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Allyship Development Program Newsletter

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## Allyship Development Program Newsletter

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## Allyship Development Program



### Women's History Month Edition

In this edition, we discuss and celebrate the progress and contributions of women throughout the years. We'll listen to some Eagles discuss their experiences and perspectives as women, read articles about allyship for women, including male allyship as well as woman-to-woman solidarity, and look at some books by female writers. Next month is Sexual Assault Awareness month and Arab American Heritage month. If you'd like to contribute, please reach out to [oiie@georgiasouthern.edu](mailto:oiie@georgiasouthern.edu).

In this newsletter:

- Eagle perspectives
- Articles and Readings
- Book Recommendations
- Featured: Person of the Month
- Links and More

Disclaimer: This newsletter and the external references and sources do not represent the opinions or views of Georgia Southern University and are rather intended as learning material to hear from a variety of underrepresented opinions and perspectives. We do not endorse the authors or sources; rather, we hope that readers will critically consume media and use it for reflection and learning in pursuit of inclusion, openness, and cultural enrichment. Some sources may contain mature language or triggering topics, so please read with caution.

## **Eagles on Women's History Month**

**Letter from the Editor, by Chelsea Riley**

As a woman myself, one key takeaway I want any male readers to have from this newsletter is to listen more and speak less. Studies show men often perceive women as speaking more than they do, despite men actually speaking more of the time. This is something I experience in the classroom. Men dominate discussions even when the subject is women and gender; they assume they know more than qualified and experienced women professors, often discount experiences of women because they've never experienced it personally, or fail to recognize women's contributions. I hope men understand that feminism is for them too - feminists care about men's mental health, equal treatment in custody cases, paid paternal leave, and more. I challenge men to apply consent in everyday actions by always checking for visual cues or asking for verbal confirmation that a woman is comfortable with your touch and actions, whether sexual, romantic, or just friendly. I also challenge men to think critically, stand up for women in all situations, and hold themselves to a higher standard. Finally, I would encourage people who don't know much about women's issues in the US or globally to look into how discrimination affects women in the workplace and economically overall, in public and in the home, in terms of violence and assault, in developing countries, and in terms of their healthcare and wellbeing - as well as how these effects are different and compounded for women of color and especially Black and Indigenous women, transgender women, and women with disabilities.

## Articles and Readings

### **Don't be that dude: Handy tips for the male academic by Acclimatrix**

As a woman in academia, I strongly urge every man that comes across this to read it. In this blog post, the author compiles a list of 20 do's and don'ts for men in academia, applicable to students and faculty alike with some that apply to the workplace in general. Whether it's speaking over women, assuming they will do all the unpaid additional labor of organizing social events, and policing women for their tone or appearance, there are many things that men do, often unintentionally, that create a stressful and unequal environment for their women colleagues. Quick tips: your woman professor is more qualified than you, yes even if you read a lot about the topic; of course as a man you don't think sexism exists, but that's because you haven't experienced it; never undermine a woman's qualifications or intelligence based on her tone of voice, appearance or dress, or her personal life (relationships/children); and women don't want your opinion on women's issues, they want your ears and your support

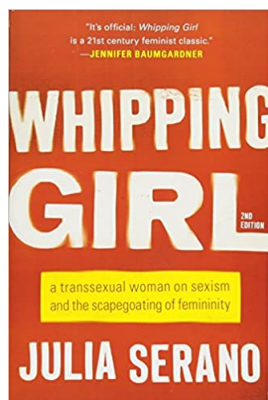
### **Why We Can No Longer See Sexual Violence As A Women's Issue with Jackson Katz**

Content warning for discussion of violence and assault. Author and anti-sexism educator Jackson Katz discusses how men don't often see violence against women as a men's issue that they need to take ownership of, despite the fact that the majority of domestic and sexual violence against women is by male perpetrators. Katz says, "calling gender violence a women's issue is part of the problem..the dominant group is rarely challenged to even think about its dominance because that's one of the key characteristics of power and privilege, the ability to go unexamined, lacking introspection." He shares how he got started with this work because he noticed in college the vast difference between his experience and women's experiences with physical safety, concluding that "you don't have to be perfect as a man to speak out on the issues of domestic and sexual violence and sexual harassment."

