

1 **Eliminating post-natal HIV transmission in high incidence areas:**
2 **need for complementary biomedical interventions**

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30

31 **Summary**

32 The relative contribution of breastfeeding to mother-to-child transmission of HIV (MTCT) is
33 increasing: early, effective pre-conception and antenatal antiretroviral therapy (ART) reduces
34 intrauterine and intrapartum MTCT, whilst maternal postpartum HIV acquisition, untreated
35 maternal HIV infection, or sub-optimal postnatal maternal ART adherence increase the
36 proportion of MTCT through breastfeeding. Although absolute MTCT through breastmilk is
37 decreasing, this decrease occurs at a slower rate compared with intrauterine and intrapartum
38 MTCT. Unless universally applied, current strategies may not be sufficient to eliminate MTCT
39 through breastmilk. In high HIV prevalence and incidence settings, urgent action is needed to
40 evaluate and implement additional preventive biomedical strategies to eliminate breastmilk
41 MTCT. These include pre exposure prophylaxis (PrEP) in at risk HIV negative lactating women,
42 postnatal rescue strategies such as maternal retesting for HIV, maternal care reinforcement
43 and infant prophylaxis in HIV exposed breastfed infants, and active (vaccine) or passive
44 immunoprophylaxis with long acting broadly neutralizing antibodies.

45

46 **Introduction**

47 In the last twenty years, considerable progress has been achieved to improve policies and
48 scale up the roll out of strategies to prevent mother-to-child transmission of HIV (PMTCT)
49 globally. Between 2000 and 2015, an estimated 1.4 million paediatric infections have thus been
50 averted, a 70% decrease in new paediatric HIV infections compared to the previous fifteen
51 year period when the epidemic peaked.¹ In 2015, it was estimated that 80% of HIV-infected
52 pregnant women worldwide had received antiretroviral drugs (ARV) for PMTCT. Attaining the
53 elimination of mother-to-child transmission of HIV (eMTCT) hence became an achievable
54 goal.² In 2012, the World Health Organization (WHO) recommended PMTCT based on lifelong
55 triple antiretroviral therapy (ART) for pregnant and lactating women living with HIV with short
56 course ARV prophylaxis in HIV-exposed neonates. Since 2016, the WHO recommends the
57 Universal test and treat (UTT) strategy including for PMTCT with, exclusive breastfeeding
58 during the first six months and continued breastfeeding for at least 12 months up to 24 months
59 or longer while being fully supported for maternal triple ART adherence.³ The combination of
60 these preventive measures, together with reducing HIV acquisition in women of childbearing
61 age, are considered sufficient to reach eMTCT. By 2016, all twenty-two Global Plan priority
62 countries (where 90% of the world's HIV positive pregnant women live) had scaled up UTT-
63 based PMTCT. However, in 2018, six years after the WHO introduced triple ART for PMTCT
64 globally 160,000 new paediatric HIV infections were diagnosed, far above the target of less
65 than 40,000 new infections set for 2015 onwards.⁴ With early and more efficacious pre-
66 conception and antenatal ART access, the proportion of mother-to-child transmission of HIV
67 (MTCT) attributable to intrauterine or intrapartum HIV transmission is decreasing. However,
68 women and their infants may slip through the net of UTT-based PMTCT. With maternal HIV
69 acquisition during late pregnancy or postpartum, chronic untreated maternal HIV infection or
70 sub-optimal adherence to maternal ART postnatally the relative contribution of breastfeeding
71 to overall MTCT is increasing. In South African infants, according to the Thembisa model, v4.1,
72 data collected since 1996 shows that, from 2010 onwards, postnatal HIV acquisition is
73 outweighing perinatal acquisition and the gap between the two modes of acquisition keeps
74 widening (Figure 1). The Thembisa model estimates that postnatal HIV acquisition accounted
75 for 40% of total MTCTs in 2004-2005, increasing to 75% in 2017-18 (Leigh Johnson – personal
76 communication).

77 In 2017, breastfeeding contributed to more than 50% of MTCT in 15 of the 21 global priority
78 countries in sub-Saharan Africa.⁵ This suggests that current application of PMTCT policy will
79 be insufficient to eliminate MTCT, and postnatal MTCT in particular.

