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# Stable computing with an enhanced physics based scheme for the 3d Navier-Stokes equations 

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#### Abstract

We study extensions of the energy and helicity preserving scheme for the 3D Navier-Stokes equations, developed in [23], to a more general class of problems. The scheme is studied together with stabilizations of grad-div type in order to mitigate the effect of the Bernoulli pressure error on the velocity error. We prove stability, convergence, discuss conservation properties, and present numerical experiments that demonstrate the advantages of the scheme.


## 1 Introduction

This paper extends the methodology of the enhanced-physics based scheme for the 3D Navier-Stokes equations (NSE) proposed in [23] (defined in Section 2) from its original derivation for space-periodic problems to a more general class of problems. This scheme is referred to as enhanced-physics because it is the only scheme that conserves both discrete energy and discrete helicity for the full 3D NSE. The key ingredient for the dual conservation scheme is using the rotational form of the nonlinearity with a projected vorticity, which allows the discrete nonlinearity to preserve both of the quantities. Since the (continuous) NSE nonlinearity conserves both energy and helicity, and jointly cascades them from the large scales through the inertial range to small viscosity dominated scales [3, 5], if the discrete nonlinearity does not also conserve energy and helicity it will introduce numerical error into the cascade, and bring into question the physical relevance of computed approximations.
It is a widely held belief in computational fluid dynamics (CFD) that the more physically correct a numerical scheme is, the more accurate its predictions will be, especially over long time intervals. In systems of conservation laws for fluids there is typically a second integral invariant in addition to energy, and its accurate treatment in a numerical scheme generally produces more accurate simulations than do schemes that do not specifically conserve this quantity. Beginning with Arakawa's energy and enstrophy conserving scheme for the 2D NSE [1] and related extensions [8], to energy and potential enstrophy schemes pioneered by Arakawa and Lamb, and Navon, [2, 19, 20], and most recently to an energy and helicity conserving scheme for 3D axisymmetric flow by J.-G. Liu and W. Wang [16], enhanced physics based schemes have provided more accurate simulations, especially over longer time intervals.
The fundamental challenge in extending the scheme of [23] to non-periodic problems is to avoid the large errors often present when the rotational form of the nonlinearity and the Bernoulli pressure is used. In the usual a priori error analysis for the velocity
approximation for the NSE, a consequence that the discrete divergence free velocity is not exactly divergence free, is a pressure error contribution

$$
\begin{equation*}
\frac{C}{v} \inf _{q_{h} \in Q_{h}}\left\|p-q_{h}\right\| \tag{1.1}
\end{equation*}
$$

where $v=1 /$ Reynolds number denotes the kinematic viscosity [ 9,15 ]. For problems whose pressure gradients are small this term is often negligible. However, using the rotational form of the NSE, and introducing the Bernoulli pressure $p+\frac{1}{2}|u|^{2}$ can bring prominence to this term, since the gradient of the Bernoulli pressure may be large due to boundary layers in the velocity field.

Following recent work in [14, 17, 4], a natural way to mitigate the pressure's error influence on the velocity approximation is to introduce grad-div stabilization. As we show, this reduces the effect of the Bernoulli pressure error. In the interest of physical fidelity, we also introduce a modified grad-div stabilization having the same effect on the error, but with less impact on the energy balance. Computational results show a slight improvement when this altered stabilization is used instead of usual grad-div stabilization.
This paper is arranged as follows. Section 2 presents mathematical preliminaries and notation, and defines the scheme studied in the remainder of the article. Section 3 is a study of stability and conservation laws for the scheme, and Section 4 presents a rigorous convergence analysis. Section 5 shows a numerical example which clearly illustrates the advantage of the scheme. Concluding remarks are given in Section 6.

## 2 Mathematical Preliminaries

We assume that $\Omega$ denotes a polyhedral domain in $\mathbb{R}^{3}$. The $L^{2}(\Omega)$ norm and inner product are denoted by $\|\cdot\|$ and $(\cdot, \cdot)$. Likewise, the $L^{p}(\Omega)$ norms and the Sobolev $W_{p}^{k}(\Omega)$ norms are denoted $\|\cdot\|_{L^{p}}$ and $\|\cdot\|_{W_{p}^{k}}$, respectively. For the semi-norm in $W_{p}^{k}(\Omega)$ we use $|\cdot|_{W_{p}^{k}} . H^{k}$ is used to represent the Sobolev space $W_{2}^{k}(\Omega)$, and $\|\cdot\|_{k}$ denotes the norm in $H^{k}$. For functions $v(x, t)$ defined on the entire time interval $[0, T]$, we define $(1 \leq m<\infty)$

For the analysis in this paper, we assume no slip (i.e. homogeneous Dirichlet) boundary conditions for velocity and therefore use as our velocity and pressure spaces

$$
X:=\left(H_{0}^{1}(\Omega)\right)^{d}, Q:=L_{0}^{2}(\Omega),
$$

where $Q$ is denoting the mean zero subspace of $L^{2}(\Omega)$.
We use as the norm on $X$ the $H^{1}$ seminorm which, because of the boundary condition, is a norm, i.e. for $v \in X,\|v\|_{X}:=\|\nabla v\|$. We denote the dual space of $X$ by $X^{\star}$, with the norm $\|\cdot\|_{\star}$. The space of divergence free functions is defined by

$$
V:=\{v \in X:(\nabla \cdot v, q)=0 \quad \forall q \in Q\} .
$$

We denote conforming velocity, pressure finite element spaces based on a regular tetrahedralization, $\mathscr{T}_{h}$, of $\Omega$ (with maximum tetrahedron diameter $h$ ) by

$$
X_{h} \subset X, Q_{h} \subset Q .
$$

We assume that $X_{h}, Q_{h}$ satisfy the usual inf-sup condition necessary for the stability of the pressure, i.e.

$$
\begin{equation*}
\inf _{q_{h} \in Q_{h}} \sup _{v_{h} \in X_{h}} \frac{\left(q_{h}, \nabla \cdot v_{h}\right)}{\left\|q_{h}\right\|\left\|v_{h}\right\|_{X}} . \tag{2.1}
\end{equation*}
$$

Specifically, we assume that $\left(X_{h}, Q_{h}\right)$ is made of $\left(P_{k}, P_{k-1}\right), k \geq 2$ velocity pressure elements. Thus we have, for a given regular tetrahedralization $\mathscr{T}_{h}$,

$$
\begin{aligned}
& X_{h}:=\left\{v_{h}:\left.v_{h}\right|_{e} \in P_{k}(e), \forall_{e \in \mathscr{T}_{h}}, v_{h} \in\left[C^{0}(\bar{\Omega})\right]^{3},\left.v_{h}\right|_{\partial \Omega}=0\right\}, \\
& Q_{h}:=\left\{q_{h}:\left.q_{h}\right|_{e} \in P_{k-1}(e), \forall_{e \in \mathscr{T}_{h}}, q_{h} \in C^{0}(\bar{\Omega}), q_{h} \in L_{0}^{2}(\Omega)\right\} .
\end{aligned}
$$

The discretely divergence free subspace of $X_{h}$ is

$$
V_{h}=\left\{v_{h} \in X_{h}:\left(\nabla \cdot v_{h}, q_{h}\right)=0 \quad \forall q_{h} \in Q_{h}\right\} .
$$

We also use a more general space for the discrete vorticity space. Even though the velocity satisfies homogeneous Dirichlet boundary conditions, it is believed to be inappropriate to enforce homogeneous Dirichlet boundary conditions for the vorticity. A more physically consistent boundary condition is instead a no-slip boundary condition along the boundary, and hence we define the space

$$
W_{h}:=\left\{v_{h}: v_{h} \in\left[C^{0}(\Omega)\right]^{3}, \forall_{e \in \mathscr{T}_{h}}\left(v_{h}\right)_{\mid e} \in P_{k}(e), v_{h} \times\left. n\right|_{\partial \Omega}=0\right\} \supset X_{h} .
$$

We use $t^{n}:=n \Delta t$, and for both continuous and discrete functions of time

$$
v^{n+\frac{1}{2}}:=\frac{v((n+1) \Delta t)+v(n \Delta t)}{2} .
$$

### 2.1 Enhanced-physics based numerical schemes

We study three variations of the enhanced-physics based scheme of [23] extended to homogeneous Dirichlet boundary conditions for velocity. The first is a direct extension of the scheme to homogeneous boundary conditions. The second scheme adds usual grad-div stabilization (see [22]), that is, it adds the term $\gamma\left(\nabla \cdot\left(u_{h}^{n+1}+u_{h}^{n}\right) / 2, \nabla \cdot v_{h}\right)$ to a Crank-Nicolson scheme. This term is derived from adding the (identically zero) term $-\gamma \nabla(\nabla \cdot u)$ at the continuous level. Discretely, this term penalizes for lack of mass conservation, and is known to reduce the effect of the pressure error on the velocity error for large Reynolds number problems [14, 17, 22]. In finite element computations of rotational form models the (Bernoulli) pressure error tends to be the dominant error source because it is as complex as the velocity but is approximated with lower degree polynomials, and its effect on the velocity error is amplified by the Reynolds number.

The potential downside from using this stabilization is a change in the energy balance. However, in practice this tradeoff is worthwhile.

In the interest of physical fidelity to the energy balance, in the third scheme we introduce an alternative stabilization that provides the same effect on reducing the effect of the pressure error on the velocity error, but with minimal impact on the physical energy balance (Section 3). The added stabilization term arises by adding the (also identically zero) term $-\gamma \nabla\left(\nabla \cdot u_{t}\right)$ at the continuous level, leading to the term $\gamma \frac{1}{\Delta t}\left(\nabla \cdot\left(u_{h}^{n+1}-u_{h}^{n}\right), \nabla \cdot v_{h}\right)$ in the FEM formulation. The computational results (Section 5) from using this stabilization show an improvement in accuracy over the usual graddiv stabilization for our test problem. However, we note that for steady problems this term will not have a stabilizing effect since it will be trivially zero.

