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Eta Sigma Gamma

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### 1991

## Eta Sigma Gamma

# CHAPTER ANNUAL REPORTS



Eta Sigma Gamma 2000 University Avenus Muncie, IN 47306 September, 1991 eta sisma samm

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# eta sígma gamma

National Professional Health Science Honorary

2000 University Avenue

Muncie, Indiana 47306

September, 1991

Faculty Sponsors
Collegiate Chapters
Eta Sigma Gamma

Once again we are pleased to send this summary of information from the chapters that submitted Annual Reports. It is hoped that the information will be beneficial in terms of knowing what kinds of activities each of the chapters are involved in, some of the problems encountered, ways in which the National Office can be of greater service, etc. We hope you will share this information with your chapter officers to assist them in program planning for the upcoming year.

Sincerely,

James F. McKenzie

National Secretary/Treasurer

Eta Sigma Gamma

JFM/bk

### CHAPTERS REPORTING PERSON REPORTING

### TITLE

	Tax - pintan A Me	
Alpha Ball State University	Molly Wantz	Faculty Advisor
Beta - Eastern Kentucky University	Donelle Lockwood	President
Gamma - California State University, Long Beach	Jennifer Mitchell	President
Delta - San Diego State Univ.	Laurel White	President
Eta - Central Michigan University	Loren Bensley	Faculty Advisor
Lambda - Indiana State University	Howard Ishisaka	Faculty Advisor
Mu - Western Kentucky University	Robert Baum	Faculty Advisor
Xi - Purdue University	Sally Henderson	Faculty Advisor
Omicron - Slippery Rock University	Christopher Cowan	President
Rho - Kent State University	Margaret Pepe	Faculty Advisor
Sigma - James Madison University	Susan Wiedeman	President
Phi - University of Northern Colorado	Kathleen Zavela	Faculty Advisor
Omega - Illinois State University	Debra Matzenbacher	President
Alpha Alpha - Southern Illinois University	Paula Hendrix	Secretary
Alpha Theta - Adelphi University	Richard Eberst	President
Alpha lota - Univ. of Southern Mississippi	Gary Mayfield	Faculty Advisor
Alpha Lambda - University of Florida	Kimberly Bogart	President
Alpha Mu - University of Tennessee, Knoxville	Velma Pressly	Faculty Advisor
Alpha Xi - The Pennsylvania State Univ.	Beverly Mahoney	Faculty Advisor
Alpha Omicron - Temple University	Patricia Legos	Faculty Advisor
Alpha Rho - Montclair State College	M.J. Linnehan	President
Alpha Upsilon - Central Washington Univ.		
Alpha Phi - Texas Woman's University	Kim Meeuwsen	President
Alpha Omega - Univ. of Nebraska, Omaha	Tammy Weich	President
Beta Nu - Eastern Illinois University	Kathy Doyle	Faculty Advisor
Beta Pi - University of Georgia	Barbara Wilks	Faculty Advisor
Beta Phi - Univ. of Wisconsin, La Crosse	Michele Spiegelberg	President

PHICHOPPING PROPOSING

Faculty Advisor Barbara Wilks Beta Pi - University of Georgia President Beta Phi - Univ. of Wisconsin, La Crosse Michele Spiegelberg Faculty Advisor Beta Psi - SUNY, Brockport Linda Balog Historian Beta Omega - New Mexico State Univ. Sherroll Shirley Denise Seabert President Gamma Alpha - Western Washington Univ. Treasurer Gamma Beta - University of Richmond Gail Fitzsimmons President Stacy Harnden Gamma Gamma - Virginia Tech President Stephen Harmon Gamma Delta - Southern Illinois Univ., Edwardsville Faculty Advisor M. Burckes-Miller Gamma Zeta - Plymouth State College Faculty Advisor Randall Cottrell Gamma Eta - University of Cincinnati President Lisa Voss Pi - Western Illinois University

CHAPTERS	NUMBER OF INITIATES	NUMBER OF MEETINGS
Alpha	20	aamma Beta 7
Beta	5	Samma Gamma
Gamma	MYICE AV 10 8	Samma Delta 01
Delta	Kathy McHalol 10 ar	aamma Zeta P
Eta	issy Ng. 1997 67 48	Samma Eta 61
Lambda	aven 10 8s	5
Mu	Susan Ward. 7 sperly Mee	uwsen 3
Xi Bronste	14	7
Omicron	ker 21 er	AVERAGE
Rho	6	19
Sigma	29	OTHER AWARD 9
Phi	5	Alpha - Renee Fer7 ck. Scheller
Omega	14	Scholarship 4
Alpha Alpha	30	Acha Arma Kimbury Daniels,
Alpha Theta	11	Faul Mean School 8 - Residents
Alpha lota	0334 Elem 27 ch	1
Alpha Lambda	16	Deta A - Comma 16 - School
Alpha Mu	4	EL-Wancy Persons 3 Teacher of Yes
Alpha Xi	27	9
Alpha Omicron	13	10
Alpha Rho	HOMOHKO RECIPIE	2
Alpha Upsilon	110+	Alpha Pni - Kimbe 10 Mes wiser
Alpha Phi	24	Beta Nu - Bill Frizo 8ald
Alpha Omega	Derece, Robin 4 Somer,	Beta Omega - Erin 9 ew Jack Inne
Beta Nu	34	Sharroll shirter 19 4 Athens
Beta Pi	23	
Beta Phi	9	15
Beta Psi	19	
Beta Omega	13	18

