

Early standardized clinical judgement for syncope diagnosis in the emergency department

Jeanne du Fay de Lavallaz, MD^{1,2*}; Patrick Badertscher, MD^{1,2,3*}; Tobias Zimmermann, MD^{1,2}; Thomas Nestelberger, MD^{1,2}; Joan Walter, MD^{1,2}; Ivo Strebel, PhD^{1,2}; Carine Coelho, MD^{1,2}; Òscar Miró, MD^{2,4}; Emilio Salgado, MD^{2,4}; Michael Christ, MD⁵; Nicolas Geigy, MD⁶; Louise Cullen, MD, PhD^{2,7}; Martin Than, MD^{2,8}; F. Javier Martin-Sanchez, MD^{2,9}; Salvatore Di Somma, MD, PhD^{2,10}; W. Frank Peacock, MD^{2,11}; Beata Morawiec, MD^{2,12}; Desiree Wussler, MD^{1,2}; Dagmar I. Keller, MD¹³; Danielle Gualandro, MD^{1,2}; Eleni Michou, MD^{1,2}; Michael Kühne, MD^{1,2}; Jens Lohrmann, MD^{1,2}; Tobias Reichlin, MD^{1,14}; and Christian Mueller, MD^{1,2}, for the BASEL IX Investigators^[a].

¹Cardiovascular Research Institute Basel (CRIB) and Department of Cardiology, University Hospital Basel, University of Basel; ²GREAT network; ³Department of Cardiology, Medical University of South Carolina, Charleston, United States of America; ⁵Hospital Clinic, Barcelona, Catalonia, Spain; ⁶Department of Emergency Medicine, Kantonsspital Luzern, Switzerland; ⁷Department of Emergency Medicine, Hospital of Liestal, Switzerland; ⁸Royal Brisbane & Women's Hospital, Herston, Australia; ⁹Christchurch Hospital, Christchurch, New Zealand; ¹⁰Servicio de Urgencias, Hospital Clínico San Carlos, Madrid, Spain; ¹¹Emergency Medicine, Department of Medical-Surgery Sciences and Translational Medicine, University Sapienza Rome, Sant'Andrea Hospital, Italy; ¹²Baylor College of Medicine, Department of Emergency Medicine, Houston, USA; ¹³2nd Department of Cardiology, School of Medicine with the Division of Dentistry in Zabrze, Medical University of Silesia, Katowice, Poland; ¹⁴Emergency Department, University Hospital Zurich, Switzerland; ¹⁵Department of Cardiology, Inselspital University Hospital Bern, University of Bern;.

*Both authors contributed equally and should both be considered first authors.

Short Title: Clinical judgement and syncope

Correspondence to:

Prof. Dr. Christian Müller, Cardiovascular Research Institute Basel (CRIB) and Department of Cardiology, University Hospital Basel, Petersgraben 4, CH-4031 Basel, Switzerland.
E-mail: christian.mueller@usb.ch

Abstract:

Background: The diagnosis of cardiac syncope remains a challenge in the Emergency Department (ED)

Objective: Assessing the diagnostic accuracy of the early standardized clinical judgment (ESCJ) including a standardized syncope-specific case report form (CRF) in comparison to a recommended multivariable diagnostic score.

Methods: In a prospective international observational multicenter study, diagnostic accuracy for

cardiac syncope of ESCJ by the ED physician among patients ≥ 40 years presenting with syncope to the ED was directly compared to that of the Evaluation of Guidelines in Syncope Study (EGSYS) diagnostic score. Cardiac syncope was centrally adjudicated independently of the ESCJ or conducted work-up by two ED specialists based on all information available up to 1-year follow-up. Secondary aims included direct comparison with high-sensitivity cardiac troponin I (hs-cTnI) and B-type natriuretic peptide (BNP) concentrations and a Lasso-regression to identify variables contributing most to ESCJ.

Results: Cardiac syncope was adjudicated in 252/1494 patients (15.2%). The diagnostic accuracy of ESCJ for cardiac syncope as quantified by the area under the curve (AUC) was 0.87 (95%CI 0.84-0.89), and higher compared to the EGSYS diagnostic score (0.73 (95%-CI 0.70-0.76), hs-cTnI (0.77 (95%-CI 0.73-0.80)) and BNP (0.77 (95%-CI 0.74-0.80), all $p < 0.001$. Both biomarkers (alone or in combination) on top of the ESCJ significantly improved diagnostic accuracy.

Conclusion: ESCJ including a standardized syncope-specific CRF has very high diagnostic accuracy and outperforms the EGSYS score, hs-cTnI, and BNP.

Introduction:

Syncope is a transient loss of consciousness associated with an inability to maintain postural tone due to global cerebral hypoperfusion¹ and is a symptom commonly reported by patients presenting to the emergency department (ED).² Establishing the cause of syncope is essential as the risk of death is substantially higher in patients with a cardiac cause of syncope in comparison to those with vasovagal or orthostatic etiologies.^{1,3,4}

Unfortunately, the ability of ED physicians to rapidly identify the underlying cause of syncope is often limited by scant patient recall, absence of witnesses, the paroxysmal nature of cardiac arrhythmias, unstandardized patient assessment, and time pressure.⁵ Therefore, the exact syncope etiology remains unclear at ED discharge in about 25-40% of patients.⁶ The concern of

possible cardiac syncope leads to high admission rates and numerous cardiac investigations.⁷ Approximately 50% of patients who present to the ED with syncope are admitted,¹ and around one third of these admissions are considered inappropriate and possibly even harmful.^{8–11}

High hospitalization rates for patients with syncope may at least in part be related to less standardized patient assessments as compared to other common presenting symptoms such as acute chest pain or acute dyspnea.^{1,3,4} Based on promising pilot studies,^{8–13} we hypothesized that early standardized clinical judgment (ESCJ) including a standardized syncope-specific case report form (CRF) would result in higher diagnostic accuracy as compared to a currently recommended multivariable diagnostic score giving predefined weight to six selected clinical and ECG variables.¹⁴

We performed an international diagnostic multicenter study using central adjudication of cardiac syncope to test this hypothesis. Secondary aims included direct comparison of ESCJ versus high-sensitivity cardiac troponin I (hs-cTnI) and B-type natriuretic peptide (BNP), two cardiac biomarkers commonly available in the ED, the use of Lasso-regression to identify the variables contributing most to ESCJ¹⁵ and the prognostic performance of the ESCJ.

METHODS

Study design, setting and selection of participants

Basel Syncope Evaluation Study (BASEL IX) is an ongoing prospective international diagnostic multicenter study enrolling patients from thirteen hospitals in eight countries (Switzerland, Spain, Germany, Italy, Poland, New Zealand, Australia and the United States of America). The study is designed to contribute to improving the management of patients presenting with syncope (ClinicalTrials.gov registry, number NCT01548352).^{15–18} Consecutive patients of age 40 years or older, and presenting to the ED with syncope within the last twelve hours were approached and asked to provide written informed consent. Our study intentionally focused on patients 40 years and older, as the risk for a cardiac cause of syncope is very low in younger syncope patients^{1,19} and as the complexity of presentation increases with age²⁰. In most centers, enrollment was done by study-specific staff, so that the vast majority of patients were enrolled during the day and the evening but not during the night. Those with the final diagnosis of a non-syncopal loss of consciousness (e.g. epilepsy, fall, alcohol intoxication), those lost to follow-up before 1 year

and those in whom no assessment of ESCJ or no ECG was available, were excluded. Patients, in whom a possible cardiac etiology of the index event could neither be clearly documented nor reliably excluded during central adjudication, were excluded from the diagnostic analyses. Sensitivity analyses for the performance of the ESCJ for cardiac syncope were conducted with these patients labelled alternatively as cardiac or non-cardiac syncope in order to test the robustness of our results.

The study was carried out according to the principles of the Declaration of Helsinki and approved by the local ethics committees. All patients gave their consent before participation. The authors designed the study, gathered, and analyzed the data according to the STROBE guidelines, wrote the paper, and decided to submit. Patients or the public were not involved in the design, or conduct, or reporting, or dissemination plans of our research

Clinical assessment, syncope-specific CRF and Early Standardized Clinical Judgment

Clinical assessment was standardized and recorded on a detailed syncope-specific CRF (Supplemental Fig 1). CRF was composed to integrate key points and red flags highlighted in clinical practice guidelines in place at the time to conduct of this study. The CRF was filled by either study physicians/nurses or the treating clinician and charted in the patient medical record. In addition, ED physicians had access to prior history and comorbidities are recorded in the electronic medical record, the initial laboratory and imaging conducted in the ED as well as the index ECG. Additional tests and treatment as well as the decision to admit or discharge the patient were left to discretion of the clinically responsible physician (See supplemental for details) and the collection of the ESCJ did not interfere with this process. ESCJ for cardiac syncope was quantified by the treating ED physician (resident or attending) between one and two hours after patient presentation to the ED using a visual analogue scale with a likelihood in percentage to the question “How likely has this syncope an underlying cardiac cause?”, thereby reflecting on a semi-qualitative scale ranging from 0 to 100% the subjective risk-estimation done by the ED physician using standardized elements of the anamnesis, prior history, initial ECG, laboratory values and imaging. To assess inter-rater reliability, the medical records of 220 randomly selected patients were reconstructed by study staff to reflect the information available at 90 minutes after admission to the Emergency department (Study-specific CRF, first laboratory

values, ECG, X-rays but no information regarding the final ED impression or subsequent discharge/admission) and the ESCJ was again estimated by two ED physicians with comparable training.

Endpoints, laboratory methods, follow-up and adjudicated final diagnosis

The primary endpoint was the diagnosis of cardiac syncope as centrally adjudicated by two independent cardiologists/ED specialists based on all information derived from in-hospital and outpatient cardiac work-up including 1-year clinical follow-up. Patients were contacted 6, 12 and 24 months after discharge by telephone or in written form and information regarding recurrent syncope, hospitalization and cardiac events during follow up was obtained. To determine the final diagnosis for the index syncope, two independent cardiologists/emergency medicine experts reviewed all available medical records from both the clinical and the study-specific data set including all information available up to 1-year follow-up, thereby allowing for possible interval adverse events to inform the index syncope and for results of some diagnostic work-up (such as loop records) to become available when performed (Supplemental methods for details). This adjudication was done for all patients, independently of the initial ESCJ or work-up conducted. In situations of adjudicator disagreement about the diagnosis, cases were reviewed and adjudicated in conjunction with a third cardiologist. Teams of adjudicators varied between centers. A total of about twenty seasoned clinicians took part in the adjudication process. Predefined categories for the adjudication included cardiac syncope (ischemic, arrhythmic or cardiovascular origin), reflex syncope, orthostatic syncope, other non-cardiac syncope, and unknown cause of syncope. According to current guidelines,¹ cardiac causes of syncope were defined as arrhythmogenic (brady- or tachycardia), severe structural heart disease, pericardial tamponade, congenital myocardial or valvular anomaly, aortic dissection, or acute pulmonary embolism. It is important to highlight that the presence of cardiac disease (e.g., coronary artery disease) alone was insufficient for the adjudication as cardiac syncope. A syncope of unknown, but non-cardiac origin was adjudicated when a cardiac etiology could be ruled out using all available work-up but the underlying vasovagal or orthostatic pathophysiology was unclear. The prognostic endpoint included Major Adverse Cardiovascular Events (MACE, death, reanimation, life-threatening arrhythmia, implantation of a pacemaker or implantable cardioverter defibrillator, acute myocardial infarction, stroke/transient ischemic attack, intracranial bleeding, valvular

surgery and pulmonary embolism) at 1-year follow up (Supplemental appendix for details). Venous blood samples were drawn upon ED arrival. Details of biomarkers measurements are given in the supplemental.

Direct comparison with established syncope diagnostic score

The “Evaluation of Guidelines in Syncope Study” (EGSYS) diagnostic score is based on six clinical and ECG variables, was designed to differentiate between cardiac and non-cardiac causes of syncope;¹⁴ and is a diagnostic score recommended for clinical use in current clinical practice guidelines (Supp. methods for details). The ESCJ was collected and EGSYS score was computed in all patients and were directly compared.

Subgroup analyses

Given the high number of sites in Switzerland, three categories of countries were built (Switzerland, other European countries, non-European countries) to assess the consistency within the dataset.

Statistical analysis

Areas under the receiver operating characteristic (ROC) curve (AUC) were constructed to assess the diagnostic and prognostic accuracy of ESCJ. Comparisons of AUCs were performed according to DeLong²¹. Impact of the recruiting country on the performance of the ESCJ was assessed through the interaction term. The Youden Index was used to assess the maximal potential effectiveness of the ESCJ, thereby suggesting a cut-off with maximal sensitivity and specificity for the ED physician.

Least absolute shrinkage and selection operator (Lasso) regression was used to investigate which of the variables available early on the ED and recorded in the BASEL IX study contributed most to the ESCJ and which were most relevant to the diagnosis of cardiac syncope. A Lasso regression is a method allowing for both variable selection and regularization. It relies on penalization, meaning shrinking the coefficients of the least important variables to zero. The shrinkage allows for the reliable determination of the variables most predictive of the endpoints. Before regression, missing data were imputed using the “MICE” package in the R statistical software.

Only variables routinely available in the ED within 90 minutes were entered in the Lasso

regression to determine the most important contributors of ESCJ. Details are given in the Supplemental Appendix.

To assess the performance of a model, discrimination and calibration need to be assessed.²² AUCs are a measure of discrimination, assessing the ability of the model to distinguish a patient with the endpoint (cardiac syncope) from a patient without (non-cardiac syncope). Calibration curves offer a visualization of the agreement between observed and predicted values. The calibration answers the question whether the group of patients labelled with e.g. a 20% risk for cardiac syncope present with a 20% event-rate²³.