80 This paper summarizes the rationale for continuing to seek complementary biomedical
81 interventions to prevent postnatal MTCT. We discuss each complementary intervention,
82 differentiating between those currently available and those under investigation. Finally, we end
83 by a call for urgent action to evaluate and implement the operational ('real-life') effectiveness
84 of complementary biomedical preventive strategies to eliminate postnatal MTCT.

85

86 ***Why postnatal MTCT is declining slower than expected?***

87 The current PMTCT strategy focuses heavily on the antenatal and intrapartum period, and
88 relies on identifying HIV-infected women, offering them ART and following up mother-baby
89 pairs post-partum to optimize ART adherence and encourage early infant HIV diagnosis.

90

91 In mothers accessing PMTCT-related care antenatally, most residual transmission occurs
92 secondary to one or a combination of health system, population and individual level
93 circumstances.

94 Health system barriers? include that antenatal clinic (ANC)-centred PMTCT programs
95 experience difficulties with screening pregnant women, early triaging and retaining HIV
96 infected women in treatment and care to render them aviraemic. At population level in high
97 HIV prevalence settings, weak PMTCT program monitoring and evaluation systems hinder
98 programme managers from enforcing appropriate corrective actions. At the individual level,
99 breastmilk transmission of HIV-1 is more likely to occur when women interrupt ART during
100 lactation, due to viral rebound in breast milk.⁶ Furthermore, many HIV-exposed infants are
101 breastfed for prolonged periods, without clear monitoring of maternal viral load. As HIV
102 transmission does not stop abruptly at 18 months, and as many countries do not adequately
103 implement the last infant HIV test at 6-weeks post breastfeeding cessation, a significant
104 proportion of HIV exposed infants get infected through breastfeeding after the last negative
105 HIV test. A recent study conducted in 562 children from four African countries, Burkina Faso,
106 Uganda, South Africa and Zambia, who had been HIV-exposed during previous breastfeeding
107 and tested HIV-negative at 12 months, demonstrated that at age 5-6 years, residual HIV
108 transmission is 1.4%, most likely due to prolonged breastfeeding without maternal viral load
109 suppression.⁷

110

111 **Health system access, HIV acquisition, viral load monitoring and postnatal MTCT**

112 A considerable number of women do not access appropriate PMTCT-related care. A study
113 conducted in Kenya, Malawi and South Africa, demonstrated that among 11,000 HIV-1-
114 infected pregnant or breastfeeding women, 27 to 73% had a plasma HIV RNA >1000
115 copies/mL.^{8,9} These women with unsuppressed viraemia were either undiagnosed for HIV, or

116 had recent infections (after initial ANC screening), were not initiated on ART or were non-
117 adherent to ART.

118 Some women do not access even one ANC visit due to geographic, cultural (including
119 discriminatory attitudes), or logistic challenges. In 2016 in sub-Saharan Africa, more than 20%
120 of women never attended ANC before delivery (UNICEF global databases 2017 based on
121 Multiple Indicator Cluster Surveys and Demographic and Health Surveys) and could therefore
122 not benefit from HIV testing and care at that point. In contrast, approximately 90% of children
123 are brought to a health facility for their third postnatal immunisation vaccines, making postnatal
124 infant rescue interventions feasible.

