

quality of the employees and lack of scientific psychological guidance. Of course, in addition to the above mental health problems, construction enterprises also exist in the market competition caused by the psychological problems, due to family factors and so on. Based on the above points, urban landscape art design in addition to superb modern technology, pay attention to environmental protection, architectural environment art design also pay attention to look back on nature, pay attention to reflect the beautiful warm nature. And environmental art design in the art, nature, humanities and other factors will be effective integration of coordination on the basis of urban construction of the environment to meet the relevant needs. In the environmental design, it focuses on the coordinated development of man and nature, and thus the physical, tactile, psychological, visual, auditory and other forms of satisfaction. At the same time, urban landscape art design can also be based on geographical and cultural design to alleviate the feelings of foreign residents. This research mainly carries on the investigation from these aspects, analyzes the construction work psychologically healthy prevention and the urban landscape art design connection influence.

**Study design:** Randomly select 100 employees of construction enterprises, using the form of interview, interview time is limited to 30-45 minutes. After the interview, the conversations of the 100 employees in the construction company were sorted out and the statistical data were collected.

**Methods:** Using SPSS 20.0 software to analyze the relationship between the prevention of mental health and urban landscape art design.

**Results:** The results of this survey use the influence values of 1 to 5 grades and quantitative specific factors, 1 indicating irrelevance, 2 indicating slight influence, 3 indicating general influence, 4 indicating obvious influence, and 5 indicating full influence. In order to reduce the relatively large error caused by individual subjectivity in the evaluation, the evaluation values of 100 audiences are adopted and the average values are rounded off to obtain the results. The specific statistical table is shown in Table 1.

**Table 1.** Relationship between the prevention of mental health in architectural work and urban landscape design

Factor	Embody the beauty of nature	Display local customs	Gratify one's senses
Construction company employees	4	5	5

**Conclusions:** In the modern urban construction, we should pay attention to the use of effective environmental art design, on the basis of integration with local culture and characteristics, to form its own unique characteristics. At the same time, we should attach importance to the harmonious development of environment and people, thus promoting the sustainable development of cities.

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## IMPORTANCE OF ESTABLISHING THE FEEDBACK MECHANISM OF STUDENTS' PHYSICAL HEALTH TEST RESULTS FROM THE PERSPECTIVE OF PSYCHOLOGY

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**Background:** Most of the students spend their spare time in online games, sleeping and other activities that have nothing to do with physical exercise, while very little time is devoted to physical exercise. This situation has caused a sharp decline in the physical quality of contemporary college students, making the health of students an unprecedented problem. The purpose of putting forward and implementing the National Students' Physical Health Standard is to make the contemporary college students use their spare time scientifically, allocate the limited spare time scientifically, form the habit of taking part in sports activities, and take an active part in sports activities in their spare time, so as to improve their physical quality and health level. However, there are serious false problems in the implementation of the physical health test in colleges and universities. Schools only pay attention to the physical health test stage of students, and report the results of the physical health test obtained from college students, but neglect the process of students' physical exercise and the cultivation of students' habit of participating in physical exercise, and neglect the management of students' physical exercise, so as to enable students to have physical exercise in order to cope with the psychology of schools. Makes the university student physique health standard the effect reduces greatly.

**Objective:** At present, there are still many problems in college students' physical health test. Most

colleges and universities are not optimistic about the implementation of the Standard. Most of them only focus on the process of physical health side test and whether the results obtained from the side test are qualified or not. This is unable to “standard” reasonable application and implementation, and overlooked the “sunshine sports” on the importance of physical health of college students.

**Subjects and methods:** The situation of service management after testing is different from the implementation of the Standard and its effect. It cannot really realize the significance of the national standard. Therefore, this study from the application of psychological knowledge, the establishment of college students physique health service consulting institutions, the establishment of college students physique health management network service platform, the establishment of multi-body participation in the management of college students physique health mechanism, the creation of an environment to promote the improvement of college students physique health, and analysis of the importance of college students physique health test results feedback mechanism. First of all, the establishment of college students’ physical health services to improve the current status of poor physical health of students, keep an eye on the level of physical health of students to meet the needs of students. At the same time, the physical health of college students to intervene, so that students can timely understand their own health status, cultivate awareness of physical exercise. This can truly understand the physical health of college students side test status. In order to organically combine the follow-up service management of the side test of physical health of college students with the school physical education work, school leaders shall use all resources to mobilize the enthusiasm of every college student, teachers (especially physical education teachers), administrators of the side test of physical health, staff of all departments and students’ cadres, and urge students, especially the students with weak physique, to actively participate in the follow-up service of the side test of physical health, so as to form the situation of multi-subjects participating in the management. Finally, in order to make students actively participate in sports activities and enhance their physical health, schools should organize students to learn knowledge about sports and health in a planned way, and apply sports to the classroom, carry out meaningful physical exercises, experience the fun of sports and improve students’ physical health.

**Study design:** A total of 500 college students were randomly selected and surveyed by questionnaire. There were 500 questionnaires, 490 questionnaires and 485 valid questionnaires.

**Methods:** Using Excel statistics based on the psychological perspective of college students to establish a health test results feedback mechanism of the importance of the impact.

**Results:** The results of this survey use the influence values of 1 to 5 grades and specific quantitative factors, 1 indicating irrelevance, 2 indicating slight influence, 3 indicating general influence, 4 indicating obvious influence, and 5 indicating full influence. In order to reduce the relatively large error caused by individual subjectivity in the evaluation, the evaluation values of 500 college students are adopted and the average values are rounded off to obtain the results. The specific statistical table is shown in Table 1.

**Table 1.** Importance of establishing feedback mechanism for students’ physical health test results in colleges and universities from a psychological perspective

Content	Establishment of advisory bodies	Establish a network service platform	Establishing a pluralistic management mechanism	Create a good environment
Scoring	4	4	5	5

**Conclusions:** The most important task of physical education in colleges and universities is to enhance students’ physique and health. The standard of students’ physical health is the basic requirement for students’ physical health in contemporary social development, which aims at encouraging students to take part in physical exercises. The construction of testing information guarantee system based on psychological perspective is realized by the joint efforts of teachers and students. It not only puts forward higher requirements for the idea of lifelong exercise and correct guidance of teaching, but also supports the strong desire of students to constantly improve themselves. Only when the teachers apply the professional guidance of psychological knowledge and the students’ desire for self-improvement to form a consistent goal, can the meaning of “Students’ Physical Health Standards” be realized.

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## THE INFLUENCE OF FOREIGN ANXIETY PHARMACEUTICAL INVESTMENT ON CHINA’S REGIONAL ECONOMIC GROWTH

Xinyu Cao