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ACTIVITY LEVELS OF AUSTRALIANS,
JANUARY/FEBRUARY, 1985

User's Guide for the Machine-Readable
Data File

(SSDA Study No. 352)

Social Science Data Archives



The Australian National University
Canberra 2600

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ACTIVITY LEVELS OF AUSTRALIANS,
JANUARY/FEBRUARY, 1985

User's Guide for the Machine-Readable
Data File

(SSDA Study No. 352)

Principal Investigator
Sport, Recreation and Tourism Department

Data Collected by
The Roy Morgan Research Centre Pty Ltd

SSDA ed.
1985

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(Machine-readable data file plus user's guide)

Activity levels of Australians, January/February, 1985 [machine-readable data file] / Principal investigator Sport, Recreation and Tourism Department; data collected by Roy Morgan Research. SSSA ed., 1985. -- Canberra : Social Science Data Archives, The Australian National University 1985.

1 data file (3,484 logical records) + accompanying user's guide (71 p.)

Summary: This study is one of a group of surveys conducted at six month intervals for the purpose of establishing accurate data on the proportion of the population which is regularly and persistently active, to assist in planning appropriate recreation and fitness programs. Respondents were questioned about their participation in physical activity during the two weeks preceding the interview. For a range of sporting and other activities respondents were asked the frequency, the amount of time involved each time, and the level of energy expended on each event. Questions were also asked about activities within organised clubs, advertised or sponsored events, and participation alone or socially. Reasons for inactivity were also obtained. Background variables include age, sex, marital status, education, occupation, income, state, electorate, birthplace, work status, number of children, religion, type of dwelling, size of town.

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2. Physical fitness - Australia - Data processing. I. Australian National University. Social Science Data Archives. II. Australia. Dept. of Sport, Recreation and Tourism. III. Roy Morgan Research Centre. (Series : SSSA study ; no. 352).

ACKNOWLEDGEMENT OF ASSISTANCE

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QUESTIONNAIRE

Study Description



The Australian National University
Canberra 2600

SOCIAL SCIENCE DATA ARCHIVES
THE AUSTRALIAN NATIONAL UNIVERSITY

Study No.

SSDA 352

ACTIVITY LEVELS OF AUSTRALIANS,
=====

JANUARY/FEBRUARY, 1985

=====

STUDY DESCRIPTION
=====

IDENTIFICATIONS AND ACKNOWLEDGEMENTS

TITLE OF STUDY

Activity levels of Australians, January/February, 1985

LOCAL ARCHIVE WHERE STUDY IS STORED

Social Science Data Archives
The Australian National University
G.P.O. Box 4
Canberra, A.C.T. 2601

number of study (data set): SSDA 352

DEPOSITOR

Sport, Recreation and Tourism Department
G.P.O. Box 787
Canberra, A.C.T. 2601

DATE OF DEPOSIT

3 May 1985

PRINCIPAL INVESTIGATOR

Sport, Recreation and Tourism Department

DATA COLLECTOR

The Roy Morgan Research Centre Pty Ltd

FUNDING AGENCY

Sport, Recreation and Tourism Department
1984/85 Recreation and Fitness Programs

OTHER IDENTIFICATIONS/ACKNOWLEDGEMENTS

Ms Judy Rex
Senior Project Officer
Roy Morgan Research Centre

Ministry of Tourism and Recreation
Government of Ontario, Canada
- supply of some questions and 'Mets Index'
(see References below)

ANALYSIS CONDITIONS

RESEARCH TOPIC (ABSTRACT)

This study is one of a group of surveys conducted at six month intervals for the purpose of establishing accurate data on the proportion of the population which is regularly and persistently active, to assist in planning appropriate recreation and fitness programs.

Respondents were questioned about their participation in physical activity during the two weeks preceding the interview. For a range of sporting and other activities respondents were asked the frequency, the amount of time involved each time, and the level of energy expended on each event. Questions were also asked about activities within organised clubs, advertised or sponsored events, and participation alone or socially. Reasons for inactivity were also obtained. Background variables include age, sex, marital status, education, occupation, income, state, electorate, birthplace, work status, number of children, religion, type of dwelling, size of town.

KIND OF DATA

survey

TIME DIMENSIONS

cross-sectional (one-time) study - partial replication

The same survey instrument was used on another two occasions (see SSDA Study Nos. 350 and 370).

DEFINITION OF TOTAL UNIVERSE (UNIVERSE SAMPLED)

persons throughout Australia aged 14 years and over

SAMPLING PROCEDURES

area-cluster sample with quota

Each weekend of the year, from mid-January to mid-December, the Roy Morgan Research Centre conducts its "Consumer Opinion Trends" (C.O.T.) surveys. The data from this study was derived from questions commissioned within the C.O.T. omnibus surveys, and was collected from three samples interviewed over three consecutive weekends.

Interviews were conducted in each wave within each of 110 electoral subdivisions chosen at random within 13 strata based upon the six states and the two territories, split into urban and rural categories. Within each of these subdivisions one elector's name was selected at random. The residence adjoining this elector's was the first contact dwelling and further adjoining dwellings were approached until the quota of ten interviews was filled.

People were selected at each dwelling for interviewing by a method which produces accurate cross-sections of each sex and age. The following approximate quotas were targeted:

- . 550 men and 550 women
- . 420 parents
- . 850 housewives
- . 230 persons aged 14-24
- . 550 owner-drivers
- . 900 residents in phone homes
- . 100 farmers and farmers' wives

NUMBER OF UNITS (CASES)

number of cases (unweighted): 3484

DATES OF DATA COLLECTION

first date of data collection: 19 January 1985
last date of data collection: 17 February 1985

METHOD OF DATA COLLECTION

personal interview

DATA GATHERING STAFF

interviewers trained by the Roy Morgan Research Centre, drawn from a pool of 480 Australia-wide

WEIGHTING

weighting criteria

the use of age, sex and locality in relation to known frequencies to obtain representativeness

weighting procedures

88 sex-age-locality groups were weighted to their correct proportions for the latest estimates available for the population aged 14 years and over. The groups are comprised of all combinations of 2 sexes, 4 ages (14-24, 25-34, 35-49, 50+), and 11 localities (the 5 mainland capitals, the 5 remaining mainland regions, and Tasmania).

DIMENSIONS OF DATA SET

number of cases: 3484
number of variables per case: 173
number of cards per case: 9

ACCESSIBILITY

A copy of the User Undertaking Form must be signed before data may be accessed.

The following access category also applies: A

A: the depositor wishes to be informed (by the Archives) of use being made of the data, in order to comment on that use and make contact with colleagues of similar interests.

REFERENCES TO RELEVANT PUBLICATIONS/RESULTS/STUDIES

REFERENCES TO RELATED STUDIES

Sport, Recreation and Tourism Department "Activity Levels of Australians, June/July, 1984 (SSDA Study No. 350)

..... "Regular Physical Exercise of Australians, January/February, 1985 (SSDA Study No. 353)

..... "Activity Levels of Australians, June/July, 1985 (SSDA Study No. 370)

OTHER REFERENCES

Ministry of Tourism and Recreation, Ontario, Canada
"Physical Activity Patterns in Ontario" (1983)

Canada Health Survey, 1975

DESCRIPTORS

Clubs
Exercise
Leisure time activities
Social Participation
Sport

Codebook



The Australian National University
Canberra 2600

CODEBOOK INFORMATION

The example below is a facsimile of information appearing in the codebook for a typical variable. The numbers in square brackets do not appear but are references to the descriptions which follow this example.

[1] VAR 56 [2] Q17 [3] AGE GROUP
 [4] LOCATION: 62 [5] FORMAT: F1.0 [6] CODE FOR MISSING 0
 [7] CARD NO: 1 [8] COLUMN: 62- 62

[9] Q17. WOULD YOU MIND TELLING ME YOUR APPROXIMATE AGE?

[10]	[11]	[12]	[13]
12	4.6%	(1)	UNDER 25
67	25.5%	(2)	25 - 29
73	27.8%	(3)	30 - 34
35	13.3%	(4)	35 - 39
33	12.5%	(5)	40 - 44
20	7.6%	(6)	45 - 54
12	4.6%	(7)	55 - 64
11	4.2%	(8)	65 AND OVER
24	----	(Ø)	MISSING

- [1] A variable number is assigned consecutively to each variable in the data file.
- [2] An abbreviated (8 character maximum) variable name.
- [3] An expanded version of the variable name, or variable label (40 character maximum).
- [4] The starting column location of this variable within the record.
- [5] Indicates the width and character type of the variable within the record. The character type is either alphanumeric or numeric. The format element indicating an alphanumeric variable takes the form *Aw*, where *w* is the column width of the variable. The element indicating that a variable is numeric is *Fw.d*, where *w* indicates the column width of the variable (*including the sign and decimal point if punched*), and *d* is the number of digits and columns to the right of the decimal point.
- [6] Indicates codes for missing values.
- [7] Indicates the card, or deck, of this variable when the data are in card-image format (80 - column format).
- [8] Indicates the first and last column location of this variable.

- [9] Indicates the full text (question) of the variable description supplied by the original collector of the data. The question text and the numbers and letters that may appear at the beginning reflect the original wording of the questionnaire item.
- [10] The absolute frequency of occurrence of each code value in the data file.
- [11] The relative frequency (percentage) of occurrence of each code value in the data file.
- [12] The code values occurring in the data for this variable.
- [13] The textual definitions of the codes, or value labels.

Note 1.

The variable name, variable label, value labels and missing values are reproduced in the SPSS set-up file which is distributed with the data file.

Note 2.

Items [10], [11], [12] and [13] above may not be provided for all variables, for example, where there are variables with unlabelled values, or where the number of values for a variable is too large to incorporate comfortably into a codebook. Frequencies and codes for these variables are given in a frequencies addendum.

VAR NO.	VAR NAME	VARIABLE LABEL	PAGE
CARD IDENTIFICATION			
1	STATE	STATE AND CAPITAL	1
2	ELECT	ELECTORATE SUBDIVISION	1
3	INTNO	INTERVIEW NUMBER	1
4	COTNO	CONSUMER OPINION TRENDS SURVEY NUMBER	2
5	WHENDONE	WHEN C O T SURVEY WAS DONE	2
6	CLUSTER		2
NUMBER OF TIMES ACTIVITIES WERE DONE			
7	ACTSDONE	NO OF TIMES ACTIVITIES DONE	2
8	SPORTCLB	AT SPORT CLUB	3
9	HLTHCNTR	AT HEALTH CENTRE	3
10	ALONE	ALONE OR WITH FRIENDS	3
11	METVALUE	METABOLIC VALUE	3
12	MINUTES	TOTAL TIME IN MINUTES	4
DEMOGRAPHIC VARIABLES			
13	AGE		4
14	CTYBIRTH	COUNTRY OF BIRTH	4
15	MARISTAT	MARITAL STATUS	5
16	EDUSTAT	EDUCATIONAL LEVEL	5

VAR NO.	VAR NAME	VARIABLE LABEL	PAGE
17	WORKSTAT	WORK STATUS	6
18	INCOME1	ANNUAL INCOME IF WORKING	6
19	OCCUPAT1	OCCUPATION OF RESPONDENT IF WORKING	6
20	EMPLOYER		7
21	TVSETS	NO OF TV SETS IN HOUSEHOLD	7
22	VCR	OWN OR RENT VCR	8
23	CHILDREN	NO OF CHILDREN UNDER 16	8
24	INCOME2		8
25	OCCUPAT2		9
26	EMPLOY2		9
27	LIFECYCL	LIFECYCLE OF RESPONDENT	10
28	GBLIFE	LIFE CYCLE OF GROCERY BUYER	10
29	WRKLOOK	NO OF PEOPLE LOOKING FOR WORK	10
30	AGEREC	AGE GROUP BEFORE RECODE	10
31	ADULTS	NO OF ADULTS IN HOUSEHOLD	11
32	PEOPLE	NO OF PEOPLE IN HOUSEHOLD	11
33	TELEPHON	TELEPHONE IN HOUSEHOLD	12
34	SEX		12
35	GBRESP	RESPONDENT IS GROCERY BUYER	12
36	GBSEX	SEX OF GROCERY BUYER	12

