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#### Intervention to Modify Perceptions of Homelessness

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# Interventions to Affect Perceptions of Homelessness

Sophie Srivastava, David Frederick PhD, and Vincent Berardi PhD Chapman University

# Introduction

### Background

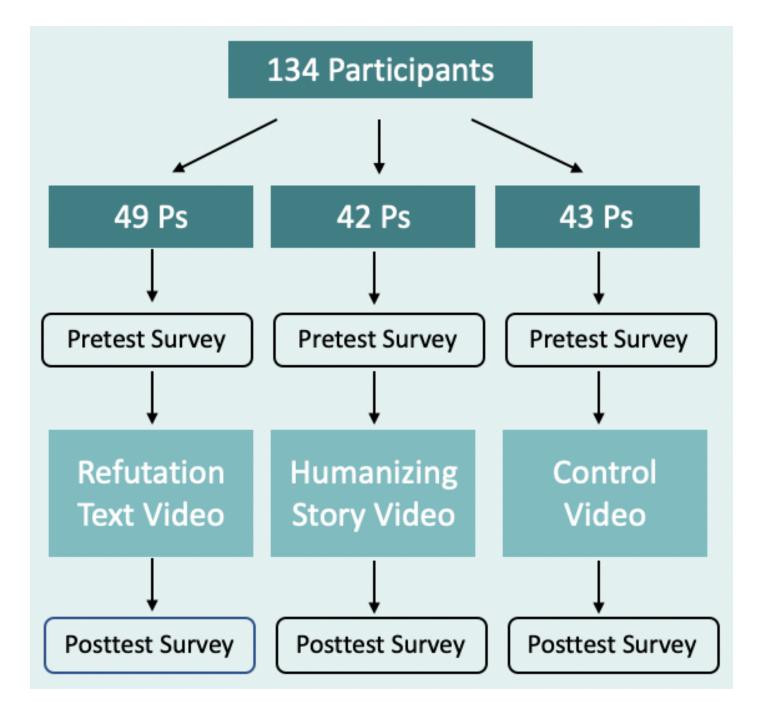
- ~568,000 people experience homelessness in a single night and CA has more than half of all unsheltered people in the country (HUD, 2019)
- Public opinion → policy formation
- Need interventions to correct public misperceptions about the homeless and gather more support for beneficial policies
- Interventions:
  - 1) Refutation Texts: written material that first calls attention to a misconception and directly refutes by providing concrete evidence (Aguilar et al., 2019)
  - Based on the Knowledge Revisions Components (KReC) framework (Kendeou & O'Brien, 2014)
  - 2) **Personal Stories:** indirect contact with homeless individuals to promote compassion and understanding (Knecht & Martinez, 2009)
  - Based on the contact hypothesis (Allport, 1954)

# Hypotheses

- Main Effects: No hypotheses
- Interaction between time and Intervention type on Opinions that Homeless are Harmful: I hypothesized that the degree to which attitudes became less negative from Time 1 to Time 2 would vary depending on which intervention video participants viewed.
- Interaction between time and intervention type on Support for Pro-Homeless Policies. I hypothesized that the degree to which support for prohomeless policies became more positive from Time 1 to Time 2 would vary depending on which intervention video participants viewed.
- Interaction between time and intervention type on Beliefs in Structural and External Causes. I hypothesized that the degree to which belief in structural and external causes became stronger from Time 1 to Time 2 would vary depending on which intervention video participants viewed.

