



Hypo-angiogenesis: A possible pathological factor in the development of dry age-related macular degeneration and a novel therapeutic target

Pradeep Venkatesh¹

¹ Rajendra Prasad Centre for Ophthalmic Sciences, All India Institute of Medical Sciences (AIIMS), New Delhi, India

ABSTRACT

Background: Angiogenesis causes severe vision loss in patients with exudative or wet forms of age-related macular degeneration (AMD). The pathogenesis involves upregulation of several proangiogenic factors, particularly the vascular endothelial growth factor (VEGF). Contrary to the pathogenesis of exudative AMD, molecular events leading to the development of dry AMD remain unclear. Dry AMD is characterized by loss of the retinal pigment epithelium (RPE). The mechanism that triggers RPE cell loss remains unclear. Choriocapillaris development is absent in mice with RPE-specific deletion of VEGF. Moreover, in later life, background VEGF secretion promotes the survival of the RPE and maintains choriocapillaris integrity.

Hypothesis: We hypothesized that reduced synthesis of VEGF (hypo-angiogenesis) or abnormalities in its receptors, VEGF receptor-1 (VEGFR1) and VEGFR2, may be involved in the pathogenesis of non-exudative AMD or dry AMD. If the concept of hypo-angiogenesis as a driver for dry AMD is proven, treatment with VEGF or induction of angiogenesis could be considered. Similar attempts at therapeutic angiogenesis have been actively investigated in cardiac and limb ischemia.

Conclusions: The reasons for a patient developing exudative AMD or dry AMD remain poorly understood. Nevertheless, targeting increased VEGF production in patients with exudative AMD using anti-VEGF drugs is highly efficacious in preserving vision. Similarly, dry AMD may be a manifestation of reduced VEGF synthesis (hypo-angiogenesis) and subsequent decreased RPE cell survival. Experimental studies exploring the possibility of reduced VEGF secretion and/or increased receptor resistance/abnormality could pave the way for clinical trials of angiogenesis to treat dry AMD.

KEY WORDS

hypo-angiogenesis, angiogenesis, VEGF, vascular endothelial growth factor, age-related macular degeneration, dry AMD, exudative AMD, anti-VEGF, aflibercept, ranibizumab, bevacizumab, brolocizumab, wet macular degeneration, geographic atrophy, macular degeneration, therapeutic angiogenesis

INTRODUCTION

Pathological angiogenesis is defined as the aberrant initiation, propagation, and proliferation of abnormal vascular elements in response to prolonged oxidative stress and long-standing tissue hypoxia [1]. Angiogenesis causes severe vision loss in patients with proliferative vascular retinopathies, such as diabetic retinopathy, retinal

Correspondence: Pradeep Venkatesh, Professor, Surgical and Medical Retina, 482, Fourth floor, RP Centre for Ophthalmic Sciences, All India Institute of Medical Sciences, New Delhi- 110029, India. Tel: 01126593139, 01126593101. Email: venkyprao@yahoo.com ORCID iD: <https://orcid.org/0000-0002-3706-7407>

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vascular occlusion, retinal vasculitis, and hereditary vitreoretinopathies [1], and exudative or wet forms of age-related macular degeneration (AMD) [2]. The pathogenesis of AMD involves the upregulation of several proangiogenic factors, particularly the vascular endothelial growth factor (VEGF) [1]. Anti-VEGF drugs, such as aflibercept, ranibizumab, bevacizumab, and brolucizumab, are safe and effective treatments of choice for the neovascular membrane, which is characteristic of exudative AMD [2-4].

Contrary to the pathogenesis of exudative AMD, molecular events leading to the development of dry AMD remain unclear [4]. Dry AMD is characterized by loss of the retinal pigment epithelium (RPE) and advances to geographic atrophy (GA). The mechanism that triggers RPE cell loss remains unclear [4]. Factors associated with dry AMD include complement activation, mitochondrial dysfunction, inflammation, oxidative stress, and upregulation of apoptosis [5]. Recent therapeutic efforts to target the complement pathway to arrest the progression of GA have not been successful [6].