125 Estimates of community-level HIV incidence amongst pregnant and lactating women are not
126 routinely available as few women are re-tested. A sub study of the large, recent ECHO trial,
127 South Africa, estimated annual HIV incidence in 5768 sexually active, non-pregnant, HIV-
128 uninfected women (16-35 years) from nine South African communities.¹⁰ The estimated HIV
129 incidence was 4.51 per 100 woman-years of follow up (95% confidence interval (CI): 4.05-
130 5.01), with wide discrepancies across communities and a much higher risk in women below 24
131 years.¹¹ Late pregnancy and postpartum seem to be particularly risky periods for HIV
132 acquisition by women of childbearing age: A study of 686 pregnancies in seven African
133 countries (Botswana, Kenya, Rwanda, South Africa, Tanzania, Uganda and Zambia)
134 measured a per-coital act risk of HIV acquisition three to four times higher during late
135 pregnancy and *postpartum* respectively, compared with the nonpregnant period.¹² The
136 biological reasons for this are still under investigation. An alarming consequence of this is the
137 very high risk of postnatal HIV transmission (due to high HIV replication during acute infection)
138 if maternal HIV is acquired during the last trimester of pregnancy or while breastfeeding:
139 approximately 30% of breastfed infants will acquire HIV infection – usually rapidly (within
140 weeks) of their mother's acquisition of the virus.^{13,14} There is a consistent lack of surveillance
141 data quantifying paediatric HIV infection following maternal postnatal HIV acquisition. It has,
142 however, been estimated to account for more than 40% of new paediatric infections in
143 Botswana and 18 to 24% in Zimbabwe.^{14,15}

144 Given the substantial variation of HIV prevalence and incidence within countries, a fine-tuned
145 system is needed to capture hot spots of high HIV burden and transmission, identify local
146 drivers of MTCT and implement appropriate solutions.^{16,17} For example, in South Africa during
147 2017-2018 MTCT ranged between 0% and 3.6% at district level, with a national average of
148 0.9%.¹⁸ Intra-uterine case rates ranged from 72 to 360 HIV infections per 100 000 live births at
149 district level.¹⁹ Nine districts had an antenatal HIV prevalence of at least 35% plus an intra-
150 uterine case rate above 200 per 100,000 live births.^{19,20} A rapid roll-out of new recency infection

151 testing would help to prioritise eMTCT interventions hot spots with the highest maternal HIV
152 prevalence and incidence - this could be a winning strategy.^{20, 21}

153

154 **Complementary biomedical strategies to reduce postnatal MTCT**

155 Interventions to reduce postnatal MTCT need to recognise pathophysiologic mechanisms
156 specific to breastfeeding. First, HIV transmission can occur even during very late stages of
157 breastfeeding: transmission events have been documented long after the last 12 to 18 months
158 HIV test in breastfeeding infants.⁷ Second, both cell-free and cell-associated HIV from breast
159 milk have been associated with transmission events:²²⁻²⁴ Transmission has occurred despite
160 undetectable viral load in breast milk and/or maternal blood.²⁵⁻²⁸ Residual breastfeeding HIV
161 transmission from a mother prescribed ART for approximately 6 months has been estimated
162 at around 2.4-2.9% at 12 months.^{29, 30} Third, a very narrow bottleneck of transmitted/founder
163 viruses operate in HIV transmission by breastfeeding.^{24, 31} The latter implies that a single or a
164 combination of a small number of compounds – ARV drugs and/or broadly neutralizing
165 antibodies (bNAbs) and/or a vaccine – administered to the exposed infant may be sufficient to
166 block transmission of this limited population of diverging viruses.

167 Complementary strategies to reduce postnatal MTCT should include strategies that are
168 currently acceptable and feasible, while working on testing new innovations under investigation
169 to further improve our ability to reduce postnatal MTCT (Figure 2). Currently acceptable and
170 feasible strategies include ART as the cornerstone as well as PrEP for pregnant or lactating
171 uninfected women to prevent HIV acquisition, and reinforcement approaches such as repeat
172 HIV testing, adapted maternal care and extended post-exposure prophylaxis for infants whose
173 mothers have a detectable viral load. These strategies are discussed in detail below.
174 Innovative strategies under investigation include vaccines and bNAbs.

175

176 ***Improving existing policies that are not optimally implemented***

177 **PrEP for high risk HIV uninfected pregnant/lactating women**

178 The high incidence of maternal HIV infections during pregnancy and more significantly during
179 breastfeeding remains a major hurdle to achieving eMTCT.^{32, 33} In 2017, WHO released
180 guidance and a policy brief recommending tenofovir-disoproxil fumarate (TDF)-containing
181 PrEP for pregnant and lactating women at substantial risk of acquiring HIV infection,³⁴ coupled
182 with adherence support and continued monitoring of antiretroviral toxicity, pregnancy
183 outcomes and child growth. Despite a relatively high foetal transplacental exposure to TDF,

