

**ANALYSIS ON THE LEVEL OF KNOWLEDGE, ATTITUDE
AND PRACTICE OF OCCUPATIONAL SAFETY AND HEALTH
AMONG HEALTHCARE EMPLOYEES IN KANOWIT
HOSPITAL**

SYLVESTER CHULA ANAK DANIEL

OPEN UNIVERSITY MALAYSIA

2021

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OCCUPATIONAL SAFETY AND HEALTH AMONG HEALTHCARE EMPLOYEES
IN KANOWIT HOSPITAL**

SYLVESTER CHULA ANAK DANIEL

**A Master's Project in fulfilment of the requirement for degree of Master of
Occupational Safety and Health Risk Management**

Open University Malaysia


2021

DECLARATION

Name: SYLVESTER CHULA ANAK DANIEL

Matric Number: CGS 01276230

I hereby declare that this Master's Project is the result of my own work, except for quotations and summaries that have been duly acknowledged.

Signature:  _____

Date: 1st April 2021

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ABSTRACT

All industries especially government sectors are urged to practice Occupational Safety and Health Act (OSHA) 1994. They have to fulfil their responsibilities as an employer to ensure that employees have a safe and healthy workplace. National OSH Master Plan 2010- 2015 target to reduce death cases to 12.4 per 100,000 employees and injury case to 6.1 per 1,000 employees and National OSH Master Plan (OSHMP) 2016-2020 death target is review 4.36 per 100,000 employees and injury reduce to 2.53 per 1,000 employees. In 2020 DOSH reported that 6793 occupational accident cases happened. Public services and statutory authorities presented 1.2 % of the total cases. The OSHMP 2020 showed a remarkable positive improvement whereby 5960 occupational diseases and poisoning cases happened in 2015 compared to 1785 cases in 2019. The objective of this study is to analyse the level of Knowledge, Attitude and Practice of occupational safety and health (OSH) among Healthcare employees in Kanowit Hospital. The constructs of this study Personal Protective Equipment (PPE), Employer-Employee Safety and Health Responsibilities, Functions of Safety and Health Committee (HSC) and Employee Knowledge in OSH. 162 respondents are involved in this study. The data analysis concluded that level of knowledge; attitude and practice of occupational safety and health among healthcare employees in Kanowit Hospital were high. The research found that the level of knowledge of the healthcare employees on OSH is affected by the length of service and their age. This study contributes significantly in improving the level of OSH knowledge, attitude and practice.

Keywords: Healthcare employees, knowledge, attitude and practice

ANALISIS MENGENAI PENGETAHUAN, SIKAP DAN PRAKTIS KESIHATAN DAN KESELAMATAN PEKERJAAN DI KALANGAN PEKERJA PENJAGAAN KESIHATAN DI KANOWIT HOSPITAL

ABSTRAK

Semua industri terutamanya sektor kerajaan, digesa mempraktikkan Akta Keselamatan dan Kesihatan Pekerjaan (OSHA) 1994. Mereka harus memenuhi tanggungjawab majikan demi memastikan keselamatan dan kesihatan pekerja di tempat kerja. Pelan Master Kesihatan dan Keselamatan Pekerjaan Kebangsaan 2010- 2015 mensasarkan pengurangan daripada 12.4 kematian daripada 100,000 pekerja kepada 6.1 kematian daripada 100,000 pekerja dan Pelan Master Kesihatan dan Keselamatan Kebangsaan 2016- 2020 mensasarkan 4.36 kematian daripada 100,000 pekerja dan kecederaan berkurangan kepada 2.53 daripada 1,000 pekerja. Pada 2020 menurut Jabatan Kesihatan dan Keselamatan Pekerjaan melaporkan sebanyak 6793 kemalangan pekerjaan berlaku. Sektor awam dan badan berkanun mewakili 1.2% daripada keseluruhan kes. Pelan Master Kesihatan dan Keselamatan Pekerjaan 2020 menunjukkan peningkatan positif apabila 5960 kes penyakit pekerjaan dan keracunan berlaku pada 2015 dan 1785 kes pada 2019. Objektif kajian ini adalah untuk menganalisa pengetahuan, sikap dan praktis mengenai Kesihatan dan Keselamatan Pekerjaan (KKP) di kalangan pekerja kesihatan di Kanowit Hospital. Pembinaan kajian adalah mengenai Kelengkapan Perlindungan Diri, Tanggungjawab Majikan- Pekerja Keselamatan dan Kesihatan, Fungsi Jawatankuasa Keselamatan dan Kesihatan dan Pengetahuan Pekerja di dalam OSH. 162 responden terlibat. Analisa data menyimpulkan bahawa tahap pengetahuan, sikap dan praktis keselamatan dan kesihatan pekerjaan di kalangan pekerja kesihatan di Kanowit Hospital adalah tinggi. Kajian mendapati bahawa pengetahuan pekerja kesihatan dipengaruhi oleh tempoh mereka telah bekerja dan umur mereka. Penemuan yang ketara dalam kajian ini meningkatkan tahap pengetahuan, sikap dan praktis mengenai keselamatan dan kesihatan pekerjaan.

Kata kunci: Pekerja kesihatan, pengetahuan, sikap dan praktis

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- Staffs of Kanowit Hospital, Sarawak

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1st April 2021

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LIST OF ABBREVIATIONS

AIDS	Acquired Immune Deficiency Syndrome
CDC	Centre for Disease Control and Prevention
CEO	Chief Executive Officer
COSH	Conference of Occupational Safety and Health
DOSH	Department of Safety and Health Malaysia
EPINet	Exposure Prevention Information Network
HSC	Safety and health Committee
HSO	Health Standards Organisation
HCW	Healthcare Employees
HIV	Human Immunodeficiency Viruses
ILO	International Labour Organisation
MMA	Malaysia Medical Association
MOH	Minister of Health
MREC	Medical Research and Ethics Committee
NMRR	National Medical Research Register
NSI	Needle Stick Injury
NIOSH	National Institute for Occupational Safety and Health
OH	Occupational Health
OSH	Occupational Safety and Health
OSHA	Occupational Safety and Health Act
OSHC	Occupational Safety and Health Committee
OSHCR	The Occupational Safety and Health Consultants Register
OSHMP	Occupational Safety and Health Master Plan
OSHMS	Occupational Safety and Health Management System