Patients in whom the ESCJ performed poorly (ESCJ predicting >70% probability for a cardiac syncope when another diagnosis was adjudicated or ESCJ predicting <30% probability for a cardiac syncope when a cardiac cause was adjudicated) were analyzed as pre-defined subgroups to identify possible pitfalls when using ESCJ.

We assessed the inter-physician variability using intraclass correlation coefficient using a two-way mixed-effect model for absolute agreement.²⁴

All hypothesis testing was two-tailed, p-values <0.05 were considered statistically significant. Statistical analyses were performed using the R statistical package (Vienna, Austria).

RESULTS

Characteristics of patients

From May 2010 to April 2017, 2006 patients were enrolled (Figure 1), of which 1494 patients were eligible for the diagnostic analysis and 1631 for prognostic analyses. Median age was 71 years, 40% of patients were women, and about half had a history of cardiovascular disease (Supplemental table 1). Patients with a final adjudicated diagnosis of cardiac syncope (n=252, 15.2%) were older, more often had a history of cardiovascular diseases and were more likely to be on cardiovascular medications versus those with other final adjudicated diagnoses. A large number of baseline variables presented with significant overlap between patients with and without cardiac syncope. Other adjudicated diagnoses included reflex (n=665, 40.2%),

orthostatic (n=439, 26.6%), other non-cardiac (n=138, 8.4%) and syncope of unknown, but non-cardiac etiology (n=159, 9.6%). 1103 patients (67% of the cohort) was recruited in Swiss centers, 361 (22%) in European centers and 188 (11%) in America, Australia or New Zealand (Supplemental table 2).

Diagnostic accuracy of early standardized clinical judgment

ESCJ of the ED physician, including a standardized syncope-specific CRF for the diagnosis of cardiac syncope as well as comorbidities recorded in the electronic medical record, the index ECG, ED imaging and initial laboratory had very high diagnostic accuracy with an AUC of 0.87 (95%-CI 0.84-0.89), which was significantly higher compared to the EGSYS score (AUC of 0.73 (95%-CI 0.70-0.76)), hs-cTnI (AUC 0.75 (95%-CI 0.72-0.78)) and BNP (AUC 0.75 (95%-CI 0.72-0.78), [Figure 2](#)). When used on top of the ESCJ, both biomarkers alone or in combination allowed for a significantly better diagnosis of cardiac syncope (ESCJ+BNP AUC of 0.89 (95%-CI 0.87-0.91), ESCJ+hs-cTnI AUC of 0.89 (95%-CI 0.87-0.91), ESCJ+BNP+hs-cTnI AUC of 0.9 (95%-CI 0.88-0.92), all $p \leq 0.001$ when compared with ESCJ alone, [Figure 2](#)). The very high AUC of the ESCJ was consistent and comparable among recruiting countries ([Figure 3](#) , p-values for interaction non-significant). The Youden Index, or cut-off of maximal potential effectiveness, lied at an ESCJ of 51.5%. This cut-off allowed for a sensitivity of 78% (95%-CI 0.73, 0.83), a specificity of 84% (95%-CI 0.82, 0.86) and a negative predictive value of 95% (95%-CI 0.94, 0.96).

Diagnostic sensitivity analyses

Sensitivity analyses, additionally including patients with a final adjudicated diagnosis of syncope of unknown origin (n=159), when considered to be either of non-cardiac origin or cardiac origin, showed similar ESCJ performance (unknown classified as non-cardiac: AUC 0.85, 95%CI 0.83-0.88, unknown classified as cardiac: AUC 0.83, 95%CI 0.81-0.85).

Relationship between early standardized clinical judgment on admissions and diagnostics

There was a significant increase in hospital admission and diagnostics with increasing ESCJ (Supplemental table 3). Relevant discrepancies between ESCJ and patient disposition included the fact that among patients considered at highest risk (ESCJ 75-100%) for cardiac syncope

including arrhythmias, only 37% were admitted to a monitored unit.

Calibration of early standardized clinical judgment

As presented in [Figure 4](#) , ESCJ was not well calibrated to the risk of cardiac syncope (Homer-Lemeshow test p -value <0.001). The ED physician (red line) over-estimated the risk for cardiac syncope in comparison with the true observed risk (black line), particularly in patients perceived to be at intermediate risk.

Determinants of an adjudicated diagnosis of cardiac syncope

Lasso-regression aiming at the prediction of cardiac syncope identified 16 variables (Supplemental table 4A). These variables included several details on the initial ECG (axis, rhythm, heart rate, AV and branch blocks, ST segment depression, identified arrhythmia, QTc interval), a systolic heart murmur, the presence of lower leg edema, a syncope during exertion, a history of valvular disease or arrhythmia, age, and a clammy sweat before the syncope . The combination of these very early variables performed similarly to ESCJ for the diagnosis of cardiac syncope (Model: AUC of 0.84 (95%-CI 0.82-0.87) versus 0.87 (95%-CI 0.84-0.9), $p=0.2$) ([Figure 5](#)).

Determinants of Early Standardized Clinical Judgment

From 113 variables predefined and recorded in this study, which were considered available for the ED physician 90 minutes after presentation (supplemental appendix), lasso-regression aiming at the prediction of the ESCJ identified 22 variables (Supplemental table 4B). The r -squared of the model, indicating how much of the variance could be explained by the model, was 0.3.

Subgroup analysis of patients in whom Early Standardized Clinical Judgment performed poorly

ESCJ for cardiac syncope was $<30\%$ in 768 patients, 21 (2.7%) of which were finally adjudicated with a diagnosis of cardiac syncope (Supplemental table 5). ESCJ for cardiac syncope was $>70\%$ in 275 patients, 117 (42.5%) of which were finally adjudicated with a non-cardiac syncope.

In patients incorrectly classified as low-risk, the model using variables available very-early in the ED estimated a median risk of 33.6% (IQR 24.3-46.0%) while the ESCJ estimated a significantly

lower median risk of 20% (IQR 20-20%, Wilcoxon-test p-value for comparison=0.007).

In patients incorrectly classified as high-risk, the model using variables available very-early in the ED estimated a median risk of 4.2% (IQR 1.5-10.8%) while the ESCJ estimated a significantly higher median risk of 96.6% (IQR 90-100%, Wilcoxon-test p-value for comparison=<0.001).

Concentrations of hs-cTnI and BNP were respectively significantly higher/lower in patients incorrectly classified as being at low- or high-risk for cardiac syncope respectively, as compared to patients correctly classified by the ESCJ (Supplemental [Figure 2](#)).

Prognostic accuracy of the early standardized clinical judgement

At 1 year, 307 (18.8%) patients experienced a MACE. The accuracy of the ESCJ for this endpoint as given by the AUC was 0.75 (0.71-0.78, Supplemental [Figure 3](#)).

Interrater reliability of the early standardized clinical judgement

The intra-class correlation coefficient for the ESCJ was 0.798 (95%-CI 0.745-0.841, p<0.001), indicating a good inter-rater reliability²⁴.

DISCUSSION

This large international diagnostic multicentre study was performed to test the hypothesis that ESCJ of the ED physician for cardiac syncope including a standardized syncope-specific CRF would result in higher diagnostic accuracy as compared to a currently recommended multivariable diagnostic score (EGSYS).

We report **six** major findings.

First, ESCJ of the ED physician including a standardized syncope-specific CRF had high diagnostic accuracy, which was significantly higher compared to the EGSYS score. In contrast to EGSYS score, which gives predefined weight to six clinical and ECG variables, ESCJ avoids scoring points and allows physician to individually integrate all clinical and ECG information available. **Second**, diagnostic accuracy of ESCJ was consistently high and comparable among different recruiting countries. **Third**, ESCJ also outperformed well-validated cardiac biomarkers quantifying cardiomyocyte injury (hs-cTnI) and hemodynamic cardiac stress (BNP)¹⁵. This is in contrast to the relative importance of these diagnostic tools in the two other presenting symptoms commonly underlying acute cardiac disorders: acute chest pain and acute dyspnea.

In the latter, the diagnostic accuracy of hs-cTnT/I and BNP is substantially higher as compared to clinical judgment without these biomarkers.²⁵⁻²⁷ However, biomarkers did show a benefit when used on top of clinical judgment. **Fourth**, while the ESCJ performed well for discrimination (differentiating patient with a high risk versus patients with a low risk for cardiac syncope, as represented in the AUC), calibration was suboptimal with ED physicians systematically overestimating the probability of cardiac syncope. At least in part, this overestimation may be related to incomplete knowledge of the prevalence of cardiac syncope among patients presenting with syncope to the ED or possibly to the tendency of the ED physicians to consider worst-case scenario with the aim to rule these deadly diagnoses out.¹⁵⁻¹⁸ While overestimating the risk for cardiac syncope possibly leads to a better patients safety, it also leads to a high number of admissions and associated substantial costs. **Fifth**, in full agreement with the systematic overestimation of the probability for cardiac syncope, patient disposition was only partly related to ESCJ. Some patients were classified as high-risk by the ESCJ but subsequently discharged directly from the ED. This likely reflects the acquisition of further reassuring diagnostic work-up in the ED, a decision to admit or discharge taken by a second physician, patient refusal of hospital admission despite medical advice as well as lack of availability of hospital beds. **Sixth**, a multivariable model based on a rather large number of clinical variables available very-early after patient presentation to the ED achieved comparable diagnostic accuracy versus ESCJ. This further highlight the level of detail necessary for an accurate diagnosis of cardiac syncope. However, despite the precise recording of a large number of patient's characteristics, details from the syncopal event and from the clinical examination, ESCJ of the ED physician will always benefit from information, which is difficult to record in a predefined CRF, such as the gravity of comorbidities, their timely occurrence or uncertainty regarding some pieces of information. These subtleties possibly explain the large residual variance (low r-square) that the model characterizing ESCJ could not explain.

These findings corroborate and extend previous pilot studies documenting that clinical judgment of the ED physician for a composite of serious adverse outcomes had high prognostic accuracy.⁸⁻¹² Our findings also highlight the substantial diagnostic value of detailed patient and possibly also bystander history regarding the exact details of the syncope episode as recorded in the syncope-specific CRF. While this CRF does contain a significant number of data points, it

allows to highlight and summarize the variables most important for patients evaluation among the enormous amount of data available to the ED physician. This may have direct clinical consequences, as the implementation into routine clinical care of this simple tool, possibly within the electronic medical record, can be expected to increase the diagnostic accuracy of the ED physician, reduce the time to diagnosis as well as time to decision regarding patient allocation, and thereby also reduce overall treatment costs.

Based on our data, the generalizability of these findings seems very high. ESCJ for cardiac syncope was obtained from the treating ED physician including residents. Therefore, the remarkable performance of this tool does not seem restricted to physicians highly specialized into the management of syncope. In the present analysis, it achieved good and consistent accuracy when applied in different health care settings on different continents and showed good inter-rater reliability.

Syncope includes a heterogeneous group of underlying etiologies and previous attempts to focus on a small number of variables¹⁴ to derive diagnostic tools reached only moderate accuracy. The difficulty to separate cardiac from non-cardiac syncope is evident when observing the large overlap of baseline characteristics, past medical history or chronic medications patients of the present cohort displayed upon presentation. Accordingly, the short EGSYS score, which aimed at guiding physicians in their diagnosis, showed a lower diagnostic accuracy as compared to ESCJ in this study.

The limited discriminative power of the EGSYS-score is likely due to its reductive character and simplicity: To allow for rapid calculation, this score summarizes together several components of the ECG and evaluates few symptoms related to the event. However, the findings of this study indicate that a larger number of variables would be required to achieve a very-early triage with a discrimination similar to the one of ESCJ.

Several limitations need to be taken into account when interpreting these findings. First, ESCJ for cardiac syncope at 60 to 120 minutes included information derived from a standardized syncope-specific CRF. Although we used all information at the initiation of the BASEL IX study to design this standardized syncope-specific CRF, it is conceivable that updating this standardized syncope-specific CRF using novel information derived from recent studies^{15–18} might allow to achieve even higher diagnostic accuracy. Including information on the

expected prevalence of cardiac syncope might allow to also improve calibration. Second, unfortunately this study did not record the exact medical background of the treating ED physicians, which were asked to quantify their ESCJ for cardiac syncope. Therefore, we cannot assess the impact of differences in medical training on diagnostic accuracy of ESCJ and EGSYS for cardiac syncope. Third, despite using a very stringent methodology of central adjudication of the final diagnosis by two independent cardiologists/ED specialists based on all information derived from in-hospital and outpatient cardiac work-up including 1-year clinical follow-up, it is possible that a small number of patients might have been misclassified. This would have led to an underestimation of the true diagnostic accuracy of ESCJ. Fourth, We cannot quantify the relative contribution that the standardized CRF had for ESCJ. Fifth, despite being one of the largest multicenter study performed on the topic, recruitment from one country (Switzerland) contributed more than half of patients. Therefore the sample might still have been undersized for demonstrating consistency in other health care systems and for some subgroup analyses.

Finally, the findings of this study are specific to patients presenting with syncope to the ED. Further studies are required to evaluate the diagnostic accuracy of ESCJ including a standardized syncope-specific CRF in settings with substantially lower (general practitioner) or higher (cardiology department) prevalence of cardiac syncope.

In conclusion, ESCJ including a standardized syncope-specific CRF has very high diagnostic accuracy and outperforms the EGSYS-score, hs-cTnl, and BNP.

