

2. Regular self-development and capacity building efforts, supporting fresh doctors by mentoring; on-job training will help to form a team capable of solving problems of any complexity without excessive burden on an individual doctor, which in turn will have a positive impact on the level of health care, and positive mood of medical staff.

3. Optimization of the work space, preparation of templates that will help to release time, thus enabling the medical staff to dedicate time to self-development, or to patients and/ or have a rest that will favorably affect the working atmosphere, and health of medical staff.

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**INTEGRATION OF A SPECIALIST INTO THE INTERNATIONAL SPACE:
LINGUISTIC TRAINING AND CROSS CULTURAL INTERACTION**

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Annotation: The article considers the possibilities of international internships for medical students and doctors. The problems of insufficient linguistic training of health care manpower for representing Russian Federation at the international level are discussed. Ways to work out these issues are suggested.

Key words: medical students, internships, scientific exchange.

Abstract

Our century can be undoubtedly called the peak of medicine. Every year the number of revolutionary discoveries grows, we comprehend the secrets of the human body more and more and manage previously incurable diseases. However, there are a lot of unsolved problems. Global health problems threaten the entire population of the planet. For their solving doctors from all over the world needs to unite.

There are many opportunities for students of medical universities and doctors to prove themselves in the international medical community. Students have to face many challenges starting from profound professional knowledge to mustering English.

The aim of the research - to study various educational opportunities abroad for medical students and doctors; to find out how Russian Federationn medical students are ready for integration into the international space.

Materials and methods of research

Overview of various online resources of international medical internships companies. Theoretical analysis of impact English on medical students' activity.

Study results and discussion

As a student or a resident you can go abroad for an international internship. The IFMSA offers almost 130 countries to improve your skill. You will meet like-minded people; you will be able to improve your knowledge in medical issues and refine your English proficiency. An applicant chooses the department according to his preferences. Thereafter one can choose scientific or practical activities under the supervision of a tutor.

An interesting training program for medical students called ERASMUS, it is not available in the Russian Federation yet. This scholarship program is paid by the government of the EU countries completely. Students can study medicine for 1 semester or year in another country. Their home universities are obliged to give a list of subjects that student must master in a semester/year and pass exams in the host country. This unique experience opens up wide opportunities for the exchange of knowledge between different medical communities.

If you are attracted to volunteering, you can easily become a member of the Doctors Without Borders program. It is an international organization that provides medical care to people affected by military conflict and natural disasters. After the interview you will be offered to come to the afflicted country, where you treat people for a month. Your help is paid. This is an excellent opportunity to save hundreds of lives and gain unique experience.

However, the integration of a specialist into international space involves not only internships. A modern doctor must be able to read modern medical periodics in English which is never translated in Russian Federationn.

Unfortunately, it should not go unnoticed the low command of English among students of medical universities. According to the article by student from the Ural state medical university for 2017, 74% of students of the 1st and 2nd years of Ural state medical university don't use foreign literature to prepare for writing abstracts, articles and other works. Moreover, for 68% of students, the main reason for this is the lack of knowledge of English [2].

Similar results were obtained by student from the Ivanovo State Medical Academy in 2017. Almost 63% of students never use data from foreign literature in the educative process for the same reason [3].

Also, students usually don't have motivation to learn English. Students have the following trends:

1. Over 80% of respondents from first year student want to learn English
2. The motivation to continue studying English is sharply reduced in the majority of respondents after the end of the basic course. The study of this subject ended and students find no sense of learning English.

3. Among graduate respondents only 10% are motivated to continue studying English. They need it for postgraduate training program, as well as participating in international conferences and foreign internships [2].

This means that the majority of medical students in Russian Federation are incapable for integration into the international space. Therefore, if we want to represent Russian Federation in the international scene, we must put our mind on learning English as an international one.

It goes without saying that students need to learn English more than 1 year in university. High requirements for the level of language proficiency of medical students don't correspond to the amount of academic hours allocated within the framework of the basic program.

Besides, the lessons should be interesting for students. It is necessary to create an environment of real communication, to establish a connection between teaching English and life, to actively use English in usual situations. These can be scientific discussions, consideration of scientific literature, reading of individual courses in English, participation of students in international conferences.

Also, in order to consolidate knowledge, it is necessary to hold meetings of student scientific community in a foreign language (as is done in the department of anatomy).

Conclusions:

1. In the modern medical community there are many opportunities for integration of a specialist into the international space.

2. Throughout Russian Federation the level of English proficiency is low among medical students. And the older the students become, the less their desire to continue learning English.

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