Gamma Alpha	16	5
Gamma Beta	8	7
Gamma Gamma	14	6
Gamma Delta	8	6
Gamma Zeta	15	2
Gamma Eta	34	4
Pi	28	18
AVER	AGE 19	8

#### **AWARDS**

#### **DISTINGUISHED SERVICE AWARDS**

Eta - Sydney Walston, Kathy McHalpine

Rho - Mark Osborne, Missy Nigthengale

Alpha Alpha - Joyce Craven

Alpha Phi - Ruth Tandy, Susan Ward, Kimberly Meeuwsen

Beta Nu - Julie Bronsteader

Beta Omega - Frank Kirker

Pi - Karl Borchers, Susan Tilley

#### **HONOR AWARDS**

Eta - Donald Bertsch

Phi - Jennifer Thornock, Lisa Turilli

Alpha Alpha - Robert Russell, Eileen Zunich

Beta Nu - Jeanette Wilson

Beta Omega - Erin Frew

Pi - Lisa Voss, Colene Noe

#### OTHER AWARDS

Alpha - Renee Fenwick, Schaller Scholarship

Alpha Alpha - Kimberly Daniels, Paul Meier, Scholarship Recipients

<u>Beta Pi</u> - Cynthia Morris, Scholarship <u>Pi</u> - Nancy Parsons, Teacher of Year

#### **HONOR KEY RECIPIENTS**

Eta - Dawn Balis

Sigma - Jacqueline Lawlor

Alpha Alpha - Kimberly Daniels, Robin DeSomer, Paul Meier, Scott Riggs

Alpha Theta - Vicki Cleaver

Alpha Phi - Kimberly Meeuwsen

Beta Nu - Bill Fitzgerald

Beta Omega - Erin Frew, Jack Jensen, Sherroll Shirley, Dale Williams

Pi - Kyung Hee Bae

#### **CHAPTER OFFICERS**

Key:President-p Vice President-vp Secretary-s Treasurer-t Historian-h

Guide-g Activities Director-ad Sergeant-at-arms-sa Public Relations-pr Publicity Chairman-pc Faculty Advisor-fac adv

Parliamentarian-p Editor-e Committee Coordinator-cc Membership Chairperson-mc

#### ALPHA

Jennifer Jorczak, p Renee Fenwick, vp Deborah Cline, s/t Molly Wantz, fac adv Gordon Lindsay, fac adv

#### BETA

Donelle Lockwood, p Tracy Pearson, s/t Bob Carpenter, h Donald Calitri, fac adv

#### GAMMA

Jennifer Mitchell, p Jeff VanDeven, vp Kathy Shultz, s Marianna Ritchie, t Heidi Langenfeld, h Dale Evans, fac adv

#### DELTA

Laurel White, co/p Cindy Alarcon, co/p Rich Arguilez, vp Marty Truitt, s Robin Mindlir, t Gerry Graff, fac adv

#### ETA

Brian Jackson, p Jennifer Nagle, vp Gina Schaffer, vp Michael Creech, vp Michelle Rankin, s Jenny Wolfrim, t Loren Bensley, fac adv

#### LAMBDA

Christa Bohman, p Christopher Ginoplos, vp Pam Sackett, s/t Amy Olgus Allen, h Howard Ishisaka, fac adv

#### MU

Heather Wilson, p Susan Ruby, s/t Abdul Alkubairi, h Robert Baum, fac adv

#### XI

Kirsten Falkenberg, p Kelley Walter, vp applied model maister. Nest Sally Henderson, s Joe Newman, h Liz Mlynarik, t Marlene Tappe, fac adv

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Renee Fenwick, vp
Deborah Cline, s/t
Molly Wantz, fac adv
Gordon Lindsay, fac adv

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Cindy Alarcon, co/p
Rich Arguilez, vp
Marty Truitt, s
Robin Mindlir, t
Gerry Graff, fac adv

#### ETA

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Jennifer Nagle, vp
Gina Schaffer, vp
Michael Creech, vp
Michelle Rankin, s
Jenny Wolfrim, t
Loren Bensley, fac adv

