dynamic music, inspirational music with positive lyrics, music with gentle and gentle style, and music with bright and beautiful main melody; Do not pay attention to whether the accompaniment of music works is unique, whether the harmony is rich and whether the rhythm is very clear.

Table 3. Music style and music elements you choose to relieve psychological pressure.

Style of music	Proportion of "attention"/%	Proportion of "not paying attention"/%
Passionate and dynamic music	90.06	9.94
Tender and gentle music	85.67	14.33
Curiosity hunting, college music	75.01	24.99
Soul stirring sad music	73.22	26.78
Inspirational music with positive lyrics	90.19	9.81
The main melody is bright and beautiful	85.58	14.42
Unique accompaniment and rich harmony	32.19	67.81
Pay attention to whether the rhythm of music is clear	35.28	64.72

Conclusions：On the whole, the necessity of psychological pressure relief in music creation is reflected in the questionnaire. After the analysis of the questionnaire, the relevant innovative strategies are as follows: (1) promote good feelings and form a confident personality. Among all kinds of art, music, which has the closest relationship with human psychology, can not only arouse the surging feeling of people's inner world, but also restore the calm of out-of-control content. Through music creation, we can control people's mood, directly increase the vitality of people's inner world, express our feelings, and express the memories and other experiences in our mind, help self-affirmation, form self-confident personality and activate the spiritual world. (2) Eliminate inertia and reshape positive self. Through the creation and appreciation of beautiful music, we can "recharge" our spirit. And the perseverance and pursuit of perfection transmitted in music. Let them find themselves refreshed in their favorite music and reshape their positive self. (3) Increase interpersonal communication and strengthen self-expression. Music can obviously alleviate the tension and anxiety, help people relax, self-timely in creation, trigger a common language of feelings and thoughts, enhance self-expression and self-affirmation, and make them experience a feeling of resurrection and rebirth.

*　*　*　*　*

THE INNOVATION OF HIGHER EDUCATION MANAGEMENT SYSTEM FROM THE PERSPECTIVE OF SOCIAL PSYCHOLOGY

Binxin Xie & Yang Cao

School of International Pharmaceutical Business, China Pharmaceutical University, Nanjing 211198, China

Background: The opinions on Further Strengthening and improving college students' Ideological and Political Education issued by the CPC Central Committee and the State Council pointed out: "We should pay attention to mental health education. According to the characteristics of College Students' physical and mental development and the law of education, we should pay attention to cultivating college students' good psychological quality and the fine character of self-esteem, self-love, self-discipline and self-improvement, and enhance their ability to overcome difficulties, withstand tests and withstand setbacks." Therefore, colleges and universities should strengthen the exploration and research of College Students' mental health education management system, so as to promote the all-round development of College Students' quality.

"Stones from other mountains can attack jade" At present, the United States, Japan, Britain and other countries have formed a relatively complete mental health education system and have highly professional personnel, which have been incorporated into school education. The development of mental health education in China is in the ascendant, and experts and scholars have explored new ways and methods of College Students' mental health education from different angles. China should learn from foreign advanced experience , explore a mental health education management system suitable for China's national conditions and in line with the characteristics of college students, so as to realize the development from psychological medical treatment system to psychological education management system, that is, the educational object

is expanded from students with psychological obstacles to all students, which is helpful to solve the psychological problems and puzzles faced by college students in China and promote the development of College Students' mental health education It is of great significance to make it scientific, standardized and systematic.

Subjects and methods: The respondents were Xi Heng, an undergraduate of University A, who enrolled in September 2021. A total of 3192 valid data were collected, including 686 male and 2506 girls, aged between 15 and 23. The test will be carried out four weeks after freshmen enter the school, and standardized guidelines and standardized test software will be adopted. And compare with the data collected from 2018 to 2020.

Study design: The Cattell 16 personality factors test scale, which was revised by Li Shaoyi of the sharp Education Research Office of Liaoning Institute of Educational Sciences, was used to measure the personality characteristics of students. According to the formula, 16 personality factors and secondary personality factors were calculated.

Methods of statistical analysis: The data were analyzed by spss22.0. In order to compare the indicators of the two groups.

Results: Comparison of gender differences of 16 personality factors among 2021 freshmen.

The scores of L suspicion, Q2 independence and Q3 self-discipline of grade 17 boys in a university were significantly lower than those of girls; The scores of job sensitivity, 0 anxiety and Q4 tension were significantly higher than those of girls. Among the 16 factors, there is no significant difference: A music group, B intelligence, C stability, E bullying, F excitement, G persistence, H daring, M fantasy, N sophistication and Q1 experiment.

