

# 1           **Solar signal propagation: the role of gravity waves and stratospheric sudden warmings**

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## 5           **Abstract**

6           We use a troposphere-stratosphere model of intermediate complexity to study the atmospheric  
7           response to an idealized solar forcing in the subtropical upper stratosphere during Northern  
8           Hemisphere (NH) early winter. We investigate two conditions that could influence the poleward and  
9           downward propagation of the response: 1) the representation of gravity wave effects, and 2) the  
10          presence/absence of Stratospheric Sudden Warmings (SSWs). We also investigate how the  
11          perturbation influences the timing and frequency of SSWs. Differences in the poleward and  
12          downward propagation of the response within the stratosphere are found depending on whether  
13          Rayleigh friction (RF) or a gravity wave scheme (GWS) is used to represent gravity wave effects.  
14          These are likely related to differences in planetary wave activity in the GWS and RF versions, as  
15          planetary wave redistribution plays an important role in the downward and poleward propagation of  
16          stratospheric signals. There is also remarkable sensitivity in the tropospheric response to the  
17          representation of the gravity wave effects. It is most realistic for GWS. Further, tropospheric  
18          responses are systematically different dependent on the absence/presence of SSWs. When only  
19          years with SSWs are examined, the tropospheric signal appears to have descended from the  
20          stratosphere, while the signal in the troposphere appears disconnected from the stratosphere when  
21          years with SSWs are excluded. Different troposphere-stratosphere coupling mechanisms therefore  
22          appear to be dominant for years with and without SSWs. The forcing does not affect the timing of

23 SSWs, but does result in a higher occurrence frequency throughout NH winter. Quasi-Biennial  
24 Oscillation effects were not included.

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26

## 27 **1. Introduction**

28 Variations in solar ultraviolet (UV) irradiance that take place over the 11-year solar cycle are known  
29 to affect the upper stratosphere, where UV absorption by ozone takes place [Hood et al., 1993;  
30 Haigh, 1994, 1996; Gray et al., 2010]. Increased UV irradiance at solar maximum produces not only  
31 extra absorption directly, but also enhances the ozone concentration, making the equatorial upper  
32 stratosphere 1.5-2.5 K warmer compared to solar minimum [Hood, 2004; Crooks and Gray, 2005;  
33 Frame and Gray, 2010]. An even larger temperature signal associated with the 11-year solar cycle  
34 has been observed in the high latitude regions of the lower stratosphere, which is particularly strong  
35 during winter [Labitzke and Van Loon, 1988; Gray et al., 2004; Lu et al., 2009]. However, direct  
36 effects of changes in solar irradiance appear to be too small to cause these high latitude signals  
37 [Hood, 2004; Gray et al., 2009]. It has therefore been proposed that the solar UV forcing originating  
38 in the upper equatorial stratosphere may propagate dynamically poleward and downward during  
39 winter [Kodera and Kuroda, 2002; Matthes et al., 2004, 2006].

40 Kodera and Kuroda [2002] proposed a propagation mechanism involving the redistribution of  
41 planetary wave forcing during Northern Hemisphere (NH) winter. They suggested that a region of  
42 anomalously strong westerlies in the subtropical upper stratosphere/lower mesosphere during solar  
43 maximum, in thermal wind balance with an enhanced pole-to-equator temperature gradient in the  
44 upper stratosphere due to enhanced equatorial heating, may deflect planetary waves poleward. The  
45 redistribution of planetary wave forcing towards higher latitudes further strengthens the polar  
46 vortex in the subtropics, so that the zonal wind there becomes even more westerly. As the area of

47 anomalous westerly winds expands, this causes a further deflection of planetary waves, and so on,  
48 so that the westerly anomaly gradually moves poleward and downward.

49 This mechanism was demonstrated in a simple idealized modelling study by Gray et al. [2004], who  
50 imposed a small easterly anomaly in the subtropical upper stratosphere in early winter,  
51 representative of solar minimum. This resulted in a consistently more disturbed winter with a  
52 weaker vortex and earlier sudden warming events compared to their unforced integrations. Matthes  
53 et al. [2004, 2006] successfully reproduced this same behaviour in the NH winter using a more  
54 realistic full general circulation model, the Freie Universität Berlin Climate Middle Atmosphere  
55 Model (FUB-CMAM), and obtained a pattern of poleward and downward propagation of zonal wind  
56 anomalies, similar to observations. However, their modelled signal was much weaker than the  
57 observed signals. Also other studies with full chemistry-climate models and realistic solar forcing  
58 typically find signals that are weaker than seen in observations or at least at the lower end of  
59 observed ranges of peak responses [e.g. Marsh et al., 2007; Austin et al., 2008]. Matthes et al. [2004]  
60 argued that this could be due to the low variability produced by their model, as the amplitude of the  
61 response to solar forcing may be related to the amplitude of inter-annual variability [see also Kodera  
62 et al., 2003]. Kodera et al. [2003] further noted that the lower mesosphere subtropical jet was not  
63 very well reproduced in these simulations, which they suggested may be due to the use of Rayleigh  
64 friction as a crude parameterization of gravity wave forcings in the FUB-CMAM.

65 Rayleigh friction has long been the traditional approach to account for gravity wave effects, but is a  
66 rather crude method. It simply assumes that a drag must be present that is proportional to the  
67 ambient wind speed, with a height-dependent proportionality factor that is tuned such that a  
68 realistic climatology is obtained. It has several drawbacks. Firstly, it is usually applied uniformly in  
69 time, latitude and longitude, while real gravity wave sources and breaking events are likely to vary  
70 with location and be intermittent [Fritts and Alexander, 2003]. Secondly, it assumes that wave  
71 breaking always results in a drag on the mean wind, while in reality it may also accelerate winds in

72 some cases, depending on the wave characteristics and background wind itself. Thirdly, Rayleigh  
73 friction does also not conserve momentum [Shepherd et al., 1996; Shepherd and Shaw, 2004].

74 A more sophisticated way to account for gravity wave effects that relieves some of these problems is  
75 by means of a gravity wave parameterization that incorporates some representation of the wave  
76 breaking process. This then determines where and when the waves break, and whether they  
77 strengthen or weaken the winds as they do so, depending on the wave characteristics and  
78 background winds. The first of such parameterizations were already formulated by Lindzen [1981]  
79 and Dunkerton [1982], and since then have proven their value in many modelling studies [Fritts and  
80 Alexander, 2003]. It has been shown recently that the use of a gravity wave parameterization, as  
81 opposed to Rayleigh friction, can influence the modelled atmospheric response to a CO<sub>2</sub> forcing  
82 [Sigmond et al., 2008; Cnossen et al., 2009; Sigmond and Scinocca, 2010].

83 There is some evidence that this may be the case for solar forcings as well. Shibata and Kodera  
84 [2005] compared the results obtained with a traditional Rayleigh friction approach in their model to  
85 those obtained with the parameterization described by Hines [1997]. They found that the Hines  
86 parameterization produced a more realistic semi-annual oscillation (SAO). Differences in the  
87 response to solar forcing between the Rayleigh friction and gravity wave scheme versions of their  
88 model were therefore interpreted as being due to the absence/presence of the SAO. Further,  
89 McCormack et al. [2007] showed that a reduction in Rayleigh friction strength resulted in a more  
90 robust solar cycle modulation of the quasi-biennial oscillation (QBO), due to a larger solar cycle  
91 variation in model dynamics near the stratopause. These studies thus indicate that the  
92 representation of gravity wave effects can have consequences for the atmospheric response to solar  
93 forcing.

94 The first objective of this study is to investigate such influences in more detail. We do this in an  
95 extension of the study of Gray et al. [2004], using a similar zonal wind forcing in the subtropical  
96 upper stratosphere. We use the Reading Intermediate General Circulation Model (IGCM3), which

97 includes the troposphere, so that we can follow the response further down in the atmosphere and  
98 also assess tropospheric signals. In addition, our model integrations include a seasonal cycle, while  
99 Gray et al. [2004] modelled perpetual January conditions. The focus of our analysis will be on the  
100 poleward and downward propagation of the response in the Northern Hemisphere (NH), and we  
101 investigate how this propagation is affected by the representation of gravity wave effects in the  
102 model.

103 Our study also builds on the work of Haigh et al. [2005] and Simpson et al. [2009] who investigated  
104 the tropospheric response to temperature forcings in the lower stratosphere. They used a simplified  
105 version of the model we use, with a lower top (at ~18.5 hPa compared to 0.1 hPa in our model) and  
106 no orography, and hence very weak planetary wave activity. They could therefore not study the  
107 downward propagation of the response to (an idealized) solar forcing from the upper stratosphere,  
108 where the solar UV and stratospheric ozone interaction takes place, to the lower stratosphere. We  
109 take their work a step further, by prescribing a forcing in the upper subtropical stratosphere. This  
110 allows us to study the downward and poleward propagation of the responses within the  
111 stratosphere as well as the responses in the troposphere. We stress that we purely focus on  
112 dynamical propagation mechanisms, as do Haigh et al. [2005], Simpson et al. [2009] and Gray et al.  
113 [2004]. As a second, but related point of interest, we examine the role of Stratospheric Sudden  
114 Warming (SSW) events in the response that is produced. SSWs occur in response to strong planetary  
115 wave forcings, which can cause a temporary breakdown of the winter polar vortex, with zonal winds  
116 reversing to easterlies and a corresponding warming as a result. As planetary waves are also thought  
117 to be involved in solar signal propagation, linkages between the occurrence of SSW events and the  
118 poleward and downward transport of solar signals may be expected. Indeed, the modelling study by  
119 Gray et al. [2004] already showed that a subtropical forcing in the upper stratosphere affects both  
120 the timing and frequency of SSWs. Here we re-examine their results with a different model,  
121 including seasonality and the option to use a gravity wave scheme. We also look at the link between

122 SSWs and solar forcing from another angle, by studying the effects of the absence/presence of SSWs  
123 on the responses obtained.