There has been recent work done to optimally choose the constant $\gamma$ that scales the stabilization term. Herein, we simply choose $\gamma=1$ in the computations, which the analysis suggests is an appropriate choice. However, one could also choose this parameter element-wise, which would lead to better results [21]. We leave optimal parameter choice for these schemes as an interesting topic of future study.

Algorithm 2.1 (Enhanced-physics based schemes for homogeneous Dirichlet boundary conditions). Given a time step $\Delta t>0$, finite end time $T:=M \Delta t$, and initial velocity $u_{h}^{0} \in V_{h}$, find $w_{h}^{0} \in W_{h}$ and $\lambda_{h}^{0} \in Q_{h}$ satisfying $\forall\left(\chi_{h}, r_{h}\right) \in\left(W_{h}, Q_{h}\right)$

$$
\begin{align*}
\left(w_{h}^{0}, \chi_{h}\right)+\left(\lambda_{h}^{0}, \nabla \cdot \chi_{h}\right) & =\left(\nabla \times u_{h}^{0}, \chi_{h}\right),  \tag{2.2}\\
\left(\nabla \cdot w_{h}^{0}, r_{h}\right) & =0 . \tag{2.3}
\end{align*}
$$

Then for $n=0,2, \ldots, M-1$, find $\left(u_{h}^{n+1}, w_{h}^{n+1}, p_{h}^{n+1}, \lambda_{h}^{n+1}\right) \in\left(X_{h}, W_{h}, Q_{h}, Q_{h}\right)$ satisfying $\forall\left(v_{h}, \chi_{h}, q_{h}, r_{h}\right) \in\left(X_{h}, W_{h}, Q_{h}, Q_{h}\right)$

$$
\begin{align*}
\left(\frac{u_{h}^{n+1}-u_{h}^{n}}{\Delta t}, v_{h}\right)+\operatorname{STAB}-\left(p_{h}^{n+1}, \nabla \cdot v_{h}\right) & \\
+\left(w_{h}^{n+\frac{1}{2}} \times u_{h}^{n+\frac{1}{2}}, v_{h}\right)+v\left(\nabla u_{h}^{n+\frac{1}{2}}, \nabla v_{h}\right) & =\left(f\left(t^{n+\frac{1}{2}}\right), v_{h}\right)  \tag{2.4}\\
\left(\nabla \cdot u_{h}^{n+1}, q_{h}\right) & =0  \tag{2.5}\\
\left(w_{h}^{n+\frac{1}{2}}, \chi_{h}\right)+\left(\lambda_{h}^{n+1}, \nabla \cdot \chi_{h}\right) & =\left(\nabla \times u_{h}^{n+\frac{1}{2}}, \chi_{h}\right)  \tag{2.6}\\
\left(\nabla \cdot w_{h}^{n+\frac{1}{2}}, r_{h}\right) & =0 . \tag{2.7}
\end{align*}
$$

where

$$
\text { STAB }=\left\{\begin{array}{cl}
0 & \text { Scheme 1 } \\
\gamma\left(\nabla \cdot u_{h}^{n+\frac{1}{2}}, \nabla \cdot v_{h}\right) & \text { Scheme 2 } \\
\frac{\gamma}{\Delta t}\left(\nabla \cdot\left(u_{h}^{n+1}-u_{h}^{n}\right), \nabla \cdot v_{h}\right) & \text { Scheme 3 }
\end{array}\right.
$$

Remark 2.1. We have found it computationally advantageous to decouple the 4 equation system (2.4)-(2.7) into a velocity-pressure system (2.4)-(2.5) and a projection system (2.6)-(2.7), then solve (2.4)-(2.7) by iterating between the two sub-systems. This typically requires more iterations and linear solves to converge than solving the fullycoupled system using a Newton method. However the linear solves are much easier
in the decoupled system. Note also that for the decoupled system the work required is only slightly more than a usual implicit Crank-Nicolson method (i.e. without vorticity projection) since the extra work is (relatively inexpensive) projection solves. Moreover, for nonhomogeneous boundary conditions, this decoupling leads to a simplified boundary condition for the vorticity: $w_{h}=I_{h}\left(\nabla \times u_{h}\right)$ on the boundary, where $I_{h}$ is an appropriate interpolation operator.

## 3 Stability, conservation laws, and existence of solutions

In this section we prove fundamental mathematical and physical properties of the 3 schemes: unconditional stability, solution existence and conservation laws. We begin with stability.

Lemma 3.1. Solutions to Algorithm 2.1 are nonlinearly stable. That is, they satisfy: Scheme 1:

$$
\begin{equation*}
\left\|u_{h}^{M}\right\|^{2}+v \Delta t \sum_{n=0}^{M-1}\left\|\nabla u_{h}^{n+\frac{1}{2}}\right\|^{2} \leq \frac{\Delta t}{v} \sum_{n=0}^{M-1}\|f\|_{*}^{2}+\left\|u_{h}^{0}\right\|^{2}=C(\text { data }) . \tag{3.1}
\end{equation*}
$$

Scheme 2:

$$
\begin{equation*}
\left\|u_{h}^{M}\right\|^{2}+\Delta t \sum_{n=0}^{M-1}\left(2 \gamma\left\|\nabla \cdot u_{h}^{n+\frac{1}{2}}\right\|^{2}+v\left\|\nabla u_{h}^{n+\frac{1}{2}}\right\|^{2}\right) \leq \frac{\Delta t}{v} \sum_{n=0}^{M-1}\|f\|_{*}^{2}+\left\|u_{h}^{0}\right\|^{2}=C(\text { dat } a) . \tag{3.2}
\end{equation*}
$$

Scheme 3:

$$
\begin{align*}
\left\|u_{h}^{M}\right\|^{2}+\gamma\left\|\nabla \cdot u_{h}^{M}\right\|^{2} & +v \Delta t \sum_{n=0}^{M-1}\left\|\nabla u_{h}^{n+\frac{1}{2}}\right\|^{2} \\
& \leq \frac{\Delta t}{v} \sum_{n=0}^{M-1}\|f\|_{*}^{2}+\left\|u_{h}^{0}\right\|^{2}+\gamma\left\|\nabla \cdot u_{h}^{0}\right\|=C(\text { data }) . \tag{3.3}
\end{align*}
$$

Schemes 1,2,3:

$$
\begin{equation*}
\Delta t \sum_{n=0}^{M-1}\left\|w_{h}^{n+\frac{1}{2}}\right\|^{2} \leq \Delta t \sum_{n=0}^{M-1}\left\|\nabla u_{h}^{n+\frac{1}{2}}\right\|^{2}=C(\text { data }) . \tag{3.4}
\end{equation*}
$$

Schemes 1,2,3:

$$
\begin{equation*}
\Delta t \sum_{n=1}^{M}\left(\left\|p_{h}^{n}\right\|^{2}+\left\|\lambda_{h}^{n}\right\|^{2}\right) \leq C(\text { data }) . \tag{3.5}
\end{equation*}
$$

$C($ data $)$ is a constant dependent on $T, v, \gamma, f, u_{h}^{0}$ and $\Omega$.

Proof. To prove the bounds on velocity for each of the schemes, choose $v_{h}=u_{h}^{n+\frac{1}{2}}$ in (2.4). The nonlinear and pressure terms are then zero. The triangle inequality, and summing over time steps then completes the proofs of (3.1),(3.2),(3.3).
To prove (3.4) choose $\chi_{h}=w_{h}^{n+\frac{1}{2}}$ in (2.6) and $r_{h}=\lambda_{h}^{n+1}$ in (2.7). After combining the equations we obtain

$$
\begin{aligned}
\left\|w_{h}^{n+\frac{1}{2}}\right\|^{2}=\left(\nabla \times u_{h}^{n+\frac{1}{2}}, w_{h}^{n+\frac{1}{2}}\right) & \leq\left\|\nabla \times u_{h}^{n+\frac{1}{2}}\right\|\left\|w_{h}^{n+\frac{1}{2}}\right\| \\
& \leq \frac{1}{2}\left\|\nabla \times u_{h}^{n+\frac{1}{2}}\right\|^{2}+\frac{1}{2}\left\|w_{h}^{n+\frac{1}{2}}\right\|^{2} \leq\left\|\nabla u_{h}^{n+\frac{1}{2}}\right\|^{2}+\frac{1}{2}\left\|w_{h}^{n+\frac{1}{2}}\right\|^{2} .
\end{aligned}
$$

Rearranging, and summing over time steps we obtain (3.4).
To obtain the stated bound for $\lambda_{h}^{n}$, we begin with the inf-sup condition satisfied by $X_{h}\left(\subset W_{h}\right)$ and $Q_{h}$ and use (2.6) to obtain

$$
\begin{aligned}
\left\|\lambda_{h}^{n}\right\| & \leq \frac{1}{\beta} \sup _{\chi_{h} \in X_{h}} \frac{\left(\lambda_{h}^{n}, \nabla \cdot \chi_{h}\right)}{\left\|\chi_{h}\right\|_{X}} \leq \frac{1}{\beta} \sup _{\chi_{h} \in X_{h}} \frac{\left(\nabla \times u_{h}^{n-\frac{1}{2}}, \chi_{h}\right)-\left(w_{h}^{n-\frac{1}{2}}, \chi_{h}\right)}{\left\|\chi_{h}\right\|_{X}} \\
& \leq \frac{1}{\beta}\left(\left\|\nabla \times u_{h}^{n-\frac{1}{2}}\right\|+\left\|w_{h}^{n-\frac{1}{2}}\right\|\right) \leq \frac{2}{\beta}\left(\left\|\nabla u_{h}^{n-\frac{1}{2}}\right\|+\left\|w_{h}^{n-\frac{1}{2}}\right\|\right)
\end{aligned}
$$

Using the bounds for $\nabla u_{h}^{n+\frac{1}{2}}$ (see (3.1)-(3.3)) and $w_{h}^{n+\frac{1}{2}}$ (see (3.4)) we obtain the bound for $\lambda_{h}^{n}$. The bound for the pressure is established in an analogous manner.
Lemma 3.2. Solutions exist to each of the three schemes presented in Algorithm 2.1.
Proof. For each of the schemes, this is a straight-forward extension of the existence proof given for the periodic case in [23]. The result is a consequence of the LeraySchauder fixed point theorem, and the stability bounds of Lemma 3.1.