PPE	Personal Protective Equipment
SHC	Safety and Health Committee
SIPE	School Insurance Programs for Employer
SME	Small Medium Enterprises
SOCSSO	Social Security Organisation
USA	United State of America
USECHH	Use and Standard of Exposure Chemical Hazardous to Health
WHO	World Health Organisation

CHAPTER 1

INTRODUCTION

1.1 Research Background

The medical practice field has transformed from ancient style to modern approach, changing technological practices for more than two centuries. However, millions of employees die or sustained injuries due to workplace hazards, and it reported that more than 250 million work-related accidents happened every year. Alli (2008) revealed that over 160 million employees fall sick annually due to workplace hazards and exposures, while an estimated more than 1.2 million employees die due to occupational accidents and diseases. Those incidents caused an annual loss in compensation, lost workdays, interruptions of production, training, retraining, and medical expenses, which amount to over four per cent of the total gross national product (GNP) all-region the world. In the United States of America, the annual cost of accidents in the manufacturing sector is more than US190 billion. International Labour Organisation (2011) stated that more than 300 million occupational accidents and more than 150 million occupational-related diseases were reported yearly. Rampal et al. (2010) ascertained that an analysis according to a study conducted by the Social Security Organisation (SOCSO), workplace injuries in Malaysia increased by 4% from 57,639 cases in 2008 to 59,897 cases in 2009. Occupational problems were discovered by Anuar et al. (2008) in the Klang Valley's Hospital Kuala Lumpur, Hospital Universiti Kebangsaan Malaysia, and Pusat Perubatan Universiti Malaya expanding numbers from the year 2001 until 2005. Technically, when we think of occupational health, we focus only on occupational

diseases or injuries, workplace environments, and daily practices. Therefore, the evolution of healthcare mission and vision should emphasise the need for a global standard of safe practices and the most important in generating a safe environment by enhancing the level of knowledge on OSH among healthcare employees. The researcher conducted this study at Kanowit Hospital. The study carried out in the clinical and non-clinical areas such as Emergency and Trauma Department, Outpatient Department, Pharmacy, Laboratory, Maternity ward, Male and Female ward, Paediatric Ward, Haemodialysis Unit, Operation Theatre, Central Sterile Services Department, Physiotherapy Unit, Drugs Store, Mortuary and Infection Control Department. The data is collected using the questionnaire distributed by the researcher to departments and units, as stated. The researcher distributed 193 sets of questionnaires, and 162 respondents responded. Departments and units' heads collected the completed questionnaire, and the researcher collected it from them. Before started the data collection process, the researcher obtained approval from the Kanowit Hospital's Director and the Clinical Research Centre of Malaysia. Once permitted, the questionnaire sets distributed to all departments and units involved.

1.2 Problem Statement

The OSH Master Plan 2020 is a formula to improve OSH to an excellent level to guard the country's people, which is very important. In accordance with Malaysia's policy and evolution plan Vision 2020, excellent OSH levels would raise employee safety standards and provide superior efficiency and productivity in the Working Life Component Index of the Malaysian Well-being Index. This master plan builds on the previous two OSH master plans, which were launched in 2006 with the goal of instilling a safe and healthy work culture among management and employees. Through a

comprehensive strategy to intercept occupational injuries and diseases, a safe and healthy work culture is critical in creating workplaces that are safer and healthier in our country. The Preventive Culture in the Workplace is the key course of action in OSHMP 2020. The Preventive Culture emphasised employer and employee understanding, accountability, and dedication, as well as appreciation for employees' OSH rights, employee engagement in OSH activities, OSH knowledge and skills upgrading, and OSH management competency that can enforce successful risk management. The predicted outcome is that the workstation will be transformed into a secure and healthy environment, protecting the company's most valuable asset: its workers. The Master Plan 2020 outlined strategies for enhancing the safety and health culture at work.

Table 1.1: Occupational Accidents Statistics by Sector January until November 2020 (Reported to DOSH only)

OCCUPATIONAL ACCIDENT STATISTICS BY SECTOR UNTIL NOVEMBER 2020 (REPORTED TO DOSH ONLY)				
SECTOR	NPD	PD	DEATH	TOTAL
Hotel and Restaurant	144	2	1	147
Utilities (Electricity, Gas, Water and Sanitary Service)	228	3	4	235
Finance, Insurance, Real Estate and Business Services	303	6	14	323
Construction	160	4	58	222
Transport, Storage and Communication	343	6	10	359
Manufacturing	4027	209	58	4294
Wholesale and Retail Trade	123	3	1	127
Public Services and Statutory Authorities	77	2	3	82

Table 1.1, continued

Mining and Quarrying	32	1	2	35
Agriculture, Forestry and Fishery	907	20	42	969
TOTAL	6344	256	193	6793

Legends:

PD- Permanent Disability

NPD- Non Permanent Disability

Table 1.2: Occupational Diseases and Poisoning Reported in 2019 (Until February) Statistics

Disease Type	Case Reported
Occupational Lung Diseases (OLD)	17
Occupational Skin Diseases (OSD)	25
Occupational Noise Related Hearing Disorders (H.D.)	1612
Occupational Muscular -Skeletal Disorders (OMSD)	80
Occupational Poisoning	19
Disease caused by Physical Agent	0
Disease caused by Biological Agent	12
Occupational Cancer	2
Psychosocial Problem	2
Other Types of Occupational Diseases	2
Non-Occupational Diseases	14
Total	1785

Source: DOSH 2021

International Policy and Research Development Division

In addition, according to the Accident Iceberg Theory, the hidden or indirect costs of an accident are eight to thirty per cent, more than that of its apparent or direct costs. Based on this theory, one can imagine the massive amount of hidden fees spent yearly to finance accidents and occupational diseases. These costs include rehabilitation, retraining, loss of person-days, legal expense, reduced morale, all of which translate into reduced productivity. The implications and magnitude of occupational and occupationally related safety and health issues are beyond superficial injuries or accidents. Take, for example, an unfortunate staff nurse who, as a result of a

simple needle prick accident, becomes HIV positives. This incident could have happened as she was busy caring for her patients in a busy ward. This accident could affect her life, family, other dependents, relatives and how she suffers the stigma associated with it. To the government, this would mean loss of work, loss of productivity, retraining of a new worker, cost of hospitalisation and medication, rehabilitation, and of course, and a loss of a person's life.