124 Both the sensitivities to gravity wave forcing and SSW occurrence that we find in the responses are  
125 used as a tool to gain insights in the dynamical mechanisms that are responsible for the poleward  
126 and downward propagation of the signal within the stratosphere, and for the communication of the  
127 signal from the stratosphere into the troposphere. In addition, by quantifying the sensitivity of the  
128 modelled responses to gravity wave effects and SSWs, we gain a better understanding of the  
129 importance of modelling these aspects of the stratospheric climate correctly. This helps to  
130 understand better why modelling studies so far have been unable to reproduce observed solar  
131 signals with the correct strength and timing, and informs future modelling studies that attempt a  
132 realistic simulation of solar cycle forcing.

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134

## 135 **2. IGCM3 description and experimental setup**

### 136 2.1 IGCM3 description

137 The Reading Intermediate Global Circulation Model 3 (IGCM3) used in our experiments is a general  
138 circulation model based on the spectral dynamical core of Hoskins and Simmons [1975]. It accounts  
139 for a range of physical processes via parameterization schemes, as described in Forster et al. [2000].  
140 These include a fast radiation scheme based on Morcrette [1990, 1991], a convection scheme based  
141 on Betts [1986], a boundary layer scheme based on Louis [1986], and a slab ocean and land surface  
142 scheme. In this sense, the IGCM3 is a general circulation model of intermediate complexity, bridging  
143 the gap between simple dynamical models and full state-of-the-art GCMs.

144 The model has been used extensively in radiative forcing studies [Forster et al., 2000, Joshi and  
145 Shine, 2003, Shine et al., 2003]. More recently, improvements to the model were made for the  
146 investigation of stratospheric processes and their effect on climate, in particular by providing a  
147 realistic simulation of the stratospheric mean state and variability [Bell et al., 2009]. The dynamical  
148 core of the model is the same as that of the model used by Haigh et al. [2005] and Simpson et al.  
149 [2009] for studying solar effects.

150 For this study, a T42 horizontal resolution (triangular truncation at wavenumber 42) was used with  
151 38 vertical levels from 1000 to 0.1 hPa (16 levels in the troposphere, 19 levels in the stratosphere,  
152 and 3 levels above 1 hPa). Also, a gravity wave scheme was implemented, used for some of the  
153 simulations. The gravity wave scheme is based on Lindzen [1981] and Holton [1982], as described by  
154 Barnes [1990] and Joshi et al. [1995], and conserves momentum. It includes both orographic and  
155 non-orographic waves.

156 The orographic waves are assumed to be stationary (phase speed = 0 m/s) and have an amplitude  
157 based on the sub-grid scale standard deviation of the topography, with a minimum value of 100 m,  
158 and the zonal wind speed at the surface. The mean orography from the US Naval 1/6th degree  
159 resolution dataset is used. A minimum value of 100 m was set to parameterize roughly residual  
160 breaking in the uppermost layers of the model of waves from slowly moving features (including over  
161 oceans). Two types of non-orographic waves, with phase speeds equal to the zonal wind speed at  
162 ~500 hPa +20 m/s and -20 m/s, respectively, and a fixed amplitude (a tuneable parameter) are  
163 included. This is a simplified representation of non-orographic gravity waves compared to the much  
164 larger spectrum of waves that is often included in full climate models extending up to the  
165 mesosphere (e.g. Garcia et al., 2007). These spectra sometimes have a latitudinal and seasonal  
166 dependence as well, while our two waves are distributed homogeneously in space and time,  
167 although some temporal and spatial dependence in phase speed is caused through variations in  
168 zonal wind speed at 500 hPa. Our simplified approach is justified for the following reasons. Firstly,

169 our model does not extend into the mesosphere, so that there is little gain in including waves with  
170 large phase speeds that would propagate through the stratosphere (and not break within the model  
171 domain). Secondly, Barnes (1990) notes that the overall impact of a relatively broad spectrum of  
172 waves on the zonal flow, even compared to just a single orographic mode, is not very large. And  
173 finally, the “true” spectrum of gravity waves, and their seasonal and latitudinal variation, remains  
174 not well known (e.g. Fritts and Alexander, 2003). Including more waves, with or without a  
175 latitudinally and seasonally varying source, would thus not necessarily make our simulations more  
176 realistic.

177

## 178 2.2 Experimental setup

179 Two control simulations were performed: one that used Rayleigh friction alone to account for gravity  
180 wave forcing, and another one that used the gravity wave parameterization. These will be referred  
181 to as RF-C and GWS-C, respectively. When only Rayleigh friction was used, this was employed over  
182 the top six model levels ( $\sim 0.1$ -3 hPa) with a time scale of 18 days at the lowest level, reducing to a  
183 time scale of 3 days at the top level, over which winds were relaxed toward zero. The overall  
184 strength of the Rayleigh friction was chosen such that the zonal mean temperature and zonal wind  
185 climatologies for RF-C matched as closely as possible observed climatologies and the climatologies  
186 obtained with GWS-C. This excludes as much as possible the effects of different background  
187 climatologies on the response to the forcing. When the gravity wave scheme was used, a weak  
188 Rayleigh friction was still retained at the top four model levels ( $\sim 0.1$ -1 hPa) with a time scale of 19  
189 days at the lowest level reducing to 4.7 days at the top level, to avoid spurious wave reflections from  
190 the model top. The Rayleigh friction timescales for the RF and GWS simulations are shown in figure  
191 1.

192

[[insert Figure 1 here]]



193 Two perturbed simulations were also performed and will be referred to as RF-P and GWS-P. The  
194 perturbation consisted of a relaxation of the zonal winds in the subtropical upper stratosphere over  
195 the top five model levels ( $\sim 0.1\text{-}2$  hPa), using a method similar to Rayleigh friction, but relaxing  
196 towards  $-20$  m/s. The forcing was applied at a central latitude of  $12.5^\circ$  over a width of  $17.5^\circ$ , with a  
197 sinusoidal drop-off with latitude away from the central latitude, similar to that used by Gray et al.  
198 [2004]. The forcing was only switched on for the duration of 1 month (30 days) in April for the  
199 Southern Hemisphere (SH) and October for the Northern Hemisphere (NH), with a 10-day linear  
200 ramp up and down in the months before and after to make them smooth in time. These temporary  
201 forcings in early winter were chosen because forcing the model throughout the entire winter could  
202 make it difficult to separate forcing from response, and because the stratosphere appears to be  
203 particularly sensitive to solar perturbations originating from the subtropical upper stratosphere  
204 during early winter [Gray et al., 2001; Matthes et al., 2004]. All simulations were run for 50 years  
205 (18000 model days, with each month 30 days long for simplicity), in order to differentiate internal  
206 model variability from the true dynamic response to the applied perturbations.

207 We did not force the model directly by changing the incoming irradiance and ozone concentration (a  
208 seasonally varying ozone climatology based on Li and Shine [1995] was used in both control and  
209 perturbed simulations). However, by forcing the zonal winds, a corresponding temperature  
210 response in the forcing region is induced via thermal wind balance. The easterly forcing we apply  
211 acts to reduce the meridional temperature gradient, resulting in a cooling cell over the equator and  
212 a corresponding warming cell at higher latitudes. The structure of the forcing at 1-10 hPa is similar to  
213 observed solar signals in October-November [e.g. Frame and Gray, 2010]. For simplicity and to aid a  
214 straightforward explanation of the results, we assume the forced runs to represent solar minimum,  
215 and the control runs to represent solar maximum. This approach has also been followed by other  
216 studies investigating solar forcing effects, e.g. Gray et al. [2004]. The forcing we use results initially in  
217 a larger zonal wind anomaly than is observed to be associated with the solar cycle: the model gives a  
218 maximum zonal wind signal of  $19$  m/s during October, compared to  $14$  m/s in observations [Frame

219 and Gray, 2010]. However, this is justified, as our aim is not to reproduce solar signals exactly, but  
220 rather to investigate the relevant propagation mechanisms, and the influences of gravity wave  
221 effects and SSWs on the signal propagation.

222

223

### 224 **3. Results**

#### 225 3.1 Control simulations

226 Figure 2 shows the October-November-December (OND) zonal mean temperature and zonal wind  
227 climatologies, together with their standard deviation (shaded), for the GWS-C (left) and RF-C  
228 (middle) simulations. The difference between the climatologies is also shown (right), with the  
229 shading now indicating statistical significance. The climatologies for the two simulations are very  
230 similar (which they were designed to be), and capture the main features of the observed zonal mean  
231 temperature and wind structures. There are statistically significant differences between the  
232 simulations, mainly in the stratosphere, but these differences are relatively small, and in particular  
233 the zonal wind in the NH polar vortex matches to a high degree.

234 

235 The GWS-C simulation gives slightly stronger inter-annual variability, with standard deviations in  
236 temperature and zonal wind peaking at 3 K and 7 m/s, respectively, compared to 2.5 K and 5 m/s for  
237 RF-C. The distributions of SSW events for the two simulations were determined based on the criteria  
238 given in Charlton and Polvani [2007] and are shown in figure 3. They differ substantially, with the  
239 peak of the SSW distribution occurring 1-2 months earlier for RF-C than for GWS-C. The SSW  
240 distribution for GWS-C is in much better agreement with the observed distribution as reported by  
241 Charlton and Polvani [2007], in particular for December and January. Note that the higher standard

242 deviations found for GWS-C are not directly related to a higher occurrence frequency of SSW events.  
243 Rather, the higher standard deviations for GWS-C may be related to a higher total wave activity in  
244 that simulation, as expressed by EP fluxes and EP flux divergence. The EP fluxes and EP flux  
245 divergence for the GWS-C simulation are approximately 25% larger in the NH upper stratosphere in  
246 OND than for RF-C.

