

Homozygous NMNAT2 mutation in sisters with polyneuropathy and erythromelalgia

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1 **ABSTRACT**

2 We identified a homozygous missense mutation in the gene encoding NAD synthesizing enzyme
3 NMNAT2 in two siblings with childhood onset polyneuropathy with erythromelalgia. No additional
4 homozygotes for this rare allele, which leads to amino acid substitution T94M, were present among
5 the unaffected relatives tested or in the 60,000 exomes of the ExAC database. For axons to survive,
6 axonal NMNAT2 activity has to be maintained above a threshold level but the T94M mutation
7 confers a partial loss of function both in the ability of NMNAT2 to support axon survival and in its
8 enzymatic properties. Electrophysiological tests and histological analysis of sural nerve biopsies in the
9 patients were consistent with loss of distal sensory and motor axons. Thus, it is likely that NMNAT2
10 mutation causes this pain and axon loss phenotype making this the first disorder associated with
11 mutation of a key regulator of Wallerian-like axon degeneration in humans. This supports indications
12 from numerous animal studies that the Wallerian degeneration pathway is important in human
13 disease and raises important questions about which other human phenotypes could be linked to this
14 gene.

15 **INTRODUCTION**

16

17 Erythromelalgia is a rare clinical syndrome characterized by intermittent attacks of intense burning
18 pain with redness and swelling predominantly affecting the lower extremities but which may also be
19 present in upper extremities. It was named by S. Weir Mitchell in 1878 from erythro (red), melos
20 (extremity), and algos (pain) ¹. The episodes can be induced by heat, exercise and gravity and can be
21 relieved by cooling and elevation. They usually have their onset in the first decade but may also first
22 appear during adulthood. Erythromelalgia can be classified as primary or secondary. In a population-
23 based study from Minnesota, the incidence of erythromelalgia overall was 1.3 per 100,000 people
24 per year with a preponderance of primary erythromelalgia (1.1 per 100,000 people per year) ².
25 Secondary erythromelalgia can occur in a number of disorders like small fiber peripheral
26 neuropathies, thrombocythemia, myeloproliferative diseases, as a paraneoplastic syndrome or as a
27 side effect of different medications ³. Many patients affected with primary erythromelalgia carry
28 gain-of-function mutations in the *SCN9A* gene coding for the Nav1.7 sodium channel ⁴, either
29 transmitted in an autosomal dominant manner or as *de novo* mutations. Nav1.7 is expressed in
30 small-diameter nociceptive neurons where it amplifies small depolarizations bringing the membrane
31 potential closer to the voltage threshold of an action potential ⁵.

32 We diagnosed small fiber neuropathy in two sisters suffering from childhood onset polyneuropathy
33 with erythromelalgia. Sequencing of the complete coding region of *SCN9A* did not reveal any
34 mutations. We therefore proceeded to exome sequencing in both sisters and the parents and
35 discovered a homozygous mutation in *NMNAT2* in the patients and heterozygosity in the parents.
36 Biochemical and cell biological analyses indicate a partial loss of NMNAT2 function caused by the
37 mutation, consistent with the hypothesis that these mutations are causative for the phenotype seen
38 in the siblings.

39 MATERIALS AND METHODS

40 **Exome Sequencing, Filtering and bioinformatic prediction.** DNA samples were obtained from
41 patients and parents following informed consent and approval by local ethic committee from the
42 University Medical Center Göttingen, Göttingen, Germany. DNA was extracted from peripheral EDTA
43 blood using standard protocols. For each exome, 1 µg of DNA was fragmented, barcoded and
44 enriched using the NimbleGen SeqCap EZ Human Exome Library v2.0 enrichment kit (Roche
45 NimbleGen, Madison, WI, USA). Purified and quantified library pool was subsequently sequenced
46 on an Illumina HiSeq 2000 sequencing instrument (Illumina, San Diego, CA, USA) using a multiplex
47 paired end 2x100bp protocol. Data processing, analysis and filtering were performed using the
48 'Varbank' GUI and pipeline version 2.14 (CCG, University of Cologne, Germany)
49 (<https://varbank.ccg.uni-koeln.de/>). Reads were mapped to the human genome reference build hg19
50 using the BWA-aln alignment algorithm, resulting in $\geq 30x$ coverage for 88.5% and 89.7% of target
51 sequences in the two exomes, respectively. GATK v.1.62 was used to mark duplicated reads, to do a
52 local realignment around short insertions and deletions, to recalibrate the base quality scores and to
53 call SNPs and short Indels. The GATK UnifiedGenotyper variation calls were filtered for high-quality
54 (DP>15; AF>0.25; QD>2; MQ>40; FS<60; MQRankSum>-12.5; ReadPosRankSum>-8; HaplotypeScore
55 <13) rare (MAF \leq 0.005 based on 1000 genomes build 20110521 and EVS build ESP6500 and the
56 Exome Aggregation Consortium (<http://exac.broadinstitute.org/>)) variants, predicted to modify a
57 protein sequence or to impair splicing, implicated by reduced maximum entropy scores
58 (MaxEntScan). False positive and irrelevant variants were further reduced by taking advantage of the
59 Varbank InHouseDB containing 511 epilepsy exomes. Compound heterozygous and
60 homozygous/hemizygous variants were extracted for the patient. Prediction of functional impact of
61 all received variants was performed using the dbNSFP version 3.0a36,37. DbNSFP software co-
62 applied several in silico analysis tools to predict the conservation, using PhastCons and GERP, and the
63 functional consequence, using SIFT, PolyPhen2, Provean, LRT, MutationTaster, MutationAssessor,
64 FATHMM, VEST, MetaSVM and MetaLR, of the affected site. In addition phenotype genotype
65 correlations were investigated using public database Online Mendelian Inheritance (OMIM)

66 (<http://www.omim.org/>), Orphanet (<http://www.orpha.net>) and ClinVar
67 (<https://www.ncbi.nlm.nih.gov/clinvar>).

68 Mutations found by NGS were confirmed by PCR and Sanger-Sequencing. For PCR, genomic DNA and
69 the following primers used: Forward 5'-TCT AAG CGC ATG GTA TGG C3' and Reverse 5'-CTT TCA CTC
70 CCT CCT CCT TTG-3'. Gel electrophoresis was performed using a 1% agarose gel. For sequencing,
71 specific bands were eluted from the gel by use of NucleoSpin® Gel and PCR Clean-up (Machery-
72 Nagel, Düren, Germany) and subsequently processed for direct dye terminator sequencing with
73 BigDye Terminator Ready Reaction chemistry 3.1 on an ABI PRISM 3130-Avant genetic analyser (Life
74 Technologies, Darmstadt, Germany). All reactions were performed according to instructions provided
75 by the manufacture.

76

77 **Constructs.** NMNAT2 T94M and H24D mutations were introduced by QuikChangell site-directed
78 mutagenesis (Stratagene) into the complete open reading frame (ORF) of the canonical 307 amino
79 acid human NMNAT2 variant (NCBI ProteinID: NP_055854) cloned in expression vector pCMV Tag-2B
80 (Stratagene). A short linker (17 amino acids) is present between and N-terminal tag Flag and the
81 NMNAT2 ORF. DNA sequencing (Cogenics) confirmed the presence of the T94M mutation and the
82 absence of PCR errors. The wild-type or T94M mutant ORFs were then PCR-cloned into pET28c
83 (Novagen) for bacterial production of the proteins with an N-terminal 6x His tag. pDsRed2-N1
84 (Clontech) was used for expression of variant *Discosoma* red fluorescent protein (DsRed2) to
85 fluorescently-label injected neurons and their neurites. A SARM1-GFP expression vector consisting of
86 the entire coding region of murine SARM1 cloned (by PCR) into pEGFP-N1 (Clontech, C-terminal eGFP
87 tag) was used for re-expression of SARM1 in *Nmnat2^{gtE/gtE};Sarm1^{-/-}* neurons. pEGFP-C1 (Clontech) was
88 used to express enhanced green fluorescent protein (eGFP) in HEK 293T cells to act as a transfection
89 control / reference for NMNAT2 turnover.

90

91 **Microinjection, transection of neurites and imaging.** Dissociated SCG neuron cultures (from P0-P2
92 mouse pups), expression vector injections, Flag immunostaining and the quantification of neurite

93 survival after transection were all performed essentially as described previously ^{6,7}. Expression
94 vectors and the concentrations used in injection experiments are described in the Figure 5 legend.
95 Fluorescence images were acquired as described previously ⁶. For transection assays at 39°C, cells
96 were cultured at 37°C up to the time of transection and were only then transferred to 39°C for the
97 duration of the assay (24 hours). Mean intensities of Flag immunostaining and DsRed fluorescence
98 signals in injected SCG neurons were determined from images captured with a 4x objective using Fiji
99 software <http://fiji.sc> ⁸ by thresholding (30 and 18 respectively, dark background) followed by
100 particle analysis to identify neurons with signal intensity above background (threshold value was
101 subtracted from mean intensity values obtained).