Furthermore, that infection can accidentally spread to many of her patients in the ward. This study is essential to gauge occupational safety and health implementation and safety performance in the state. The researcher hopes information obtained from this study could provide a valuable indicator to evaluate and help formulate plans and programs to improve further and maintain safety and health performance at the highest level possible in all the health facilities in Sarawak specifically and Malaysia generally. A rise in accidents and mishaps due to a lack of OSH awareness has been identified as the primary contributor to Malaysia's current problem (Anuar et al., 2009). Previous research has concentrated chiefly on particular issues like needle stick injuries (Alamgir et al. 2008), universal precaution (Izegbu et al. 2006), and laboratory-acquired infections (Anuar et al. 2008), with less emphasis on issues like understanding, experience, and practice in OSH and danger management. As a result, OSH's awareness and knowledge are critical for healthcare employees to avoid injuries and mishaps. As a result, this study aims to see whether healthcare employees are well-versed in Occupational Safety and Health. Exploring employees' attitudes toward OSH regularly will help with evidence-based interventions that can change work conditions or even behaviour (Goh & Chua, 2016). Healthcare employees are exposed to various hazards daily, particularly in their daily practices. Healthcare employee that has a good

understanding of occupational safety would be able to complete their assignments safely. Knowing about workplace safety encourages personal accountability for ensuring that safety is incorporated into everyday activities. Being enthusiastic about safety-related tasks at work, such as safety training or following standard operating procedure, is one example of a positive attitude toward safety. Safe and secure job practises involved an intervention that could prevent an accident from occurring. Employee awareness, mind-set, and safety procedures are critical for mitigating and controlling hazards and danger and ensuring optimal safety and health at work (Onowhakpor et al., 2017).

1.3 General Objective

To analyse the level of knowledge, attitude and practice of Occupational Safety and Health among healthcare employees in Kanowit Hospital.

1.4 Specific Objectives

- i. To determine the level of attitude on the usage of personal protective equipment;
- ii. To assess the level of practice on the employer-employees OSH responsibility;
- iii. To determine the level of practice on the functions of the safety and health committee; and
- iv. To determine the relationship between OSH knowledge levels with the education level, length of service, age, and gender.

1.5 Research Questions

- i. What is the level of attitude on the usage of personal protective equipment?
- ii. What is the level of practice on the employer-employees OSH responsibility?

- iii. What is the level of practice on the functions of the safety and health committee?
- iv. Is there any relationship between OSH knowledge levels with the education level, length of service, age, and gender?

1.6 Hypothesis Statement

H1₀: There is no significant difference between the healthcare employees' level of knowledge on Occupational Safety and Health and their education level.

H1_A: The higher the education level, the higher the level of knowledge of the healthcare employees on OSH

H2₀: There is no significant difference between the level of knowledge of the healthcare employees on Occupational Safety and Health and their length of service (junior and senior).

H2_A: The longer the services, the higher the level of knowledge of the healthcare employees on OSH.

H3₀: There is no significant difference between the level of knowledge of the healthcare employees on Occupational Safety and Health and their age.

H3_A: The increase the age, the higher the level of knowledge of the healthcare employees on OSH.

H4₀: There is no significant difference between the level of knowledge of the healthcare employees on Occupational Safety and Health and their gender.

H4_A: Gender differences affect the level of knowledge of the healthcare employees on OSH.

1.7 Significance of the Research

There is a lack of studies on the safety environment or safety culture (Glendon et al., 2006; Huang, 2010; Lu, 2007). As a result, this study's emphasis is on the level of OSH awareness among healthcare employees. This ground breaking research has never been performed before in Kanowit Hospital or even the Sibuland division. In terms of scholarly publications, western researchers have mainly researched safety and health problems in western countries such as the United Kingdom, the United States of America, Australia, Canada, Scandinavian, and European countries. Eastern countries, especially Malaysia, continue to conduct less research on safety and health management (Bahari, 2011).

Furthermore, according to a literature review, the theoretical and empirical understanding of safety and health research performed in Malaysia or other eastern countries is focused on the ideas, conceptions, and contributions of western scholars. As a result, the current study's results are thought to be unique. It contributes to the advancement of safety and health management research, particularly in the area of safety and health awareness among healthcare employees research in an eastern developing country with a different culture than the United States. The results of this study have potentially added to a limited but increasing body of information on safety and health, as well as contributing factors. Although the effect of safety training on improving education, skill, and hazard perception is well documented, there is little research on safety and health knowledge among healthcare employees. The results of this study showed that major demographic factors influence workplace safety and health

awareness. The subgroup discrepancies mean that a large group within an organisation does not reflect the organisation's overall sense of safety, resulting in a lack of safety culture (Hopkins, 2006). As a result, the first section of this chapter discusses the results in relation to the four research goals discussed in this study. This study aims to determine the level of knowledge, attitude, and practice of occupational safety and health among hospital healthcare employees in Kanowit. Other factors include:

- a) A lack of research into patient safety and health issues.
- b) There has been very little study done by academics and clinicians on the Occupational Safety and Health (OSH) issues that healthcare employees face.
- c) To provide information to assist the Kanowit Hospital management team in improving occupational safety and health management.

1.8 Definitions of Terms

This section covers definitions of the variables involved in this study:

i. The importance of PPE

Healthcare employees (HCW) are most exposed to hazards at their workplace, especially viruses, bacteria, hazardous substances, mental and physical abuse. According to Clarke et al. (2002), the availability of personal protective equipment (PPE), management commitment to safety, and employees' perceptions of how precautions interfere with job performance influence healthcare employees' compliance with universal precautions. As a result, the employer must have sufficient PPE stock, and employees must follow the PPE Standard Operating Procedure (SOP) specifications.

ii. Employer-Employee Safety and Health Responsibility

Many states have passed legislation that gave the employee the right to know about hazardous substances in their workplace. The employer must inform their employees regarding the dangerous material in the working environment (Anthony et al., 2007). The top management level leaders should have broad knowledge about Occupational Safety and Health. Therefore they can understand and rectify the OSH issue immediately. All employees have the safety and health's responsibility to practice the SOP applied in each sector.

iii. Functions of Occupational The Safety and Health Committee

Section 30 of the OSHA 1994 mandates the formation of a Safety and Health Committee in workplaces with forty or more employees (SHC). Furthermore, Regulation 5(2) of the Occupational Safety and Health (Safety and Health Committee) Regulations 1996 required SHC to have an equal number of management and non-management members, meaning that SHC is a joint committee. To discuss company safety issues, the SHC could meet four times a year, with two of those meetings open to all SHC members.

iv. Knowledge of OSH among healthcare employees

Wehmeier (2000) defined knowledge as a state of knowledge about a particular fact or situation. The level of understanding and information healthcare employees have regarding occupational hazards may put their occupational safety and health at risk. Levels of knowledge vary with the respondents' occupation. It may depend on an individual's background, including their types of profession or educational level. An individual's education level often correlates to their level of knowledge.

v. The attitude of OSH among healthcare employees

Attitude is the feeling or belief about something or a way of behaving, according to the Cambridge dictionary (Cambridge Dictionaries Online, 2015). Organizational factors that influence healthcare provider attitudes include safety atmosphere and morale, work environment factors such as staffing levels, and managerial support. Other aspects of an organization's safety culture include teamwork and supervision, as well as employee factors such as overconfidence and overconfidence (Sexton et al., 2006).

vi. The practice of OSH among healthcare employees

The request for guidance and information that leads to action is referred to as practise. A good practise is an ethically practised art related to the advancement of science and technology (Bano et al., 2013).

