



# Association of calcium concentration with pulse pressure in older women: Data from a large population-based multicentric study

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Auteur	Mateus-Hamdan, Leyla [1], Beauchet, Olivier [2], Rolland, Y. [3], Schott, A. M [4], Annweiler, Cédric [5]
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## **Objective**

High arterial pulse pressure is a predictor of cardiovascular morbimortality. Mineral metabolism has been associated with blood pressure regulation. Our objective was to determine which variable among serum calcium, parathyroid hormone and 25-hydroxyvitamin D concentrations, was associated with pulse pressure among older adults.

## **Design**

Cross-sectional study corresponding to the baseline assessment of the EPIDOS study.

## **Setting**

Five French cities including Amiens, Lyon, Montpellier, Paris and Toulouse.

## **Participants**

Randomized sample of 610 community-dwelling older women (mean age  $80.2 \pm 3.5$  years) using no antihypertensive drugs.

## **Measurements**

Serum calcium, parathyroid hormone and 25-hydroxyvitamin D concentrations; supine pulse pressure after 15 minutes of rest (hypertension defined as pulse pressure  $>50\text{mmHg}$ ). Age, body mass index, the number of morbidities and of drugs daily taken, diabetes mellitus, dysthyroidy, the use of estrogenic drugs, smoking, alcohol consumption, practice of a regular physical activity, creatinine clearance, and the effects of season and study centers were used as potential confounders.

## **Results**

Hypertensive participants ( $n=539$ ) had higher calcium concentrations than normotensive ones ( $94.33 \pm 4.12\text{mg/L}$  versus  $93.28 \pm 3.36\text{mg/L}$  respectively,  $P=0.040$ ). There were no between-group differences for serum parathyroid hormone and 25-hydroxyvitamin D concentrations. The multiple logistic regressions examining the serum calcium, parathyroid hormone and 25-hydroxy vitamin D concentrations as predictors of hypertension found an association only with calcium (adjusted odds ratio=1.19,  $P=0.015$ ), but not with parathyroid hormone (adjusted OR=1.01,  $P=0.349$ ) or 25-hydroxyvitamin D concentration (adjusted OR=0.99,  $P=0.971$ ).

## **Conclusion**

Increased serum calcium concentration was independently and positively associated with high pulse pressure in our study, possibly due to increased arterial stiffness. Interventions aimed at normalizing calcaemia may be attractive to prevent hypertension and cardiovascular risk in older adults.

Résumé en  
anglais

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## **Liens**

[1] [http://okina.univ-angers.fr/publications?f\[author\]=17906](http://okina.univ-angers.fr/publications?f[author]=17906)

[2] <http://okina.univ-angers.fr/o.beauchet/publications>

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[5] <http://okina.univ-angers.fr/cedric.annweiler/publications>

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