white line = A-V axis.

to the distance of the light source from the sections of the specimen. Hence, images from the topmost layers are darker than the images captured from the lower layers, because of light-loss distortions (Capek et al., 2006). To show the distribution of organelles, we chose three main scanning sections: an equatorial section (Fig. 1, indicated as ES) and two parallel middle sections (Fig. 1, indicated as  $MS_1$  and  $MS_2$ ) in the upper and lower hemispheres. Figure 1 also shows the distribution of green in the sections of embryos at different developmental stages (a-h).

However, microscopic observations were performed capturing 2  $\mu$ m thick layers of eggs and embryos, the number of the captured sections turns out to be a total of 30 in all cases. Of the several thousands embryos we observed, 20 for all developmental stage were analyzed and processed. In order to calculate the total mitochondrial mass we integrated the values of pixel intensities for all captured sections. The arithmetic mean of these sums was used to draw the histogram in Fig. 2, which shows relatively constant values of intensities, indicating a fairly constant mitochondrial mass, suggesting that the amount of organelles does not change during development.

# Mitochondrial activity analysis

Mitochondrial oxidative activity was monitored as shown in Fig. 3. Incubation with MTG and MTO fluorochromes can simultaneously allow measuring mitochondrial mass and activity. The intensity of green is proportional to the mitochondrial mass, whereas the intensity of red is proportional to mitochondrial activity, so that red pixels are a subset of green pixels. If the intensities of green and red pixels are similar the resulting merged colour is yellow, whereas in the regions of higher oxygen consumption the colour verges towards red. Figure 4 shows that mitochondria of unfertilized eggs (a) consume oxygen, but the consumption is not very high (uniform yellow), and that mitochondrial activity increases after fertilization (b, c), maintaining quite the same distribution. At 16, 32, 64 blastomeres, micromeres show higher oxygen consumption than the other blastomeres (d, e, f). At blastula (g), mitochondrial activity is higher around the blastocoel, especially in the region corresponding to the vegetal plate. At gastrula (h), the region corresponding to the blastopore and the cells in the archenteron cavity (mesenchyme cells) contain more respiring organelles.

In order to ascertain whether the red fluorescence was due to oxygen produced by OXPHOS, we treated eggs and embryos with specific inhibitors of mitochondrial complexes, oligomycin (inhibitor of F<sub>1</sub>-F<sub>0</sub> ATP synthase) and sodium azide (inhibitor of cytochrome c oxidase). The treatments strongly reduced the red but not the green fluorescence (Fig. 5).

# Image analysis

Of the several thousands of embryos we observed, we chose 20 embryos oriented as shown in Fig. 4. The images captured with the confocal microscope were then analyzed and the fluorescence intensities were measured using IMAGEJ. We obtained tables of the positions along the A–V axis, indicated as P in the graphs, and the corresponding intensities I, i.e. the measures of the mean value intensity of all the points lying on the normal to the A-V axis, for both green and

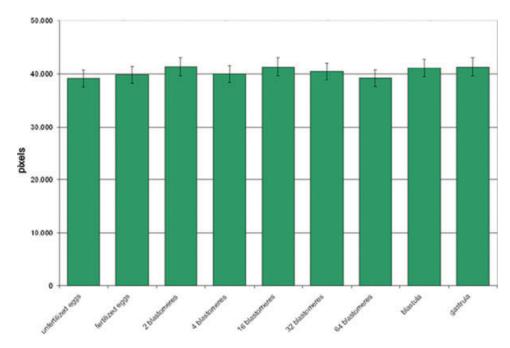


Fig. 2. Mitochondrial mass during development. Abscissa: developmental stages; ordinate: integration of pixel intensity values of all captured sections. Bars indicate the standard deviations.

