

A translatable RNAi-driven gene therapy silences *PMP22/Pmp22* genes and improves neuropathy in CMT1A mice

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Charcot-Marie-Tooth disease type 1A (CMT1A), the most common inherited demyelinating peripheral neuropathy, is caused by *PMP22* gene duplication. Over-expression of wild-type PMP22 in Schwann cells destabilizes the myelin sheath, leading to demyelination and ultimately to secondary axonal loss and disability. No treatments currently exist that modify the disease course. The most direct route to CMT1A therapy will involve reducing PMP22 to normal levels. To accomplish this, we developed a gene therapy strategy to reduce *PMP22* using novel artificial microRNAs targeting human and mouse *PMP22/Pmp22* mRNAs. Our lead therapeutic microRNA, miR871, was packaged into an AAV9 vector and delivered by lumbar intrathecal injection into C61-het mice, a model of CMT1A. AAV9-miR871 efficiently transduced Schwann cells in C61-het peripheral nerves and reduced human and mouse *PMP22/Pmp22* mRNA and protein levels. Treatment at early and late stages of the disease significantly improved multiple functional outcome measures and nerve conduction velocities. Furthermore, myelin pathology in lumbar roots and femoral motor nerves was ameliorated. Treated mice also showed reductions in circulating biomarkers of CMT1A. Taken together, our data demonstrate that AAV9-miR871-driven silencing of PMP22 rescues a CMT1A model and provides proof of principle for treating CMT1A using a translatable gene therapy approach.

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1 **TITLE PAGE**

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4 **improves neuropathy in CMT1A mice**

5

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31

32 **Short title:** Gene therapy for CMT1A demyelinating neuropathy

33 **ABSTRACT**

34

35 Charcot-Marie-Tooth disease type 1A (CMT1A), the most common inherited demyelinating
36 peripheral neuropathy, is caused by *PMP22* gene duplication. Over-expression of wild-type
37 *PMP22* in Schwann cells destabilizes the myelin sheath, leading to demyelination and
38 ultimately to secondary axonal loss and disability. No treatments currently exist that modify
39 the disease course. The most direct route to CMT1A therapy will involve reducing *PMP22* to
40 normal levels. To accomplish this, we developed a gene therapy strategy to reduce *PMP22*
41 using novel artificial microRNAs targeting human and mouse *PMP22/Pmp22* mRNAs. Our
42 lead therapeutic microRNA, miR871, was packaged into an AAV9 vector and delivered by
43 lumbar intrathecal injection into C61-het mice, a model of CMT1A. AAV9-miR871 efficiently
44 transduced Schwann cells in C61-het peripheral nerves and reduced human and mouse
45 *PMP22/Pmp22* mRNA and protein levels. Treatment at early and late stages of the disease
46 significantly improved multiple functional outcome measures and nerve conduction velocities.
47 Furthermore, myelin pathology in lumbar roots and femoral motor nerves was ameliorated.
48 Treated mice also showed reductions in circulating biomarkers of CMT1A. Taken together,
49 our data demonstrate that AAV9-miR871-driven silencing of *PMP22* rescues a CMT1A model
50 and provides proof of principle for treating CMT1A using a translatable gene therapy approach.

51

52

53 **KEYWORDS**

54 CMT1A, inherited neuropathy, *PMP22*, gene silencing, miRNA, demyelination, AAV
55 vectors, gene therapy, Schwann cells.

