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Communication between students-sportsmen and teachers

Communication is a two-way process of reaching mutual understanding in which participants do not only exchange information, news, ideas and feelings but also create and share meanings. Generally, communication unites people. However, it is often difficult to reach effective communication. People of different age, educational level, religious views and believes differently perceive the world. Ordinary people misunderstand athletes.

However, the problem of healthy nation take the first place. Sport becomes less attractive to youth. The main hobbies of youth and students are computer games, watching soap operas, surfing the Internet, communication in social networks.

Sport forms such competences as abilities to plan time, to show an initiative, to set the purposes and to find ways for achievements. These qualities are necessary for experts in any sphere: industry, business, science, policy, education.

I've been going in for sport since for 16 years: swimming, ballet making, chess, ballroom dances, artistic gymnastics. The last 6 years I've been professionally engaged in track and field athletics. Being a schoolgirl I started facing problems of misunderstanding with teacher.

Of course, sport takes a considerable part of any schoolboy or a girl a day is a source of physical and mental forces as well, and prevention of diseases, depressions, suicides. Entering the university not all athletes plan to connect the life with trainer's work, they choose different specialties. They successfully combine educational and sports occupations. However, professional sportsmen often have to be absent on lessons because of competitions or educational-training camps. Without them serious achievements in sports are impossible. After long absences they usually have many debts. Here is a conflict between a student-sportsman and a teacher. Many teachers, fortunately, understand but some teachers don't believe students-sportsmen. They don't give the allowance for examinations only because their absences. And after all the program of training at TPU the considerable time is just for students' independent work. These teachers make students do overtime in spite of the fact that the student was engaged in a subject itself and material mastered well, reduces the examination mark only because of absences. It is necessary to understand that the ordinary student spends daily 2–6 hours' for preparation while the sportsman tries to combine his sport life and ordinary life to get high results in sports at the same time. Unfortunately, not all students who don't go in for sport spend their time in a proper way. In order to avoid misunderstanding between the student-sportsman and the teacher, I think, first of all the sportsman has to show the desire to be trained himself. He has to show an initiative to get rid of debts. The student should be responsible, then the teacher won't have chances to refuse the student next time. Mutual understanding will be reached. Besides, the teacher should understand that students-sportsmen are engaged in useful business which is important not only for their health, but also for the status of the institute, city, country. I think, teacher should know about students' significant sports achievements.

Recently the president of the country Vladimir Vladimirovich Putin declared about the need of students' sport. The 2016 is the Olympic's Year. What Russia approaches it, depends on both the state, sportsmen and teachers. Of course, nobody cancelled quality of the higher education, experts are necessary in all spheres.

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