

# Therapeutic management of allergic diseases

Submitted by Emmanuel Lemoine on Thu, 10/16/2014 - 14:06

Titre Therapeutic management of allergic diseases

Type de publication Article de revue

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Editeur Informa Healthcare

Type Article scientifique dans une revue à comité de lecture

Année 2009

Langue Anglais

Date 2009/07/15

Numéro 3

Pagination 301 - 343

Volume 41

Titre de la revue Drug Metabolism Reviews

ISSN 0360-2532

Résumé en anglais Allergic diseases are characterized by the activation of inflammatory cells and by a massive release of mediators. The aim of this chapter was to describe succinctly the modes of action, indications, and side effects of the major antiallergic and antiasthmatic drugs. When considering the ideal pharmacokinetic characteristics of a drug, a poorly metabolized drug may confer a lower variability in plasma concentrations and metabolism-based drug interactions, although poorly metabolized drugs may be prone to transporter-based disposition and interactions. The ideal pharmacological properties of a drug include high binding affinity, high selectivity, and appropriate association and dissociation rates. Finally, from a patient perspective, the frequency and route of administration are important considerations for ease of use.

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DOI 10.1080/10837450902891204 [7]

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