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MESSAGE FROM THE CHAIR

Dr. Zainab Samad MD, MHS, FACC

Dear Colleagues

Today as the JCIA survey procedures draw to a close, we are all reminded of the strengths of AKU which include its robust systems and processes. These were tested, highlighted and appreciated many a times by the surveyors and it was heartening to see all faculty and staff engaged and working diligently together to ensure we meet the standards set out by the JCIA.

Coincident to our JCIA survey, The Lancet published the report of its Commission on "High Quality Health Systems in the SDG era: time for a revolution". The report argues that establishing high quality health systems could save 8 million lives in low-middle income countries. It proposes a new conceptual framework for high quality health systems emphasizing three domains: foundations; processes of care; and quality impacts (figure)

Achieving quality is a continuous process starting with finding problems, fixing them and then starting the process all over again. So as this survey ends, we begin the look-out for identifying more opportunities for improvement.

Wishing you all quality filled days!

Zainab

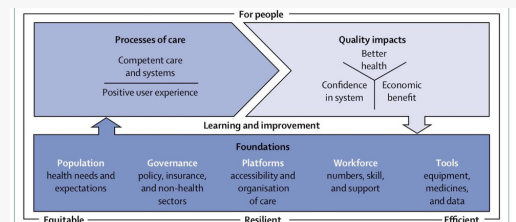
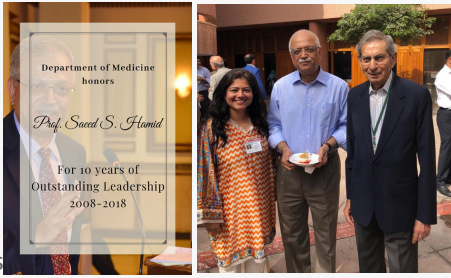


Figure 1: High-quality health system framework

TRIBUTE TO DR. SAEED HAMID

Under the leadership of Dr. Zainab Samad, DoM honored Dr. Saeed Hamid for his 10 years of leadership as the Chair on September 17, 2018. This was the first of its kind tribute given to any Chair.



Dr. Zainab Samad delivered the welcome address, Dr. Saad Shafqat moderated the event and the speakers (Dr. Adeel Khoja, Dr. Ayeesha Kamal, Dr. Saba Hameed, Dr. Amna Subhan, Dr. Aysha Almas, Dr. Shahab Abid, Dr. Asma Ahmed, Dr. Bushra Jamil, Dr. Wasim Jafri, Dr. Farhat Abbas, Mr. Hans Kedzierski, Mr. Nadeem Mustafa and Mr. Al Karim Haji) praised and thanked Dr. Saeed Hamid for his extraordinary leadership, hard work, mentorship and untiring efforts. The event was concluded by presentation of a signed certificate of appreciation to Dr. Saeed Hamid by the Chief Financial Officer, Mr. Alkarim Haji followed by breakfast.

GLOBAL CONGESTIVE HEART FAILURE (G-CHF) STUDY The G-CHF Investigators Meeting, Munich

Heart failure (HF) is a rapidly increasing disease worldwide; there is no global HF study that documents demographics, socioeconomic, clinical factors and outcomes in all parts of the world. Global Congestive Heart Failure (G-CHF) Study is a prospective registry of heart failure with over 32 participating countries. AKU is a National Coordinating Center for this study as well as a recruiting site, the other site being Rawalpindi Institute of Cardiology. The recruitment in G-CHF is well ahead of target in Pakistan and has 421 participants till date. On August 25, 2018, a Global Investigators Meeting for G-CHF was held in Munich, Germany where representatives from all the countries met and discussed study's progress and milestones. Investigators from AKU included Dr. Khawar Kazmi as site-PI and National Lead for Pakistan, Ms. Azmina Artani and Dr. Abid Laghari as co-PIs. The group is dedicated to achieve the next milestone in G-CHF, i.e. initiation of its sub-study in Pakistan by next year.



Congrats!

HIBA;
New addition to
Dr. Bilal's Family

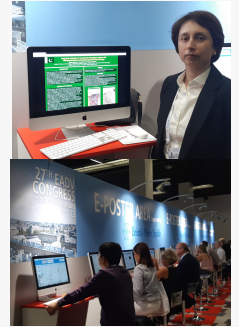


DR. SARAH NADEEM
appointed as *Assistant Professor*
effective October 01, 2018



SYEDA PARISHAY;
New addition to
Dr. Ainan's Family

Dr. Saadia Tabassum
presenting ePoster
at European
Academy of
Dermatology and
Venereology 27th
Congress, Paris. 12-
16th September.



Dr. Muhammad Irfan
elected National Delegate
of European Respiratory
Society (ERS) for Pakistan
for next 3 years (2018-
2021) and presented 3
papers

**Dr. Ali Zubairi & Dr. Muhammad Irfan at
European Respiratory Society (ERS)
Annual Congress in Paris 15-19th Sept
2018**



**Dr. Zainab Samad,
Dr. Javaid Khan, Dr.
Yawer Saeed and Dr.
Saulat Fatimi
celebrating Heart
Health Event in
Partnership with the
Karachi Press Club**



**Dr. Zainab Samad invited as Speaker to the
Cardiovascular Clinical Trialists Forum in Cairo, Egypt
Sept 13-14, 2018**





Dr. Om Parkash
Invited speaker to 1st
Nepal association of
liver disease meeting
and 6th South Asia
association for liver
disease

FEATURED FACULTY PROFILE

Dr. Sarah Nadeem; Another Alumnus returns to the Alma Mater



• **What made you pick Medicine as your calling in life?**

Medicine and Endocrinology to be specific is a career with lots of human interaction, that is what drew me to this path.

