Design and validation of a self-administered questionnaire to assess knowledge, attitudes and behaviours about Zika virus infection among general population in Italy. A pilot study conducted among Italian residents in Public Health

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ABSTRACT

Background: Zika (ZIKV), a flavivirus firstly identified in rhesus monkeys in Zika Forest of Uganda, in 1947, is an emerging virus, mainly transmitted by mosquitoes bites. Due to ZIKV adaptation to humans, that can maintain a mosquito-human-mosquito transmission cycle, it is essential to know the attitudes, knowledge and behaviours of general population regarding ZIKV prevention. Our main study aims were to develop and validate a questionnaire administered to the general population, in order to assess attitudes, knowledge and behaviours around prevention and control of Zika infection. The current study was intended as a preliminary, pilot study.

Methods: A questionnaire was developed based on a comprehensive review of the extant literature, pre-existing questionnaires and experts focus groups.

Results: The final version of the questionnaire comprised 27 items, with good psychometric properties (Kuder-Richardson 21 formula coefficient of 0.886). Overall test/re-test concordance was 0.77.

Conclusion: In conclusion, the questionnaire seems to be an appropriate and useful tool to detect cognitive gaps concerning behaviours responsible for possible transmissions of the disease, even in a non-endemic country such as Italy. Future analysis will explore the factorial structure of the questionnaire as well as knowledge, beliefs and attitudes concerning ZIKV among Italian general population.

Key words: survey, validation process, questionnaire, Zika

INTRODUCTION

Zika virus (ZIKV) is an emerging virus transmitted mainly by mosquitoes bites. Zika ZIKV is a flavivirusbelongs to the family of Flaviviridae and was firstly isolated and identified in rhesus Rhesus monkeys in the Ziika Forest (or Zika Forest) near Entebbe, in of Uganda, in 1947. Afterthe first isolated identification, the virus was then recognisedsporadically reported in humans, in Uganda and Nigeria, in 1952 [1]. In 2007 in Micronesia the first Zika ZIKV infection epidemic was reporteddescribed, with 185 suspected cases [2]. Aedes aegypti (A. aegypti) is considered the leading vector of ZIKV, however even though also Aedes albopictus (A. albopictus) is alsocould be a potential vector of ZIKV, based on data from experimental infection models [3]. Most frequently, the infection spreads through horizontal transmission, in fac:t during mosquitoes viremic blood meal, the virus infects the mosquitoes's salivary glands. During the following bites, infected mosquitoes can inject saliva and viruses in the host's blood during blood feeding [4].

According to A. aegypti and A. albopictus's life-circle, the bites occur during daytime hours. Even though bBoth A. aegypti and A. albopictus species were previously mainly considered rural vectors, however these species are nowhave well adapted also toin urban settings [5]. This adaptation is particularly due to the abundance of artificial containers such as buckets, tires, and, in general, water storage containers, where adult female mosquitoes lay their eggs [6].

Even though the clinical manifestation is generally mild/asymptomatic and self-limitinged, a growing body of evidence suggests an association with some neurological diseases, particularly microcephaly and Guillain-Barré syndrome [7]. This represent the reason whyFor this reason, on the 1st February 2016, the World Health Organization (WHO) has declared the an international public health emergency. Actually, tThe increasing trend in the virus spreading was has been, indeed, concomitant with increasing reported cases of microcephaly, in all the infected areas [1]. Epidemiological data seem to suggest the possibility of le vertical transmission, especially if pregnant women contract the infection during their first trimester [8]. Also the isolation of the virus in following lumbar puncture of in microcephalic infants [9] and in amniotic fluid has confirmed the possible relationship between the ZIKV and microcephaly [10]. The possible trans-placental transmission was already known for the other flaviviruses and the hypothesis is also supported by well-established relation between the Dengue and the Chikungunya infections and neurological complications [11]. Although evidence are is not yet sufficient to confirm the link between ZIKV infection in pregnancy and microcephaly, there are enough proofs to promote and recommend Public Health initiatives.

Actually, according to the European Centre for

Disease Control and Prevention (ECDC) updates, pregnant women and or those women who are planning to become pregnant should delete or postpone their travel to affected areas, or they should evaluate the risk with their physicians. Moreover, they should also use condom if their partners are returning from endemic areas [12]. In fact, ZIKV infection could also spread by blood transfusion [13] or sexual intercourses [14]. Due to ZIKV adaptation to humans, that can maintain a mosquito-human-mosquito transmission cycle, it is essential to know the attitudes, knowledge and behaviours of general population regarding ZIKV prevention.