102

103 **HEK 293T transfection.** HEK 293T cells were cultured in DMEM with 4,500 mg/L glucose and 110
104 mg/L sodium pyruvate (PAA), supplemented with 2 mM glutamine and 1% penicillin/streptomycin
105 (both Invitrogen), and 10% fetal bovine serum. Cells were plated in 24-well format to reach 50-60%
106 confluence before transfection with Lipofectamine 2000 reagent (Invitrogen) according to the
107 manufacturer's instructions. 500 ng Flag-NMNAT2 expression vector (wild-type or T94M), 200 ng of
108 an empty pCMV-Tag series vector, and 100 ng pEGFP-C1 were transfected per well. 10 μM emetine
109 hydrochloride (Sigma-Aldrich) was used to block protein synthesis. Cells from single wells at each
110 timepoint after treatment were lysed directly in 100 μl 2x Laemmli sample buffer, sonicated to
111 fragment genomic DNA in the absence of heating, and equal amounts (10μl) used for
112 immunoblotting.

113

114 **Immunoblotting.** Extracts were resolved on 4-15 or 4-20% SDS polyacrylamide gels, transferred to
115 Immobilon-P membrane (Millipore) and probed with antibodies essentially as described previously ⁷.
116 The following primary antibodies were used: mouse monoclonal anti-FLAG M2 (1:2,000 Sigma-
117 Aldrich F3165), mouse monoclonal anti-GFP clones 7.1 and 13.1 (1:2,000, Sigma-Aldrich
118 11814460001) and rabbit polyclonal α-Tubulin (1:7,500, Thermo Fisher Scientific PA5-29444).
119 Appropriate HRP-conjugated secondary antibodies were used for band detection with SuperSignal™

120 West Dura Extended Duration Substrate (Thermo Fisher Scientific) using an Alliance
121 chemiluminescence imaging system (UVITEC Cambridge). Relative band intensities on captured
122 digital images were determined from the area under histogram peaks using Fiji software <http://fiji.sc>
123 ⁸.

124

125 **Bacterial expression, and purification.** The above pET28c plasmid constructs of human NMNAT2
126 wild-type ⁹ and mutant T94M encoded recombinant proteins with the same N-terminal tag:
127 MGSSHHHHHSSGLVPRGSH. Expression was carried out into *E. coli* BL21(D3) cells (Invitrogen)
128 following 0.5 mM IPTG induction for 17h at 28 °C and purification by TALON chromatography
129 (Clontech), essentially as described ¹⁰. The purified proteins were finally desalted on PD-10 columns
130 (GE Healthcare) in 50 mM HEPES/NaOH buffer, pH 7.5, 1 mM Tris(2-carboxyethyl)phosphine (TCEP),
131 20 % glycerol, and stored at -80 °C. Their concentration was measured by the Bio-Rad protein assay.
132 Their purity was evaluated on 12% SDS polyacrylamide gels either by Coomassie staining or after
133 immunoblotting as described above, using monoclonal anti-NMNAT2 (1:1,000 Abcam Ab5698) as the
134 primary antibodies.

135

136 **Activity assays.** One unit (U) of NMNAT activity is defined as the enzyme amount catalyzing 1
137 $\mu\text{mol}/\text{min}$ product formation at the indicated temperature. Rates were routinely measured at 37 °C
138 by a spectrophotometric coupled assay ¹¹, unless otherwise indicated, in 0.5 mL mixtures containing
139 30 mM HEPES/NaOH buffer, pH 7.5, 0.5 mg/mL bovine serum albumin (BSA Sigma-Aldrich A7906), 75
140 mM ethanol, 30 mM semicarbazide (Sigma-Aldrich S2201), 12.5 U/mL alcohol dehydrogenase (ADH
141 Sigma-Aldrich A7011). The wild type NMNAT2 was added at 0.2-0.8 $\mu\text{g}/\text{mL}$ in the presence of 25 mM
142 MgCl_2 and 1 mM both ATP and NMN. The T94M mutant was added at 0.5-1.5 $\mu\text{g}/\text{mL}$ in the presence
143 of 5 mM MgCl_2 , 2 mM ATP, and 1 mM NMN. The Mg^{2+} -dependence was evaluated using 1-100 mM
144 MgCl_2 variable concentrations. The K_m and K_{cat} values were calculated as described ¹² using 60-800
145 μM ATP and 40-600 μM NMN for the mutant, or 50-600 μM and 10-150 μM respectively for the wild
146 type. Due to the known instability of NMNAT2 preparations after thawing ¹⁰, enzyme addition was

147 always used to start the reaction, and control assays were performed in parallel. Further assays of
148 both enzymes coupled to pure NAMPT (*Mus musculus* nicotinamide phosphoribosyltransferase
149 obtained as described previously¹³ were carried out at 30 °C by HPLC. Assay mixtures (0.5 ml)
150 contained ~7 mU/ml human NMNAT2 (either wild type or T94M), ~2 mU/ml murine NAMPT, ~100
151 mU/ml inorganic pyrophosphatase (PPase Sigma-Aldrich I1643) in 100 mM HEPES/NaOH buffer pH
152 7.5, 0.5 mg/ml BSA, 1 mM TCEP, 1mM Nam, 3 mM 5-phosphoribosyl 1-pyrophosphate (PRPP Sigma-
153 Aldrich P8296), 2 mM ATP, and 5 mM MgCl₂. Reactions started by adding Nam and were stopped at
154 the indicated times by HClO₄/K₂CO₃ treatment, followed by ion-pair reverse-phase C18-HPLC analysis
155¹⁴ for the quantification of Nam, NMN, and NAD.

156

157 **Statistics.** Statistical testing of data was performed using Excel (Microsoft) or Prism (GraphPad
158 Software Inc., La Jolla, USA). The appropriate tests used are described in the Figure legends. A *p* value
159 < 0.05 was considered significant.

160 **RESULTS**

161

162 **Polyneuropathy with erythromelalgia in two siblings**

163 Family history: Patients 1 and 2 are the second and third children of consanguine parents. The
164 parents, first cousins, as well as an older sister (age 21 years) are healthy. Nerve conduction studies
165 in the mother were normal. In the extended family in Turkey no further members with
166 erythromelalgia are known.

167 Patient 1 was born after an uneventful pregnancy (birthweight 2700gr, length 50cm). Development
168 was normal (sitting 6 months, walking 11 months, first words 12 months). At age 4 years she
169 experienced her first attack during an infection with very severe pain in both feet necessitating
170 hospitalization for 6 weeks. The pain had a burning character that was increased by touch and only
171 relieved by cooling. There was mild swelling and reddening of the feet (Fig. 1). Following this episode,
172 she had recurrent similar attacks lasting up to one month. At age 10 and 12 years she again
173 experienced very severe attacks necessitating hospitalization for several weeks. After puberty the
174 attacks were milder and less frequent (every 2-3 months). The attacks were provoked by warm
175 shoes, exercise or psychological stress but immersion of the feet in cold water could relieve the pain
176 for 15-30 minutes. At age 19 she also reported stiffness in the feet and the hands, especially in the
177 morning. A therapeutic trial with colchicine had no effect, but steroids seemed to shorten the
178 attacks. In addition, she presented with bilateral pes cavus and pes equinus and a mild tremor of
179 both hands (Fig. 1). Other than a reduced sensation for temperature in the feet and mild calf
180 atrophy, the neurological examination between the attacks was normal.

181 Extensive investigations in blood, CSF and urine during the attacks and in the asymptomatic intervals
182 were normal without signs of rheumatologic or other inflammatory disorders. Normal α -
183 galactosidase A activity ruled out Fabry disease and cranial and spinal MRI performed at age 19 were
184 normal. Nerve conduction studies showed markedly reduced muscle action potential amplitudes for
185 peroneal and tibial nerve and reduced sensory amplitudes for the sural and median nerve with
186 conduction velocities being normal in both cases (data not shown), suggesting axonal motor and

187 sensory neuropathy more pronounced in the legs than the arms. Staining of semithin transverse
188 sections of a sural nerve biopsy taken at age 14 showed a homogeneous and moderate loss of
189 myelinated axons with thinly myelinated fibers also seen (Fig. 2A), indicating remyelination or axonal
190 regeneration. Ultrastructurally, a slight reduction of non-myelinated fibers was apparent and was
191 accompanied by an increase in the number of collagen pockets (Fig. 2B). In the teased fiber
192 preparation, myelin ovoids, suggestive of Wallerian degeneration, were found in a single fiber (Fig.
193 2C). Neither an increase in the number of macrophages (KiM1P) nor T lymphocytes (CD3) could be
194 demonstrated using immunohistochemical methods (Figs. 2D and E).