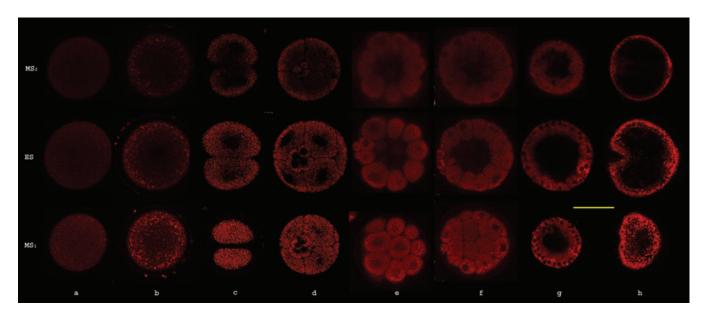


Fig. 3. Mitochondrial oxidative activity. Distribution of MTO in the sections ES,  $MS_1$ ,  $MS_2$  of unfertilized egg (a), just-fertilized egg (b), two blastomeres (c), 16 blastomeres (d), 32 blastomeres (e), 64 blastomeres (f), blastula (g) and gastrula (h). Bar = 50  $\mu$ m.

red values. These tables were used to draw graphs of  $I_{\rm g}$  and  $I_{\rm r}$  (the intensity of green and red, scaled from 0 to 255) as function of P in pixels (Fig. 6). In these graphs, the areas under the curves represent the measures of mitochondrial mass and mitochondrial activity, respectively. The area under red intensity curves, corresponding to the mitochondrial activity referred to in each stage, increases during development. It is noteworthy that, although in the early embryos active

mitochondria are uniformly distributed (Figs 4 and 6b–d), at later stages the micromeres (e, f) display a higher oxygen consumption than macromeres and mesomeres. In addition, the cells of the blastula vegetal plate (g) and of blastopore region of gastrula (h) are respiring at higher level than in the rest of the embryos, suggesting an increasing oxidative phosphorylation capacity of mitochondria in these embryo regions.

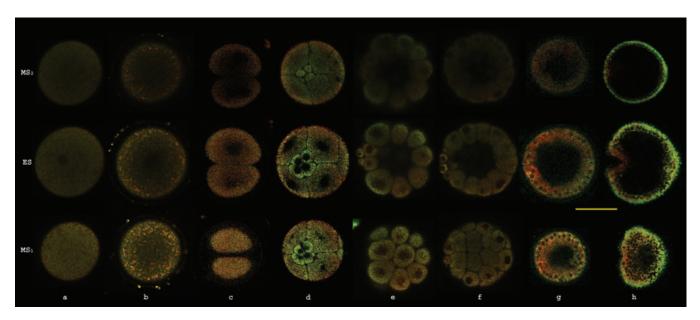


Fig. 4. Mitochondrial mass and oxidative activity. Merge of green (MTG) and red (MTO) fluorescence in the sections ES, MS<sub>1</sub>, MS<sub>2</sub> of unfertilized egg (a), fertilized egg (b), two blastomeres (c), 16 blastomeres (d), 32 blastomeres (e), 64 blastomeres (f), blastula (g) and gastrula (h). Bar = 50 \mum.

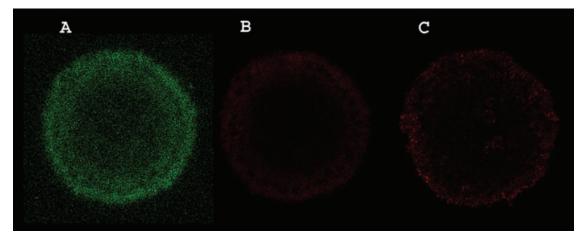


Fig. 5. Effects on P. lividus blastula of treatment with oligomycin or sodium azide. Mitochondrial mass (A) and oxidative activity after oligomycin (B) and sodium azide (C) treatments.

#### Analysis of intensity variations

Each experiment was carried out varying laser voltage, in order to obtain a rather intense signal and avoiding peak values over 255 (saturation), for both green and red channels. To avoid small scattering ripples in the intensity data, we adopted a median filter that substituted each intensity value with the average of its surrounding (for values ranging from -10 to +10of the median). Finally, from these filtered values, we elaborated a variation diagram of relative intensity  $|\Delta I/\Delta P|$  in function of P along the A-V axis. We chose the absolute values so that the resulting curves could be easily compared.