# Methodology

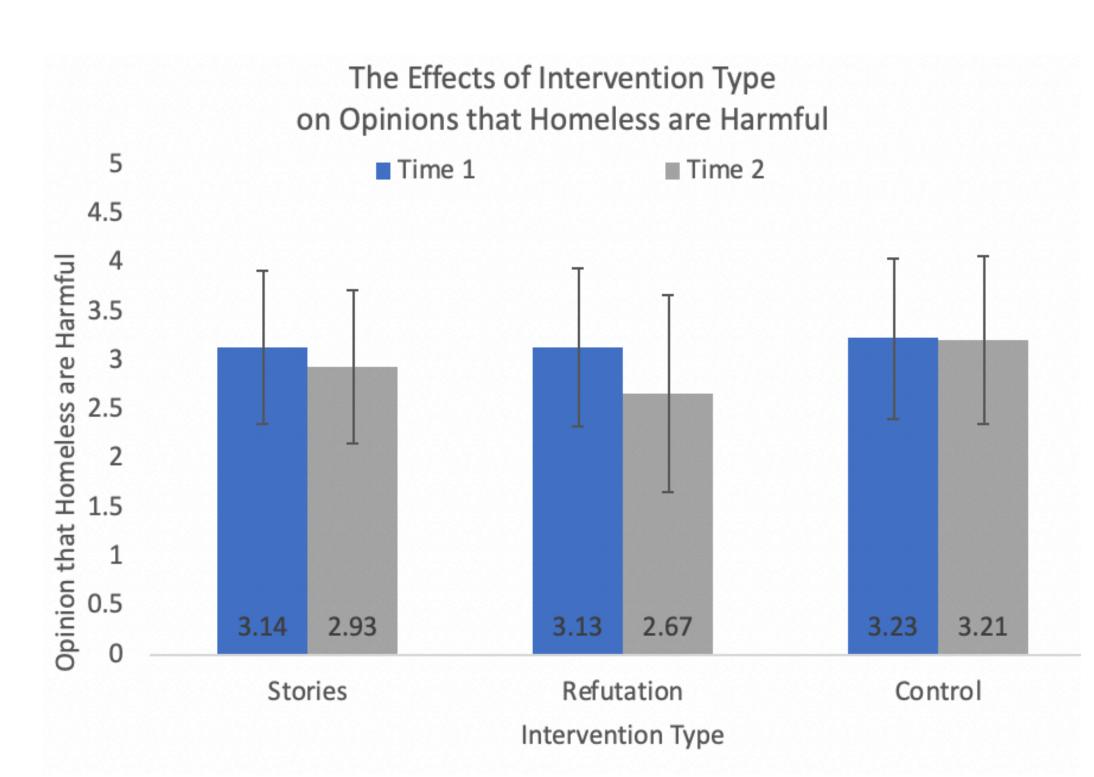
- N = 134 (removed 185 Ps)
- Demographics:
- Average age = 28 (range 18-62)
- Median income = \$70,000
- 59% Female; 39.6% Male
- Majority = White and Democrat
- Data Analysis
- Exploratory Factor Analysis Created 3 scales:
- Opinions that Homeless are Harmful
- Support for Pro-Homeless Policies
- Structural and External Causes of Homelessness
- Cronbach's alphas > 0.7
- 2x3 Mixed ANOVA and Paired samples t-tests