195 Patient 2 was born 3 years after patient 1 after an uneventful pregnancy (weight 3260 g, length 48
196 cm). Similar to her older sister, she had normal psychomotor development. Her first episode of
197 severe pain in the feet with mild swelling was precipitated by an infection at age 4 and lasted 4
198 weeks. Since then she has attacks lasting 1-7 days every 2-3 months. These episodes could be
199 provoked by exercise, heat or infections. Overall she was less affected than her sister and with time
200 the episodes became less severe. Physical examination at age 16 showed pes cavus and pes equinus.
201 Electrophysiology showed axonal neuropathy with reduced muscle action potential amplitudes and
202 normal nerve conduction velocity for motor and sensory nerves. Cranial and spinal MRI scans
203 performed at age 16 were normal.

204

205 **A homozygous missense mutation in *NMNAT2* cosegregates with the phenotype**

206 After genetic analysis of the *SCN9A* gene did not reveal any abnormalities, exome sequencing was
207 performed. Nonsynonymous, homozygous variants in 4 genes, *TGFB1/1* (c.454C>T, p.R152C), *AHSP*
208 (c.224A>T, p.N75I, rs75782426), *LAMC1* (c.923A>G, p.K308R, rs139092535) and *NMNAT2* (c.281C>T,
209 p.T94M) were detected in both affected sisters. The variants in the *AHSP* and *LAMC1* genes have
210 been described previously with an allele frequency of 0.0047 (including 5 homozygous individuals)
211 and 0.00051 (including 1 homozygous individual), respectively (gnomAD v2.1.1 [controls]) and were
212 therefore considered unlikely to be causative for the disorder seen in the patients. The *TGFB1/1* gene
213 codes for the transforming growth factor beta1 induced transcript 1 also known as hydrogen

214 peroxide-inducible clone-5 (Hic-5) which is highly expressed in vascular smooth muscle cells of
215 different organs and participates in the transcriptional regulation of several genes¹⁵. Mice lacking
216 Hic-5 show no obvious abnormalities¹⁶. Sanger sequencing of the *TGFB111* gene in the index family
217 showed that both affected sisters but also the unaffected sister were homozygous for the variant,
218 while the parents are heterozygous (data not shown). The fourth homozygous altered gene in the
219 two affected sisters was *NMNAT2*, which codes for nicotinamide mononucleotide
220 adenylyltransferase 2 (NMNAT2), the predominant axonal isoform of a family of compartmentalized
221 NAD synthesizing enzymes¹⁷. As the patients had signs of polyneuropathy this gene was a good
222 candidate because NMNAT2 has been shown to be critical for axon survival in primary neuronal
223 cultures⁷ and mouse embryos lacking NMNAT2 expression die around birth most likely due to severe
224 truncation of peripheral nerve axons and CNS axon tracts^{6,18}. Sanger sequencing of the *NMNAT2*
225 gene in the index family showed that both parents and the unaffected sister were heterozygous for
226 the c.281C>T variant while the two affected sisters were homozygous (Fig 3). We established a
227 cohort of 87 patients suffering from erythromelalgia coming from Germany or the Netherlands. DNA
228 was obtained from these patients and Sanger sequenced for *SCN9A* mutations. None of the patients
229 from this cohort carried disease associated variants.

230

231 **T94M NMNAT2 has reduced capacity to promote neurite survival that is partly temperature-** 232 **dependent**

233 To test whether the homozygous *NMNAT2* mutation in these siblings could be the underlying cause
234 of their symptoms, we investigated whether the encoded T94M substitution might alter the ability of
235 human NMNAT2 to promote axon survival. To do this, we assessed the relative capacity of Flag-
236 tagged T94M NMNAT2 to delay the degeneration of transected neurites (Wallerian degeneration) in
237 cultured mouse superior cervical ganglion (SCG) neurons using an established microinjection method
238 that can differentiate the axon-protective competence of NMNAT proteins, including a variety of
239 artificial NMNAT2 mutants^{7,19}.

240 Given that pain episodes in the affected patients are often precipitated by localized or systemic
241 increases in temperature, we first compared the ability of T94M Flag-NMNAT2 to preserve the
242 integrity of cut neurites at both 37°C and 39°C relative to wild-type Flag-NMNAT2 and an artificial,
243 enzyme-dead mutant, H24D Flag-NMNAT2²⁰. Expression vectors for each Flag-NMNAT2 protein were
244 introduced into wild-type SCG neurons at a relatively low concentration, at which wild-type Flag-
245 NMNAT2 preserves ~70% of transected neurites of the injected neurons for at least 24 hours at 37°C,
246 to provide a stringent test of their protective capacities (Fig. 4A and 4B). At this vector concentration,
247 T94M Flag-NMNAT2 was able to protect cut neurites almost as well as wild-type Flag-NMNAT2 at
248 37°C but, intriguingly, there was a proportionately much greater reduction in its relative capacity to
249 protect at 39°C (Fig. 4A and 4B). In contrast, H24D Flag-NMNAT2 conferred no protection at either
250 temperature, as expected for an NMNAT2 protein lacking enzymatic activity^{19,20}. Crucially, while
251 expression level can strongly influence protective capacity in this type of experiment, Flag
252 immunostaining revealed that T94M Flag-NMNAT2 expression broadly matches that of wild-type
253 Flag-NMNAT2 in injected neurons (Fig. 4C).

254 The above experiments were performed in the presence of endogenous, murine NMNAT2, but the
255 affected siblings, homozygous for the *NMNAT2* mutation, should only express T94M NMNAT2.
256 Therefore, we next assessed whether the presence of endogenous NMNAT2 might mask a greater
257 difference in protective capacity of wild-type and T94M Flag-NMNAT2 by performing the same
258 neurite transection assay (at 37°C) in NMNAT2-deficient neurons. Neurons lacking NMNAT2 alone
259 (*Nmnat2^{gtE/gtE}* neurons) are unsuitable for this due to their severely stunted neurites⁶, but NMNAT2-
260 deficient neurons additionally lacking the pro-degenerative protein SARM1 (*Nmnat2^{gtE/gtE};**Sarm1^{-/-}*-
261 neurons) grow normally and the inherent resistance of their neurites to degeneration can be
262 overcome by SARM1 re-expression²¹. NMNAT2 enzyme activity is required for survival of intact
263 neurites when SARM1 is present²¹ and, consistent with this, we found that the majority of
264 (uninjured) neurites of *Nmnat2^{gtE/gtE};**Sarm1^{-/-}* neurons degenerated after co-injection with expression
265 vectors for enzyme-dead H24D Flag-NMNAT2 and SARM1(-GFP) (Fig. 4D). In contrast, (uninjured)
266 neurites were largely preserved up to 48 hours after co-injection with T94M Flag-NMNAT2 and

267 SARM1(-GFP) expression vectors, as expected for a largely functional NMNAT2, although, notably,
268 survival was consistently slightly reduced compared to co-injection with wild-type Flag-NMNAT2 and
269 SARM1(-GFP) vectors (Fig. 4D). Furthermore, we subsequently found that T94M Flag-NMNAT2 was
270 significantly less able to protect neurites after transection in this context (no endogenous NMNAT2)
271 than in wild-type neurons (Fig. 4A and 4E).

272 Together these data show that T94M NMNAT2 has a reduced capacity to maintain neurite health
273 compared to wild-type NMNAT2 and that its protective capacity is also more sensitive to increasing
274 temperature. This altered functionality is likely to make a major contribution to the symptoms in the
275 affected sisters, with the hypomorphic *NMNAT2* allele likely making axons more sensitive to
276 otherwise sub-threshold insults or stresses.

277

278 **T94M NMNAT2 is less stable than wild-type NMNAT2**

279 Loss of stability or loss of enzymatic activity are possible alternative explanations for the reduced
280 capacity of T94M Flag-NMNAT2 to protect cut axons in the above assays. To investigate whether
281 stability of T94M Flag-NMNAT2 is altered we used immunoblotting to compare its rate of turnover to
282 that of wild-type Flag-NMNAT2 at both 37°C and 39°C in transfected HEK 293T cells.