247 

248 Both model simulations are lacking a Quasi-Biennial Oscillation (QBO) and a realistic semi-annual  
249 oscillation (SAO). The zonal wind at 30-50 hPa in the equatorial regions, where the QBO is normally  
250 defined, is permanently easterly. The model does produce an SAO-like oscillation, but this is biased  
251 towards easterlies, so that the oscillation is between very weak easterlies at the equinoxes (0 m/s  
252 for RF; 0 to -6 m/s for GWS) and stronger easterlies during the solstices (-8 m/s for RF; -12 to -14 m/s  
253 for GWS) rather than between easterlies and westerlies, as in observations.

254

### 255 3.2 Perturbed-control differences

256 Figure 4 shows sequences of differences between the perturbed and control integrations for GWS in  
257 zonal mean temperature (left) and zonal wind (right) for 10-day intervals from the start of November  
258 to the start of December. The temperature signal clearly moves poleward and downward from Nov  
259 1-10 to Nov 21-30, until it nearly vanishes in Dec 1-10. The zonal wind signal propagates in  
260 conjunction with the temperature signal, and there is also a response present in the troposphere  
261 throughout November, consisting of a strengthening of zonal winds at 40°N and a weakening at  
262 60°N. This roughly maps on to the Northern Annular Mode (NAM; Thompson and Wallace, 1998),  
263 although we note that the modelled zonal wind response to our forcing is shifted ~5° northward  
264 compared to the NAM dipole pattern observed in observational data, and that also the modelled  
265 tropospheric jet is located up to 5° further north than the observed jet.

266

[[insert Figure 4 here]]

267 The poleward and downward movement of the temperature and zonal wind responses in the  
268 stratosphere is dynamically consistent with the differences in EP flux and EP flux divergence, as  
269 shown in the left-hand panels of figure 5. The right-hand panels of figure 5 show the transformed  
270 Eulerian-mean [TEM; Andrews and McIntyre, 1976; Andrews et al., 1987] residual circulation, which  
271 is a measure of the large scale meridional circulation that is induced by wave forcing, i.e. the Brewer-  
272 Dobson (BD) circulation in the stratosphere.

273

[[insert Figure 5 here]]

274 In Nov 1-10 there is enhanced EP flux into the equator-ward flank of the polar vortex, and enhanced  
275 EP flux convergence (near 40°N, 1 hPa). This signifies an increase of the wave forcing on the mean  
276 flow, which acts to reduce the strength of the polar vortex. The enhanced wave forcing strengthens  
277 the BD circulation in the area below, with a corresponding weakening in the region above the  
278 enhanced wave forcing, effectively moving the circulation downwards. During Nov 11-20 and Nov  
279 21-30, the upward EP flux into the polar vortex is further enhanced, while the centre of the activity  
280 moves poleward. As a result the polar vortex is gradually being weakened from the outside equator-  
281 ward flank to its inner core. The pair of positive and negative anomalies in the BD circulation also  
282 moves poleward (from ~15°N in Nov 1-10 to ~60°N in Nov 21-30), although the negative anomaly is  
283 no longer significant by Nov 21-30. In Dec 1-10 the system is recovering, but slightly overshooting, as  
284 the EP flux is now reduced and EP flux divergence is enhanced compared to the control run. The  
285 relatively weaker planetary wave forcing allows the polar vortex to strengthen again and weakens  
286 the high latitude branch of the BD circulation. After Dec 1-10 (not shown), there is very little  
287 significant signal remaining, indicating that the system has largely returned to its equilibrium state.  
288 This is in agreement with the observations of Lu et al. [2009] that the NH signals in the polar  
289 stratosphere have a life span of ~30-50 days, which is approximately the thermal relaxation  
290 timescale in the lower stratosphere [Newman and Rosenfield, 1997].

291 The responses obtained from the RF simulations are of similar strength and show similar spatial  
292 patterns in the stratosphere, but there are some differences in the timing of their poleward and  
293 downward propagation. The RF response moves noticeably quicker towards the pole, reaching the  
294 pole ~10 days earlier than the GWS response, with most of the downward propagation occurring  
295 after that time.

296 In the troposphere, significant responses in the zonal wind are detected, which are substantially  
297 different for RF and GWS, as shown in figure 6. There is relatively little movement of the  
298 tropospheric signal over time, and it is most significant for November. Therefore only an average  
299 response for November is shown. The zonal wind response for GWS consists of a weakening of the  
300 zonal flow at 10-20°N at 100-200 hPa, a strengthening throughout the depth of the troposphere  
301 centred at 40°N, and a weakening around 60°N at 250-500 hPa. This means that the core of the jet is  
302 strengthened (see figure 2 for the jet position in the control simulations). The RF zonal wind signal  
303 consists instead of a weakening from 15-20°N to 30-35°N through the depth of the troposphere and  
304 a slight strengthening around 50°N. This represents a poleward movement of the tropospheric jet. In  
305 both cases, the tropospheric responses do not appear to have directly descended from the  
306 stratosphere. They remain roughly in place throughout November-December, regardless of the  
307 temporal evolution of the stratospheric responses. At certain times they are therefore opposite in  
308 sign to the stratospheric responses.

309 [[insert figure 6 here]]

310

### 311 3.3 Effects on timing and frequency distribution of SSWs

312 Because the GWS-C simulation produced an SSW distribution that is in better agreement with  
313 observations than the RF-C simulation, the following sections will make use of the GWS results only.

314 Figure 7 compares the SSW distributions for the forced and control simulations. The overall shape of

315 the SSW distribution remains the same, but the forced run shows a consistent increase in SSWs  
316 throughout winter compared to the control runs. This is in agreement with the finding by Gray et al.  
317 [2004] that the rest of the NH winter becomes more disturbed as a result of an easterly forcing in  
318 early winter in the subtropical upper stratosphere. However, a change in the timing of SSWs, as  
319 found by Gray et al. [2004], can not clearly be seen in our results.

320 [[insert figure 7 here]]

321

### 322 3.4 SSW effects on the responses

323 To investigate the influence of SSWs on the tropospheric responses to the forcing, we separated the  
324 data for the forced and control GWS simulations in years with and without SSWs during OND. For  
325 both simulations, 12 years with SSWs and 38 years without SSWs were identified (this included three  
326 years with an October SSW for GWS-C, which were not shown in figure 7). As noted previously, the  
327 zonal wind response in the troposphere resembles a NAM-like pattern. Therefore a NAM-like index  
328 was calculated to show the difference in the temporal evolution of the signal between the non-SSW  
329 and SSW datasets. This index was calculated by subtracting the area-weighted average of the  
330 geopotential height for 40-60°N from the area-weighted average for 60-90°N. These latitude bands  
331 were chosen specifically to capture the responses most clearly. The geopotential height difference  
332 was then normalized by subtracting the mean climatology for the control and perturbed datasets,  
333 and dividing the result by the standard deviation of the combined datasets. Positive values  
334 correspond to a positive NAM phase and negative values to a negative NAM, although our index is  
335 not directly comparable to the NAM due to the different latitude bands used. Figure 8 shows  
336 pressure-time sections of the response in the normalized geopotential height difference between  
337 60-90°N and 40-60°N for the datasets with and without SSWs.

338 For years with SSWs, stronger poleward propagation of the response to the forcing takes place in the  
339 stratosphere, so that the positive response in the stratospheric geopotential height difference  
340 occurs earlier and is stronger as well. However, the overall propagation pattern of a positive signal  
341 following a negative signal is similar for years with and without SSWs in the stratosphere. In  
342 contrast, in the troposphere we find a negative signal around Nov 10 that appears to have  
343 descended from the stratosphere for years with SSWs, while we find a signal of the opposite sign  
344 around the same time, and in fact throughout the whole time interval presented, when years with  
345 SSWs are excluded. The non-SSW tropospheric response does not appear directly connected to the  
346 stratospheric response. When the entire dataset (SSW + non-SSW years) is processed, the signal  
347 around Nov 10 is weaker, while the signal around Nov 20 is stronger. The signals from the two  
348 conditions thus act to cancel each other out partly around Nov 10, while they add up around Nov 20.

349 [[insert figure 8 here]]

350

351

## 352 **4. Discussion**

### 353 4.1 Influences of gravity wave effects on solar signal propagation

354 Previous modelling studies have demonstrated that the representation of the stratosphere in a  
355 general circulation model can influence the troposphere [e.g. Boville, 1984; Song and Robinson,  
356 2004; Sigmond et al., 2008]. Here we build on those findings and show a specific influence of the  
357 representation of gravity wave effects on the downward and poleward propagation of an idealized  
358 solar forcing in the upper stratosphere. Differences between the GWS and RF simulations occur in  
359 terms of the timing and extent of poleward and downward propagation of the responses in the  
360 stratosphere, and also in general in the responses in the troposphere, even though the differences  
361 between the RF and GWS simulations in terms of forcing and gravity wave representation are in the

362 (upper) stratosphere. The influences we find in the lower stratosphere and troposphere are thus  
363 indirect.

