

**AN ANALYSIS OF LIFE STRUGGLE IN FORREST GUMP FILM: AN
INDIVIDUAL PSYCHOLOGICAL APPROACH**



**Proposed in partial fulfilment of the requirement for Bachelor Education in English
Education at Department of English Education School Teacher Training and Education**

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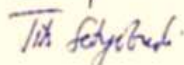
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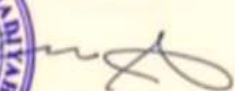
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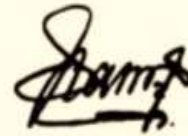
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The Researcher



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Abstrak

Penelitian ini memiliki tujuan untuk meneliti film Forrest Gump yang membahas tentang tokoh utamanya yang juga bernama Forrest Gump. Lebih spesifik lagi, penelitian ini akan membahas tentang usaha dalam memperjuangkan kehidupan yang dilakukan oleh tokoh utamanya. obyek utama yang digunakan dalam penelitian ini adalah film berjudul Forrest Gump dengan sutradara Robert Zemeckis dan ditayangkan perdana pada tahun 1994. Penelitian ini menggunakan metode penelitian deskriptif kualitatif dengan menggunakan dua teori utama. Teori yang digunakan adalah teori Individual Psychological Approach dan Teori ERG (Existence, Relatedness, Growth). Hasil dari penelitian yang dilakukan ini adalah ada semua teori yang dipakai oleh peneliti bisa memiliki hubungan dengan film yang digunakan. Dalam pemeranan tokoh, Forrest Gump bisa menunjukkan poin yang bisa digunakan dalam teori Psikologi Individu dan ERG, yaitu Perasaan inferior, perasaan superior, gaya hidup, minat sosial, kreatifitas diri, dan tujuan fiksi. Serta tiga poin lain untuk motivasi diri yaitu, eksistensi, hubungan diri, dan pertumbuhan.

Kata Kunci: Motivation, Life Struggle, Forrest Gump, Psikologi, Film

Abstract

This study aims to examine the film Forrest Gump which discusses the main character who is also named Forrest Gump. More specifically, this study will discuss the efforts in fighting for life that are carried out by the main character. The main object used in this research is a film entitled Forrest Gump directed by Robert Zemeckis and premiered in 1994. This study uses a qualitative descriptive research method using two main theories. The theory used is the theory of Individual Psychological Approach and ERG Theory (Existence, Relatedness, Growth). The result of this research is that all the theories used by researchers can have a relationship with the film used. In character development, Forrest Gump can show points that can be used in the theory of Individual Psychology and ERG, namely feelings of inferiority, feelings of superiority, lifestyle, social interests, self-creation, and fictional goals. As well as three other points for self-motivation, namely, existence, self-relation, and growth.

Keywords: Motivation, Life Struggle, Forrest Gump, Psychology, Film

1. INTRODUCTION

Literature is a form of work in the form of oral, written, even images that can be enjoyed and have meaning and value in every literary work. Literary science actually appeared for a long time when the Greek philosopher Aristotle (384-322 AD) had more than 2000 years ago he wrote a book entitled 'Poetica' which means: author, poetry, maker. The term 'Poetica' in literature is often referred to by a wide variety of terms. For example, W.H. Hudson called it The Study of Literature, where literature itself in Latin means learning, writing, or grammar. Andre Lefevere called it the Literary Knowledge, and A. Teeuw called it the Literary Scholarship. Therefore, a form and work of creative art whose object/subject is human and life using language as its medium (Atar Semi, 1988: 8).

Movies are also often called movies have the understanding of a moving image that uses communication media to convey a message to its connoisseurs. Film does not include literary works, but all supporting things or objects of filmmaking such as: scenarios, cinematography, and texts used in filmmaking. As revealed by Effendi (1986), Film is a tool of artistic expression and cultural results that is considered as communication from various technologies such as voice recorder, photography, and from fine arts and literary theater arts, architecture and music art.

There are two reasons researchers are interested in this film first because of the skill actor and the first cinematography skill actor. Forrest Gump became one of Robert Zemeckis' films, although a comedy film, the film depicts human psychological conflicts in depth. The film tells the story of a man with a below average IQ named Forrest Gump (Tom Hanks) who was taken care by his mother. Forrest Gump was bullied by his friends since childhood and he was thought of him as a fool. Until it was claimed to be a child who could not do anything by the Doctor and his principal. Besides his weakness, He had a lot of talent that make Forrest much loved by people around him. On his first day of school, he met Jenny, the only friend who was willing to accept and did not bully Forrest. They become best friends into adulthood.

Researchers decided to take the topic of Life Struggle in this study because many lessons can be taken from the main character, Forrest Gump. Forrest Gump can be used anywhere, anytime, and anyone. Researchers decided to use research theories that are in accordance with what is in humans, namely research theory with an individualized psychology approach. The theory put forward by Alfred Adler, one of the researchers who had lived with Sigmund Freud and had worked with him also developed a similar theory.