283 Intriguingly, we first found that T94M Flag-NMNAT2 was more sensitive than wild-type Flag-NMNAT2
284 to heating in sample loading buffer (data not shown). The T94M mutation thus appears to make
285 NMNAT2 inherently less stable even in a situation where the cell degradation machinery should be
286 largely inactive. As a consequence, we avoided sample heating in the turnover assays, but still found
287 steady-state levels of T94M Flag-NMNAT2 (just prior to the protein synthesis block to assess
288 turnover) to be consistently lower than wild-type Flag-NMNAT2 (Fig. 5A and 5B). This contrasts with
289 injected SCG neurons where steady-state expression levels appeared more similar (Fig. 4C). We also
290 found that turnover of T94M Flag-NMNAT2 was significantly accelerated relative to wild-type Flag-
291 NMNAT2 when cells were incubated at either 37°C or 39°C after blocking protein synthesis with 10
292 µM emetine (Fig. 5A and 5C). Notably, turnover of both proteins was increased by heating and, as
293 such, the decay curve of wild-type Flag-NMNAT2 at 39°C closely matches that of T94M Flag-NMNAT2

294 at 37°C (Fig. 5C). Intriguingly, this overlap between decay curves mirrors the similarity in the degree
295 of protection conferred to cut neurites by wild-type Flag-NMNAT2 at 37°C and T94M Flag-NMNAT2
296 at 39°C (Fig. 4A).

297 As well as potentially making NMNAT2 inherently less stable, the T94M substitution also substantially
298 increases the rate of turnover of the protein in cells. Accelerated loss of T94M NMNAT2 after
299 interruption of its supply could thus contribute to its reduced ability to delay degeneration of
300 transected neurites.

301

302 ***In vitro* characterization of human T94M NMNAT2**

303 Given that the T94M mutant human NMNAT2 is functionally defective in cell-based axon
304 degeneration assays, we next assessed its *in vitro* biochemical properties. Recombinant isoforms of
305 wild type and T94M human NMNAT2 were obtained after bacterial expression and purification as
306 His-tagged fusion proteins. The two purified enzymes (Fig. 6A) showed similar specific activity rates
307 at 37 °C under saturating concentration of substrates, corresponding to 10.2 ± 4.8 U/mg (WT) and
308 13.7 ± 3.2 U/mg (T94M), in keeping with previous reports^{9,12,22,23} and were both correctly recognized
309 by specific anti-His and anti-NMNAT2 antibodies (Fig. 6B). They were also stable after freezing at -80
310 °C while becoming progressively inactivated after thawing, as earlier reported¹⁰. However, the loss
311 of activity was negligible in the context of our routine experiments (see Materials and Methods).

312 Parallel *in vitro* assays of wild-type and T94M NMNAT2 established some differential properties
313 arising from the mutation. First, we observed a difference in Mg²⁺-dependence. Both enzymes
314 showed optimum activity at ~1 mM Mg²⁺, as previously reported¹², but the mutant, unlike the wild-
315 type, was linearly impaired at Mg²⁺ concentrations above 5 mM (Fig 6C). While such concentrations
316 are not physiologically relevant, they are relevant to *in vitro* assays where activity is usually
317 measured with a large excess of Mg²⁺ ions^{11,12}. Thus, all subsequent assays of T94M mutant were
318 done using a fixed MgCl₂ concentration of 5 mM, leading to free [Mg²⁺] in low excess over [ATP].

319 Under these conditions, kinetic studies were carried out at 37 °C. As shown in Table 1, most kinetic
320 parameters were similar between the two enzymes and in keeping with our previous report¹². The

321 main difference was a greatly increased K_m value for NMN in the T94M mutant ($256.8 \pm 36.7 \mu\text{M}$)
322 relative to wild-type ($38.0 \pm 6.75 \mu\text{M}$) ($p = 0.00064$). Similar results were obtained using the
323 deamidated alternative substrate NaMN in place of NMN (Supplemental Fig. 1). Thus, T94M mutant
324 NMNAT2 has a striking ~5-fold reduced affinity towards its pyridine mononucleotide substrate which
325 we predict would result in an increased steady-state level of NMN inside the axons of the two
326 siblings that express only T94M NMNAT2. Supporting this, we reconstituted the main axonal
327 pathway for NAD biosynthesis *in vitro* using NAMPT-NMNAT2 coupled reactions (Fig. 7) and
328 evaluated in parallel the time-dependent fluctuation of Nam, NMN and NAD levels. As predicted,
329 there was greater accumulation of NMN with T94M NMNAT2 than with the wild-type enzyme (~50
330 μM vs ~10 μM respectively) (Fig. 7).

331 The effect of temperature on the activity of the purified wild-type and T94M enzymes was also
332 evaluated (Fig. 8). T94M NMNAT2 was slightly more prone to inactivation at a range of temperatures
333 (Fig. 8A) and its activity had a significantly reduced half-life relative to wild type NMNAT2 at 37 °C
334 (Fig. 8B). Notably, thermal inactivation of both enzymes was delayed in the presence of substrates
335 but T94M NMNAT2 was still relatively less stable (Fig. 8C). Finally, we found that the optimal
336 temperature for T94M NMNAT2 activity is approximately 5°C lower than the wild-type enzyme (Fig.
337 8D).

338 Overall these data suggest that the T94M mutation has detrimental effects on both the activity and
339 thermal stability of human NMNAT2. The predicted outcome when T94M NMNAT2 activity becomes
340 rate-limiting in the NAD biosynthetic pathway is a rise in NMN and decline in NAD levels which,
341 either individually, or in combination, is likely to compromise axon survival.

342 **DISCUSSION**

343

344 In this article we describe two sisters with polyneuropathy and erythromelalgia who were found to
345 be homozygous for an *NMNAT2* coding variant. Similar to patients who carry mutations in *SCN9A*,
346 onset of symptoms was within the first decade of life and the pain attacks were accompanied by
347 reddening and swelling of the feet and were relieved by cooling ²⁴. However, unlike patients with
348 mutations in *SCN9A*, the attacks in the patients described in this article were not only provoked by
349 heat or exercise but also by infections. Moreover, the duration of the pain attacks in the patients
350 described here lasted from several days up to 6 weeks, while the patients with *SCN9A* mutations
351 have attacks that last 5 minutes up to 17 hours. Finally, patients with *SCN9A* mutations do not have
352 polyneuropathy, whereas it was present in both patients described here. These obvious differences
353 in the clinical phenotype might explain why we were unsuccessful in our search for more patients
354 with variants in *NMNAT2* among subjects with erythromelalgia as these were more typical cases of
355 primary erythromelalgia without polyneuropathy.

356 Biochemical and cell-based functional assays have identified defects in T94M *NMNAT2* that reinforce
357 its candidacy as the underlying cause of the polyneuropathy with erythromelalgia in the affected
358 siblings via a mechanism involving axon loss or dysfunction. Crucially, the metabolic consequences
359 common to the ~5-fold increased *K_m* value for its pyridine mononucleotide substrate and its reduced
360 stability, both at a protein and activity level, are a predicted increase in NMN levels and a decline in
361 NAD. This matches the situation that occurs in injured axons *in vivo* prior to degeneration ²⁵. Whilst,
362 the altered kinetic property of T94M *NMNAT2* is predicted to be stable, the intermittent nature of
363 the phenotype in the patients likely reflects an interaction between fluctuations in body temperature
364 and the increased thermal instability of the mutant.

365 *NMNAT2* is to date the only mammalian isoform without a defined 3D structure but sequence
366 alignment with other *NMNATs* indicates that T94 in human *NMNAT2* is flanked by two conserved
367 residues involved in pyridine nucleotide binding, corresponding to W92 and T95 ^{26,27}. However, a T94
368 equivalent is not conserved in other *NMNATs* so its importance for substrate interaction was

369 previously unclear. The change in substrate affinity of human T94M NMNAT2 suggests T94 is either
370 directly involved in substrate interaction or that the amino acid substitution interferes with substrate
371 binding to nearby residues. Altered thermal stability of the mutant protein also suggests an
372 important role for this residue in protein folding.

373 All previous data on NMNAT2 mutant phenotypes come from mouse studies where expression is
374 either reduced or ablated. The T94M mutation only partly disrupts the function of NMNAT2, so T94M
375 homozygosity in the patients is arguably more similar to mice with heterozygous levels (~50%) or
376 sub-heterozygous levels (~30%) of NMNAT2, which are viable into old age, than to mice homozygous
377 for a silenced allele where a failure of nerve growth precludes survival^{6,28}. Intriguingly, there are
378 strong parallels between the patients described here and mice with sub-heterozygous levels of
379 NMNAT2. Specifically, both have a clear, early-onset sensory phenotype involving loss of myelinated
380 sensory axons in peripheral nerves and altered temperature sensation²⁸. The absence of this
381 phenotype in mice with heterozygous NMNAT2 levels outwardly suggests that episodes of
382 erythromelalgia in the patients requires reduction in NMNAT2 activity to sub-heterozygous levels.
383 However, the greater length of human axons could make them more sensitive to smaller reductions
384 in activity than in the mice and there are indications of compensatory responses in the heterozygous
385 mice⁶ which may be absent in patients expressing a missense variant.

