## Free cholesterol accelerates $A\beta$ self-assembly on membranes at physiological concentration

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**Figure S1.** Aggregation of 10 nM A $\beta$ (1-42), in the presence of 100 nM Chol, on PC-PS-Chol bilayer. **A**) AFM image of PC-PS-Chol lipid bilayer before addition of A $\beta$ (1-42)-Chol solution. The smooth, homogeneous bilayer surface is ideal for monitoring the aggregation events. **B**) The same area of the surface after 30 min following the addition of A $\beta$ (1-42)-Chol solution. Small aggregates are visible on surface (highlighted with white arrows). The distribution of aggregate volumes after 30 min, **c**), and 2 hr, **d**). Peak values obtained using Gaussian fits are presented in the histograms; errors indicate standard deviation.



**Figure S2.** Time-lapse images of PC-PS-Chol bilayer in presence of 100 nM Chol. **a**) The PC-PS-Chol bilayer surface before addition of Chol solution. **b**) Bilayer surface 2 hr after addition of Chol solution. No aggregate-like features are observed. **c**) A large-scale image of a different area of the bilayer surface after 2 hr incubation with Chol solution. d) Zoom of **c** to check for aggregate-like features.



**Figure S3.** Dynamics of A $\beta$ (1-42) aggregation on the PC-PS-Chol bilayer. **a**) AFM image of the bilayer surface recorded 3 hr after addition of A $\beta$ (1-42)-Chol solution. **b-d**) Bar diagrams showing the distribution of aggregate volumes at different incubation time points.



**Figure S4.**  $A\beta(1-42)$ -Chol contacts. Evolution of contacts between Chol molecule and residues of  $A\beta(1-42)$  monomer for each simulation. Blue graphs show cumulative contacts while the red kymographs show which  $A\beta(1-42)$  residues are responsible for contact.



**Figure S5.** Secondary structure maps for  $A\beta(1-42)$  monomer interacting with Chol. Each map represents one simulation.



**Figure S6.** Secondary structure maps for  $A\beta(1-42)$  monomer. Each map represents one simulation.