From these reasons, researchers wanted to conduct research on Forrest Gump related to psychological approaches, so the researchers titled the researcher "An Analysis of Life Struggle in the Forrest Gump Movie: An Individual Psychological Approach"

2. METHOD

This research is included in descriptive qualitative research. Literary is related to social, literature itself is used as data in researching research, because in this study literary becomes a benchmark for researchers to find reference sources in developing approaches used by researchers, namely individual psychology. The material object in the study is the Forrest Gump film by Robert Zemeckis released in 1994. The film is based on a true story adapted from a novel by Winston in 1986. Forrest has a below-average IQ that is often bullied by his friends, and adventures from shrimp farms and ping pong championships, to thoughts about

his childhood love, as he becomes interested in American history, with everything from the Vietnam War and collage football, as well as his life struggles being part of the story. The data collection technique used by researchers is to use qualitative methods, namely by choosing a data source, collecting it in accordance with the formulation of the problem and the purpose of the research.

According to Huberman and Miles (1994) there are three techniques, which are: 1. Data Reduction. Data reduction is interpreted as the process of selection, concentration of attention to simplification, extraction, and transformation of rough data that arises from written records in the field. 2. Display Data. Display data determines whether to draw the correct conclusions or continue to step up to conduct analysis that according to the advice narrated by the presentation as something that may be useful. 3. Conclusion Drawing. The conclusion draws according to (Miles & Huberman) is only part of one activity of the complete configuration. The conclusions were also verified during the study.

3. RESULT AND DISCUSSION

Based on the data found by the researcher from the main material, namely the Forrest Gump film and using the theory of the Individual Psychological Approach, in this section the researcher will answer two questions that have been formulated in the previous chapter, namely:

3.1 How does Forrest Gump Overcome the Bullying of his related to Individual Psychology?

a. Inferiority Feeling

According to Adler, humans are the main social creatures. The need for human sexual satisfaction is only one of many basic human needs, depending on how humans manage it, plan it and do it in the activities of daily life. Meanwhile, according to the American Psychological Association, inferiority complex is a psychological condition that arises because of a sense of inadequacy or insecurity that comes from actual or imagined physical or psychological deficiencies. The sufferer does this because he doesn't want to be looked down upon by many people, even though other people don't necessarily think the same thing. As Adler said, feelings of inferiority can be a trigger for a person's hard work and growth.

"Remember what I said, Forrest"

"You are no different from anyone"

"Did you hear what I said, Forrest? You are the same as everyone"

"You are no different"

(06:14-06:32)



Picture 1. Forrest Gump and his mother

The dialogue fragment above can show a word that goes to feelings of inferiority. The statement made by Mama Forrest Gump can be used as evidence that Mama Gump is feeling inferior and feels clear sadness. Mama Gump feels sad when her child is considered different from the other children. Forrest Gump, who is only seven years old, doesn't know much about life and differences from other young children. It's just that he realized that he had a difference in his legs, since childhood he had to use an assistive device to be able to stand and walk but it was still difficult.

Forrest's mother advised Forrest to always listen to what his mother had to say, his mother also always reminded him that Forrest was no different from other children. It was this feeling of inferiority that made his mother always realize that Forrest had no significant difference with other children. This was done by Gump's mother so that her child was not afraid to play with other children and could still experience life like a child as usual.

Another dialogue in the film Forrest Gump which shows the attitude of Feelings of inferiority is in the dialogue on the way to school between Gump and Jennie for the first time below:

"You can sit here if you want."
 "Are you going to sit down or not?"
 "Why your leg?"
 "It's okay, thank you. My feet are fine and healthy."
 "My back is bent like a question mark."
 "Other than mom, no one has ever spoken to me to ask questions."
 "Are you stupid or what?"
 (13:47-14:27)



Picture 2. Gump and Jennie in the School Bus

In the picture and dialogue above, it can show Gump's feelings of inferiority. The setting of the place that happened on the school bus really made Gump feel sad and feel marginalized. Of the many seats on the bus, not a single person gave Gump an empty seat. Luckily, there was one student who gave Gump a seat, the woman named Jennie, Gump's friend for the first time. While on the bus, Gump for the first time met someone he saw was very beautiful and wanted to befriend Gump. During that time Gump also met someone who wanted to talk to him, Jennie was the first to ask what was wrong with Gump's leg and Gump explained that he had a spinal deformity that was shaped like a question mark. Since then, Gump can have friends, Jennie becomes Gump's best friend and is the only person who wants to play with Gump. Even though at the beginning of her introduction, Jennie also thought that Gump was an idiot.

b. Superiority Feeling

The feeling of superiority is a disturbance in a person's psyche which is motivated by the desire to achieve perfection in every aspect of that person's life. The sufferer does that because he doesn't want to be looked down upon by many people, even though other people don't necessarily look down on him. People who experience a superiority complex hide feelings of inferiority (low self-esteem) that exist within them. For example, the person is always arrogant and tries to control other people or tries to be more dominant in everything, including mastering the conversation in a discussion. Researchers found some data in the film *Forrest Gump* which shows a feeling of superiority as written below.