56 **INTRODUCTION**

57

58 Charcot-Marie-Tooth disease (CMT) includes a genetically heterogeneous group of
59 inherited peripheral neuropathies with a prevalence of up to 1 in 2500 (1, 2). The autosomal
60 dominant demyelinating CMT neuropathy type 1A (CMT1A [MIM 118220]) is the most
61 common type, accounting for more than 50% of all CMT cases and resulting from an intra-
62 chromosomal duplication spanning 1.4 Mb on human chromosome 17p12 (3). The responsible
63 disease gene (*PMP22*) encodes the peripheral myelin protein of 22 kDa (PMP22), which is
64 located within this duplicated region (4-7). Patients with CMT1A develop distal muscle
65 weakness and atrophy, sensory loss, and absent reflexes, with typical onset at adolescence.
66 CMT1A is slowly progressive with marked variability in disease severity (8, 9). Sensory
67 responses are usually absent while motor nerve conduction velocities (MNCVs) are slowed,
68 ranging from 5 to 35 m/s in the forearm, but most average around 20 m/s, with uniform and
69 symmetric findings in different nerves. Although NCVs do not change significantly over
70 decades, motor amplitudes and the number of motor units decrease slowly, reflecting axonal
71 loss and correlating with progressive clinical disability.

72

73 PMP22 is mainly expressed by myelinating Schwann cells (SCs) and localized in
74 compact myelin (10), but is also present in non-neural cell types such as fibroblasts, endothelia,
75 and epithelia (11). Mouse studies support that PMP22 is normally involved in early steps of
76 myelin formation and in the maintenance of myelin and axons in the peripheral nervous system
77 (PNS) (12-15). In humans, *PMP22* mRNA and PMP22 protein overexpression in CMT1A
78 patient nerve biopsies indicates that increased PMP22 dosage is the most likely disease
79 mechanism underlying CMT1A (16-19). This hypothesis is further supported by recapitulation
80 of numerous CMT1A-associated phenotypes in PMP22 over-expressing rodent models (20-30),

81 including C61-het mice (22), which contain 4 copies of wild-type human *PMP22* on a normal
82 mouse background. The exact mechanisms by which PMP22 overexpression causes CMT1A
83 remain unclear but may involve proteasome dysfunction related to excessive amounts of PMP22
84 protein. Specifically, in normal myelinating and non-myelinating SCs, approximately 20% of
85 newly synthesized PMP22 is glycosylated while the remaining ~80% is targeted for proteasomal
86 endoplasmic reticulum-associated degradation (ERAD) (31). Thus, in CMT1A, over-expressed
87 PMP22 is thought to accumulate in perinuclear aggresomes (32, 33) and impair overall
88 proteasome activity (34), resulting in myelin sheath destabilization in SCs, and ultimately nerve
89 dysfunction.

90

91 Based on this model, the most direct approach to CMT1A therapy will likely involve
92 reducing over-expressed PMP22 to normal levels in SCs. Prior attempts to accomplish this
93 using drug-based approaches were unsuccessful in human clinical trials (NCT00484510,
94 NCT02600286, NCT05092841, NCT04762758, NCT03023540), and to date CMT1A remains
95 intractable. Nevertheless, progress continues in the field, with prospective adjunct therapies
96 approaching clinical trials (35-37), and several pre-clinical strategies to silence PMP22 reported
97 (38-61). For example, CRISPR/Cas9 was employed to directly target the *PMP22* gene by
98 deleting its regulatory regions with encouraging results *in vitro* (62) and *in vivo* (63), and
99 oligonucleotides have been tested to inhibit *PMP22* via promoter disruption or through mRNA
100 degradation using RNAase H or RNA-interference (RNAi)-based mechanisms (using DNA
101 gapmers or siRNAs, respectively) in different CMT1A rodent models (64-67). Among these
102 various silencing approaches, RNAi has so far been used most often as a prospective mechanism
103 to develop a CMT1A therapy (68).

