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### Using Your Words: Improved Communication During Code Rescues

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### Background

- A Code Rescue/Rapid Response: Called when a patient’s medical condition starts to decline.
- An important skill set in the healthcare setting is having effective communication in which nurses need to provide specific pertinent information.
- The **SBAR** model is a communication tool for disseminating information utilizing a structured reporting system (Bloom et al., 2015; Campbell & Dontie, 2019).
- A gap in the literature: Communication specific to the admitted acute care patients, where rapid clinical deterioration is prevalent.

### Study Objectives

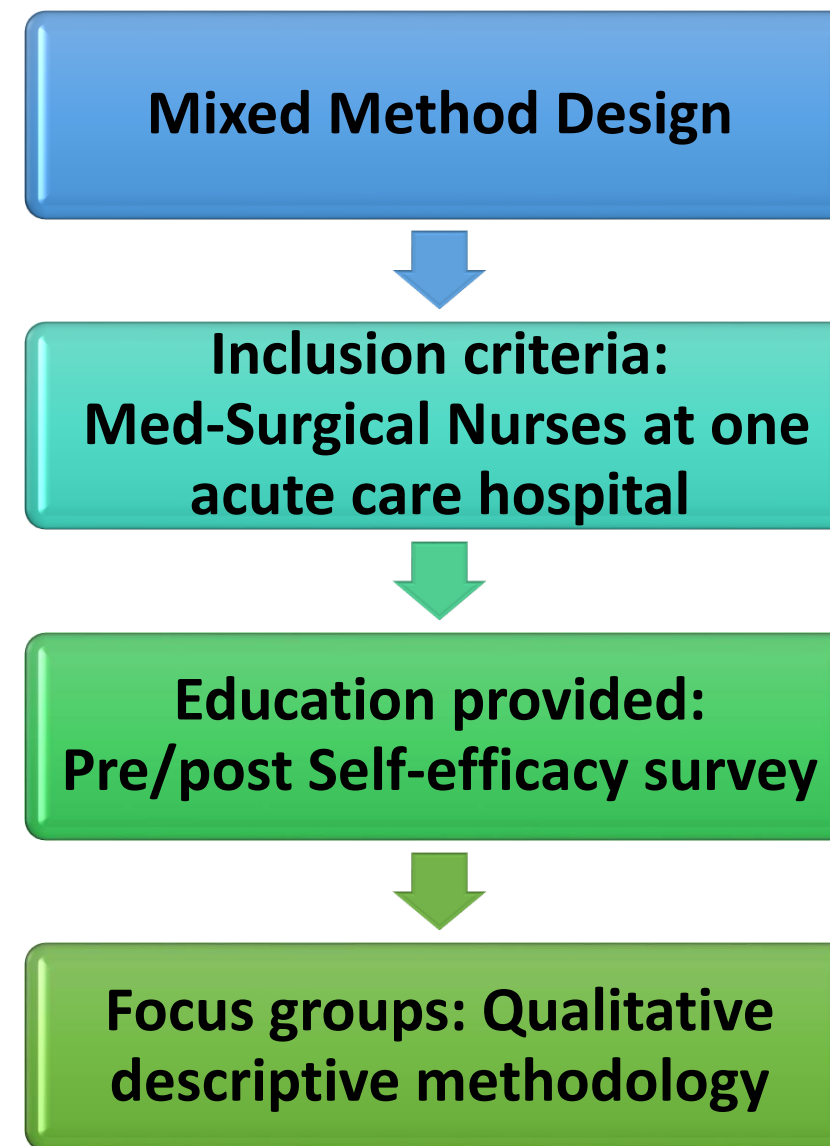


**The goals of the study:**

- Empower direct care nurses by improving their self-efficacy related to communication with the Advanced Practice Provider (APP) during a Code Rescue.
- Generate new knowledge with the implementation of a structured educational session on a modified **SBAR** model to strengthen communication skills and improve self confidence.