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Christopher Ginoplos, vp
Pam Sackett, s/t
Amy Olgus Allen, h
Howard Ishisaka, fac adv

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Sally Henderson, s
Joe Newman, h
Liz Mlynarik, t
Marlene Tappe, fac adv

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Faculty Advisor-fac adv

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Robin Mindlir, t
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#### MU

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#### XI

Kirsten Falkenberg, p
Kelley Walter, vp
Sally Henderson, s
Joe Newman, h
Liz Mlynarik, t
Marlene Tappe, fac adv

#### OMICRON

Christopher Cowan, p Steve Streator, vp Melissa Ebig, s Kim Novak, h Todd Evans, t Wendy Wingenroth, sa Mike Cleary, fac adv

#### RHO

Mark Osborne, p, Spring Missy Nigthengale, p, Fall Julie Haidet, vp Kathy Brady, s Don Morehouse, t Tim Thomas, sc Margaret Pepe, fac adv

#### SIGMA

Susan Heuerman, p Jenny McCahill, vp Stacey Bassler, vp Jane Beckett, s Krista Sulg, t Nancy Yago, sc Donna Videto, fac adv

#### PHI

Lisa Turilli, p Jennifer Thornock, vp Karla Stukey, s/t

#### **OMEGA**

Debra Matzenbacher, p Kelly Poland, vp Amy Edwards, s Carrie Ryan, t Vicki Douglas, fac adv

### OV JESONIW MEALPHA ALPHA

Peggy Wilken, p
Don Mallonee, vp
Jacie Fleming, s, Fall
Paula Hendrix, s, Spring
Doug Therrien, t
Phyllis McCowen, h
Dinah Seibert, sa
Judy Drolet, fac adv

#### **ALPHA THETA**

Richard Eberst, p, s/t
Stanley Snegroff, vp
Hilda Karp, h
Rose Beer, fac adv

ALPHA UPSILON

Diane Udes, t

### ALPHA IOTA

Gary Mayfield, fac adv stand dulo frews vms

### vbs ost asiliV MALPHA LAMBDA

Kim Bogart, p

ANGLIA AMM Bev Schuler, vp

G Medae 2 eem D. Lee

GV Medae 2 eem D. Lee

GV Medae 2 eem D. Barbara Rienzo, fac adv ees goodmod mylesol

### UM AHQIA esa Hansen, ad

Ashlie Johnson, vp

ATEIG AMM Paul Phillips, s/t

Robert Kirk, fac adv

Quidant Velma Pressly, fac adv

### IX AHPHA XI

Michael Ludwig, p

Maureen Singer, vp

AMMARIAM Michael Danch, h

Beverly Mahoney, fac adv 5 M 1905 1905

#### **ALPHA OMICRON**

Lori Bell, p Bettina Beech, vp Vicky Bold, s Annie Pedley, t Patricia Legos, fac adv

#### ALPHA RHO

M.J. Linnehan, p M. Minucci, vp D. Chandler, s/t J.G. Redd. fac adv

#### **ALPHA UPSILON**

Kerrie Cavaness, p
James Berry, vp
Stacy Stone, s
Kerry Ewert, Club Senate rep
Ken Briggs, fac adv

#### **ALPHA PHI**

Kimberly Meeuwsen, p Jocelyn Thompson, assoc. vp Nahid Shiarbahadori, assoc vp William Cissell, fac adv

#### **ALPHA OMEGA**

Tammy Weich, p Geri Walsh, p Connie Marinovee, s Diane Udes, t Joyce Cook, fac adv

#### **BETA NU**

David Logue Kim Ballerini, vp Julie Bronsteader Maggie, s/t Lori Krone, h Kathy Doyle, fac adv Susan Woods, fac adv

#### **BETAPI**

Marie Thomas, p Scott Winnail, vp Kerri Budd, s Victoria Morris, t Margaret Trevathan, h Barbara Wilks, fac adv

#### **BETA PHI**

Michele Spiegelberg, p Dale Schmit, vp Sue Wolf, s/t John Huber, h Leslie Oganowski, fac adv

#### **BETA OMEGA**

Dale Williams, p Leslie Barker, vp Kay Morgan, s/t Sherroll Shirley, h Jack Jensen, co/p Paul Villas, fac adv

#### **GAMMA ALPHA**

Denise Seabert, p Kelly Kuest, vp Colleen Windell, s/t Teresa Hansen, ad Evelyn Ames, fac adv

#### **GAMMA BETA**

Kim Sayle, p John Jones, vp Michele Ledford, s Gail Fitzsimmons, t Norris Eastman, fac adv

#### **GAMMA GAMMA**

Stacy Harnden, p

#### **GAMMA DELTA**

Stephen Harmon, p
Dawn Warnecke, vp
Michelle Pedigo, s/t
Deborah Egan, h
Mal Goldsmith, fac adv
Annie Sondag, fac adv

