



# First inappropriate implantable cardioverter defibrillator therapy is often due to inaccurate device programming: analysis of the French OPERA registry

Submitted by Emmanuel Lemoine on Tue, 12/16/2014 - 10:55

Titre	First inappropriate implantable cardioverter defibrillator therapy is often due to inaccurate device programming: analysis of the French OPERA registry
Type de publication	Article de revue
Auteur	Leenhardt, Antoine [1], Defaye, Pascal [2], Mouton, Elisabeth [3], Delay, Marc [4], Delarche, Nicolas [5], Dupuis, Jean-Marc [6], Bizeau, Olivier [7], Mabo, Philippe [8], Cheggour, Saida [9], Babuty, Dominique [10]
Editeur	Oxford University Press (OUP)
Type	Article scientifique dans une revue à comité de lecture
Année	2012
Langue	Anglais
Date	2012
Numéro	10
Pagination	1465 - 1474
Volume	14
Titre de la revue	Europace
Résumé en anglais	<p>AIMS: Inappropriate therapy delivered by implantable cardioverter defibrillators (ICDs) remains a challenge. The OPERA registry measured the times to, and studied the determinants of, first appropriate (FAT) and inappropriate (FIT) therapies delivered by single-, dual- and triple-chamber [cardiac resynchronization therapy defibrillator (CRT-D)] ICD. METHODS AND RESULTS: We entered 636 patients (mean age = <math>62.0 \pm 13.5</math> years; 88% men) in the registry, of whom 251 received single-, 238 dual-, and 147 triple-chamber ICD, for primary (30.5%) or secondary (69.5%) indications. We measured times to FAT and FIT as a function of multiple clinical characteristics, examined the effects of various algorithm components on the likelihood of FAT and FIT delivery, and searched for predictors of FAT and FIT. Over <math>22.8 \pm 8.8</math> months of observation, 184 patients (28.9%) received FAT and 70 (11.0%) received FIT. Ventricular tachycardia (VT) was the trigger of 88% of FAT, and supraventricular tachycardia was the trigger of 91% of FIT. The median times to FIT (90 days; range 49-258) and FAT (171 days; 50-363) were similar. The rate of FAT was higher (<math>P &lt; 0.001</math>) in patients treated for secondary than primary indications, while that of FIT were similar in both groups. Out of 57 analysable FIT, 27 (47.4%) could have been prevented by fine tuning the device programming like the sustained rate duration or the VT discrimination algorithm. CONCLUSIONS: First inappropriate therapy occurred in 11% of 636 ICD recipients followed for ~2 years. Nearly 50% of FIT could have been prevented by improving device programming.</p>
URL de la notice	<a href="http://okina.univ-angers.fr/publications/ua6484">http://okina.univ-angers.fr/publications/ua6484</a> [11]
DOI	10.1093/europace/eus144 [12]

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Publié sur *Okina* (<http://okina.univ-angers.fr>)