• **What are your hobbies/interests?**

Reading, yoga and travel

• **Had you not been a doctor, what would you have done?**

I have always liked writing, so maybe a full time writer instead of a part time writer that I currently am.

• **What advice would you like to give to your juniors?**

Work hard, stay humble and keep trying to make a difference, no matter how small, each genuine gesture makes a difference wherever you are.

• **What lessons have you learned from your seniors?**

Many things. To name a few, I have learnt the value of hard work, the importance of kindness, understanding and support in mentorship

• **What made you choose AKU?**

AKU is my alma mater, it provided me the foundation to my medical career. Its an honour to return as faculty.

• **What in your opinion is your biggest accomplishment; 1 personal and 1 professional?**

I hope my biggest accomplishments are yet to come :)

What I'm grateful for professionally is the opportunity to train at Mayo Clinic. Personally, my family.

• **Tell us about 1 challenge/failure.**

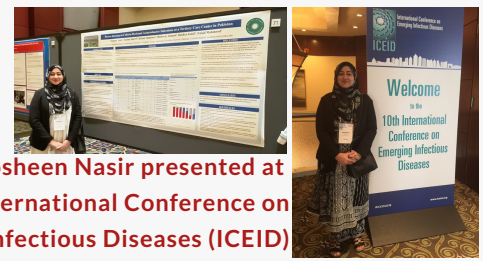
My own health issues have given me a different and important perspective in my personal and professional life.

• **Who/what do you draw your inspiration from (your muse if you may) and why?**

Its difficult to name a single inspiration. Every day there are so many situations/people that provide inspiration. Tenacity, persistence and humility are qualities I find admirable.

• **What are your future goals?**

I hope to make advanced Diabetes technology more commonly available for all in Pakistan. Also to continue my clinical research in osteoporosis in coordination with Loyola University Medical Center, Chicago.



Dr. Nosheen Nasir presented at 10th International Conference on Emerging Infectious Diseases (ICEID) in Atlanta August 26-29, 2018

PUBLICATIONS

- Clinical and non-clinical predictive factors for achieving glycemic control in people with type 2 diabetes in real clinical practice
Abdulqawi Al Mansari, Youssef Obeid, **Najmul Islam**, Mohammed Fariduddin, Ahmed Hassoun, Khier Djaballah, Mojtaba Malek, Dror Dicker, Tirthankar Chaudhury
In BMJ Open Diab Res Care 2018
- Liquid nitrogen cryotherapy for chronic recalcitrant interdigital candidiasis of toe spaces-an uncontrolled pilot study”
Saadia Tabassum, Atiya Rahman, **Ajmal Rashid**
Journal of the American Academy of Dermatology, 2018
- HCV-discovery to elimination, “myth or reality”
Wasim Jafri, Basit Siddiqui, **Safia Awan**
Hepatoma Research;4:54. September 20, 2018
- Rapid Development of Hepatocellular Carcinoma after Eradication of Hepatitis C Virus with Directly Acting Antiviral Treatment
Fakhar Ali Qazi Arisar, **Saeed Hamid**
Open Journal of Gastroenterology, 8, 295-305. September 19, 2018
- Outcome of radioactive iodine therapy in Toxic Nodular Goiter in Pakistan.
Tauseef Ahmad, **Adeel Khoja**, **Naveed Haroon Rashid**, Muhammad Areeb Ashfaq
Pak J Med Sci. 2018;34(5)
- Antidromic Atrioventricular Reentrant Tachycardia Dependent on a Unidirectional Left Anterior Accessory Pathway Mimicking Peri-mitral Ventricular Tachycardia: Successful Ablation via a Transseptal Approach
Aamir H. Khan, Maryam H. Khan, **Hunaina Shahab**, Qamaruddin Roziman
Cureus 10(7): e3060. 2018
- Neonatal Purpura Fulminans, a rare genetic disorder due to protein C deficiency: A case report
Sayyeda Ghazala Irfan Kazi, Emaduddin Siddiqui, Irfan Habib, **Saadia Tabassum**, Badar Afzal, Irum Qamar Khan
JPMA Vol. 68, No. 3, March 2018
- Invasive mediastinal aspergillosis presenting as superior vena cava syndrome in an immunocompetent patient
Yasmin rahim,1 aisha Memon,2 **Javaid ahmed Khan**
BMJ, 2018
- Case Definition of Chronic Pulmonary Aspergillosis in Resource-Constrained Settings.
Denning DW, Page ID, Chakaya J, Jabeen K, Jude CM, Cornet M, Alastruey-Izquierdo A, Bongomin F, Bowyer P, Chakrabarti A, Gago S, Guto J, Hochhegger B, Hoenigl M, **Irfan M** et al.
Emerg Infect Dis. 2018 Aug;24(8). (IF: 7.42)