104

105 RNAi is a conserved process of gene silencing triggered by endogenous miRNAs, which
106 are encoded in the genomes of eukaryotic organisms. Mature forms of natural miRNAs are
107 small (approximately 22 nucleotides long), non-coding RNA molecules that negatively regulate
108 the expression of a vast fraction of the transcriptome at the post-transcriptional level (69, 70).
109 Importantly, natural miRNAs can be modified in the form of siRNAs, shRNAs or artificial
110 miRNAs and re-targeted to specifically base-pair with disease genes, triggering target mRNA
111 degradation through the RNA-induced silencing complex (RISC). siRNAs are chemically
112 synthesized, produce transient effects, and require repeated, lifelong administration to achieve
113 long-term gene silencing. In contrast, shRNAs or artificial miRNAs can be cloned as DNA
114 expression cassettes, delivered to target cells within viral vectors, and can be transcribed *in vivo*
115 to produce long-term target gene silencing after one administration. As mentioned, siRNAs
116 have been used to trigger RNAi against *PMP22* in at least 3 published studies (65, 67), but RNAi
117 treatment of *CMT1A* *in vivo* and *in vitro* models was also achieved using gene therapy vectors
118 expressing natural microRNAs (mir-29a (71) or mir-318 (72)) or by an intraneurally injected
119 AAV2/9 vector expressing rodent *Pmp22*-targeting artificial shRNAs (73). These shRNAs
120 contain mismatches with the human *PMP22* sequence and were not tested in models expressing
121 human *PMP22*, so it is unclear if these sequences, as well as the invasive and laborious
122 intraneural injection method, can be translated to humans (73).

123

124 Here, we designed and tested a translatable AAV9-based gene therapy approach for
125 *CMT1A* using a novel artificial miRNA targeting conserved regions on the human *PMP22* and
126 mouse *Pmp22* transcripts. We demonstrate long-lasting therapeutic effects following a single,
127 clinically relevant lumbar intrathecal injection in a mouse model of *CMT1A* that expresses both
128 human and mouse *PMP22/Pmp22* gene products. Thus, our study provides proof-of-principle

129 for treating *CMT1A* with a gene therapy approach that uses artificial miRNA sequences and a
130 route of administration that can be translated to human trials.

131

132 **RESULTS**

133

134 **Design and *in vitro* validation of artificial miRNAs to downregulate human and murine**

135 ***PMP22***. Full-length human *PMP22* and mouse *Pmp22* are encoded by 5 exons, with two

136 alternatively spliced first exons containing 5' UTR sequences (ex1* 1a and ex1b). Both

137 variants, encode identical 483 base-pair open reading frames and share the same 3' UTR, which

138 is located in exon 5 (ex5) (ORFs) (**Figure 1A**). To ensure we targeted all *PMP22* transcripts,

139 we excluded exon 1 from the query sequence and designed artificial miRNAs targeting human

140 *PMP22* exons 2-5 (1,655 nucleotides) using a previously described algorithm (74). This screen

141 identified 117 candidates. Because we intended to use the RNA polymerase III (pol III)-

142 dependent U6 promoter to drive miRNA expression, we excluded 29 of the 117 candidates due

143 to the presence of RNA pol III termination sequences (5-6 T's) within the miRNA expression

144 cassettes. The remaining 88 sequences were additionally filtered to ensure the antisense guide

145 strand of the miRPMP22 miRNAs would equally target human and mouse *PMP22/Pmp22*

146 sequences. Only 8 sequences (9%) showed this conservation, and all were located in exon 5,

147 which encodes 3' UTR (**Figure 1A**). Following cloning into a U6T6 expression plasmid, we

148 empirically tested all 8 miRPMP22 miRNAs (miR868, miR869, miR871, miR872, miR1706,

149 miR1740, miR1741, miR1834) for silencing efficacy (**Figure 1B to C and Supplemental**

150 **Figure S1**). Specifically, we co-transfected HEK293 cells with each individual U6-miRPMP22

151 plasmid and CMV-driven hu*PMP22* or mu*Pmp22* full-length cDNAs, then harvested RNA 24

152 hours later, generated cDNA and performed RT-qPCR using for hu*PMP22* or mu*Pmp22*,

153 normalized to hu*RPL13A*. Negative controls included cells transfected with *PMP22/Pmp22*