We now study the conservation laws for energy and helicity in the schemes. It is shown in [23] that, when restricted to the periodic case, the non-stabilized scheme of Algorithm 2.1 (Scheme 1) conserves energy and helicity. In the case of homogeneous boundary conditions for velocity, this physically important feature for energy is still preserved. However, as one might expect, the stabilization terms in Schemes 2 and 3 alter the energy balance. Lemma 3.3 shows these energy balances.
The energy balance of Scheme 1, the unstabilized scheme, is analogous to that for the continuous NSE. However, for Scheme 2, we see the effect of the stabilization on the energy balance in the term $\gamma \Delta t \sum_{n=0}^{M-1}\left\|\nabla \cdot u_{h}^{n+\frac{1}{2}}\right\|^{2}$ on the left hand side of (3.7). For most choices of elements, one may have that each term in this sum is small, but over a long time interval this sum can grow to significantly (and non-physically) alter the balance. The energy balance for Scheme 3 differs from Scheme 1's energy balance in the addition of only two small terms, instead of a sum. Hence this indicates that the modified grad-div stabilization, for problems over a long time interval, offers a more physically relevant energy balance than the usual grad-div stabilization (Scheme 2).

Lemma 3.3. The schemes of Algorithm 2.1 admit the following energy conservation laws.

Scheme 1:

$$
\begin{equation*}
\frac{1}{2}\left\|u_{h}^{M}\right\|^{2}+v \Delta t \sum_{n=0}^{M-1}\left\|\nabla u_{h}^{n+\frac{1}{2}}\right\|^{2}=\Delta t \sum_{n=0}^{M-1}\left(f\left(t^{n+\frac{1}{2}}\right), u_{h}^{n+\frac{1}{2}}\right)+\frac{1}{2}\left\|u_{h}^{0}\right\|^{2} . \tag{3.6}
\end{equation*}
$$

Scheme 2:
$\frac{1}{2}\left\|u_{h}^{M}\right\|^{2}+v \Delta t \sum_{n=0}^{M-1}\left\|\nabla u_{h}^{n+\frac{1}{2}}\right\|^{2}+\gamma \Delta t \sum_{n=0}^{M-1}\left\|\nabla \cdot u_{h}^{n+\frac{1}{2}}\right\|^{2}=\Delta t \sum_{n=0}^{M-1}\left(f\left(t^{n+\frac{1}{2}}\right), u_{h}^{n+\frac{1}{2}}\right)+\frac{1}{2}\left\|u_{h}^{0}\right\|^{2}$.

Scheme 3:

$$
\begin{align*}
\frac{1}{2}\left(\left\|u_{h}^{M}\right\|^{2}+\gamma\left\|\nabla \cdot u_{h}^{M}\right\|^{2}\right)+v \Delta t \sum_{n=0}^{M-1}\left\|\nabla u_{h}^{n+\frac{1}{2}}\right\|^{2} & =\Delta t \sum_{n=0}^{M-1}\left(f\left(t^{n+\frac{1}{2}}\right), u_{h}^{n+\frac{1}{2}}\right) \\
& +\frac{1}{2}\left(\left\|u_{h}^{0}\right\|^{2}+\gamma\left\|\nabla \cdot u_{h}^{0}\right\|^{2}\right) \tag{3.8}
\end{align*}
$$

Proof. The proofs of these results follow from choosing $v_{h}=u_{h}^{n+\frac{1}{2}}$ in Algorithm 2.1 for each of the schemes. The key point is that the nonlinear term vanishes with this choice of test function, and thus does not contribute to the energy balance equations.

We now consider the discrete helicity conservation in Algorithm 2.1. We begin with the case of imposing Dirichlet boundary conditions on the projected vorticity, i.e. $W_{h}=X_{h}$. Although this case is nonphysical, analysis of it is the first step in understanding more complex boundary conditions.
In this case, the schemes' discrete nonlinearity preserves helicity, however the stabilization terms do not. We state the precise results in the next lemma. Denote the discrete helicity at time level $n$ by $H_{h}^{n}:=\left(u_{h}^{n}, \nabla \times u_{h}^{n}\right)$. Note that from (2.5),(2.6), $H_{h}^{n}:=\left(u_{h}^{n}, w_{h}^{n}\right)$.
Lemma 3.4. If $W_{h}:=X_{h}$, the schemes of Algorithm 2.1 admit the following helicity conservation laws.

Scheme 1:

$$
\begin{equation*}
H_{h}^{M}+2 v \Delta t \sum_{n=0}^{M-1}\left(\nabla u_{h}^{n+\frac{1}{2}}, \nabla w_{h}^{n+\frac{1}{2}}\right)=2 v \Delta t \sum_{n=0}^{M-1}\left(f\left(t^{n+\frac{1}{2}}\right), \nabla w_{h}^{n+\frac{1}{2}}\right)+H_{h}^{0} . \tag{3.9}
\end{equation*}
$$

Scheme 2:

$$
\begin{align*}
H_{h}^{M}+2 v \Delta t \sum_{n=0}^{M-1}\left(\nabla u_{h}^{n+\frac{1}{2}}, \nabla w_{h}^{n+\frac{1}{2}}\right) & +2 \gamma \Delta t \sum_{n=0}^{M-1}\left(\nabla \cdot u_{h}^{n+\frac{1}{2}}, \nabla \cdot w_{h}^{n+\frac{1}{2}}\right) \\
& =2 \Delta t \sum_{n=0}^{M-1}\left(f\left(t^{n+\frac{1}{2}}\right), \nabla w_{h}^{n+\frac{1}{2}}\right)+H_{h}^{0} \tag{3.10}
\end{align*}
$$

Scheme 3:

$$
\begin{align*}
H_{h}^{M}+2 v \Delta t \sum_{n=0}^{M-1}\left(\nabla u_{h}^{n+\frac{1}{2}}, \nabla w_{h}^{n+\frac{1}{2}}\right)+ & 2 \gamma \sum_{n=0}^{M-1}\left(\nabla \cdot\left(u_{h}^{n+1}-u_{h}^{n}\right), \nabla \cdot w_{h}^{n+\frac{1}{2}}\right) \\
& =2 \Delta t \sum_{n=0}^{M-1}\left(f\left(t^{n+\frac{1}{2}}\right), \nabla w_{h}^{n+\frac{1}{2}}\right)+H_{h}^{0} . \tag{3.11}
\end{align*}
$$

Proof. Choosing $v_{h}=w_{h}^{n+\frac{1}{2}}$ elimates the nonlinear term and the pressure term from (2.4) for each of the 3 schemes, and reduces the time difference term to

$$
\begin{align*}
\frac{1}{\Delta t}\left(u_{h}^{n+1}-u_{h}^{n}, w_{h}^{n+\frac{1}{2}}\right) & =\frac{1}{\Delta t}\left(u_{h}^{n+1}-u_{h}^{n}, \nabla \times u_{h}^{n+\frac{1}{2}}\right) \\
=\frac{1}{2 \Delta t}\left(\left(u_{h}^{n+1}, \nabla \times u_{h}^{n+1}\right)\right. & \left.+\left(u_{h}^{n+1}, \nabla \times u_{h}^{n}\right)-\left(u_{h}^{n}, \nabla \times u_{h}^{n+1}\right)-\left(u_{h}^{n}, \nabla \times u_{h}^{n}\right)\right) \\
& =\frac{1}{2 \Delta t}\left(H_{h}^{n+1}-H_{h}^{n}\right) \tag{3.12}
\end{align*}
$$

as, for $v, w \in H_{0}^{1}(\Omega),(v, \nabla \times w)=(w, \nabla \times v)$.
Using (3.12) Scheme 1 becomes,

$$
\begin{equation*}
\frac{1}{2 \Delta t}\left(H_{h}^{n+1}-H_{h}^{n}\right)+v\left(\nabla u_{h}^{n+\frac{1}{2}}, \nabla w_{h}^{n+\frac{1}{2}}\right)=\left(f\left(t^{n+\frac{1}{2}}\right), w_{h}^{n+\frac{1}{2}}\right) \tag{3.13}
\end{equation*}
$$

Multiplying by $2 \Delta t$ and summing over time steps completes the proof of (3.9).
The proofs of (3.10) and (3.11) follow the same way, except they will contain their respective stabilization terms.

Lemma 3.4 shows that if we impose Dirichlet boundary conditions on the vorticity, then the nonlinearity is able to preserve helicity. Hence for Scheme 1, we see a helicity balance analogous to that of the true physics. However, the stabilization terms do not preserve helicity, and thus appear in the helicity balances for Schemes 2 and 3.
Interestingly, if the term $\gamma\left(\nabla \cdot w_{h}^{n+1}, \nabla \cdot \chi_{h}\right)$ is added to the left hand side of the vorticity projection equation (2.6), one can show that Scheme 3 conserves both helicity and energy. This results from the cancellation of the stabilization term in Scheme 3's momentum equation when $v_{h}$ is chosen to be $w_{h}^{n+\frac{1}{2}}$ and $\chi_{h}$ is chosen as $u_{h}^{n+1}$ and $u_{h}^{n}$ respectively. However, computations using this additional term with Scheme 3 were inferior to those of Scheme 3 defined above.