#### **GAMMA ZETA**

M. Burckes-Miller, fac adv

### Health Education, University Health Center, the Institute for Wellness, the Departmana AMMAD

Randall Cottrell, fac adv em reigen en endende Life. Chapter me volodova gnileanuo

Lisa Voss, p

Tammi Reynolds, vp

Kyung Hee Bae, s

Kelly Conley, h

Nancy Parsons, fac adv

Kelli McCormack Brown, fac adv

IDS Awareness - booths

GAMMA (aleidescope

ident-Facility Mixer - President Goto from Gotaker. He emphasized the similarities and discretion

everal issues with personal and the lat stributed to all students and faculty.

DELIA

antry needed. Very successful.

sportsoring a casino night and organizing cil

### MAJOR EVENTS (ACTIVITIES) OF THE CHAPTERS

#### **ALPHA**

Project Direction - the chapter selected one module and made eleven presentations on campus.

Relationships of the 90's Week - served on a planning committee with the Division of Health Education, University Health Center, the Institute for Wellness, the Department of Counseling Psychology and Housing and Residence Life. Chapter members presented the "Safe Sex Playshop."

UniverCity - during the week long campus activities chapter members set up a booth on highway safety. Two members, dressed in costumes representing Vince and Larry, the crash test dummies, manned the booth.

Coupons for Condoms - working with the Student Association, members planned, organized and distributed coupons that were redeemable for condoms.

#### BETA

Project Direction

Substance Abuse Awareness Week - booths, speakers, information

AIDS Awareness - booths

#### GAMMA

Kaleidescope - our theme this year was "Party Safety". Project Direction was displayed and was a major theme in our non-alcoholic bar.

Student-Faculty Mixer - President Goto from Goto University in Japan was our guest speaker. He emphasized the similarities and differences among our two cultures regarding medicine and health practices.

Newsletter - written, typed and copied by the students at Long Beach State. We had several issues with personal and the latest news regarding health education. It was distributed to all students and faculty.

#### **DELTA**

AIDS food drive. Set up at local grocery markets, gave lists to patrons of items the AIDS pantry needed. Very successful.

Spring Fiesta - student organized 3-day event benefiting the I Love a Clean San Diego environmental group. Including selling frozen yogurt, partaking in a 5K run, sponsoring a casino night, and organizing different receptions.

Non-smoking petition drive for on-campus eating facilities. Went to president of school. Very effective. Results are pending.

#### ETA

Conducted a aerobicthon in conjunction with the Women's Wellness Center in Mt. Pleasant. This was a fundraiser which helped provide contributions to the Women's Wellness Center as a result of the pleages solicited by those who participated in the contest.

Participated in the Great Lakes SOPHE and Michigan School of Health Conferences, along with the Great Lakes Summer School Workplace Wellness Conference in the capacity of providing individuals to introduce speakers, as well as evaluate conferences.

Implemented project direction model titled "Sex and Substance Abuse: What are the Links?"

Conducted a survey to determine factors to determine the profile of employable health educators. This was a survey which was funded by the National Office to determine the characteristics of health educators which makes them employable.

Completed a survey and report to determine factors inhibiting the effectiveness of Eta Sigma Gamma chapters. This was a national research study of all Eta Sigma Gamma chapters to determine from chapter presidents and chapter sponsors factors that inhibit the effectiveness of the functioning of their chapter.

Conducted a national survey of Master's degree programs to determine acceptance requirements as well as graduation requirements. This research is still in process of being completed, however, approximately eight Gamman's, along with two faculty members, have collected data and compiled information regarding over 125 Master's degree programs in the United States.

#### LAMBDA

Planted tree on earth day.

Service work - raking leaves for oldsters and mode a bendance - nis it dilisely the

#### MU

Great American Smokeout - coordinated with the Student Health Services to have a booth in the University Center to provide information for students, faculty and staff.

American Cancer Day - members worked in the booth at the mall distributing information.

#### XI

Initiation of new members - awarding of certificates and pins.

Alcohol Innovation Award Activities (\$1000 grant). Our chapter organized alcohol free activities during the Grand Prix week at Purdue. The activities were educational and fun. Activities included a campus wide scavenger hunt, sheet sign contest and sports related activities at the Co-Recreational Gym. Examples of the sports related activities include 3 on 3 basketball tournament, a wallyball tournament, and a raffle with a variety of prizes.

#### **OMICRON**

Food drive - went door to door in the local area and collected canned foods for the food pantry around Thanksgiving.

#### RHO

In-service for elementary/middle school teachers on American Heart Association school site materials; taught approximately 50 teachers.