VAR NO.	VAR NAME	VARIABLE LABEL	PAGE
37	GBAGE	AGE OF GROCERY BUYER	12
38	GBWORK	WORK STATUS OF GROCERY BUYER	13
39	RMIE	RESPONDENT MAIN INCOME EARNER	13
40	MIEOCC	MAIN INCOME EARNER'S OCCUPATION	13
41	MIEINC	INCOME OF MAIN INCOME EARNER	14
42	ELECTROL	ON FEDERAL ELECTORAL ROLL	14
43	RELIGION		15
44	FTWORKRS		15
45	PTWORKRS		15
46	TYPEDWEL	TYPE OF DWELLING	16
47	CITYTYPE	SIZE OF CITY OR TOWN	16
48	CARDNO1	CARD NUMBER 1	16
49	STATE2	STATE IDENTIFICATION ON CARD 2	16
50	IDENTNO2	IDENTIFICATION NO ON CARD 2	16
ACTIVITY DETAILS OF FIRST ACTIVITY			
51	ACTNO1	NAME OF FIRST ACTIVITY LISTED	17
52	NOTIMES1	NO OF TIMES ACTIVITY DONE	17
53	TIME1	TIME TAKEN IN HOURS AND MINUTES	17
54	VIGOR1	LEVEL OF VIGOR	17

VAR NO.	VAR NAME	VARIABLE LABEL	PAGE
55	SPTCLB1	NO OF TIMES AT SPORTING CLUB	18
56	HLTHCNT1	NO OF TIMES AT HEALTH CENTRE	18
57	ALONE1	NO OF TIMES ALONE OR WITH FRIENDS	18
58	METVAL1	METABOLIC VALUE OF ACTIVITY	18
59	MINUTES1	TOTAL TIME IN MINUTES OF ACTIVITY	18
60	CARDNO2	CARD NUMBER 2	18
61	STATE3	STATE IDENTIFICATION ON CARD 3	19
62	IDENTNO3	IDENTIFICATION NO ON CARD 3	19
ACTIVITY DETAILS OF SECOND ACTIVITY			
63	ACTNO2	NAME OF SECOND ACTIVITY LISTED	19
64	NOTIMES2	NO OF TIMES ACTIVITY DONE	19
65	TIME2	TIME TAKEN IN HOURS AND MINUTES	20
66	VIGOR2	LEVEL OF VIGOR	20
67	SPTCLB2	NO OF TIMES AT SPORTING CLUB	20
68	HLTHCNT2	NO OF TIMES AT HEALTH CENTRE	20
69	ALONE2	NO OF TIMES ALONE OR WITH FRIENDS	20
70	METVAL2	METABOLIC VALUE OF ACTIVITY	20
71	MINUTES2	TOTAL TIME IN MINUTES OF ACTIVITY	21
72	CARDNO3	CARD NUMBER 3	21
73	STATE4	STATE IDENTIFICATION ON CARD 4	21

VAR NO.	VAR NAME	VARIABLE LABEL	PAGE
74	IDENTNO4	IDENTIFICATION NO ON CARD 4	21
		ACTIVITY DETAILS OF THIRD ACTIVITY	
75	ACTNO3	NAME OF THIRD ACTIVITY LISTED	21
76	NOTIMES3	NO OF TIMES ACTIVITY DONE	22
77	TIME3	TIME TAKEN IN HOURS AND MINUTES	22
78	VIGOR3	LEVEL OF VIGOR	22
79	SPTCLB3	NO OF TIMES AT SPORTING CLUB	23
80	HLTHCNT3	NO OF TIMES AT HEALTH CENTRE	23
81	ALONE3	NO OF TIMES ALONE OR WITH FRIENDS	23
82	METVAL3	METABOLIC VALUE OF ACTIVITY	23
83	MINUTES3	TOTAL TIME IN MINUTES OF ACTIVITY	23
84	CARDNO4	CARD NUMBER 4	23
85	STATE5	STATE IDENTIFICATION ON CARD 5	23
86	IDENTNO5	IDENTIFICATION NO ON CARD 5	24
		ACTIVITY DETAILS OF FOURTH ACTIVITY	
87	ACTNO4	NAME OF FOURTH ACTIVITY LISTED	24
88	NOTIMES4	NO OF TIMES ACTIVITY DONE	24
89	TIME4	TIME TAKEN IN HOURS AND MINUTES	25
90	VIGOR4	LEVEL OF VIGOR	25

VAR NO.	VAR NAME	VARIABLE LABEL	PAGE
91	SPTCLB4	NO OF TIMES AT SPORTING CLUB	25
92	HLTHCNT4	NO OF TIMES AT HEALTH CENTRE	25
93	ALONE4	NO OF TIMES ALONE OR WITH FRIENDS	25
94	METVAL4	METABOLIC VALUE OF ACTIVITY	26
95	MINUTES4	TOTAL TIME IN MINUTES OF ACTIVITY	26
96	CARDNO5	CARD NUMBER 5	26
97	STATE6	STATE IDENTIFICATION ON CARD 6	26
98	IDENTNO6	IDENTIFICATION NO ON CARD 6	26
ACTIVITY DETAILS OF FIFTH ACTIVITY			
99	ACTNO5	NAME OF FIFTH ACTIVITY LISTED	26
100	NOTIMES5	NO OF TIMES ACTIVITY DONE	27
101	TIME5	TIME TAKEN IN HOURS AND MINUTES	27
102	VIGOR5	LEVEL OF VIGOR	27
103	SPTCLB5	NO OF TIMES AT SPORTING CLUB	28
104	HLTHCNT5	NO OF TIMES AT HEALTH CENTRE	28
105	ALONE5	NO OF TIMES ALONE OR WITH FRIENDS	28
106	METVAL5	METABOLIC VALUE OF ACTIVITY	28
107	MINUTES5	TOTAL TIME IN MINUTES OF ACTIVITY	28
108	CARDNO6	CARD NUMBER 6	28

VAR NO.	VAR NAME	VARIABLE LABEL	PAGE
109	STATE7	STATE IDENTIFICATION ON CARD 7	28
110	IDENTNO7	IDENTIFICATION NO ON CARD 7	29
ACTIVITY DETAILS OF SIXTH ACTIVITY			
111	ACTNO6	NAME OF SIXTH ACTIVITY LISTED	29
112	NOTIMES6	NO OF TIMES ACTIVITY DONE	29
113	TIME6	TIME TAKEN IN HOURS AND MINUTES	30
114	VIGOR6	LEVEL OF VIGOR	30
115	SPTCLB6	NO OF TIMES AT SPORTING CLUB	30
116	HLTHCNT6	NO OF TIMES AT HEALTH CENTRE	30
117	ALONE6	NO OF TIMES ALONE OR WITH FRIENDS	30
118	METVAL6	METABOLIC VALUE OF ACTIVITY	30
119	MINUTES6	TOTAL TIME IN MINUTES OF ACTIVITY	31
120	CARDNO7	CARD NUMBER 7	31
121	STATE8	STATE IDENTIFICATION ON CARD 8	31
122	IDENTNO8	IDENTIFICATION NO ON CARD 8	31
ACTIVITY DETAILS OF SEVENTH ACTIVITY			
123	ACTNO7	NAME OF SEVENTH ACTIVITY LISTED	31
124	NOTIMES7	NO OF TIMES ACTIVITY DONE	32
125	TIME7	TIME TAKEN IN HOURS AND MINUTES	32

VAR NO.	VAR NAME	VARIABLE LABEL	PAGE
126	VIGOR7	LEVEL OF VIGOR	32
127	SPTCLB7	NO OF TIMES AT SPORTING CLUB	32
128	HLTHCNT7	NO OF TIMES AT HEALTH CENTRE	33
129	ALONE7	NO OF TIMES ALONE OR WITH FRIENDS	33
130	METVAL7	METABOLIC VALUE OF ACTIVITY	33
131	MINUTES7	TOTAL TIME IN MINUTES OF ACTIVITY	33
132	CARDNO8	CARD NUMBER 8	33
133	STATE9	STATE IDENTIFICATION ON CARD 9	33
134	IDENTNO9	IDENTIFICATION NO ON CARD 9	33
TYPES OF ACTIVITIES DONE			
135	WALK	WALKED FOR EXERCISE	34
136	JOG	JOGGED FOR EXERCISE	34
137	AEROBICS	DID AEROBICS FOR EXERCISE	34
138	SWIM	SWAM FOR EXERCISE	34
139	BICYCLE	BICYCLED FOR EXERCISE	35
140	NETBALL	PLAYED NETBALL FOR EXERCISE	35
141	GOLF	PLAYED GOLF FOR EXERCISE	35
142	TENNIS	PLAYED TENNIS FOR EXERCISE	35
143	ATHLETIC	DID ATHLETICS FOR EXERCISE	35
144	NOACTIV	NO ACTIVITIES	35

Codebook - Table of Contents
SSDA No. 352

VAR NO.	VAR NAME	VARIABLE LABEL	PAGE
162	BOY68	BOY 6-8 YEARS	40
163	BOY911	BOY 9-11 YEARS	40
164	BOY1213	BOY 12-13 YEARS	40
165	BOY1415	BOY 14-15 YEARS	40
166	GIRL02	GIRL 0-2 YEARS	40
167	GIRL35	GIRL 3-5 YEARS	41
168	GIRL68	GIRL 6-8 YEARS	41
169	GIRL911	GIRL 9-11 YEARS	41
170	GIRL1213	GIRL 12-13 YEARS	41
171	GIRL1415	GIRL 14-15 YEARS	41
	WEIGHTING		
172	WEIGHT	WEIGHTING FACTOR	42
173	CARDNO9	CARD NUMBER IDENTIFICATION	42

The demographic variables included below have been edited according to a standard edit as outlined in Appendix A. The SPSS file which accompanies the data file has been extensively recoded to take into account alphanumeric coding of the data. Other recoding has been done in order to allow codes to correspond to the codes given below.

CARD IDENTIFICATION

VAR 1 STATE STATE AND CAPITAL /
LOCATION: 1 FORMAT: A1
CARD NO : 1 COLUMN: 1- 1

230	6.6%	(1) BRISBANE
294	8.4%	(2) REST OF QLD
760	21.8%	(3) SYDNEY
532	15.3%	(4) REST OF NSW
721	20.7%	(5) MELBOURNE
272	7.8%	(6) REST OF VIC
30	0.9%	(7) HOBART
80	2.3%	(8) REST OF TAS
209	6.0%	(9) ADELAIDE
101	2.9%	(10) REST OF SA,NT
140	4.0%	(11) PERTH
114	3.3%	(12) REST OF WA

VAR 2 ELECT ELECTORATE SUBDIVISION /
LOCATION: 2 FORMAT: F3.0
CARD NO : 1 COLUMN: 2- 4

SEE FREQUENCIES ADDENDUM FOR ELECTORAL DISTRIBUTION

VAR 3 INTNO INTERVIEW NUMBER /
LOCATION: 5 FORMAT: F1.0
CARD NO : 1 COLUMN: 5- 5

CARD IDENTIFICATION

VAR 4 COTNO CONSUMER OPINION TRENDS SURVEY NUMBER /
LOCATION: 6 FORMAT: F2.0
CARD NO : 1 COLUMN: 6- 7

last two digits only

VAR 5 WHENDONE WHEN C O T SURVEY WAS DONE /
LOCATION: 8 FORMAT: F1.0
CARD NO : 1 COLUMN: 8- 8

Same as last digit in Cols 6-7 = same week
Different = following week

VAR 6 CLUSTER /
LOCATION: 9 FORMAT: F1.0
CARD NO : 1 COLUMN: 9- 9

Cluster within week done by same interviewer

NUMBER OF TIMES ACTIVITIES WERE DONE

VAR 7 ACTSDONE NO OF TIMES ACTIVITIES DONE /
LOCATION: 12 FORMAT: F2.0
CARD NO : 1 COLUMN: 12- 13

(From questionnaire) NEXT ABOUT PHYSICAL
ACTIVITY, PHYSICAL EXERCISE AND PHYSICAL
RECREATION. LOOKING AT THE TOP HALF OF
THE NEXT WHITE CARD.(pause) IN THE LAST
TWO WEEKS, WHICH, IF ANY, OF THOSE ACTIVITIES
HAVE YOU, YOURSELF, DONE - IN THE LAST 2 WEEKS?
PLEASE SAY THE ACTIVITY AND ITS NUMBER.
WHICH OTHERS IN THE LAST 2 WEEKS?
ANY OTHERS?

This variable gives the total number of
activities of all types done by the respondent.

NUMBER OF TIMES ACTIVITIES WERE DONE

VAR 8 SPORTCLB AT SPORT CLUB /
LOCATION: 19 FORMAT: F2.0
CARD NO : 1 COLUMN: 19- 20

IN THE LAST TWO WEEKS, ABOUT HOW MANY OF THOSE
TIMES DID YOU PLAY/GO/DO (say activity) AS A
MEMBER OF A SPORTING CLUB OR ASSOCIATION, NOT
AT A HEALTH OR FITNESS CENTRE?

VAR 9 HLTHCNTR AT HEALTH CENTRE /
LOCATION: 21 FORMAT: F2.0
CARD NO : 1 COLUMN: 21- 22

IN THE LAST TWO WEEKS, ABOUT HOW MANY TIMES DID
YOU PLAY/GO/DO (say activity) AS A MEMBER OF A
HEALTH OR FITNESS CENTRE?