386 The accompanying paper (Lukacs et al) reports a more severe and lethal phenotype associated with
387 near-complete biallelic loss-of-function of NMNAT2. In common with the T94M phenotype, this is
388 consistent with an axon loss phenotype (or failure of axon growth) affecting multiple neuron types,
389 as also observed in both the complete null and knockdown mice^{6,18,28}. The severity of the two human
390 phenotypes correlates well with the degree of loss-of-function with the corresponding models in
391 mice. Thus, we propose that these mutations represent different points in an allelic series and that
392 there is a likelihood also of other human NMNAT2 phenotypes. Possible phenotypes include severe
393 sensory and motor neuropathies intermediate between the two currently reported and subclinical
394 phenotypes that predispose to adult-onset, acquired axonal disorders such as chemotherapy-induced
395 peripheral neuropathy, or modifying axonal outcomes in conditions such as multiple sclerosis. A

396 reduction in NMNAT2 expression has also been linked to tauopathy in mice ²⁹ and to reduced
397 cognitive function in humans ³⁰. In addition, the human *SARM1* locus has been associated with
398 sporadic ALS ³¹ and SARM1 acts downstream of NMNAT2 in a Wallerian-like axon degeneration
399 pathway. If warmth, infection or stress promote axon loss by reducing activity of the T94M variant
400 NMNAT2 in the patients to cause the polyneuropathy with erythromelalgia phenotype, there are
401 additional questions to address regarding the mechanism linking axon loss to pain. One hypothesis
402 could be that an inflammatory reaction to degenerating axons somehow activates neighboring
403 thermal nociceptors, much like partial nerve degeneration induced by chronic constriction injury
404 causes pain through surviving receptors.
405 Finally, from a therapeutic viewpoint, while there is as yet no clinically available means to block axon
406 degeneration caused by NMNAT2 deficiency, this is an area of considerable current research ¹⁷ and
407 genetic removal of SARM1 has already been shown to strongly rescue axons lacking NMNAT2 ^{21,32}.

408

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- 504

505 **FIGURE LEGENDS.**

506

507 **Figure 1: Clinical features.** Pes cavus and reddening as well as swelling of the feet of patient 1 during
508 a painful attack.

509

510 **Figure 2: Sural nerve biopsy.** A. Semithin section showing a homogeneous, moderate reduction in
511 myelinated axons and some fibers with thin myelin sheaths, most likely reflecting remyelination or
512 axon regeneration (arrowheads, inset). B. Electron microscopy reveals the presence of collagen
513 pockets (asterisks). C. Teased fiber preparation showing evidence of myelin ovoids in a single fiber,
514 indicating Wallerian degeneration (arrows). No increase in endoneural macrophages (D, KiM1P) or T
515 lymphocytes (E, CD3), was observed. Unless stated otherwise, scale bars correspond to 100um.

516

517 **Figure 3: Sanger sequencing of *NMNAT2* across the T94M codon.** Sequencing shows heterozygosity
518 for the c.281C>T variant in the mother (I.1) the father (I.2) and the unaffected sister (II.1) and
519 homozygosity for the 2 affected sisters (II.3, patient 2 and II.4, patient 1).

520

521 **Figure 4. A reduced capacity of T94M *NMNAT2* to maintain neurite health is partly temperature-**
522 **dependent.** (A) 24 hour survival of transected neurites of wild-type SCG neurons co-injected with
523 expression vectors for wild-type (WT), T94M or H24D Flag-*NMNAT2* (10 ng/ μ l) and DsRed (50 ng/ μ l)
524 at either 37°C or 39°C. Neurites were cut 48 hours after injection (when DsRed expression is
525 sufficient to clearly label distal neurites). Surviving, non-degenerated neurites (continuous DsRed
526 labeling) is shown as a percentage of the number of healthy neurites at the time of cut (0h).
527 Individual values and means \pm SEM are plotted (individual values represent the average of two fields
528 from the same culture). n.s. = not significant ($p > 0.05$), ** $p < 0.01$, *** $p < 0.001$, two-way ANOVA
529 with Tukey's multiple comparisons test. (B) Representative images of assays performed at 39°C as
530 described in A. Images show transected neurites at 0 and 24 hours after cut with the lesion site
531 located just below the bottom edge of the field. Brightness and contrast have been adjusted to

532 optimize neurite visualization. (C) Relative expression of wild-type (WT) or T94M Flag-NMNAT2 in
533 injected SCG neuron cell bodies. Representative fluorescent images are shown of SCG neurons 48
534 hours after co-injection with expression vectors for WT or T94M Flag-NMNAT2 (10 ng/ μ l) and DsRed
535 (50 ng/ μ l); DsRed identifies injected neurons, Flag immunostaining shows expression of the Flag-
536 NMNAT2 proteins, DAPI labels all nuclei. Relative intensities (\pm SEM) of Flag immunostaining and
537 DsRed signal are shown after transformation to the mean of levels in neurons injected with the wild-
538 type Flag-NMNAT2 construct. WT and T94M data was calculated from 41 and 43 injected neurons
539 (DsRed positive) of which 65.9% and 62.8% were Flag-positive respectively. (D) 48 hour survival of
540 (uninjured) neurites after co-injection of *Nmnat2^{gtE/gtE};Sarm1^{-/-}* SCG neurons with expression vectors
541 for wild-type (WT), T94M or H24D Flag-NMNAT2 (10 ng/ μ l), SARM1 with a C-terminal eGFP tag (7.5
542 ng/ μ l) and DsRed (40 ng/ μ l). Surviving, non-degenerated neurites (continuous DsRed labeling) is
543 shown as a percentage of the total number of DsRed-labeled neurites (non-degenerated plus
544 degenerated neurites with discontinuous DsRed label and/or DsRed-positive swellings) present at 48
545 hours. Data is expressed as in A. ** $p < 0.01$, *** $p < 0.001$, one-way ANOVA with Tukey's multiple
546 comparisons test. (E) 24 hour survival of transected neurites of *Nmnat2^{gtE/gtE};Sarm1^{-/-}* SCG neurons
547 injected as in D (the few surviving neurites of neurons injected with the H24D Flag-NMNAT2
548 construct were not assayed). The assay was performed at 37°C and data presented as described in A.
549 *** $p < 0.001$, Student's *t*-test.

550

551 **Figure 5. Reduced stability of T94M NMNAT2 in HEK 293T cells.** (A) Representative immunoblots (of
552 $n = 3$ per temperature) of extracts of HEK 293T cells co-transfected with expression vectors for wild-
553 type (WT) or T94M Flag-NMNAT2 and eGFP at the indicated times after addition of 10 μ M emetine
554 with incubation at either 37°C or 39°C (from the time of emetine addition). Emetine was added 24 h
555 after transfection. Non-transfected cell extract at 0h is also shown (NT). Blots were probed with Flag,
556 eGFP and α -Tubulin antibodies. Expression of the Flag-NMNAT2 proteins was kept relatively low to
557 avoid saturation of the protein degradation machinery by including empty vector in the transfection
558 mix (see Materials and Methods). Co-transfected eGFP and endogenous α -Tubulin (present in

559 transfected and non-transfected cells) are relatively stable proteins that were respectively used as
560 references for Flag-NMNAT2 turnover (to control for transfection efficiency) and loading. (B) Relative
561 steady-state Flag-NMNAT2 protein band intensities, normalized to eGFP, for blots described in A (0h,
562 just before emetine addition and incubation at different temperatures). Individual values (n = 6) and
563 means \pm SEM are plotted. ** p < 0.01, Student's t-test. (C) Relative turnover rates of wild-type and
564 T94M Flag-NMNAT2 after emetine addition. Flag-NMNAT2 band intensities at each timepoint in blots
565 described in A were normalized to co-transfected eGFP and intensities calculated as a proportion of
566 the intensity at 0h. Means \pm SEM (n = 3 per temperature) are plotted. One-phase decay curves were
567 fitted to each data set using non-linear regression. R² value and half-life (t_{1/2}) are reported for each
568 curve. Statistical comparisons are shown on the right (two-way ANOVA with Tukey's multiple
569 comparisons test for effects between variants).

570

571 **Figure 6. SDS-PAGE, immunoblotting and Mg²⁺-dependence of WT and T94M NMNAT2.** (A)
572 Coomassie blue stained 12 % polyacrylamide gel after running of ~2 μ g each purified protein species.
573 (B) Membrane-immobilized proteins after probing with monoclonal anti-NMNAT2 and
574 chemiluminescence imaging. (C) Magnesium-dependent changes of rates (mean \pm SEM from n = 4)
575 referred to the value at 5 mM MgCl₂ (arbitrary 100%). T test p values (*) for T94M vs WT: 0.037 at 20
576 mM MgCl₂, 0.006 at 50 mM MgCl₂, and 0.009 at 100 mM MgCl₂.