Additional BASEL IX Investigators^[b] and Contributors to this manuscript to be listed in Pubmed:

Dayana Flores, MD^{1,2}, Velina Widmer, MD^{1,2}, Tobias Breidhardt, MD^{1,2}, José Bustamante Mandrión, MD^{2,9}; Imke Poepping, MD⁷; Damian Kawecki, MD^{2,12}; Piotr Muzyk, MD^{2,12}; Maria Belkin, MD^{1,2}; Christian Puelacher, MD^{1,2}; Pedro Lopez Ayala, MD^{1,2}; Michael Freese, RN^{1,2}; Jasper Boeddinghaus, MD^{1,2}; Matthias Diebold, MD^{1,2}; Luca Koechlin, MD^{1,2,14}; Jaimi Greenslade⁷; Tracey Hawkins⁷; Katharina Rentsch, PhD¹⁸; Arnold von Eckardstein, MD¹⁹; Andreas Buser, MD²⁰; Isabel Campodarve, MD, Joachim Gea, MD (Hospital del Mar, IMIM, Barcelona, Spain), Helena Mañé Cruz, Sofia Calderon, Carolina Isabel Fuenzalida Inostroza

(Hospital Clinic, Barcelona, Spain), Miguel Angel García Briñón and María Suárez Cadenas (Hospital Clínico San Carlos, Madrid, Spain); Roland Bingisser, MD; Stefan Osswald, MD¹.

Acknowledgment:

We are indebted to the patients who participated in the study and to the emergency department staff as well as the laboratory technicians of all participating sites for their most valuable efforts.

Funding

This work was supported by research grants from the Swiss National Science Foundation, the Swiss Heart Foundation, the Cardiovascular Research Foundation Basel (Switzerland), the University Basel (Switzerland), Abbott, BRAHMS, Roche, Singulex, the University Hospital Basel (Switzerland), and the Emergency Medicine Foundation (Australia) and the Emergency Care Foundation (New Zealand).

CONFLICT OF INTERESTS DISCLOSURES

The authors designed the study, gathered and analyzed the data, vouch for the data and analysis, wrote the paper, and decided to publish. Drs. du Fay de Lavallaz, Badertscher, Zimmermann and Mueller had full access to all the data in the study and take responsibility for the integrity of the data and the accuracy of the data analysis. All authors have read and approved the manuscript. The sponsors had no role in designing or conducting the study and no role in gathering or analyzing the data or writing the manuscript. The manuscript and its contents have not been published previously and are not being considered for publications elsewhere in whole or in part in any language, including publicly accessible web sites or e-print servers.

Professor Mueller has received research support from the Swiss National Science Foundation, the Swiss Heart Foundation, the European Union, the KTI, the Cardiovascular Research Foundation Basel, the University Hospital Basel, Basel University, Abbott, Beckman Coulter, BRAHMS, Idorsia, Novartis, Ortho Clinical Diagnostics, Quidel, Roche, Siemens, and Singulex, as well as speaker/consulting honoraria or travel support from Acon, Amgen, Astra Zeneca, Bayer, BMS, Boehringer Ingelheim, Idorsia, Osler, Novartis, Roche, and Sanofi.

Dr. Badertscher received a research grant from the University of Basel, the „Stiftung für

Herzschrittmacher und Elektrophysiologie“ and the “Freiwillige Akademische Gesellschaft Basel”.

Dr. Nestelberger has received research support from the Swiss National Science Foundation (P400PM_191037/1), the Prof. Dr. Max Cloëtta Foundation, the Margarete und Walter Lichtenstein-Stiftung (3MS1038), and the University Hospital Basel as well as speaker honoraria/consulting honoraria from Beckman Coulter, Bayer, Ortho Clinical Diagnostics and Orion Pharma, outside the submitted work

Dr. Than reports grants and personal fees from Abbott, grants and personal fees from Alere, grants from Beckman, grants and personal fees from Roche, outside the submitted work.

Dr. Cullen reports grants and personal fees from Abbott Diagnostics, personal fees from Beckman Coulter, grants and personal fees from Siemens, outside the submitted work; .

Dr. Kühne reports personal fees from Bayer, personal fees from Daiichi-Sankyo, personal fees from Pfizer-BMS, personal fees from Böhringer-Ingelheim, outside the submitted work.

Dr. Peacock reports research grants from Abbott, Braincheck, Immunarray, Janssen, Roche, and ZS Pharma, having served as a consultant for Abbott, Astra-Zeneca, Bayer, Beckman, Boehringer-Ingelheim, Ischemia Care, Dx, Immunarray, Instrument Labs, Janssen, Ortho Clinical Diagnostics, Relypsa, Roche, and Siemens, having provided expert testimony for Johnson and Johnson, and having ownership interests in Comprehensive Research Associates LLC, and Emergencies in Medicine LLC, Ischemia DX, LLC, outside the submitted work.

Dr. Martin-Sanchez received speaker, advisory or consulting fees from Novartis, MSD, Bristol-Myers Squibb, Pfizer, The Medicine Company, Otsuka, Thermo Fisher, Cardioentis, Sanofi, and research grants from the Spanish Ministry of Health and FEDER, Mapfre, Novartis, Bayer, MSD, Abbot, and Orion-Pharma, outside the submitted work.

Dr. Reichlin has received research grants from the Goldschmidt-Jacobson Foundation, the Swiss National Science Foundation, the Swiss Heart Foundation, the European Union [Eurostars 9799 – ALVALE), the Professor Max Cloëtta Foundation, the Cardiovascular Research Foundation Basel, the University of Basel and the University Hospital Basel, all for work outside the submitted study. He has received speaker/consulting honoraria or travel support from Abbott/SJM, Astra Zeneca, Brahms, Bayer, Biosense-Webster, Biotronik, Boston-Scientific, Daiichi Sankyo, Medtronic, Pfizer-BMS and Roche, all for work outside the submitted

study. He has received support for his institution's fellowship program from Abbott/SJM, Biosense-Webster, Biotronik, Boston-Scientific and Medtronic for work outside the submitted study.

Dr. Miro has received speaker, advisory or consulting fees from Gilead, and research grants from the Spanish Ministry of Health and FEDER and Fundació La Martó de TV3, all of them unrelated with the present work.

All other authors declare that they have no conflict of interest with this study.

References:

1. Brignole M, Moya A, de Lange FJ, et al. 2018 ESC Guidelines for the diagnosis and management of syncope. *Eur Heart J*. 2018;(April):1-69. doi:10.1093/eurheartj/ehy037
2. Baron-Esquivias G, Martínez-Alday J, Martín A, et al. Epidemiological characteristics and diagnostic approach in patients admitted to the emergency room for transient loss of consciousness: Group for Syncope Study in the Emergency Room (GESINUR) study. *Europace*. 2010;12(6):869-876. doi:10.1093/europace/euq018
3. Soteriades ES, Evans JC, Larson MG, et al. Incidence and prognosis of syncope. *N Engl J Med*. 2002;347(12):878-885. doi:10.1056/NEJMoa012407
4. Kapoor WN, Karpf M, Wieand S, Peterson JR, Levey GS. A prospective evaluation and follow-up of patients with syncope. *N Engl J Med*. 1983;309(4):197-204. doi:10.1056/NEJM198307283090401
5. Sun BC, Costantino G, Barbic F, et al. Priorities for Emergency Department Syncope Research. *Ann Emerg Med*. 2014;64(6):649-655.e2. doi:10.1016/j.annemergmed.2014.04.014
6. Thiruganasambandamoorthy V, Taljaard M, Stiell IG, et al. Emergency department management of syncope: need for standardization and improved risk stratification. *Intern Emerg Med*. 2015;10(5):619-627. doi:10.1007/s11739-015-1237-1
7. Brignole M, Menozzi C, Bartoletti A, et al. A new management of syncope: Prospective systematic guideline-based evaluation of patients referred urgently to general hospitals. *Eur Heart J*. 2006;27(1):76-82. doi:10.1093/eurheartj/ehi647
8. Quinn J V., Stiell IG, McDermott D a., Kohn M a., Wells G a. The San Francisco Syncope Rule vs physician judgment and decision making. *Am J Emerg Med*. 2005;23(6):782-786. doi:10.1016/j.ajem.2004.11.009

9. Dipaola F, Costantino G, Perego F, et al. San Francisco Syncope Rule, Osservatorio Epidemiologico sulla Sincope nel Lazio risk score, and clinical judgment in the assessment of short-term outcome of syncope. *Am J Emerg Med*. 2010;28(4):432-439. doi:10.1016/j.ajem.2008.12.039
10. Costantino G, Casazza G, Reed M, et al. Syncope risk stratification tools vs clinical judgment: an individual patient data meta-analysis. *Am J Med*. 2014;127(11):1126.e13-25. doi:10.1016/j.amjmed.2014.05.022
11. Birnbaum A, Esses D, Bijur P, Wollowitz A, Gallagher EJ. Failure to Validate the San Francisco Syncope Rule in an Independent Emergency Department Population. *Ann Emerg Med*. 2008;52(2):151-159. doi:10.1016/j.annemergmed.2007.12.007
12. Toarta C, Mukarram M, Arcot K, et al. Syncope Prognosis Based on Emergency Department Diagnosis: A Prospective Cohort Study. *Acad Emerg Med*. 2018;25(4):388-396. doi:10.1111/acem.13346
13. Thiruganasambandamoorthy V, Stiell IG, Sivilotti ML a, et al. Risk stratification of adult emergency department syncope patients to predict short-term serious outcomes after discharge (RiSEDS) study. *BMC Emerg Med*. 2014;14(1):8. doi:10.1186/1471-227X-14-8
14. Del Rosso A, Ungar A, Maggi R, et al. Clinical predictors of cardiac syncope at initial evaluation in patients referred urgently to a general hospital: The EGSYS score. *Heart*. 2008;94(12):1620-1626. doi:10.1136/hrt.2008.143123
15. du Fay de Lavallaz J, Badertscher P, Nestelberger T, et al. B-Type Natriuretic Peptides and Cardiac Troponins for Diagnosis and Risk-Stratification of Syncope. *Circulation*. 2019;139(21):2403-2418. doi:10.1161/CIRCULATIONAHA.118.038358
16. Du Fay De Lavallaz J, Badertscher P, Nestelberger T, et al. Circadian, weekly, seasonal, and temperature-dependent patterns of syncope aetiology in patients at increased risk of cardiac syncope. *Europace*. 2019;21(3):511-521. doi:10.1093/europace/euy186
17. Badertscher P, du Fay de Lavallaz J, Hammerer-Lercher A, et al. Prevalence of Pulmonary Embolism in Patients With Syncope. *J Am Coll Cardiol*. 2019;74(6):744-754. doi:10.1016/j.jacc.2019.06.020
18. Badertscher P, Nestelberger T, de Lavallaz J du F, et al. Prohormones in the Early Diagnosis of Cardiac Syncope. *J Am Heart Assoc*. 2017;6(12). doi:10.1161/JAHA.117.006592
19. Olde Nordkamp LRA, van Dijk N, Ganzeboom KS, et al. Syncope prevalence in the ED compared to general practice and population: a strong selection process. *Am J Emerg Med*. 2009;27(3):271-279. doi:10.1016/j.ajem.2008.02.022

20. O' Brien H, Anne Kenny R. Syncope in the Elderly. *Eur Cardiol*. 2014;9(1):28-36. doi:10.15420/ecr.2014.9.1.28
21. DeLong ER, Delong DM, Clarke-pearson DL, Carolina N. Comparing the Areas under Two or More Correlated Receiver Operating Characteristic Curves : A Nonparametric Approach Published by : International Biometric Society Stable URL : <http://www.jstor.org/stable/2531595> REFERENCES Linked references are available. 2016;44(3):837-845.
22. Steyerberg EW, Vergouwe Y. Statistical tutorials Towards better clinical prediction models : seven steps for development and an ABCD for validation. 2014:1925-1931. doi:10.1093/eurheartj/ehu207
23. Van Calster B, Nieboer D, Vergouwe Y, De Cock B, Pencina MJ, Steyerberg EW. A calibration hierarchy for risk models was defined: From utopia to empirical data. *J Clin Epidemiol*. 2016;74:167-176. doi:10.1016/j.jclinepi.2015.12.005
24. Koo TK, Li MY. A Guideline of Selecting and Reporting Intraclass Correlation Coefficients for Reliability Research. *J Chiropr Med*. 2016;15(2):155-163. doi:10.1016/j.jcm.2016.02.012
25. Roffi M, Patrono C, Collet JP, et al. 2015 ESC Guidelines for the management of acute coronary syndromes in patients presenting without persistent st-segment elevation: Task force for the management of acute coronary syndromes in patients presenting without persistent ST-segment elevation of . *Eur Heart J*. 2016;37(3):267-315. doi:10.1093/eurheartj/ehv320
26. Nestelberger T, Boeddinghaus J, Wussler D, et al. Predicting Major Adverse Events in Patients With Acute Myocardial Infarction. *J Am Coll Cardiol*. 2019;74(7):842-854. doi:10.1016/j.jacc.2019.06.025
27. Mueller C, McDonald K, de Boer RA, et al. Heart Failure Association of the European Society of Cardiology practical guidance on the use of natriuretic peptide concentrations. *Eur J Heart Fail*. 2019;21(6):715-731. doi:10.1002/ejhf.1494

Figure legends:

Figure 1 – Patient chart flow

Figure 2 –Performance of the Early standardized Clinical Judgement (ESCJ) of the ED physician including a structured syncope-specific case report form in comparison with the

EGSYS Score, hs-cTnI and BNP. CRF = Case Report Form, Hs-cTnI = High-sensitivity Troponin I, BNP = B-type natriuretic peptide, CI = Confidence interval, EGSYS = Evaluation of Guidelines in Syncope Study.

Figure 3 – Diagnostic accuracy of Early standardized Clinical Judgement (ESCJ) of the ED physician including a syncope-specific case-report form classified according to the recruiting country. Vertical dotted line : Overall ESCJ performance.