Our The main study aims of the current study were to develop and validate a questionnaire to administerto the general population, in order tofor assessing attitudes, knowledge and behaviours around concerning prevention and control of ZIKV infection in the general population. To the best of our knowledge, there are no validated questionnaires tailored specifically for Italian general population.

The current study was intended as a preliminary, pilot study and was, conducted among medical residents.

MATERIAL AND METHODS

This cross-sectional survey received the scientific support of the Italian Society of Hygiene, Preventive Medicine and Public Health (S.It.I), Umbria Section.

Questionnaire

The questionnaire was developed based on a comprehensive review of the extant literature, pre-existing questionnaires and experts focus groups. Literature review was performed searching on scholarly databases, namely PubMed/MEDLINE and Scopus.

Criteria for inclusion of questions in the items pool were 1) questions assessing the socio-demographic characteristics of respondents; 2) questions evaluating the attitude and knowledge on ZIKV prevention and control; and 3) questions measuring investigating the ZIKV-related behaviours, in particular exploring travelling habits.

The 38-items questionnaire included 33 multiplechoice questions and 1 open-ended, fill-in-the-blank question. The majority of multiple-choice questions had only one answer permitted, whilst 3 questions allowed for more than one answer. The only three multiple-choice questions that allowed for more than one answer were: "Where do you get information about Zika?", "Which source of information do you consider the best?" and "Who has the responsibility to protect you against Zika?". Besides these questions, there were 3 further questions with a Likert scale 1 to 5 assessing the completeness, usefulness and clarity of the administered questionnaire. A final open-



ended, fill-in-the-blank question investigated whether the interviewee had further observations and/or comments regarding the administered questionnaire.

The questionnaire was conceived as being divided into 5 sections. The first section was centered on sociodemographic variables, for example sex, age, education level, marital and occupational status. The second section investigated general knowledge regarding disease and virus transmission. The third section evaluated knowledge on prevention and control, whilst the fourth section explored the attitudes, i.e. sources of information, and propensity to be vaccinated in case of vaccine availability against ZIKV. The fifth section investigated self-reported grade of knowledge on ZIKV infection, and travelling habits. The only open ended, fill-in-the-blank question asked about the most efficient methods to encourage people to protect themselves from ZIKV infection.

The questionnaire followed an introductory cover letter containing information about the purpose of the study and the reason for conducting the such study. The questionnaire was administered via the Web, using Google Forms[®], which is a user-friendly, free tool that can be used to quickly and easily create a survey.

Study population

During the validation process, we administered the *ad-hoc* survey to a sample of medical doctors, residents in Public Health. The respondents were selected with a convenience sampling approach, among the residents registered at the University of Perugia and University of Genoa enrolled in the study. The questionnaire was anonymous, self-administered and voluntary based. The survey was sent to 28 medical doctors in order to verify the validity and reliability of the questionnaire. Data were collected twice, in a double questionnaire administration, fifteen days apart, in order to assess the reliability of the survey. The validation process took place between January and February 2017.

Statistical analysis

Data, after being extracted in an Excel® format, were analysed and processed using a commercial statistical software, namely the Statistical Package for Social Sciences for Windows (SPSS IBM Inc., version 24.0, Chicago, IL, USA).

Due to the dichotomous nature of the items, the Kuder-Richardson formula 21 (KR21) was used in order to evaluate internal consistency:

$$\rho_{KR21} = \frac{k}{k-1} \cdot \left[1 - \frac{\mu \cdot (k-\mu)}{k \cdot \sigma^2}\right]$$

where k is the number of items present in the questionnaire, μ is the population mean score, and σ^2 is the variance of the total scores.

KR21 is a measure of the extent to which given items are related to each other as a group. The higher is the KR21 value, the higher is the inter-correlations among tested items and, as such, the internal consistency of the questionnaire. Usually, the accepted value is >0.70, especially for research tools aimed to compare groups; whilst for clinical purpose the value needed is higher (α =0.95 and above) [15].

Overall test/re-test concordance coefficient was computed in order to assess stability and generalizability of scores across time, in absence of practice/learning effects.