184 there may be limited safety concerns specifically relating to pregnancy.^{35,36} There is even less
185 evidence of TDF/emtricitabine (FTC) toxicity in breastfed infants because exposure to TDF in
186 breast milk is minimal and estimated to be 0.5% to 16% of foetal exposure via placental
187 transfer.^{28,37-39} Breast milk exposure to TDF is estimated to be between 0.01% and 0.04% of
188 the recommended therapeutic dose.⁴⁰ Although FTC absorption into breast milk is higher than
189 TDF, infant exposure to FTC via breast milk remains negligible at 0.5% of the recommended
190 therapeutic dose (6 mg/kg).³⁷ Overall, there is limited evidence of safety concerns for TDF/FTC
191 PrEP use during breastfeeding because of the negligible exposure to TDF and FTC in breast
192 milk.

193 Efficacy of PrEP in HIV prevention is highly dependent on adherence and consistent use.⁴¹
194 Although there are no studies to-date that evaluate adherence to PrEP in the postnatal period,
195 reasons for poor adherence or early discontinuation of PrEP are expected to be similar among
196 nursing mothers, as they are among non-pregnant women. Postpartum women may be more
197 motivated to adhere to PrEP if it is made clear to them that the risk of MTCT through
198 breastfeeding in acute infection is extremely high. In PrEP clinical trials, adherence and
199 consistent use of PrEP are reportedly high in the first three months (84%) but generally wane
200 at subsequent visits.⁴² At six and 12 months, women with detectable levels of TDF declined to
201 57% and 31%, respectively. Recent experience with implementing PrEP in family planning
202 clinics in Kenya amongst non-pregnant women underscores the challenge of poor uptake and
203 retention of women on PrEP at programmatic level.⁴³ Continuation of PrEP use at one, three
204 and six months post initiation was 41%, 24% and 15%, respectively.⁴³ Pill burden was a
205 common reason for women who declined PrEP and contributed to 17% of women discontinuing
206 PrEP in the first month post-initiation. In a systematic review of adherence to daily oral PrEP
207 for HIV prevention in several studies, common reasons for poor adherence and early
208 discontinuation were stigma, low risk perception, low decision-making power, side effects and
209 logistics of daily life.⁴⁴

210 To address poor adherence to the daily PrEP regimen, two new modalities delivering long-
211 acting antiretroviral regimens for PrEP have progressed to Phase III clinical trials in non-
212 pregnant and non-lactating women. Intramuscular injections of Long Acting (LA) Cabotegravir
213 (CAB)(CAB-LA), a strand transfer integrase inhibitor, every eight to 12 weeks was evaluated
214 for its safety, tolerability and pharmacokinetics in low-risk HIV-uninfected adults.⁴⁵ In this
215 HPTN077 study, the only adverse events more common in the CAB-LA group than the placebo
216 group were Grade 2 or higher injection site reactions. The authors concluded that CAB-LA was
217 well tolerated in this healthy population and recommended 600 mg every eight weeks. This
218 regimen is currently being evaluated for safety and efficacy (HIV prevention) among young
219 non-pregnant and non-lactating women in Botswana, Kenya, Malawi, South Africa, Swaziland,

220 Uganda and Zimbabwe (HPTN 084 study, clinicaltrials.gov NCT 03164564); results are
221 expected in 2022. Further studies are required to evaluate the safety of infant exposure to
222 CAB-LA via breastmilk. The IMPAACT 2026 study is in development to evaluate LA ARV
223 concentrations in breastmilk including CAB exposure to breastfed infants.⁴⁶

224 Rilpivirine (RPV, TMC278), the only other LA injectable non-nucleoside reverse transcriptase
225 inhibitor (NNRTI), was well tolerated in healthy male and female HIV-uninfected non-pregnant
226 volunteers with no serious adverse events.⁴⁷ Lower peak concentration in the female genital
227 tract in association with increased body mass index has cast some uncertainty on the role of
228 RPV-LA as PrEP.⁴⁸