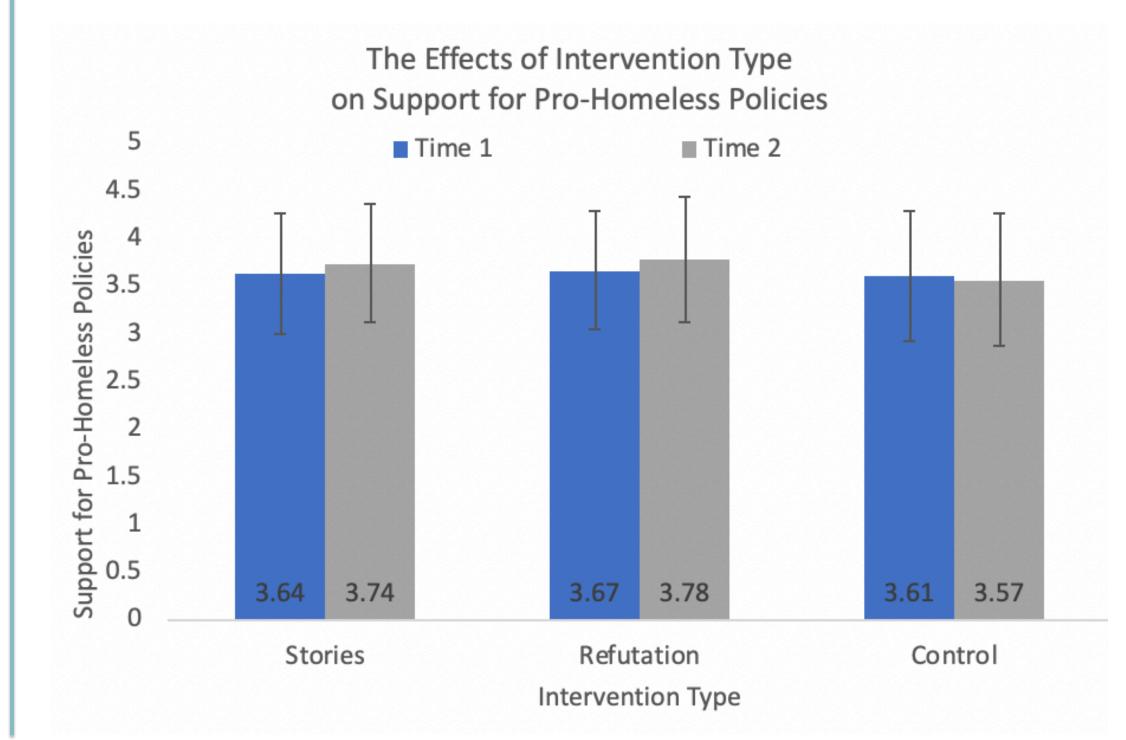
The Stories and Refutation interventions significantly decreased participants' belief in the Opinions that Homeless are Harmful scale, t(41) = 3.60, p < .001, d = .56, and t(48) = 5.55, p < .001, d = .79.

## Results

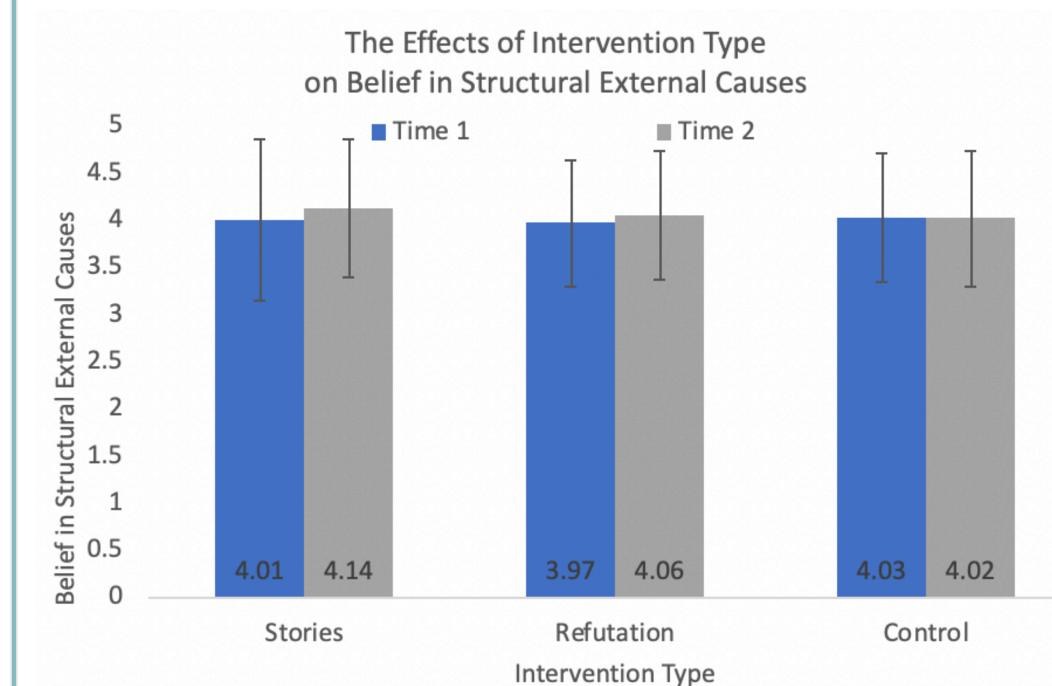
- Results for Scale: Opinions that Homeless are Harmful
- ANOVA Results: Statistically significant main effect of Pre-Versus-Post Rating, such that attitudes were more negative before the intervention (M = 3.17, SD = .80) than they were after the interventions (M = 2.93, SD = .91), F(1, 131) = 33.65,*p* < .001.
  - Statistically significant interaction F(2, 131) = 10.51, p <.001.
- Paired Samples t-test Results:
- No statistically significant difference in Time 1 vs Time 2 attitudes for Control participants, t(42) = .41, p = .681.
- Attitudes did become less negative from Time 1 to Time 2 for Stories participants, t(41) = 3.60, p < .001, d = .56, and for Refute participants, t(48) = 5.55, p < .001, d = .79.
- The effect size was larger for Refute participants than for Stories participants.