VAR 10 ALONE ALONE OR WITH FRIENDS /
LOCATION: 23 FORMAT: F2.0
CARD NO : 1 COLUMN: 23- 24

IN THE LAST TWO WEEKS, ABOUT HOW MANY TIMES DID
YOU PLAY/GO/DO (say activity) ALONE OR WITH
FRIENDS?

VAR 11 METVALUE METABOLIC VALUE /
LOCATION: 29 FORMAT: F6.0
CARD NO : 1 COLUMN: 29- 34

This is a measure of the total metabolic
value of all activities. The metabolic value
is equal to ACTSDONE X MINUTES X Mets value
for the activity (See Appendix B)

NUMBER OF TIMES ACTIVITIES WERE DONE

VAR 12 MINUTES TOTAL TIME IN MINUTES /
LOCATION: 35 FORMAT: F5.0
CARD NO : 1 COLUMN: 35- 39

IN THE LAST 2 WEEKS, ABOUT HOW MUCH TIME - IN
HOURS AND MINUTES - WAS INVOLVED ON AVERAGE,
EACH TIME YOU (read activity)?

DEMOGRAPHIC VARIABLES

VAR 13 AGE /
LOCATION: 41 FORMAT: A1
CARD NO : 1 COLUMN: 41- 41

184	5.3%	(1) 14-17
119	3.4%	(2) 18-19
347	10.0%	(3) 20-24
371	10.7%	(4) 25-29
402	11.5%	(5) 30-34
397	11.4%	(6) 35-39
287	8.2%	(7) 40-44
257	7.4%	(8) 45-49
252	7.2%	(9) 50-54
201	5.8%	(10) 55-59
228	6.5%	(11) 60-64
438	12.6%	(12) 65 PLUS

VAR 14 CTYBIRTH COUNTRY OF BIRTH /
LOCATION: 42 FORMAT: F1.0
CARD NO : 1 COLUMN: 42- 42

2748	78.9%	(1) AUSTRALIA
55	1.6%	(2) ASIA
4	0.1%	(3) CANADA
19	0.5%	(4) GREECE
47	1.3%	(5) ITALY
176	5.1%	(6) OTHER EUROPE
51	1.5%	(7) NEW ZEALAND
325	9.3%	(8) UNITED KINGDOM
7	0.2%	(9) USA
51	1.5%	(10) OTHER

 DEMOGRAPHIC VARIABLES

VAR 15 MARISTAT MARITAL STATUS /
 LOCATION: 43 FORMAT: A1
 CARD NO : 1 COLUMN: 43- 43

47	1.3%	(1) DE FACTO
2178	62.5%	(2) MARRIED
258	7.4%	(3) WIDOWED
135	3.9%	(4) DIVORCED
79	2.3%	(5) SEPARATED
745	21.4%	(6) SINGLE
21	0.6%	(7) ENGAGED
20	0.6%	(8) PLANNING TO MARRY

VAR 16 EDUSTAT EDUCATIONAL LEVEL /
 LOCATION: 44 FORMAT: A1
 CARD NO : 1 COLUMN: 44- 44

51	1.5%	(1) SOME PRIMARY
254	7.3%	(2) FINISHED PRIMARY
769	22.1%	(3) SOME SECONDARY
177	5.1%	(4) SOME TECHNICAL
736	21.1%	(5) SCHOOL CERTIFICATE
309	8.9%	(6) LEAVING CERTIFICATE
283	8.1%	(7) FINISHED TECHNICAL
194	5.6%	(8) FINISHED MATRIC OR HSC
181	5.2%	(9) SOME UNIVERSITY
193	5.5%	(10) TERTIARY DIPLOMA
55	1.6%	(11) NOW AT UNIVERSITY
281	8.1%	(12) DEGREE

- (1) SOME PRIMARY SCHOOL
- (2) FINISHED PRIMARY SCHOOL
- (3) SOME SECONDARY SCHOOL
- (4) SOME TECHNICAL OR COMMERCIAL
- (5) PASSED 4TH FORM, SCHOOL CERTIFICATE, INTERMEDIATE
- (6) COMPLETED FIFTH FORM, LEAVING CERTIFICATE
- (7) FINISHED COMMERCIAL OR TECHNICAL COLLEGE
- (8) FINISHED OR NOW STUDYING FOR MATRIC, HSC
- (9) SOME UNIVERSITY TRAINING
- (10) TERTIARY DIPLOMA, NOT UNIVERSITY
- (11) NOW AT UNIVERSITY
- (12) DEGREE

DEMOGRAPHIC VARIABLES

VAR	17	WORKSTAT	WORK STATUS	/
		LOCATION: 45	FORMAT: F1.0	
		CARD NO : 1	COLUMN: 45- 45	
		1565 44.9%	(1) FULL-TIME WORK	
		313 9.0%	(2) PART-TIME WORK	
		774 22.2%	(3) NOT LOOKING - HOME	
		51 1.5%	(4) NOT LOOKING - DONT WORK	
		122 3.5%	(5) LOOKING FOR FULL-TIME	
		55 1.6%	(6) LOOKING FOR PART-TIME	
		430 12.3%	(7) RETIRED	
		173 5.0%	(8) STUDENT	

VAR	18	INCOME1	ANNUAL INCOME IF WORKING	/
		LOCATION: 46	FORMAT: A1 CODE FOR MISSING 13	
		CARD NO : 1	COLUMN: 46- 46	
		156 8.3%	(1) UNDER \$6,000	
		74 3.9%	(2) \$6,000 TO 7,999	
		92 4.9%	(3) \$8,000 TO 9,999	
		173 9.2%	(4) \$10,000 TO 11,999	
		261 13.9%	(5) \$12,000 TO 14,999	
		416 22.2%	(6) \$15,000 TO 19,999	
		268 14.3%	(7) \$20,000 TO 24,999	
		215 11.4%	(8) \$25,000 TO 29,999	
		83 4.4%	(9) \$30,000 TO 34,999	
		51 2.7%	(10) \$35,000 TO 39,999	
		89 4.7%	(11) \$40,000 OR MORE	
		1605 -----	(13) MISSING	

VAR	19	OCCUPAT1	OCCUPATION OF RESPONDENT IF WORKING	/
		LOCATION: 47	FORMAT: A1 CODE FOR MISSING 13	
		CARD NO : 1	COLUMN: 47- 47	
		102 5.4%	(1) PROFESSIONAL	
		122 6.5%	(2) MANAGER	
		31 1.7%	(3) SMALL BUSINESS OWNER	
		800 42.6%	(4) WHITE COLLAR WORKER	
		337 17.9%	(5) SKILLED MANUAL	
		245 13.0%	(6) SEMI-SKILLED	
		134 7.1%	(7) UNSKILLED NOT FARM	
		79 4.2%	(8) FARMER, ETC	
		15 0.8%	(9) FARM WORKER, ETC	
		2 0.1%	(10) HOUSEWIFE, RET, UNEMP	
		1 0.1%	(11) PENSIONER	
		10 0.5%	(12) SERVICEMAN	
		1605 -----	(13) NOT APPLICABLE	

DEMOGRAPHIC VARIABLES

OCCUPAT1 (cont.)

- (1) PROFESSIONAL
- (2) MANAGER, LARGE BUSINESS OWNER
- (3) SMALL BUSINESS OWNER
- (4) WHITE COLLAR WORKER
- (5) SKILLED MANUAL
- (6) SEMI-SKILLED
- (7) UNSKILLED NOT FARM WORKER
- (8) FARMER, ETC
- (9) FARM WORKER, ETC
- (10) HOUSEWIFE, RETIRED, UNEMPLOYED
- (11) PENSIONER, NO PREVIOUS OCCUPATION
- (12) SERVICEMAN, NOT IN CATEGORIES 1 - 9

VAR 20 EMPLOYER /

LOCATION: 48 FORMAT: A1 CODE FOR MISSING 13

CARD NO : 1 COLUMN: 48- 48

614	32.7%	(1) PUBLIC SERVICE
1046	55.7%	(2) PRIVATE INDUSTRY
218	11.6%	(3) SELF-EMPLOYED
1605	-----	(13) NOT APPLICABLE

VAR 21 TVSETS NO OF TV SETS IN HOUSEHOLD /

LOCATION: 49 FORMAT: F1.0

CARD NO : 1 COLUMN: 49- 49

68	2.0%	(0) NONE
2129	61.1%	(1) ONE
981	28.2%	(2) TWO
247	7.1%	(3) THREE
48	1.4%	(4) FOUR
7	0.2%	(5) FIVE
1	0.0%	(6) SIX
1	0.0%	(7) SEVEN
1	0.0%	(9) NINE OR MORE

DEMOGRAPHIC VARIABLES

VAR 22 VCR OWN OR RENT VCR /
LOCATION: 50 FORMAT: F1.0
CARD NO : 1 COLUMN: 50- 50

68 2.0% (0) NO TV
1089 31.3% (1) OWN VCR
101 2.9% (2) RENT VCR
2225 63.9% (3) NO VCR

VAR 23 CHILDREN NO OF CHILDREN UNDER 16 /
LOCATION: 51 FORMAT: F1.0
CARD NO : 1 COLUMN: 51- 51

1920 55.1% (0) NONE
522 15.0% (1) ONE
661 19.0% (2) TWO
293 8.4% (3) THREE
62 1.8% (4) FOUR
17 0.5% (5) FIVE
3 0.1% (6) SIX
3 0.1% (7) SEVEN
1 0.0% (8) EIGHT
1 0.0% (9) NINE OR MORE

Column 52 has been multipunched and the results
spread in Card 9, Columns 52-63.

VAR 24 INCOME2 /
LOCATION: 53 FORMAT: A1 CODE FOR MISSING 13
CARD NO : 1 COLUMN: 53- 53

INCOME OF FULL-TIME WORKING RESPONDENT
NOT PART TIME

23 1.5% (1) UNDER \$6,000
34 2.2% (2) \$6,000 TO 7,999
54 3.5% (3) \$8,000 TO 9,999
111 7.1% (4) \$10,000 TO 11,999
242 15.5% (5) \$12,000 TO 14,999
392 25.0% (6) \$15,000 TO 19,999
288 18.4% (7) \$20,000 TO 24,999
204 13.0% (8) \$25,000 TO 29,999
79 5.0% (9) \$30,000 TO 34,999
50 3.2% (10) \$35,000 TO 39,999
88 5.6% (11) \$40,000 OR MORE
1918 ----- (13) NOT APPLICABLE

DEMOGRAPHIC VARIABLES

VAR 25 OCCUPAT2 /
LOCATION: 54 FORMAT: A1 CODE FOR MISSING 13
CARD NO : 1 COLUMN: 54- 54

OCCUPATION OF FULL TIME WORKING RESPONDENT
NOT PART TIME

92	5.9%	(1) PROFESSIONAL
115	7.3%	(2) MANAGER
29	1.9%	(3) SMALL BUSINESS OWNER
618	39.5%	(4) WHITE COLLAR WORKER
322	20.6%	(5) SKILLED MANUAL
215	13.7%	(6) SEMI-SKILLED
77	4.9%	(7) UNSKILLED NOT FARM
74	4.7%	(8) FARMER,ETC
10	0.6%	(9) FARM WORKER, ETC
2	0.1%	(10) HOUSEWIFE, RET, UNEMP
1	0.1%	(11) PENSIONER
10	0.6%	(12) SERVICEMAN
1918	-----	(13) NOT APPLICABLE

- (1) PROFESSIONAL
- (2) MANAGER, LARGE BUSINESS OWNER
- (3) SMALL BUSINESS OWNER
- (4) WHITE COLLAR WORKER
- (5) SKILLED MANUAL
- (6) SEMI-SKILLED
- (7) UNSKILLED NOT FARM WORKER
- (8) FARMER,ETC
- (9) FARM WORKER, ETC
- (10) HOUSEWIFE, RETIRED, UNEMPLOYED
- (11) PENSIONER, NO PREVIOUS OCCUPATION
- (12) SERVICEMAN, NOT IN CATEGORIES 1 - 9

VAR 26 EMPLOY2 /
LOCATION: 55 FORMAT: A1 CODE FOR MISSING 13
CARD NO : 1 COLUMN: 55- 55

EMPLOYER OF FULL TIME WORKING RESPONDENT

537	34.3%	(1) PUBLIC SERVICE
839	53.6%	(2) PRIVATE INDUSTRY
189	12.1%	(3) SELF-EMPLOYED
1918	-----	(13) NOT APPLICABLE

DEMOGRAPHIC VARIABLES

VAR	27	LIFECYCL	LIFECYCLE OF RESPONDENT	/
		LOCATION: 56	FORMAT: F1.0	
		CARD NO : 1	COLUMN: 56- 56	
		676 19.4%	(1) SINGLE, AGED 13 - 34	
		190 5.5%	(2) MARRIED,14-34 NO CH	
		557 16.0%	(3) MARRIED,14-34 CHILD	
		755 21.7%	(4) MARRIED,35 PLUS,CHI	
		860 24.7%	(5) MARRIED,35 PLUS,NO	
		445 12.8%	(6) SINGLE,35 PLUS	

VAR	28	GBLIFE	LIFE CYCLE OF GROCERY BUYER	/
		LOCATION: 57	FORMAT: A1	
		CARD NO : 1	COLUMN: 57- 57	
		427 12.3%	(1) UNDER 35,NO CHILDR	
		674 19.4%	(2) UNDER 35,CHILDREN	
		889 25.5%	(3) OVER 35,CHILDREN	
		1493 42.9%	(4) OVER 35,NO CHILD	

VAR	29	WRKLOOK	NO OF PEOPLE LOOKING FOR WORK	/
		LOCATION: 58	FORMAT: F1.0	
		CARD NO : 1	COLUMN: 58- 58	
		3337 95.8%	(0) NONE	
		120 3.4%	(1) ONE	
		22 0.6%	(2) TWO	
		4 0.1%	(3) THREE	

VAR	30	AGEREC	AGE GROUP BEFORE RECODE	/
		LOCATION: 60	FORMAT: A2	
		CARD NO : 1	COLUMN: 60- 61	

RECODED VALUES CAN BE FOUND IN COLUMN 41

DEMOGRAPHIC VARIABLES

AGEREC (cont.)