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APPENDICES

Appendix A

Permission to Conduct Research at Kanowit Hospital

Ver 3.0 September 2014

NMRR/FORM/IAHODIA

INVESTIGATOR'S AGREEMENT, HEAD OF DEPARTMENT AND ORGANISATIONAL / INSTITUTIONAL APPROVAL PERSETUJUAN PENYELIDIK DAN KEBENARAN KETUA JABATAN DAN PENGARAH ORGANISASI/INSTITUSI

This document is intended for online submission for formal research registration. It is issued as the Investigator's Agreement to participate in the research as well as the investigator's **Head of Department and Director's Approval**. Please upload this document in the required section in NMRR upon completion.

****Note:** This form is NOT to be used for obtaining permission to conduct the research at the named / selected study site(s).

Dokumen ini adalah untuk penghantaran 'online' mengikut prosedur rasmi pendaftaran penyelidikan. Borang ini dikeluarkan sebagai pengakuan penyelidik untuk menjalankan penyelidikan dan persetujuan serta kebenaran daripada **Ketua Jabatan dan Pengarah masing-masing**. Sila lengkapkan borang ini dan memuat naik ke dalam sistem NMRR di seksyen yang telah ditetapkan.

****Nota :** Borang ini BUKAN digunakan untuk tujuan mendapatkan kelulusan untuk menjalankan penyelidikan di lokasi kajian yang dipilih.

Research Title [Tajuk Penyelidikan]	Knowledge of Occupational Health and Safety among Healthcare Workers in Hospital Kanowit.		
Research ID [Nombor Pendaftaran]	51585	Protocol Number (if available) [Nombor Protokol (jika ada)]	

INVESTIGATOR'S AGREEMENT [PERSETUJUAN PENYELIDIK]

I have understood the above mentioned proposed research and I agree to participate as an investigator and being responsible to conduct the research.


Saya faham atas cadangan penyelidikan di atas dan bersetuju untuk mengambil bahagian serta bertanggungjawab untuk melaksanakan penyelidikan tersebut.

Name [Nama]	SYLVESTER CHULA ANAK DANIEL
IC number [Nombor K/P]	801106135633
Institute [Institusi]	HOSPITAL KANOWIT
Signature and Official stamp [Tandatangan dan Cop Rasmi]	 SYLVESTER CHULA Per. Peg. Perubatan U29 Hospital Kanowit
Date [Tarikh]	29/10/19

HEAD OF DEPARTMENT AGREEMENT [PERSETUJUAN KETUA JABATAN]

I agree to allow the above named investigator to conduct the above titled research.

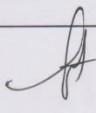
Saya bersetuju dan membenarkan pegawai seperti bernama di atas untuk menjadi penyelidik di dalam projek penyelidikan tersebut di atas.

Name of Head : [Nama Ketua Jabatan]	
Signature and Official stamp [Tandatangan dan Cop Rasmi]	 PAUL EN TING USIN Per. Peg. Perubatan U29 JPL Kanowit
Date [Tarikh]	29/10/2019

ORGANISATIONAL / INSTITUTIONAL APPROVAL [KEBENARAN ORGANISASI / INSTITUSI]

I acknowledge and approve the named officer to conduct the above titled research.

Saya mengesahkan dan mengambil maklum penglibatan pegawai ini di dalam penyelidikan tersebut.

Name of Director [Nama Pengarah]	DR. LEE JUN YUAN PENGARAH Hospital Kanowit
Signature and Official stamp [Tandatangan dan Cop Rasmi]	
Date [Tarikh]	29/10/19

This is computer generated. Borang ini adalah cetakan komputer.

[51585/66643/200353]

Ethical Approval from Ministry of Health, Malaysia



JAWATANKUASA ETIKA & PENYELIDIKAN PERUBATAN
(Medical Research & Ethics Committee)
KEMENTERIAN KESIHATAN MALAYSIA
d/a Kompleks Institut Kesihatan Negara
Bluk A, No 1, Jalan Setia Murni U13/S2,
Seksyen U13, Bandar Setia Alam,
40170 Shah Alam, Selangor.



Tel: 03-3362 8888/8205

Ref : KKM/NIHSEC/ P19-2566 (6)
Date: 31-December-2019

SYLVESTER CHULA ANAK DANIEL
HOSPITAL KANOWIT

Dear Sir/ Mdm,

ETHICS INITIAL APPROVAL : NMRR-19-3082-51585 (IIR)
**KNOWLEDGE OF OCCUPATIONAL HEALTH AND SAFETY AMONG HEALTHCARE WORKERS
IN HOSPITAL KANOWIT.**

This letter is made in reference to the above matter.

2. The Medical Research and Ethics Committee (MREC), Ministry of Health Malaysia (MOH) has provided ethical approval for this study. Please take note that all records and data are to be kept strictly **CONFIDENTIAL** and can only be used for the purpose of this study. All precautions are to be taken to maintain data confidentiality. Permission from the District Health Officer / Hospital Administrator / Hospital Director and all relevant heads of departments / units where the study will be carried out must be obtained prior to the study. You are required to follow and comply with their decision and all other relevant regulations, including the Access to Biological and Benefit Sharing Act 2017.