RESULTS

Besides the final questions investigating the clarity, completeness and usefulness of the questionnaire, together with further potential comments/observations, the starting pool of 26 items was increased to 34 after the focus groups with experts, who assessed the content validity and proposed changes in order to strengthen the questionnaire (Figure 1). The final version of the administered questionnaire included 38 items and was characterized by an acceptable KR21 coefficient ($\rho_{\rm KR21}$ =0.8986) (Table 1). Overall test/re-test concordance was 0.77 (p=0.0003).

The sample size of the present pilot study included 22 Italian residents in Public Health at University of Perugia and Genoa. The completion rate was 78.6%. The mean age was 30.55 years, 63.6% of subjects were female, and came from six different Italian regions (namely, Apulia, Calabria, Lazio, Liguria, Tuscany and Umbria).

Socio-demographic characteristics of the recruited sample are shown in Figure 2. Table 2 shows the full list of administered items.

Concerning the questions about Zika ZIKV knowledge, the 81.2% of the sample choose the correct answer, with a range between 18.2% and 100.0%, depending on the item. The frequency of right answer for each item is shown in Table 3. The question with the lowest score was "What is the time, in the course of the day, when Zika's carrier is more active?". The majority of the sample (63.6%) found information about Zika ZIKV on the Internet, however the 90.9% of the subjects considered health-care workers as the most trustful and reliable source of information about ZIKV. At the same time, 59.1% of the interviewees were favourable to be vaccinated against ZIKV in case of availability of the vaccine. Even though the sample was based on residents in Public Health, only the 27.2% of subjects were sufficiently informed about ZIKV, in fact for the 86.4% of the sample, more information (provided, for example, by campaigns on ZIKV prevention and control) are is needed necessary (Table 4). Total scores did not vary according to the socio-demographic variables investigated.

A median score of 4 was attributed to the clarity,

TABLE 1. List of the 38 items administered.

- 1) Which is your gender?
- 2) Which is your citizenship?
- 3) Which is your age?
- 4) Which is your geographic provenience?
- 5) Which is your marital status?
- 6) Which is your education level? Indicate your highest achievement.
- 7) Which is your current job?
- 8) What causes Zika infection?
- 9) Which is the Zika transmission route?
- 10) If the Zika is transmitted by mosquito bites, which mosquito is responsible for the transmission?
- 11) Which are the symptoms of Zika infection?
- 12) What is the time, in the course of the day, where Zika's carrier is more active?
- 13) Which is the common site of reproduction of mosquitoes?
- 14) What do you need to do before travelling on endemic airplanes (where Zika is highly widespread)?
- 15) If Zika symptoms appear after a trip to the endemic areas, what should be done to prevent transmission of the infection?
- 16) If after a trip to the endemic areas, no Zika symptoms appear, what should be done to reduce the risk of transmitting the infection?
- 17) Which of the following preventive measures is necessary to take back from a trip to the endemic areas, if the symptoms related to Zika have not appeared?
- 18) In order to prevent / reduce the proliferation of mosquitoes, is it useful to cover, empty or clean containers (cans, buckets, pots, jars, etc ...) of water?
- 19) How to protect yourself from mosquito bites?
- 20) Is it recommended for women who are planning to become pregnant, to avoid / postpone trips to endemic areas?
- 21) Is it recommended for pregnant women to avoid endemic areas?
- 22) Do you think Zika is a major issue in your country?
- 23) Where did you find information about Zika?
- 24) Who / What do you think is the most credible source of information on Zika?
- 25) If a vaccine against Zika is available, would you consider vaccination?
- 26) What is your opinion, the most important way to encourage people to protect themselves and their community from Zika's risk?
- 27) Who has the responsibility to protect you from contracting Zika infection?
- 28) Do you think you have sufficient information about Zika?
- 29) Do you think it is necessary to increase information campaigns on Zika infection prevention techniques?
- 30) How many trips, outside Europe, have you made in the last 5 years?
- 31) How many journeys, in Europe, have you made in the last 5 years?
- 32) How often do you go to the travel medicine centre?
- 33) Before embarking on a trip abroad, do you know if your target is a high risk area for Zika?
- 34) Have you changed your tourist habits and / or working missions in endemic areas?
- 35) From 1 to 5 how do you evaluate the completeness of the questionnaire?
- 36) From 1 to 5 how do you evaluate the usefulness of the questionnaire? How do you feel the time to answer the questionnaire?
- 37) From 1 to 5, how do you assess the clarity of these questions?
- 38) Do you have further observations/comments on this questionnaire?

completeness and usefulness of the questionnaire.