173	5.0%	(1)	14-15
265	7.6%	(2)	16-17
228	6.5%	(3)	18-19
119	3.4%	(4)	20-24
347	10.0%	(5)	25-29
371	10.7%	(6)	30-34
402	11.5%	(7)	35-39
397	11.4%	(8)	40-44
287	8.2%	(9)	45-49
257	7.4%	(10)	50-54
252	7.2%	(11)	55-59
201	5.8%	(12)	60-64
88	2.5%	(13)	65-69
96	2.8%	(14)	70 PLUS

VAR 31 ADULTS NO OF ADULTS IN HOUSEHOLD /
 LOCATION: 62 FORMAT: F1.0
 CARD NO : 1 COLUMN: 62- 62

459	13.2%	(1)	ONE
2007	57.6%	(2)	TWO
593	17.0%	(3)	THREE
298	8.6%	(4)	FOUR
99	2.8%	(5)	FIVE
22	0.6%	(6)	SIX
4	0.1%	(7)	SEVEN
1	0.0%	(8)	EIGHT

VAR 32 PEOPLE NO OF PEOPLE IN HOUSEHOLD /
 LOCATION: 63 FORMAT: F1.0
 CARD NO : 1 COLUMN: 63- 63

382	11.0%	(1)	ONE
957	27.5%	(2)	TWO
642	18.4%	(3)	THREE
837	24.0%	(4)	FOUR
462	13.3%	(5)	FIVE
138	4.0%	(6)	SIX
34	1.0%	(7)	SEVEN
14	0.4%	(8)	EIGHT
17	0.5%	(9)	NINE OR MORE

DEMOGRAPHIC VARIABLES

VAR 33 TELEPHON TELEPHONE IN HOUSEHOLD /
LOCATION: 64 FORMAT: A1
CARD NO : 1 COLUMN: 64- 64

2903 83.3% (1) YES, NUMBER GIVEN
86 2.5% (2) WONT SAY IF PHONE
174 5.0% (3) YES WONT SAY NUMBER
320 9.2% (4) NO PHONE

VAR 34 SEX /
LOCATION: 65 FORMAT: F1.0
CARD NO : 1 COLUMN: 65- 65

1661 47.7% (1) MAN
1822 52.3% (2) WOMAN

VAR 35 GBRESP RESPONDENT IS GROCERY BUYER /
LOCATION: 66 FORMAT: F1.0 CODE FOR MISSING 0
CARD NO : 1 COLUMN: 66- 66

IS RESPONDENT MAIN GROCERY BUYER OF HOUSEHOLD?

1902 54.6% (1) USUALLY
1041 29.9% (2) SOMETIMES
538 15.5% (3) NEVER
2 ----- (4) MISSING

VAR 36 GBSEX SEX OF GROCERY BUYER /
LOCATION: 67 FORMAT: A1
CARD NO : 1 COLUMN: 67- 67

2961 85.0% (1) WOMAN
522 15.0% (2) MAN

VAR 37 GBAGE AGE OF GROCERY BUYER /
LOCATION: 68 FORMAT: A1
CARD NO : 1 COLUMN: 68- 68

14 0.4% (1) 14-17
36 1.0% (2) 18-19
255 7.3% (3) 20-24

DEMOGRAPHIC VARIABLES

GBAGE (cont.)

368	10.6%	(4) 25-29
428	12.3%	(5) 30-34
441	12.7%	(6) 35-39
420	12.1%	(7) 40-44
321	9.2%	(8) 45-49
319	9.2%	(9) 50-54
233	6.7%	(10) 55-59
245	7.0%	(11) 60-64
403	11.6%	(12) 65 PLUS

VAR	38	GBWORK	WORK STATUS OF GROCERY BUYER	/
		LOCATION: 69	FORMAT: F1.0	
		CARD NO : 1	COLUMN: 69- 69	
		975	28.0%	(1) FULL TIME
		526	15.1%	(2) PART TIME
		1537	44.1%	(3) HOME DUTIES
		445	12.8%	(4) DONT WORK

VAR	39	RMIE	RESPONDENT MAIN INCOME EARNER	/
		LOCATION: 70	FORMAT: F1.0	
		CARD NO : 1	COLUMN: 70- 70	

IS RESPONDENT MAIN INCOME EARNER OF HOUSEHOLD?

1892	54.3%	(1) YES
1591	45.7%	(2) NO

VAR	40	MIEOCC	MAIN INCOME EARNER'S OCCUPATION	/
		LOCATION: 71	FORMAT: A1	
		CARD NO : 1	COLUMN: 71- 71	

182	5.2%	(1) PROFESSIONAL
223	6.4%	(2) MANAGER
100	2.9%	(3) SMALL BUSINESS OWNER
1035	29.7%	(4) WHITE COLLAR WORKER
823	23.6%	(5) SKILLED MANUAL
505	14.5%	(6) SEMI-SKILLED
252	7.2%	(7) UNSKILLED NOT FARM
221	6.3%	(8) FARMER,ETC
32	0.9%	(9) FARM WORKER, ETC
75	2.2%	(10) HOUSEWIFE, RET, UNEMP
17	0.5%	(11) PENSIONER
18	0.5%	(12) SERVICEMAN

DEMOGRAPHIC VARIABLES

MIEOCC (cont.)

- (1) PROFESSIONAL
- (2) MANAGER, LARGE BUSINESS OWNER
- (3) SMALL BUSINESS OWNER
- (4) WHITE COLLAR WORKER
- (5) SKILLED MANUAL
- (6) SEMI-SKILLED
- (7) UNSKILLED NOT FARM WORKER
- (8) FARMER, ETC
- (9) FARM WORKER, ETC
- (10) HOUSEWIFE, RETIRED, UNEMPLOYED
- (11) PENSIONER, NO PREVIOUS OCCUPATION
- (12) SERVICEMAN, NOT IN CATEGORIES 1 - 9

VAR	41	MIEINC	INCOME OF MAIN INCOME EARNER	/
		LOCATION: 72	FORMAT: A1	
		CARD NO : 1	COLUMN: 72- 72	
		383	11.0%	(1) UNDER \$6,000
		167	4.8%	(2) \$6,000 TO 7,999
		119	3.4%	(3) \$8,000 TO 9,999
		237	6.8%	(4) \$10,000 TO 11,999
		452	13.0%	(5) \$12,000 TO 14,999
		711	20.4%	(6) \$15,000 TO 19,999
		546	15.7%	(7) \$20,000 TO 24,999
		407	11.7%	(8) \$25,000 TO 29,999
		205	5.9%	(9) \$30,000 TO 34,999
		101	2.9%	(10) \$35,000 TO 39,999
		155	4.5%	(11) \$40,000 OR MORE

VAR	42	ELECTROL	ON FEDERAL ELECTORAL ROLL	/
		LOCATION: 73	FORMAT: A1	
		CARD NO : 1	COLUMN: 73- 73	
		3157	90.6%	(1) YES
		326	9.4%	(2) NO

DEMOGRAPHIC VARIABLES

VAR 43 RELIGION /
LOCATION: 74 FORMAT: F1.0
CARD NO : 1 COLUMN: 74- 74

923	26.5%	(1) CATHOLIC
1071	30.7%	(2) ANGLICAN
211	6.1%	(3) PRESBYTERIAN
236	6.8%	(4) UNITING
65	1.9%	(5) BAPTIST
121	3.5%	(6) METHODIST
309	8.9%	(7) OTHER CHRISTIAN
40	1.1%	(8) NONCHRISTIAN
469	13.5%	(9) NO RELIGION
38	1.1%	(10) WOULDND'T SAY

VAR 44 FTWORKRS /
LOCATION: 75 FORMAT: F1.0
CARD NO : 1 COLUMN: 75- 75

NUMBER OF (OTHER) FULL TIME WORKERS IN HOUSEHOLD

1707	49.0%	(0) NONE
1315	37.8%	(1) ONE
333	9.6%	(2) TWO
100	2.9%	(3) THREE
25	0.7%	(4) FOUR
2	0.1%	(5) FIVE
1	0.0%	(6) SIX

VAR 45 PTWORKRS /
LOCATION: 76 FORMAT: F1.0
CARD NO : 1 COLUMN: 76- 76

NUMBER OF (OTHER) PART TIME WORKERS IN HOUSEHOLD

3055	87.7%	(0) NONE
382	11.0%	(1) ONE
40	1.1%	(2) TWO
5	0.1%	(3) THREE
1	0.0%	(4) FOUR

DEMOGRAPHIC VARIABLES

VAR 46 TYPEDWEL TYPE OF DWELLING /
LOCATION: 77 FORMAT: F1.0
CARD NO : 1 COLUMN: 77- 77

3092	88.8%	(1) SEPARATE HOUSE
86	2.5%	(2) SEMI DETACHED OR TERRACE HOUSE
2	0.1%	(3) FLAT ATTACHED TO SHOP
31	0.9%	(4) VILLA UNIT
247	7.1%	(5) FLAT IN BLOCK
22	0.6%	(6) FLAT - PART OF HOUSE
3	0.1%	(7) OTHER

VAR 47 CITYTYPE SIZE OF CITY OR TOWN /
LOCATION: 78 FORMAT: F1.0
CARD NO : 1 COLUMN: 78- 78

2090	60.0%	(0) CAPITAL CITY
78	2.2%	(1) UNDER 1000 PEOPLE
370	10.6%	(2) 1000 TO 4999
199	5.7%	(3) 5000 TO 9999
306	8.8%	(4) 10000 TO 24999
126	3.6%	(5) 25000 TO 49999
314	9.0%	(6) 50000 OR MORE

VAR 48 CARDNO1 CARD NUMBER 1 /
LOCATION: 80 FORMAT: F1.0
CARD NO : 1 COLUMN: 80- 80

VAR 49 STATE2 STATE IDENTIFICATION ON CARD 2 /
LOCATION: 1 FORMAT: A1
CARD NO : 2 COLUMN: 1- 1

VAR 50 IDENTNO2 IDENTIFICATION NO ON CARD 2 /
LOCATION: 2 FORMAT: F8.0
CARD NO : 2 COLUMN: 2- 9

THESE TWO VARIABLES TOGETHER COINCIDE WITH
THE FIRST NINE COLUMNS OF CARD 1

ACTIVITY DETAILS OF FIRST ACTIVITY

VAR 51 ACTNO1 NAME OF FIRST ACTIVITY LISTED /
 LOCATION: 10 FORMAT: F2.0
 CARD NO : 2 COLUMN: 10- 11

1014	29.1%	(0) NO ACTIVITY GIVEN
934	26.8%	(1) WALKING
125	3.6%	(2) JOGGING
134	3.8%	(3) AEROBICS
456	13.1%	(4) SWIMMING
160	4.6%	(5) BICYCLING
50	1.4%	(6) NETBALL BASKETBALL
123	3.5%	(7) GOLF
123	3.5%	(8) TENNIS
14	0.4%	(9) ATHLETICS
38	1.1%	(10) TABLETENNIS
88	2.5%	(11) SAILING BOATING
159	4.6%	(12) FOOTBALL CRICKET
29	0.8%	(13) SKIING SKATING
36	1.0%	(14) OTHER

VAR 52 NOTIMES1 NO OF TIMES ACTIVITY DONE /
 LOCATION: 12 FORMAT: F2.0
 CARD NO : 2 COLUMN: 12- 13

IN THE LAST TWO WEEKS, ABOUT HOW MANY TIMES
 ALTOGETHER HAVE YOU, YOURSELF, PLAYED/BEEN/
 DONE (say first activity) IN THE LAST TWO
 WEEKS?

