

their ability of resisting pressure and relieve their mental and emotional stress, exercise therapy was used. But the soccer movement is the university popularization high degree movement, unifies the soccer movement and the psychological health guidance, after all is one kind of beneficial attempt.

Subjects and methods: Mental health has become an important connotation of modern health concept. With the development of modern society and the enhancement of competitiveness, parents and society's expectations of young people are getting higher and higher. Therefore, the mental pressure they are facing is also increasing, and the excessive psychological pressure seriously affects the healthy development of their psychology. Mental health education is an important part of college physical education and health curriculum, and it is the teaching goal of school physical education. Physical exercise has certain influence and promotion on students' mental health. Make full use of medical student's sports enthusiasts' two-in-one advantages to explore the emotional stress of college student's spiritual source. Through scientific and planned football training to release the psychological pressure of college students, let college students out of the dormitory and classroom, rush to the football field, relieve pressure and enhance the physical quality of college students. Improving the ability of resisting pressure can relieve the psychological and emotional pressure of college students and prevent them from suffering from psychological diseases. This research mainly carries on the investigation analysis from the soccer movement to the university student exercise induction spirit pressure effect. Through the way of sending out questionnaires, statistics after the effect of football.

Study design: 500 college students were randomly selected for a questionnaire survey. Request a one-time answer within a limited time. A total of 500 questionnaires were distributed, 482 questionnaires were retrieved, with a recovery rate of 96.4% and 478 effective questionnaires with an effective rate of 95.6%.

Methods: SPSS 18.0 and Excel were used to count the effects of football on college students' exercise induced stress.

Results: In order to reduce the large error caused by individual subjectivity in the evaluation, the evaluation value of 200 college students shall be rounded off and the results shall be obtained by rounding off the average number of the evaluation results.

Table 1. Effects of football sports on college students' stress induced by exercise

Factor	Physical fitness	Emotional relief	Stress relief
Adult	4	4	4

Conclusions: Football and sports have different effects on all dimensions of college students' mental health level, and improve their mental health level to some extent. The aim of college PE teaching is to cultivate professional talents with good physical and mental health, and then to make students form a good habit of physical exercise by some necessary physical exercises. Football can urge some students who are under emotional pressure to change their way of thinking and dealing with problems, so that they can show confidence, strength and vigor without inferiority complex and depression. As one of the effective means to treat mental diseases, aerobic exercise has a positive effect on the physical health of adults. Regular participation in aerobic exercise can improve the physical quality, enhance the body's resistance to disease, make people energetically into daily study, work and life, thus shaping the healthy body of adults, and lay a solid physiological foundation for the mental health of adults.

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ON THE STAGE PSYCHOLOGICAL CONSTRUCTION OF PIANO PERFORMANCE ART AND THE RECONSTRUCTION OF AESTHETIC VALUE OF PEOPLE WITH COGNITIVE IMPAIRMENT

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Background: Stage psychological control and aesthetic value evaluation is the main internal factor in the piano performance art, including the stage psychological control ability of the piano performance art is the main factor affecting the performance in the performance, aesthetic value evaluation is the audience as the main object to guide the players to show stage style and music style. The stage psychology of the piano performance art will have a great impact on the performance of the player. The aesthetic value determines the internal meaning of the music performance on the stage. In the piano performance art, the stage

psychology and aesthetic value are indispensable. For cognitive impairment people, their unique aesthetic Value leads to the effect of the piano performance in the stage with certain characteristics. However, for people with cognitive impairment, their cognitive impairment of music leads to their incomplete cognitive depth when enjoying the piano performance, which also causes the different performance connotation of the piano performance. Starting from the traditional teaching theory and classroom practice teaching, conduct the in-depth analysis of the stage psychology and the aesthetic value of people with piano performance art, explore the problems existing in the stage psychology of piano performance art, and explore the aesthetic value of people with cognitive impairment. In addition, the aesthetic value of people with cognitive impairment is reshaped, technically and cardiac in theory, the value-oriented people with cognitive impairment are the premise to help piano players present a better performance on stage, and also the main way to help people with cognitive impairment relieve symptoms.

Objective: To explore the problems existing in the stage psychology of piano performance art and the aesthetic value of people with cognitive impairment, reshape the aesthetic value of people with cognitive impairment, improve the display effect of piano music, and alleviate the psychological problems of people with cognitive impairment.

Subjects and methods: 50 piano students, including 31 boys and 29 girls, were selected for psychological test. For the first time, evaluate the mental health status of students before psychological training, and for the second time, evaluate the mental health status of students after receiving teaching training. SPSS 10.0 software was used for descriptive statistical analysis of all data of statistical analysis survey results, and U-test was used for statistics.

Study design: SCL-90 clinical symptom checklist (SCL-90) was used for the psychological evaluation of students. The scale contains 90 items, each item is divided into 5 grades, and Likert's 5 subscales were used for evaluation and scoring. In the stage psychological construction, it is cultivated from two parts: the cultivation of psychological state and performance skills, and the reconstruction of aesthetic value of people with cognitive impairment is cultivated from two parts: piano players' own music literacy and music expression ability.

Results: the audience's subjective feelings from the music level shown by piano players are counted to analyze the stage psychological construction and aesthetic value reconstruction effect, as shown in Table 1. Table 1 shows that different groups have different music feelings towards piano players. Most young groups show a more satisfactory attitude towards the music effect of piano performance. Among the elderly groups, more than 70% show a more satisfactory attitude towards it, and among the people with cognitive impairment, more than 40% show a satisfactory attitude towards the music effect.

Table 1. Audience satisfaction in piano music.

Satisfaction	Dissatisfied (%)	General (%)	Satisfy (%)	With great satisfaction (%)
Youth group	6.9	27.1	21.9	44.1
Elderly group	5.7	20.5	30.6	43.2
People with cognitive impairment	20.8	37.2	22.4	19.6

Conclusions: stage psychological control and aesthetic value evaluation are indispensable factors in the art of piano performance. Good stage psychological construction and good aesthetic value can improve the external performance of piano performance. In piano performance, players need to have a good ability to cope with the situation and have good stage self-confidence. Therefore, it is necessary to put forward the corresponding courses of psychological control and aesthetic value training to reshape the performer's psychological construction and aesthetic value. In the research, reshaping the aesthetic value of people with cognitive impairment can better improve the performance of piano music and enrich personal styles.

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RESEARCH ON CLOUD COMPUTING AND COMPUTER TEACHING FROM THE PERSPECTIVE OF EDUCATIONAL PSYCHOLOGY

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Background: China has a large land area, and the education methods in different regions are very different, which leads to the non-correlation between the education systems in different regions. In this