Similar conservation laws for helicity, even for Scheme 1, do not appear to hold for the nonhomogeneous boundary condition for vorticity, i.e. $X_{h} \neq W_{h}$. Due to the definitions of these spaces, extra terms arise in the balance that correspond to the difference between the projection of the curl into discretely divergence-free subspaces of $W_{h}$ and $X_{h}$. These extra terms will be small except at strips along the boundary, but nonetheless global helicity conservation will fail to hold. However, more typical schemes, e.g. usual trapezoidal convective form or rotational form [13], introduce nonphysical helicity over the entire domain and thus the schemes of Algorithm 2.1 still provide a better treatment of helicity than such schemes.

## 4 Convergence

Three numerical schemes are described in Algorithm 2.1. We prove in detail convergence of solutions of Scheme 3 to an NSE solution. Convergence results for Schemes 1 and 2 can be established in an analogous manner.
We define the following additional norms:

$$
\begin{array}{rlrl}
\|\mid v\|_{\infty, k} & :=\max _{0 \leq n \leq M}\left\|v^{n}\right\|_{k}, & \left\|v_{1 / 2} \mid\right\|_{\infty, k}:=\max _{1 \leq n \leq M}\left\|v^{n-1 / 2}\right\|_{k}, \\
\|\mid v\|_{m, k}:=\left(\sum_{n=0}^{M}\left\|v^{n}\right\|_{k}^{m} \Delta t\right)^{1 / m}, & \left\|\left|v_{1 / 2}\right|\right\|_{m, k}:=\left(\sum_{n=1}^{M}\left\|v^{n-1 / 2}\right\|_{k}^{m} \Delta t\right)^{1 / m} .
\end{array}
$$

We also let $P_{V_{h}}: L^{2} \rightarrow V_{h}$ denote the projection of $L^{2}$ onto $V_{h}$, i.e. $P_{V_{h}}(w):=s_{h}$ where

$$
\left(s_{h}, v_{h}\right)=\left(w, v_{h}\right), \forall v_{h} \in V_{h} .
$$

For simplicity in stating the a priori theorem we summarize here the regularity assumptions for the solution $u(x, t)$ to the NSE.

$$
\begin{align*}
& u \in L^{2}\left(0, T ; H^{k+1}(\Omega)\right) \cap L^{\infty}\left(0, T ; H^{1}(\Omega)\right),  \tag{4.1}\\
& u(\cdot, t) \in H_{0}^{1}(\Omega), \nabla \times u \in L^{2}\left(0, T ; H^{k+1}(\Omega)\right),  \tag{4.2}\\
& u_{t} \in L^{2}\left(0, T ; H^{k+1}(\Omega)\right) \cap L^{\infty}\left(0, T ; H^{k+1}(\Omega)\right),  \tag{4.3}\\
& u_{t t} \in L^{2}\left(0, T ; H^{k+1}(\Omega)\right),  \tag{4.4}\\
& u_{t t t} \in L^{2}\left(0, T ; L^{2}(\Omega)\right)  \tag{4.5}\\
& (u \times(\nabla \times u))_{t t} \in L^{2}\left(0, T ; L^{2}(\Omega)\right) . \tag{4.6}
\end{align*}
$$

Theorem 4.1. For $u, p$ solutions of the NSE with $p \in L^{2}\left(0, T ; H^{k}(\Omega)\right)$, $u$ satisfying (4.1)(4.6), $f \in L^{2}\left(0, T ; X^{*}(\Omega)\right.$, and $u_{0} \in V_{h},\left(u_{h}^{n}, w_{h}^{n}\right)$ given by Scheme 3 of Algorithm 2.1 for $n=1, \ldots, M$ and $\Delta t$ sufficiently small, we have that

$$
\begin{align*}
& \left\|u(T)-u_{h}^{M}\right\|+\left\|\nabla \cdot\left(u(T)-u_{h}^{M}\right)\right\|+\left(v \Delta t \sum_{n=0}^{M-1}\left\|\nabla\left(u^{n+\frac{1}{2}}-u_{h}^{n+\frac{1}{2}}\right)\right\|^{2}\right)^{1 / 2} \leq \\
& \quad C\left(\gamma, T, v^{-3}, u\right)\left(h^{k}\|u(T)\|_{k+1}+h^{k}\||u|\|_{2, k+1}+h^{k}\||p|\|_{2, k}+h^{k}\left\|\left|u_{t}\right|\right\|_{2, k+1}\right. \\
& \quad+h^{k}\left\|\left|u_{t}\right|\right\|_{\infty, k+1}+h^{k}\left\|\left|u_{t}\right|\right\|_{\infty, 1}\||u|\|_{2, k+1}+(\Delta t)^{1 / 2} h^{k}\left\|u_{t t}\right\|_{2, k+1}+(\Delta t)^{2}\left\|u_{t t t}\right\|_{2,0} \\
& \left.\quad+(\Delta t)^{2}\left\|u_{t t}\right\|_{2,1}+(\Delta t)^{2}\left\|(u \times(\nabla \times u))_{t t}\right\|_{2,0}+h^{k+1}\||u|\|_{\infty, 1}\|\mid \nabla \times u\|_{2, k+1} .\right) \tag{4.7}
\end{align*}
$$

Proof of Theorem. Since $(u, p)$ solves the NSE, we have $\forall v_{h} \in X_{h}$ that

$$
\begin{align*}
\left(u_{t}\left(t^{n+\frac{1}{2}}\right), v_{h}\right)-\left(u\left(t^{n+\frac{1}{2}}\right) \times\left(\nabla \times u\left(t^{n+\frac{1}{2}}\right)\right),\right. & \left.v_{h}\right) \\
& -\left(p\left(t^{n+\frac{1}{2}}\right), \nabla \cdot v_{h}\right)  \tag{4.8}\\
& +v\left(\nabla u\left(t^{n+\frac{1}{2}}\right), \nabla v_{h}\right)=\left(f\left(t^{n+\frac{1}{2}}\right), v_{h}\right) .
\end{align*}
$$

Adding $\left(\frac{u^{n+1}-u^{n}}{\Delta t}, v_{h}\right)$ and $v\left(\nabla u^{n+\frac{1}{2}}, \nabla v_{h}\right)$ to both sides of (4.8) we obtain

$$
\begin{align*}
& \frac{1}{\Delta t}\left(u^{n+1}-u^{n}, v_{h}\right)+\left(\left(\nabla \times u\left(t^{n+\frac{1}{2}}\right) \times u\left(t^{n+\frac{1}{2}}\right)\right), v_{h}\right)-\left(p\left(t^{n+\frac{1}{2}}\right), \nabla \cdot v_{h}\right)+v\left(\nabla u^{n+\frac{1}{2}}, \nabla v_{h}\right) \\
& \quad=\left(f\left(t^{n+\frac{1}{2}}\right), v_{h}\right)+\left(\frac{u^{n+1}-u^{n}}{\Delta t}-u_{t}\left(t^{n+\frac{1}{2}}\right), v_{h}\right)+v\left(\nabla u^{n+\frac{1}{2}}-\nabla u\left(t^{n+\frac{1}{2}}\right), \nabla v_{h}\right) . \tag{4.9}
\end{align*}
$$

Next, subtracting (2.4) from (4.9), label $e^{n}:=u^{n}-u_{h}^{n}$, and adding the identically zero term $\gamma\left(\nabla \cdot\left(\frac{u^{n+1}-u^{n}}{\Delta t}\right), \nabla \cdot v_{h}\right)$ to the LHS gives

$$
\begin{align*}
& \frac{1}{\Delta t}\left(e^{n+1}-e^{n}, v_{h}\right)+v\left(\nabla e^{n+\frac{1}{2}}, \nabla v_{h}\right)+\frac{\gamma}{\Delta t}\left(\nabla \cdot\left(e^{n+1}-e^{n}, \nabla \cdot v_{h}\right)\right) \\
&=-\left(\nabla \times u\left(t^{n+\frac{1}{2}}\right) \times u\left(t^{n+\frac{1}{2}}\right), v_{h}\right)+\left(w_{h}^{n+\frac{1}{2}} \times u_{h}^{n+\frac{1}{2}}, v_{h}\right)+\left(p\left(t^{n+\frac{1}{2}}\right)-p_{h}^{n+1}, \nabla \cdot v_{h}\right) \\
&+\left(\frac{u^{n+1}-u^{n}}{\Delta t}-u_{t}\left(t^{n+\frac{1}{2}}\right), v_{h}\right)+v\left(\nabla u^{n+\frac{1}{2}}-\nabla u\left(t^{n+\frac{1}{2}}\right), \nabla v_{h}\right) . \tag{4.10}
\end{align*}
$$

We split the error into two pieces $\Phi_{h}$ and $\eta: e^{n}=u^{n}-u_{h}^{n}=\left(u^{n}-U^{n}\right)+\left(U^{n}-u_{h}^{n}\right):=$ $\eta^{n}+\Phi_{h}^{n}$, where $U^{n}$ denotes the interpolant of $u^{n}$ in $V_{h}$, yielding

$$
\begin{array}{r}
\frac{1}{\Delta t}\left(\Phi_{h}^{n+1}-\Phi_{h}^{n}, v_{h}\right)+v\left(\nabla \Phi_{h}^{n+\frac{1}{2}}, \nabla v_{h}\right)+\frac{\gamma}{\Delta t}\left(\nabla \cdot\left(\Phi_{h}^{n+1}-\Phi_{h}^{n}\right), \nabla \cdot v_{h}\right)=-\frac{1}{\Delta t}\left(\eta^{n+1}-\eta^{n}, v_{h}\right) \\
-v\left(\nabla \eta^{n+\frac{1}{2}}, \nabla v_{h}\right)-\frac{\gamma}{\Delta t}\left(\nabla \cdot\left(\eta^{n+1}-\eta^{n}\right), \nabla \cdot v_{h}\right)-\left(\left(\nabla \times u\left(t^{n+\frac{1}{2}}\right)\right) \times u\left(t^{n+\frac{1}{2}}\right), v_{h}\right) \\
+\left(w_{h}^{n+\frac{1}{2}} \times u_{h}^{n+\frac{1}{2}}, v_{h}\right)+\left(p\left(t^{n+\frac{1}{2}}\right)-p_{h}^{n+1}, \nabla \cdot v_{h}\right)+\left(\frac{u^{n+1}-u^{n}}{\Delta t}-u_{t}\left(t^{n+\frac{1}{2}}\right), v_{h}\right) \\
+v\left(\nabla u^{n+\frac{1}{2}}-\nabla u\left(t^{n+\frac{1}{2}}\right), \nabla v_{h}\right) . \tag{4.11}
\end{array}
$$