577

578 **Figure 7. Accumulation of the NMN intermediate in NAMPT-NMNAT2 coupled reactions:**
579 **comparison between WT and T94M NMNAT2.** *In vitro* HPLC assays after coupling a pure
580 recombinant murine NAMPT to either WT or T94M mutant human NMNAT2. The NAD biosynthesis
581 starts from Nam (nicotinamide) and PPase (inorganic pyrophosphatase) was added to prevent the
582 reverse reactions (see the top scheme). Data represent mean \pm SD of 2 independent experiments.
583 The two time-course analyses show, under similar NAD synthesis rates, a higher transient
584 accumulation of the NMN intermediate in the T94M mutant.

585

586 **Figure 8. Temperature studies of WT and T94M NMNAT2.** Data represent mean \pm SEM of n
587 experiments as indicated. (A) Apo-enzymes' stability at different temperatures. Buffered enzyme

588 solutions (40 $\mu\text{g/ml}$ hNMNAT2 WT or 30 $\mu\text{g/ml}$ T94M mutant in 50 mM HEPES/NaOH buffer, pH 7.5, 1
589 mM TCEP, 20 % glycerol) were pre-incubated for 1 hour at the indicated temperatures, then assayed
590 at 37 °C. Values (n = 6) are referred to the untreated enzyme kept at +4 °C (arbitrary 100%). (B) Apo-
591 enzymes' stability at 37 °C. Enzyme solutions were incubated and collected at the indicated time
592 intervals, then assayed at 37 °C. Values (n = 4) are referred to that of time zero (arbitrary 100%). T
593 test p values (*) for T94M vs WT: 0.013 at 8 min, 0.010 at 14 min, 0.013 at 20 min, and 0.014 at 28
594 min. (C) Enzymes' stability at 37 °C in the presence of substrates. Enzyme solutions supplied with 100
595 μM both NMN and ATP were treated and assayed as in panel B. (D) Optimal temperature. Enzyme
596 rates were measured after warming the assay mixtures at the indicated temperatures. Values (n = 4)
597 are referred to the relative maximal rate observed for each enzyme (arbitrary 100%). After this assay,
598 the mixtures at 47 °C were rapidly cooled down to 37 °C then new NMNAT2 aliquots were added and
599 rates measured again, demonstrating full recovery of the original activity. This excludes any effect
600 caused by heating on the ancillary enzyme ADH.
601

602 **TABLES**

603

604 **Table 1. Kinetic parameters of human NMNAT2 WT and T94M**

605

Enzyme	Substrate	K_m (μM)	K_{cat} (s^{-1})	K_{cat}/K_m ($\text{s}^{-1} \text{M}^{-1}$)
NMNAT2 WT	ATP	169.4 \pm 45.5	8.40 \pm 2.92	0.65 * 10 ⁵
	NMN	38.0 \pm 6.75	8.40 \pm 2.92	2.36 * 10 ⁵
NMNAT2 T94M	ATP	286.6 \pm 32.9	9.20 \pm 3.80	0.31 * 10 ⁵
	NMN	256.8 \pm 36.7 (*)	9.20 \pm 3.80	0.35 * 10 ⁵

