

# ALTOP

ALTERNATIVES TO  
OPIOIDS

**SPRING 2022 ALTOP NEWSLETTER**

**SPRING 2022 - ISSUE #4**

**SACRED HEART UNIVERSITY**



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- **Southwest Community Health Center Quality Improvement Staff (QIS)**
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- **Preceptors' Workshop CEU Credits**

## SOUTHWEST QUALITY IMPROVEMENT STAFF (QIS)



1 - *Cindy Salmoiraghi*

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Health Information and Quality Management Specialist

*Southwest Community Health Center, Inc*

*Cindy has been employed by Southwest Community Health Center since 2015. She spends her workday pulling data from the EHR to compile internal reports for the agency and utilizes external measurement*

*instruments to gauge performance on specific criterion. She tailors reports to satisfy specific requests and is conscious of the need to create interest- “data needs to be eye-catching in order to attract attention”, she says.*

*Prior to her work at Southwest, Cindy was employed by a prominent behavioral health agency for over 20 years and held several clinical and key lead administrative positions. When not working, she is an avid gardener and enjoys woodworking. Growing, building, and fixing appear to be her mission.*

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*2 - Joanne Smith*

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Director of Quality Improvement

*Southwest Community Health Center, Inc*

*Joanne has been employed by Southwest Community Health Center since 2016 as the director of Quality Improvement. She is responsible for the overall development, implementation, and monitoring of the clinic’s continuous improvement and quality assurance activities to ensure compliance with quality benchmarks and the delivery of high-quality care. She has many years of experience working in the Health Care industry.*

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## FNP-DNP QUALITY IMPROVEMENT STUDENT'S PROJECT



3 - Genesis M. Ladinez Velez

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**Site:** Southwest Community Health Center

**Project Title:** Implementation of a Self-Management Program for Hispanic Patients with Chronic Non-Cancer Pain

**Methods:** Educate patients about non-pharmacological interventions for the management of chronic non-cancer pain. The Defense and Veterans Pain Rating Scale (DVPRS) was used to assess pain and quality of life. Post-Event Satisfaction Survey developed by the DNP student project developer to gather qualitative data.

**Significance:** The implementation of non-pharmacological modalities for the management of chronic non-cancer pain can increase the quality of life.

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PAUL L. JONES SCHOLARSHIP RECIPIENTS



*Lizete Dos Santos*

*Diane Eannotti*

*Joni-Kay Johnson*

*Domingo Martins*

*Austin McCaslin*

*Sunny Rana*

*Alexi Rivera*

*Socnite Sebourne-Francis*

*Lauren Violette*

SHU ALUMNI KIMBERLY TESTO'S AANP NATIONAL YEAR AWARD

*Congratulations*



*4 - SHU Alumni: Kimberly M. Testo FNP-C, APRN, MSN, WCC*

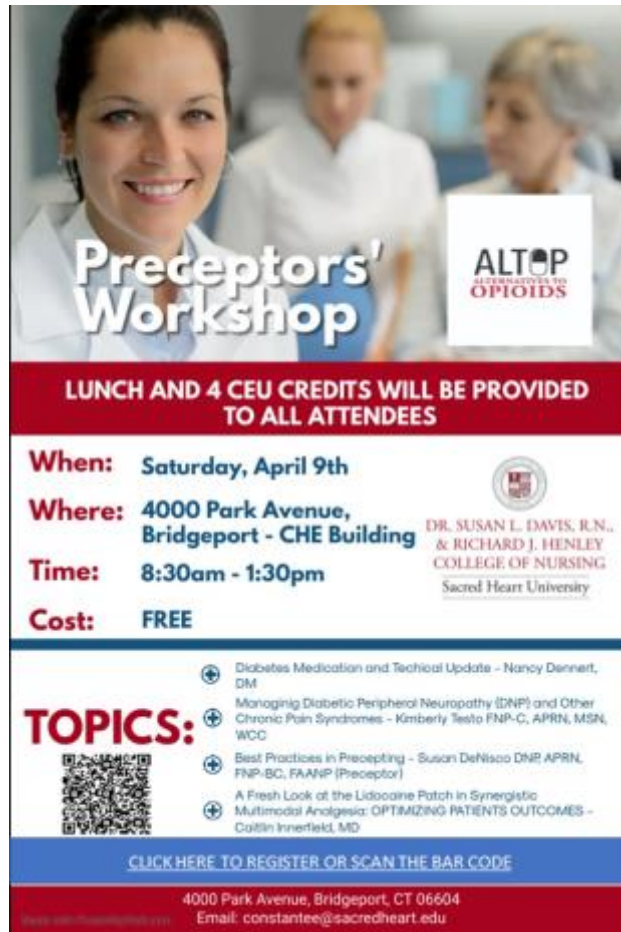
Kimberly M. Testo FNP-C, APRN, MSN, WCC

Owner of New Solutions Pain Management Clinic LLC and SHU Alumni

Received the American Association of Nurse Practitioners National Society Award.