The biological effects of VEGF include vasculogenesis, angiogenesis, and increased vascular permeability. Moreover, VEGF promotes survival of cells in both vascular and non-vascular tissues [7]. It plays a critical role in the induction, differentiation, maturation, and maintenance of the RPE-choriocapillaris complex [8]. The RPE and choriocapillaris start interacting in the early embryonic period, and VEGF is a mediator of this molecular cross-talk. VEGF is responsible for the differentiation of mesenchymal cell precursors into endothelial cells of the choriocapillaris and directional distribution of the choriocapillaris fenestrations (toward the RPE) [8, 9]. The RPE is an important source of VEGF secretion. The effects are mediated by both autocrine and paracrine mechanisms; however, paracrine VEGF may not compensate for autocrine VEGF [10].

HYPOTHESIS

We hypothesized that reduced synthesis of VEGF (hypo-angiogenesis) or abnormalities in its receptors, VEGF receptor-1 (VEGFR1) and VEGFR2, may be involved in the pathogenesis of non-exudative AMD or dry AMD. The cause of reduced VEGF secretion may be secondary to oxidative stress-related damage to the nuclear and cytoplasmic components (ribosomes, endoplasmic reticulum, etc.) required for the transcription and secretion of VEGF. Reduced VEGF synthesis and/or increased VEGFR resistance impedes cell survival and induces RPE dysfunction. In early stages, this leads to the accumulation of unscavenged photoreceptor debris with subsequent activation of complement and subclinical inflammatory pathways (manifesting as drusen) [11, 12]. This, in turn, may induce the upregulation of pro-apoptotic mechanisms. With RPE dysfunction and loss, the choriocapillaris is lost because of cessation of the VEGF-mediated paracrine benefits of the RPE on the choriocapillaris.

Hypo-angiogenesis causing dry AMD is also evidenced by macular atrophy occurring as a side effect of sustained anti-VEGF treatment for exudative AMD (Figure 1) [13-16]. The role of hypo-angiogenesis in GA should be investigated to pave the way for angiogenesis as a treatment modality.