364 The tropospheric zonal wind response for GWS is to some extent in agreement with observations by  
365 Haigh et al. [2005], who found that the tropospheric jets are weaker and shift polewards for higher  
366 solar activity. The GWS results did not show the change in jet position, but did show a change in  
367 strength in the same sense, bearing in mind that our results are presented as solar minimum-  
368 maximum conditions. The RF results on the other hand showed mostly a change in jet position, but it  
369 moved poleward for solar minimum conditions compared to solar maximum, i.e. in the opposite  
370 sense to the observations by Haigh et al. [2005]. For both RF and GWS the strength of the  
371 tropospheric zonal wind signal is comparable to the strength of the observed anomalies reported by  
372 Haigh et al., [2005]. The GWS pattern of a strengthening of the jet at 40°N with a weakening on  
373 either side also matches the general pattern of the zonal wind signal observed by Frame and Gray  
374 [2010], although their pattern is centred at 30-35°N, while the RF pattern does not. The GWS  
375 simulations thus give a more realistic tropospheric response, in better agreement with observations.

376 Sigmond and Scinocca [2010] found that the sensitivity of the doubled CO<sub>2</sub> response to  
377 parameterized orographic gravity wave drag [Sigmond et al., 2008] was largely due to differences in  
378 the control climatologies. In our case, the differences in response to an idealized solar forcing do not  
379 seem to be related to such differences, as the control climatologies were designed to be similar. We  
380 can also exclude the possibility that the differences are related to different distributions of SSW  
381 events (which were shown to differ more substantially), as excluding years with SSW events in OND  
382 did not result in better agreement between the RF and GWS responses in OND (results not shown).  
383 Shibata and Kodera [2005] interpreted the differences in response they found between their model  
384 versions with Rayleigh friction and the Hines parameterization scheme in terms of the  
385 absence/presence of an SAO. In our simulations however, we do not get a realistic SAO in either the



386 RF or GWS simulations. Therefore, while the SAO may have an influence in reality, it is not the  
387 reason for the differences we find in our results. We will now explore two alternative explanations.

388 Firstly, it may be possible that the gravity wave forcing itself played a role in the propagation and  
389 maintenance of the signal, by redistributing gravity wave momentum deposition, similar to how  
390 planetary waves are thought to play a role in signal propagation by redistributing their momentum  
391 deposition. We therefore examined the difference in gravity wave-induced accelerations between  
392 the forced and control GWS runs, which revealed that these always acted to reduce the zonal wind  
393 responses found (results not shown). So rather than amplifying the response, the direct effects of  
394 changes in gravity wave momentum deposition acted to diminish the response, and we can  
395 eliminate this possibility.

396 A second pathway for gravity wave effects to influence the response to our forcing is through  
397 indirect effects on planetary waves. As noted, the EP fluxes and EP flux divergence were about 25%  
398 larger in the NH upper stratosphere during OND for GWS-C compared to RF-C. This is consistent with  
399 the finding by McLandress and McFarlane [1993] that longitudinal variations in gravity wave drag  
400 (which would be missing in a Rayleigh friction approach) can enhance planetary wave amplitudes  
401 and EP flux divergence. Considering the mechanism proposed by Kodera and Kuroda [2002], this  
402 could explain why the stratospheric responses propagate differently for the GWS and RF versions of  
403 the model, although the detail of the differences is not straightforward to explain.

404 The stronger planetary wave activity may also be responsible for the slightly stronger inter-annual  
405 variability found for GWS. However, this small enhancement in inter-annual variability is not  
406 sufficient to determine whether a lack of inter-annual variability is responsible for a too weak  
407 response to solar forcing, as suggested by Matthes et al. [2004] and Kodera et al. [2003]. In terms of  
408 strength, the responses obtained with the RF and GWS versions of the model are very similar.

409 In conclusion, our results indicate that it is important to model the planetary wave activity correctly,  
410 and as gravity wave effects can modify this activity substantially, a more realistic representation of  
411 gravity wave effects seems to be necessary to achieve this. The use of a gravity wave scheme does  
412 not only affect stratospheric responses, but also the responses in the troposphere, which become  
413 more realistic when the gravity wave scheme is used. We note that our model simulations, despite  
414 making use of a gravity wave scheme, still do not necessarily provide a realistic description of gravity  
415 wave effects, as strong assumptions were made on the characteristics of the waves. However, more  
416 information on the global distribution of gravity wave effects is becoming available now [e.g.  
417 Alexander et al., 2008] and future studies that attempt to realistically model the response to solar  
418 forcing should take advantage of this.

419

#### 420 4.2 Influences of SSW events on solar signals

421 Separating our data into years with and without SSW events in OND showed that responses are  
422 substantially different under both conditions. Years with SSWs are highly disturbed, and typically  
423 have a strong planetary wave forcing in the high latitude upper stratosphere, causing the polar  
424 vortex to break down. Again, considering the Kodera and Kuroda [2002] mechanism of solar signal  
425 propagation, we would expect poleward and downward propagation to be enhanced under such  
426 conditions, and that is indeed what we observe. During years with SSWs a negative stratospheric  
427 signal appears to descend down into the troposphere directly, becoming strongest there around Nov  
428 10. This is followed by a positive stratospheric response, which also appears to descend down,  
429 although the tropospheric response, while positive also, is not significant. In contrast, when years  
430 with SSWs are excluded, the tropospheric signals are positive throughout and do not change in  
431 conjunction with the time-varying changes in the stratosphere. The tropospheric signals appear  
432 therefore more disconnected from the stratospheric signals in this case.

433 This does not mean that there is no connection between the phase of the NAM in the troposphere  
434 and stratosphere when no SSWs are present, but suggests that different types of troposphere-  
435 stratosphere coupling are dominant for disturbed (with SSWs) and quiet (no SSWs) conditions. The  
436 mechanism responsible for the non-SSW signals is unlikely to be a direct tropospheric extension of  
437 the mechanism responsible for the poleward and downward propagation of the stratospheric  
438 signals. In other words, those tropospheric signals do not appear to be due to a change in planetary  
439 wave forcing, and an associated change in a mean meridional circulation, extending from the  
440 stratosphere into the troposphere, as this should have resulted in signals of the same sign in both  
441 the stratosphere and troposphere. We therefore discuss two alternative coupling mechanisms.

442 The first mechanism involves changes in the tropospheric mean meridional circulation, forced by  
443 changes in eddy momentum fluxes associated with synoptic waves within the troposphere [Simpson  
444 et al., 2009]. The changes in eddy momentum fluxes are brought about by changes in temperature  
445 gradients and zonal wind accelerations at the tropopause, in response to changes in the lower  
446 stratospheric temperature structure and flow. Simpson et al. [2009] demonstrated the above  
447 mechanism by modelling the effect of an altered latitudinal temperature structure in the lower  
448 stratosphere on the troposphere. They showed that the response slowly develops in the upper  
449 troposphere, over about 10 days, and gradually spreads to the lower troposphere, with the main  
450 response structure established after about 20 days.

451 In our results we do not see a clear downward movement of the signal from the upper troposphere  
452 into the lower troposphere over time, even though our model is a more advanced version of the  
453 model used by Simpson et al. [2009]. Also, in our experiments the stratospheric signal does not  
454 penetrate down into the lower stratosphere when years with SSWs are excluded, while there is still  
455 a clear tropospheric response. It is therefore unlikely that the above mechanism is responsible for  
456 our tropospheric response, although it is still possible that tropospheric eddies are involved in

457 amplifying/maintaining the tropospheric response (see also Kushner and Polvani, 2004; Song and  
458 Robinson, 2004), once initiated by some other process.

459 The second mechanism involves changes in the reflection of planetary waves by the stratosphere  
460 back into the troposphere, where they are subsequently absorbed [Perlwitz and Harnik, 2003, 2004;  
461 Shaw et al., 2010]. Perlwitz and Harnik [2004] argued that this mechanism becomes more important  
462 when the polar vortex is strong, in particular the lower part of the vortex (~30 hPa), as more wave  
463 activity in that case is reflected back into the troposphere, rather than being absorbed by the  
464 stratosphere. They also found that it is important mainly on short timescales (up to 12 days).

465 This mechanism could potentially explain why we find a different tropospheric signal for years with  
466 and without SSWs. During years with SSWs, troposphere-stratosphere coupling via reflection of  
467 planetary waves would be weak, while the mechanism would be more important, resulting in  
468 stronger coupling, during years without SSWs, when the polar vortex is stronger. This is consistent  
469 with our finding that tropospheric signals of opposite sign appear or become enhanced for years  
470 without SSWs, while no significant signal, or a signal with the same sign as that in the stratosphere  
471 appears for years with SSWs.

472 Previous studies have shown that there is a strong coupling between the troposphere and  
473 stratosphere associated with SSWs [Baldwin and Dunkerton, 2001; Charlton and Polvani, 2007], but  
474 this appears to be a more direct coupling, with signals from the stratosphere apparently descending  
475 down into the troposphere. This is indeed what we observe in our results with SSWs, although most  
476 of the responses are not significant. This could be due to the fact that the datasets with SSWs are  
477 much shorter than the datasets without SSWs, and within the SSW datasets the SSWs also occurred  
478 at different times. This gives a noisier dataset and makes it harder to establish a significant response.  
479 A second possibility is that our forcing during years with SSWs could be relatively less important to  
480 the troposphere than it is during years without SSWs, due to the dominance of the SSW influence on  
481 the troposphere-stratosphere coupling in years with SSWs.

482 Finally, we note that the tropospheric responses of the SSW and non-SSW are sometimes of the  
483 opposite sign and can therefore act to cancel each other out. This could be a possible reason for  
484 difficulties in establishing a significant tropospheric signal in observational data, as both disturbed  
485 and undisturbed years are normally included.