"Don't let anyone tell you he's better than you, Forrest."
 "If God wanted everyone to be equal, He would give us all hooks on our feet."
 "Mom always has a way of explaining things so I can understand."
 (06:29-06:39)



Picture 3. Gump and His Mother go Home

Forrest Gump, who has physical differences with other people, makes his mother have to find a way to keep Gump having confidence. It is very difficult for Gump's mother to accept, she is a woman who has to take care of Gump, who has physical and psychological disabilities alone. Gump's father left without his mother knowing his whereabouts. Gump's mother who is a parent alone must have ways that can make Gump not sad because he doesn't have friends to play with and has to live his days in a state of deprivation.

Mom took a technique to make Gump continue to be confident by making Gump not feel inferior with what he had. Gump's mother always said that it was arranged by God, God always gave the best for his creatures on earth. The message that Gump remembers the most is don't let yourself feel inferior and make other people look bigger. God created humans to be equal. The foot hook on Gump's body is only a small tool that cannot be used as an indicator of other people's differences, the hook is proof that God exists to love his creatures. The message is always used by Gump wherever he is, so that Gump can have a strong soul and not give up easily.

Until Gump also felt that what his mother said was something that really happened. Gump always gets different things every day, Gump can do what humans do on normal days.

"My mom always tells me that miracles happen every day."
"Some people disagree, but it really happened."
(15:32-15:36)



Picture 4. Gump Told Other Bus Passengers

For many people, miracles are usually underestimated, but for Forrest Gump who has a mother who is very supportive of what he does, magic for Gump is a reality. Gump experienced a lot of things that cannot be logical, the magic Gump often feel. Starting from when he was still in school, Gump, who had to walk with the help of a foot hook, suddenly broke the hook and Gump was no longer needed. Forrest Gump's legs were born unable to walk, with a miracle that came to him, Forrest Gump could run very fast. It was that experience that made Gump believe that magic was within him and that he was always there for people who they couldn't predict. Gump, who always gets positive words from his mother, always feels optimistic in doing anything. He has big goals that Gump doesn't see fit for. Forrest Gump, who believes that magic is real, always tries hard when doing anything. Because Gump believes that miracles will come to those who don't want to stop learning and trying. Gump believes that every day he passes gives different miracles, miracles come according to what activities the person is doing.

c. Social Interest

Social interest is the basic need of every person to live in harmony and friendship with others. In addition, social interest is also a desire in individuals that concentrates on the goal of forming and developing an ideal society where as part of the environment, the individual and his environment are a unified whole, which complement each other, have good relations and be cooperative to develop environment in a better direction (Stoykova, 2013).

"Put your hand down. Don't respect me."

"There are a lot of damn snipers around this place who like to target an officer."

"I'm Lieutenant Dan Taylor. Welcome to Fort Platoon."

"Why your lips?"

"I was born with thick lips, sir."

"Well, you better fold it. It could get stuck in the equipment."
"Listen, it's very basic here, stay with me and learn from people who have been here a long time."
"You'll be fine."
(42:01-42:46)



Picture 5. Letnan Dan, Gump, and Bubba in Vietnam

The dialogue above can be included in the type of dialogue that discusses social interests, the three-person dialogue can discuss many people and can also be carried out by many people. Gump and Bubba met with Lieutenant Dan Taylor for the first time, he was the leader of the troops and he was also responsible for the war that Gump and Bubba followed while in Vietnam. Lieutenant Dan Taylor is a leader that his men including Gump and Bubba need to pay attention to and obey. In a war, the leader has a great responsibility to make the best war strategy, because the plan greatly affects many human lives. A little mistake in war strategy can make a lot of lives lost by being shot or hit by bombs from the enemy.

As a leader who is always required to supervise his subordinates, Lieutenant Dan Taylor always provides input to his subordinates so that war strategies can be implemented properly. Gump and Bubba were always advised by Lieutenant Dan Taylor in carrying out their duties, Lieutenant Dan Taylor gave a message to his two new subordinates to always follow his instructions, because according to Lieutenant Dan Taylor, new people must be willing to learn a lot wherever he is. Gump and Bubba have a lot to ask if they don't know what to do. They have to ask a lot of people who have been there for a long time, because it is these people who will provide knowledge about the terrain there. According to Lieutenant Dan Taylor it is the most basic thing in a war.

In addition to the message from Lieutenant Dan that Gump must remember and do, Gump also always remembers the message given by Jennie. Jennie didn't want Gump to get hurt. And

Jennie's message to Gump is to always run if the situation is not going to last and it's dangerous not to leave.

