

gilbrea centre for Studies in Aging

Annual Seminar Series

Aging and Technology

The series creates opportunities for exchange of ideas and stimulates discussion amongst associate researchers, graduate and undergraduate students, community members, and older people. This year we have selected the theme of Aging and Technology, and throughout the year, will we explore a range of technology topics including social media, automotive design and iAging.



Pat Spadafora & Lia Tsotsos

Director, Sheridan Centre for Elder Research , Sheridan College
Principal Researcher/Project Manager, Sheridan Centre for Elder Research , Sheridan College

Pat Spadafora is the founder and Director of the Sheridan Centre for Elder Research, based out of Sheridan College in Oakville, Ontario. She received her Bachelor of Arts from Carlton University in Ottawa and her Masters of Social Work from Wilfred Laurier University in Waterloo. Her research interests include, among others, global population aging, aging in place, accessible technology, lifelong learning, and the impact of the creative and performing arts on health.

Lia Tsotsos received her Specialized Honours Bachelor of Science degree in Kinesiology and Health Science from York University in Toronto and completed her PhD in Neuroscience at McMaster University in Hamilton. Her doctoral work investigated the effects of healthy aging on motion perception. Since 2011 she has been working as the Principal Researcher and Project Manager at the Sheridan Centre for Elder Research, based out of Sheridan College in Oakville, Ontario.

WHEN & WHERE

Thursday February 26, 2015

1:00-2:30 pm

MDCL 2232

(Michael G. DeGroot Centre for Learning and Discovery)

iAging: Optimizing Health, Design and Well-Being for Older Adults Using Technology

The Sheridan Centre for Elder Research has been conducting applied research that explores ways to support older adults through technology for over a decade. This talk will provide a retrospective look at that body of work, highlighting the lessons learned about implementing technology-based solutions with community groups, industry partners and older adults of varying physical and cognitive abilities. There will also be a discussion of the ways the Centre plans to build on its past success and leverage upcoming technological advances to continue to improve the quality of life of older adults.