154 and U6.miRGFP (miRNA targeting EGFP) or an empty U6T6 plasmid (no miR). Data were
155 collected and averaged from three independent experiments, with each RT-qPCR assay
156 performed in triplicate. Although 7 of 8 miRPMP22s (87.5%) showed some level of silencing
157 compared to the “no miR” control, only miR868 and miR871 showed statistically significant
158 silencing of huPMP22 and muPmp22 sequences. Because miR871 consistently silenced both
159 genes ~60%, we chose the miR871 sequence as our lead. The U6-miR871 sequence was then
160 cloned into a self-complementary AAV (scAAV.CMV.EGFP) backbone containing a separate
161 CMV.EGFP reporter gene, and we generated AAV9 particles using triple transfection in
162 HEK293 cells (hereafter referred to as AAV9-miR871). Lysates were purified by iodixanol
163 gradient ultracentrifugation and FPLC, as previously described (75). Similarly, we generated a
164 control scAAV9.CMV.EGFP vector expressing a U6 promoter-driven miRNA targeting *E. coli*
165 *LacZ* gene (hereafter referred to as AAV9-miRLacZ).

166

167 **Biodistribution and expression following lumbar intrathecal injection of AAV9-miR871.**

168 We delivered AAV9-miR871 vector expressing the EGFP gene under the CMV promoter into
169 2-month-old C61 heterozygous mice (22) (hereafter referred to as CMT1A mouse) using
170 lumbar intrathecal injection (20 μ l containing a total of 5×10^{11} vg/mouse). At 6-weeks post
171 injection we examined AAV9-miR871 biodistribution and transduction in PNS cells. For this
172 purpose, we employed vector genome copy numbers (VGCNs) and EGFP expression analysis
173 in anterior lumbar roots, sciatic and femoral nerves. EGFP was detected as auto-fluorescence
174 in the perinuclear cytoplasm of a subset of PNS cells as well as in the axons of lumbar roots,
175 sciatic and femoral nerves (**Figure 2A**). The percentage of EGFP expressing SCs in
176 immunostained tissue sections reached an average of $54.78\% \pm 4.53$ in anterior lumbar roots,
177 $44.07\% \pm 2.96$ in sciatic nerves and $40.18\% \pm 4.93$ in femoral nerves (n=4 mice; **Fig. 2B**).

178 VGCNs in DNA extracted from PNS tissues reached 2.44 in anterior lumbar roots, 1.23 in
179 sciatic nerve and 0.69 in femoral nerve (n=4 mice; **Figure 2C**).

180

181 ***In vivo* validation of AAV9-miR871-mediated silencing of PMP22 gene in CMT1A mice.**

182 Prior to any treatment studies, we performed a detailed characterisation of baseline functional
183 and morphological deficits of the C61-het CMT1A mouse line, which contains four copies of
184 the human *PMP22* gene and 2 normal copies of mouse *Pmp22*, compared to wild type (WT)
185 mice at 2, 4, 6, 8, and 10 months of age. We confirmed progressive functional impairment
186 associated with early onset demyelination (**Supplemental Figures S2 to S7**). We also assessed
187 the potential toxicity of AAV9-miRLacZ vector after injection into 2-months-old CMT1A
188 mice that were examined 6 weeks (3.5-months-old) or 4 months (6-months-old) later. AAV9-
189 miRLacZ caused no significant increase in the numbers of inflammatory cells in spinal roots,
190 sciatic nerves, or dorsal root ganglia (DRGs) beyond the baseline (**Supplemental Figures S8,**
191 **S9, S11**). However, injection of AAV9-miRLacZ increased the number of CD20 and CD3
192 positive cells in CMT1A mouse livers 6-weeks after injection (3.5-months-old) but this
193 reaction subsided by the 4-months post-injection time point (6-months-old) (**Supplemental**
194 **Figure S10**). Interestingly, inflammatory infiltrates increased with age in the PNS of non-
195 injected CMT1A mice (**Supplemental Figures S8 to S9**).

