Mucositis represents a potential risc for astronauts on extended space flights*

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Radiation-induced mucositis is a severe complication of heavy ion radiotherapy [1] and may also represent a health risk during extended space flights [2].

To evaluate the risk of developing a radiation-induced mucositis through highly energetic heavy ions in space, a three-dimensional organotypic oral mucosa model of immortalized human keratinocytes and fibroblasts was irradiated with ¹²C particles (150 MeV/u) at the SIS accelerator at GSI. The focus of this study was on immediate and early effects after irradiation, where NFkB activation and increased expression of the cytokines are precursors of oral mucositis. 3D cultures were irradiated with 2 or 4 Gy and NFkB activation as well as IL6/IL8 expression was analyzed 4, 8, 24 and 48 h after treatment. In order to study NFkB activation NFkB p50 was immunofluorescence stained in cryosections of irradiated 3D cultures. This revealed a translocation of NFkB p50 from the cytoplasm to the nucleus after irradiation. The nuclear NFkB p50 signal was quantified and normalized against the nuclear DAPI signal. The relative change of the NFkB p50 amount in the nucleus upon irradiation is shown in Figure 1. In cultures exposed to 2 Gy ¹²C heavy ions we observed a translocation of the transcription factor to the nucleus 24 h and 48 h after treatment. 4 Gy of ¹²C irradiation caused a nuclear increase of NFkB p50 already after 4 h; this localization could still be seen after 8 h, 24 h and 48 h.



Figure 1: The percentage change of the NF κ B p50 amount in cell nuclei upon 12 C irradiation. Cryosections of 3D cultures were immunofluorescence stained against NF κ B p50. Only nuclear NF κ B p50 stained areas were related to whole DAPI stained areas (n=4, mean \pm sd;

*p < 0.02 with reference to not irradiated cultures).

The pro-inflammatory cytokines IL6 and IL8 were analyzed in the culture's supernatants in four independent experiments (Figure 2). In general, a tendency of dosedependent increase of IL6 and IL8 could be detected for up to 24 h after irradiation. 48 h after irradiation the IL6 and IL8 level was back to the initial value.



Figure 2: ELISA analyzes of cytokines IL6 and IL8 from supernatants of organotypic cultures. The relative increase compared to the control level (untreated) in IL6 or IL8 is shown. (n=4, mean \pm sd)

Taken together, inflammatory responses as a sign of the initiation stage of oral mucositis could be detected in organotypic mucosa models exposed to highly energetic carbon ions. This suggests that mucositis indeed poses a risk for astronauts on extended space flights.

References

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