Signals and Actions for Survival Program - from AHA Heart at Work program; do presentations all over campus in departments that requested information about what to do if fellow employee has a heart attack/stroke while working.

Distributed 500 bags of donated information/supplies of health related products for "Break for Safety" program before spring break.

#### SIGMA

"Health Fest" - a 3 day health fair sponsored by Eta Sigma Gamma consisting of a 5K race, health awareness screening, aerobic instructor demonstration, basketball and volleyball tournaments, speaker on memory improvement, date rape, and eating disorders.

Initiation of ESG's newest members on Jan. 29, 1991. Keynote speaker was Nancy Grembi, Assistant Director for Health Promotion at the Health Center. She talked a lot about the ESG Project Direction. Following the initiation, there was a dinner for both faculty and students.

Senior Send Off - a cook out honoring the graduating seniors of ESG. It was held in an officer's backyard. ESG donated the main food, pledges and members brought side dishes.

#### PHI

Student Health Fair - sponsored a booth on stress management (Fall, 1990).

Raised money for the chapter by selling Gold C coupon books.

Reviewed the national Eta Sigma Gamma Drug Prevention Program and made contacts with various student organizations.

#### **OMEGA**

Designed and developed the format to implement collection boxes for the Ronald McDonald House for their Scott paper products in the Bloomington/Normal area.

Participated in the town of Normal Block Clean-Up. Picked up trash in a designated area on the streets of Normal.

#### ALPHA ALPHA

Service activities:
Dedication tree planting.
Facts About Eta Sigma Gamma
Blood pressure testing at Senior Citizens Center

ALPHA ALPHA (continued)

Blood pressure testing - part of Senior Citizen Appreciation Day
Carbondale Clean and Green / ZZ Top Recycling Tour
Arrangement of campus mailboxes
"Buckle Up" project
Wellness Week Program
Migrant Camp Project

Persian Gulf. The chapter made known its disgust with the company by having unwersity students and members in the community sign a petition voicing their selfitivity.

International Perspective on Health
FIPSE: Project Direction Program
Student Monograph Series

Research Activities:

Blood pressure screening questionnaire

Evaluation of Spring Retreat

Evaluation of membership demographics

Questionnaire for membership addresses

#### ALPHA THETA

Co-sponsor of conference with Student Association of the School of Social Work - "Stress - Friend or Foe of the Professional".

Co-sponsor of conference with Oncology Support Program, Long Island Jewish Hospital, "The Cost of Cancer: Dollars and Beyond".

Co-Sponsor of conference with the Long Island Council on Alcoholism, "An Introductory Education Series in Alcoholism and Substance Abuse".

#### **ALPHA IOTA**

Initiation and Annual Banquet - Irwin Rosenstock was the guest speaker.

#### ALPHA LAMBDA

Stress Awareness Day - November 28, 1990. Provided students with information on how to beat stress during final exams. Had a health fair - massages, blood pressure, biofeedback.

Health Awareness Week - Feb. 11-15. Organized campus wide speakers. Participated in a health fair for Wellness Day. Directed Safer Sex Day.

Pre-spring Break Fling - organized health fair to let students know concerns for spring break - alcohol, drugs, smoking, skin cancer, accidents, etc.

#### ALPHA MU

1990-91 President Kristi Haun and Vice-President Jill Walton presented an overview of Project Direction at the Tennessee SOPHE Annual Meeting on April 19, 1991. The presentation created high interest in Project Direction.

#### ALPHA XI

Blood drive in September. Was a wonderful success as a first project for the honorary.

Cleaning up of room 6. The graduate students took time out of their busy schedules to clean the room which was a terrible mess. The room looks astonishingly wonderful.

At the national level, the chapter made the public aware of the actions that were taken by the Philip Morris cigarette company to ship one million cigarettes to the troops in the Persian Gulf. The chapter made known its disgust with the company by having university students and members in the community sign a petition voicing their opposition against this action.

Initiation on November 28, 1990.

Treasure Chest Program - sponsored by the American Heart Association. This program allows student volunteers to go into the schools and receive experience teaching preschool age children facts about the heart and how it works.

Tailgate party held to help existing members become familiar with other members. Also this event was to publicize the name of Eta Sigma Gamma in the community. This activity also ended the Fall semester activities.

Smoke Free 2000 project - this program is offered through the American Cancer Society and is trying to decrease the number of people smoking by educating children in the elementary schools. The project is moving along but we have encountered resistance from one school. Even though we had this set back, we are moving right along.

Promotion of World Health Day. This took place in conjunction with the Wellness Fair on April 11. Many people were reached by distributing pamphlets and other relevant information on natural disasters.

Initiation on April 30, 1991.

#### **ALPHA OMICRON**

In recognition of "National Nutrition Month", we had 14 "radio bites" (nutritional tips) announced on the Temple University radio station.