486

#### 487 4.3 QBO influences

488 The interaction between the QBO and solar forcing is still unclear. Some studies have found that  
489 solar forcing influences the QBO [McCormack et al., 2007] or that the QBO affects solar signals  
490 [Labitzke and Van Loon, 1988; Gray et al., 2004; Labitzke et al., 2006], while others find little  
491 interaction [Austin et al., 2008]. Lu et al. [2009] and Ito et al. [2009] found that the effects of the  
492 QBO on solar signal propagation occur predominantly in late winter.

493 Our results were obtained with permanently weak easterlies in the equatorial stratosphere, so that  
494 any interactions between solar forcing and the QBO have not been considered. However, as we  
495 focus on early winter, the absence of a QBO may not have had a large effect. Still, the QBO affects  
496 the distribution of planetary wave activity, which plays a key role in the poleward and downward  
497 propagation of the signal in the stratosphere. Inclusion of a realistic QBO could therefore in principle  
498 modify our results somewhat. On a background of westerly winds in the equatorial stratosphere, an  
499 easterly forcing should still have the effect of deflecting waves poleward, but the strength of the  
500 signal and the timing and extent of poleward propagation might be different.

501

502

## 503 **5. Summary and conclusions**

504 Our results broadly confirm the mechanism for solar signal propagation in the stratosphere  
505 proposed by Kodera and Kuroda [2002]. We find that, in agreement with their theory, the  
506 redistribution of planetary wave activity can strengthen an initial forced signal, and transport it  
507 polewards and downwards from the equatorial upper stratosphere. We find that the type of  
508 representation of gravity wave effects in our model influences this process, changing the timing and  
509 extent of poleward and downward signal propagation in the stratosphere. This takes place most  
510 likely through indirect effects of gravity wave-induced accelerations on planetary waves. The results  
511 obtained with the gravity wave scheme are more realistic than those obtained with Rayleigh friction,  
512 as they are in better agreement with observed solar signals, in particular in the troposphere.

513 The GWS results also produce a more realistic distribution of SSW events. The absence/presence of  
514 SSW events has an effect on the propagation of the response to our forcing, mainly in the  
515 troposphere. For years with SSWs tropospheric signals appear to descend directly from the  
516 stratosphere, while they appear more disconnected when SSW years are excluded. We suggest that  
517 this is due to different types of troposphere-stratosphere coupling being active under conditions  
518 with and without SSWs. Under quiet conditions, a signal in the troposphere of the opposite sign to  
519 that in the stratosphere may be generated through small modifications in the reflection of planetary  
520 waves back into the troposphere. Once initiated, this signal may be maintained and/or strengthened  
521 locally through changes in eddy momentum fluxes. In contrast, under disturbed conditions, when  
522 SSWs occur, the troposphere-stratosphere coupling occurs more directly, and the tropospheric  
523 response is an extension of that in the stratosphere.

524 The forcing also increases the number of SSWs, but does not influence their timing, as found by Gray  
525 et al. [2004]. We therefore confirm only part of the findings of Gray et al. [2004]. Their result that  
526 earlier SSWs occurred when an easterly forcing in the subtropical upper stratosphere was applied  
527 may have been related to the absence of a seasonal cycle in their model integrations.

528

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532

533

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680

681 **Figure captions**

682 Figure 1. Rayleigh friction timescales used for the top levels of the RF and GWS simulations.

683 Figure 2. Zonal mean temperature (top) and zonal wind (bottom) climatologies for the GWS-C  
684 simulation (left), the RF-C simulation (middle), and the difference between the GWS-C and RF-C  
685 simulations (right) for OND. For the left and middle panels the shading indicates the standard  
686 deviation. For the right panels the shading indicates statistical significance at the 95% (light shading)  
687 and 99% (dark shading) level, as determined with a T-test.

688 Figure 3. Distribution of the occurrence frequency of SSW events for the RF-C and GWS-C  
689 simulations and the observed SSW frequency from Charlton and Polvani (2007) based on the  
690 average of the NCEP and ERA-40 occurrences.

691 Figure 4. Differences in the zonal mean temperature (left) and zonal wind (right) climatologies  
692 between the GWS perturbed and control simulations for 10-day averages from Nov 1-10 to Dec 1-  
693 10. Light shading indicates 95% statistical significance, and dark shading 99% statistical significance,  
694 as determined with a T-test.

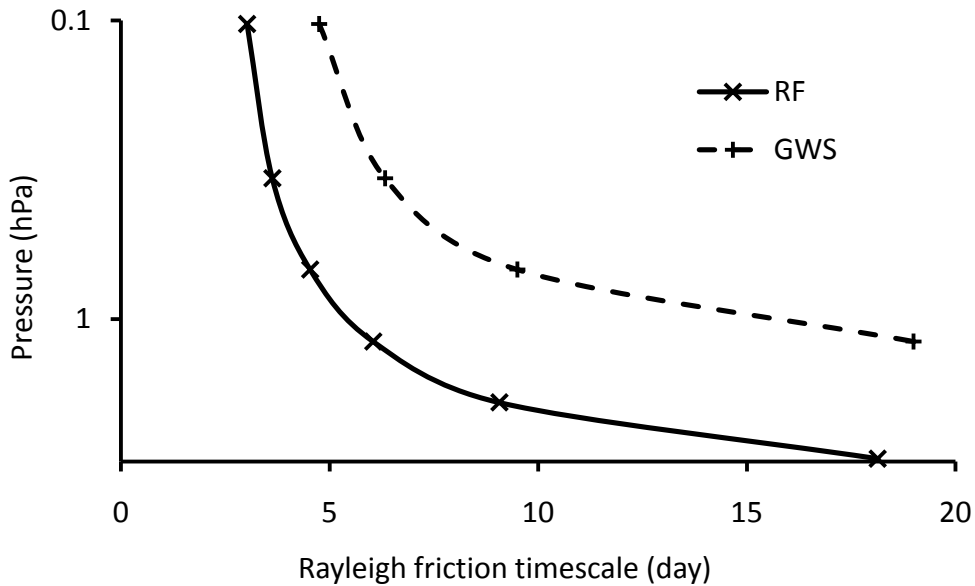
695 Figure 5. Differences in the EP flux (arrows) and EP flux divergence (contours; left), scaled according  
696 to the “acceleration” scaling defined by Gray et al. [2003], and TEM flow vectors (arrows) and  
697 residual circulation (contours; right) climatologies between the GWS perturbed and control  
698 simulations for 10-day averages from Nov 1-10 to Dec 1-10. EP flux vectors have units of  $m^2s^{-2}$ , with  
699 a metric factor applied to give reasonable arrow lengths on the plot, and the EP flux divergence has  
700 units of  $ms^{-1}day^{-1}$ . The TEM residual circulation has units of  $10^9$  kg/s and is scaled by  $1/\sigma$ , where  $\sigma =$

701  $P/P_{\text{surface}}$ , the TEM horizontal flow vector has units of  $\text{ms}^{-1}$ , and the TEM vertical flow vector has units  
702 of  $\text{mb hour}^{-1}$  and is also scaled by  $1/\sigma$ . A metric factor is applied to the flow vectors to give  
703 reasonable arrow lengths on the plot. Light shading indicates 95% statistical significance, and dark  
704 shading 99% statistical significance, as determined with a T-test.