"I ran and ran like Jennie said."

"I ran so far so fast, so fast that as soon as I was alone, which was a bad thing."

"Bubba is my best friend. I have to make sure he's okay."

(51:04-51:11)



Picture 6. Gump Run and Run to Save his Friends

In the film Forrest Gump, there is a scene that tells that America suffered defeat in the war in Vietnam, many victims fell. Many troops were injured and many also died. Gump's running ability really helped him to survive the onslaught of bullets from the enemy and the explosion of bombs dropped near the base camp of American troops. American troops find it difficult to anticipate the barrage of attacks given by their enemies. In the war America lost many troops. In the film, Gump is told to have a high social spirit, his fast-running ability is described as being able to support his social spirit. His very fast running ability can give Gump many advantages in war, Gump can save himself from enemy attacks by running, a safe place can be reached by Gump in a short time. This situation also gave Gump a dilemma, on the one hand he had to run as fast as Jennie ordered, but on the other hand if he ran alone many of his friends were not saved because they were hit by fire from their enemies. Including Bubba, Bubba is in a state of worry, if Gump runs alone he doesn't see his friends anymore, so Gump decides to always look for his friends and save them dead or alive, including Bubba. Bubba was found by Gump injured because he was shot in the stomach, without thinking, Gump picked up Bubba and carried him to the place, although in the end Bubba's life had to be lost.

d. Creative Self

The creative self (creative self) is an important factor in the individual's personality, because it is considered the prime mover and the first cause for all behavior. With this principle, Alfred Adler wanted to explain that man is an artist in his own right. It is more than just a product of

the environment or a creature that has a special disposition. He is the one who interferes with life. Individuals create different, but impressive structures that are received from the environment of life, seek new experiences to achieve superior desires, and mix all of that so as to create themselves from other people, who have their own lifestyle, this creative self is a stage outside the lifestyle.

The film, entitled *Forrest Gump*, can also be found in dialogues and narrations about the creativity of the actors themselves. The dialogues and narratives that researchers can find from the film are as follows.

“Since it was just me and mom and we always had an empty room, mom decided to rent out the room, usually to people who were on their way, like from Mobile, Montgomery, places like that.”

"That's how we make money. Mama really smart woman.”

(07:00-07:17)



Picture 7. Gump and Mama Back from Doctor

According to the researcher, the narrative above is a creative trait that is very visible in this film. Not everyone who owns a house thinks of renting out to people who are traveling. The circumstances experienced by Forrest Gump's mother forced him to be creative and be able to take advantage of whatever was available. Gump's father who doesn't know where he is, makes Gump's mother have to think of ways to meet her personal needs and Gump's needs, it is also forced by Gump's situation which is different from other children, making Gump have to be very caring and careful about Gump's care.

This creativity is shown by Gump's mother by renting out empty rooms in her house, it can provide benefits to other people who are traveling, as well as provide income for Gump's family which is used to buy Gump's household appliances and special needs. So that Gump's daily life can be fulfilled with the income he gets from the room rent he gets, from renting out the room,

Gump's mother can also get other income in the form of selling food to guests who come to their house.

Gump's growing condition and needing an education, Gump's mother decides to send Gump to a public school, but at first, they get a refusal from the principal. Gump's mother's efforts to not want her child to be distinguished from other children can make Gump go to a regular public school so he can meet Jennie.

"He taught me how to climb."

"Come on Forrest, you can do it."

"I'll show you how to swing."

"He helped me learn to read, and showed me how to swing."

"Sometimes, we just sit and look at the stars."

(14:46-15:04)



Picture 8. Gump Study with Jennie

e. Life style

This principle states that a consistent and unified personality structure will develop into a person's lifestyle. Lifestyle shows a person's taste in life, which includes goals, self-concept, feelings towards others, and attitudes towards the world. Lifestyle is an interaction between heredity or birth, the environment, and a person's creative power. A person's lifestyle is formed when a person reaches the age of four or five years. After that period, all human action revolves around the established lifestyle. Individuals who are not psychologically healthy live life with inflexibility, that is, they are unable to choose new ways of reacting to the environment. Meanwhile, psychologically healthy people will behave in different ways, are flexible in a complex lifestyle, are always evolving, and changing. Healthy people see many ways to achieve success, and are constantly looking for ways to create new choices in their lives.

"Now do your best, Forrest."

"Sure, mom."

"I remember the bus ride on my first day of school."

"Are you coming in?"
"Mom said not to go with strangers."
"This is a school bus."
"I'm Forrest, Forrest Gump."
"I'm Dorothy Harris."
"Okay, we know each other now."
(12:26-12:52)



Picture 9. Forrest wants to Join School Bus

Forrest Gump has experienced a different life since childhood, he was born with different circumstances from the usual children, Forrest Gump often gets ridicule from his playmates, so it makes Gump's mother have to think about her child's condition so as not to be the object of ridicule. his friends. One of the things that Gump's mother instils in her child is to always do good to others, besides Gump who doesn't have many friends because his friends choose not to be friends with Gump. Gump only has one playmate of mine, which is Jennie.

