

Consumption of Malay Herbal Medicine (MHMs) during pregnancy and postpartum

ABSTRACT

All around, natural medication is an undeniably sought after elective drug. They had been expended for ages to enhance one's prosperity. In Malaysia, Malay home grown medications (MHMs) are ordinarily expended amid pregnancy and baby blues by moms of the Malay people group. This investigation is a similar poll consider including 106 baby blues Malay moms; comprising of 64 customers and 42 nonshoppers. Respondents were met amid their postnatal visits to decide their socioeconomics, example of MHMs' utilization and pregnancy and neonatal qualities. Top three MHMs devoured were Ubat Periuk (12.5%, n=8), Manjakani (26.6%, n=17) and Nona Roguy repression set (20.3%, n=13). Utilization of MHMs amid pregnancy did not impact preterm conveyance and in addition neonatal birth weight, birth length, and head boundary. The revealed chances proportion for neonatal jaundice and requirement for phototherapy were 1.03 and 2.78 separately. Then, moms who did not expend MHMs amid pregnancy revealed bring down occurrences ($p<0.05$) and bring down hazard (OR=0.25) of undermined premature births. Higher dangers of neonatal jaundice were found for baby blues utilization. As an end, family unit salary was an affecting statistic factor for MHMs utilization. Requirement for phototherapy about tripled with pregnancy utilization; while, non-utilization seems, by all accounts, to be defensive against undermined fetus removal.

Keyword: Herbal medicine; Malay medicine; Pregnancy; Postpartum