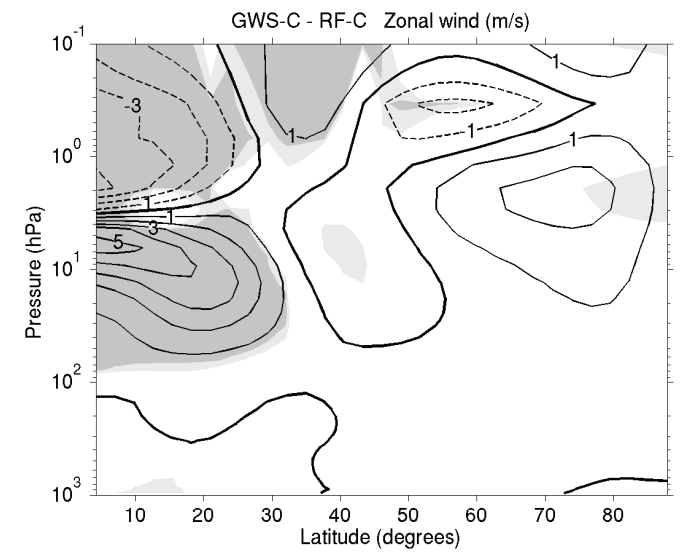
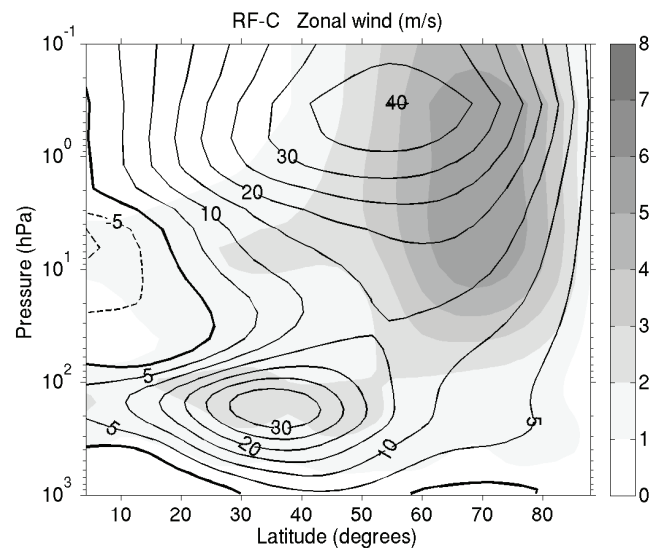
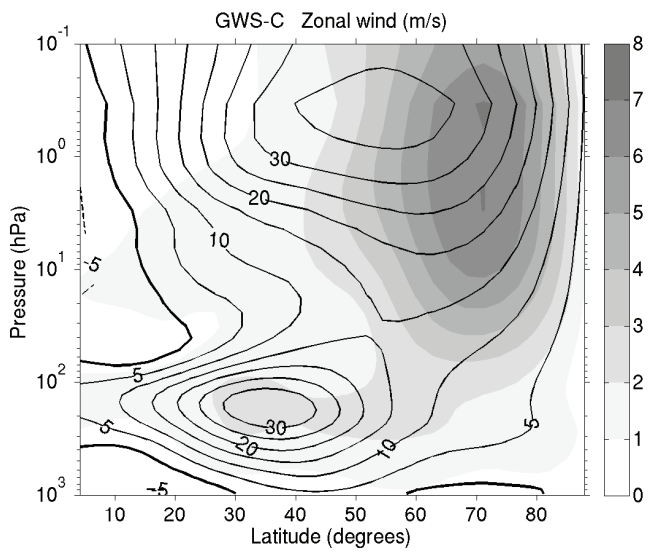
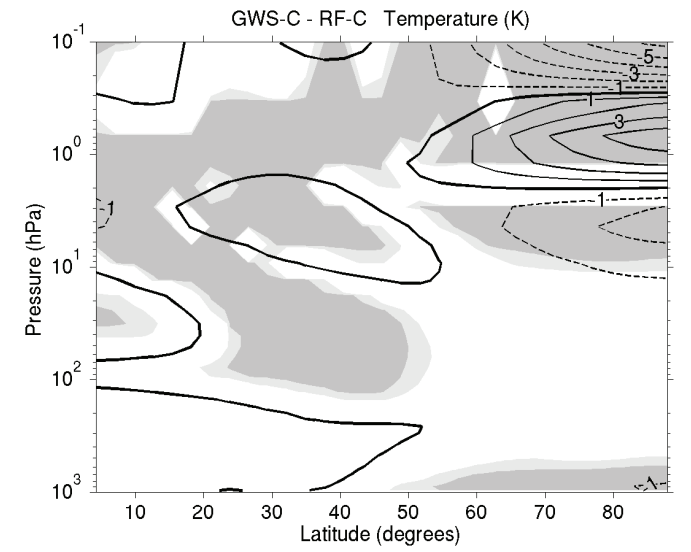
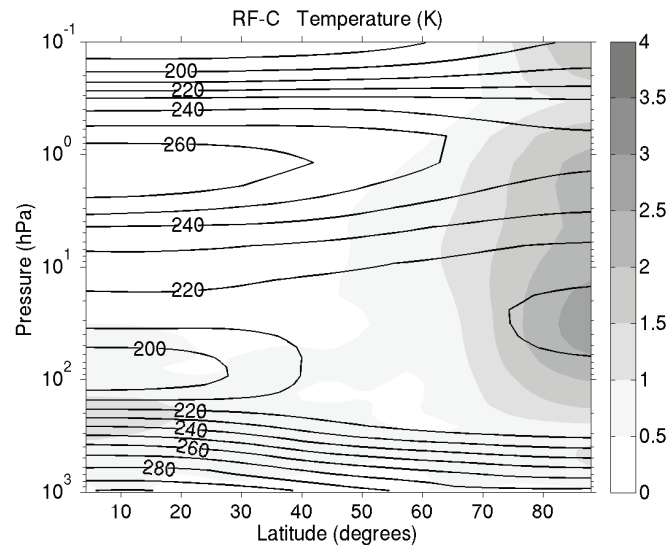
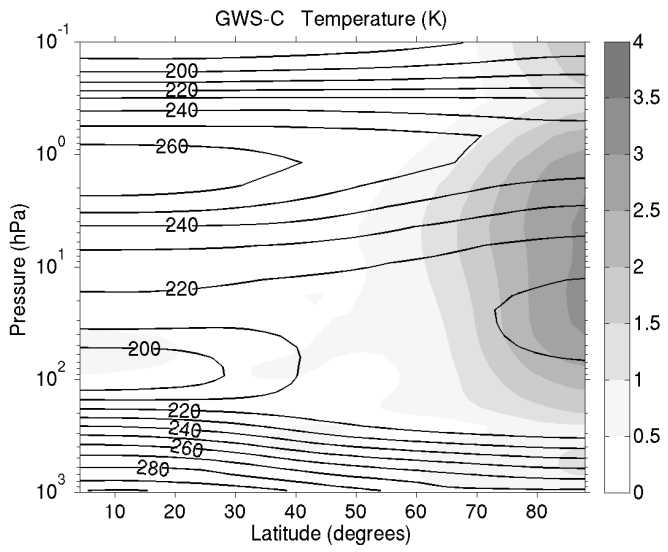
705 Figure 6. Differences in the zonal mean zonal wind climatologies in the troposphere for the  
706 perturbed and control simulations for GWS (left) and RF (right) for November. Light shading  
707 indicates 95% statistical significance, and dark shading 99% statistical significance, as determined  
708 with a T-test.

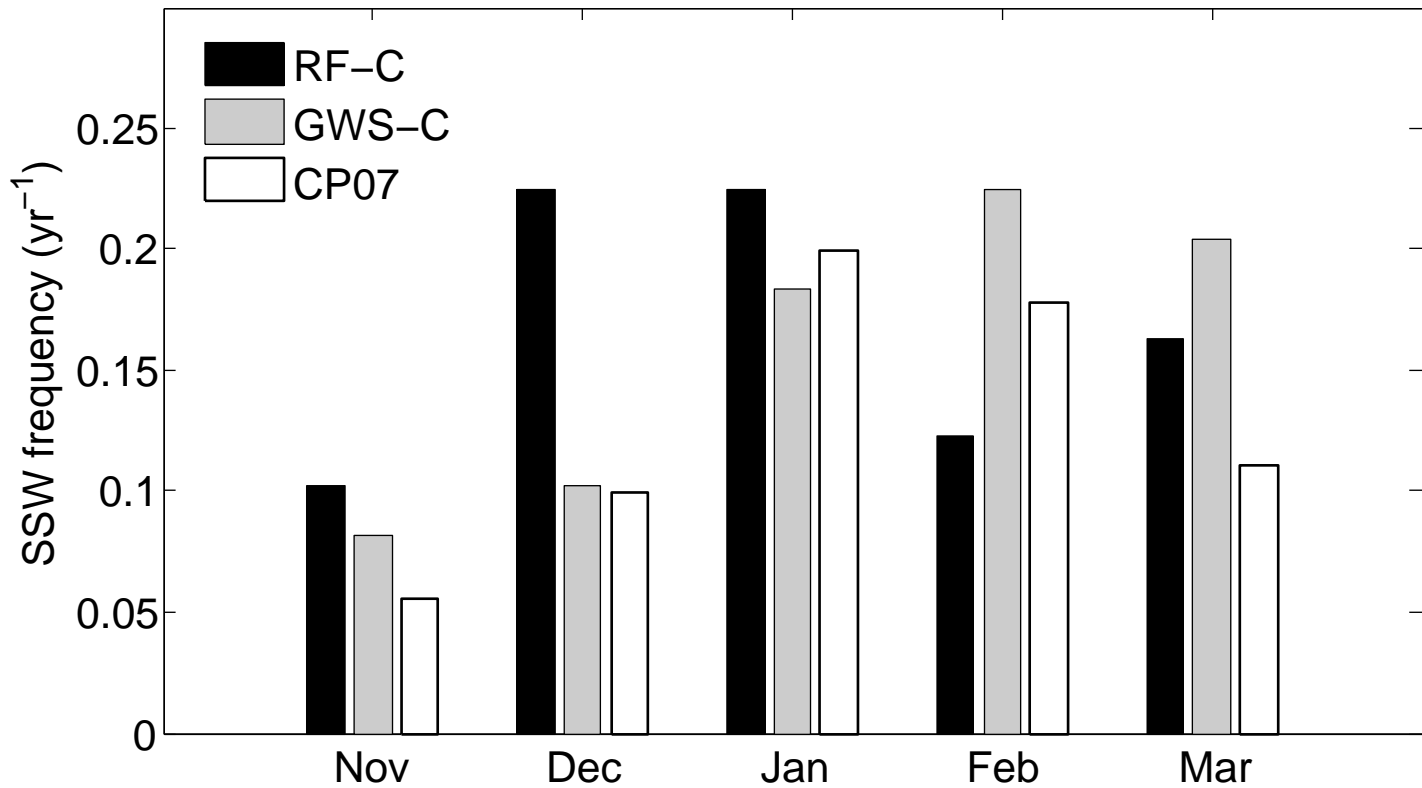
709 Figure 7. Distribution of the occurrence frequency of SSW events for the GWS for the control and  
710 perturbed simulations.