Gump's life journey was quite tough, he didn't have many friends to play with when he was a child and he had to get rejected from several schools because he saw Gump's physical condition and IQ were below the standard required by the school, but his mother did not give up on providing services to him. her son, Gump's mother tried to find a school for her child until finally there was a school that accepted Gump in a regular public school. But the pressure didn't stop there, on the first day of school, Gump was refused by his friends to give up his seat on the school bus. Gump's mother gave a message to Gump not to interact with strangers, this was done to avoid bad things that could threaten Gump.

On any occasion, if Gump wants to do an activity or will go somewhere, Gump must get to know and get to know the people around him, so he can know what the people around him are going to do. Gump also learned a good lifestyle from his playmate, Jennie. Gump also learned a good lifestyle from Jennie, there was one time that made Gump have a good lifestyle. Jennie,

who had an unpleasant life with her father, was able to think far enough, Jennie, who was annoyed at being beaten by her father, invited Gump to pray.

“Pray with me, Forrest. Pray with me.”

“Lord, make me into a bird so that I can fly far, far, far from here.”

“Lord, make me into a bird so that I can fly far...”

(18:54-19:08)



Picture 10. Jennie and Gump Praying in The Cornfield

The conditions experienced by Jennie as a child are not much different from Gump, they get things that can traumatize them. If Gump feels ridicule from his friends, Jennie gets bad actions from her own father, Jennie just lives with her father in a house far from the crowded settlements. Jennie's father is a person who often gets drunk, so if Jennie makes a small mistake, Jennie's father doesn't hesitate to hit him. Under such circumstances, Jennie couldn't do anything and couldn't ask anyone for help.

Gump, who at that time went to Jennie's house and wanted to invite Jennie to play, found Jennie hiding and hiding to get out of the house, so her father wouldn't know she was out of the house. When he was able to get out, suddenly his father shouted and called his name. Jennie immediately took Gump's hand and took Gump away from Jennie's house to the corn field near her house. Jennie who was tired of running then hid among the existing corn trees, Jennie then invited Gump to pray to God.

f. Fictional Finalism

Adler Influenced Philosophy Hans Vaihinger who developed the idea of a fictional picture. These fictitious images are for example: “all humans are created equal”; “honesty is the best politics”; "the ends justify the means", and so on. Adler discovered the idea that humans are motivated more by their hopes for the future than by the past. For example, if people do not believe that there is a heaven for good people and a hell for bad people, behavior will be motivated by these beliefs. The final goal is a fiction that is impossible to realistically do.

"Have you ever dreamed of Forrest, what would you become?"
"What will I be?"
"Can I?"
"You're still the same you, the other you."
"Do you know? I want to be famous."
"I want to be a singer like Joan Baez."
"I want to be on my own stage with my guitar, my voice."
"Only me."
(27:06-27:35)



Picture 11. Jennie Tell her Dream

The Forrest Gump film scene above describes the dialogue between Gump and Jennie, at that time Gump, who had not seen Jennie for a long time, decided to meet Jennie at his campus. Jennie and Gump both had their own busy lives in the early days of college. The great longing for Jennie overcomes all obstacles that interfere with Gump's meeting with Jennie. Gump willingly braved the rain to meet Jennie. Until the dorm that Jennie lived in, Gump found something he didn't expect before, Gump saw Jennie with another man which made Gump annoyed and angry with the man. Gump spontaneously hit the man. Jennie got annoyed and turned furious to Gump.

However, after Gump explained his purpose in coming to Jennie's dorm, Jennie felt disgusted by what Jennie said. Jennie invites Gump into Jennie's dorm which contains women. Inside the dorm, Jennie asked Gump what dream he wanted to achieve after this. Jennie said that all this time she studied very hard to become a musician, she learned to play the guitar while in college. Jennie has a desire to do a singing show while playing on the guitar on stage, she wants to play alone and enjoy her own stage.

"Have you ever been on a real shrimp boat?"
"No, but I've been on a really big ship."
"You're talking about a shrimp boat."
"All my life I worked on a shrimp boat."
"I started on my uncle's ship maybe when I was 9 years old."

"I'm trying to buy my own ship and essential equipment."
 "My full name is Benjamin Buford Blue."
 "People call me Bubba, like one of their men."
 "Can you believe that?"
 "My name is Forrest Gump; people call me Forrest Gump."
 "I know everything there is to know about the shrimp business."
 "I will go into the shrimp business after I get out of the military."
 (32:17-33:13)



Picture 12. Bubba Tell his Dream to Forrest

Forrest met Bubba for the first time on the bus that took them to military basecamp. They became good friends during their military education, Bubba talked more about anything than Gump, who was quite quiet, Bubba told what his experiences were in his life. Childhood experiences to the dreams he wants to achieve. Bubba comes from an area called Bayou La Batre, the area belongs to the coastal area where most of the residents are fishermen, Bubba himself has worked in the sea at the age of 9 years, he joined his uncle to sail the ocean looking for shrimp.