229 Providing women with another HIV prevention option, namely monthly self-insertion of a
230 vaginal ring containing 25 mg Dapivirine (DPV), a NNRTI in two phase III clinical trials (MTN
231 020/Aspire study and Ring Study) over a 2-year period resulted in 30% lower HIV incidence in
232 non-pregnant women.^{49,50} While DPV was well tolerated with no serious adverse events in
233 women, protective efficacy was again limited by poor adherence to the self-insertion of the
234 vaginal ring. Pregnant and lactating women were excluded from participating in both trials.
235 However, 169 women became pregnant during the course of the trial.⁵¹ Although study product
236 was withheld soon after diagnosis of pregnancy, a *post hoc* analysis revealed no association
237 between periconception DPV ring and adverse pregnancy and infant outcomes.⁵¹

238 A subsequent study (MTN-029/IPM 039 study) enrolled 16 women who had stopped
239 breastfeeding but could still express breastmilk.⁵² Following DPV vaginal ring insertion, the
240 median concentration of DPV in breastmilk and plasma were 676 pg/mL and 327 pg/mL,
241 respectively and 36 ng/mg cervical fluid.⁵² The estimated mean daily infant dosage was
242 74.3 ng/kg/day – much lower than infant exposure to TDF/FTC in mothers taking TDF/FTC
243 These findings suggest low infant exposure to DPV during breastfeeding.

244

245 **Reinforcement approaches**

246 Oral antiretroviral administration to an HIV-exposed uninfected infant was shown to be safe
247 and remarkably effective in preventing breastfeeding transmission of HIV, both during short
248 periods of six weeks to six months or throughout breastfeeding.⁵³⁻⁵⁶ Two drugs do not seem to
249 be more effective than one, suggesting again that infant cells can be simply protected from
250 acquisition of cell-free and cell-associated HIV from a very small population of founder viruses
251 present in the inoculum. This strategy is very similar to PrEP in HIV-exposed adults – which is
252 recommended by WHO to any population exposed to HIV having an expected incidence of
253 HIV infection above 3 per 100 person-years – and can be qualified as infant PrEP.

254 Reinforcement approaches are meant to improve and/or simplify the operational application of
255 existing policies. These are based on maternal HIV retesting during late pregnancy or
256 breastfeeding, and need concomitant support by means of high-performance point of care
257 (POC) qualitative and quantitative molecular HIV tests.⁵⁷⁻⁵⁹ The latter will diagnose infant HIV
258 infection and determine maternal HIV viral load, thus differentiating between two groups of
259 infants. The first group is HIV infected infants who need prompt ART initiation; the second
260 group is HIV uninfected infants whose mothers have detectable HIV in blood and/or breastmilk.
261 In the latter infant, PrEP together with reinforcement of maternal ART may be a safe
262 intervention to protect the infant against HIV acquisition during the breastfeeding period.

263 For optimal effectiveness of reinforcement approaches, we need to identify the best timing to
264 retest women for HIV. The ongoing PROMISE-EPI trial (NCT03870438), currently underway
265 in Zambia and Burkina Faso has chosen the 6-8 week Expanded Program on Immunization
266 (EPI) visit. After maternal HIV (re)testing, a molecular POC test is offered to all infants of HIV-
267 infected mothers and ART is initiated immediately in HIV-infected infants. Then, a POC viral
268 load is performed in all mothers living with HIV and those not virally suppressed receive
269 reinforced counselling on ART treatment and adherence, while the HIV-exposed uninfected
270 infant receives daily oral lamivudine (as PrEP) until the end of breastfeeding. Results on
271 efficacy and safety of this strategy should be available by the end of 2021.

272 Other reinforcement approaches may include introducing alternative infant PrEP regimens
273 such as long acting ARV or bNAbs in well- baby clinics or outpatient paediatric clinics.

274

275 ***New preventive strategies***

276 **Passive immunoprophylaxis by means of long acting bNAbs**

277 Worldwide, more than 40 human monoclonal antibodies with broadly neutralizing properties
278 directed at HIV have been developed and characterized.⁶⁰ These are directed toward different
279 neutralizing epitopes of the HIV envelope, such as the V1V2 glycan, high mannose V3
280 supersite, CD4 binding site, g120-gp41 interface or membrane-proximal external regions
281 (MPER).