Nutritious bake sale.

Sold Mocktails (non-alcoholic drinks) for "Spring Fling" festivities in recognition of "National Alcohol Awareness Month".

#### **ALPHA RHO**

Health Fair

#### **ALPHA UPSILON**

Valentine Day Party for Park Creek. Park Creek is a home for boys who have committed juvenile crimes and have potential for being rehabilitated. Cookies and valentines were made with them.

ALPHA UPSILON (continued)

American Smoke Out - coordinated and staffed booth in student union building. Club members also put posers in our community.

Canned food drive - teams of club members went into the community with a list of food needed and had a scavenger hunt. Enormous success.

#### ALPHA PHI

Participated in fundraisers for the American Heart Association - Mall Walk, J.R.F.H.

Promoted Cancer Society's Great American Smoke-out on campus.

Welcome back to school potluck and party for new and returning faculty and students in our department.

Produced departmental newsletter: The Health Herald.

Expanded initiation ceremony and banquet to include an alumnae panel discussion on professional issues in health education and the CHES exam.

#### ALPHA OMEGA

The Great Condom Caper - an outdoor scavenger hunt for free condoms was held on campus. Also speakers were available to promote awareness of use of condoms for the prevention of STD's/AIDS.

Fitness Fair/Celebrate UNO, April 20, 1991. Tables set upon topics of stress management and women's health issues (breast self exam, nutrition, etc.). Fitness fair involved approximately 1000 women viewing our display after they went on a women's walk. Celebrate UNO was open to anyone in the community. Activities were conducted to teach proper breathing techniques/stress management. Had displays, handouts, etc.

December 1990 community activity of sending letters and small packages to the American troops in the Persian Gulf. (Group effort of ESG).

#### **BETA NU**

Great American Smokeout - informational booth and display in student union.

Project Direction - 2 dorm talks using the Project Direction manuals were presented by 2 teams of Gammans.

Research Symposium - 7 members presented papers at Illinois GAPPS research symposium.

#### BETA PI

September 28, 1990 - back to school social. Well attended.

October 8, April 3, March 8 - business-planning meetings.

March 8 - Project Direction/Gloria Rolf Meeting

#### BETA PI (continued)

March 5 - Meeting speaker "Career Opportunities for HPB Major" by Career Planning and Placement on campus.

April/May, 1991 - Project Direction (10 hours)

Community Wellness/Obesity Conference - attended by 12 Gammans

Walk America - March of Dimes participation

June 2, 1991 - end of quarter social

#### **BFTA PHI**

"RO" the Bear - the "Responsible One" serves as a bear who gives hugs instead of drugs in area schools. Coordination of volunteers was done through our group.

Blood Pressure Screening Week - Feb. 11-14 - each day we offered free blood pressure screening to the university. Cholesterol screening was offered by the La Crosse County Health Department for \$4.50.

Legislative Health and Fitness Day - a group of us went to the state capital to educate the legislators. We set up a booth on stress management.

#### **BETA PSI**

Annual awards ceremony and ESG initiation.

#### **BETA OMEGA**

N.M. Organ Donor Program. Organ donation cards were witnessed by the chapter and organ donation consultations were conducted. An informative video from the New Mexico Organ Donor program was shown.

Great American Smoke-Out. The club sponsored a volunteer information booth for promoting smoking cessation for the American Cancer Society held on the campus of New Mexico State University.

The Fifty-Seventh Annual New Mexico Alliance for Health, Physical Education, Recreation, and Dance (NMAHPERD) Conference was held in Las Vegas, New Mexico, on October 19th and 20th. Four student delegates attended. Three faculty honorary members attended and presented papers.

The chapter provided materials and networking for the American Lung Association's Super Speller Spelling Bee conducted at Washington Elementary School in Las Cruces. One fifth grade class participated.

The chapter provided an information booth for prospective high school enrollees. Consultations and pamphlets on allied health careers and ESG were provided.

BETA OMEGA (continued)

The chapter sponsored a guest lecturer/recruitment seminar by Holly Keiser, M.T. (ASCP) from Baptist Memorial Hospital System in San Antonio. Autologous cryopreservation and bone marrow transplantation were discussed in the seminar.

World Health Day/Community Health Fair - the chapter sponsored a booth for the New Mexico Organ Donor Program to provide legally witnessed organ donor cards at the Mesilla Valley Mall.

GAMMA ALPHA

Sponsored speaker Dr. Julian Duncan, anthropologist of Lutheran Children's Services who spoke on cultural understanding and diversity among Asians.

Co-sponsored speaker Judy Seabert of Seabert and Associates speaking on grant writing. She gave a six hour workshop on how to write a successful grant.

Co-sponsored Fall Health Education Majors Retreat. The retreat provided an opportunity for all majors to meet and hear from professionals out in the field.