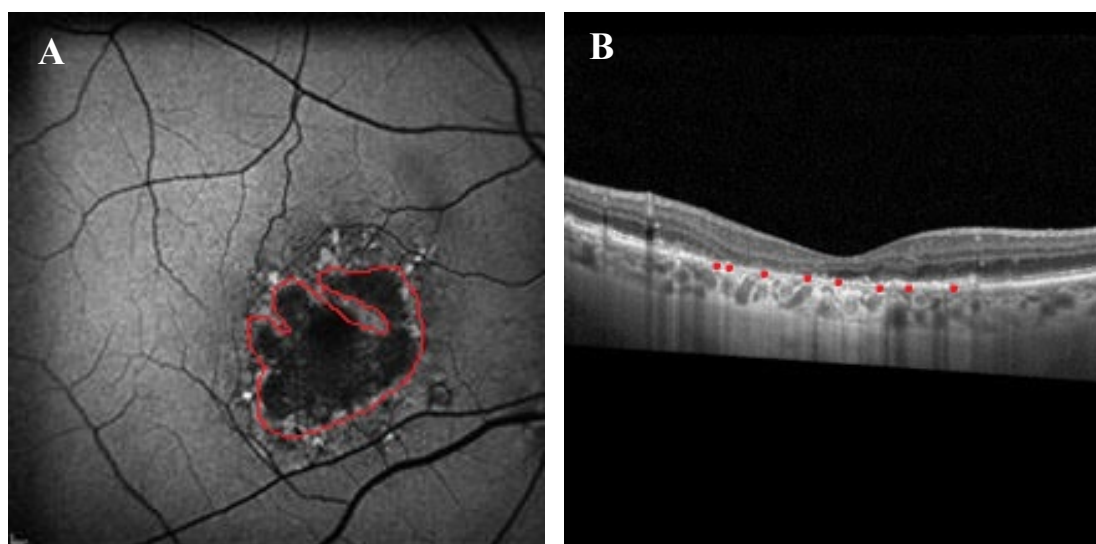


Figure 1. (A) Fundus autofluorescence in a patient with exudative age-related macular degeneration in the right eye, who received five intravitreal injections of the anti-vascular endothelial growth factor, showing a large hypo-autofluorescent macular lesion surrounded by a hyper-autofluorescent halo. (B) Spectral-domain optical coherence tomography of the same eye shows thinning of the retinal pigment epithelium and outer retinal layer, next to the fovea, consistent with geographic atrophy. This figure has been reused with the permission of *Med Hypothesis Discov Innov Ophthalmol* [16].

Dry AMD

AMD is the most frequent cause of irreversible blindness in developed nations, and its prevalence has been increasing with the aging population [17]. The estimated prevalence of early and late stages of AMD is approximately 8.01% (95% confidence interval: 3.98–15.49) and 0.37% (95% confidence interval: 0.18–0.77), respectively [17]. Late/advanced stages of AMD are characterized by exudation and hemorrhage, as in exudative AMD, or by RPE loss and choriocapillaris, as in dry AMD [18]. Dry AMD accounts for approximately 80%–90% of all advanced AMD cases.

GA is diagnosed when the area of RPE cell loss exceeds 175 μm [19]. When it involves the foveal center, profound vision loss occurs. It is usually focal and well-delineated [19]. Atrophy starts as a small area of RPE loss and insidiously increases in dimensions over a few years [19]. This atrophic creep could be related to VEGF signaling, which is both autocrine and paracrine. In the initial stages of dry AMD, downregulation of VEGF production could occur within a solitary RPE cell or group of adjacent RPE cells, resulting in loss of cell survival capability. For compensation, adjacent RPE cells may up-regulate their VEGF production. However, this cannot be sustained, and upon reaching a tipping point, these compensatory RPE cells may become incapable of producing VEGF and undergo atrophy. Over time, this is manifested as enlarging areas of GA.

VEGF

The polypeptide VEGF has several isoforms, of which VEGF-A, isoform 165, is the most potent. The genetic switch for transcription is located on chromosome 6 [20]. VEGF acts by binding to three transmembrane kinase receptors, VEGFR1, VEGFR2, and VEGFR3 [21]. It promotes angiogenesis under pathological conditions, such as prolonged tissue hypoxia, and maintains cellular function under normal physiologic conditions [22], probably achieved by its background synthesis and secretion by cells, such as RPE cells. It also promotes cell survival by upregulating the expression of the anti-apoptotic proteins BCL2 and A1, inhibitors of apoptotic proteins (IAPs), survivin, and X-linked IAP, which act by suppressing terminal caspases 3 and 7 [23–25]. It enables RPE to scavenge photoreceptor outer segments and maintains the fenestrations of the choriocapillaris and its directional distribution [26].

To date, basal levels of VEGF under normal physiological conditions have not been measured. In the absence of such data, hypo-angiogenesis cannot be investigated through a study of vitreous samples alone. Therefore, to determine basal VEGF quantity and synthesis capacity, other indirect indicators should be measured at the cellular and molecular levels, such as the amount and distribution of VEGF receptors on the RPE and the extent and quality of VEGF synthesis in response to an induction stimulus [8, 26, 27].

RPE–choriocapillaris complex

RPE is a single layer of hexagonal cells that supports the retinal photoreceptors across a potential embryonic plane of separation, the subretinal space [28]. It has no regenerative capability and is prone to damage from oxidative stress, as it absorbs most of the incident light impinging on the retina [28]. Each RPE cell supports numerous photoreceptors; therefore, even a small area of RPE loss at the foveal center could lead to severe loss of visual function [28]. Each RPE cell has two distinct regions: the apical and basal regions. While the apical region interacts with photoreceptors through multiple pseudopodal invaginations, the basal region is in contact with the Bruch's membrane and ensures continuous flow of metabolites from the choriocapillaris to the photoreceptors [28]. Thus, the RPE ensures prompt removal of the shed photoreceptor outer segments and provides efficient metabolic exchange [28].