3. The Investigators and study sites involved in this study are:

HOSPITAL KANOWIT
Sylvester Chula Anak Daniel (Principal Investigator)

4. The following study documents have been received and reviewed with reference to the above study:

Documents received and reviewed with reference to the above study:

1. Study Protocol_Version 3, dated 20-December-2019
2. Participation Information Sheet & Informed Consent Form (English)_Version 4, dated 20-December-2019
3. Participation Information Sheet & Informed Consent Form (Malay)_Version 1, dated 20-December-2019
4. Questionnaire_Version 2, dated 20-December-2019
5. Investigator's documents : Declaration of Conflict of Interest (COI), IA-HOD-IA, and CV:
a) Sylvester Chula Anak Daniel (Principal Investigator)

5. Please note that ethical approval is valid until **30-December-2020**. The following are to be reported upon receiving ethical approval. Required forms can be obtained from the Medical Research Ethics Committee (MREC) website (<http://www.nih.gov.my/mrec>).

- I. **Continuing Review Form** has to be submitted to MREC within 2 month (60 days) prior to the expiry of ethical approval.
- II. **Study Final Report** upon study completion to the MREC.
- III. Ethical approval is required in the case of **amendments / changes** to the **study documents/ study sites/ study team**. MREC reserves the right to withdraw ethical approval if changes to study documents are not completely declared.

KKM/NIHSEC/ P19-2566 (6)

6. This study involves the following methods:

I. Questionnaire

7. Please take note that the reference number for this letter must be stated in all correspondence related to this study to facilitate the process.

Comments (if any): **NIL**

Project Sites:


HOSPITAL KANOWIT

Decision by Medical Research & Ethics Committee:

() Approved

() Disapproved

Date of Approval : 31-December-2019



DR HJH SALINA ABDUL AZIZ
Chairperson
Medical Research & Ethics Committee
Ministry of Health Malaysia
MMC No: 27117

s.k. HRRC Hospital Sibul, Sarawak

KY/Approval2019Mhwa/hare

Questionnaire of the study

**STUDY ON KNOWLEDGE OF OCCUPATIONAL SAFETY AND HEALTH AMONG
HEALTHCARE EMPLOYEES IN KANOWIT HOSPITAL- SURVEY FORM**

**KAJIAN TAHAP PENGETAHUAN KESELAMATAN DAN KESIHATAN PEKERJAAN DI
KALANGAN PEKERJA- PEKERJA KESIHATAN DI KANOWIT HOSPITAL**

Thank you for consider to participate in this survey. Without your participation, the valuable information generated from this investigation would not be possible. There are no risks involves and you are under no obligation to participate in this research and should feel free to decline. Your participation will be anonymous and all information will be kept confidential.

Terima kasih kerana mengambil bahagian dalam kajian ini. Tanpa sokongan anda, informasi bermanfaat ini tidak mungkin diperolehi. Tiada risiko yang terlibat dan anda tidak dipaksa untuk mengambil bahagian dalam kajian ini. Informasi dan penglibatan anda dalam kajian ini akan dirahsiakan.

Part A: Respondent's Background Information

Bahagian A: Informasi latarbelakang responden

Designation / Pekerjaan

Unit

Please tick (√) at appropriate column.

Sila tandakan (√) pada petak yang sesuai.

Age/ Umur

Male

Female

Qualification

Phd/ Master

Degree

Diploma

Certificate/ Sijil

Experience/ Pengalaman (Years/ Tahun)

0-1

1-4

5-9

10-14

15 above

Feedback questionnaires Part B- Personal Protective Equipment (PPE)

Soal Selidik Bahagian B- Peralatan Perlindungan Peribadi (PPP)

Strongly disagree Sangat Tidak Setuju	Disagree Tidak Setuju	Neutral	Agree Setuju	Strongly agree Sangat Setuju
1	2	3	4	5

NO	Question/ Soalan	Scale
1	The personal protective equipment (i.e gloves, face mask, etc) for my job is always available. Peralatan Perlindungan Peribadi (PPP) seperti sarung tangan, kaca mata, topeng muka dan peralatan lain bagi tugas saya boleh diperolehi sentiasa.	
2	I always wear my PPE even in busy situation. Saya sentiasa gunakan PPP walaupun dalam keadaan sibuk.	
3	Safety and health is a high priority when I am performing my job. Saya memberi keutamaan kepada keselamatan dan kesihatan semasa menjalankan tugas saya.	
4	If I saw another employee committing an unsafe practice without PPE, I would say something directly to him or her. Saya akan menegur secara terus jika mendapati ada kakitangan yang melakukan perbuatan yang tidak selamat.	
5	I don't handle any patient's specimen without wearing a glove. Saya tidak mengendalikan specimen pesakit tanpa memakai sarung tangan.	
6	I don't handle any chemicals without referring to the Material Safety Data Sheet (MSDS). Saya tidak menggunakan bahan kimia tanpa merujuk kepada Material Safety Data Sheet (MSDS).	

Feedback questionnaires Part C- Employer- Employee Safety and Health Responsibility

Soal Selidik Bahagian C- Tanggungjawab bersama Pekerja dan Majikan ke atas Keselamatan dan Kesihatan Pekerja

Strongly disagree Sangat Tidak Setuju	Disagree Tidak Setuju	Neutral	Agree Setuju	Strongly agree Sangat Setuju
1	2	3	4	5
NO	Question/ Soalan	Scale		
7	My supervisor / department conduct frequent and effective safety meetings. Penyelia/ Jabatan sentiasa mengadakan mesyuarat keselamatan dan kesihatan berkesan.			
8	My supervisor often observes my work practices for the purpose of protecting my safety and health. Penyelia sentiasa memerhatikan perjalanan kerja saya bagi memastikan keselamatan dan kesihatan saya terjamin.			
9	I report every workplace injury or illness to my supervisor or safety officers regardless of severity. Saya membuat aduan tentang semua kecederaan dan penyakit kepada			

	penyelia atau pegawai keselamatan tanpa mengambil kira tahap keseriusan.	
10	When my supervisor is not around, I know whom to contact in case of emergency. Saya tahu pihak yang perlu dihubungi sekiranya berlaku kecemasan semasa ketiadaan penyelia.	
11	I always attend safety and health campaign/ courses conducted by my department. Saya sentiasa mengambil bahagian dalam kempen atau kursus keselamatan dan kesihatan yang dianjurkan oleh jabatan saya.	
12	In case I fall sick, I need to report to my supervisor. Sekiranya saya jatuh sakit, saya perlu maklukkannya kepada penyelia.	