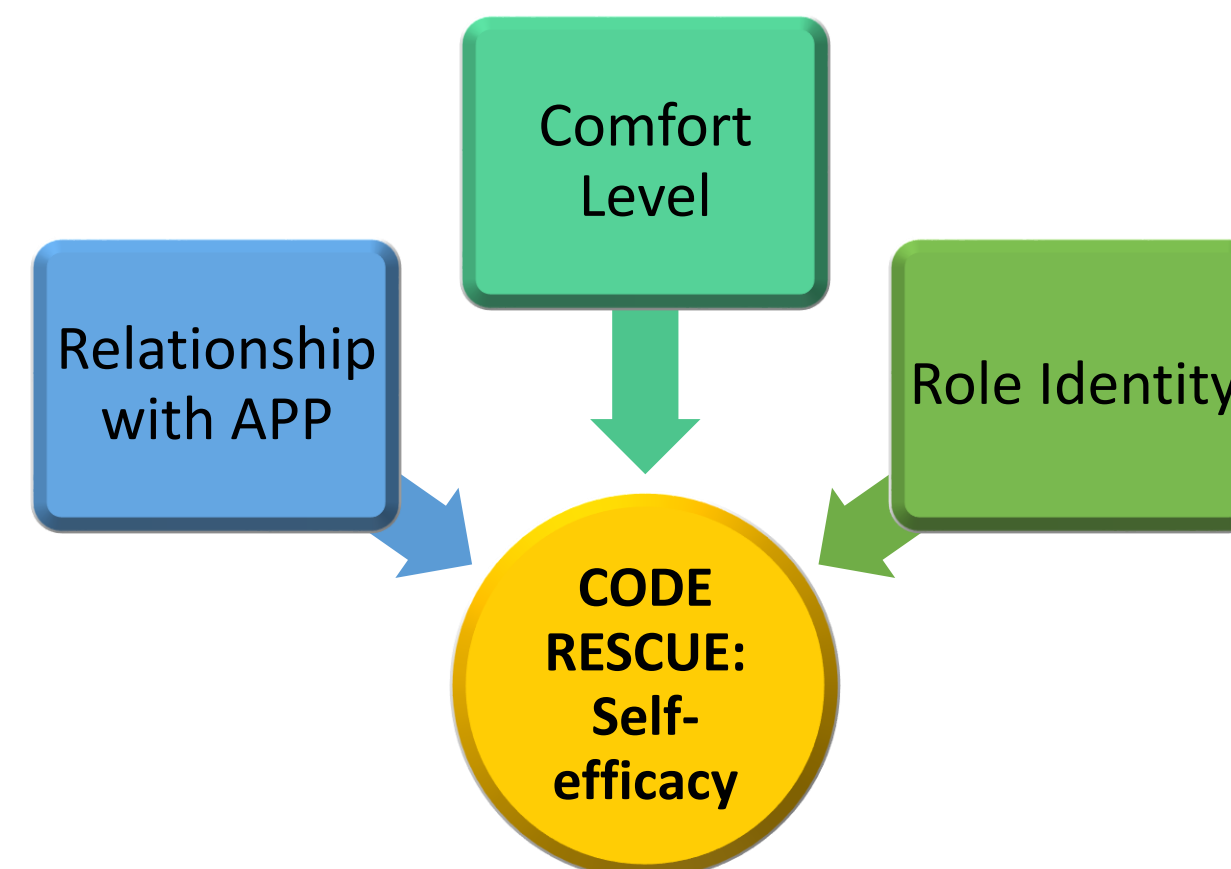


### Methods of Implementation



### Results

Utilizing a constant comparative analysis, three themes emerged from the participants’ perceptions on how they viewed the education provided by the APPs and what makes them feel confident during a Code Rescue.



### Results (con’t)

- The results (N=13) demonstrated an increase in the participants’ mean scores on these assessments from 32.31 before the program to 34.00 post-program survey.
- Participants were able to increase their self-efficacy in managing Code Rescue situations after the educational session.

### Discussion

- This study generated new knowledge surrounding nurses’ self-efficacy during a Code Rescue and improved communication with the APP during a Code Rescue.
- The results confirmed the effectiveness of the education surrounding Code Rescue and the importance of communication among team members.
- In addition, the themes that emerged revealed the relationship with the Advanced Practice Providers strengthen the nurses’ self-efficacy surrounding Code Rescue.

### Contact Information

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