Bubba does have a very big interest in shrimp, since childhood he has sailed and lived on shrimp fishing boats, so shrimp and boats are normal for him. Over the years living at sea made Bubba understand what are the needs and tools used to catch shrimp. Bubba also said that he wanted to one day become a shrimp entrepreneur with a good career, besides that he also wanted to have his own shrimp boat and become the captain of the ship. He thought that because Bubba believed that he was already very skilled and knew a lot about the shrimp business.

3.2 What Motivation That Encourage Forrest Gump in The Life Struggle

a. Existence

Existence is a person's need to be fulfilled and maintained as a person in the midst of society or a company. This existence includes needs such as physiological hunger, thirst, material needs, security and a pleasant work environment.

“Since it was just me and mom and we always had an empty room, mom decided to rent out the room, usually to people who were on their way, like from Mobile, Montgomery, places like that.”

"That's how we make money. Mama really smart woman.”

(07:00-07:17)



Picture 13. Gump Walk Side His Mom

Gump's mother became a single parent to take care of all of Gump's needs and life. Therefore, he needs to be someone who is creative and full of ideas that can provide him with income. Without high creativity and courage, they will find it difficult to fulfill their needs. Gump's mother realized that she had to fulfill and buy the necessities she and Gump needed for her house, so she decided to rent out the empty rooms in her house to travelers on their way.

Gump's mother feels very lucky because she has a house big enough that she can rent it out to meet her daily needs, since Gump's father left her, she doesn't have the income to feed Gump and meet Gump's needs, moreover Gump's different conditions create the needs Gump needs. more and more. They lived alone in the house, but because the house had many vacant rooms and was rented out. Their house became crowded with various people who came to spend the night in the house. Mrs. Gump also has other activities, namely being a chef to prepare food for her guests.

Gump who doesn't have many friends because of his different body condition often gets bad treatment from his peers at school. Gump could do little to avoid the taunts of his friends.

"Hey Stupid"
 "Are you slow, or are you stupid?"
 "Listen to me Forrest Gump."
 "Just run, Forrest."
 "Forrest Run! Run! Fast!"
 "Take Your Bike"
 "Let's go after him! come on"
 "Wait fool! We will catch you"
 "Run Forrest, run! Run Forrest!"
 (15:40-16:03)



Picture 14. Gump Bullied by His Friends

The dialogue and narration above can show that Gump's existence is also what he struggles for. Gump who gets ridicule feels that he is not feeling well, so Gump decides to save himself from the ridicule and move to a safer place by running away from his friends. Jennie as Gump's best friend plays an important role in Gump's existence, Jennie who reminds Gump to run away from friends who make fun of him. Jennie realized that the ridicule by Gump's friends could affect Gump's mental state in the future.

Gump's self-existence which can be demonstrated by meeting the need for security has not been felt by Gump, Gump with a different body condition from most children his age has become the object of ridicule by many others, there is only one person who is willing to accept his shortcomings and wants to play with him all the time. Gump can only feel safe if he stays at home. There aren't many safe places outside for Gump to stay. Not many people can accept Gump with the condition he has, most people choose to mock Gump with his abnormal legs and body condition, but with time, adult Gump can accept what he has.

b. Relatedness

Linkage is the relationship between a person and the surrounding social environment. Everyone in life and work is always in contact with people. In kinship theory, this includes all needs that involve one's relationship with other people, such as family members, friends, and supervisors

at work. This need is proportional to the need for security, social need, and partly the need for esteem or pride, in Maslow's theory the leader who has subordinates must prioritize this kinship need that exists in everyone, and try to fulfill it as best he can.

"Remember what I said, Forrest"

"You are no different from anyone"

"Did you hear what I said, Forrest? You are the same as everyone"

"You are no different"

(06:14-06:32)



Picture 15. Forrest Gump and his mother

The blood relationship between mother and Gump makes Gump get so much love, Gump's mother gives all her love to her only child, especially since she lives alone with her child. Gump's childhood was only with his mother, not feeling the affection of his father. Automatically, Gump gets the safest place in his life from his mother. Everyone needs a safe place to grow, and Forrest Gump is no exception. Gump only has a place to thrive in the family with his mother, because the environment outside the home is not friendly for playing Gump. His mother always tries her best so that her child can grow up like other children, Gump feels a lot of ridicule that can interfere with his psychological and physical development, Gump gets a lot of ridicule from his friends and sometimes gets bullied by throwing small stones at his body. Gump. Gump's mother always advised Gump not to feel different from other children, Gump who has a different body shape often feels inferior when he sees other children can walk normally and can play together without being discriminated against. Gump's mother assures that Gump's differences do not mean a deficiency, Gump's mother feels that what Gump has is a gift given by God, everything in this world feels the same from one another.