Figure 7 shows the variation curves, along the A–V axis, of the green fluorescence during development. The green curves

closely resemble straight lines with the same slope, suggesting that the amount of mitochondria is substantially constant during development. Figure 8 shows the variation curves of the red fluorescence. It is noteworthy that the slope of the red variation curves increases from unfertilized egg to the gastrula stage, suggesting that mitochondrial activity increases during development. It is interesting to observe that, at blastula and gastrula, the slope is not constant, with a different shape in some regions.

#### Variation index

Next, by using a linear equation, we fitted the variation curves to the data, then we calculated the slope values for each line,

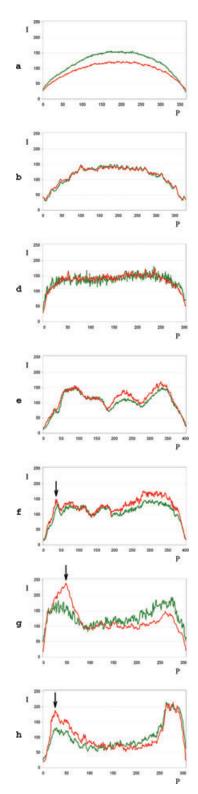


Fig. 6. Intensity of MTG and MTO in the equatorial section (ES) of unfertilized egg (a), fertilized egg (b), 16 blastomeres (d), 32 blastomeres (e), 64 blastomeres (f), blastula (g), and gastrula (h). Abscissa: position values (P) along A-V axis; ordinate: normalized intensity values (I); the curves  $I_{\rm g}$  and  $I_{\rm r}$  correspond, respectively, to MTG and MTO intensities. Arrows indicate the position of the cells at vegetative pole.

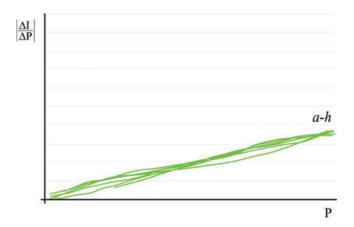


Fig. 7. Intensity variation of mitochondrial mass during development: egg (a), fertilized egg (b), two blastomeres (c), 32 blastomeres (e), 64 blastomeres (f), blastula (g), gastrula (h). Abscissa: position values (P) along A-V axis; ordinate: relative intensity variation  $|\Delta I/\Delta P|$ .

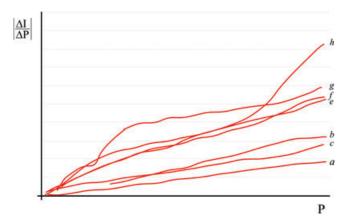


Fig. 8. Intensity variation of mitochondrial oxidative activity during development: egg (a), fertilized egg (b), two blastomeres (c), 32 blastomeres (e), 64 blastomeres (f), blastula (g), gastrula (h). Abscissa: position values (P) along A–V axis; ordinate: relative intensity variations  $|\Delta I/\Delta P|$ .

obtaining the arctangent values, as shown in Fig. 9. The arctangent values at different stages, define the *variation index* relative to mitochondrial mass and mitochondrial activity during sea urchin development. The data obtained from this analysis show that the green *index* has a constant value during development, confirming the results, obtained by integration method reported in Fig. 2, that the mitochondrial mass does not vary during development. It is very interesting that the red *index*, which indicates oxygen consumption, changes during development, showing a sharp increase after fertilization, at 32 blastomeres and at blastula stage.

### Discussion

It is well known that in sea urchin, during oogenesis, mitochondria are synthesized and accumulated in a very high number, and that after fertilization they are partitioned

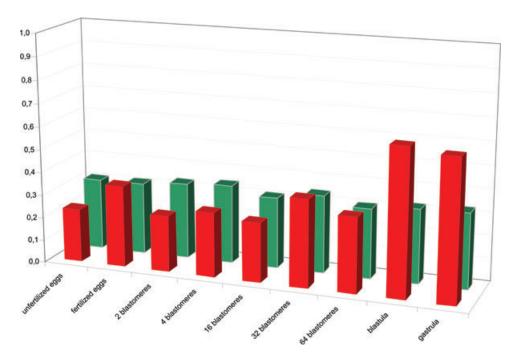


Fig. 9. Variation index of mitochondrial mass (green) and activity (red) during development. Abscissa: stages of development; ordinate: arctangent value relative to the slopes of variation curves for MTG and MTO.