Choosing $v_{h}=\Phi_{h}^{n+\frac{1}{2}}$ yields

$$
\begin{align*}
& \frac{1}{2 \Delta t}\left(\left\|\Phi_{h}^{n+1}\right\|^{2}-\left\|\Phi_{h}^{n}\right\|^{2}\right)+v\left\|\nabla \Phi_{h}^{n+\frac{1}{2}}\right\|^{2}+\frac{\gamma}{2 \Delta t}\left(\left\|\nabla \cdot \Phi_{h}^{n+1}\right\|^{2}-\left\|\nabla \cdot \Phi_{h}^{n}\right\|^{2}\right) \\
& \quad=-\frac{1}{\Delta t}\left(\eta^{n+1}-\eta^{n}, \Phi_{h}^{n+\frac{1}{2}}\right)-v\left(\nabla \eta^{n+\frac{1}{2}}, \nabla \Phi_{h}^{n+\frac{1}{2}}\right)-\frac{\gamma}{\Delta t}\left(\nabla \cdot\left(\eta^{n+1}-\eta^{n}\right), \nabla \cdot \Phi_{h}^{n+\frac{1}{2}}\right) \\
& -\left(\nabla \times u\left(t^{n+\frac{1}{2}}\right) \times u\left(t^{n+\frac{1}{2}}\right), \Phi_{h}^{n+\frac{1}{2}}\right)+\left(w_{h}^{n+\frac{1}{2}} \times u_{h}^{n+\frac{1}{2}}, \Phi_{h}^{n+\frac{1}{2}}\right)+\left(p\left(t^{n+\frac{1}{2}}\right)-p_{h}^{n+1}, \nabla \cdot \Phi_{h}^{n+\frac{1}{2}}\right) \\
& \quad+\left(\frac{u^{n+1}-u^{n}}{\Delta t}-u_{t}\left(t^{n+\frac{1}{2}}\right), \Phi_{h}^{n+\frac{1}{2}}\right)+v\left(\nabla u^{n+\frac{1}{2}}-\nabla u\left(t^{n+\frac{1}{2}}\right), \nabla \Phi_{h}^{n+\frac{1}{2}}\right) . \tag{4.12}
\end{align*}
$$

We have the following bounds for the terms on the RHS (see [6]).

$$
\begin{equation*}
-v\left(\nabla \eta^{n+\frac{1}{2}}, \nabla \Phi_{h}^{n+\frac{1}{2}}\right) \leq \frac{v}{12}\left\|\nabla \Phi_{h}^{n+\frac{1}{2}}\right\|^{2}+3 v\left\|\nabla \eta^{n+\frac{1}{2}}\right\|^{2} \tag{4.13}
\end{equation*}
$$

$$
\begin{align*}
& \frac{1}{\Delta t}\left(\eta^{n+1}-\eta^{n}, \Phi_{h}^{n+\frac{1}{2}}\right) \leq \frac{1}{2}\left\|\frac{\eta^{n+1}-\eta^{n}}{\Delta t}\right\|^{2}+\frac{1}{2}\left\|\Phi_{h}^{n+\frac{1}{2}}\right\|^{2} \\
&=\frac{1}{2} \int_{\Omega}\left(\frac{1}{\Delta t} \int_{t^{n}}^{t^{n+1}} \eta_{t} d t\right)^{2} d \Omega+\frac{1}{2}\left\|\Phi_{h}^{n+\frac{1}{2}}\right\|^{2} \\
& \leq \frac{1}{2} \int_{\Omega}\left(2\left|\eta_{t}\left(t^{n+1}\right)\right|^{2}+2 \int_{t^{n}}^{t^{n+1}}\left|\eta_{t t}\right|^{2} d t\right) d \Omega+\frac{1}{2}\left\|\Phi_{h}^{n+\frac{1}{2}}\right\|^{2} \\
&=\left\|\eta_{t}\left(t^{n+1}\right)\right\|^{2}+\int_{t^{n}}^{t^{n+1}}\left\|\eta_{t t}\right\|^{2} d t+\frac{1}{2}\left\|\Phi_{h}^{n+\frac{1}{2}}\right\|^{2} \tag{4.14}
\end{align*}
$$

Similarly,

$$
\begin{align*}
& \frac{\gamma}{\Delta t}\left(\nabla \cdot\left(\eta^{n+1}-\eta^{n}\right), \nabla \cdot \Phi_{h}^{n+\frac{1}{2}}\right) \leq \gamma\left\|\nabla \cdot \eta_{t}\left(t^{n+1}\right)\right\|^{2}+\gamma \int_{t^{n}}^{t^{n+1}}\left\|\nabla \cdot \eta_{t t}\right\|^{2} d t+\frac{\gamma}{2}\left\|\nabla \cdot \Phi_{h}^{n+\frac{1}{2}}\right\|^{2} .  \tag{4.15}\\
&\left(\frac{u^{n+1}-u^{n}}{\Delta t}-u_{t}\left(t^{n+\frac{1}{2}}\right), \Phi_{h}^{n+\frac{1}{2}}\right) \leq \frac{1}{2}\left\|\frac{u^{n+1}-u^{n}}{\Delta t}-u_{t}\left(t^{n+\frac{1}{2}}\right)\right\|^{2}+\frac{1}{2}\left\|\Phi_{h}^{n+\frac{1}{2}}\right\|^{2} \\
&=\frac{(\Delta t)^{3}}{2560} \int_{t^{n}}^{t^{n+1}}\left\|u_{t t t}\right\|^{2} d t+\frac{1}{2}\left\|\Phi_{h}^{n+\frac{1}{2}}\right\|^{2}  \tag{4.16}\\
& v\left(\nabla u^{n+\frac{1}{2}}-\nabla u\left(t^{n+\frac{1}{2}}\right), \nabla \Phi_{h}^{n+\frac{1}{2}}\right) \leq 3 v\left\|\nabla u^{n+\frac{v}{12}}-\nabla u\left(t^{n+\frac{1}{2}}\right)\right\|^{2}+\frac{v^{2}}{2}\left\|\Phi_{h}^{n+\frac{1}{2}}\right\|^{2}(4.17)  \tag{4.17}\\
&=\frac{v(\Delta t)^{3}}{16} \int_{t^{n}}^{t^{n+1}}\left\|\nabla u_{t t}\right\|^{2} d t+\frac{v}{12}\left\|\Phi_{h}^{n+\frac{1}{2}}\right\|^{2}(4.18) \tag{4.18}
\end{align*}
$$

For the pressure term, since $\Phi_{h}^{n+\frac{1}{2}} \in V_{h}$, for any $q_{h} \in Q_{h}$,

$$
\begin{equation*}
\left(p\left(t^{n+\frac{1}{2}}\right)-p_{h}^{n+1}, \nabla \cdot \Phi_{h}^{n+\frac{1}{2}}\right)=\left(p\left(t^{n+\frac{1}{2}}\right)-q_{h}, \nabla \cdot \Phi_{h}^{n+\frac{1}{2}}\right), \tag{4.19}
\end{equation*}
$$

which implies

$$
\begin{equation*}
\left(p\left(t^{n+\frac{1}{2}}\right)-p_{h}^{n+1}, \nabla \cdot \Phi_{h}^{n+\frac{1}{2}}\right) \leq \frac{1}{2 \gamma} \inf _{q_{h} \in Q_{h}}\left\|p\left(t^{n+\frac{1}{2}}\right)-q_{h}\right\|^{2}+\frac{\gamma}{2}\left\|\nabla \cdot \Phi_{h}^{n+\frac{1}{2}}\right\|^{2} . \tag{4.20}
\end{equation*}
$$

$$
\begin{array}{r}
\frac{1}{2 \Delta t}\left(\left\|\Phi_{h}^{n+1}\right\|^{2}-\left\|\Phi_{h}^{n}\right\|^{2}\right)+\frac{\gamma}{2 \Delta t}\left(\left\|\nabla \cdot \Phi_{h}^{n+1}\right\|^{2}-\left\|\nabla \cdot \Phi_{h}^{n}\right\|^{2}\right)+\frac{5 v}{6}\left\|\nabla \Phi_{h}^{n+\frac{1}{2}}\right\|^{2} \\
\leq 3 v\left\|\nabla \eta^{n+\frac{1}{2}}\right\|^{2}+\frac{\gamma}{\Delta t}\left\|\nabla \cdot \eta_{t}\left(t^{n+1}\right)\right\|^{2}+\frac{\gamma}{\Delta t} \int_{t^{n}}^{t^{n+1}}\left\|\nabla \cdot \eta_{t t}\right\|^{2} d t+\frac{1}{2 \gamma} \inf _{q_{h} \in Q_{h}}\left\|p\left(t^{n+\frac{1}{2}}\right)-q_{h}\right\|^{2} \\
+C(1+v) \Delta t^{3}\left(\int_{t^{n}}^{t^{n+1}}\left\|u_{t t t}\right\|^{2} d t+\int_{t^{n}}^{t^{n+1}}\left\|\nabla u_{t t}\right\|^{2} d t\right)+\frac{v^{2}+1}{2}\left\|\Phi_{h}^{n+\frac{1}{2}}\right\|^{2}+\gamma\left\|\nabla \cdot \Phi_{h}^{n+\frac{1}{2}}\right\|^{2} \\
+\left(w_{h}^{n+\frac{1}{2}} \times u_{h}^{n+\frac{1}{2}}, \Phi_{h}^{n+\frac{1}{2}}\right)-\left(\left(\nabla \times u\left(t^{n+\frac{1}{2}}\right)\right) \times u\left(t^{n+\frac{1}{2}}\right), \Phi_{h}^{n+\frac{1}{2}}\right) \\
\left\|\eta_{t}\left(t^{n+1}\right)\right\|^{2}+\int_{t^{n}}^{t^{n+1}}\left\|\eta_{t t}\right\|^{2} d t . \tag{4.21}
\end{array}
$$