282

283 These bNAbs can display different immune effector functions for inhibiting HIV.⁶¹ Firstly, they
284 can directly neutralize cell-free virions by attaching to HIV and providing immune exclusion,
285 and antibody-mediated viral clearance. Secondly, they can bind to infected cells and mediate
286 either antibody-dependent cell cytotoxicity (ADCC) through Fc-FcR interactions or through
287 macrophage's phagocytosis and cellular destruction. Finally, bNAbs and viral antigens can

288 form immune complexes which can be taken by dendritic cells and may stimulate adaptive
289 cytotoxic T-cell activity and B-cell maturation.⁶² The ability to kill latently HIV-infected T-cells
290 has been demonstrated *in vivo* for the bNAb 3BNC117 and, in simian-human
291 immunodeficiency virus (SHIV)-infected rhesus monkeys, PGT121 bNAb infusion was
292 associated with a depletion of proviral DNA.⁶³ Furthermore, 3BNC117 infusion has been
293 associated with a significant delay in viral rebound in humans after analytical ART
294 interruption.⁶⁴ All these properties make these bNAbs attractive candidates for HIV
295 therapeutics but also for new preventive tools.⁶⁵⁻⁶⁷

296
297 The bNAb VRC01 developed by the US Vaccine Research Centre (VRC) has been the most
298 largely studied in humans and the only monoclonal antibody to date being evaluated in efficacy
299 trials. VRC01, directed against the CD4 binding site of HIV-1 gp120 and formulated at 100
300 mg/mL for intravenous (IV) or subcutaneous (SC) administration, is actively transported to
301 mucosal tissues.⁶⁸ A lysine-serine (LS) mutation in the Fc fragment has been found to extend
302 the half-life of VRC01 and other bNAbs, by allowing them to escape proteasome catabolism
303 and to recycling in the extracellular compartment.⁶⁹

304 VRC07-523 is a related clone of VRC01, engineered for increased neutralising potency and
305 breadth, covering *in vitro* 96% of HIV strains at an almost 10-fold lower concentration. In
306 particular, VRC07-523 is most active against HIV-1 clade C rendering it an ideal bNAb
307 intervention for infants in Southern Africa where clade C largely predominates.⁷⁰

308
309 Two phase 2 trials using VRC01 or the closely related VRC07-523-LS subcutaneously are
310 ongoing in HIV-exposed infants (NCT02256631) and in HIV-infected infants receiving ART
311 (NCT03208231). Preliminary results from the IMPAACT P1112 trial suggest that VRC01 is well
312 tolerated at the dose of 20-40 mg/kg (approximately 1mL) but that the long-acting formulation
313 of VRC01, VRC01-LS has a shorter half-life in infants than predicted.⁷¹ A modelling exercise
314 derived from data in animal models allows predicting a high protective efficacy and a good
315 tolerance in humans.⁷² In neonatal macaque model, administration of a PGT121 and VRC07-
316 523 combination mediated effective post-exposure prophylaxis in infant macaques within 30
317 to 48 hours of oral SHIV exposure.^{73,74}

318 There is also an exciting prospect of using bNAbs, especially in their long-acting formulation,
319 as an innovative passive immune prophylaxis strategy to preventing breastfeeding HIV
320 transmission and finally reaching eMTCT in high incidence/prevalence breastfeeding areas.
321 The production cost of long-acting bNAbs could be fairly low, less than 5US\$ for a perinatal
322 dose. It is likely that these bNAbs could be produced at large scale in countries such as South
323 Africa where 120 kg could suffice to cover the needs of the 1.2 million new-borns per year.