196

197 After we confirmed sufficient biodistribution, transduction of PNS tissues and safety,
198 we evaluated the efficacy of AAV9-miR871 to silence *PMP22/Pmp22* gene expression and
199 reduce overall PMP22/Pmp22 protein levels, compared to the expression of other myelin-
200 related genes and proteins. We injected AAV9-miR871, which targets both the hu*PMP22* and
201 mu*Pmp22* transcript, or the AAV9-miRLacZ negative control, which expresses a functional
202 but non-targeting miRNA, into adult CMT1A mice and then analysed gene expression by real-

203 time PCR and western blot at 6 weeks post-injection. At the mRNA level, AAV9-miR871
204 downregulated huPMP22 and muPmp22 in spinal roots, sciatic and femoral nerves, whereas
205 other myelin-related genes were mostly elevated (**Figure 2D to E and Supplemental Table**
206 **S1**). The muGjb1 transcript levels were increased in all tissues examined. The muMpz and Gldn
207 transcript levels were elevated only in roots while the muCnp transcript levels were elevated
208 only in sciatic nerves. At the protein level, AAV9-miR871 selectively reduced huPMP22 levels
209 in all PNS tissues examined (in roots: -66%, sciatic nerve: -86%, femoral nerve: -64%),
210 whereas muMpz protein levels were increased in roots (by 23%) and femoral nerves (by 34%).

211

212 **Early treatment of CMT1A mice.** After validating AAV9-miR871 *in vivo* PNS
213 biodistribution and PMP22/Pmp22 gene silencing efficacy, we proceeded with a proof-of-
214 concept treatment trial at early stages of the neuropathy in the CMT1A mouse model. Two-
215 month-old CMT1A mice were injected with either AAV9-miR871 or -miRLacZ and evaluated
216 at 4 months post-injection. For outcome analysis we included PMP22/Pmp22 expression levels
217 using real-time PCR and western blot, behavioural testing, circulating neurofilament light (NF-
218 L) and growth differentiation factor 15 (Gdf15) quantification, electrophysiological
219 examination, as well as morphometric analysis of myelination in semithin sections and
220 evaluation of inflammatory infiltrates in the PNS by immunohistochemistry (**Figures 3 to 5**).
221 We confirmed adequate biodistribution by VGCN measurement in PNS and non-PNS tissues
222 as well as by immunofluorescence analysis in lumbar roots and sciatic nerves (**Supplemental**
223 **Figure S12**).

224

225 At the mRNA level, early treatment with AAV9-miR871 in CMT1A mice
226 downregulated huPMP22 and muPmp22 in roots, and sciatic and femoral nerves, while also
227 elevating muMpz, muCnp, muGldn and muGjb1 transcripts levels (**Figure 3B to C and**

228 **Supplemental Table S2**). At the protein level, early treatment with AAV9-miR871 in CMT1A
229 mice reduced huPMP22 and muPmp22 levels in spinal roots (-43% huPMP22, -45%
230 muPMP22), sciatic (-51% huPMP22, -74% muPMP22) and femoral nerves (-87% huPMP22,
231 -38% muPMP22) (**Figure 3D to I**). In contrast, muMPZ protein levels were increased in roots
232 (63%) and femoral nerves (102%) reflecting improved myelination, while they remained
233 unchanged in sciatic nerves (**Figure 3D to I**).

234

235 We assessed motor performance in all groups before injection and until the end of the
236 observation period by rotarod (5 and 17.5 rpm), grip and hang test analysis (**Figure 3J to M**
237 **and Supplemental Figure S13**). Time course analysis of the above tests showed that AAV9-
238 miR871 treatment improved motor performance of CMT1A mice reaching WT levels, while
239 AAV9-miRLacZ treated CMT1A mice performed similar to non-injected CMT1A mice and
240 significantly worse than WT mice (**Figure 3J to M and Supplemental Figure S13**).
241 Moreover, AAV9-miR871 early treatment rescued completely the hindlimb clasping
242 phenotype of CMT1A mice (**Figure 3N and Supplemental Figure S14**).

243

244 Electrophysiological examination in 6-month-old mice (4 months after vector injection)
245 (**Figure 3O to P**) showed that MNCV score was significantly improved in AAV9-miR871
246 treated mice (36.87 ± 5.60 m/s) compared to the AAV9-miRLacZ group (25.89 ± 1.99 m/s),
247 approaching WT values at the same age (41.61 ± 5.06 m/s). Although the amplitude of the
248 compound muscle action potential (CMAP) was also significantly improved in treated mice
249 (3.52 ± 1.08 mV) compared to AAV9-miRLacZ controls (1.44 ± 0.59 mV), it did not reach WT
250 levels (6.89 ± 1.76 mV).