"Don't let anyone tell you he's better than you, Forrest."

"If God wanted everyone to be equal, He would give us all hooks on our feet."

"Mom always has a way of explaining things so I can understand."

(06:29-06:39)



Picture 16. Gump and His Mother go Home

Not only is Forrest Gump being ridiculed because of his different body condition, Mrs. Gump also received different treatment from the others, the ridicule Mrs. Gump does not directly pass through the mouths of those who see it, but the ridicule and different treatment can be seen from the cynical gazes and body gestures shown by his neighbors.

However, as a parent who takes care of her child alone, Mrs. Gump does not accept when his son is made the subject of bad conversation and accuses their family of all kinds, Mrs. Gump considers all humans are equal, nothing is more or less, all are God's creation. So, Mrs. Gump gives advice and always tells Gump not to feel inferior to other circumstances, and he must not feel that there is something lacking in him. Gump feels that his mother always explains an incident well so that it is easy for Gump to understand.

c. Growth

The need for growth and development is a need related to the development of one's potential, such as creativity and personal growth. This need is proportional to the need for self-esteem and self-realization. In this need, these two needs will be combined. Although seen from the needs of each very different. However, the focus of attention and development, then this way of combining is acceptable. If this need can be met, then the person concerned will encourage himself to fully develop his own personal capacity.

"Don't let anyone tell you he's better than you, Forrest."

"If God wanted everyone to be equal, He would give us all hooks on our feet."

"Mom always has a way of explaining things so I can understand."

(06:29-06:39)



Picture 17. Gump and His Mother go Home

Gump who gets ridicule from friends and people around him is not allowed by his mother to feel inferior. Gump's mother, who realized that her child was different from other children, always tried to make sure her son was always confident in what he had. Gump's mother gave advice that all humans in the eyes of God are equal beings. So Gump shouldn't feel like he's lacking and shouldn't feel like anyone else has more than him. All have advantages and disadvantages of each.

"He taught me how to climb."

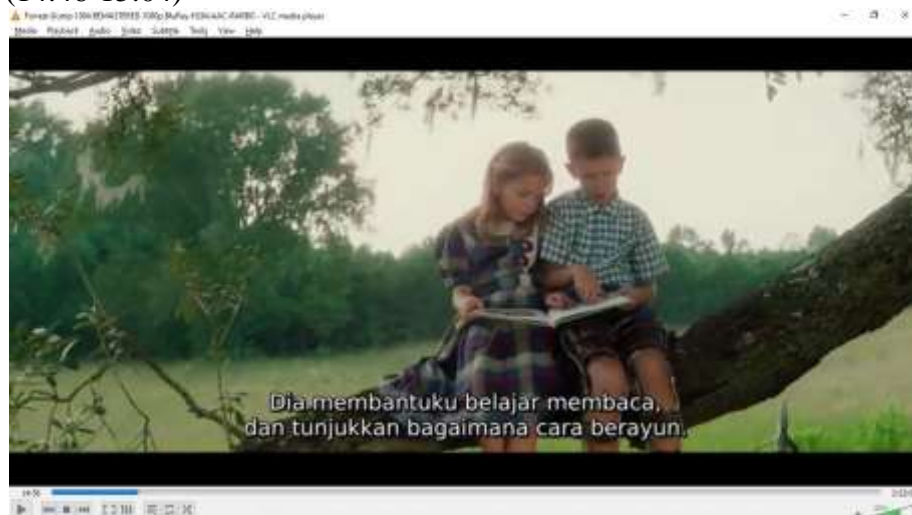
"Come on Forrest, you can do it."

"I'll show you how to swing."

"He helped me learn to read, and showed me how to swing."

"Sometimes, we just sit and look at the stars."

(14:46-15:04)



Picture 18. Gump Study with Jennie

Gump, who realized that he was lacking in academics, was shown by a not-so-high IQ test. Gump is very passionate about growing, he who is always with him every day not only gets together to play, but there are moments that he uses to learn. Gump received guidance from Jennie on how to read and write properly. After learning to read and write, Gump takes turns teaching Jennie how to climb, hang and swing on trees.

"This is one small step for a man, one big leap for humanity."

"I thought I was going back to Vietnam, but they decided the best way to fight the communists was to play ping-pong, so I went into special services, traveling around the country, encouraging injured veterans and showing them how to play ping-pong."

"I was so great, the army decided I was on the All-American ping-pong team."

"We were the first Americans to visit Chinese soil in a million years or something."

"Someone said peace was in our hands, but all I did was play ping-pong."

