

existing teaching model. At the same time, we find that 27 teachers strongly support it. Teachers think that the combination of educational psychology can help students to find out the true psychological thoughts of students, help students solve problems, not only improve students' English scores to some extent, but also improve students' mental health.

Conclusions: Educational psychology is one of the important theories in the study of modern English teaching methods. In the process of teaching, teachers should follow the teaching law, understand the students' individual psychological characteristics, explore the process and characteristics of using language, learning language and mastering language from the psychological point of view, arrange teaching contents reasonably, adopt appropriate teaching methods, effectively solve a series of psychological problems encountered in teaching practice, and achieve the actual effect of teaching.

Table 1. Status of two groups of students after the experiment.

Crowd	Numbers	
Teacher	Dissatisfied	3
	A little dissatisfied	7
	General	15
	Relatively satisfactory	5
	With great satisfaction	15
Student	Dissatisfied	25
	A little dissatisfied	86
	General	54
	Relatively satisfactory	35

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THE CONCRETE IMPLEMENTATION OF IDEOLOGICAL AND POLITICAL EDUCATION REFORM IN COLLEGES AND UNIVERSITIES FROM THE PERSPECTIVE OF EDUCATIONAL PSYCHOLOGY

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Background: Educational psychology has been well applied in domestic higher education, and has made great contributions to the improvement of subject teaching quality. Under the people-oriented education and teaching concept, the teaching method and learning model advocated by educational psychology also conform to the overall direction of educational reform. But most teachers are at a loss about the concrete application of educational psychology, so it is necessary to explore the concrete application path of educational psychology in teaching practice.

Objective: Most college students will go to work directly after graduation, and whether this group has a firm will and good ideological and political consciousness will directly affect its comprehensive development. In the domestic education system, great attention is paid to the ideological and political teaching, changing the teaching mode and improving the teaching efficiency are frequently mentioned. Because students can obtain information through many ways, their immature world outlook, outlook on life and values are easy to be influenced by many bad ideas when they are formed. The negative emotions of some students have seriously affected their physical and mental health, and it is necessary to improve the ideological and political quality of students through the ideological and political class reform.

Subjects and methods: Stratified cluster random sampling method was used to investigate 200 students randomly. 200 questionnaires were distributed and 178 valid questionnaires were collected. The content of the questionnaire is to evaluate the existing ideological and political teaching methods.

Methods: Using Excel statistical survey results.

Results: The resulting statistical tables are shown in Table 1.

Therefore, the specific implementation paths of the reform are:

(1) Applying innovative education methods to improve classroom teaching

Under the background of educational psychology, the reform of ideological and political curriculum in

colleges and universities needs to pay attention to the improvement of classroom education effect. In the teaching process of ideological and political course, it is very common for ideological and political teachers to use mechanical methods to teach knowledge, and the teaching methods of some ideological and political teachers cannot arouse students' learning autonomy and interest. If the students lose the autonomy and education of the ideological and political curriculum, it will be difficult to improve the classroom effectiveness. Therefore, the ideological and political teachers need to apply various innovative forms of education, such as micro class and multimedia education, to the practice of education and teaching, and cross-use with educational psychology. In the process of classroom education and teaching, according to the interactive characteristics of multimedia, strengthen the contact with students, according to show the relevant pictures and excellent deeds, give students an upward psychological hint of education, so that students form a deeper level of recognition of the mainstream values.

Table 1. Students' evaluation of ideological and political teaching methods.

Factor	Stereotyped teaching	The teaching content is dull
Numbers	135	147

(2) Attaching importance to the correct guidance and correction of students' thoughts

Under the background of educational psychology, political teachers need to motivate students to express their opinions and suggestions in the process of classroom teaching, and adjust and improve educational strategies and means with pertinence and purpose after comprehensive understanding of students. Under the influence of psychological hints and education, we should continue to guide the students' thinking correctly. For the students with ideological and political problems, we should make corrections in accordance with the organic integration of classroom education and after-school counselling. Under the background of educational psychology, the reform of ideological and political curriculum in colleges and universities is a reform of the form of education, and we should also pay attention to the change of teaching contents, and fully respect students, and continue to help students overcome all kinds of ideological obstacles, which is also the main problem that ideological and political teachers should solve.

(3) Strengthen the connection between ideological and political courses and social life

Most ideological and political teachers cut off the connection between education and social life unconsciously in the process of carrying out classroom education. Under the condition of educational psychology, the reform of ideological and political curriculum in colleges and universities should start from this practical problem. Ideological and political teachers should strengthen the degree of reality and life of curriculum education. For example, the hot events in the society will be paid attention to by the students. Therefore, teachers can take such hot events as the main cases of ideological and political education in the process of education and teaching, and teach the students the ability of correctly discovering, analyzing and solving problems in the process of carrying out inquiry with the students. When students have negative emotions and thoughts, the ideological and political teacher should give them positive psychological hints according to the selection and teaching of more classical cases, so as to help them form sound personality and improve their ideological quality and moral quality.

Conclusions: From the perspective of educational psychology, the reform of ideological and political education should make better use of the relevant concepts of educational psychology and stick to the reform as a normal work. Psychology itself is a discipline that constantly influences the subject of behavior through guidance and elicitation. The reformative application and attempt of educational psychology in ideological and political teaching should pay more attention to the influence on students step by step. In addition, teachers are still the initiators of educational behavior, and need to better understand educational psychology, and combine with teaching practice, adjust and apply it to promote the reform goal.

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THE DEVELOPMENT STATUS AND INNOVATIVE IDEAS OF SOCIAL PSYCHOLOGY AND COMMUNITY FAMILY EDUCATION

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