VAR 53 TIME1 TIME TAKEN IN HOURS AND MINUTES /
 LOCATION: 14 FORMAT: F4.0
 CARD NO : 2 COLUMN: 14- 17

IN THE LAST TWO WEEKS, ABOUT HOW MUCH TIME -
 IN HOURS AND MINUTES - WAS INVOLVED ON AVERAGE,
 EACH TIME YOU (say activity)?

VAR 54 VIGOR1 LEVEL OF VIGOR /
 LOCATION: 18 FORMAT: F1.0
 CARD NO : 2 COLUMN: 18- 18

WHEN YOU PLAY/GO/DO (say activity), WOULD YOU
 SAY YOU USUALLY ARE VERY VIGOROUS, FAIRLY
 VIGOROUS, NOT VERY VIGOROUS, OR NOT AT ALL
 VIGOROUS?

ACTIVITY DETAILS OF FIRST ACTIVITY

VIGOR1 (cont.)

1014	29.1%	(0) NO ACTIVITY
294	8.4%	(1) VERY VIGOROUS
1073	30.8%	(2) FAIRLY VIGOROUS
860	24.7%	(3) NOT VERY VIGOROUS
206	5.9%	(4) NOT AT ALL VIGOROUS
36	1.0%	(5) CAN'T SAY

VAR 55 SPTCLB1 NO OF TIMES AT SPORTING CLUB /
LOCATION: 19 FORMAT: F2.0
CARD NO : 2 COLUMN: 19- 20

VAR 56 HLTHCNT1 NO OF TIMES AT HEALTH CENTRE /
LOCATION: 21 FORMAT: F2.0
CARD NO : 2 COLUMN: 21- 22

VAR 57 ALONE1 NO OF TIMES ALONE OR WITH FRIENDS /
LOCATION: 23 FORMAT: F2.0
CARD NO : 2 COLUMN: 23- 24

VAR 58 METVAL1 METABOLIC VALUE OF ACTIVITY /
LOCATION: 30 FORMAT: F5.0
CARD NO : 2 COLUMN: 30- 34

See Appendix C

VAR 59 MINUTES1 TOTAL TIME IN MINUTES OF ACTIVITY /
LOCATION: 35 FORMAT: F5.0
CARD NO : 2 COLUMN: 35- 39

VAR 60 CARDNO2 CARD NUMBER 2 /
LOCATION: 80 FORMAT: F1.0
CARD NO : 2 COLUMN: 80- 80

ACTIVITY DETAILS OF FIRST ACTIVITY

VAR 61 STATE3 STATE IDENTIFICATION ON CARD 3 /
LOCATION: 1 FORMAT: A1
CARD NO : 3 COLUMN: 1- 1

VAR 62 IDENTNO3 IDENTIFICATION NO ON CARD 3 /
LOCATION: 2 FORMAT: F8.0
CARD NO : 3 COLUMN: 2- 9

THESE TWO VARIABLES TOGETHER COINCIDE WITH
THE FIRST NINE COLUMNS OF CARD 1

ACTIVITY DETAILS OF SECOND ACTIVITY

VAR 63 ACTNO2 NAME OF SECOND ACTIVITY LISTED /
LOCATION: 10 FORMAT: F2.0
CARD NO : 3 COLUMN: 10- 11

2099	60.3%	(0) NO ACTIVITY GIVEN
317	9.1%	(1) WALKING
147	4.2%	(2) JOGGING
153	4.4%	(3) AEROBICS
297	8.5%	(4) SWIMMING
100	2.9%	(5) BICYCLING
16	0.5%	(6) NETBALL BASKETBALL
49	1.4%	(7) GOLF
66	1.9%	(8) TENNIS
9	0.3%	(9) ATHLETICS
39	1.1%	(10) TABLETENNIS
60	1.7%	(11) SAILING BOATING
86	2.5%	(12) FOOTBALL CRICKET
16	0.5%	(13) SKIING SKATING
29	0.8%	(14) OTHER

VAR 64 NOTIMES2 NO OF TIMES ACTIVITY DONE /
LOCATION: 12 FORMAT: F2.0
CARD NO : 3 COLUMN: 12- 13

IN THE LAST TWO WEEKS, ABOUT HOW MANY TIMES
ALTOGETHER HAVE YOU, YOURSELF, PLAYED/BEEN/
DONE (say second activity) IN THE LAST TWO
WEEKS?

ACTIVITY DETAILS OF SECOND ACTIVITY

VAR 65 TIME2 TIME TAKEN IN HOURS AND MINUTES /
LOCATION: 14 FORMAT: F4.0
CARD NO : 3 COLUMN: 14- 17

IN THE LAST TWO WEEKS, ABOUT HOW MUCH TIME -
IN HOURS AND MINUTES - WAS INVOLVED ON AVERAGE,
EACH TIME YOU (say activity)?

VAR 66 VIGOR2 LEVEL OF VIGOR /
LOCATION: 18 FORMAT: F1.0
CARD NO : 3 COLUMN: 18- 18

WHEN YOU PLAY/GO/DO (say activity), WOULD YOU
SAY YOU USUALLY ARE VERY VIGOROUS, FAIRLY
VIGOROUS, NOT VERY VIGOROUS, OR NOT AT ALL
VIGOROUS?

2099	60.3%	(0) NO ACTIVITY
244	7.0%	(1) VERY VIGOROUS
548	15.7%	(2) FAIRLY VIGOROUS
494	14.2%	(3) NOT VERY VIGOROUS
68	2.0%	(4) NOT AT ALL VIGOROUS
30	0.9%	(5) CAN'T SAY

VAR 67 SPTCLB2 NO OF TIMES AT SPORTING CLUB /
LOCATION: 19 FORMAT: F2.0
CARD NO : 3 COLUMN: 19- 20

VAR 68 HLTHCNT2 NO OF TIMES AT HEALTH CENTRE /
LOCATION: 21 FORMAT: F2.0
CARD NO : 3 COLUMN: 21- 22

VAR 69 ALONE2 NO OF TIMES ALONE OR WITH FRIENDS /
LOCATION: 23 FORMAT: F2.0
CARD NO : 3 COLUMN: 23- 24

VAR 70 METVAL2 METABOLIC VALUE OF ACTIVITY /
LOCATION: 30 FORMAT: F5.0
CARD NO : 3 COLUMN: 30- 34

See Appendix C

ACTIVITY DETAILS OF SECOND ACTIVITY

VAR 71 MINUTES2 TOTAL TIME IN MINUTES OF ACTIVITY /
LOCATION: 35 FORMAT: F5.0
CARD NO : 3 COLUMN: 35- 39

VAR 72 CARDNO3 CARD NUMBER 3 /
LOCATION: 80 FORMAT: F1.0
CARD NO : 3 COLUMN: 80- 80

VAR 73 STATE4 STATE IDENTIFICATION ON CARD 4 /
LOCATION: 1 FORMAT: A1
CARD NO : 4 COLUMN: 1- 1

VAR 74 IDENTNO4 IDENTIFICATION NO ON CARD 4 /
LOCATION: 2 FORMAT: F8.0
CARD NO : 4 COLUMN: 2- 9

THESE TWO VARIABLES TOGETHER COINCIDE WITH
THE FIRST NINE COLUMNS OF CARD 1

ACTIVITY DETAILS OF THIRD ACTIVITY

VAR 75 ACTNO3 NAME OF THIRD ACTIVITY LISTED /
LOCATION: 10 FORMAT: F2.0
CARD NO : 4 COLUMN: 10- 11

2734	78.5%	(0) NO ACTIVITY GIVEN
119	3.4%	(1) WALKING
62	1.8%	(2) JOGGING
85	2.4%	(3) AEROBICS
146	4.2%	(4) SWIMMING
52	1.5%	(5) BICYCLING
6	0.2%	(6) NETBALL BASKETBALL
28	0.8%	(7) GOLF
54	1.6%	(8) TENNIS
10	0.3%	(9) ATHLETICS
29	0.8%	(10) TABLETENNIS
35	1.0%	(11) SAILING BOATING
71	2.0%	(12) FOOTBALL CRICKET
18	0.5%	(13) SKIING SKATING
34	1.0%	(14) OTHER

ACTIVITY DETAILS OF THIRD ACTIVITY

VAR 76 NOTIMES3 NO OF TIMES ACTIVITY DONE /
LOCATION: 12 FORMAT: F2.0
CARD NO : 4 COLUMN: 12- 13

IN THE LAST TWO WEEKS, ABOUT HOW MANY TIMES
ALTOGETHER HAVE YOU, YOURSELF, PLAYED/BEEN/
DONE (say third activity) IN THE LAST TWO
WEEKS?

VAR 77 TIME3 TIME TAKEN IN HOURS AND MINUTES /
LOCATION: 14 FORMAT: F4.0
CARD NO : 4 COLUMN: 14- 17

IN THE LAST TWO WEEKS, ABOUT HOW MUCH TIME -
IN HOURS AND MINUTES - WAS INVOLVED ON AVERAGE,
EACH TIME YOU (say activity)?

VAR 78 VIGOR3 LEVEL OF VIGOR /
LOCATION: 18 FORMAT: F1.0
CARD NO : 4 COLUMN: 18- 18

WHEN YOU PLAY/GO/DO (say activity), WOULD YOU
SAY YOU USUALLY ARE VERY VIGOROUS, FAIRLY
VIGOROUS, NOT VERY VIGOROUS, OR NOT AT ALL
VIGOROUS?

2734	78.5%	(0) NO ACTIVITY
175	5.0%	(1) VERY VIGOROUS
287	8.2%	(2) FAIRLY VIGOROUS
229	6.6%	(3) NOT VERY VIGOROUS
44	1.3%	(4) NOT AT ALL VIGOROUS
14	0.4%	(5) CAN'T SAY

ACTIVITY DETAILS OF THIRD ACTIVITY

VAR 79 SPTCLB3 NO OF TIMES AT SPORTING CLUB /
LOCATION: 19 FORMAT: F2.0
CARD NO : 4 COLUMN: 19- 20

VAR 80 HLTHCNT3 NO OF TIMES AT HEALTH CENTRE /
LOCATION: 21 FORMAT: F2.0
CARD NO : 4 COLUMN: 21- 22

VAR 81 ALONE3 NO OF TIMES ALONE OR WITH FRIENDS /
LOCATION: 23 FORMAT: F2.0
CARD NO : 4 COLUMN: 23- 24

VAR 82 METVAL3 METABOLIC VALUE OF ACTIVITY /
LOCATION: 30 FORMAT: F5.0
CARD NO : 4 COLUMN: 30- 34

See Appendix C

VAR 83 MINUTES3 TOTAL TIME IN MINUTES OF ACTIVITY /
LOCATION: 35 FORMAT: F5.0
CARD NO : 4 COLUMN: 35- 39

VAR 84 CARDNO4 CARD NUMBER 4 /
LOCATION: 80 FORMAT: F1.0
CARD NO : 4 COLUMN: 80- 80

VAR 85 STATES5 STATE IDENTIFICATION ON CARD 5 /
LOCATION: 1 FORMAT: A1
CARD NO : 5 COLUMN: 1- 1

ACTIVITY DETAILS OF THIRD ACTIVITY

VAR 86 IDENTNO5 IDENTIFICATION NO ON CARD 5 /
LOCATION: 2 FORMAT: F8.0
CARD NO : 5 COLUMN: 2- 9

THESE TWO VARIABLES TOGETHER COINCIDE WITH
THE FIRST NINE COLUMNS OF CARD 1

ACTIVITY DETAILS OF FOURTH ACTIVITY

VAR 87 ACTNO4 NAME OF FOURTH ACTIVITY LISTED /
LOCATION: 10 FORMAT: F2.0
CARD NO : 5 COLUMN: 10- 11

3132	89.9%	(0) NO ACTIVITY GIVEN
47	1.3%	(1) WALKING
32	0.9%	(2) JOGGING
33	0.9%	(3) AEROBICS
41	1.2%	(4) SWIMMING
38	1.1%	(5) BICYCLING
11	0.3%	(6) NETBALL BASKETBALL
14	0.4%	(7) GOLF
27	0.8%	(8) TENNIS
7	0.2%	(9) ATHLETICS
13	0.4%	(10) TABLETENNIS
31	0.9%	(11) SAILING BOATING
36	1.0%	(12) FOOTBALL CRICKET
10	0.3%	(13) SKIING SKATING
11	0.3%	(14) OTHER

VAR 88 NOTIMES4 NO OF TIMES ACTIVITY DONE /
LOCATION: 12 FORMAT: F2.0
CARD NO : 5 COLUMN: 12- 13

IN THE LAST TWO WEEKS, ABOUT HOW MANY TIMES
ALTOGETHER HAVE YOU, YOURSELF, PLAYED/BEEN/
DONE (say fourth activity) IN THE LAST TWO
WEEKS?