Strongly disagree Sangat Tidak Setuju	Disagree Tidak Setuju	Neutral	Agree Setuju	Strongly Agree Sangat Setuju	
1	2	3	4	5	
NO	Question/ Soalan				Scale
13	Safe operating procedures for using equipment/ machines are reviewed and revised as necessary. Panduan keselamatan untuk penggunaan peralatan/mesin dikaji semula apabila diperlukan.				
14	My organisation considers employees to be valuable assets who should be protected from workplace hazards. Organisasi saya mempertimbangkan pekerja sebagai aset berharga yang perlu dilindungi daripada bahaya di tempat kerja.				
15	Employees are recognised and rewarded for working safely. Pekerja dikenal pasti dan diberi ganjaran kerana bekerja dengan selamat.				
16	Employees are encouraged to speak out when they have concerns about safety and health issues. Pekerja digalakkan untuk menyuarakan ketidak puasan apabila isu keselamatan dan kesihatan adalah membimbangkan.				
17	For a safety programme to succeed, employee- management participation and support is critical. Untuk memastikan program kesedaran keselamatan berjaya, penyertaan dan sokongan daripada pekerja dan pihak pengurusan adalah kritikal.				
18	Safety and health campaign is an effective way to promote and educate employees. Kempen kesedaran keselamatan dan kesihatan adalah satu cara berkesan untuk menggalakkan dan memupuk kesedaran keselamatan di kalangan pekerja.				

Feedback questionnaires Part D- Functions of Safety and health Committee (HSC)

Soal Selidik Bahagian D- Fungsi Jawatankuasa Keselamatan dan Kesihatan Pekerja (JKKP)

Strongly Disagree Sangat Tidak Setuju	Disagree Tidak Setuju	Neutral	Agree Setuju	Strongly Agree Sangat Setuju	
1	2	3	4	5	
NO	Question/ Soalan				Scale
19	Safety and health Committee (HSC) in my department conducts regular safety				

	audits. Jawatankuasa Keselamatan dan Kesihatan Pekerja (JKKP) di jabatan saya kerap menjalankan audit keselamatan.	
20	I like to participate/ support all activities carry out by HSC. Saya suka melibatkan diri/ memberi kerjasama dalam aktiviti yang dijalankan oleh JKKP.	
21	The membership in HSC should get renewed every year in order to everyone's participation. Keahlian JKKP perlu diperbaharui setiap tahun agar semua pekerja melibatkan diri.	
22	In order to be an active and effective body, HSC should accept and consider employees opinion and suggestions. Bagi memastikan JKKP berfungsi dengan aktif dan berkesan, ia harus menerima dan mempertimbangkan pendapat dan cadangan pekerja.	

Feedback questionnaires Part E- Employee- Knowledge in Occupational Safety and health

Soal Selidik Bahagian E- Pengetahuan Keselamatan dan Kesihatan Pekerja

	Strongly Disagree Sangat Tidak Setuju	Disagree Setuju	Neutral	Agree Setuju	Strongly Agree Sangat Setuju
	1	2	3	4	5
NO	Question/ Soalan				Scale
23	Fire drill often conducted as schedule. Latihan kebakaran dijalankan seperti dijadualkan.				
24	Patient's sample may contain pathogenic microorganisms. Sampel pesakit mungkin mengandungi mikroorganisma.				
25	Carcinogens are substances that can cause cancer. Karsinogen merupakan bahan yang boleh mengakibatkan kanser.				
26	Laboratory hazards vary according to the samples, equipment used and the environment. Bahaya makmal berbeza mengikut sampel.				
27	Worker's safety and welfare protected by Occupational Safety and health Act 1994. Keselamatan dan kebajikan pekerja dilindungi oleh Akta Keselamatan dan Kesihatan Pekerjaan 1994.				
28	There is specific Occupational Safety and Health Act available to protect medical personnel. Ada Akta Keselamatan dan Kesihatan khas untuk melindungi pekerja kesihatan.				
29	NIOSH (National Institute of Occupational Safety and Health) responsible to provide training, consultation and information in the area of OSH. Institut Keselamatan dan Kesihatan Pekerja Negara (NIOSH) bertanggungjawab untuk menyediakan latihan, rundingan dan informasi yang berkaitan dengan keselamatan dan kesihatan pekerjaan.				
30	A hazard is a situation that poses a level of threat to life, health, property, or environment. Bahaya adalah satu situasi yang mengancam nyawa, kesihatan, harta benda atau persekitaran.				

Designations of Respondents

DESIGNATION

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid Autoclave Operator	1	.6	.6	.6
Doktor	7	4.3	4.3	4.9
Juru X- ray	1	.6	.6	5.6
Juru X-Ray	1	.6	.6	6.2
Jurupulih Perubatan Carakerja U29	1	.6	.6	6.8
Jurupulih Perubatan Fisioterapi	2	1.2	1.2	8.0
Jururawat Masyarakat	30	18.5	18.5	26.5
Jururawat terlatih	1	.6	.6	27.2
Jururawat Terlatih	55	34.0	34.0	61.1
Juruteknologi makmal	4	2.5	2.5	63.6
Juruteknologi Makmal	4	2.5	2.5	66.0
Pegawai Farmasi	6	3.7	3.7	69.8
Pembantu Awam	5	3.1	3.1	72.8
Pembantu Perawatan Kesihatan	23	14.2	14.2	87.0
Pembantu Tadbir	1	.6	.6	87.7
Pen Pegawai Farmasi	7	4.3	4.3	92.0
Pen Pegawai Perubatan	12	7.4	7.4	99.4
Pen Pegawai Peubatan	1	.6	.6	100.0
Total	162	100.0	100.0	

SPSS Output- Survey Instrument Reliability Test

Case Processing Summary

		N	%
Cases	Valid	20	100.0
	Excluded ^a	0	.0
	Total	20	100.0

a. Listwise deletion based on all variables in the procedure.

