Environmental hypertensiology – the effects of seasonal changes on blood pressure and global risk

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Croatian Hypertension League and Croatian Hypertension Society under umbrella of the Croatian Academy of Sciences and Arts organized an international symposium „Environmental hypertensiology – the effects of seasonal changes on blood pressure and global risk“. This hybrid meeting was organized on April 21. More than 220 participants attended and learned listening 28 lectures and fruitful discussions. After introductory lectures on the importance of the topic, Nobel laureates in research on climate change, research on health protection from the risks posed by heat waves, seasonal variations in blood pressure, mortality and the impact of weather on COVID-19, lectures covered five basic topics. Seasonality was addressed in terms of children and adolescents, blood pressure, chronic kidney disease and pregnancy, metabolic changes and global risks as well as stroke and heart attacks. The main aim of this symposium was to underline importance of the topic and increase awareness among physicians, medical students and nurses. In addition, newspapers and other media spread this information to general population. The whole symposium i.e. all lectures and discussions will be placed on the educational platform of the Croatian Society of Hypertension and physicians, nurses, but also general population will be invited to visit this page, to learn and to inform their relatives, neighbours and business partners. In addition, Croatian Hypertension League and eMed will use social networks to educate population more about this growing problem. It was decided that all speakers and moderators, who are Croatian key opinion leaders in the field, would prepare a consensus document as one of tools we will use in negotiation with our government. The whole program of the meeting can be found on https://hdh.emed.hr/vijesti/228/medunarodni-simpozij-klimatske-promjene-arterijska-hipertenzija-i-ukupan-rizik---pridruzite-nam-se .


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