(1:13:34-1:14:46)



Picture 19. Gump Playing Ping-Pong

Gump who was injured after returning from fighting in Vietnam could not do much, Gump used it to learn other things, Gump learned to play ping-pong. Gump got to know ping-pong when he was in the hospital waiting for his wound to heal. Gump decided to play ping-pong and always played. So because of how often he played and loved ping-pong, he was sent by his commander to take part in a ping-pong tournament in China, from which Gump won. Gump felt that the tournament also provided good relations with other countries. "I didn't stay home long because I had made an appointment with Bubba, and I always tried to keep my promises, so I went to Bayou La Batre to meet Bubba's family."

"Are you crazy or just stupid?"

"And of course, I pay my respects to Bubba."

"Hey Bubba, it's me Forrest Gump."

"I remember everything you said, and I understand everything."

"I took the 24,562.47 dollars I got."

(1:26:48-1:27:31)



Picture 20. Gump to Bubba's Family House

The hard work done during his time as a student and while serving in the military made Gump grow very rapidly, from the beginning he was just a child who got bullied from his friends, but as an adult he became a very successful person. His hard work as a student earned Gump many awards in the field of football with his college team, Gump being the most famous player for his running speed.

When he was in the military and became one of the American troops who followed the war in America, he became one of the troops that the American people remember and be proud of. Gump played an important role in the war, even though America suffered defeat, but Gump was instrumental in rescuing and bringing the bodies of other American troops to safety. From his participation in the military, Gump also got to know Bubba, his friend from Alabama. Bubba who loves shrimp and who is related to shrimp gives Gump knowledge about shrimp. Gump's last success was realizing the dream he had designed with Bubba. Bubba, who always talked about shrimp, could inspire Gump to join in building a shrimp business, after Bubba's death, Gump tried to build the business alone. Gump not only opened the shrimp business, but also gave some of the money he had to give to the Buba family. The purposeful Gump moved to Alabama, close to the Bubba family home and bought a shrimp boat there to run his shrimp business.

3.3 Discussion

After analyzing the data that has been collected by researchers from the film entitled Forrest Gump, the researchers found several important points that can be used as discussion material. This study aims to determine what factors influence Forrest Gump in the course of his life, Forrest Gump who is told in the film as the main character has many shortcomings and does not have many friends to play with. Researchers conducted research to find out what factors

were obstacles to Gump's psychological growth and one more thing that the researcher wanted to find was what motivational factors could move Gump to become a stronger human being. The researcher uses the theory introduced by Alfred Adler to find out what psychological factors Gump has experienced in his life journey to face the problems that come to him, the theory proposed by Adler is very relevant to be used in this study because this theory discusses feelings - basic human feelings. Adler considered that humans will not be separated from feelings of inferiority, no matter how much they have wealth and needs can be fulfilled, one day feelings of inferiority will come to humans. Then, from the theory found by Adler, it also discusses the feeling of superiority, a feeling that shows that someone who feels inferior or feels lacking will sometimes feel that he is great, that feeling arises to fight feelings of inferiority which he can use to rise against the shortcomings that arise. there

4. CLOSING

The conclusion of this study is based on the problem statement from Forrest Gump consisting of two characteristics of the bullying related to Individual Psychological Approach and the motivation of life struggle namely the analysis of life struggle Gump in the Forrest Gump Movie and the reason of supports the theme. First, the actors in the Forrest Gump movie do in dealing with bullying in their lives. According to Adler, there are six important points that can be used to measure a person's psychological condition, namely: Inferiority Feeling, Superiority Feeling, Social Interest, Creative Self, Life Style, Fictional Finalism. It can be concluded that psychological conditions that arise because they feel unable or physical/psychological deficiencies are not as imagined. Feelings of inferiority can be a trigger for a person's hard work and growth. By the time Forrest Gump was 7 years old he didn't understand what the difference was between himself and the people around him. He lived his life just like that until he finally realized that he had a limp leg that was one of his shortcomings. Forrest always listens to what his mother has to say that he is different from the others and his mother's belief that Forrest is capable of completing his education like everyone else even though his IQ is below average. At that moment Forrest felt there was nothing he could hear but his mother. So, Forrest lived his life according to what his mother said. And when he was bullied by his friends at school, he did not feel that he was not capable. Second, Alderfer suggests three categories of needs, namely: E = Existence (the need for existence), R = Relatedness (the need to relate to other parties), and G = Growth (the need for growth). The theory of Clayton Alderfer can answer the question of motivation, he argues that the need for existence is not met may have a very strong effect, but other needs may also be important in leading to a goal. Even if they are

met, these needs will have a greater influence on decision making in general. Like Forrest when he started school on his first day. Many of his friends thought he was different and almost all of his friends thought he was lacking to bully Forrest because he had a below average IQ. With this bullying, Forrest did not just give up, in fact he continued to live his life better until he was able to complete his education and be successful in his own way.

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