Figure 4 – Calibration curve representing the accuracy of the Early standardized Clinical Judgment (ESCJ) of the ED physician to estimate the risk for cardiac syncope (red line) compared with the true observed risk (black line). CI = Confidence interval. The Hosmer-Lemeshow p-value confirms that the prediction of the ED physician significantly differs from the optimal calibration.

Figure 5 – Accuracy of the model using the variables highlighted as important for the diagnosis of cardiac syncope by the lasso regression and accuracy of the early standardized clinical judgement (ESCJ) of the ED physician. P-value was calculated according to DeLong. CI = 95% confidence interval.

Figure 1

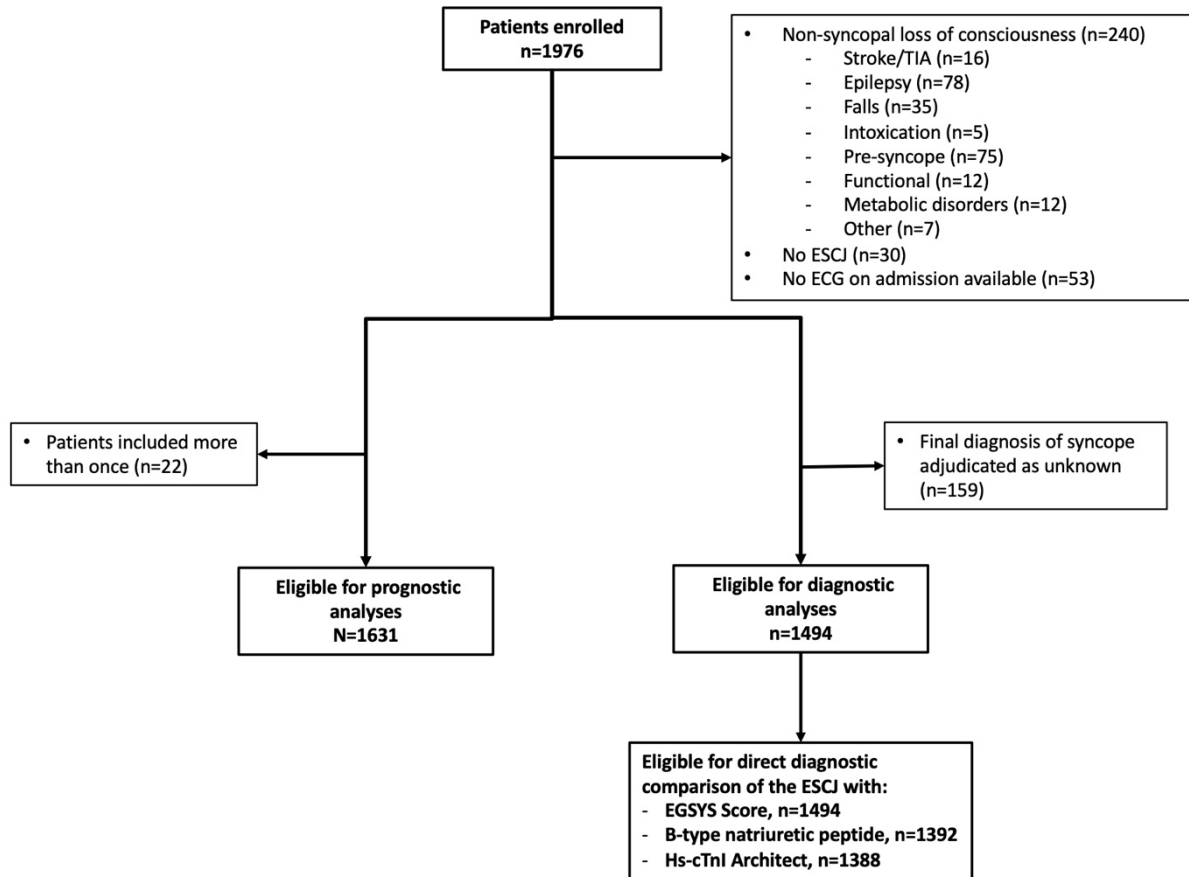


Figure 2

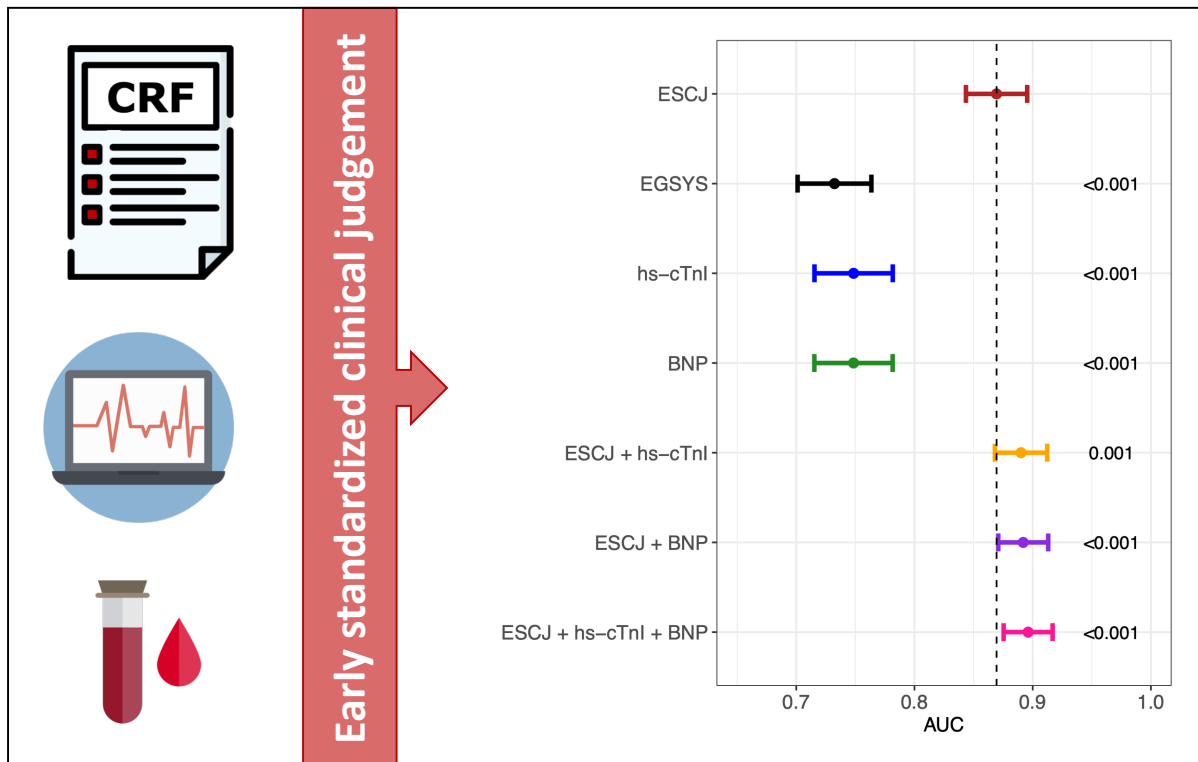


Figure 3

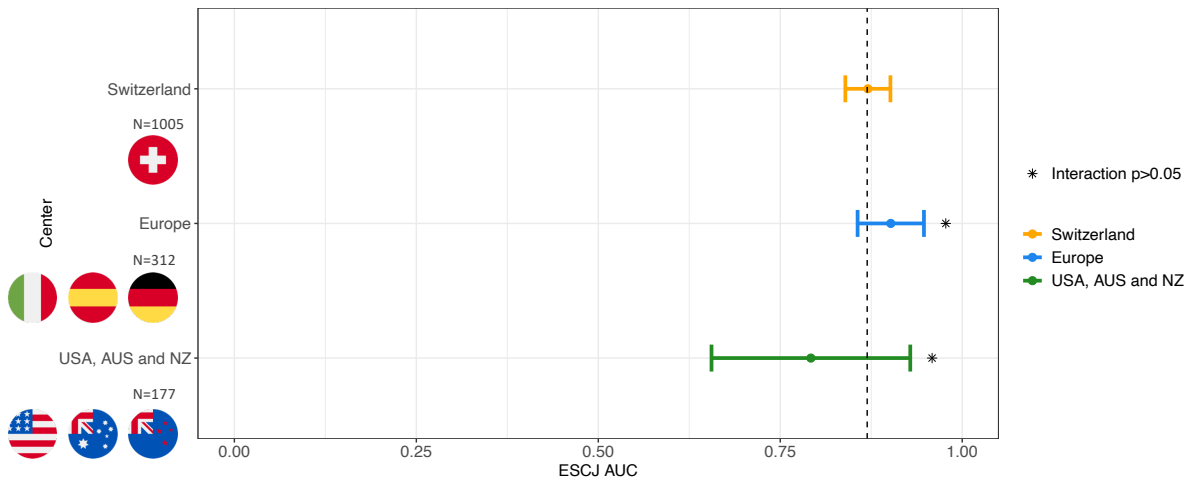


Figure 4

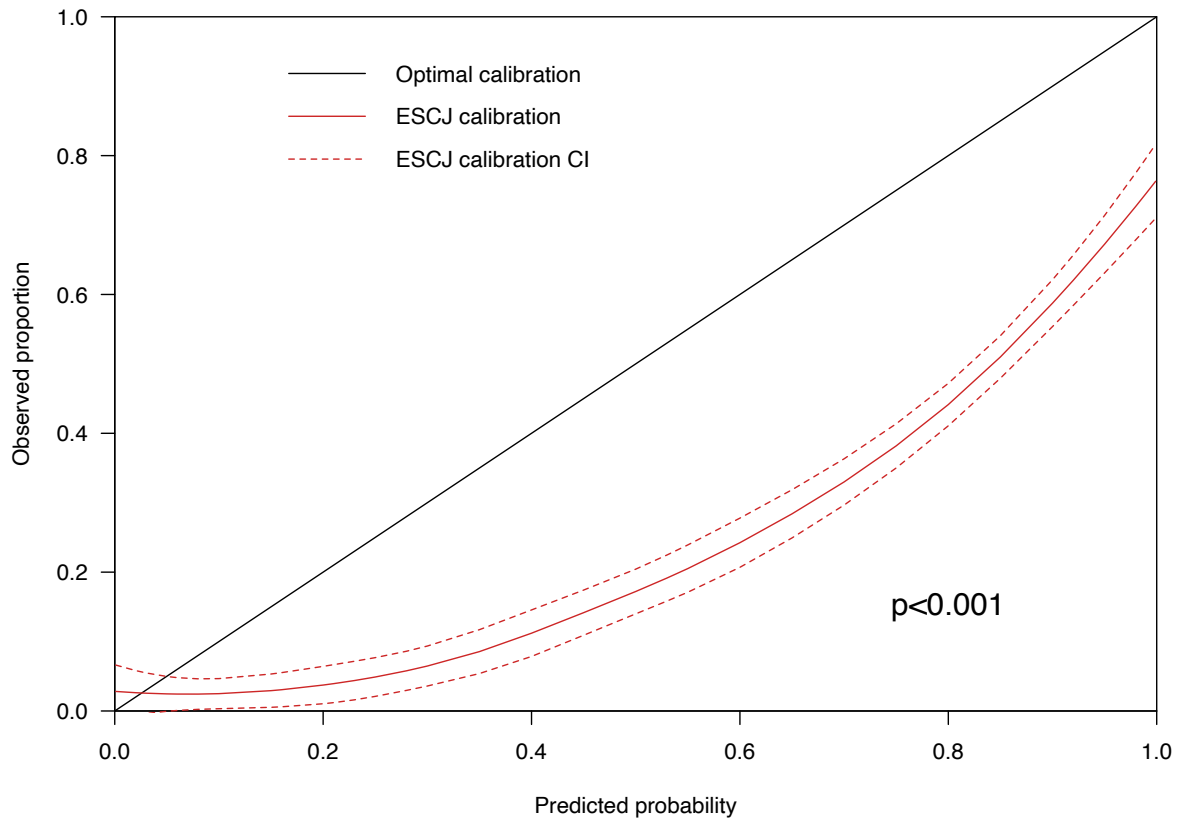
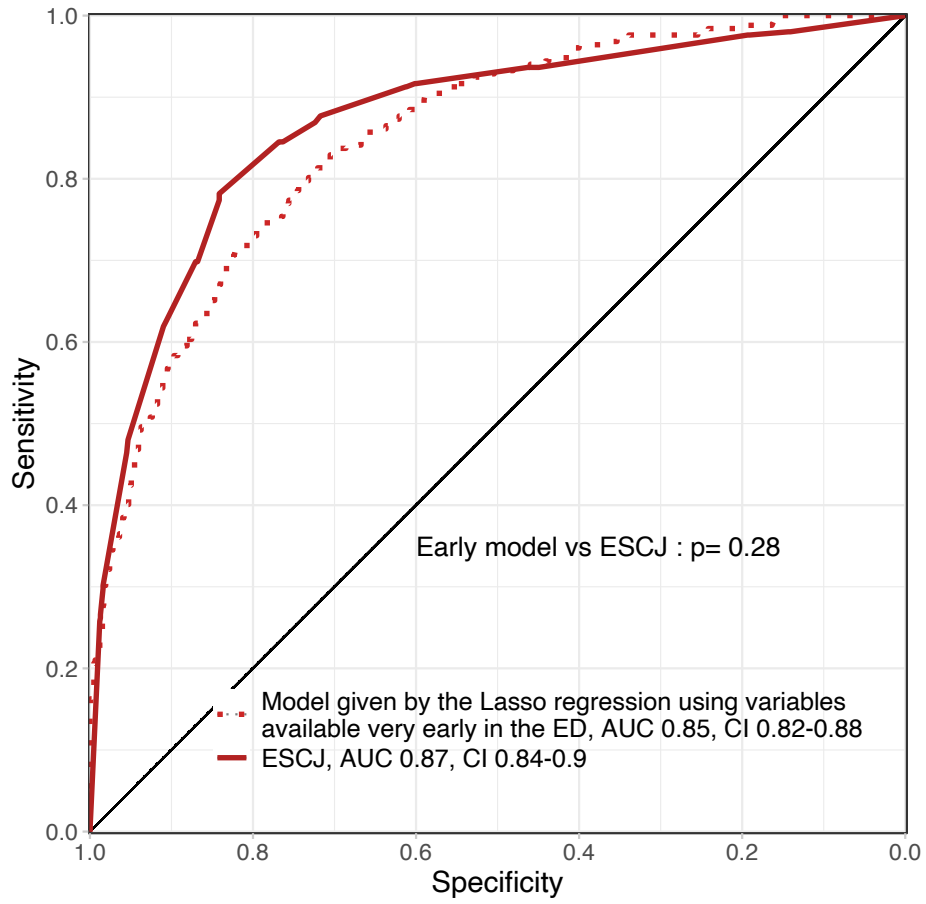