The choriocapillaris is composed of the smallest caliber vessels (Sattler's layer) within the highly vascular choroidal stroma [29]. During embryonic growth, the development of these vessels strongly depends on the RPE, and this process is mediated by VEGF [26]. Maintained by VEGF, choriocapillaris fenestrations are mostly directed toward the RPE [26, 9], ensuring unhindered and rapid nutritional and metabolic supply to the retinal photoreceptors [26].

Interactions among VEGF, RPE, and choriocapillaris

VEGF secretion from the RPE precedes the development and differentiation of the choriocapillaris in the early embryonic stage [26]. Choriocapillaris development is absent in mice with RPE-specific deletion of VEGF [7, 26]. The RPE actively produces VEGF at low levels, mainly along its basal side, facing the choriocapillaris [30–32]. It also has both VEGFR1 and VEGFR2 surface receptors [33]. Destruction of the RPE leads to secondary atrophy of the choriocapillaris, which is thought to be mediated, at least in part, by VEGF derived from the RPE. Autocrine VEGF signaling enhances RPE survival under oxidative stress via the VEGFR2 pathway [8, 33,

34]. VEGF blockade leads to RPE dysfunction by reduction and blunting of its microvilli and decrease in its ability to phagocytose shed photoreceptor outer segments [35]. Therefore, because of the dual role of directly influencing the formation of the choriocapillaris during developmental stages and promoting survival of the RPE and maintaining the integrity of the choriocapillaris in adults, optimal levels of VEGF are considered vital for ocular homeostasis and integrity [35].

EVALUATION OF THE HYPOTHESIS

Implications of the hypothesis and potential role for therapeutic angiogenesis

Oxidative stress is a common risk factor for the pathogenesis of both wet AMD and dry AMD [36]. In wet AMD, VEGF expression is upregulated [36], whereas in dry AMD, it may be downregulated; however, this is yet to be proven. Genetic and epigenetic factors might play a role in determining the molecular milieu of the RPE-Bruch's membrane-choriocapillaris complex, which may impact secondary cellular events, leading to the development of exudative AMD or dry AMD. Owing to the effects of VEGF on RPE cell survival and the choriocapillaris [26], downregulation of VEGF expression could be instrumental in the loss of RPE cells and the choriocapillaris, leading to the development of GA in dry AMD. This remains to be verified in *in vitro* and *in vivo* investigations.

Although the exact tissue algorithms remain to be elucidated, it is well-established that VEGF secretion is increased in exudative AMD [36]. Consequently, anti-VEGF therapy for the management of exudative AMD has been successful [37]. However, finding treatment or prophylactic options for GA is crucial because most patients with AMD show the currently untreatable dry AMD that can progress to atrophy of the foveal center, or GA [38]. If the concept of hypo-angiogenesis as a driver for dry AMD is proven, treatment with VEGF or induction of angiogenesis could be considered. Similar attempts at therapeutic angiogenesis have been actively investigated in cardiac and limb ischemia [39-41]. Although pooled data of two clinical trials of the intracoronary administration of the angiogenic therapy product Ad5FGF-4 (alferminogene tadenovec, Generx, Berlex Biosciences, Richmond, California) to induce angiogenesis revealed a gender-specific angiogenic response to the clinical treatment of refractory angina in women [41], the interpretation of results warrant caution for plausible unwanted complications.

CONCLUSIONS

The reasons for a patient developing exudative AMD or dry AMD remain poorly understood. Nevertheless, targeting increased VEGF production in patients with exudative AMD using anti-VEGF drugs is highly efficacious in preserving vision. Similarly, dry AMD may be a manifestation of reduced VEGF synthesis (hypo-angiogenesis) and subsequent decreased RPE cell survival. Experimental studies exploring this possibility could pave the way for clinical trials of angiogenesis to treat dry AMD. *In vitro* and *in vivo* assessments of benefits and side effects of this hypothetical treatment are warranted.

ETHICAL DECLARATIONS

Ethical approval: Not required.

Conflict of interests: None

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