A proper knowledge of ZIKV can be pivotal in infection prevention and control. Unfortunately, in the extant literature, there is a dearth of studies reporting questionnaires/surveys conducted to explore beliefs and

DISCUSSION

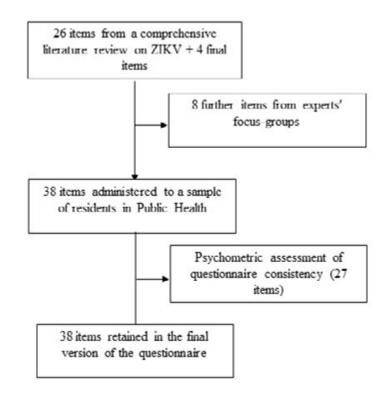


FIGURE 1. Flowchart of the items selection and validation. Abbreviations: ZIKV (Zika virus).

knowledge of ZIKV.

To the best of our knowledge, only few studies [16-21] have addressed this topic. Guo and collaborators [16] carried out a cross-sectional online survey in order to assess ZIKV-related knowledge in a sample of 492 pregnant women aged 18-50 years in the United States, their travelling plans and habit, as well as communication exchanges with their healthcare providers. 97.8% of the participants had heard of ZIKV. Over one third of the women had discussed with their providers about ZIKV. 34% were worried about the health impact of ZIKV on their babies. Most of them changed their travelling plans and habit after ZIKV outbreak.

Mouchtouri and colleagues [17] performed a survey among 573 pregnant women in Greece. 77.4% of the participants had heard of ZIKV, even though 63.3% did not know that the virus could spread sexually. More informed women were likely to have travelled abroad the last six months.

Harapan and co-workers [18] assessed knowledge of ZIKV among 442 healthcare workers (healthcare workers (HCWs)) in Aceh (Indonesia). 35.9% of them had a good knowledge. HCWs tended to use social media, medical articles/news and television as major source of information.

Gupta and collaborators [19] in India recruited a sample of 412 private dental practitioners. Only 38.2% of them reported high knowledge of ZIKV. They tended to use television in 37.8% of cases, while only 4.7% journals

as source of information.

In Colombia, Betancourt-Trejos et al. [20] recruited a sample of 325 HCWs, including medical students, and investigated their ZIKV-related knowledge before and after an educational intervention. Always in Colombia, Sabogal-Roman and collaborators [21] had performed a similar research among 269 HCWs.

Arief and co-workers [22] performed a cross-sectional survey to assess ZIKV-related knowledge, attitudes and sources of information in Malaysia among general population. The authors used a validated questionnaire, which was pilot-tested in a sample of 30 subjects and showed sufficient psychometric properties (Cronbach's alpha 0.73 and 0.70 for general knowledge and attitudes, respectively). 400 participants took part into the survey: 71.5% and 74.5% of them showed good knowledge and positive attitudes, respectively. The main source of information related to ZIKV was represented by the Internet.

Results of our study are in line with previous analyses. Actually, our study sample showed good knowledge with mean percentage of correct answer in 81.2% of the cases; even though, only approximately 30% of the sample declared to be sufficiently informed about ZIKV. Moreover, the majority of the subject showed a positive attitude both to improve their knowledge and to be vaccinated in case of vaccine availability.

Our study aims were to fill in a gap in knowledge concerning beliefs and attitudes related to ZIKV among

FIGURE 2. Characteristics of the sample.

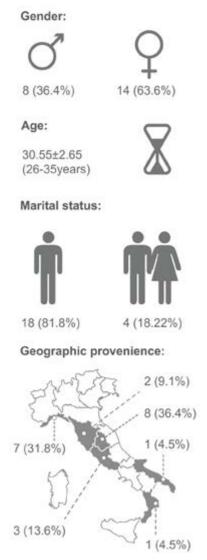


TABLE 2. General item statistics for the items of the questionnaire concerning Zika infection.

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ltem	ρ _{κε21} is the item excluded	Δ ρ _{κr21}		
8	0.889	0.003		
9	0.856	-0.030		
10	0.865	-0.021		
11	0.877	-0.009		
12	0.875	-0.011		
13	0.888	0.002		
14	0.888	0.002		
15	0.856	-0.030		
16	0.855	-0.031		
17	0.856	-0.030		
18	0.888	0.002		
19	0.888	0.002		
20	0.888	0.002		
21	0.891	0.005		
22	0.884	-0.002		
23	0.859	-0.027		
24	0.887	0.001		
25	0.873	-0.013		
26	0.888	0.002		
27	0.871	-0.015		
28	0.882	-0.004		
29	0.889	0.003		
30	0.887	0.001		
31	0.882	-0.004		
32	0.891	0.005		
33	0.875	-0.011		
34	0.888	0.002		

Italian general population.