Figure 5



Supplemental Material

Supplemental Appendix – Performance of the Early Clinical Judgement for the diagnosis of syncope on the Emergency Department

<i>Supplemental Material</i>	1
<i>Supplemental Appendix – Performance of the Early Clinical Judgement for the diagnosis of syncope on the Emergency Department</i>	2
Supplemental methods	3
Clinical assessment	3
Follow up and adjudication of the final syncope diagnosis	3
Prognosis	4
Laboratory methods	4
Scores	5
Lasso (Least absolute shrinkage and selection operator) regression	6
Imputation:	13
Supplemental tables	16
Supplemental table 1	16
Supplemental table 2	18
Supplemental table 3	19
Supplemental table 4	20
Supplemental table 5	23
Supplemental figures	25
Supplemental figure 1	25
Supplemental figure 2	28
Supplemental figure 3	29
References	30

Supplemental methods

Clinical assessment

All patients underwent a clinical assessment, as recorded on a study-specific CRF (supp. Fig 1), that included standardized and detailed assessment of predefined details of medical history, including previous syncope events and circumstances of current syncope, vital signs, physical examination, routine laboratory tests, radiologic testing, and a 12-lead ECG. Additionally, patients may have also undergone 24-hour ECG, external or implantable loop device, cardiac exercise test, Shellong test, tilt table testing, coronary angiography, continuous rhythm monitoring, pulse oximetry, echocardiography, results from device controls (e.g. pacemaker) or electrophysiological examinations, and recording of findings of further investigations during recurrent hospitalization or ambulant treatment. Additional tests and treatment of patients were left to discretion of the clinically responsible physician.

Follow up and adjudication of the final syncope diagnosis

During the follow-up, information regarding recurrent syncope, hospitalization and cardiac events during follow up was furthermore obtained from the patient's hospital notes, the family physician's records and national mortality registries, where available.

The first step in the adjudication process was to decide whether there was syncope or not. The clinical data set included data from the clinical assessment, while study-specific data included standardized forms uniformly collecting predefined details of patient history, the circumstances of syncope, and physical examination, as well as at least 12 months follow-up. If the criteria for a true syncope were not fulfilled, a distinction between the following non-syncopal disorders was made: pre-syncope; falls; stroke/TIA; epilepsy; metabolic disorders: e.g. hypoglycaemia, hypoxia, hyperventilation; intoxication: e.g. alcohol, benzodiazepines, opiates; functional (psychogenic pseudosyncope); others.

The classification of syncope is based on pathophysiological considerations. The following predefined differential diagnoses were used:

- 1) Cardiac syncope: We distinguished between:
 - a. Arrhythmia as primary cause: Arrhythmias are the most common cause of syncope; Bradycardia: sinus node dysfunction, atrioventricular conduction system disease, implanted device malfunction or drug-induced; Tachycardia: supraventricular or ventricular.
 - b. Structural heart disease: structural heart diseases can cause syncope when circulatory demands outweigh the impaired ability of the heart to increase output. However, in some cases syncope may not solely be the result of restricted cardiac output, but be in part due to an inappropriate reflex. However, when a structural heart disease was the primary cause or contributed most to syncope, it was classified as cardiovascular syncope.
 - c. Others: pulmonary embolism, acute aortic dissection, pulmonary hypertension or any other cause for a cardiovascular syncope.
- 2) Reflex (neurally-mediated) syncope: This syncope is characterized by cardiovascular reflexes which are normally useful in controlling circulation but become intermittently inappropriate in response to a trigger. The reflex results in vasodilation and/or bradycardia which lead to a fall in arterial blood pressure and consequently to cerebral hypoperfusion. Identifying a trigger is central when diagnosing a reflex syncope. Typically symptoms as lightheadedness, nausea, sweating, weakness or visual disturbances precede reflex syncope. We distinguished between:
 - a. Vasovagal: "common faint", triggered by emotional distress/ pain or mediated by orthostatic stress.

- b. Situational: refers to reflex syncope associated with some specific circumstances, e.g. post-micturition, post-prandial, gastrointestinal stimulation, cough.
 - c. Carotid sinus syncope: triggered by mechanical manipulation of the carotid sinus. It can be diagnosed by carotid sinus massage.
 - d. Atypical forms: reflex syncope occurring with uncertain or apparently absent triggers.
- 3) Syncope due to orthostatic hypotension: Orthostatic hypotension is defined as an abnormal decrease in systolic blood pressure after changing from supine to standing position. Key can be syncope immediately after standing up or a pathological Schellong test. We distinguished between:
- a. Primary autonomic failure: There is an autonomic failure which is clearly a primary part of Parkinson syndrome as idiopathic Parkinson disease or atypical Parkinson syndrome (multiple system atrophy, progressive supranuclear oculomotoric paresis, corticobasal degeneration or lewy body dementia).
 - b. Secondary autonomic failure: autonomic failure may be due to circumstances such as diabetes, uraemia, amyloidosis or spinal cord injuries
 - c. Drug-induced orthostatic hypotension: orthostatic hypotension is due to drugs which can lead to orthostatic hypotension such as diuretics, antidepressants, vasodilators, alcohol
 - d. Volume depletion: orthostatic hypotension is caused by a hypovolemia due to haemorrhage, diarrhoea, vomiting or fever
 - e. Others: sometimes the pathophysiology remains unclear.
- 4) Others, non-cardiac syncope: Sometimes the underlying pathophysiological mechanism of syncope remains unclear, but a cardiac syncope is ruled-out.
- 5) Syncope of unknown etiology (cardiac syncope possible): the etiology of syncope still remained unknown and a cardiac syncope was considered to be a possible cause.

Prognosis

Patients were contacted at 6 months, 1 year, 2 years and 5 years after the initial event per phone or letter and records were required at each time point from outside hospitals, patients physicians and national registers, when available.

Overall MACE included death, reanimation, life-threatening arrhythmia, implantation of a pacemaker or implantable cardioverter defibrillator (ICD), acute myocardial infarction, stroke/transient ischemic attack (TIA), intracranial bleeding, valvular surgery and pulmonary embolism. Life-threatening arrhythmia was defined as ventricular fibrillation, sustained ventricular tachycardia (VT) [>120 beats/min], ventricular pause [>3 s], ventricular standstill, or asystole, consistent with the definition given in previous syncope research¹. Acute myocardial infarction was defined according to the Third Universal Definition².

Laboratory methods

Venous blood samples were drawn via a peripheral intravenous line upon ED arrival, plasma was then immediately processed and frozen at -80°C until assayed. BNP measurements were performed using the Architect BNP assay³ and hs-cTnI using the ARCHITECT High Sensitive STAT Troponin I assay (Abbott Laboratories)⁴. The laboratory team who measured biomarkers was blinded to patient, clinical and diagnostic assessment, discharge and adjudicated diagnosis.

BNP measurements were performed by use of the Architect BNP assay³. The assay's LoB is 0.6 ng/l, LoD is 1.4 ng/l, and LoQ is 3.4 ng/l at 20% CV. There is no hook effect up to 100,000 ng/l. Total imprecision is $< 10\%$ for concentrations 4.5 ng/l and higher. In this study,

controls run on each assay plate provided inter-assay precision of 8.3% at 4.5 ng/l and 4.1% at 218 ng/l.

Hs-cTnI Architect measurements were performed at the University Hospital of Basel using the ARCHITECT High Sensitive STAT Troponin I assay (Abbott Laboratories, Abbott Park, IL). This assay has a 99th percentile concentration of 26.2 ng/L with a corresponding CV of <5% and an LoD of 1.9 ng/L⁴.

Scores

Evaluation of Guidelines in Syncope Study (EGSYS)⁵ diagnostic score components

The point score is found as the sum of the following risk factors:

- Palpitations: 4
- Abnormal ECG/Cardiopathy: 3
- Effort Syncope: 3
- Syncope in supine position: 2
- Neurovegetative prodromes: -1
- Precipitating and predisposing factors: -1

A score greater than or equal 3 implies an increased risk for cardiac syncope.

Osservatorio Epidemiologico sulla Sincope nel Lazio (OESIL)⁶ risk score components

The point score is found as the sum of the following risk factors:

- age >65 years: + 1
- cardiovascular disease in clinical history +1
- syncope without prodromes: +1
- abnormal electrocardiogram +1

The primary end point was death from any cause within 12 months of the initial evaluation in the ED.

Canadian Syncope Risk score⁷

The point score is found as the sum of the following risk factors:

- Vasovagal predisposition: -1
- History of heart disease : +1
- Any ED systolic blood pressure (BP) <90 or >180mmHg : +2
- Troponin elevated (>99%ile normal population) +2
- Abnormal QRS Axis (<-30 or >100) : +1
- QRS duration >130 milliseconds : +1
- Corrected QT interval >480milliseconds: +2
- Diagnosis in the ED : Vasovagal syncope : -2
- Diagnosis in the ED : Cardiac syncope : +2

The BASEL IX study only recorded systolic blood pressure measured upon admission.

The primary end point was death or MACE (as defined in the BASEL IX study) within 30 days of the initial evaluation in the ED.

Score by Sun et al.⁸

The point score is found as the sum of the following risk factors:

- Age >90 years : +1
- Male gender : +1
- History of arrhythmia : +1

- Triage systolic blood pressure >160mmHg : +1
- Abnormal electrocardiogram : +1
- Abnormal troponin I : +1
- Near-syncope : -1

The primary end point was death or MACE (as defined in the BASEL IX study) within 30 days of the initial evaluation in the ED.

The BASEL IX cohort did not recruit patients with near-syncope, this point was therefore ignored during score validation.

Lasso (Least absolute shrinkage and selection operator) regression

A lasso regression is a statistical method that performs both variable selection and regularization. This implies mathematical procedures that select the preferred level of model complexity to enhance the prediction accuracy, interpretability and generalization of the statistical model⁹. It is also used to make prediction models in a dataset with many and often inter-correlated independent variables. Thus, lasso regression has important statistical features to help assess the association between many variables and clinical outcomes¹⁰.

The analysis was conducted using the package “glmnet” in the R statistical software.

To select variables, the lasso uses a “tuning parameter” lambda, which determines the level of shrinkage. To select this tuning parameter while avoiding model overfitting, we performed cross-validation of a grid of lambda values. The cross-validation estimates the expected generalization error for each lambda. We selected a lambda within 1.5 standard deviation of the lambda minimizing the generalization error to limit model complexity and avoid overfitting¹¹.

Variables entered in the lasso regressions :

Variables used for the lasso-regressions	Variable levels	Entered in the lasso regression aiming at diagnosing cardiac syncope very early on the ED	Entered in the lasso regression aiming at explaining the ESCJ
Age	(continuous)	✓	✓
Sex	Male	✓	✓
	Female		
Family history of CAD	No	✓	✓
	Yes		
Family history of SCD	No	✓	✓
	Yes		
Family history of stroke	No	✓	✓
	Yes		
History of MI	No	✓	✓
	Yes		
History of Bypass	No	✓	✓
	Yes		
Valvular disease	No	✓	✓
	Yes		
History of arrhythmia	No	✓	✓

	Yes		
Pacemaker	No	✓	✓
	Yes		
ICD/CRT	No	✓	✓
	Yes		
History of hypertension	No	✓	✓
	Yes		
Diabetes	No	✓	✓
	Yes		
Hypercholesterolemia	No	✓	✓
	Yes		
GI Bleeding in the last week	No	✓	✓
	Yes		
Number of previous syncope	None	✓	✓
	1		
	2		
	3		
	More than 3		
History of ICB	No	✓	✓
	Yes		
History of stroke	No	✓	✓
	Yes		
History of epilepsy	No	✓	✓
	Yes		
History of DVT/PE	No	✓	✓
	Yes		
History of PAD	No	✓	✓
	Yes		
History of depression	No	✓	✓
	Yes		
Medication : Aspirin	No	✓	✓
	Yes		
History of psychiatric disease	No	✓	✓
	Yes		
History of smoking	Never	✓	✓
	Sporadically		
	Active smoker		
	Ex-smoker		
History of CHD	No or NYHA I	✓	✓
	NYHA II to NYHA IV		
History of CAD	No	✓	✓
	Yes		
Previous PCI	No	✓	✓
	Yes		
Medications: Anti-coagulants	No		