Congratulations!

## Preceptors' Workshop CEU Credits



The flyer features a photograph of three healthcare professionals in white coats. The main title 'Preceptors' Workshop' is overlaid on the image. To the right, a logo for 'ALTOP ALTERNATIVES TO OPIOIDS' is displayed. A red banner below the image states: 'LUNCH AND 4 CEU CREDITS WILL BE PROVIDED TO ALL ATTENDEES'. The event details are listed in a white box: 'When: Saturday, April 9th', 'Where: 4000 Park Avenue, Bridgeport - CHE Building', 'Time: 8:30am - 1:30pm', and 'Cost: FREE'. The host is identified as 'DR. SUSAN L. DAVIS, R.N., & RICHARD J. HENLEY, COLLEGE OF NURSING, Sacred Heart University'. A 'TOPICS:' section lists four topics with plus icons: 'Diabetes Medication and Technical Update - Nancy Dennert, DM', 'Managing Diabetic Peripheral Neuropathy (DNP) and Other Chronic Pain Syndromes - Kimberly Testa FNP-C, APRN, MSN, WCC', 'Best Practices in Precepting - Susan DeNisco DNR APRN, FNP-BC, FAANP (Preceptor)', and 'A Fresh Look at the Lidocaine Patch in Synergistic Multimodal Analgesia: OPTIMIZING PATIENTS OUTCOMES - Caitlin Innerfield, MD'. A QR code is provided for registration. A blue banner at the bottom of the white box says 'CLICK HERE TO REGISTER OR SCAN THE BAR CODE'. The footer contains the address '4000 Park Avenue, Bridgeport, CT 06604' and email 'constantee@sacredheart.edu'.

**Preceptors' Workshop**

**ALTOP**  
ALTERNATIVES TO OPIOIDS

**LUNCH AND 4 CEU CREDITS WILL BE PROVIDED TO ALL ATTENDEES**

**When:** Saturday, April 9th

**Where:** 4000 Park Avenue, Bridgeport - CHE Building

**Time:** 8:30am - 1:30pm

**Cost:** FREE

**DR. SUSAN L. DAVIS, R.N., & RICHARD J. HENLEY**  
COLLEGE OF NURSING  
Sacred Heart University

**TOPICS:**

- Diabetes Medication and Technical Update - Nancy Dennert, DM
- Managing Diabetic Peripheral Neuropathy (DNP) and Other Chronic Pain Syndromes - Kimberly Testa FNP-C, APRN, MSN, WCC
- Best Practices in Precepting - Susan DeNisco DNR APRN, FNP-BC, FAANP (Preceptor)
- A Fresh Look at the Lidocaine Patch in Synergistic Multimodal Analgesia: OPTIMIZING PATIENTS OUTCOMES - Caitlin Innerfield, MD

[CLICK HERE TO REGISTER OR SCAN THE BAR CODE](#)

4000 Park Avenue, Bridgeport, CT 06604  
Email: constantee@sacredheart.edu

5 - [CLICK HERE TO REGISTER OR SCAN THE BAR CODE](#)<sup>1</sup>

<sup>1</sup><https://www.surveymonkey.com/r/04-09PreceptorsWorkshopRegistration>

## CONTACT US



**DR. SUSAN L. DAVIS, R.N.,  
& RICHARD J. HENLEY  
COLLEGE OF NURSING**

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**Sacred Heart University**

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### **Contact Us**

#### **Sacred Heart University**

5151 Park Avenue

Fairfield, CT 06825

203-396-8383

constantee@sacredheart.edu

Visit us on the web by clicking here<sup>2</sup>

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<sup>2</sup><https://www.sacredheart.edu/academics/colleges--schools/college-of-nursing/scholarships--grants/hrsa-anew-alternatives-to-opioids-for-pain-altop/>