251

252 Similar to other CMT blood biomarkers studies, we found that circulating NF-L (76-
253 79) and Gdf15 (80, 81) levels, associated with axonal degeneration, were significantly
254 ameliorated after early treatment of CMT1A mice with AAV9-miR871 (NF-L: 321.37 ± 51.68
255 pg/ml, Gdf15: 56.25 ± 14.84 pg/ml) compared to AAV9-miRLacZ vector-treated littermates
256 (540.65 ± 134.49 pg/ml, Gdf15: 81.93 ± 23.12 pg/ml) (**Figure 3Q to R**). This reduction of NF-L
257 and Gdf15 levels in the AAV9-miR871 treatment group is consistent with improved motor
258 function following gene silencing treatment. Thus, NF-L and Gdf15 blood levels may be useful
259 as treatment-responsive and clinically relevant biomarkers for future gene therapy in CMT1A
260 patients.

261

262 We performed morphometric analysis of myelination in transverse semithin sections of
263 anterior lumbar roots and femoral motor nerves of 6-month-old CMT1A mice injected at the
264 age of 2 months with either the AAV9-miR871 or the AAV9-miRLacZ vector. We examined
265 multiple roots and bilateral femoral motor nerves from each mouse and calculated the
266 percentage of thinly myelinated and demyelinated fibers, as well as the number of onion bulb
267 formations. In both roots (**Figure 4A to E**) and femoral nerves (**Figure 4F to J**) the percentage
268 of thinly myelinated and demyelinated fibers was significantly reduced in treated mice. Spinal
269 roots also showed reduced numbers of onion bulb formations while femoral onion bulb
270 formations were already low at baseline and not altered after treatment. The degree of myelin
271 pathology was too mild in sciatic nerves of CMT1A mice to be considered as a treatment
272 readout (**Supplemental Figure S15**).

273

274 Finally, for this early treatment group, we employed immunofluorescence analysis to
275 evaluate the inflammatory status of lumbar roots and sciatic nerves (**Figure 5 and**
276 **Supplemental Figures S16 to S18**). AAV9-miR871 treatment decreased the percentage of

277 CD20, CD45, CD68 and CD3 positive cells. Moreover, injection with the therapeutic vector
278 did not cause any inflammatory responses in the liver at 4-months post injection
279 **(Supplemental Figure S18)**.

280

281 **Late treatment compared to extended early treatment.** After assessing the effectiveness of
282 early treatment with AAV9-miR871 in CMT1A mice, we further examined its effectiveness
283 when injected later in the disease course. We injected mice either at 6 months (late treatment)
284 or at 2 months of age (extended early treatment) and analyzed various outcomes at 10 months
285 of age. We evaluated both late treated mice (at 4 months post-injection) and extended early
286 treated mice (at 8 months post-injection) using VGCN calculation, behavioural testing, blood
287 NF-L and Gdf15 testing, electrophysiological examination, as well as by morphometric
288 analysis of myelination and immunohistochemistry, while real-time PCR and western blot
289 analysis were performed only in late treated groups **(Figure 6A)**. Vector biodistribution in
290 older animals was confirmed by VGCN in PNS and non-PNS tissues **(Supplemental Figures**
291 **S19A and S20)**. In late treated group, we confirmed vector biodistribution with EGFP
292 expression rates in lumbar roots and sciatic nerves **(Supplemental Figure S19B)**.

293

294 At the mRNA level, as in early treatment, late treatment with AAV9-miR871 in
295 CMT1A mice downregulated *huPMP22* and *muPmp22* while also elevating *muMpz*, *muCnp*,
296 *muGldn* and *muGjb1* transcripts levels in roots, sciatic and femoral nerves **(Figure 6B to C**
297 **and Supplemental Table S3)**. At the protein level, late treatment with AAV9-miR871 reduced
298 *huPMP22* and *muPmp22* in all PNS tissue samples examined **(Figure 6D to I)**. In contrast,
299 *muMPZ* protein levels were increased in roots and femoral nerves reflecting improved
300 myelination, but remained unchanged in sciatic nerves **(Figure 6D to I)**.