**GAMMA BETA** 

Health Professional Forum - guest lecturers pertaining to health, sport science and biology spoke about career options.

**GAMMA GAMMA** 

Administered computerized health risk assessments at student health fair.

Provided blood pressure screening as a fundraiser project.

**GAMMA DELTA** 

Chapter was awarded a \$500 grant from the National Office to conduct a State Symposium. Five chapters of ESG within the state attended and presentations were made highlighting student research, chapter activities, and other related health topics.

Participated in the organization of Alcohol Awareness Week. This included developing a booth on Marketing Alcohol within College Campuses. Information for the booth was incorporated from ESG's FIPSE grant. Presently we are working with the College Greek Council to educate fraternities on marketing techniques.

Coordinated spring campus cleanup. This activity is undertaken at the conclusion of Springfest activities on campus.

Staffed a booth on AIDS at the local High School Health Fair.

#### **GAMMA ZETA**

Began Health Wellness Club

Sold sweatshirts, candy, mocktails, water at Spring Fling to raise money for scholarship.

#### **GAMMA FTA**

Assist department with Open House and minority student recruitment efforts.

#### PI

National Condom Week - Feb. 11-14, 1991, sold t-shirts and did educationals in the University Union on condom usage and "safer sex".

DASA Meeting - sponsored by ESG and the Health Sciences Department; this was an informational meeting about what DASA does and its importance.

#### OTHER ACTIVITIES

#### ALPHA

Participated on a planning committee with the four state university chapters for the 25th anniversary professional program and party.

Attended Fall and Spring meetings of the Indiana Association of Health Educators.

Monitored tests and showed films for faculty.

Presented faculty with special gifts at Halloween, Thanksgiving, Christmas and Valentines days.

#### BETA

Christmas Party

Cookouts

KAHPERD

Southern District

#### **GAMMA**

ESG social during the ASHA conference in Long Beach

Speaker Stephanie Eaton regarding our new option in Radiation Therapy.

#### DELTA

Social - graduation barbecue and end of year blow out.

Blood drive

#### ETA

Participated in the Minority Health Fair

Participated in the Weekend for Women Conference

Participated in the National Condom Week and National Nutrition Month with activities.

ETA (continued)

Offered a healthy pals program, which is a health education program to preschool and kindergartners in local schools.

Provided recreation programs at senior citizen housing complex.

#### LAMBDA

Pizza Party

Attended planning meeting for 1991 national convention.

#### MU

Annual havride and tube steak roast at Dr. Baum's farm.

#### XI

Chapter pizza social

Professional meeting of Purdue, Indiana State, Indiana and Ball State chapters.

#### RHO

Black Squirrel Festival information table

Turkey Walk-Portage County

Sexuality Health Fair

Save a Sweet Heart smoking cessation/information program; 100 pledges

Volunteered for Save A Life Saturday

#### SIGMA

Christmas Social

Gatti's night (social gathering at pizza buffet restaurant)

United Way Telethon

ESG booth at Montevideo Middle School PTA Spring Wellness Fair

ESG booth (computer health appraisal) at JMU Wellness Fair

#### PHI

Sponsored a New Initiate Ceremony

Donated \$35 to Island Grove Treatment Center building fund

Sponsored a graduation reception and scholarship awards

Participated in the Colorado Public Health Association Meeting

#### **OMEGA**

Participated in Great American Smoke Out

Participated in Women's Health Conference

Sponsored food drive for Home Sweet Home mission

Assisted with recruitment for health science majors

Pizza, Christmas gatherings

#### ALPHA ALPHA

Graduate and Professional Student Council Representatives

"Bridging the Gapps" presenters and "Bridging the Gapps" keynote address

Class Development Lecture

Department of Health Education Research Committee Members

"Welcome Back: Old and New"

Lobotomy Club

Annual Fall and Spring socials and initiation ceremony

Popcorn sales

Annual retreat at Touch of Nature

#### **ALPHA THETA**

Annual social gathering after initiation

Graduation party for new alumni

#### ALPHA LAMBDA

Cancer Society Halloween party for cancer patients

Cancer Society Great American Smoke-Out

Holiday Party to raise money for Salvation Army

Assisted at Florida Association of Professional Health Educators conference

50's and 60's party for young cancer patients

Spring banquet and ESG initiation

#### ALPHA MU

Members contributed time and service to various campus and community organizations and activities.

#### **ALPHA OMICRON**

Members attended "Blue Print for Success" Seventh Annual Leadership Day conference.

Members attended "Pennsylvania Public Health Association 1991 Conference".

Members attended Welcon "Creating Organizational Health" conference.