to daughter cells. Then, the organelles of maternal origin are sufficient to support the energetic need of the embryos until very late stages of development, without synthesis of new mitochondria or mitochondrial DNA (Matsumoto et al., 1974; Rinaldi et al., 1979a,b). After fertilization, the respiratory rate of sea urchin embryos increases with a burst of oxygen consumption 1 min after fertilization, reaching a value 15 times higher than that of unfertilized egg (see Giudice, 1985, for extensive review). After this initial burst, oxygen consumption decreases and reaches a level higher than that of unfertilized eggs. Then respiration keeps quite constant up to blastula, slightly increases after hatching, reaches the maximum value at gastrula stage and then it is maintained at a high level up to pluteus (see Fujiwara & Yasumasu, 1997, for extensive review). The reason why this happens has been investigated and extensively debated. Fujiwara & Yasumasu (1997) suggested that electron transport of mitochondrial respiratory chain is regulated by ADP control and by limitations of cytochrome c reduction in early embryos, and that late gastrulae are released from this control.

It was also well demonstrated that, in sea urchin, respiration depends solely on the mitochondrial electron transport machinery (Yasumasu et al., 1984, 1996; Fujiwara & Yasumasu, 1997). The electron transport and the amount of mitochondrial proteins are similar before and after fertilization (Selak & Scandella, 1997; Yasumasu et al., 1996) and during early development (Fujiwara & Yasumasu, 1997; Fujiwara et al., 2000).

In this work, we investigated the number, the distribution and the respiratory activity of mitochondria, by incubating P. lividus eggs and embryos with the fluorescent probes MTG FM, to measure the mass and distribution, and MTO CM-H<sub>2</sub>TMRos, to measure oxygen consumption.

Treatment of eggs and embryos with specific inhibitors of mitochondrial complexes, oligomycin (inhibitor of F<sub>1</sub>-F<sub>0</sub> ATP synthase), and sodium azide (inhibitor of cytochrome c oxidase), strongly reduced respiratory activity, as demonstrated by the disappearance of the red but not of the green fluorescence.

In order to validate the results derived from microscopic observations, we elaborated a mathematic discrete model in relation to the experimental data. By this mean, we measured the intensities of both fluorochromes in the different sections of the same embryo, and calculated the intensity variations and the variation index.

The obtained data suggest that mitochondrial mass is constant during development, and respiratory activity is enhanced at fertilization and increases until gastrula. It is noteworthy that mitochondrial activity, uniform in the embryo cells during early development, becomes higher in the micromeres. Indeed, it has been demonstrated that, in sea urchin embryos, micromeres have distinct functions: they differentiate autonomously into the skeletogenic mesenchyme cells, induce endomesoderm formation (Yazaki et al., 2004; Kurihara & Amemiya, 2005; Yamazaki et al., 2005), and act as a morphogenetic centre, releasing regulatory signals for the specification of cell fates along the animal-vegetal and

oral—aboral axes (Oliveri *et al.*, 2002, 2003; Kitazawa & Amemiya, 2007).

In addition, our results demonstrate that the cells of the blastula vegetal plate and of blastopore region of gastrula are respiring at higher level than the cells of the rest of the embryo, suggesting an increasing oxidative phosphorylation capacity of mitochondria. This can be justified admitting that the cells in the vegetal plate, or those of the blastopore, are probably doing extra work, because they are duplicating and migrating at the same time, dragging the surrounding cells.

This observation is not surprising, because in some animal phyla, in different systems and in many different cell types, morphological and functional differences between mitochondria were previously underlined, even in the same individual. For example, in *Xenopus* embryos, the activity of enzymes in the mitochondrial matrix varies with the developmental stage and with the tissue type (Kistler & Weber, 1974). In early *Drosophila* embryos, respiratory activity of mitochondria is higher in the polar plasm than in the other regions of periplasm, and changes during development (Akiyama & Okada, 1992). In the embryos of mouse and slug (*Arion ater rufus*), a remarkable spatiotemporal heterogeneity in the fine structure of mitochondria was reported (Sathananthan, 1970; Stern *et al.*, 1971).

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