### **5 Ways Men Can Be Women's Allies At Work by Emilie Aries**

Aries provides actionable steps for men to practice allyship in the workplace: Amplifying women's contributions and voices, mentoring and sponsoring more women, calling out everyday microaggressions and sexist behaviors, listening to women without invalidating their experiences or expertise, and advocating for fair policies in the workplace. Aries also provides specific examples. These tips can also be generalized to everyday life, classrooms and organizations, and life in general. Listen, amplify, take action, and seek policy change!

## Book Recommendations



### **Whipping girl: a transsexual woman on sexism and the scapegoating of femininity, Julia Serano**

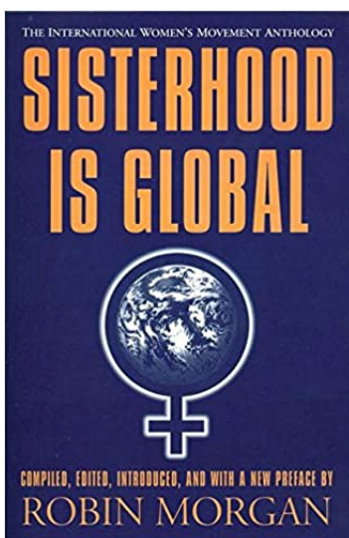
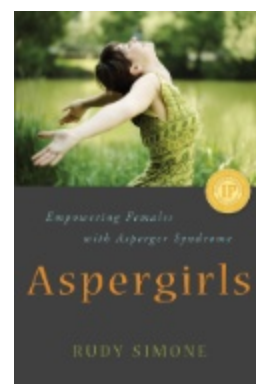
In this book, the author writes about femininity in society and how that has impacted attitudes towards gender and sexual minorities. She uses her personal experiences with transitioning and challenges common perceptions of femininity and transsexuality. Serano covers science, privilege, and gender in academia, among other nuanced aspects of gender in society. This book is a comprehensive look at gender and sexuality and a call for feminist and transgender activists to accept and empower femininity outside of cultural traditions and norms.

Available as a physical copy at Henderson Library and as an ebook via EBSCOhost.

### **Aspergirls: Empowering Females With Asperger Syndrome, Rudy Simone**

Simone's book is about women and girls with Asperger syndrome, which is often underdiagnosed in women. She covers everything from relationships to employment to mental health. This book also includes stories from over 30 women with Asperger syndrome, and Simone includes information about the different challenges that girls with Asperger syndrome face and areas in which they often need support. The frank discussion of stimming, mutism, medication, temper issues, and stomach problems are informational and helpful to anyone who is on the spectrum, knows someone on the spectrum, or is just beginning to learn about Asperger syndrome.

Available via EBSCOhost as an ebook and full pdf download, may be available as physical copy via ILL.



### **Sisterhood is global: the international women's movement anthology, Robin Morgan**

This 1996 book includes original essays by women from seventy different countries and a variety of professions, including journalists, politicians, scholars, activists, and more. This work serves both to celebrate differences and to identify common struggles among women, with a particular vision for global feminist solidarity and political change. Each essay is prefaced with a statistical overview of the status of women in that country, including reproductive rights, participation in education and government, violence against women, history, and more. The anthology is acclaimed for its diversity and singular comprehensiveness.

Available as a physical copy at Henderson library and online as an ebook via EBSCOhost.

## **Nominate someone for us to feature in our next newsletter!**

Nomination Information and Link:

[https://georgiasouthern.co1.qualtrics.com/jfe/form/SV\\_879LzXdR1O4s3gF](https://georgiasouthern.co1.qualtrics.com/jfe/form/SV_879LzXdR1O4s3gF)

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