



UNIVERSITI PUTRA MALAYSIA

**COMPARATIVE STUDY ON ERGOGENIC ATTRIBUTES, ANTIOXIDANT
AND ANTI-AGING ACTIVITIES OF COCONUT (*Cocos nucifera* L.)
WATER FROM FOUR COCONUT VARIETIES AT DIFFERENT MATURITY
LEVELS**

HANI HAFEEZA HALIM

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By

HANI HAFEEZA HALIM

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in Fulfillment of the Requirements for the Degree of Master of Science**

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