	Yes	✓	✓
Medications: Diuretics	No		
	Yes	✓	✓
Medications: Digitalis	No		
	Yes	✓	✓
Medications: Nitrates	No		
	Yes	✓	✓
Medications: Beta-blockers	No		
	Yes	✓	✓
Medications: Anti-arrhythmics	No		
	Yes	✓	✓
Medications: Statins	No		
	Yes	✓	✓
Medications: Anti-depressants	No		
	Yes	✓	✓
Medications: ACE	No		
	Yes	✓	✓
Medications: Calcium antagonists	No		
	Yes	✓	✓
Medications: platelet inhibitors	No		
	Yes	✓	✓
Medications: Alphablockers	No		
	Yes	✓	✓
Medications: Antiepileptics	No		
	Yes	✓	✓
Medications: Analgesics	No		
	Yes	✓	✓
Medications: PPI	No		
	Yes	✓	✓
ECG : QRS	(continuous)	✓	✓
ECG : PQ	(continuous)	✓	✓
ECG : Heart rate	Normocard		
	Tachycard (>100bpm)	✓	✓
	Bradycard (<45bpm)		
ECG : Long QT	Normal		
	Long (≥460ms)	✓	✓
ECG : AV block	None		
	AV block I° or Mobitz Type I	✓	✓
	AV block Mobitz Type II or III°		
ECG : Axis ¹	Normal (Normal or left	✓	✓

¹ All ECG parameters labelled with a « * » were determined on the index case ECG and in comparison with a previous ECG, if available. If no previous ECG was available, any abnormalities on the index case ECG was considered new.

	axis)		
	Abnormal (Right, extreme left or extreme right axis)		
	Abnormal but previously known		
ECG : ST depression *	None	✓	✓
	Present		
	Present but previously known		
ECG : ST elevation*	None	✓	✓
	Present		
	Present but previously known		
ECG : Arrhythmia*	None	✓	✓
	Present (Ventricular extrasystoles, couplets, triplets, runs, non-sustained VT)		
	Present but previously known		
ECG: Complete bundle branch block*	None	✓	✓
	Present		
	Present but previously known		
ECG: Incomplete bundle branch block*	None	✓	✓
	Present		
	Present but previously known		
ECG: Negative T waves *	No	✓	✓
	Present		
	Present but previously known		
ECG : Q waves*	No	✓	✓
	Present		
	Present but previously known		
ECG : LV hypertrophy	No	✓	✓
	Yes		
ECG : Rhythm	Normal (Sinus rhythm)	✓	✓
	Abnormal (Atrial fibrillation or flutter, ventricular or atrial ectopy, PM rhythm)		
Laboratory : Leucocytes	Normal	✓	✓
	High ($\geq 10^3/\mu\text{L}$)		
	Very high ($\geq 50^3/\mu\text{L}$)		
Laboratory : Hemoglobin	Normal	✓	✓
	Anemia (<110 g/L for female, <130 g/L for male)		
	Severe anemia (<70 g/L)		

	for female, <90 g/L for male)		
Laboratory : Hematocrit	Normal	✓	✓
	Low (36% for female, <38% for male)		
Laboratory : Sodium	Normal	✓	✓
	Low (<135mEq/L)		
	Very low (<120 mEq/L)		
Laboratory : Potassium	Normal	✓	✓
	Hypo (<3.6 mmol/L)		
	Hyper (>5 mmol/L)		
	Severe hypo (<2.5 mmol/L)		
	Severe hyper (>6 mmol/L)		
Laboratory : Creatinine	Normal	✓	✓
	High (>80 mmol/L)		
Syncope : Before : Nausea	No	✓	✓
	Yes		
Syncope : Before : Clammy sweat	No	✓	✓
	Yes		
Syncope : Before : Palpitations	No	✓	✓
	Yes		
Syncope : Before : Chest pain	No	✓	✓
	Yes		
Syncope : Before : Blurred vision	No	✓	✓
	Yes		
Syncope : Before : Dizziness	No	✓	✓
	Yes		
Syncope : Before : Dyspnea	No	✓	✓
	Mild		
	Moderate		
	Severe		
	Very severe		
Syncope : Before : Weakness	No	✓	✓
	Mild		
	Severe		
Syncope : Before : Pain	No	✓	✓
	Headache		
	Backache		
	Chest pain		
	Bellyache		
	Due to injury		
	Other		
Syncope : After : Nausea	No	✓	✓
	Yes		
Syncope : After : Clammy sweat	No	✓	✓

	Yes		
Syncope : After : Palpitations	No	✓	✓
	Yes		
Syncope : After : Chest pain	No	✓	✓
	Yes		
Syncope : After : Dizziness	No	✓	✓
	Yes		
Syncope : After : Dyspnea	No	✓	✓
	Mild		
	Moderate		
	Severe		
	Very severe		
Syncope : After : Pain	No	✓	✓
	Headache		
	Backache		
	Chest pain		
	Bellyache		
	Due to injury		
	Other		
Syncope : After : Weakness	No	✓	✓
	little		
	distinct		
Syncope : After : Awakening	awake	✓	✓
	tired		
	disoriented		
Syncope : Position : Supine	No	✓	✓
	Yes		
Syncope : Position : Sitting	No	✓	✓
	Yes		
Syncope : Position : Orthostatic	No	✓	✓
	Yes		
Syncope : Position : Standing	No	✓	✓
	Yes		
Syncope : During exertion	No	✓	✓
	Yes		
Syncope : Accompanied by fall	No	✓	✓
	Yes		
Syncope : During : Incontinence	No	✓	✓
	Yes		
Status : Signs of infection	No	✓	✓
	Yes		
Status : Head trauma	No	✓	✓
	Yes		
Status : Neurological deficit	No	✓	✓
	Yes		

Status : Lung rales on auscultation	No	✓	✓
	Right		
	Left		
	Both sides		
Status : Systolic heart murmur	None or 1/6	✓	✓
	2-3/6		
	4-6/6		
Status : Diastolic heart murmur	None or 1/6	✓	✓
	2/6 to 6/6		
Status: Edema	No	✓	✓
	Yes		
Status: Injury	No	✓	✓
	Yes		
VP: Fever	No fever	✓	✓
	Fever (>38°C)		
VP: Oxygen saturation	Normal oxygen saturation	✓	✓
	Abnormal oxygen saturation (<95%)		
VP: Tension	Normal	✓	✓
	Hypertensiv (Syst. BP >160mmHg)		
	Hypotensiv (Syst. BP <90mmHg)		
Vigilance	Normal	✓	✓
	Reduced		
Laboratory: CRP	Not measured		✓
	Measured: Normal		
	Measured : Abnormal (≥10 mg/L)		
Laboratory : Glucose	Not measured		✓
	Measured: Normal		
	Measured: Hyperglycaemia (>6.1 mmol/L)		
	Measured: Hypoglycaemia (<3.8 mmol/L)		
Laboratory : D-Dimers	Not measured		✓
	Measured: Normal		
	Measured: Abnormal (≥0.5mg/L)		
Laboratory : CK	Not measured		✓
	Measured: Normal		
	Measured: Abnormal (≥200U/L)		
Laboratory : pH	Not measured		✓
	Measured: Normal		
	Measured: too high (≥7.430)		

	Measured: too low (<7.380)		
Laboratory : BNP	Not measured		✓
	Measured: Normal		
	Measured: Abnormal ($\geq 300\text{pg/mL}$)		
Laboratory : Toxicology	Not assessed		✓
	Assessed: Normal		
	Assessed: Abnormal		
Schellong	Not assessed		✓
	Normal		
	Pathologic		
Laboratory : Troponin	Not measured		✓
	Measured: Normal		
	Measured: Abnormal (\geq respective assay's cut-off)		
Chest Xray	Not assessed		✓
	Normal		
	Pathologic		
Status: Blood pressure difference	Not assessed		✓
	Normal		
	Pathologic		
Status: Signs of bleeding	Not assessed		✓
	Assessed, no signs of GI bleeding or negative DR examination		
	Assessed, signs of GI bleeding or positive DR examination		

BNP : B-type natriuretic peptide; CK: Creatine Kinase; DR : Digital rectal, GI : gastrointestinal, VP : Vital parameters

Imputation:

We imputed missing values using the “MICE” package in the R-statistical software using Multivariate imputation by chained Equations. A predictor matrix was created with a mean number of predictors of 20.4.

The imputed variables as well as the number and percentage of missing values are presented in the table here under. The highest percentage of missing was 10.47% for one variable. Missing values stemming from variables where the decision of the ED physician to measure or obtain them played a major role were not imputed. For instance, if troponin was not ordered during ED work-up, no value was imputed and the value of “not ordered” was considered as a level. This procedure was applied for laboratory measurements and clinical examinations which are not systematically ordered or realized for syncope work-up (For instance Troponin, BNP, Schellong test, Chest Xray).

Baseline characteristics, laboratory values, details of the syncopal events and adjudicated diagnosis were used as predictors.

Number and percentage of missing per imputed variable.		
Variable	Nr of missings	Percentage of missing
Family history of CAD	139	8.41
Family history of SCD	134	8.11
Family history of Stroke or TIA	173	10.47
Known valvular disease	38	2.30
History of arrhythmia	25	1.51
Pacemaker	11	0.67
ICD or CRT	12	0.73
History of hypertension	6	0.36
Known Diabetes	5	0.30
History of hypercholesterolemia	56	3.39
History of GI bleeding	64	3.87
Number of previous syncopes	39	2.36
History of ICB	10	0.60
History of stroke	11	0.67
History of epilepsy	11	0.67
History of DVT or PE	5	0.30
History of PAD	29	1.75
History of psychiatric disorder	94	5.69
Smoking	21	1.27
Known chronic HF	37	2.24
Known CAD	22	1.33
QTc interval	1	0.06
PQ interval	1	0.06
Laboratory: Leucocytes	13	0.79
Laboratory: Hemoglobin	12	0.73
Laboratory: Sodium	20	1.21
Laboratory: Creatinine	10	0.60
Laboratory: Glucose	61	3.69
Laboratory: Hematocrit	13	0.79
Laboratory: Potassium	27	1.63
RR syst	13	0.79
RR diast	13	0.79
Heart rate	2	0.12
Oxygen saturation	29	1.75
Fever	158	9.56
Before: Nausea or vomiting	27	1.63
Before: Diaphoresis	36	2.18
Before: Palpitations	67	4.05
Before: Chest pain	38	2.30
Before: Blurred vision	97	5.87
Before: Lightheadedness	42	2.54
Before: Dyspnea	42	2.54
Before: Weakness	37	2.24

Before: Pain	37	2.24
After: Nausea or vomiting	23	1.39
After: Diaphoresis	127	7.68
After: Palpitations	44	2.66
After: Chest pain	40	2.42
After: Lightheadedness	146	8.83
After: Dyspnea	40	2.42
After: Pain	43	2.60
After: Weakness	36	2.18
After: Weakness	40	2.42
Supine	13	0.79
Sitting	15	0.91
While standing up	19	1.15
Standing	17	1.03
During exercise	20	1.21
Fall	43	2.60
Incontinence	60	3.63
Evidence of infection	86	5.20
Status: Head trauma	20	1.21
Status: Neurologic deficits	47	2.84
Status: Auscultation	81	4.90
Status: Systolic heart murmur	83	5.02
Status: Diastolic heart murmur	87	5.26
Status: Edema	86	5.20
Status: Injury	45	2.72

Supplemental tables

Supplemental table 1

Supplemental table 1 – Patients characteristics	All patients	Cardiac	Non cardiac	Unknown	p-value
Number of patients	1653	252	1242	159	
Age-years (median [IQR])	71.0 [57.0, 80.0]	77.0 [66.0, 83.2]	68.0 [55.0, 78.0]	79.0 [70.5, 84.0]	<0.001
Female - no. (%)	663 (40)	88 (35)	511 (41)	64 (40)	0.067
Characteristics of the syncope - no. (%)					
Nausea or vomiting	486 (30)	49 (20)	411 (34)	26 (17)	<0.001
Sweating	506 (31)	48 (19)	434 (36)	24 (15)	<0.001
Pallor	449 (44)	56 (37)	363 (47)	30 (32)	0.021
Palpitations	113 (7)	26 (11)	81 (7)	6 (4)	0.043
Angina	98 (6)	24 (10)	66 (5)	8 (5)	0.019
Caused injury	232 (14)	38 (16)	163 (13)	31 (20)	0.361
Position of the syncope - no. (%)					
While lying	43 (3)	6 (2)	34 (3)	3 (2)	1.000
While sitting	648 (40)	86 (35)	500 (41)	62 (39)	0.076
Orthostatic	203 (12)	19 (8)	171 (14)	13 (8)	0.007
While standing	735 (45)	135 (54)	521 (42)	79 (50)	0.001
Exertion	141 (9)	44 (18)	80 (7)	17 (11)	<0.001
Risk factors - no. (%)					
Hypertension	995 (60)	167 (67)	707 (57)	121 (77)	0.005
Hypercholesterolemia	686 (43)	117 (48)	493 (41)	76 (51)	0.046
Diabetes	245 (15)	48 (19)	167 (13)	30 (19)	0.024
Smoking	831 (51)	117 (47)	630 (51)	84 (54)	0.296
History - no. (%)					
Previous stroke	136 (8)	22 (9)	91 (7)	23 (14)	0.432
Chronic heart failure	121 (7)	36 (15)	67 (6)	18 (12)	<0.001

Supplemental table 1 – Patients characteristics	All patients	Cardiac	Non cardiac	Unknown	p-value
(NYHA II-IV)					
Arrhythmia	356 (22)	102 (41)	211 (17)	43 (28)	<0.001
Pacemaker	75 (5)	20 (8)	48 (4)	7 (4)	0.008
ICD or CRT	43 (3)	17 (7)	22 (2)	4 (3)	<0.001
Coronary artery disease	367 (23)	86 (35)	230 (19)	51 (32)	<0.001
Previous DVT or PE	116 (7)	18 (7)	81 (7)	17 (11)	0.678
Previous MI	217 (13)	52 (21)	138 (11)	27 (17)	<0.001
Chronic medication - no. (%)					
ACEIs/ARBs	751 (45)	131 (52)	530 (43)	90 (57)	0.008
Alphablocker	129 (8)	21 (8)	92 (7)	16 (10)	0.602
Antiarrhythmics Class I	64 (4)	19 (8)	36 (3)	9 (6)	0.001
Aspirin	501 (30)	93 (37)	345 (28)	63 (40)	0.005
Beta-blockers	529 (32)	108 (43)	352 (28)	69 (43)	<0.001
Calcium antagonists	283 (17)	48 (19)	194 (16)	41 (26)	0.189
Digitalis	28 (2)	12 (5)	13 (1)	3 (2)	<0.001
Diuretics	504 (30)	109 (43)	331 (27)	64 (40)	<0.001

IQR = Interquartile Range, DVT=Deep venous thrombosis, PE= Pulmonary embolism, MI= Myocardial infarction, ACEI =Angiotensin converting enzyme inhibitors , ARB= Angiotensin receptor blockers, NYHA = New York Heart Association. P-values are calculated between cardiac and non-cardiac syncope.