For the nonlinear terms we have

$$
\begin{gather*}
\left(w_{h}^{n+\frac{1}{2}} \times u_{h}^{n+\frac{1}{2}}, \Phi_{h}^{n+\frac{1}{2}}\right)-\left(\left(\nabla \times u\left(t^{n+\frac{1}{2}}\right)\right) \times u\left(t^{n+\frac{1}{2}}\right), \Phi_{h}^{n+\frac{1}{2}}\right)+\left(\left(\nabla \times u^{n+\frac{1}{2}}\right) \times u^{n+\frac{1}{2}}, \Phi_{h}^{n+\frac{1}{2}}\right) \\
-\left(\left(\nabla \times u^{n+\frac{1}{2}}\right) \times u^{n+\frac{1}{2}}, \Phi_{h}^{n+\frac{1}{2}}\right) \\
=\left(\left(w_{h}^{n+\frac{1}{2}}-\nabla \times u^{n+\frac{1}{2}}\right) \times u^{n+\frac{1}{2}}, \Phi_{h}^{n+\frac{1}{2}}\right)+\left(w_{h}^{n+\frac{1}{2}} \times\left(u_{h}^{n+\frac{1}{2}}-u^{n+\frac{1}{2}}\right), \Phi_{h}^{n+\frac{1}{2}}\right) \\
+\left(\left(\nabla \times u^{n+\frac{1}{2}}\right) \times u^{n+\frac{1}{2}}-\left(\nabla \times u\left(t^{n+\frac{1}{2}}\right)\right) \times u\left(t^{n+\frac{1}{2}}\right), \Phi_{h}^{n+\frac{1}{2}}\right) \\
=\left(\left(w_{h}^{n+\frac{1}{2}}-\nabla \times u^{n+\frac{1}{2}}\right) \times u^{n+\frac{1}{2}}, \Phi_{h}^{n+\frac{1}{2}}\right)-\left(w_{h}^{n+\frac{1}{2}} \times \eta^{n+\frac{1}{2}}, \Phi_{h}^{n+\frac{1}{2}}\right) \\
\quad+\left(\left(\nabla \times u^{n+\frac{1}{2}}\right) \times u^{n+\frac{1}{2}}-\left(\nabla \times u\left(t^{n+\frac{1}{2}}\right)\right) \times u\left(t^{n+\frac{1}{2}}\right), \Phi_{h}^{n+\frac{1}{2}}\right) \tag{4.22}
\end{gather*}
$$

We bound the second to last and last terms in (4.22) by

$$
\begin{align*}
&\left(w_{h}^{n+\frac{1}{2}} \times \eta^{n+\frac{1}{2}}, \Phi_{h}^{n+\frac{1}{2}}\right) \leq C\left\|w_{h}^{n+\frac{1}{2}}\right\|\left\|\nabla \eta^{n+\frac{1}{2}}\right\|\left\|\nabla \Phi_{h}^{n+\frac{1}{2}}\right\| \\
& \leq \frac{v}{12}\left\|\nabla \Phi_{h}^{n+\frac{1}{2}}\right\|^{2}+3 v^{-1}\left\|w_{h}^{n+\frac{1}{2}}\right\|^{2}\left\|\nabla \eta^{n+\frac{1}{2}}\right\|^{2}  \tag{4.23}\\
&\left(u\left(t^{n+\frac{1}{2}}\right) \times\left(\nabla \times u\left(t^{n+\frac{1}{2}}\right)\right)-u^{n+\frac{1}{2}} \times\left(\nabla \times u^{n+\frac{1}{2}}\right), \Phi_{h}^{n+\frac{1}{2}}\right) \\
& \leq \frac{v}{12}\left\|\nabla \Phi_{h}^{n+\frac{1}{2}}\right\|^{2}+3 v^{-1}\left\|u\left(t^{n+\frac{1}{2}}\right) \times\left(\nabla \times u\left(t^{n+\frac{1}{2}}\right)\right)-u^{n+\frac{1}{2}} \times\left(\nabla \times u^{n+\frac{1}{2}}\right)\right\|^{2} \\
& \leq \frac{v}{12}\left\|\nabla \Phi_{h}^{n+\frac{1}{2}}\right\|^{2}+\frac{3}{48} v^{-1}(\Delta t)^{3} \int_{t^{n}}^{t^{n+1}}\left\|(u \times(\nabla \times u))_{t t}\right\|^{2} d t . \tag{4.24}
\end{align*}
$$

For the first term in (4.22), we first need a bound on $\left\|\nabla \times u^{n+\frac{1}{2}}-w_{h}^{n+\frac{1}{2}}\right\|$. This is obtained by restricting $\chi_{h}$ to $V_{h}$ in (2.6) and then subtracting $\left(\nabla \times u^{n+\frac{1}{2}}, \chi_{h}\right)$ from both sides of (2.6), which gives us

$$
\begin{aligned}
\left(\nabla \times u^{n+\frac{1}{2}}-w_{h}^{n+\frac{1}{2}}, \chi_{h}\right) & =\left(\nabla \times\left(u^{n+\frac{1}{2}}-u_{h}^{n+\frac{1}{2}}\right), \chi_{h}\right) \\
& =\left(\nabla \times \eta^{n+\frac{1}{2}}, \chi_{h}\right)+\left(\nabla \times \Phi_{h}^{n+\frac{1}{2}}, \chi_{h}\right)
\end{aligned}
$$

By the definition of $P_{V_{h}}$,

$$
\begin{aligned}
\left(P_{V_{h}}\left(\nabla \times u^{n+\frac{1}{2}}\right)-w_{h}^{n+\frac{1}{2}}, \chi_{h}\right) & =\left(\nabla \times u^{n+\frac{1}{2}}-w_{h}^{n+\frac{1}{2}}, \chi_{h}\right) \\
& =\left(\nabla \times\left(u^{n+\frac{1}{2}}-u_{h}^{n+\frac{1}{2}}\right), \chi_{h}\right) \\
& =\left(\nabla \times \eta^{n+\frac{1}{2}}, \chi_{h}\right)+\left(\nabla \times \Phi_{h}^{n+\frac{1}{2}}, \chi_{h}\right)
\end{aligned}
$$

Choose $\chi_{h}=P_{V_{h}}\left(\nabla \times u^{n+\frac{1}{2}}\right)-w_{h}^{n+\frac{1}{2}}$ we obtain

$$
\begin{equation*}
\left\|P_{V_{h}}\left(\nabla \times u^{n+\frac{1}{2}}\right)-w_{h}^{n+\frac{1}{2}}\right\|^{2} \leq 2\left(\left\|\nabla \eta^{n+\frac{1}{2}}\right\|^{2}+\left\|\nabla \Phi_{h}^{n+\frac{1}{2}}\right\|^{2}\right) . \tag{4.25}
\end{equation*}
$$

Now using (4.25) and, from Poincare's inequality, $\left\|\Phi_{h}^{n+\frac{1}{2}}\right\| \leq C\left\|\nabla \Phi_{h}^{n+\frac{1}{2}}\right\|$ we obtain

$$
\begin{align*}
& \left(\left(P_{V_{h}}\left(\nabla \times u^{n+\frac{1}{2}}\right)-w_{h}^{n+\frac{1}{2}}\right) \times u^{n+\frac{1}{2}}, \Phi_{h}^{n+\frac{1}{2}}\right) \\
& \leq C\left\|\nabla u^{n+\frac{1}{2}}\right\|\left\|P_{V_{h}}\left(\nabla \times u^{n+\frac{1}{2}}\right)-w_{h}^{n+\frac{1}{2}}\right\|\left\|\Phi_{h}^{n+\frac{1}{2}}\right\|^{\frac{1}{2}}\left\|\nabla \Phi_{h}^{n+\frac{1}{2}}\right\|^{\frac{1}{2}} \\
& \leq C\left\|\nabla u^{n+\frac{1}{2}}\right\|\left(\left\|\nabla \eta^{n+\frac{1}{2}}\right\|\left\|\nabla \Phi_{h}^{n+\frac{1}{2}}\right\|+\left\|\Phi_{h}^{n+\frac{1}{2}}\right\|^{\frac{1}{2}}\left\|\nabla \Phi_{h}^{n+\frac{1}{2}}\right\|^{\frac{3}{2}}\right) \\
& \leq \frac{v}{12}\left\|\nabla \Phi_{h}^{n+\frac{1}{2}}\right\|^{2}+C v^{-1}\left\|\nabla u^{n+\frac{1}{2}}\right\|^{2}\left\|\nabla \eta^{n+\frac{1}{2}}\right\|^{2}+\frac{v}{12}\left\|\nabla \Phi_{h}^{n+\frac{1}{2}}\right\|^{2}+C v^{-3}\left\|\nabla u^{n+\frac{1}{2}}\right\|^{4}\left\|\Phi_{h}^{n+\frac{1}{2}}\right\|^{2} . \tag{4.26}
\end{align*}
$$