324

325 The principle of using monoclonal antibodies in paediatrics for prophylaxis has existed for
326 decades to prevent vertical transmission of hepatitis B (polyclonal hepatitis B immunoglobulins
327 HBIG) or to prevent respiratory syncytial virus (RSV) infections in children (monoclonal
328 antibodies against RSV). Despite differences (neither hepatitis B nor RSV infections have a
329 definitive medical treatment, whilst HIV infection has ART), hard to reach or at risk populations
330 with poor access or adherence to ART may benefit from the principle of using monoclonal
331 antibody as a universal intervention to prevent vertical transmission of HIV. If shown to be well
332 tolerated in neonates in phase 1 and 2a trials, a first dose of long acting bNAbs (one antibody
333 or a combination, less than 1ml subcutaneously) could be administered to all neonates in high
334 HIV prevalence / incidence settings, with a repeated dose, eventually integrated in the EPI
335 program, every three to four months as long as the infant is still breastfed. This strategy has
336 the theoretical potential to prevent residual MTCT in the postnatal period and to prevent infant
337 HIV acquisition from mothers with acute infection while breastfeeding.

338
339 HIV transmission by breastfeeding is the result of a narrow bottleneck of transmitted/founder
340 viruses; thus, it is neither proven nor obvious that a combination of bNAbs would do better to
341 prevent immune escape than a single antibody. Clearly, the potency and also the breadth of
342 these antibodies are crucial criteria to consider. If the intervention has to be conducted in
343 Southern Africa, a bNAb covering clade C neutralization would be an important advantage. As
344 viruses can be either cell-free or cell-associated, including in a combination, a bNAb with
345 demonstrated effects on cellular reservoirs may be indicated, since HIV antibodies are able to
346 neutralize HIV in endosomes and transcytosis vesicles.^{22,75,76} VRC01-LS, displayed increased
347 transcytosis across human FcRn-expressing cellular monolayers *in vitro* while retaining
348 FcγRIIIa binding and function, including ADCC activity, at levels similar to VRC01. It persisted
349 in the rectal mucosa of adult macaques even when it was no longer detectable in the serum.⁶⁸
350 Therefore, the closely related VRC07-523-LS, as well as 3BNC117-LS (for its potency on cell-
351 associated viruses), CAP256-LS (an antibody developed in South Africa with exquisite breadth
352 on clade C viruses), 10-1074-LS, PGT121 or PGDM1400 may be potential candidates, and
353 need further investigation. The very first step should be to evaluate safety and
354 pharmacokinetics of these products in phase 1/2 trials in new-borns and infants.

355
356 Finally, a potential beneficial effect of using bNAbs for preventing breastfeeding transmission
357 of HIV may be the induction of a life-long endogenous protective immunity against HIV. This
358 possibility was raised from the observation of an active life-long protection in a mouse model
359 of murine retroviral infection treated by monoclonal antibody immunotherapy.⁷⁷ This adaptive
360 immune response involves multiple cellular and molecular actors of the immune system
361 triggered by immune complexes including bNAbs. If reproduced in the human through the

362 “vaccine-like” bNAb(s) intervention in breastfed infants, this vaccine effect of “passive”
363 immunoprophylaxis may prove to be somewhat “active” and may represent a completely novel
364 approach in human vaccinology to be explored.

365

366 **Active vaccination to induce neutralizing or non-neutralising antibodies to protect**
367 **breastfed infants**

368 An effective HIV vaccine inducing non-neutralizing antibodies administered during the neonatal
369 period has the potential to be a critical component in the strategy to achieve paediatric HIV
370 elimination. Several antibody assays such as antibody-dependent cellular phagocytosis
371 (ADCP) and ADCC have been correlated with reduced acquisition of infection in both non-
372 human primates (NHP) and humans (RV144 trial).⁷⁸ Two such approaches are being evaluated
373 in efficacy trials in Southern and East Africa for the prevention of sexual acquisition.
374 Unfortunately, one of these studies, the HVTN 702 phase 2b/3 study, an adaptation of the
375 RV144/Thai trial found to be efficacious in Thailand, modified to be clade C specific, did not
376 demonstrate efficacy when evaluating whether the heterologous prime-boost
377 ALVAC/glycoprotein 120 aimed at eliciting non-neutralizing immune responses such as
378 binding antibodies, ADCC, ADCP and polyfunctional T-cell responses could prevent sexual
379 transmission of HIV.⁷⁹ The second study, HVTN 705 (Imbokodo), a proof-of-concept efficacy
380 study is still underway in sub-Saharan Africa. It uses a heterologous prime boost HIV vaccine
381 regimen evaluating a mosaic adenovirus-26 vector and clade C HIV-1 env gp140 trimers.
382 Safety and immunogenicity studies demonstrated the induction of robust immune responses
383 such as non-neutralizing binding antibodies to HIV-envelope, ELISPOT T-cell responses and
384 ADCP antibodies which were associated with reduced HIV acquisition in NHP challenge
385 studies. Should HVTN 705 be efficacious, there is biological plausibility to evaluate this
386 approach in children to prevent MTCT. Identifying correlates of protection in efficacy studies
387 could pave a way for their rapid evaluation in infants.