CONCLUSION

The final questionnaire seems to be an appropriate and useful tool to detect cognitive gaps concerning behaviours responsible for possible transmissions of the disease, even in a non-endemic country such as Italy. This study was intended as a pilot study. Due to its limitations, future analysis will should explore the factorial structure of the questionnaire as well as knowledge, beliefs and attitudes concerning ZIKV among Italian general population.

Ethical approval

The study has received ethical approval from the local ethics committee of the University of Perugia (Comitato

Universitario di Bioetica), Reference Number: 2016-09R.

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Conflict of interest

None to declare

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Items	Right	Wrong	
8	20 (90.91)	2 (9.09)	
9	20 (90.91)	2 (9.09)	
10	13 (59.09)	9 (40.91)	
11	19 (86.36)	3 (13.64)	
12	4 (18.18)	18 (81.82)	
13	22 (100)	O (O)	
14	21 (95.45)	1 (4.55)	
15	17(77.27)	5 (22.73)	
16	16 (72.73)	6 (27.27)	
17	20 (90.91)	2 (9.09)	
18	22 (100)	O (O)	
19	22 (100)	O (O)	
20	22 (100)	O (O)	
21	20 (90.91)	2 (9.09)	
22	10 (45.45)	12 (54.55)	

TABLE 3. Frequency of right and wrong answers to the knowledge items of the administered questionnaire.

Dr. Vincenza Gianfredi and analyzed by Dr. Vincenza Gianfredi and Dr. Nicola Luigi Bragazzi; data interpretation and manuscript preparation were undertaken by Dr. Vincenza Gianfredi, Dr. Daniele Nucci and Dr. Nicola Luigi Bragazzi. Dr. Francesca Zanella, Dr. Domenico Martinelli, Dr. Barbara Camilloni, Dr. Milena Villarini, Professor Massimo Moretti and Professor Fabrizio Stracci contributed in data interpretation and manuscript revision. All authors approved the final version of the paper. The Authors would like to thanks Valeria Parisi, University of Milan, for assistance with figure and all the participants, who voluntary participate to the validation process and the Italian Society of Hygiene, Preventive Medicine and Public Health (S.It.I), Umbria Section for the scientific support.

TABLE 4. Frequency of replies for the other items of the administered questionnaire.

	HEALTH-CARE WORKERS	INTERNET	TELEVISION	NEWS PAPER	FRIENDS/ RELATIVES
Where did you find information about Zika?	11 (50.0)	14 (63.6)	6 (27.3)	4 (18.2)	1 (4.5)
Who / What do you think is the most credible source of information on Zika?	20 (90.9)	8 (36.4)	0	2 (9.0)	0
	Yes		No		Don't know
If a vaccine against Zika is available, would you consider vaccination?	13	8 (59.1)	4 (18.2)		5 (22.7)
	Own responsibility	Doctor/local health authorities	National govern		The community
Who has the responsibility to protect you from contracting Zika infection?	14 (63.6)	16 (72.7)	12 (54.5)		3 (13.6)
	Yes		No		Don't know
Do you think you have sufficient information about Zika?	6	(27.2)	8 (36.4)		8 (36.4)
		Yes			No
In your opinion, is it necessary to increase information campaigns on Zika prevention?	19	9 (86.4)			3 (13.6)
	1-3 times	>4 times			None
How many trips, OUTSIDE Europe, have you done in the last 5 years?	10 (45.5)	0			12 (54.5)
	1-3 times	>4 times			None
How many trips, WITHIN Europe, have you done in the last 5 years?	8 (36.4)	11 (50.0)			3 (13.6)
	Never	I never heard about it	Every time, before a travel		Only for travel outside Europe
How often do you go to the travel medicine center?	8 (36.4)	4 (18.2)	2 (9.0)		8 (36.4)
		Yes	No		
Before embarking on a trip abroad, do you know if your target is a Zika high risk area?	14 (63.6)		8 (36.4)		
Have you changed your tourist habits and / or work missions in endemic areas?	k 1 (4.5)		21 (95.5)		

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