Also, we have that

$$
\begin{align*}
&\left(\left(\nabla \times u^{n+\frac{1}{2}}-P_{V_{h}}\left(\nabla \times u^{n+\frac{1}{2}}\right)\right) \times u^{n+\frac{1}{2}}, \Phi_{h}^{n+\frac{1}{2}}\right) \\
& \leq C\left\|\nabla \times u^{n+\frac{1}{2}}-P_{V_{h}}\left(\nabla \times u^{n+\frac{1}{2}}\right)\right\|\left\|\nabla u^{n+\frac{1}{2}}\right\|\left\|\nabla \Phi_{h}^{n+\frac{1}{2}}\right\| \\
& \leq \frac{v}{12}\left\|\nabla \Phi_{h}^{n+\frac{1}{2}}\right\|^{2}+C\left\|\nabla u^{n+\frac{1}{2}}\right\|^{2}\left\|\nabla \times u^{n+\frac{1}{2}}-P_{V_{h}}\left(\nabla \times u^{n+\frac{1}{2}}\right)\right\|^{2} \tag{4.27}
\end{align*}
$$

We combine the estimates (4.27) and (4.26) and obtain the desired bound for the term $\left(\left(w_{h}^{n+\frac{1}{2}}-\nabla \times u^{n+\frac{1}{2}}\right) \times u^{n+\frac{1}{2}}, \Phi_{h}^{n+\frac{1}{2}}\right)$.
Noting that $\left\|\nabla \cdot \Phi_{h}^{n+\frac{1}{2}}\right\|^{2} \leq 1 / 2\left(\left\|\nabla \cdot \Phi_{h}^{n+1}\right\|^{2}+\left\|\nabla \cdot \Phi_{h}^{n}\right\|^{2}\right)$, substituting the bounds derived in (4.23), (4.24), (4.26), and (4.27) into (4.21) yields

$$
\begin{align*}
& \frac{1}{2 \Delta t}\left(\left\|\Phi_{h}^{n+1}\right\|^{2}-\left\|\Phi_{h}^{n}\right\|^{2}\right)+\frac{\gamma}{2 \Delta t}\left(\left\|\nabla \cdot \Phi_{h}^{n+1}\right\|^{2}-\left\|\nabla \cdot \Phi_{h}^{n}\right\|^{2}\right)+\frac{v}{2}\left\|\nabla \Phi_{h}^{n+\frac{1}{2}}\right\|^{2} \\
& \leq\left(\frac{v^{2}+4}{2}+C v^{-3}\left\|\nabla u^{n+\frac{1}{2}}\right\|^{4}\right)\left\|\Phi_{h}^{n+\frac{1}{2}}\right\|^{2}+\frac{\gamma}{2}\left(\left\|\nabla \cdot \Phi_{h}^{n+1}\right\|^{2}+\left\|\nabla \cdot \Phi_{h}^{n}\right\|^{2}\right) \\
& +\frac{1}{2 \gamma} \inf _{q_{h} \in Q_{h}}\left\|p\left(t^{n+1}\right)-q_{h}\right\|^{2}+C v\left\|\nabla \eta^{n+\frac{1}{2}}\right\|^{2}+\left\|\eta_{t}\left(t^{n+1}\right)\right\|^{2}+\gamma\left\|\nabla \cdot \eta_{t}\left(t^{n+1}\right)\right\|^{2} \\
& +C v^{-1}\left\|w_{h}^{n+\frac{1}{2}}\right\|^{2}\left\|\nabla \eta^{n+\frac{1}{2}}\right\|^{2}+v^{-1}\left\|\nabla u^{n+\frac{1}{2}}\right\|^{2}\left\|\nabla \eta^{n+\frac{1}{2}}\right\|^{2}+\int_{t^{n}}^{t^{n+1}}\left\|\eta_{t t}\right\|^{2} d t \\
& \quad+\gamma \int_{t^{n}}^{t^{n+1}}\left\|\nabla \cdot \eta_{t t}\right\|^{2} d t+C \Delta t^{3}\left(\int_{t^{n}}^{t^{n+1}}\left\|u_{t t t}\right\|^{2} d t+\int_{t^{n}}^{t^{n+1}}\left\|\nabla u_{t t}\right\|^{2} d t\right) \\
& +C v^{-1}(\Delta t)^{3} \int_{t^{n}}^{t^{n+1}}\left\|(u \times(\nabla \times u))_{t t}\right\|^{2} d t+C\left\|\nabla u^{n+\frac{1}{2}}\right\|^{2}\left\|\nabla \times u^{n+\frac{1}{2}}-P_{V_{h}}\left(\nabla \times u^{n+\frac{1}{2}}\right)\right\|^{2} \tag{4.28}
\end{align*}
$$

Next multiply by $2 \Delta t$, sum over time steps, and using the Gronwall inequality (from [11]) yields

$$
\begin{align*}
& \left\|\Phi_{h}^{M}\right\|^{2}+\gamma\left\|\nabla \cdot \Phi_{h}^{M}\right\|^{2}+v \Delta t \sum_{n=0}^{M-1}\left\|\nabla \Phi_{h}^{n+\frac{1}{2}}\right\|^{2} \\
& \leq C e x p\left(2 \Delta t \sum_{n=0}^{M-1} \gamma+\frac{v^{2}+4}{2}+C v^{-3}\left\|\nabla u^{n+\frac{1}{2}}\right\|^{4}\right)\left(\Delta t \sum_{n=1}^{M} \frac{1}{2 \gamma} \inf _{q_{h} \in Q_{h}}\left\|p\left(t^{n}\right)-q_{h}\right\|^{2}\right. \\
& +\Delta t \sum_{n=0}^{M} v\left\|\nabla \eta^{n}\right\|^{2}+\Delta t \sum_{n=1}^{M}\left\|\eta_{t}\left(t^{n}\right)\right\|^{2}+\Delta t \sum_{n=1}^{M} \gamma\left\|\nabla \eta_{t}\left(t^{n}\right)\right\|^{2}+\Delta t \sum_{n=0}^{M-1} v^{-1}\left\|w_{h}^{n+\frac{1}{2}}\right\|^{2}\left\|\nabla \eta^{n+\frac{1}{2}}\right\|^{2} \\
& \quad+\Delta t \sum_{n=0}^{M-1} v^{-1}\left\|\nabla u^{n+\frac{1}{2}}\right\|^{2}\left\|\nabla \eta^{n+\frac{1}{2}}\right\|^{2}+\Delta t \sum_{n=0}^{M-1} \int_{t^{n}}^{t^{n+1}}\left\|\eta_{t t}\right\|^{2} d t
\end{aligned} \begin{aligned}
& +\Delta t \sum_{n=0}^{M-1} \gamma \int_{t^{n}}^{t^{n+1}}\left\|\nabla \cdot \eta_{t t}\right\|^{2} d t+(\Delta t)^{4}\left\|u_{t t t}\right\|_{2,0}^{2}+(\Delta t)^{4}\left\|\nabla u_{t t}\right\|_{2,0}^{2}+(\Delta t)^{4}\left\|(u \times(\nabla \times u))_{t t}\right\|_{2,0}^{2} \\
& \left.\quad+\Delta t \sum_{n=0}^{M-1}\left\|\nabla u^{n+\frac{1}{2}}\right\|^{2}\left\|\nabla \times u^{n+\frac{1}{2}}-P_{V_{h}}\left(\nabla \times u^{n+\frac{1}{2}}\right)\right\|^{2}\right) \quad \text { (4.29) }
\end{align*}
$$

Recall the approximation properties of $U^{n} \in V_{h}, q_{h} \in Q_{h}$, and $P_{V_{h}}$ [13]

$$
\begin{aligned}
\left\|\eta\left(t^{n}\right)\right\|_{s} & \leq C h^{k+1-s}\left\|u\left(t^{n}\right)\right\|_{k+1}, s=0,1, \text { and } \\
\inf _{q_{h} \in Q_{h}}\left\|p\left(t^{n}\right)-q_{h}\right\| & \leq C h^{k}\left\|p\left(t^{n}\right)\right\|_{k} \\
\left\|w^{n}-P_{V_{h}}\left(w^{n}\right)\right\| & \leq C h^{k+1}\left\|w^{n}\right\|_{k+1} .
\end{aligned}
$$

Estimate (4.29) then becomes

$$
\begin{align*}
&\left\|\Phi_{h}^{M}\right\|^{2}+ \gamma\left\|\nabla \cdot \Phi_{h}^{M}\right\|^{2}+v \Delta t \sum_{n=0}^{M-1}\left\|\nabla \Phi_{h}^{n+\frac{1}{2}}\right\|^{2} \\
& \leq C \exp \left(2 \Delta t \sum_{n=0}^{M-1} \gamma+\frac{v^{2}+4}{2}+C v^{-3}\left\|\nabla u^{n+\frac{1}{2}}\right\|^{4}\right)\left(\frac{1}{2 \gamma} h^{2 k}\|\mid p\|_{2, k}^{2}\right. \\
&+v h^{2 k}\||u|\|_{2, k+1}^{2}+h^{2 k+2}\left\|\left|u_{t}\right|\right\|_{2, k+1}^{2}+\gamma h^{2 k}\left\|\left|u_{t}\right|\right\|_{2, k+1}^{2} \\
&+ v^{-1} h^{2 k}\left\|\left|u_{t}\| \|_{\infty, 1}^{2}\||u|\|_{2, k+1}^{2}+\Delta t \gamma h^{2 k}\left\|u_{t t}\right\|_{2, k+1}^{2}+\Delta t h^{2 k+2}\left\|u_{t t}\right\|_{2, k+1}^{2}\right.\right. \\
& \quad+(\Delta t)^{4}\left\|u_{t t t}\right\|_{2,0}^{2}+(\Delta t)^{4}\left\|\nabla u_{t t}\right\|_{2,0}^{2}+(\Delta t)^{4}\left\|(u \times(\nabla \times u))_{t t}\right\|_{2,0}^{2} \\
&\left.+\left(v \Delta t \sum_{n=0}^{M-1}\left\|w_{h}^{n+\frac{1}{2}}\right\|^{2}\right) v^{-2} h^{2 k}\left\|\left|u_{t}\right|\right\|_{\infty, k+1}^{2}+h^{2 k+2}\left\|\left|u\left\|_{\infty, 1}^{2}\right\|\right| \nabla \times u \mid\right\|_{2, k+1}^{2} .\right) \tag{4.30}
\end{align*}
$$

Finally, from the boundness estimate for $v \Delta t \sum_{n=0}^{M-1}\left\|w_{h}^{n+\frac{1}{2}}\right\|^{2}$ from (3.4), and an application of the triangle inequality we obtain (4.7).