ACTIVITY DETAILS OF FOURTH ACTIVITY

VAR 89 TIME4 TIME TAKEN IN HOURS AND MINUTES /
LOCATION: 14 FORMAT: F4.0
CARD NO : 5 COLUMN: 14- 17

IN THE LAST TWO WEEKS, ABOUT HOW MUCH TIME -
IN HOURS AND MINUTES - WAS INVOLVED ON AVERAGE,
EACH TIME YOU (say activity)?

VAR 90 VIGOR4 LEVEL OF VIGOR /
LOCATION: 18 FORMAT: F1.0
CARD NO : 5 COLUMN: 18- 18

WHEN YOU PLAY/GO/DO (say activity), WOULD YOU
SAY YOU USUALLY ARE VERY VIGOROUS, FAIRLY
VIGOROUS, NOT VERY VIGOROUS, OR NOT AT ALL
VIGOROUS?

3132	89.9%	(0) NO ACTIVITY
114	3.3%	(1) VERY VIGOROUS
120	3.4%	(2) FAIRLY VIGOROUS
81	2.3%	(3) NOT VERY VIGOROUS
25	0.7%	(4) NOT AT ALL VIGOROUS
11	0.3%	(5) CAN'T SAY

VAR 91 SPTCLB4 NO OF TIMES AT SPORTING CLUB /
LOCATION: 19 FORMAT: F2.0
CARD NO : 5 COLUMN: 19- 20

VAR 92 HLTHCNT4 NO OF TIMES AT HEALTH CENTRE /
LOCATION: 21 FORMAT: F2.0
CARD NO : 5 COLUMN: 21- 22

VAR 93 ALONE4 NO OF TIMES ALONE OR WITH FRIENDS /
LOCATION: 23 FORMAT: F2.0
CARD NO : 5 COLUMN: 23- 24

ACTIVITY DETAILS OF FOURTH ACTIVITY

VAR 94 METVAL4 METABOLIC VALUE OF ACTIVITY /
LOCATION: 30 FORMAT: F5.0
CARD NO : 5 COLUMN: 30- 34

See Appendix C

VAR 95 MINUTES4 TOTAL TIME IN MINUTES OF ACTIVITY /
LOCATION: 35 FORMAT: F5.0
CARD NO : 5 COLUMN: 35- 39

VAR 96 CARDNO5 CARD NUMBER 5 /
LOCATION: 80 FORMAT: F1.0
CARD NO : 5 COLUMN: 80- 80

VAR 97 STATE6 STATE IDENTIFICATION ON CARD 6 /
LOCATION: 1 FORMAT: A1
CARD NO : 6 COLUMN: 1- 1

VAR 98 IDENTNO6 IDENTIFICATION NO ON CARD 6 /
LOCATION: 2 FORMAT: F8.0
CARD NO : 6 COLUMN: 2- 9

THESE TWO VARIABLES TOGETHER COINCIDE WITH
THE FIRST NINE COLUMNS OF CARD 1

ACTIVITY DETAILS OF FIFTH ACTIVITY

VAR 99 ACTNO5 NAME OF FIFTH ACTIVITY LISTED /
LOCATION: 10 FORMAT: F2.0
CARD NO : 6 COLUMN: 10- 11

3328 95.5% (0) NO ACTIVITY GIVEN
14 0.4% (1) WALKING
10 0.3% (2) JOGGING
19 0.5% (3) AEROBICS

ACTIVITY DETAILS OF FIFTH ACTIVITY

ACTN05 (cont.)

21	0.6%	(4) SWIMMING
13	0.4%	(5) BICYCLING
4	0.1%	(6) NETBALL BASKETBALL
6	0.2%	(7) GOLF
13	0.4%	(8) TENNIS
4	0.1%	(9) ATHLETICS
6	0.2%	(10) TABLETENNIS
9	0.3%	(11) SAILING BOATING
25	0.7%	(12) FOOTBALL CRICKET
4	0.1%	(13) SKIING SKATING
7	0.2%	(14) OTHER

VAR 100 NOTIMES5 NO OF TIMES ACTIVITY DONE /
LOCATION: 12 FORMAT: F2.0
CARD NO : 6 COLUMN: 12- 13

IN THE LAST TWO WEEKS, ABOUT HOW MANY TIMES
ALTOGETHER HAVE YOU, YOURSELF, PLAYED/BEEN/
DONE (say fifth activity) IN THE LAST TWO
WEEKS?

VAR 101 TIME5 TIME TAKEN IN HOURS AND MINUTES /
LOCATION: 14 FORMAT: F4.0
CARD NO : 6 COLUMN: 14- 17

IN THE LAST TWO WEEKS, ABOUT HOW MUCH TIME -
IN HOURS AND MINUTES - WAS INVOLVED ON AVERAGE,
EACH TIME YOU (say activity)?

VAR 102 VIGOR5 LEVEL OF VIGOR /
LOCATION: 18 FORMAT: F1.0
CARD NO : 6 COLUMN: 18- 18

WHEN YOU PLAY/GO/DO (say activity), WOULD YOU
SAY YOU USUALLY ARE VERY VIGOROUS, FAIRLY
VIGOROUS, NOT VERY VIGOROUS, OR NOT AT ALL
VIGOROUS?

3328	95.5%	(0) NO ACTIVITY
55	1.6%	(1) VERY VIGOROUS
50	1.4%	(2) FAIRLY VIGOROUS
38	1.1%	(3) NOT VERY VIGOROUS
6	0.2%	(4) NOT AT ALL VIGOROUS
6	0.2%	(5) CAN'T SAY

ACTIVITY DETAILS OF FIFTH ACTIVITY

VAR 103 SPTCLB5 NO OF TIMES AT SPORTING CLUB /
LOCATION: 19 FORMAT: F2.0
CARD NO : 6 COLUMN: 19- 20

VAR 104 HLTHCNT5 NO OF TIMES AT HEALTH CENTRE /
LOCATION: 21 FORMAT: F2.0
CARD NO : 6 COLUMN: 21- 22

VAR 105 ALONE5 NO OF TIMES ALONE OR WITH FRIENDS /
LOCATION: 23 FORMAT: F2.0
CARD NO : 6 COLUMN: 23- 24

VAR 106 METVAL5 METABOLIC VALUE OF ACTIVITY /
LOCATION: 30 FORMAT: F5.0
CARD NO : 6 COLUMN: 30- 34

See Appendix C

VAR 107 MINUTES5 TOTAL TIME IN MINUTES OF ACTIVITY /
LOCATION: 35 FORMAT: F5.0
CARD NO : 6 COLUMN: 35- 39

VAR 108 CARDNO6 CARD NUMBER 6 /
LOCATION: 80 FORMAT: F1.0
CARD NO : 6 COLUMN: 80- 80

VAR 109 STATE7 STATE IDENTIFICATION ON CARD 7 /
LOCATION: 1 FORMAT: A1
CARD NO : 7 COLUMN: 1- 1

ACTIVITY DETAILS OF FIFTH ACTIVITY

VAR 110 IDENTNO7 IDENTIFICATION NO ON CARD 7 /
LOCATION: 2 FORMAT: F8.0
CARD NO : 7 COLUMN: 2- 9

THESE TWO VARIABLES TOGETHER COINCIDE WITH
THE FIRST NINE COLUMNS OF CARD 1

ACTIVITY DETAILS OF SIXTH ACTIVITY

VAR 111 ACTNO6 NAME OF SIXTH ACTIVITY LISTED /
LOCATION: 10 FORMAT: F2.0
CARD NO : 7 COLUMN: 10- 11

3414	98.0%	(0) NO ACTIVITY GIVEN
5	0.1%	(1) WALKING
5	0.1%	(2) JOGGING
8	0.2%	(3) AEROBICS
5	0.1%	(4) SWIMMING
5	0.1%	(5) BICYCLING
1	0.0%	(6) NETBALL BASKETBALL
1	0.0%	(7) GOLF
7	0.2%	(8) TENNIS
3	0.1%	(10) TABLETENNIS
11	0.3%	(11) SAILING BOATING
10	0.3%	(12) FOOTBALL CRICKET
6	0.2%	(13) SKIING SKIING SKATING
2	0.1%	(14) OTHER

VAR 112 NOTIMES6 NO OF TIMES ACTIVITY DONE /
LOCATION: 12 FORMAT: F2.0
CARD NO : 7 COLUMN: 12- 13

IN THE LAST TWO WEEKS, ABOUT HOW MANY TIMES
ALTOGETHER HAVE YOU, YOURSELF, PLAYED/BEEN/
DONE (say sixth activity) IN THE LAST TWO
WEEKS?

ACTIVITY DETAILS OF SIXTH ACTIVITY

VAR 113 TIME6 TIME TAKEN IN HOURS AND MINUTES /
LOCATION: 14 FORMAT: F4.0
CARD NO : 7 COLUMN: 14- 17

IN THE LAST TWO WEEKS, ABOUT HOW MUCH TIME -
IN HOURS AND MINUTES - WAS INVOLVED ON AVERAGE,
EACH TIME YOU (say activity)?

VAR 114 VIGOR6 LEVEL OF VIGOR /
LOCATION: 18 FORMAT: F1.0
CARD NO : 7 COLUMN: 18- 18

WHEN YOU PLAY/GO/DO (say activity), WOULD YOU
SAY YOU USUALLY ARE VERY VIGOROUS, FAIRLY
VIGOROUS, NOT VERY VIGOROUS, OR NOT AT ALL
VIGOROUS?

3414	98.0%	(0) NO ACTIVITY
21	0.6%	(1) VERY VIGOROUS
22	0.6%	(2) FAIRLY VIGOROUS
20	0.6%	(3) NOT VERY VIGOROUS
4	0.1%	(4) NOT AT ALL VIGOROUS
2	0.1%	(5) CAN'T SAY

VAR 115 SPTCLB6 NO OF TIMES AT SPORTING CLUB /
LOCATION: 19 FORMAT: F2.0
CARD NO : 7 COLUMN: 19- 20

VAR 116 HLTHCNT6 NO OF TIMES AT HEALTH CENTRE /
LOCATION: 21 FORMAT: F2.0
CARD NO : 7 COLUMN: 21- 22

VAR 117 ALONE6 NO OF TIMES ALONE OR WITH FRIENDS /
LOCATION: 23 FORMAT: F2.0
CARD NO : 7 COLUMN: 23- 24

VAR 118 METVAL6 METABOLIC VALUE OF ACTIVITY /
LOCATION: 30 FORMAT: F5.0
CARD NO : 7 COLUMN: 30- 34

ACTIVITY DETAILS OF SIXTH ACTIVITY

See Appendix C

VAR 119 MINUTES6 TOTAL TIME IN MINUTES OF ACTIVITY ✓
LOCATION: 35 FORMAT: F5.0
CARD NO : 7 COLUMN: 35- 39

VAR 120 CARDNO7 CARD NUMBER 7 /
LOCATION: 80 FORMAT: F1.0
CARD NO : 7 COLUMN: 80- 80

VAR 121 STATE8 STATE IDENTIFICATION ON CARD 8 /
LOCATION: 1 FORMAT: A1
CARD NO : 8 COLUMN: 1- 1

VAR 122 IDENTNO8 IDENTIFICATION NO ON CARD 8 /
LOCATION: 2 FORMAT: F8.0
CARD NO : 8 COLUMN: 2- 9

THESE TWO VARIABLES TOGETHER COINCIDE WITH
THE FIRST NINE COLUMNS OF CARD 1

ACTIVITY DETAILS OF SEVENTH ACTIVITY

VAR 123 ACTNO7 NAME OF SEVENTH ACTIVITY LISTED /
LOCATION: 10 FORMAT: F2.0
CARD NO : 8 COLUMN: 10- 11

3454	99.2%	(0) NO ACTIVITY GIVEN
5	0.1%	(1) WALKING
3	0.1%	(2) JOGGING
4	0.1%	(4) SWIMMING
3	0.1%	(5) BICYCLING
1	0.0%	(6) NETBALL BASKETBALL
1	0.0%	(7) GOLF
3	0.1%	(8) TENNIS
1	0.0%	(9) ATHLETICS
1	0.0%	(10) TABLETENNIS
1	0.0%	(11) SAILING BOATING
4	0.1%	(12) FOOTBALL CRICKET
2	0.1%	(13) SKIING SKIING SKATING

ACTIVITY DETAILS OF SEVENTH ACTIVITY

VAR 124 NOTIMES7 NO OF TIMES ACTIVITY DONE /
LOCATION: 12 FORMAT: F2.0
CARD NO : 8 COLUMN: 12- 13

IN THE LAST TWO WEEKS, ABOUT HOW MANY TIMES
ALTOGETHER HAVE YOU, YOURSELF, PLAYED/BEEN/
DONE (say seventh activity) IN THE LAST TWO
WEEKS?