606 Data represent Mean \pm SEM of 3 independent experiments.

607 (*) T test p value of 0.00064 vs the WT enzyme

608

609 **SUPPLEMENTAL DATA (in separate pdf)**

Figure 1



Figure 2

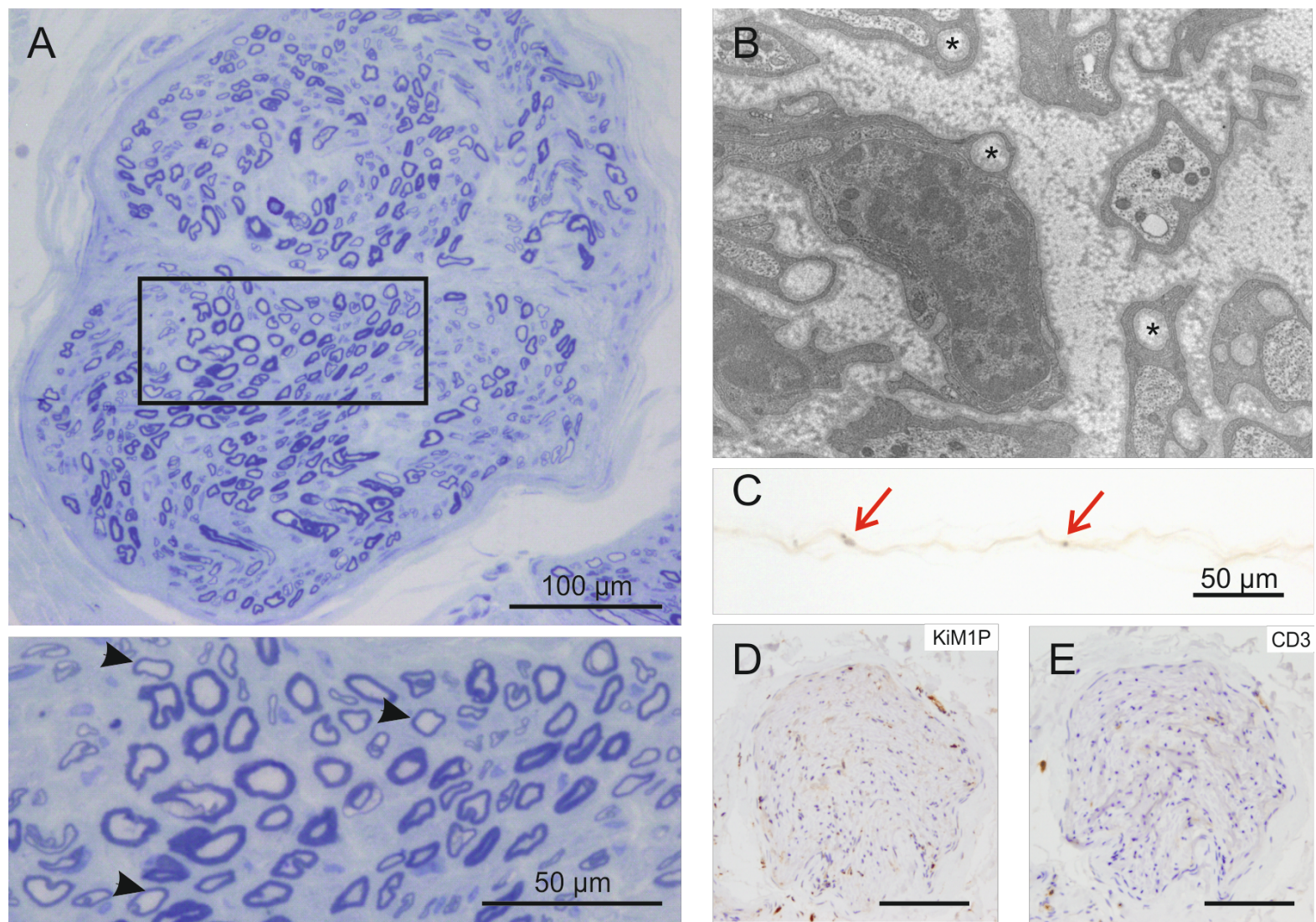


Figure 3

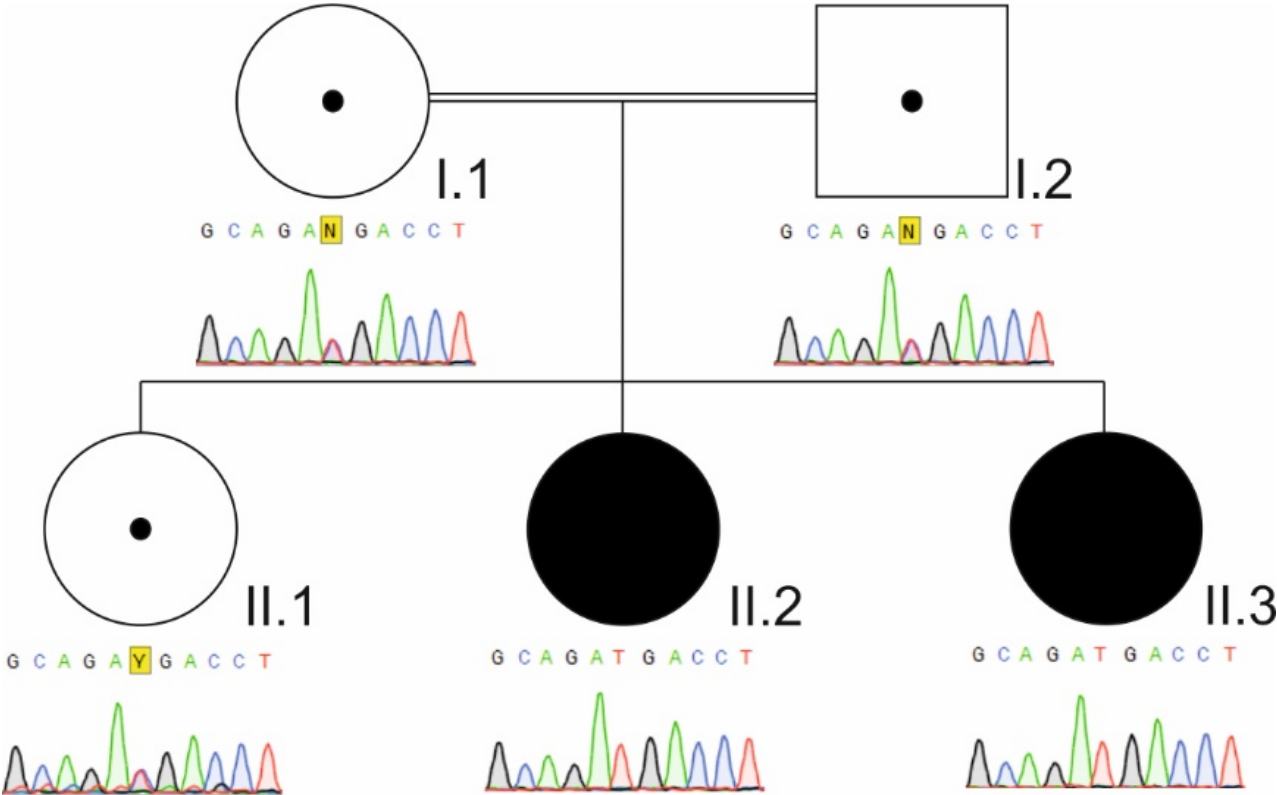


Figure 4

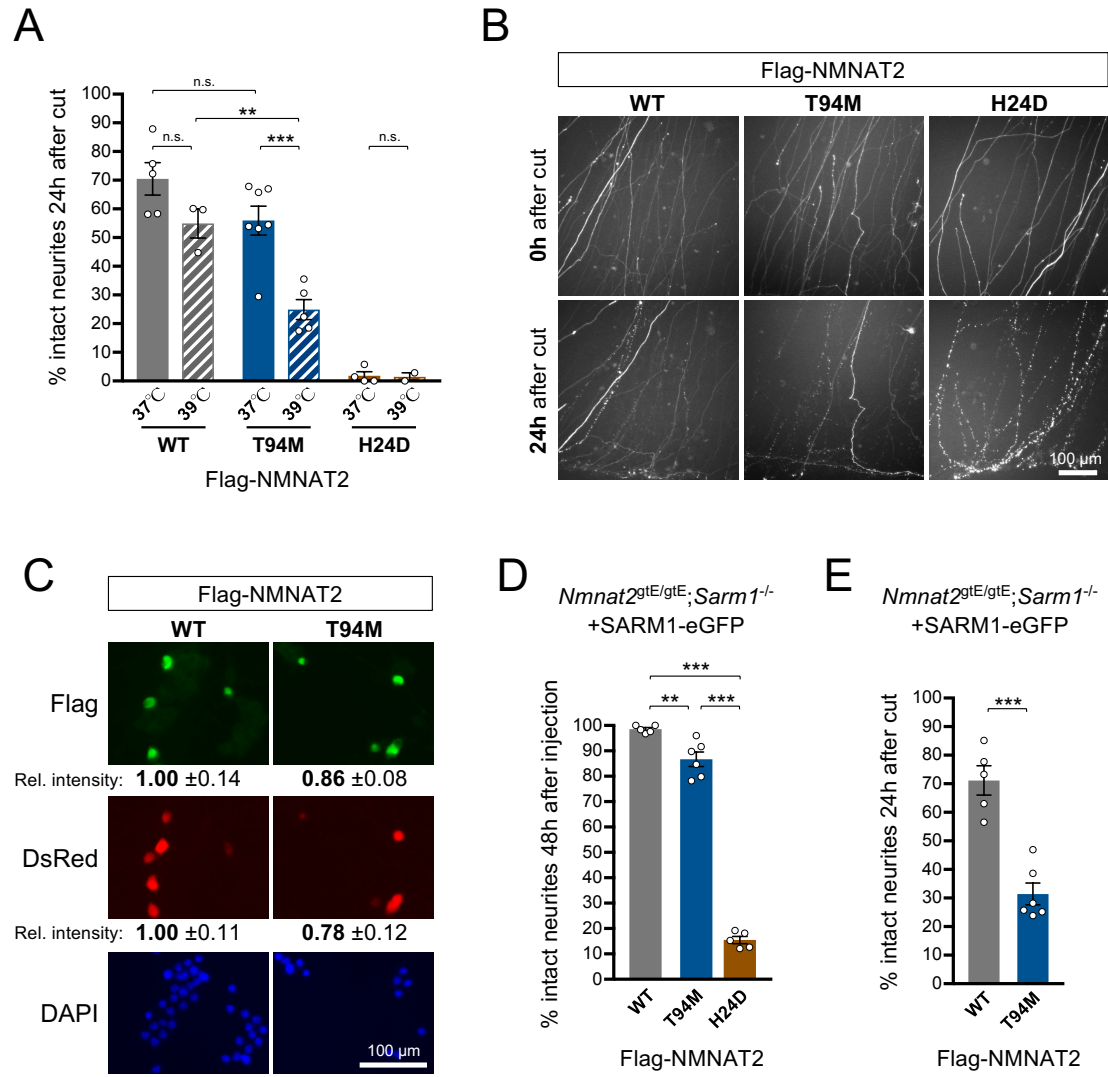


Figure 5

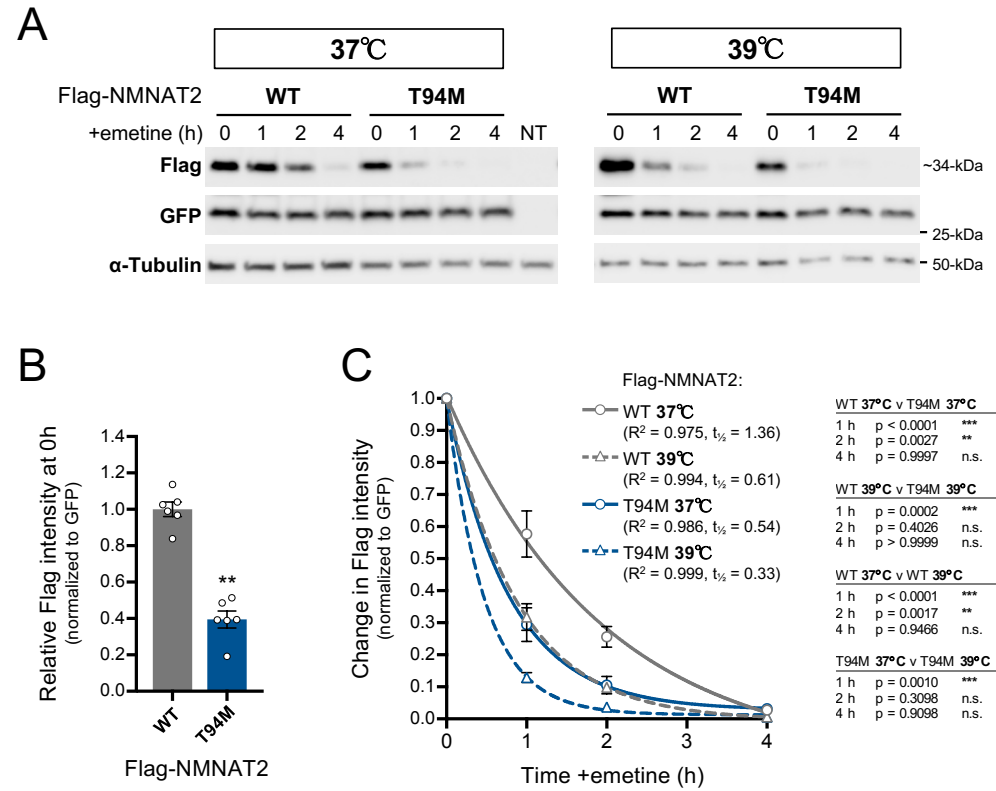


Figure 6

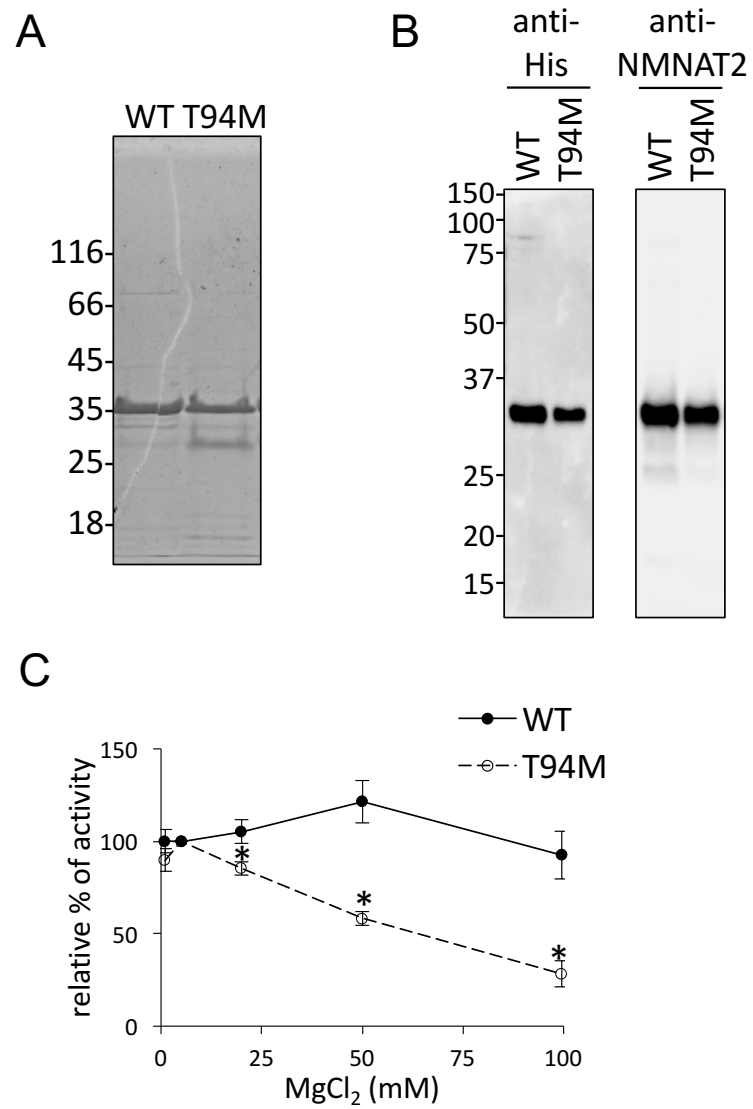