Reliability Statistics

Cronbach's Alpha	N of Items
.902	4

Item Statistics

	Mean	Std. Deviation	N
PPE	4.2250	.51661	20
EEESHRespon	4.0542	.47239	20
FunctHSCommittee	4.0125	.46222	20
EmployeeKnowledge	4.1438	.45211	20

Item-Total Statistics

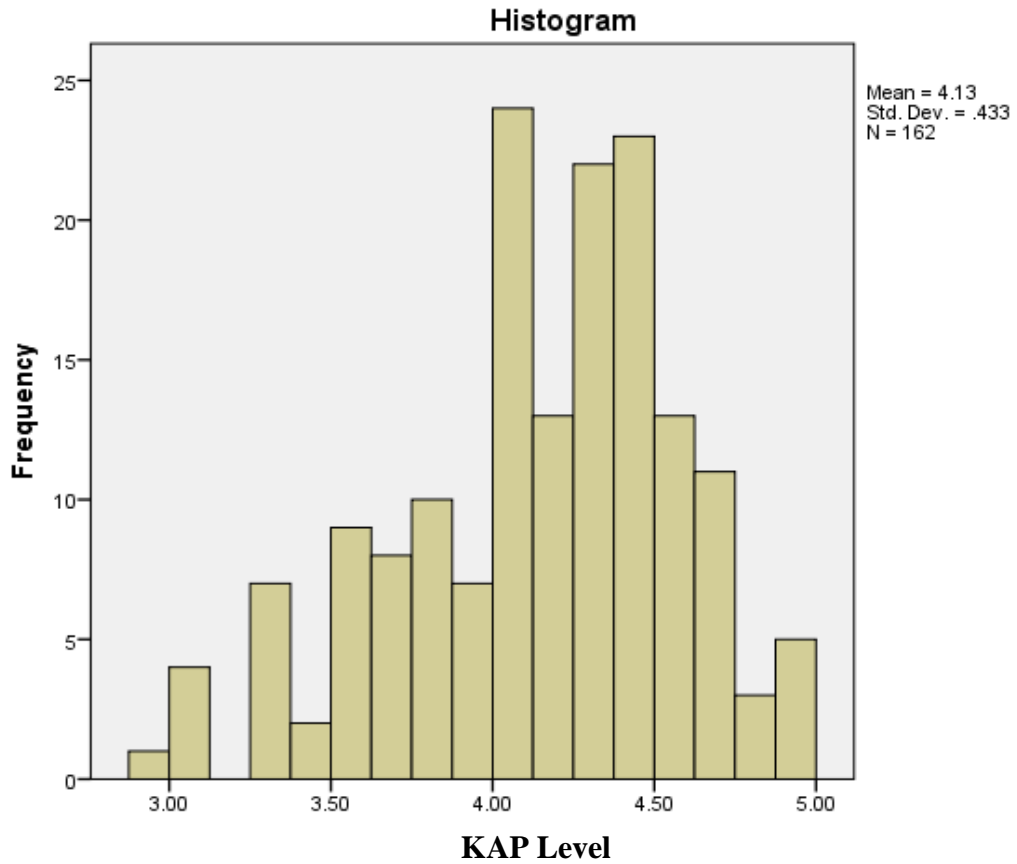
	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
PPE	12.2104	1.637	.685	.913
EEESHRespon	12.3813	1.651	.771	.878
FunctHSCommittee	12.4229	1.667	.779	.875
EmployeeKnowledge	12.2917	1.573	.910	.829

Scale Statistics

Mean	Variance	Std. Deviation	N of Items
16.4354	2.810	1.67637	4

Appendix F

SPSS OUTPUT –Normality Test: Histogram, Skewness and Kurtosis



Descriptive				
		Statistic	Std. Error	
KAP Level	Mean	4.1342	.03403	
	95% Confidence Interval for Mean	Lower Bound	4.0670	
		Upper Bound	4.2014	
	5% Trimmed Mean	4.1495		
	Median	4.1823		
	Variance	.188		
	Std. Deviation	.43319		
	Minimum	2.96		
	Maximum	4.93		
	Range	1.97		
	Interquartile Range	.52		
	Skewness	-.559	.191	
	Kurtosis	-.053	.379	

Appendix G

SPSS OUTPUT- Computation of Frequency and Percent for Demographic Backgrounds of the Healthcare Employees

EXPERIENCE					
		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	LESS THAN 1 YEAR	2	1.2	1.2	1.2
	1 - 4 YEARS	14	8.6	8.6	9.9
	5 - 9 YEARS	44	27.2	27.2	37.0
	10 - 14 YEARS	40	24.7	24.7	61.7
	15 YEARS AND ABOVE	62	38.3	38.3	100.0
	Total	162	100.0	100.0	

GENDER					
		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	MALE	42	25.9	25.9	25.9
	FEMALE	120	74.1	74.1	100.0
	Total	162	100.0	100.0	

AGE					
		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	20 - 29 YEARS	22	13.6	13.6	13.6
	30 - 39 YEARS	68	42.0	42.0	55.6
	40 - 49 YEARS	51	31.5	31.5	87.0
	50 YEARS AND ABOVE	21	13.0	13.0	100.0
	Total	162	100.0	100.0	

QUALIFICATION					
		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	CERTIFICATE	64	39.5	39.5	39.5
	DIPLOMA	80	49.4	49.4	88.9
	BACHELOR DEGREE	18	11.1	11.1	100.0
	Total	162	100.0	100.0	

Appendix H

SPSS OUTPUT- Computation of Mean and Standard Deviation for Level of Knowledge on Occupational Safety and health among Healthcare Employees

Descriptive Statistics				
	N	Mean	Std. Deviation	Variance
ITEM 1	162	4.3210	.73640	.542
ITEM 2	162	3.9444	.77420	.599
ITEM 3	162	4.4506	.59032	.348
ITEM 4	162	4.1543	.68317	.467
ITEM 5	162	4.3457	1.02346	1.047
ITEM 6	162	4.2716	.89182	.795
PPE	162	4.2479	.52908	.280
Valid N (list wise)	162			

Descriptive Statistics				
	N	Mean	Std. Deviation	Variance
ITEM 7	162	3.8025	.75461	.569
ITEM 8	162	3.9136	.79122	.626
ITEM 9	162	3.9259	.73557	.541
ITEM 10	162	4.1173	.62441	.390
ITEM 11	162	3.8642	.76008	.578
ITEM 12	162	4.3333	.63049	.398
ITEM 13	162	4.3086	.64301	.413
ITEM 14	162	4.2901	.85380	.729
ITEM 15	162	3.6481	.92227	.851
ITEM 16	162	4.3827	.71485	.511
ITEM 17	162	4.2778	.83592	.699
ITEM 18	162	4.4630	.70613	.499
EEESHRespon	162	4.1106	.47221	.223
Valid N (list wise)	162			

**(Continued): SPSS OUTPUT- Computation of Mean and Standard Deviation for
Level of Knowledge on Occupational Safety and health among Healthcare
Employees**

Descriptive Statistics				
	N	Mean	Std. Deviation	Variance
ITEM 19	162	3.7531	.81950	.672
ITEM 20	162	3.8704	.69728	.486
ITEM 21	162	3.9444	.70711	.500
ITEM 22	162	4.3580	.74448	.554
FunctHSCommittee	162	3.9815	.55487	.308
Valid N (list wise)	162			