VAR 125 TIME7 TIME TAKEN IN HOURS AND MINUTES /
LOCATION: 14 FORMAT: F4.0
CARD NO : 8 COLUMN: 14- 17

IN THE LAST TWO WEEKS, ABOUT HOW MUCH TIME -
IN HOURS AND MINUTES - WAS INVOLVED ON AVERAGE,
EACH TIME YOU (say activity)?

VAR 126 VIGOR7 LEVEL OF VIGOR /
LOCATION: 18 FORMAT: F1.0
CARD NO : 8 COLUMN: 18- 18

WHEN YOU PLAY/GO/DO (say activity), WOULD YOU
SAY YOU USUALLY ARE VERY VIGOROUS, FAIRLY
VIGOROUS, NOT VERY VIGOROUS, OR NOT AT ALL
VIGOROUS?

3454	99.2%	(0) NO ACTIVITY
10	0.3%	(1) VERY VIGOROUS
10	0.3%	(2) FAIRLY VIGOROUS
7	0.2%	(3) NOT VERY VIGOROUS
2	0.1%	(4) NOT AT ALL VIGOROUS

VAR 127 SPTCLB7 NO OF TIMES AT SPORTING CLUB /
LOCATION: 19 FORMAT: F2.0
CARD NO : 8 COLUMN: 19- 20

ACTIVITY DETAILS OF SEVENTH ACTIVITY

VAR 128 HLTHCNT7 NO OF TIMES AT HEALTH CENTRE /
LOCATION: 21 FORMAT: F2.0
CARD NO : 8 COLUMN: 21- 22

VAR 129 ALONE7 NO OF TIMES ALONE OR WITH FRIENDS /
LOCATION: 23 FORMAT: F2.0
CARD NO : 8 COLUMN: 23- 24

VAR 130 METVAL7 METABOLIC VALUE OF ACTIVITY /
LOCATION: 30 FORMAT: F5.0
CARD NO : 8 COLUMN: 30- 34

See Appendix C

VAR 131 MINUTES7 TOTAL TIME IN MINUTES OF ACTIVITY /
LOCATION: 35 FORMAT: F5.0
CARD NO : 8 COLUMN: 35- 39

VAR 132 CARDNO8 CARD NUMBER 8 /
LOCATION: 80 FORMAT: F1.0
CARD NO : 8 COLUMN: 80- 80

VAR 133 STATE9 STATE IDENTIFICATION ON CARD 9 /
LOCATION: 1 FORMAT: A1
CARD NO : 9 COLUMN: 1- 1

VAR 134 IDENTNO9 IDENTIFICATION NO ON CARD 9 /
LOCATION: 2 FORMAT: F8.0
CARD NO : 9 COLUMN: 2- 9

THESE TWO VARIABLES TOGETHER COINCIDE WITH
THE FIRST NINE COLUMNS OF CARD 1

TYPES OF ACTIVITIES DONE

The following activity variables give the number of respondents participating in each particular activity.

VAR 135 WALK WALKED FOR EXERCISE /
LOCATION: 10 FORMAT: F1.0
CARD NO : 9 COLUMN: 10- 10

2045 58.7% (0) NO
1438 41.3% (1) YES

VAR 136 JOG JOGGED FOR EXERCISE /
LOCATION: 11 FORMAT: F1.0
CARD NO : 9 COLUMN: 11- 11

3102 89.1% (0) NO
381 10.9% (2) YES

VAR 137 AEROBICS DID AEROBICS FOR EXERCISE /
LOCATION: 12 FORMAT: F1.0
CARD NO : 9 COLUMN: 12- 12

3052 87.6% (0) NO
431 12.4% (3) YES

VAR 138 SWIM SWAM FOR EXERCISE /
LOCATION: 13 FORMAT: F1.0
CARD NO : 9 COLUMN: 13- 13

2513 72.2% (0) NO
970 27.8% (4) YES

TYPES OF ACTIVITIES DONE

VAR 139 BICYCLE BICYCLED FOR EXERCISE /
LOCATION: 14 FORMAT: F1.0
CARD NO : 9 COLUMN: 14- 14

3112 89.3% (0) NO
371 10.7% (5) YES

VAR 140 NETBALL PLAYED NETBALL FOR EXERCISE /
LOCATION: 15 FORMAT: F1.0
CARD NO : 9 COLUMN: 15- 15

3394 97.4% (0) NO
89 2.6% (6) YES

VAR 141 GOLF PLAYED GOLF FOR EXERCISE /
LOCATION: 16 FORMAT: F1.0
CARD NO : 9 COLUMN: 16- 16

3261 93.6% (0) NO
222 6.4% (7) YES

VAR 142 TENNIS PLAYED TENNIS FOR EXERCISE /
LOCATION: 17 FORMAT: F1.0
CARD NO : 9 COLUMN: 17- 17

3191 91.6% (0) NO
292 8.4% (8) YES

VAR 143 ATHLETIC DID ATHLETICS FOR EXERCISE /
LOCATION: 18 FORMAT: F1.0
CARD NO : 9 COLUMN: 18- 18

3438 98.7% (0) NO
45 1.3% (9) YES

VAR 144 NOACTIV NO ACTIVITIES /
LOCATION: 19 FORMAT: F1.0
CARD NO : 9 COLUMN: 19- 19

2469 70.9% (0) NO
1014 29.1% (1) YES

TYPES OF ACTIVITIES DONE

VAR 145 TABTENIS PLAYED TABLE TENNIS /
 LOCATION: 24 FORMAT: F1.0
 CARD NO : 9 COLUMN: 24- 24

 3354 96.3% (0) NO
 129 3.7% (1) YES

VAR 146 SAILING WENT SAILING FOR EXERCISE /
 LOCATION: 25 FORMAT: F1.0
 CARD NO : 9 COLUMN: 25- 25

 3249 93.3% (0) NO
 234 6.7% (2) YES

VAR 147 FOOTBALL FOOTBALL OR CRICKET /
 LOCATION: 26 FORMAT: F1.0
 CARD NO : 9 COLUMN: 26- 26

 3106 89.2% (0) NO
 377 10.8% (3) YES

VAR 148 SKIING SKIING SKATING /
 LOCATION: 27 FORMAT: F1.0
 CARD NO : 9 COLUMN: 27- 27

 3399 97.6% (0) NO
 84 2.4% (4) YES

VAR 149 OTHERSP OTHER SPORT /
 LOCATION: 28 FORMAT: F1.0
 CARD NO : 9 COLUMN: 28- 28

 3373 96.8% (0) NONE
 110 3.2% (5) YES

REASONS WHY NOT PHYSICALLY ACTIVE

ON THE BOTTOM HALF OF THE WHITE CARD ARE SOME REASONS PEOPLE HAVE FOR NOT BEING PHYSICALLY ACTIVE. (pause) WHICH, IF ANY, OF THOSE APPLY TO YOU? JUST SAY THE NUMBER AT THE END OF THE LINE. WHICH OTHERS? ANY OTHERS? (Circle for all mentioned).

- DON'T WANT TO BE PHYSICALLY ACTIVE
- HAVE TRIED PHYSICAL ACTIVITIES BUT FIND IT DIFFICULT TO CONTINUE
- HAVE NO CHANCE TO DO PHYSICAL ACTIVITIES
- DON'T HAVE ENOUGH FREE TIME
- DON'T HAVE TRANSPORT
- NEED MORE ENCOURAGEMENT
- PHYSICALLY UNABLE
- NO FACILITIES NEAR WHERE I LIVE
- (print unlisted)

VAR 150 DONTWANT DON'T WANT TO BE ACTIVE /
LOCATION: 38 FORMAT: F1.0
CARD NO : 9 COLUMN: 38- 38

3333 95.7% (0) NO
150 4.3% (1) YES

VAR 151 TOOHARD HAVE TRIED BUT FIND DIFFICULT /
LOCATION: 39 FORMAT: F1.0
CARD NO : 9 COLUMN: 39- 39

3440 98.8% (0) NO
43 1.2% (2) YES

VAR 152 NOCHANCE NO CHANCE TO DO ACTIVITIES /
LOCATION: 40 FORMAT: F1.0
CARD NO : 9 COLUMN: 40- 40

3417 98.1% (0) NO
66 1.9% (3) YES

REASONS WHY NOT PHYSICALLY ACTIVE

VAR 153 NOTIME NOT ENOUGH FREE TIME /
LOCATION: 41 FORMAT: F1.0
CARD NO : 9 COLUMN: 41- 41

3153 90.5% (0) NO
330 9.5% (4) YES

VAR 154 NOTRANS DON'T HAVE TRANSPORT /
LOCATION: 42 FORMAT: F1.0
CARD NO : 9 COLUMN: 42- 42

3454 99.2% (0) NO
29 0.8% (5) YES

VAR 155 MORENCOR NEED MORE ENCOURAGEMENT /
LOCATION: 43 FORMAT: F1.0
CARD NO : 9 COLUMN: 43- 43

3393 97.4% (0) NO
90 2.6% (6) YES

VAR 156 UNABLE PHYSICALLY UNABLE /
LOCATION: 44 FORMAT: F1.0
CARD NO : 9 COLUMN: 44- 44

3227 92.7% (0) NO
256 7.3% (7) YES

VAR 157 NOFACILS NO FACILITIES NEARBY /
LOCATION: 45 FORMAT: F1.0
CARD NO : 9 COLUMN: 45- 45

3451 99.1% (0) NO
32 0.9% (8) YES

REASONS WHY NOT PHYSICALLY ACTIVE

VAR 158 ANYOTHER OTHER REASON /
LOCATION: 46 FORMAT: F1.0
CARD NO : 9 COLUMN: 46- 46

3418 98.1% (0) NO
65 1.9% (9) YES

VAR 159 NONE /
LOCATION: 47 FORMAT: F1.0
CARD NO : 9 COLUMN: 47- 47

3416 98.1% (0) NO
67 1.9% (1) YES

CHILDREN OF THE HOUSEHOLD

Columns 52 - 63 contain the sexes and ages
of children within the household.

VAR 160 BOY02 BOY 0-2 YEARS /
LOCATION: 52 FORMAT: F1.0
CARD NO : 9 COLUMN: 52- 52

3244 93.1% (0) NOT APPLICABLE
239 6.9% (1) BOY 0-2 YEARS

VAR 161 BOY35 BOY 3-5 YEARS /
LOCATION: 53 FORMAT: F1.0
CARD NO : 9 COLUMN: 53- 53

3220 92.4% (0) NOT APPLICABLE
263 7.6% (2) BOY 3-5 YEARS

CHILDREN OF THE HOUSEHOLD

VAR 162 BOY68 BOY 6-8 YEARS /
LOCATION: 54 FORMAT: F1.0
CARD NO : 9 COLUMN: 54- 54

3238 93.0% (0) NOT APPLICABLE
245 7.0% (3) BOY 6-8 YEARS

VAR 163 BOY911 BOY 9-11 YEARS /
LOCATION: 55 FORMAT: F1.0
CARD NO : 9 COLUMN: 55- 55

3175 91.2% (0) NOT APPLICABLE
308 8.8% (4) BOY 9-11 YEARS

VAR 164 BOY1213 BOY 12-13 YEARS /
LOCATION: 56 FORMAT: F1.0
CARD NO : 9 COLUMN: 56- 56

3256 93.5% (0) NOT APPLICABLE
227 6.5% (5) BOY 12-13 YEARS

VAR 165 BOY1415 BOY 14-15 YEARS /
LOCATION: 57 FORMAT: F1.0
CARD NO : 9 COLUMN: 57- 57

3221 92.5% (0) NOT APPLICABLE
262 7.5% (6) BOY 14-15 YEARS

VAR 166 GIRL02 GIRL 0-2 YEARS /
LOCATION: 58 FORMAT: F1.0
CARD NO : 9 COLUMN: 58- 58

3275 94.0% (0) NOT APPLICABLE
208 6.0% (7) GIRL 0-2 YEARS

CHILDREN OF THE HOUSEHOLD

VAR 167 GIRL35 GIRL 3-5 YEARS /
LOCATION: 59 FORMAT: F1.0
CARD NO : 9 COLUMN: 59- 59

3250 93.3% (0) NOT APPLICABLE
233 6.7% (8) GIRL 3-5 YEARS

VAR 168 GIRL68 GIRL 6-8 YEARS /
LOCATION: 60 FORMAT: F1.0
CARD NO : 9 COLUMN: 60- 60

3248 93.3% (0) NOT APPLICABLE
235 6.7% (9) GIRL 6-8 YEARS

VAR 169 GIRL911 GIRL 9-11 YEARS /
LOCATION: 61 FORMAT: F1.0
CARD NO : 9 COLUMN: 61- 61

3199 91.8% (0) NOT APPLICABLE
284 8.2% (1) GIRL 9-11 YEARS

VAR 170 GIRL1213 GIRL 12-13 YEARS /
LOCATION: 62 FORMAT: F1.0
CARD NO : 9 COLUMN: 62- 62

3261 93.6% (0) NOT APPLICABLE
222 6.4% (2) GIRL 12-13 YEARS

VAR 171 GIRL1415 GIRL 14-15 YEARS /
LOCATION: 63 FORMAT: F1.0
CARD NO : 9 COLUMN: 63- 63

3260 93.6% (0) NOT APPLICABLE
223 6.4% (3) GIRL 14-15 YEARS

WEIGHTING

VAR 172	WEIGHT	WEIGHTING FACTOR	/
	LOCATION: 65	FORMAT: F6.0	
	CARD NO : 9	COLUMN: 65- 70	

Derivation of the weighting factor is explained in the Study Description.