388

389 Active vaccination strategies aimed at inducing bNAbs, utilizing strategies such as B-cell
390 immunogen lineage vaccine design, germline targeting vaccine design or epitope-based
391 vaccine SOSIP trimers or fusion peptides have the potential to be cost-effective strategies that
392 could be employed at the time of EPI vaccination.⁸⁰ The enhancement of B-cell responses to
393 bNAb-directed immunogens has been observed in infant rhesus macaques, and provides
394 justification to evaluate this concept in infants.⁸¹⁻⁸³ HVTN 135 is a phase I proof-of-concept
395 study to evaluate the safety, tolerability and immunogenicity of CH505TF gp120 adjuvanted
396 with GLA-SE in healthy HIV exposed uninfected infants in Soweto, South Africa. HVTN 135
397 will evaluate the ability of the vaccine regimen to initiate both CD4bs and V1V2 lineage-specific

398 antibodies with the potential to develop neutralization capacity in an infant population.
399 Expansion of this approach, evident by the several vaccine studies, is underway exploring the
400 safety, immunogenicity and pharmacokinetics of these vaccines that aim to induce bNAb
401 responses to HIV. The results of these, and their applicability to reducing breastmilk MTCT on
402 a large scale, in high HIV prevalence / incidence settings need to be investigated.

403

404 **Conclusion**

405 The contribution of breastmilk HIV transmission to total MTCT is increasing, given our success
406 in the use of early and more efficacious pre-conception and antenatal ART in women living
407 with HIV. Consequently, breastmilk transmission will continue to negatively impact on
408 paediatric HIV because of maternal HIV acquisition during late pregnancy or postpartum,
409 chronic untreated HIV infection or sub-optimal adherence to maternal ART postnatally. It is
410 evident that in high burden countries with poor health systems, current application of the
411 PMTCT policy will not be sufficient to eliminate MTCT. In areas with high HIV prevalence and
412 incidence, urgent action is required to reinforce and scale-up existing policies, to implement
413 new biomedical preventive strategies and to evaluate the operational effectiveness of existing
414 and new strategies. The effect of primary HIV prevention in at risk lactating women using PrEP,
415 maternal re-testing strategies amongst HIV negative mothers, and extended infant post-
416 exposure prophylaxis in exposed breastfed infants can be evaluated immediately: they form
417 part of current policy, but are sub-optimally implemented. However, they rely on adherence to
418 medication, or provider-initiated repeat HIV testing. We strongly believe that ethically-sound
419 research protocols aiming to test new complementary strategies such as vaccines or bNAbs,
420 that do not rely on optimal adherence or provider-initiated testing, need to be urgently approved
421 by Human Research Ethics Committees, and tested. These strategies may have wide-ranging
422 impact in high HIV prevalence / incidence breastfeeding settings.

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429 **Contribution of each author:**

430 PV and AG conceptualised the framework of the manuscript and drafted and circulated the
431 first version. All invited co-authors contributed to the conceptualisation, literature search,
432 drafting, and final editing process according to their expertise. All authors contributed to the
433 final version of the manuscript and approved the revised version.

434 ***In detail:***

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709 **Figure 1.** Relative contribution of breastfeeding to perinatal MTCT in South Africa (Thembisa
710 model v4.1, permission from Dr Leigh F. Johnson)

711 Y axis represents the number of new HIV-infected infants recorded in the South African
712 paediatric data sources, X axis the year of occurrence. Dashed lines correspond to the upper
713 and lower bound estimates.

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716 **Figure 2.** Combining strategies for preventing breastfeeding HIV transmission in high HIV
717 prevalence / incidence settings

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