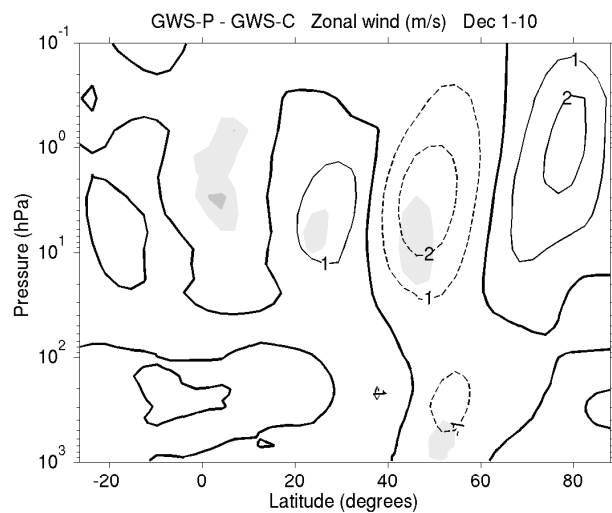
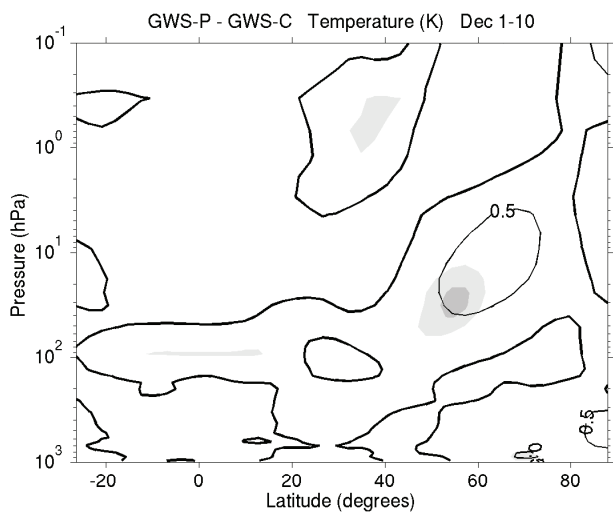
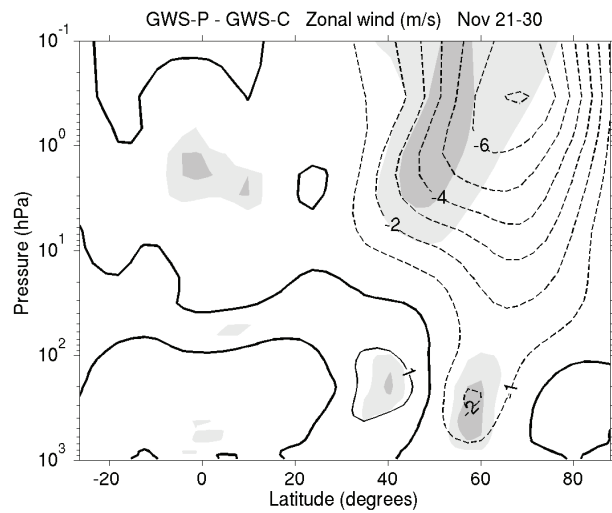
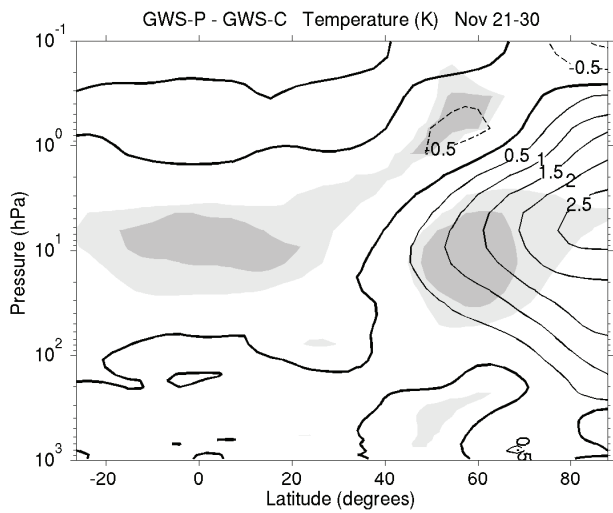
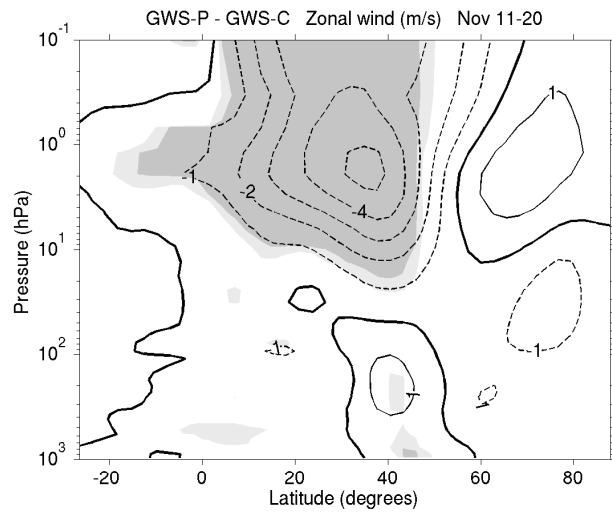
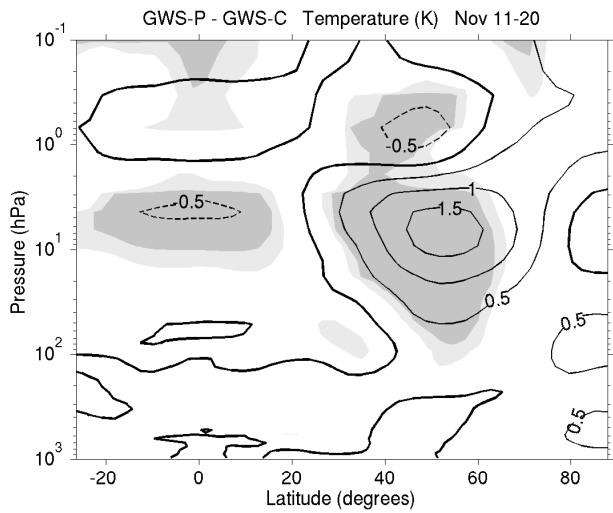
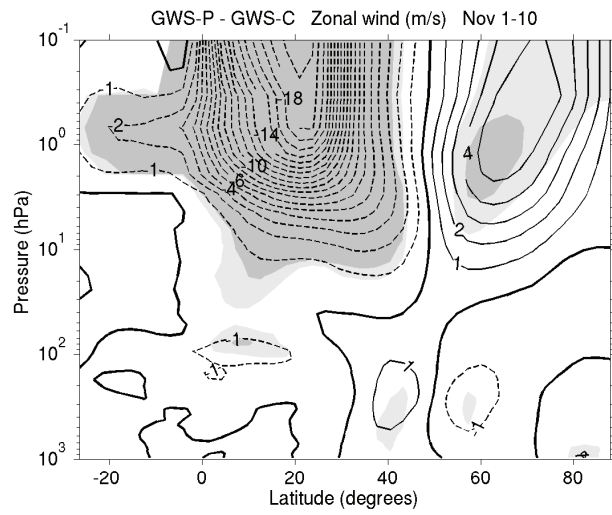
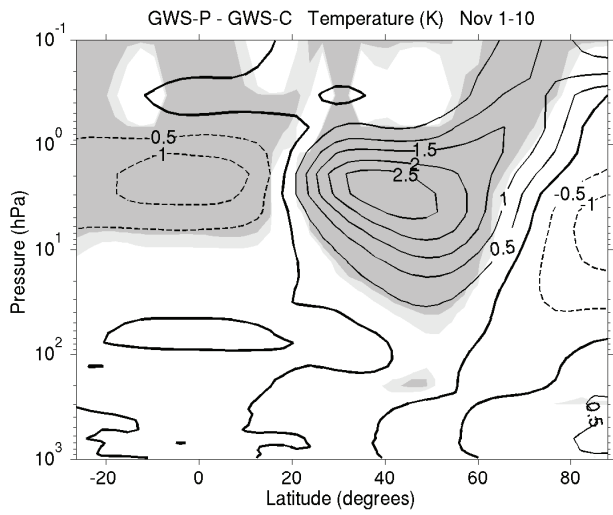
711 Figure 8. Pressure-time section of the normalized geopotential difference between 60-90°N and 40-  
712 60°N between the GWS perturbed and control datasets without SSWs (left) and with SSWs (right)  
713 from Oct 10 to Dec 30. There are 12 years with SSWs and 38 years without SSWs in both GWS-C and  
714 GWS-P. Light shading indicates 90% statistical significance, and dark shading 95% statistical  
715 significance, as determined with a T-test.