VAR 173	CARDNO9	CARD NUMBER IDENTIFICATION	/
	LOCATION: 80	FORMAT: F1.0	
	CARD NO : 9	COLUMN: 80- 80	

 Data Collected in C.O.T. surveys is subject to a standard edit.

Column	Variable	Code Inserted if Column Blank
41	AGE	14 - 15
42	CTYBIRTH	Australia
43	MARISTAT	Single
44	EDUSTAT	If age 18 - 24 = 4th form Others = some secondary
45	WORKSTAT	Don't work If home duties/don't work, INCOME1, OCCUPAT1 and EMPLOYER = blank
46	INCOME1	Randomly generated by occupation in same distribution as those who gave income
47	OCCUPAT1	Clerk (4)
48	EMPLOYER	Occupations 3 & 8 = self-employed (3) Occupations 4 & 12 = public service (1) 1,2,5,6,7,9 & 10 = private industry (2)
49	TVSETS	One (1)
50	VCR	If no TV = blank If TV = no (3)
51	CHILDREN	No. of punches on Card 2 Columns 52-63
62	ADULTS	Difference between number of children and total If total blank or 0 adults = two
63	PEOPLE	Sum of CHILDREN and ADULTS - maximum 9
64	TELEPHON	No phone
65	SEX	GBSEX if main grocery buyer otherwise MAN(1)
66	GBRESP	No (3)
67	GBSEX	Sex of respondent if main grocery buyer. Otherwise woman (1)
68	GBAGE	Respondent's age
69	GBWORK	Respondent's work status if main grocery buyer Home duties (3) if woman Don't work (4) if man
70	RMIE	Yes (1) if full-time worker No (2) if not full-time worker
71	MIEOCC	Own occupation if main income earner and full- time worker. Otherwise Clerk (4)

Column	Variable	Code Inserted if Column Blank
72	MIEINC	Own income if main income earner and full-time worker. Otherwise randomly generated by occupation in distributions as those who gave income
73	ELECTROL	No (2)
74	RELIGION	Wouldn't say (10)
75	FTWORKRS	None (0)
76	PTWORKRS	None (0)
77	TYPEDWEL	Separate house (1)
78	CITYTYPE	If capital city then (0) Otherwise 10,000 - 24,999 (5)

ESTIMATED METABOLIC COST (METS) OF ACTIVITIES*

	<i>Very Vigorous</i>	<i>Fairly Vigorous</i>	<i>Not very Vigorous</i>	<i>Not at all Vigorous</i>	<i>Can't say (Medium)</i>
1. Walking	7	4	2	1	4
2. Jogging	13	10	7	4	10
3. Calisthenics/ Aerobics	12	9	7	4	9
4. Swimming	10	6	3	1	6
5. Bicycling	9	6	3	1	6
6. Netball/Basketball	12	8	4	2	8
7. Golf	4	3	2	1	3
8. Tennis	8	6	4	2	6
9. Athletics	8	6	4	2	6
10. Table tennis	8	6	4	2	6
11. Sailing/Boating	4	3	2	1	3
12. Cricket/Football/ Soccer/Rugby etc.	12	8	6	4	8
13. Skiing/Skating	12	8	6	4	8
14. Other (average)	8	6	4	2	6

* Energy expenditure has been measured in terms of Mets. This is the value of the metabolic energy cost expressed as a multiple of the resting metabolic rate (for example, an activity at 4 Mets, such as walking at medium intensity, requires four times as much energy as when at rest).

Frequencies Addendum



The Australian National University
Canberra 2600

ELECTORATE CODES

Details of electorate coding are not available

Code	Adj Cum			Code	Adj Cum			Code	Adj Cum		
	Freq	%	%		Freq	%	%		Freq	%	%
101.	50	1	1	207.	20	1	42	381.	10	0	73
102.	70	2	3	208.	40	1	43	382.	45	1	74
103.	20	1	4	210.	10	0	43	384.	10	0	75
104.	30	1	5	212.	20	1	44	386.	10	0	75
105.	20	1	5	214.	20	1	45	388.	20	1	75
106.	20	1	6	220.	10	0	45	400.	30	1	76
107.	10	0	6	222.	10	0	45	402.	20	1	77
108.	50	1	8	223.	20	1	46	403.	30	1	78
109.	20	1	8	224.	10	0	46	420.	30	1	79
112.	10	0	9	225.	20	1	47	421.	10	0	79
120.	10	0	9	226.	10	0	47	424.	20	1	79
121.	10	0	9	228.	20	1	47	426.	10	0	80
122.	47	1	11	230.	50	1	49	441.	20	1	80
123.	100	3	13	240.	10	0	49	442.	16	0	81
124.	10	0	14	241.	19	1	50	444.	10	0	81
125.	17	0	14	242.	25	1	50	445.	10	0	81
126.	20	1	15	243.	30	1	51	462.	20	1	82
127.	30	1	16	244.	40	1	52	463.	20	1	82
128.	20	1	16	246.	20	1	53	465.	11	0	83
129.	10	0	16	247.	30	1	54	466.	10	0	83
130.	10	0	17	249.	10	0	54	482.	20	1	84
131.	30	1	18	250.	10	0	54	483.	10	0	84
132.	10	0	18	264.	20	1	55	484.	10	0	84
140.	1	0	18	265.	30	1	56	486.	20	1	85
144.	30	1	19	270.	20	1	56	488.	10	0	85
145.	30	1	20	272.	10	0	57	500.	20	1	86
146.	39	1	21	273.	20	1	57	502.	30	1	87
147.	39	1	22	280.	20	1	58	506.	10	0	87
149.	10	0	22	282.	20	1	58	510.	10	0	87
151.	20	1	23	283.	10	0	59	512.	20	1	88
152.	20	1	23	284.	20	1	59	522.	10	0	88
153.	30	1	24	285.	20	1	60	524.	20	1	89
160.	40	1	25	286.	10	0	60	526.	10	0	89
161.	29	1	26	287.	10	0	60	540.	25	1	90
162.	9	0	26	289.	10	0	61	541.	13	0	90
163.	20	1	27	290.	20	1	61	545.	20	1	90
164.	20	1	28	301.	8	0	61	548.	10	0	91
165.	40	1	29	302.	40	1	63	561.	20	1	91
166.	30	1	30	303.	20	1	63	564.	20	1	92
167.	20	1	30	304.	20	1	64	566.	10	0	92
169.	10	0	30	305.	20	1	64	569.	10	0	93
170.	20	1	31	306.	30	1	65	587.	20	1	93
180.	10	0	31	307.	10	0	66	589.	10	0	93
181.	20	1	32	308.	10	0	66	600.	10	0	94

ELECTORATE CODES

182.	20	1	32	310.	10	0	66	606.	39	1	95
183.	10	0	33	325.	10	0	66	612.	10	0	95
184.	14	0	33	327.	30	1	67	622.	10	0	95
185.	10	0	33	329.	20	1	68	625.	20	1	96
186.	10	0	34	330.	10	0	68	702.	20	1	96
187.	60	2	35	343.	10	0	68	708.	20	1	97
188.	10	0	36	345.	40	1	70	709.	10	0	97
192.	15	0	36	346.	10	0	70	743.	10	0	98
200.	20	1	37	348.	20	1	70	763.	20	1	98
201.	40	1	38	349.	10	0	71	766.	10	0	99
202.	20	1	38	360.	10	0	71	785.	10	0	99
203.	40	1	40	365.	20	1	72	789.	10	0	99
204.	10	0	40	366.	20	1	72	800.	20	1	100
205.	20	1	40	367.	10	0	72	804.	2	0	100
206.	30	1	41	380.	10	0	73	808.	10	0	100

Valid cases 3483 Missing cases 0

Questionnaire



The Australian National University
Canberra 2600

ATTACHMENT B.

text about physical activity, physical exercise and physical recreation. Looking at the top half of the next white card. (PAUSE) In the last 2 weeks, which, if any, of those activities have you, yourself, done — in the last 2 weeks? Please say the activity and its number.

Which others in the last 2 weeks? Any others?

PRINT ACTIVITY AND WRITE NUMBER

NONE LISTED..000 Go to 23h ←

IN COL.1 BELOW.)

Col.1:23a		Col.2:23b		Cols. 4-7:23d				Col.8:23e	Col.9:23f	Col.10:23g	NONE LISTED..000 Go to 23h ←
Activity	No.	Number of times	Col.3:23c	Vigorous			Number of times				
			Hrs Mins	Very	Fairly	Not very	Not at all	Sporting Club	Health Centre	Alone/Friends	
.....	10-11	12-13	14-15 16-17	4	5	6	7	18-20	21-22	23-24	CARD 2B
.....				4	5	6	7				3C
.....				4	5	6	7				4D
.....				4	5	6	7				5E
.....				4	5	6	7				6F
.....				4	5	6	7				7G
.....				4	5	6	7				8H

FOR EACH ACTIVITY ON 23a, ASK 23b-g RIGHT THROUGH:

In the last 2 weeks, about how many times altogether have you, yourself, played/been/done (SAY 1st ACTIVITY) — in the last 2 weeks? RECORD IN COL.2 ABOVE. ↗

In the last 2 weeks, about how much time — in hours and minutes — was involved on average, each time you READ ACTIVITY)? RECORD IN COL.3 ABOVE. ↗

When you play/go/do (SAY ACTIVITY), would you say you usually are very vigorous, fairly vigorous, not very vigorous, or not at all vigorous? CIRCLE ONCE BESIDE ACTIVITY IN COLS.4-7 ABOVE. ↗

In the last 2 weeks, about how many times did you play/go/do (SAY ACTIVITY) as a member of a sporting club or association, not at a health or fitness centre? RECORD IN COL.8 ABOVE. IF NONE, WRITE "0". ↗

In the last 2 weeks, about how many times did you play/go/do (SAY ACTIVITY) as a member of a health and fitness centre? RECORD IN COL.9 ABOVE. ↗ IF NONE, WRITE "0".

In the last 2 weeks, about how many times did you play/go/do (SAY ACTIVITY) alone or with friends? RECORD IN COL.10 ABOVE. ↗ IF NONE, WRITE "0". CHECK THAT ANSWERS TO 23c,f,g ADD TO ANSWER TO 23b.

Repeat 23b-g for each other activity mentioned on 23a. Then toss to Q24. If none on 23a, go to 23h. ←

QUESTION ON 23a, ASK: (Otherwise, toss to Q24)

the bottom half of the white card are some reasons people have for not being physically active. (PAUSE) Which, if any, of those apply to you? Just say the number at the end of the line.

Which others? Any others?

WRITE FOR ALL MENTIONED.

- DON'T WANT TO BE PHYSICALLY ACTIVE 1
- HAVE TRIED BUT FIND DIFFICULT TO CONTINUE 2
- NO CHANCE TO DO PHYSICAL ACTIVITIES 3
- DON'T HAVE ENOUGH FREE TIME 4
- DON'T HAVE TRANSPORT 5
- NEED MORE ENCOURAGEMENT 6
- PHYSICALLY UNABLE 7
- NO FACILITIES NEAR WHERE I LIVE 8

CARD 9A
Cals 38-47

PRINT UNLISTED:

..... 9
NONE 0

→ Toss over clip to Q24

LS
Pp RA781
. A37
1985

1385922



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