- Results for Scale: Support for Pro-Homeless Policies
- ANOVA Results: Statistically significant main effect of Pre-Versus-Post Rating, such that attitudes were more against Pro-Homeless policies before (M = 3.64, SD = .64) than they were after the interventions (M = 3.69, SD = .66), F(1, 131) = 6.33, p= .013.
  - Statistically significant interaction, F(2, 131) = 4.68, p =.011.
- Paired Samples t-test Results:
- No statistically significant difference in Time 1 vs Time 2 attitudes for the Control participants, t(42) = 1.42, p = .162.
- Attitudes became more supportive from Time 1 to Time 2 for Stories participants, t(41) = -2.36, p = .023, d = -.36, and for the Refute participants, t(48) = -2.60, p = .012, d = -.37.
  - Refute participants showed a slightly bigger increase in support than the Stories participants.



- Results for Scale: Structural and External Causes
  - ANOVA Results: Statistically significant main effect of Pre-Versus-Post Rating, such that there was less belief before (M = 4.00, SD = .74) than after the interventions (M = 4.08, SD = .71), F(1, 131) = 4.34, p = .039
  - No significant interaction, F(2, 131) = 1.31, p = .275
  - Paired Samples t-test Results:
  - No statistically significant difference in Time 1 vs Time 2 attitudes for the Control participants, t(42) = .15, p =.881.
  - There was significantly more belief from Time to Time 2 for Stories participants, t(41) = -1.59, p = .120, d = -.25, and for the Refute participants, t(48) = -.16, p = .114, d =-.23.
  - The Refute participants showed a slightly bigger increase in belief than the Stories participants.



## **Discussion**

# Key Findings

- Stories and Refute interventions significantly decreased belief in the Opinions that Homeless are Harmful scale, significantly increased Support for Pro-Homeless Policies, and increased belief in the Structural and External Causes scale
- No interaction for Structural and External Causes
- Refutation had stronger effect on Opinions that Homeless are Harmful

### Limitations

- Small sample size
- No measures of long-term effects
- No measure of behavioral change
- No validity for intervention videos

#### Strengths

- Random assignment and experimental design → causal claims
- Effective intervention novel way to reduce prejudice in video format
- High Cronbach's alphas for scales

### Implications

- Enhancing knowledge of Knowledge Revisions Components framework Videos could be implemented in public spaces or on social media to reach a wider audience
- Areas for future research:
  - Operationalize behavioral change (measuring voting behavior, interactions with homeless, etc.)
- Social media campaigns
- Long-term effects of such interventions

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