Remark 4.1. As expected, if $\left(X_{h}, Q_{h}\right)$ is chosen to be the inf-sup stable pair $\left(P_{k}, P_{k-1}\right)$, $k \geq 2$, then with the smoothness assumptions (4.1)-(4.6) and $p \in L^{2}\left(0, T ; H^{k}(\Omega)\right)$ the $H^{1}$ convergence for the velocity is

$$
\begin{equation*}
\left\|\left|u-u_{h}\right|\right\|_{2,1} \leq C\left(\Delta t^{2}+h^{k}\right) \tag{4.31}
\end{equation*}
$$

Remark 4.2. The significant computational improvement of Schemes 2 and 3 over Scheme 1 is somewhat masked in the statement of the a priori error bound for the velocity (for Scheme 3) given in (4.7). For Scheme 1 the pressure contribution to the bound is $C / v\left\|p-q_{h}\right\|$, whereas for Schemes 2 and 3 the pressure contribution is given by $C\left\|p-q_{h}\right\|$, see (4.20). The presence of $v$ in the denominator for Scheme 1 suggests a superior numerical performance of Schemes 2 and 3 if a large pressure error is present.

## 5 Numerical Experiments

This section presents two numerical experiments, the first to confirm convergence rates and the second to compare the schemes' accuracies over a longer time interval, against


Figure 1: The velocity solution to the Ethier-Steinman problem with $a=1.25, d=1$ at $t=0$ on the $(-1,1)^{3}$ domain. The complex flow structure is seen in the streamribbons in the box and the velocity streamlines and speed contours on the sides.
each other and a commonly used scheme. For both experiments, we will compute approximations to the Ethier-Steinman exact Navier-Stokes solution on $[-1,1]^{3}[7]$, although we choose different parameters and viscosities for the two tests. We find in the first numerical experiment, computed convergence rates from successive mesh and time-step refinements indeed match the predicted rates from section 4. For the second experiment, the advantage of using the stabilized enhanced physics based scheme is demonstrated.

For chosen parameters $a, d$ and viscosity $v$, the exact Ethier-Steinman NSE solution is given by

$$
\begin{align*}
u_{1}= & -a\left(e^{a x} \sin (a y+d z)+e^{a z} \cos (a x+d y)\right) e^{-v d^{2} t}  \tag{5.1}\\
u_{2}= & -a\left(e^{a y} \sin (a z+d x)+e^{a x} \cos (a y+d z)\right) e^{-v d^{2} t}  \tag{5.2}\\
u_{3}= & -a\left(e^{a z} \sin (a x+d y)+e^{a y} \cos (a z+d x)\right) e^{-v d^{2} t}  \tag{5.3}\\
p= & -\frac{a^{2}}{2}\left(e^{2 a x}+e^{2 a y}+e^{2 a z}+2 \sin (a x+d y) \cos (a z+d x) e^{a(y+z)}\right. \\
& +2 \sin (a y+d z) \cos (a x+d y) e^{a(z+x)} \\
& \left.+2 \sin (a z+d x) \cos (a y+d z) e^{a(x+y)}\right) e^{-2 v d^{2} t} \tag{5.4}
\end{align*}
$$

We give the pressure in its usual form, although our scheme approximates instead the Bernoulli pressure $P=p+\frac{1}{2}|u|^{2}$. This problem was developed as a 3d analogue to the Taylor vortex problem, for the purpose of benchmarking. Although unlikely to be physically realized, it is a good test problem because it is not only an exact NSE solution, but also it has non-trivial helicity which implies the existence of complex structure [18] in the velocity field. The $t=0$ solution for $a=1.25$ and $d=1$ is illustrated in Figure 1. For both experiments below, we use $u^{0}=\left(u_{1}(0), u_{2}(0), u_{3}(0)\right)^{T}$ as the initial condition
and enforce Dirichlet boundary conditions for velocity to be the interpolant of $u(t)$ on the boundary, while a do-nothing boundary condition is used for the vorticity projection. All computations with schemes 2 and 3 use stabilization parameter $\gamma=1$.

### 5.1 Numerical Test 1: Convergence rate verification

| $h$ | $\Delta t$ | $\left\\|u-u_{\mathrm{S} 1}\right\\| \\|_{2,1}$ | rate | $\left\\|\mid u-u_{\mathrm{S} 2}\right\\|_{2,1}$ | rate | $\left\\|u-u_{\mathrm{S} 3}\right\\|_{2,1}$ | rate |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | 0.001 | 0.01560 | - | 0.01556 | - | 0.01579 | - |
| 0.5 | 0.0005 | 0.00390 | 2.00 | 0.00391 | 1.99 | 0.00395 | 2.00 |
| 0.25 | 0.00025 | 0.000979 | 1.99 | 0.000979 | 2.00 | 0.000984 | 2.01 |
| 0.125 | 0.000125 | 0.000245 | 2.00 | 0.000245 | 2.00 | 0.000246 | 2.00 |

Table 1: The $\left\|\left|u_{N S E}-u_{h}\right|\right\|_{2,1}$ errors and convergence rates for each of the three scheme of algorithm 2.1.

To verify convergence rates predicted in section 4, we compute approximations to (5.1)(5.4) with parameters $a=d=\pi / 4$, viscosity $v=1$, and end-time $T=0.001$. Since $\left(P_{2}, P_{1}\right)$ elements are being used, we expect $O\left(h^{2}+\Delta t^{2}\right)$ convergence of $\left\|\left|u_{N S E}-u_{h}\right|\right\|_{2,1}$ for each of the three schemes of Algorithm 2.1. Errors and rates in this norm are shown in table 1, and we find they match those predicted by the theory.

### 5.2 Numerical Test 2: Comparison of the schemes

For our second test, we compute approximations to (5.1)-(5.4) with $a=1.25, d=1$, kinematic viscosity $v=0.002$, end time $T=0.5$, using all 3 schemes from Algorithm 2.1. We use 3,072 tetrahedral elements, which provides 41,472 velocity degrees of freedom, and 46,875 degrees of freedom for the projected vorticity since here there are degrees of freedom on the boundary. It is important to note that due to the splitting of the projection equations from the NSE system in the solver and since the projection equation is well-conditioned, the time spent for assembling and solving the projection equations is negligible.
In addition to the 3 schemes of Algorithm 2.1, for comparison, we also compute approximations using the well-known convective form Crank-Nicolson (CCN) FEM for the Navier-Stokes equations [13, 10, 12]. We run the simulations with time-step $\Delta t=0.005$. Results of the simulations are shown in figures 2 and 3 , where $L^{2}(\Omega)$ error and helicity error are plotted against time. Is clear from the pictures that the enhanced physics based scheme is superior to the usual Crank-Nicolson scheme, and its advantage becomes more pronounced with larger time. Also it is seen how the stabilizations of the enhanced-physics scheme improve accuracy.


Figure 2: The plot above shows $L_{2}$ error of the velocity vs time for the four schemes of test 2 . We see in the plot that the stabilizations add accuracy to the enhanced-physics scheme, and that the altered grad-div stabilization gives slightly better results than the usual grad-div stabilization. It can also be seen that the enhanced-physics scheme is far more accurate in this metric than the usual Crank-Nicolson scheme.

## 6 Conclusions and future directions

We have extended the methodology of the enhanced-physics based scheme of [23] to a more general set of problems. This extension required the use of grad-div type stabilizations since the scheme uses a Bernoulli pressure which can be a dominant source of error in finite element computations, and we proposed an altered grad-div stabilization that appears to stabilize in a similar way as the usual grad-div stabilziation, but provides a more physical solution by not altering the energy balance. We also provided a numerical example that showed the advantage of the enhanced physics based scheme as well as for the altered grad-div stabilization that we use.

As discussed in the Introduction, with the rotational form of the NSE and introduction of the Bernoulli pressure, the pressure term in the a priori error estimate for the velocity approximation can have a significant impact. An alternative to a grad-div stabilization method may be to choose the approximation spaces ( $X_{h}, Q_{h}$ ) so that the pressure term does not appear in the a priori error estimate for the velocity approximation. Recently stable approximation spaces $\left(X_{h}, Q_{h}\right)$, Scott-Vogelius elements [28] (see [27, 26, 24, 25] for $\Omega \subset \mathbb{R}^{2}$ ), have been introduced for which $\left[\nabla \cdot X_{h}\right] \subset Q_{h}$, which guarantees that discretly divergence free approximations for the velocity are also $L^{2}$ divergence free. These elements require a special mesh, and are higher order (at least) $P_{3}(e)$ - (discontinuous) $P_{2}(e)$ compared to the commonly used Taylor-Hood elements $P_{2}(e)-P_{1}(e)$. Future work will include a comparison of the stabilized methods investi-


Figure 3: The plot above shows helicity error vs time for the four schemes of test 2 . We see in the plot that helicity is far more accurate in the enhanced-physics scheme, and even better with stabilizations, than the usual Crank-Nicolson scheme.
gated above with approximations using Scott-Vogelius elements.

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