301

302 We compared motor performance of the late treatment group to extended early
303 treatment and age-matched non-injected WT and CMT1A mice (**Figure 6J to N and**
304 **Supplemental Figures S21 to S22**). We evaluated all groups before injection and until the end
305 of the observation period by rotarod at 5 rpm and 17.5 rpm, grip strength and hang test analysis
306 (**Figure 5J to M**). Time course analysis of the above tests showed that late and extended early
307 AAV9-miR871 treated CMT1A mice performed similarly reaching WT levels, while AAV9-
308 miRLacZ late treated CMT1A mice performed similar to non-injected CMT1A mice and
309 significantly worse than WT mice (**Figure 6J to M and Supplemental Figures S21 to S22**).
310 AAV9-miR871 late treatment improved the hindlimb clasping phenotype of CMT1A mice but
311 without reaching WT levels, in contrast to extended-early treated mice in which the phenotype
312 was totally rescued reaching WT levels (**Figure 6N and Supplemental Figure S23**).

313

314 Electrophysiological examination in 10-month-old mice showed that sciatic MNCV
315 was significantly improved in both late (36.92 ± 3.94 m/s) and extended-early (38.74 ± 5.30 m/s)
316 AAV9-miR871 treated CMT1A mice compared to the AAV9-miRLacZ group (24.82 ± 2.58
317 m/s) (**Figure 6O**). Interestingly, only extended early treated CMT1A mice reached age-
318 matched WT values (43.50 ± 2.72 m/s). CMAP amplitudes were not improved in any of the
319 AAV9-miR871 treatment groups (**Figure 6P**). Similarly, NF-L and Gdf15 levels remained
320 elevated in late-treated animals compared to age-matched WT mice (**Figure 6Q to R**).

321

322 We performed morphometric analysis of myelination in transverse semithin sections of
323 PNS tissues of 10-month-old late and extended early treated CMT1A mice. With this analysis,
324 we showed that anterior lumbar roots (**Figure 7A to F**) and femoral motor nerves (**Figure 7G**
325 **to L**) present significantly reduced percentages of thinly myelinated and demyelinated fibers
326 in late treated mice but without reaching WT levels. In contrast, these morphological

327 abnormalities were fully rescued in extended-early treated mice reaching WT levels (**Figure**
328 **7A to L**). The degree of myelin pathology remained too mild in sciatic nerves of 10-month-old
329 *CMT1A* mice to be considered as a treatment readout (**Supplemental Figure S24**).

330

331 As in the early treatment group, analysis of inflammation by immunofluorescence
332 revealed that late treatment with AAV9-miR871 decreased the numbers of CD20, CD45, CD68
333 and CD3 positive cells in PNS tissues (**Figure 8 and Supplemental Figures S25 to 26**).
334 Injection with the therapeutic vector did not cause any inflammatory responses in the liver at
335 4-months post injection (**Supplemental Figure S27**).

336

337 **DISCUSSION**

338

339 *CMT1A* is the most common inherited demyelinating neuropathy, resulting from a
340 *PMP22* gene dosage effect in SCs. Ideally, *CMT1A* therapies should reduce over-expressed
341 *PMP22* while avoiding excessive knockdown that could lead to the milder phenotype of
342 hereditary neuropathy with pressure palsies (HNPP). We accomplished that here with our study
343 presenting the first translatable AAV9-mediated *PMP22* gene silencing approach leading to
344 phenotypic improvement in a *CMT1A* mouse model. Although this is a pre-clinical study, we
345 designed our approach from the outset with an eye toward translation to prospective human
346 clinical trials, in two ways. First, the therapeutic construct is applicable to animal models and
347 human *CMT1A* patients alike. The most relevant animal models, like the C61-het mouse we
348 used here, express transgenic copies of human *PMP22* on a normal mouse background. Thus,
349 both mouse and human *Pmp22/PMP22* genes contribute to excessive gene dosage leading to
350 *CMT1A*-like phenotypes, and testing a translatable approach in mice requires targeting both
351 transcripts. Importantly, the artificial microRNA we designed, miR871, targets both human

352 PMP22 and murine Pmp22 transcripts. Second, we delivered AAV9-miR871 through a
353 clinically applicable lumbar intrathecal injection method into the C61-het CMT1A model,
354 which reproduces the clinical course, severity and symptoms of CMT1A patients.