Conclusions: From the perspective of social psychology, the innovation of higher education management system mainly starts from the following aspects: (1) actively create a good atmosphere of delicate health education; (2) Establish a high-quality mental health education team; For example, build a high-quality team of student cadres; Give full play to the role of class tutor and student backbone; Provide professional psychological counseling personnel; Give full play to the role of teachers of two courses and professional courses. In short, establishing a mental health education team with combination of full-time and part-time, relatively stable and high quality will play a vital role in college students' mental health education. (3) Establishing and Perfecting College Students' mental health archives; (4) Comprehensive education is combined with targeted sex education.

Table 1. Comparison of gender differences of 16 personality factors of cartel from the perspective of social psychology.

Factor A music groups B intelligence	Gender(N=3192)				t
	Male(N=686)		Female(N=2506)		
	N	SD	M	SD	
C stability	5.68	1.958	5.79	2.027	1.319
E bullying	4.42	1.664	4.51	1.683	1.290
F excitability	5.95	1.786	6.00	1.818	0.642
G is constant	5.43	1.793	5.42	1.712	-0.137
H daring	6.51	1.976	6.50	1.896	-0.133
I sensitivity	5.34	1.596	5.35	1.834	0.166
L skepticism	6.18	1.975	6.04	1.981	-1.628
M fantasy	6.56	1.899	6.38	1.799	-2.241*
N worldly sophistication	4.44	1.771	4.60	1.745	2.031*
O anxiety	6.54	1.580	6.46	1.759	-1.059
Q1 experimental	5.06	1.497	5.12	1.507	0.902
Q2 independence	6.05	2.104	5.45	1.933	-6.812***
Q3 self-discipline	5.46	1.368	5.58	1.454	1.964
Q4 tension	4.27	1.689	5.14	1.653	12.108***
Factor	5.65	1.542	5.86	1.324	3.219**
A music group	5.80	1.975	5.55	1.827	-2.978**

*$P < 0.05$, **$P < 0.01$, ***$P < 0.001$

* * * * *

MODERN INTERIOR SOFT DECORATION DESIGN DRIVEN BY COLOR PSYCHOLOGY

Xueqing Zhang

College of Design and Innovation, Tongji University, Shanghai 200092, China

Background: As a major that follows the principle of "people-oriented", interior design has gradually assumed more social responsibilities, especially the impact of children's living environment on them cannot be ignored. For example, for children with autism and ADHD, whether the environmental facilities are humanized and whether the decorative color conforms to the characteristics of the population, to a great extent, it affects whether their body and mind can get perfect treatment and rehabilitation. Interior design plays a vital role in it. Among them, it is beneficial to study the psychological impact of the color of indoor space on special children's groups, so as to construct the color matching principle in line with the needs, and use professional and scientific treatment methods to help those vulnerable children living on the edge of the city and reduce the harm of psychological diseases. At present, color psychology at home and abroad has made great achievements in the research of children's psychology, and has created various color therapies for the psychotherapy and rehabilitation of sick children and disabled children. In the professional field of interior design, its application is also quite effective. Many hospitals are not the same white space as imagined, and different medical departments have set up scientific and reasonable colors according to their functional properties, although there is no professional vocabulary to define the application of this color, However, people have noticed the impact of color on the environment in their actual work and life. In public welfare space, especially children's welfare space, this application becomes more important.

Subjects and methods: Taking the important influence of color on children's modern space design as the research object, especially on children of special groups, this paper analyzes the norms of space color in children's welfare homes, in order to provide children with a comfortable and professional living environment, protect their physical health, especially their mental health, and provide favorable conditions for children's medical rehabilitation.

Study design: Starting from the category of color psychology, by studying the current situation of interior design of welfare space at home and abroad, this paper abstracts the important role of color in helping children's psychological counseling and rehabilitation, analyzes its application in interior design of children's welfare space, and effectively combines color in the sense of psychology with children's welfare space.

Methods of statistical analysis: Through visiting, visiting and studying domestic welfare institutions, talking with agency staff, questionnaire, collecting relevant data, and sorting, analyzing and summarizing the obtained data.

Results: As children are in the initial stage of cognitive development, the color in their environment has a very important impact on their future physical and mental development, especially their personality. Compared with adults, children's perception of color is different, and even have unique stage characteristics. Based on this survey content, a questionnaire was conducted on 100 randomly selected children. The specific contents are shown in Table 1:

Table 1. Color perception of children aged 3-6.

Age	Can the perception of color	Total number of people investigated	Valid questionnaire	Number of people	Proportion
3 years old	It can only distinguish primary colors such as red, yellow and blue, and cannot distinguish mixed colors well			10	11
4 years old	It can distinguish colors with different hues, lightness and saturation, and can better distinguish white and black	100	90	15	16.7
5 years old	Can basically master the name and use of 8 colors			25	27.8
6 years old	I have mastered the names of 12 colors and the application of 11 colors excluding purple			40	44.4