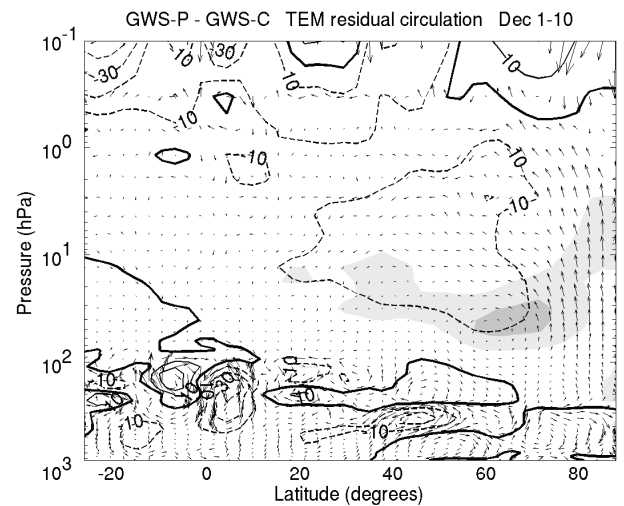
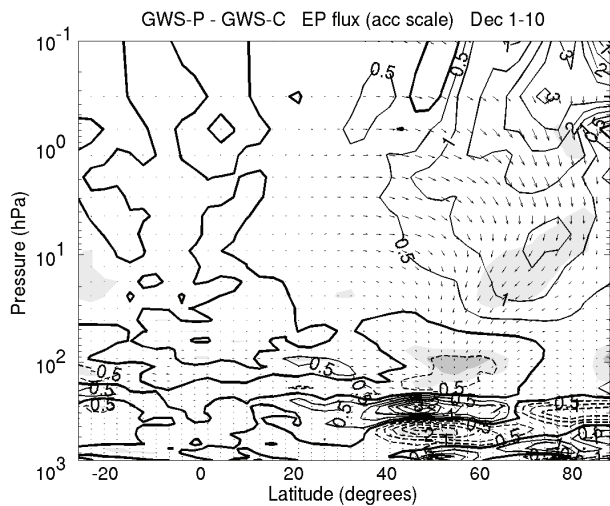
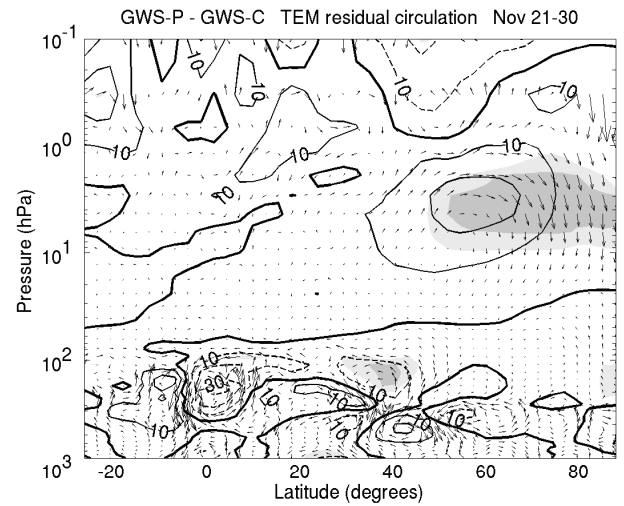
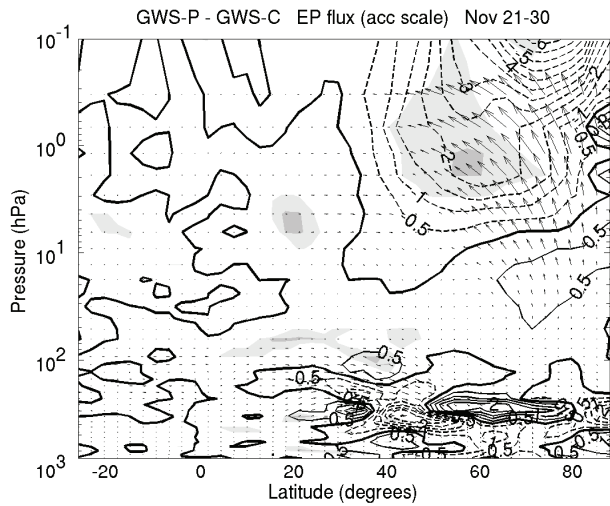
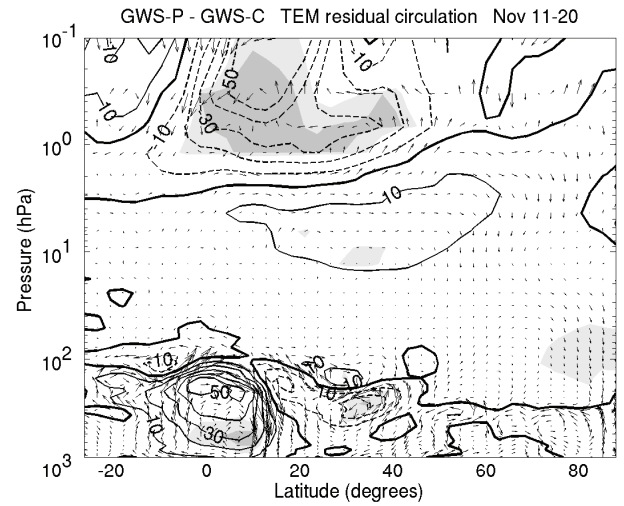
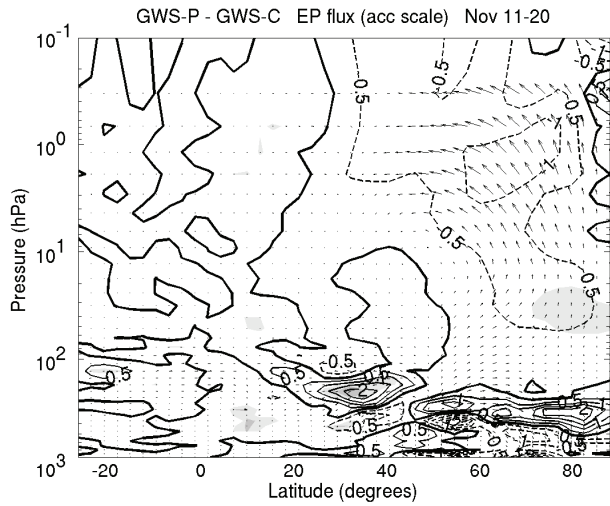
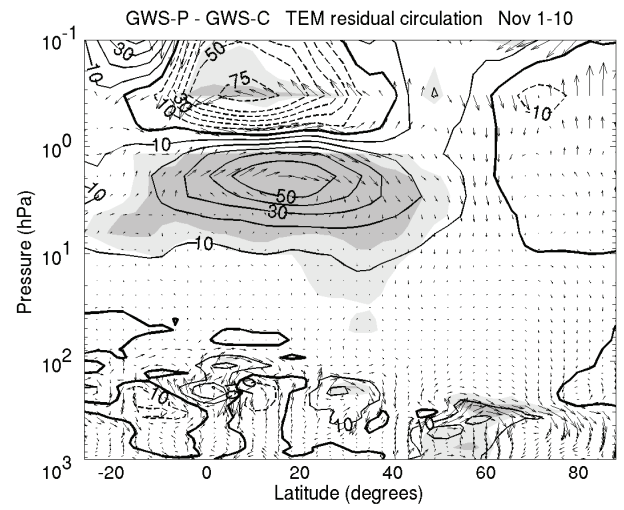
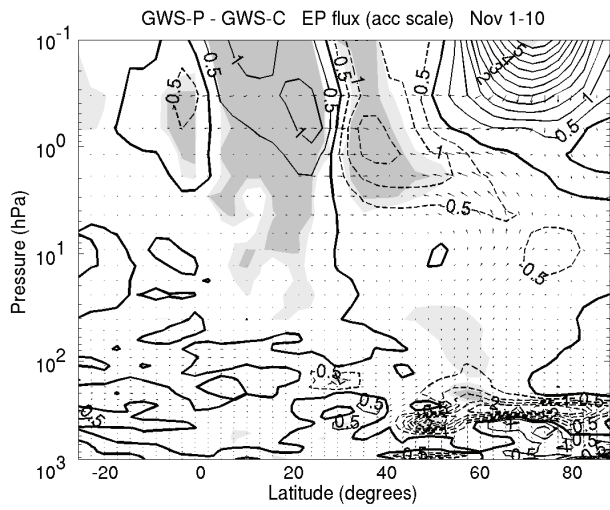




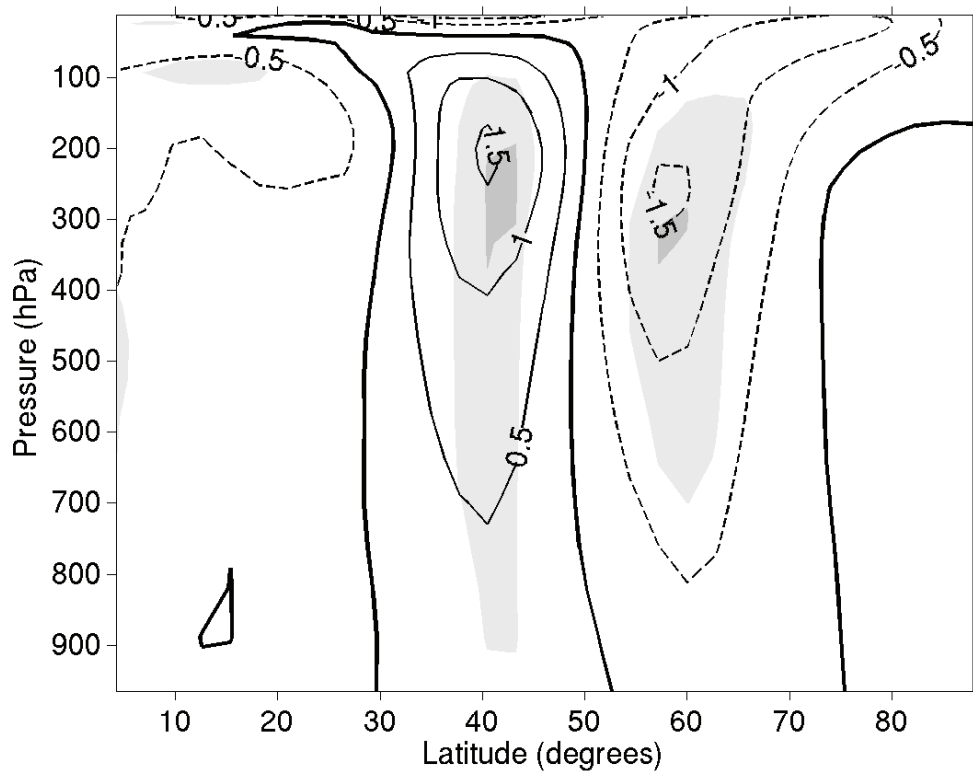








GWS-P - GWS-C Zonal wind (m/s) Nov



RF-P - RF-C Zonal wind (m/s) Nov