Descriptive Statistics				
	N	Mean	Std. Deviation	Variance
ITEM 23	162	4.5494	.59032	.348
ITEM 24	162	3.8395	.67717	.459
ITEM 25	162	3.8765	.72030	.519
ITEM 26	162	4.0247	.74726	.558
ITEM 27	162	4.3519	.71776	.515
ITEM 28	162	4.4321	.67683	.458
ITEM 29	162	4.1852	.71560	.512
ITEM 30	162	4.3148	.61525	.379
Employee Knowledge	162	4.1968	.41254	.170
Valid N (list wise)	162			

Descriptive Statistics				
	N	Mean	Std. Deviation	Variance
PPE	162	4.2479	.52908	.280
EEESHRespon	162	4.1106	.47221	.223
FunctHSCommittee	162	3.9815	.55487	.308
Employee Knowledge	162	4.1968	.41254	.170
OVERALL knowledge	162	4.1342	.43319	.188
Valid N (list wise)	162			

Appendix I

SPSS OUTPUT –One Way ANOVA for the Knowledge of Healthcare Employees on Occupational Safety and Health with Their Education Level

	N	Mean	Std. Deviation	Std. Error
CERTIFICATE	64	4.2046	.38884	.04860
DIPLOMA	80	4.1141	.45030	.05035
BACHELOR DEGREE	18	3.9734	.47608	.11221
Total	162	4.1342	.43319	.03403

	95% Confidence Interval for Mean		Minimum	Maximum
	Lower Bound	Upper Bound		
CERTIFICATE	4.1075	4.3017	3.00	4.93
DIPLOMA	4.0139	4.2143	2.96	4.93
BACHELOR DEGREE	3.7366	4.2101	3.27	4.74
Total	4.0670	4.2014	2.96	4.93

Test of Homogeneity of Variances			
OVERALL knowledge			
Levene Statistic	df1	df2	Sig.
1.410	2	159	.247

ANOVA					
OVERALL knowledge					
	Sum of Squares	df	Mean Square	F	Sig.
Between Groups	.815	2	.408	2.204	.114
Within Groups	29.397	159	.185		
Total	30.212	161			

Appendix J

SPSS OUTPUT – T- Test for the Knowledge of Healthcare Employees on Occupational Safety and Health with Their Length of Service (Junior and Senior)

Group Statistics					
	EXPERIENCE JUNIOR OR SENIOR	N	Mean	Std. Deviation	Std. Error Mean
OVERALL knowledge	JUNIOR	60	3.9873	.50938	.06576
	SENIOR	102	4.2206	.35666	.03532

Independent Samples Test

		Levene's Test for Equality of Variances	
		F	Sig.
OVERALL knowledge	Equal variances assumed	17.422	.000
	Equal variances not assumed		

Independent Samples Test

		t-test for Equality of Means						
		t	df	Sig. (2-tailed)	Mean Difference	Std. Error Difference	95% Confidence Interval of the Difference	
							Lower	Upper
OVERALL knowledge	Equal variances assumed	-3.418	160	.001	-.23326	.06825	-.36805	-.09847
	Equal variances not assumed	-3.125	93.400	.002	-.23326	.07464	-.38148	-.08504

Descriptive

OVERALL knowledge

	N	Mean	Std. Deviation	Std. Error	95% Confidence Interval for Mean		Minimum	Maximum
					Lower Bound	Upper Bound		
20 - 29 YEARS	22	3.8698	.59777	.12744	3.6048	4.1348	2.96	4.72
30 - 39 YEARS	68	4.1385	.43879	.05321	4.0323	4.2447	3.09	4.93
40 - 49 YEARS	51	4.2302	.33149	.04642	4.1370	4.3234	3.29	4.93
50 YEARS AND	21	4.1642	.33808	.07378	4.0103	4.3181	3.58	4.74
Total	162	4.1342	.43319	.03403	4.0670	4.2014	2.96	4.93

Appendix K

SPSS OUTPUT – One Way ANOVA for the Knowledge of Healthcare Employees on Occupational Safety and Health With Their Age

Tukey HSD

(I) AGE	(J) AGE	Mean Difference (I-J)	Std. Error	Sig.	95% Confidence Interval	
					Lower Bound	Upper Bound
20 - 29 YEARS	30 - 39 YEARS	-.26869	.10 359	.05 0	-.5377	.00 03
	40 - 49 YEARS	-.36040*	.10 773	.00 6	-.6401	- .08 07
	50 YEARS AND ABOVE	-.29439	.12 885	.10 6	-.6290	.04 02
30 - 39 YEARS	20 - 29 YEARS	.26869	.10 359	.05 0	-.0003	.53 77
	40 - 49 YEARS	-.09171	.07 824	.64 5	-.2949	.11 14
	50 YEARS AND ABOVE	-.02571	.10 544	.99 5	-.2995	.24 81
40 - 49 YEARS	20 - 29 YEARS	.36040*	.10 773	.00 6	.0807	.64 01
	30 - 39 YEARS	.09171	.07 824	.64 5	-.1114	.29 49
	50 YEARS AND ABOVE	.06600	.10 951	.93 1	-.2183	.35 03
50 YEARS AND ABOVE	20 - 29 YEARS	.29439	.12 885	.10 6	-.0402	.62 90
	30 - 39 YEARS	.02571	.10 544	.99 5	-.2481	.29 95
	40 - 49 YEARS	-.06600	.10 951	.93 1	-.3503	.21 83

*. The mean difference is significant at the 0.05 level.

SPSS OUTPUT – T-Test for the Knowledge of Healthcare Employees on Occupational Safety and Health with Their Gender

Group Statistics

	GENDER	N	Mean	Std. Deviation	Std. Error Mean
OVERALL knowledge	MALE	42	4.0347	.36490	.05631
	FEMALE	120	4.1690	.45088	.04116

Independent Sample Test

		Levene's Test for Equality of Variances	
		F	Sig.
OVERALL_knowledge	Equal variances assumed	2.524	.114
	Equal variances not assumed		

Independent Sample Test

t-test for Equality of Means						
t	df	Sig. (2-tailed)	Mean Difference	Std. Error Difference	95% Confidence Interval of the Difference	
					Lower	Upper
-1.740	160	.084	-.13429	.07718	-.28671	.01813
-1.925	87.879	.057	-.13429	.06975	-.27290	.00432