Supplemental table 2

Supplemental table 2 – recruitment centers	Overall
Number of patients	1653
Per center (%)	
Basel	824 (50)
Liestal	88 (5)
Lachen	71 (4)
Barcelona del Mar	83 (5)
Nuernberg	105 (6)
Zuerich	120 (7)
Rom	34 (2)
Barcelona Clinic	139 (8)
Houston	19 (1)
Brisbane	49 (3)
Madrid	1 (0)
Christchurch	120 (7)
Per region (%)	
Switzerland	1103 (67)
Europe	361 (22)
USA, AUS and NZ	188 (11)

Supplemental table 3

Supp. Table 3– Hospitalization and diagnostics according to ESCJ quintiles	First quintile (ESCJ 0% to ESCJ 10%)	Second quintile (ESCJ 12% to ESCJ 20%)	Third quintile (ESCJ 21% to ESCJ 44%)	Fourth quintile (ESCJ 45% to ESCJ 74%)	Fifth quintile (ESCJ 75% to ESCJ 100%)	P for trend
Number of patients	591	207	245	295	315	
Hospitalized – n (%)	132 (22)	86 (42)	111 (45)	151 (51)	222 (70)	<0.001
Echocardiography – n (%)	104 (18)	54 (26)	82 (33)	129 (44)	165 (52)	<0.001
Holter ECG – n (%)	49 (8)	17 (8)	50 (20)	75 (25)	54 (17)	<0.001
Chest X-ray – n (%)	188 (32)	94 (45)	125 (51)	173 (59)	191 (61)	<0.001
Telemetry – n (%)	39 (7)	31 (15)	41 (17)	78 (26)	115 (37)	<0.001
Loop recorder – n (%)	5 (1)	3 (1)	4 (2)	9 (3)	13 (4)	0.011
Carotis ultrasonography – n (%)	22 (4)	10 (5)	20 (8)	31 (11)	17 (5)	0.001
Coronary angiography – n (%)	7 (1)	1 (0)	9 (4)	20 (7)	43 (14)	<0.001
SPECT – n (%)	2 (0)	2 (1)	4 (2)	6 (2)	11 (3)	0.005

ESCJ = Early Standardized Clinical Judgement; SPECT = Single Photon Emission Computer Tomography

Supplemental table 4

Supp Table 4.A - Variables and levels for the diagnosis of cardiac syncope in the whole cohort

Variable		Level	Estimate	Lower 95%-CI	Upper 95%-CI	p-value
ECG parameters	AV Block	Mobitz Typ II or III ^o	13.41	1.85	284.76	0.028
		I ^o or Mobitz Type I	1.63	1.06	2.49	0.025
	Heart rate	Tachycardia (>100bpm)	5.68	2.09	16.3	<0.001
		Bradycardia (<45bpm)	5.6	2.11	14.72	<0.001
	ST depression	Present	5.16	2.48	10.65	<0.001
		Present but previously known	1.6	0.35	5.84	0.505
	Arrhythmia (Ventricular extrasystoles, couplets, triplets, runs, non-sustained VT)	Present	4.94	2.95	8.23	<0.001
		Present but previously known	1.08	0.24	4.11	0.915
	Complete bundle branch block:	Present	2.7	1.43	5.15	0.002
		Present but previously known	1.84	0.82	4.07	0.134
	Abnormal rhythm (Atrial fibrillation or flutter, ventricular or atrial ectopy, PM rhythm)	Present	2.66	1.59	4.44	<0.001
		Present but previously known	1.48	0.8	2.69	0.202
	Axis: Abnormal (Right, extreme left or extreme right axis)	Present	0.89	0.52	1.48	0.654
		Long QT \geq 460	1.47	0.98	2.18	0.058
		QRS (continuous)	1	0.99	1.01	0.711
Status	Systolic heart murmur	4-6/6	10.67	4.37	27.55	<0.001
		2-3/6	1.83	1.13	2.93	0.013

		Edema	2.16	1.3	3.52	0.002
Situation		During exertion	2.56	1.57	4.11	<0.001
Comorbidities		Valvular disease	1.76	1.08	2.84	0.021
		History of arrhythmia	1.47	0.97	2.2	0.064
		Age (continuous)	1.01	1	1.02	0.174
Symptoms	Before syncope	Clammy sweat	0.72	0.49	1.04	0.087

Supp Table 4.B - Variables and levels for the determination of the EICJ in the whole cohort

Variable		Level	Estimate	Lower 95%-CI	Upper 95%-CI	p-value	
ECG	AV block	Mobitz Typ II or III ^o	42.48	27.19	57.76	<0.001	
		I ^o or Mobitz Type I	4.57	0.53	8.61	0.027	
	Abnormal rhythm (Atrial fibrillation or flutter, ventricular or atrial ectopy, PM rhythm)	Present	9.91	4.69	15.13	<0.001	
		Complete bundle branch block	Present	9.68	3.18	16.17	0.004
	Arrhythmia (Ventricular extrasystoles, couplets, triplets, runs, non-sustained VT)	Present but previously known	4.04	-4.25	12.33	0.34	
		Present	9.37	3.58	15.16	0.002	
	Long QT \geq 460	Present but previously known	2.26	-11.6	16.11	0.75	
		QRS (continuous)	3.15	-0.66	6.96	0.105	
	Laboratories	Troponin	Measured: Normal	-0.03	-0.11	0.06	0.563
			Measured: Abnormal (\geq respective assay's cut-off)	10.99	6.93	15.05	<0.001
D-Dimers		Measured: Abnormal (\geq 0.5mg/L)	10.96	7.11	14.81	<0.001	
		Measured: Normal (<0.5mg/L)	10.48	5.17	15.79	<0.001	
BNP		Measured: Normal (<0.5mg/L)	2.98	-2.33	8.29	0.271	
		Measured: Abnormal (\geq 300pg/mL)	4.96	-1.77	11.69	0.149	
Measured: Normal (<300pg/mL)		0.37	-3.48	4.22	0.852		
Diagnostic tests	Chest Xray	Assessed : Abnormal	9.53	5.37	13.7	<0.001	
		Assessed : Normal	4.78	1.57	7.98	0.004	

	Schellong	Assessed: Pathologic	-1.7	-6.15	2.75	0.455
		Not assessed	6.73	3.57	9.88	<0.001
Symptoms	After syncope	Chest pain	8.92	2.62	15.22	0.006
		Other pains	5.52	0.05	10.99	0.048
		Abdominal pain	0.2	-7.45	7.86	0.959
		Pain due to injury	-0.9	-9.31	7.5	0.833
		Headache	-1.69	-5.62	2.23	0.399
		Backache	-5.61	-13.4	2.18	0.158
	Before syncope	Nausea	-2.76	-5.84	0.31	0.079
		Clammy sweat	-3.2	-6.25	-0.15	0.04
Comorbidities	Valvular disease		7.82	2.86	12.77	0.002
	History of arrhythmia		6.95	2.97	10.93	<0.001
	Age		0.13	0.01	0.24	0.036
Situation	During exertion		7.4	2.42	12.37	0.004
Status	Edema		4.8	-0.56	10.16	0.08
	Signs of infection		-9.08	-13.76	-4.4	<0.001
Medications	Statins		3.69	0.57	6.8	0.02
	Diuretics		2.25	-1.09	5.59	0.186

AV = atrioventricular, BNP = B-type natriuretic peptide, CI = Confidence interval, EIJC = Early Integrated Clinical Judgement, VT = Ventricular tachycardia, PM = Pacemaker.

Supplemental table 5 – Baseline characteristics of patients correctly and incorrectly identified as low-risk per the ESCJ (<30% risk per ESCJ)

	Correctly classified as low-risk	Incorrectly classified as low risk	P value
Number of patients	747	21	
Age-years (median [IQR])	64.0 [52.0, 76.0]	77.0 [70.0, 80.0]	0.001
Female - no. (%)	327 (44)	9 (43)	1.000
Symptoms			
Nausea or vomiting	281 (38)	4 (20)	0.160
Sweating	282 (38)	7 (35)	0.935
Palpitations	49 (7)	1 (5)	1.000
Angina	34 (5)	2 (10)	0.565
Situation			
Supine	25 (3)	0 (0)	0.843
Sitting	313 (42)	5 (25)	0.188
Orthostatic	105 (14)	3 (14)	1.000
Standing	295 (40)	12 (60)	0.118
Exertion	44 (6)	1 (5)	1.000
Past medical history			
Hypertension	385 (52)	16 (76)	0.045
Diabetes	86 (12)	4 (19)	0.480
Previous stroke	38 (5)	2 (10)	0.693
Chronic heart failure (NYHA II-IV)	30 (4)	2 (11)	0.424
Arrhythmia	82 (11)	6 (30)	0.025
Coronary artery disease	109 (15)	8 (38)	0.009
Previous MI	63 (8)	7 (33)	<0.001
Previous DVT or PE	38 (5)	3 (14)	0.175
Epilepsy	20 (3)	0 (0)	0.944
Valvular defect	38 (5)	3 (16)	0.133
Status			
Edema	23 (3)	4 (21)	0.001
Signs of infection	92 (13)	1 (5)	0.529
Medications			
Statin	178 (24)	8 (38)	0.212
Diuretics	162 (22)	5 (24)	1.000
Anti-arrhythmics	16 (2)	1 (5)	0.958
Aspirin	188 (25)	12 (57)	0.002

	Correctly classified as low-risk	Incorrectly classified as low risk	P value
Beta-blocker	178 (24)	11 (52)	0.006
ECG parameters			
AV block			-
None	667 (89)	16 (76)	
I° or II°I	80 (11)	5 (24)	
II°II or III°	0 (0)	0 (0)	
Abnormal rhythm	35 (5)	6 (29)	<0.001
Complete bundle branch block			0.752
None	698 (93)	19 (90)	
New	32 (4)	1 (5)	
Present, known	17 (2)	1 (5)	
Arrhythmia			0.001
None	716 (96)	17 (81)	
New	26 (3)	4 (19)	
Present, known	5 (1)	0 (0)	
QT (median [IQR])	432.0 [416.0, 451.0]	442.0 [432.8, 472.0]	0.012
QRS (median [IQR])	92.0 [84.5, 102.0]	93.0 [90.0, 104.0]	0.367
Diagnostics			
Schellong			0.664
Normal	254 (34)	7 (33)	
Pathologic	122 (16)	2 (10)	
Not conducted	371 (50)	12 (57)	
Chest xray : Normal	188 (72)	7 (58)	0.470
Biomarkers			
D-Dimer (median [IQR])	0.6 [0.3, 1.4]	1.0 [0.6, 1.6]	0.136
hs-cTnI (median [IQR])	3.3 [2.1, 7.0]	12.1 [6.8, 39.7]	<0.001
BNP (median [IQR])	29.7 [12.8, 67.4]	148.8 [77.8, 478.4]	<0.001

Characteristics of the patients correctly classified as low risk (ESCJ <30% and no cardiac syncope) and incorrectly classified as low risk (ESCJ <30% but diagnosed with a cardiac syncope).