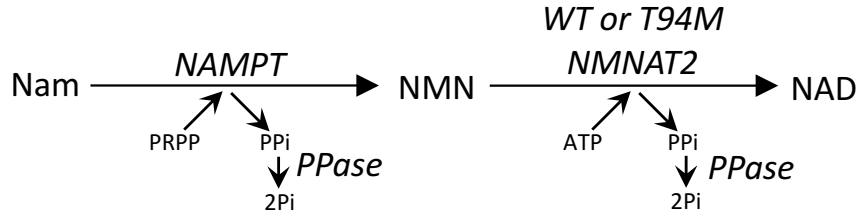
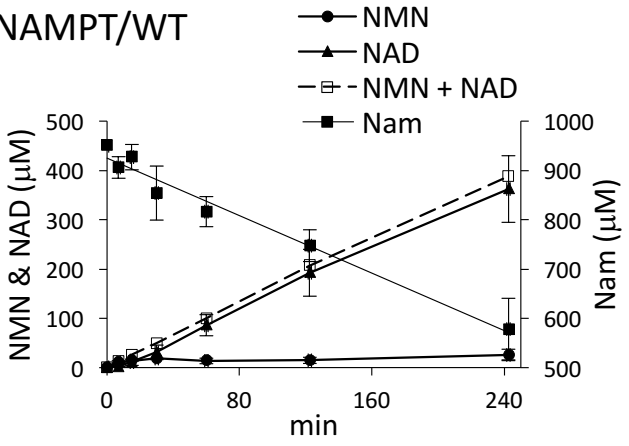


Figure 7



NAMPT/WT



NAMPT/T94M

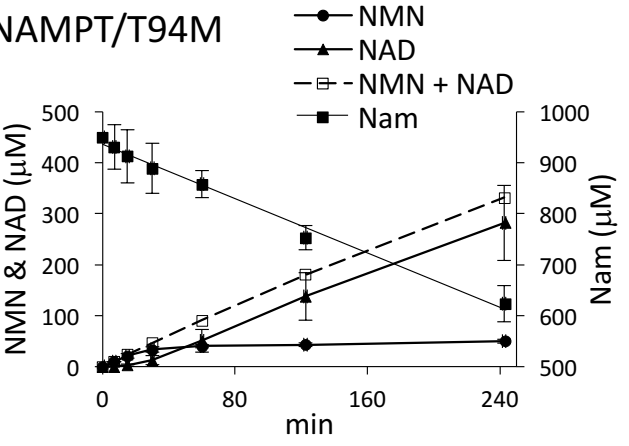
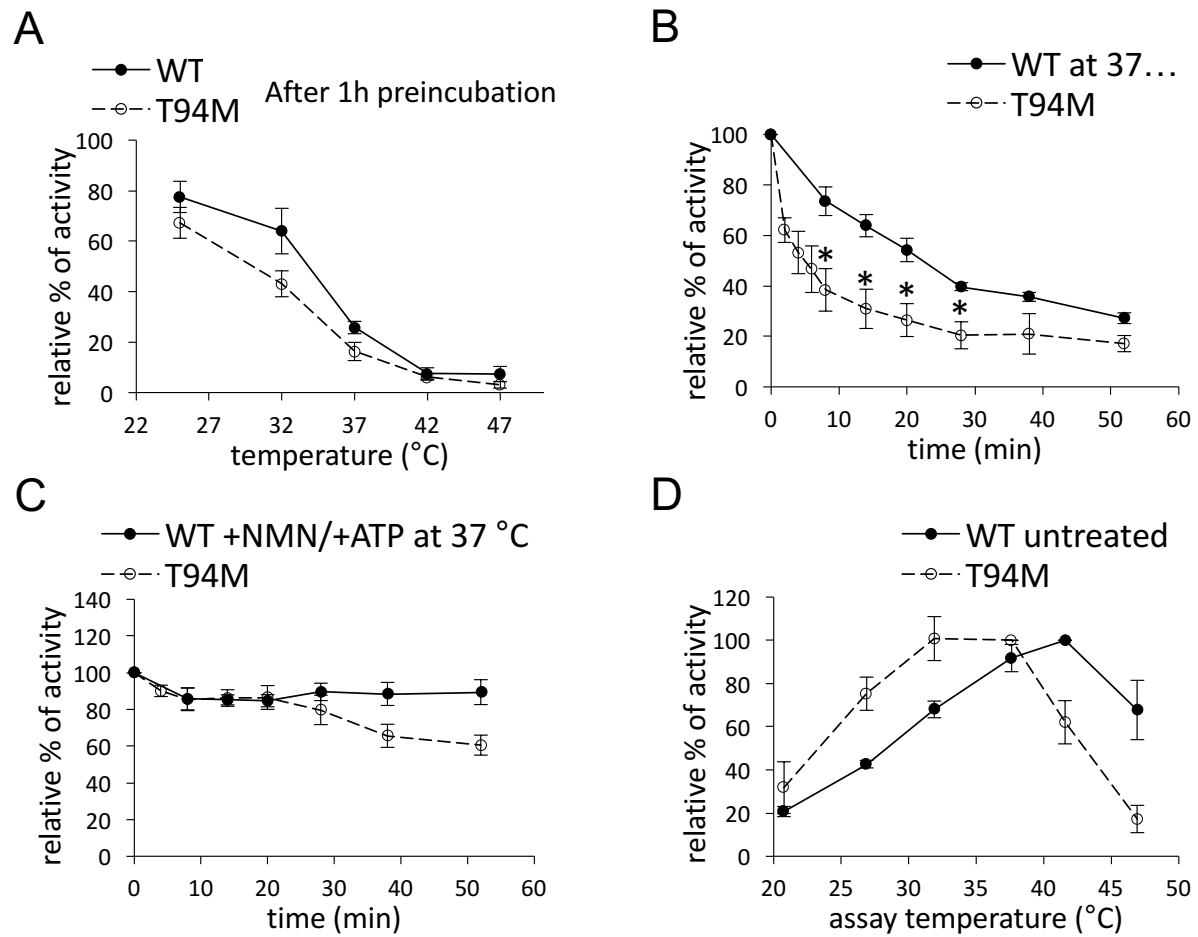


Figure 8



Supplemental Figure 1

Affinity of human NMNAT2 WT and T94M for the alternative pyridine substrate NaMN.

Upper panels, primary plots of initial rates measured at variable NaMN and fixed 250 μM ATP.
Lower panels, the corresponding Lineweaver-Burk plots.