#### ALPHA UPSILON

Initiation

Pasta, taco and potato feed

American Cancer Society run for cancer banner

Car wash - fundraiser

Health Fair - yearly participation result show vinues - nimeoil bus nimeoil vinues vinues vinues vinues and Blooming vinues and show vinues - nimeoil bus nimeoil vinues v

#### ALPHA PHI

Members attended Texas AHPERD to staff an exhibit promoting our university.

#### ALPHA OMEGA

Social dinner at local restaurant spinds eldienoges a dilw less lilw rento edi elidw revens nut

"Taking Control Day" at Bakers Food Stores - handing out Cancer Society's literature

Some members attended AAHPERD convention.

Banquet at local restaurant such believes will be no not believed to receive and rebrid

Pop can recycling efforts on campus

#### **BETA NU**

Wheezer the Wolf - anti-smoking presentations to local elementary schools

Recycling Program - working with the university to set up recycling project in our building.

#### BETA PHI

Dinners, picnic

Ordered windbreakers for health education students

Coordinated volunteers for American Cancer Society

Had a speaker on "How to Interview Well".

#### **BETA OMEGA**

Christmas Party/Loyalty Day

Active members of the chapter attended three sessions of the Drug Abuse Training Teleconference at NMSU televised from Chico State University on 1/23, 2/20 and 3/13/91

### **BETA OMEGA (continued)**

Raffle ticket/fundraiser for the chapter.

End of year party.

#### **GAMMA ALPHA**

Co-sponsored Great American Smoke Out booth on campus.

Co-sponsored spring health majors salmon bbq.

#### **GAMMA BETA**

Fun run

Health fair

#### **GAMMA GAMMA**

Montgomery County Broomin and Bloomin - county-wide trash pick up.

#### **GAMMA DELTA**

Presently developing a column for next year's school paper which will address health issues pertinent to college students. In this column, students will write in about health concerns and there will be two responses from ESG. One will focus on an irresponsible/fun answer, while the other will deal with a responsible choice approach. By high-lighting how we often make foolish decisions, students can learn something about assessing risks.

Under the direction of health education and art faculty, applied for a University Undergraduate Excellence in Education Grant. This grant if funded will result in the creation of a calendar which will be given free to students. The upper half of the calendar will have a different health topic each month. Key health information along with a resource directory will be provided. The art students will add graphics to the calendar. The bottom part will have the dates and room to write in key appointments. The bottom part will also be removable, hence at the end of the year students will be left with a health resource directory.

Continue to work toward stronger recycling policies on campus.

#### **GAMMA ETA**

Planning a cookout and end of year social.

#### PI

NTN Bower Health Fair, Argyle State Park

Bingo, Wesley Nursing Home.

Initiation

Phone-a-thon

Health Sciences and ESG Annual Holiday Potluck.

PI (continued)

DASA Meeting sponsored by ESG.

Project Direction

T-Shirts - Condom Week

"Mad Hatter" Mock Tail Party mem to memeyloval evitos parties

#### MAJOR CONCERNS OF CHAPTERS

Recruitment of students

To increase membership or to keep those members we have active.

Student involvement

Student involvement - "It's like pulling teeth!"

Service

The students don't seem to have enough time to devote to meeting and activities.

The major concern of our chapter is to promote awareness of health issues on campus. The chapter participates in educational and fun activities with health-related themes.

Problems with having a fundraiser.

We are a chapter committed to Project Direction; so many other programs are already in place on campus that we are not moving forward very quickly with it.

Lack of involvement among members once they become interested.

We provide service to the University and community through health fairs, speakers, special events and donations.

Encountered problems of interest in the organization. What can we do to make the organization more appealing to students.

To improve community relations through service projects.

To reach the goal of improving membership by increasing total, male, and undergraduate membership.

Lack of member interest and faculty enthusiasm.

We are in the process of re-activating our chapter and hope to elect officers and schedule activities beginning in the Fall semester, 1991.

Low participation in meetings by graduate and undergraduate members.

Increasing membership and maintaining active involvement of members.

Serving our community as well as providing social activities for our members.

Without question, the major concern of our chapter is increasing and maintaining active membership.

Finding a way to increase enrollment numbers and mainly participation.

Continued attendance, participation, and money

Times to meet, communication, involving graduate students more.

Need to recruit new people into the group for it to continue in the future.

Active membership expansion

Promoting the validation and verification of organ donor cards.

Community service projects upon request.

Encourage professional development among health education majors and to establish relationships among students for future networking.

To promote the health profession and to recruit health majors.

Coordinating chapter activities so that we can get more accomplished in the year.

To provide students with the opportunity to experience first hand various teaching, service and research opportunities that help promote health to both campus and surrounding communities.

Began \$500 scholarship for a health education major in Eta Sigma Gamma.

Getting students in a commuter school to attend meetings and participate in an organization.

Having problems getting health science majors involved prior to their senior year.

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