Supplemental figures
Supplemental figure 1

BASEL IX Syncope study

Study center: _____ ID: _____ Patient label

Date of entry dd . mm . yyyy	Time of entry (time of first contact with medical staff) hh : mm	Referred by _____ GP _____
---------------------------------	--	-------------------------------

1. Syncope (if the duration of syncope is unclear, check either seconds or minutes)		
Date dd . mm . yyyy	Time hh : mm	Syncope witnessed <input type="checkbox"/> yes <input type="checkbox"/> no
Unconsciousness uncertain <input type="checkbox"/>	Duration mm : ss	Same witness present <input type="checkbox"/> yes <input type="checkbox"/> no

2. Situation	yes	no	n.a.
Getting up standing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
During physical effort	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Overhead work	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
While sat down	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
while in supine position	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Fall	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

4. During syncope	yes	no	n.a.
Myoclonia	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cyanosis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Tongue bite	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Loss of urine/stool	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	awake/orientated	tired	desorientated
5. On awakening	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

3. Prodromal symptoms	yes	no	n.a.
Sweating	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Nausea/vomiting	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
"visual black out"	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Paleness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Dizziness/Vertigo	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Palpitations	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Angina Pectoris	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Dyspnea prior	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
(0=none, 1=slight, 2 =moderate, 3=strong, 4=very strong)			
General weakness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
(0=None, 1=slight, 2=marked)			
Pain prior	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
none Head Chest Back Abdo. other			

6. After syncope	yes	no	n.a.
Sweating	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Nausea/vomiting	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Dizziness/Vertigo	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Palpitations	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Angina Pectoris	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Dyspnea after	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
(0=none, 1=slight, 2 =moderate, 3=strong, 4=very strong)			
General weakness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
(0=None, 1=slight, 2=marked)			
Pain after	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
none Head Chest Back Abdo. other			

Memo


Please do NOT FORGET

<p>7. Likelihood of cardiac syncope, done by treating physician in E.D. after history, examination, ECG and lab results</p> <p>How likely has this syncope an underlying cardiac cause? CARE: cardiac/cardiovascular = e.g. ACS, Stroke, pulmonary embolism, aortic dissection, rhythmogenic etc.</p> <p>0 ----- 10 ----- 20 ----- 30 ----- 40 ----- 50 ----- 60 ----- 70 ----- 80 ----- 90 ----- 100 %</p> <p>Treating doctor's hypothesis: _____</p>
--

8. Medical history		yes no n.a.	
History of syncope		<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> How many? <input style="width: 40px;" type="text"/>	
		Last syncope? (prior to index) _____	
Known CAD		<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> If "yes", please fill next row:	
Status post MI <input type="checkbox"/>		St.p. PCI <input type="checkbox"/> St.p. CABG <input type="checkbox"/> no MI or revascularisation to date <input type="checkbox"/>	
		yes no n.a.	
Hypertension	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	PAOD	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Hypercholesterolemia	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	St.p. DVT/PE	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Diabetes Mellitus	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	St.p. intracranial bleeding	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Smoker (active or former)	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	St.p. Stroke	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
If "yes" active _____ PY former: _____ PY		Known epilepsy	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Known cardiac arrhythmia	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	GI bleeding (within 7 days)	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Pacemaker	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	9. Family history	
ICD	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	yes no n.a.	
Chronic heart failure	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Sudden cardiac death	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
If "yes", NYHA class _____		CAD	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Known valvular heart disease	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Stroke	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
		(History of CAD: father/brother <55, mother/sister <65)	
Alcohol consumption	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Other drugs, e.g. Cannabis, Opiates	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
never occasional daily		If "yes", which? _____	

10. Vital signs					
Height _____ cm	Weight _____ kg	BP _____ / _____ mmHg	Heart rate _____ / min.		
Temperature _____ °C	O ₂ Saturation _____ % at _____ l O ₂ / min.	Breathing rate _____ / min.			

11. GCS	Vigilance	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Use first score documented in E.D.	(during questionnaire)	awake/orientated	tired	desorientated

12. Clinical tests		yes no n.a.
According to treating physician's exam if possible		
	Face/head injury	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
	New neurologic deficit	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
	Carotid bruit	right <input type="checkbox"/> left <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
	Systolic murmurs	_____ / 6 <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
	Diastolic murmurs	_____ / 6 <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
	Pulmonal basal crackles	right <input type="checkbox"/> left <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
	Rectal bleeding (only if examined)	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
	Other signs of bleeding	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
	Peripheral edema	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
	other injuries	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
	If "yes", location of injury	_____
	Signs of infection	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
If "yes", probable focus of infection	_____	

13. Ethnicity:	Caucasian <input type="checkbox"/>	African <input type="checkbox"/>	Asian <input type="checkbox"/>	other <input type="checkbox"/>
-----------------------	------------------------------------	----------------------------------	--------------------------------	--------------------------------

BASEL IX Syncope study

Studycenter

ID: _____

Patient label

14. Further examinations at E.D.	normal	pathologic	not done	n.a.
Blood pressure difference	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Lying to standing test (please fill below)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cranial CT	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Examinations scheduled by E.D.				

Lying-to-standing test	yes	no	n.a.		BP (mmHg)	HR / min.
Clinical symptoms	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	supine position	____ / ____	____
If "yes", please specify:				standing positions	____ / ____	____
				after 3 min standing	____ / ____	____
				after 5 min standing	____ / ____	____

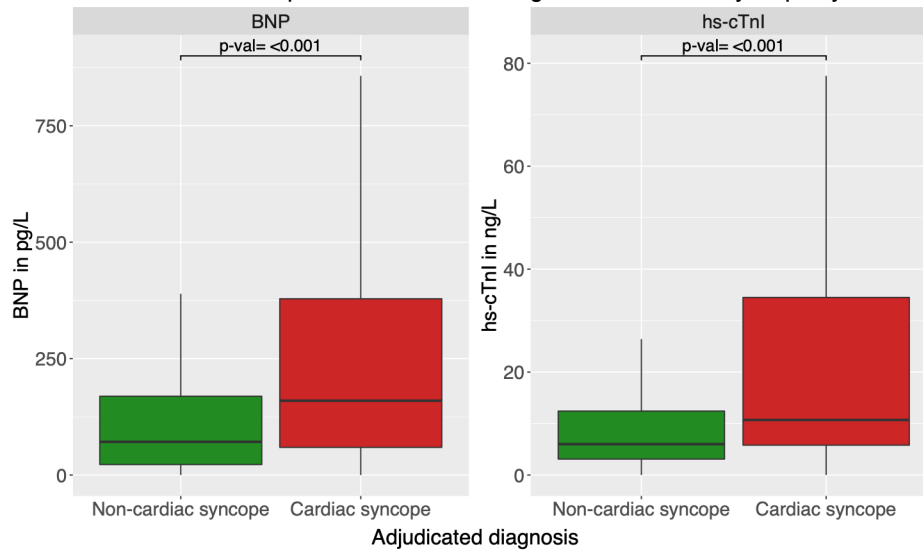
15. Premedication none

MEMO please list all medication, if space does not suffice, use backpage.

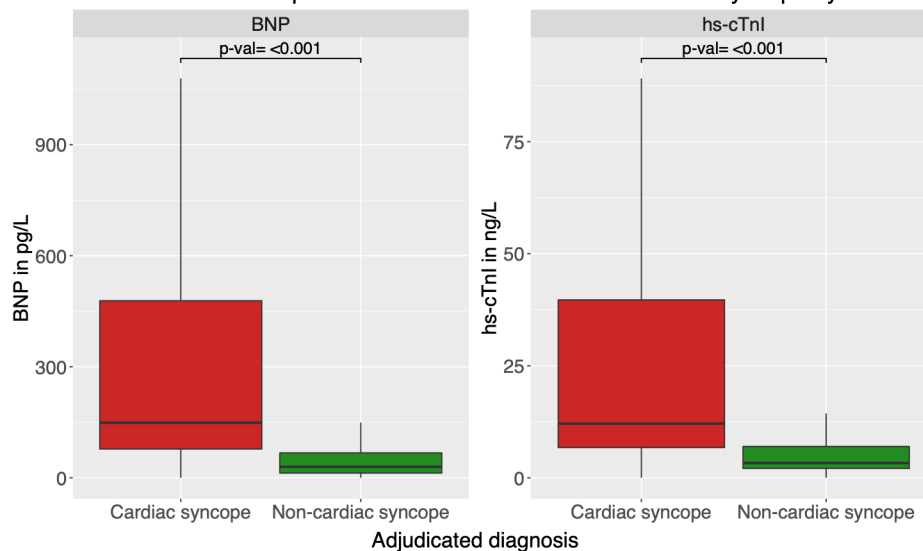
Supplemental figure 1 – CRF used in the study and available to the clinicians before the collection of the ESCJ.

Supplemental figure 2

BNP and hs-cTnI levels in patients classified as high risk for cardiac syncope by the EICJ

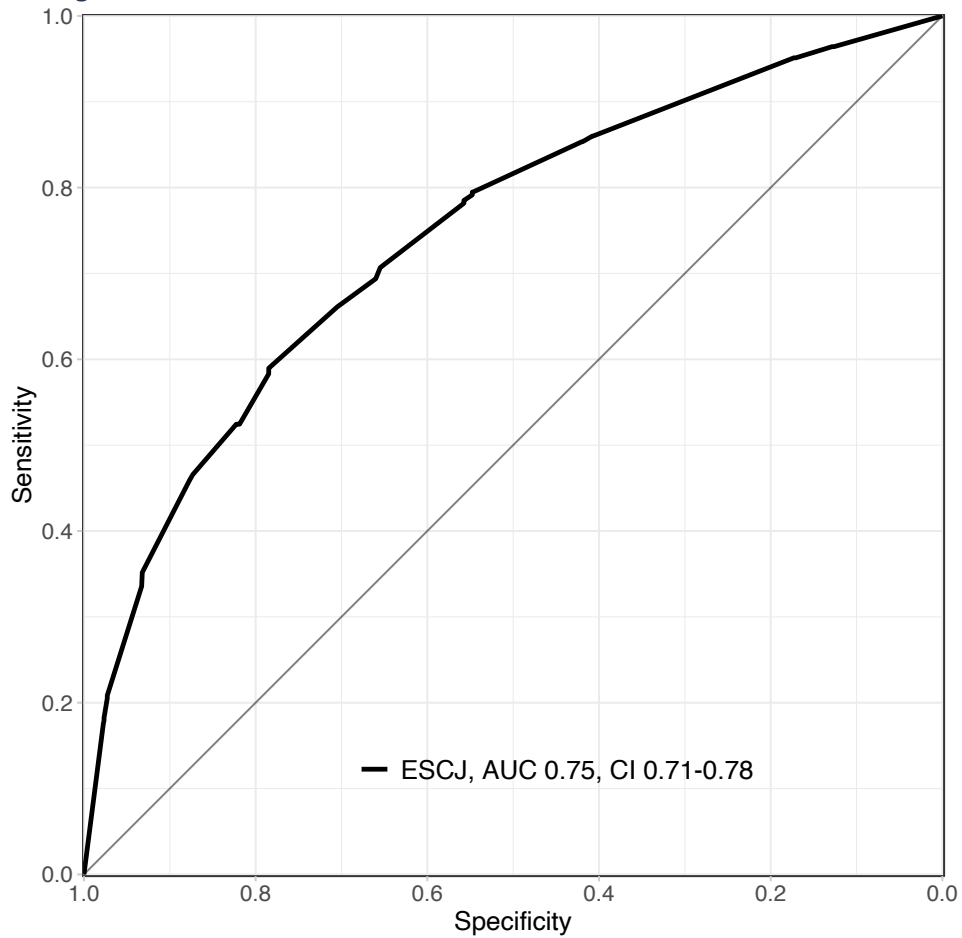


BNP and hs-cTnI levels in patients classified as low risk for cardiac syncope by the EICJ



Boxplots representing the BNP and hs-cTnI concentrations according to whether or not patients classified as **low-** (ESCJ <math><30\%</math>) or **high-risk** (ESCJ $>70\%$) by the ED physician were correctly or incorrectly classified. Boxplots represent the median with the interquartile range (IQR), whiskers represent ± 1.5 x the IQR. P-values are calculated based on a Wilcoxon-rang-sum test.

Supplemental figure 3



Performance of the ESCJ for the prognosis of patients presenting to the ED with a syncope. The endpoint is MACE at 1 year (Death, reanimation, life-threatening arrhythmia, implantation of a pacemaker or implantable cardioverter defibrillator (ICD), acute myocardial infarction, stroke/transient ischemic attack (TIA), intracranial bleeding, valvular surgery and pulmonary embolism)

References

1. Reed MJ, Newby DE, Coull AJ, Prescott RJ, Jacques KG, Gray AJ. The ROSE (Risk Stratification of Syncope in the Emergency Department) Study. *J Am Coll Cardiol*. 2010;55(8):713-721. doi:10.1016/j.jacc.2009.09.049
2. Thygesen K, Alpert JS, Jaffe AS, et al. Third universal definition of myocardial infarction. *Circulation*. 2012;126(16):2020-2035. doi:10.1161/CIR.0b013e31826e1058
3. Tamm NN, Seferian KR, Semenov AG, et al. Novel immunoassay for quantification of brain natriuretic peptide and its precursor in human blood. *Clin Chem*. 2008;54(9):1511-1518. doi:10.1373/clinchem.2007.100545
4. Krintus M, Kozinski M, Boudry P, et al. European multicenter analytical evaluation of the Abbott ARCHITECT STAT high sensitive troponin i immunoassay. *Clin Chem Lab Med*. 2014;52(11):1657-1665. doi:10.1515/cclm-2014-0107
5. Del Rosso A, Ungar A, Maggi R, et al. Clinical predictors of cardiac syncope at initial evaluation in patients referred urgently to a general hospital: The EGSYS score. *Heart*. 2008;94(12):1620-1626. doi:10.1136/hrt.2008.143123
6. Colivicchi F, Ammirati F, Melina D, Guido V, Imperoli G, Santini M. Development and prospective validation of a risk stratification system for patients with syncope in the emergency department: The OESIL risk score. *Eur Heart J*. 2003;24(9):811-819. doi:10.1016/S0195-668X(02)00827-8
7. Thiruganasambandamoorthy V, Kwong K, Wells GA, et al. Development of the Canadian Syncope Risk Score to predict serious adverse events after emergency department assessment of syncope. *Can J Emerg Med*. 2016;188(12):1-10. doi:10.1503/cmaj.151469/-/DC1
8. Sun BC, Derosé SF, Liang LJ, et al. Predictors of 30-Day Serious Events in Older Patients With Syncope. *Ann Emerg Med*. 2009;54(6):769-778.e5. doi:10.1016/j.annemergmed.2009.07.027
9. Tibshirani R. Regression Shrinkage and Selection via the Lasso. *J R Stat Soc Ser B*. 1996. doi:10.1111/j.1467-9868.2011.00771.x
10. Tibshirani R. Regression shrinkage and selection via the lasso: a retrospective. *J R Stat Soc B*. 2011. doi:10.1111/j.1439-0264.1997.tb00113.x
11. Ternès N, Rotolo F, Michiels S. Empirical extensions of the lasso penalty to reduce the false discovery rate in high-dimensional Cox regression models. *Stat Med*. 2016;35(15):2561-2573. doi:10.1002/sim.6927