355

356 The translatability and effectiveness of the intrathecal administration route has been
357 demonstrated in bigger animals (82, 83) and in human trials (NCT03381729, NCT02362438)
358 that showed effects in nerves distal to the injection site, including transduction of SCs in the
359 tibial nerve of dogs after intrathecal injection of AAV9 (83). Another route of administration
360 that could be easily translated in the clinic is the intravenous injections. However, our studies
361 in mice showed that intrathecal injection provides adequate biodistribution throughout the PNS
362 with much lower vector amounts injected compared to intravenous delivery (84). Intra-neural
363 injections of AAV.shRNA were also proposed to treat a CMT1A model (73), however the
364 translatability of this delivery method is considered challenging in the clinic.

365

366 In addition to incorporating species conservation and a feasible route of administration
367 into our study design, we also demonstrated efficacy at multiple levels. First, we confirmed *in*
368 *vitro* and *in vivo* the PMP22/Pmp22 silencing efficiency of miR871 and its effects on other
369 myelin related genes and proteins, while also assessing the transduction efficiency of AAV9 in
370 PNS tissues after lumbar intrathecal injection (**Figures 1 to 2**). We then demonstrated by
371 multiple outcome measures the therapeutic effects of AAV9-miR871 after treatment both at
372 early and later stages of the neuropathy, supporting the relevance of this approach for direct
373 clinical translation to treat CMT1A. As demonstrated through our detailed baseline
374 longitudinal functional and morphological analysis, the C61 het model of CMT1A used in this
375 study develops an early onset, progressive demyelinating pathology that reproduces human
376 disease features (**Supplemental Figures S2 to S7**). Thus, already at the early intervention time

377 point, the model presented significant pathological features and slowing of nerve conduction
378 velocities that progressed with aging. Therefore, both early and late treatments represent post-
379 onset interventions, reproducing the clinical scenario of treating younger or older patients
380 suffering from CMT1A, in whom demyelination is already present in childhood (85, 86),
381 followed by slowly progressive axonal loss (8, 9, 87, 88). Our mouse data suggest that earlier
382 treatment is effective, as several outcome measures were corrected to wild-type levels (**Figures**
383 **3 to 5**). Direct comparison of extended early- and late- treated CMT1A mice, injected at 2 or 6
384 months of age, respectively, and analysed at 10 months of age, confirmed that treatment more
385 efficiently reversed disease manifestations if given earlier (**Figures 6 to 7**). This could be
386 explained by the fact that later stages of the neuropathy are characterized by significant axonal
387 degeneration. While it appears feasible to stimulate re-myelination by transduced
388 demyelinating SCs, increasing axonal loss found at later stages is irreversible. Nevertheless,
389 our data suggest that the ability to impact CMT1A-like symptoms in mice with pre-existing
390 pathology is promising for translating this strategy to humans who may already be suffering
391 the effects of CMT1A. Indeed, our work is consistent with a tetracycline-inducible *Pmp22*
392 transgenic mouse study (89). *Pmp22* over-expression occurred in the absence of tetracycline,
393 causing demyelination and numerous neuropathic phenotypes. Importantly, when mice were
394 given tetracycline, thereby shutting off the *Pmp22* transgene, myelin normalization began
395 occurring within 1 week, with nearly normal myelin by 4 months. Together, these data and
396 ours suggest some CMT1A phenotypes may be reversible. It is also possible we may see even
397 greater reversal of phenotypes as mice age beyond 4 months post-treatment.

398

399 Another question we considered, regarding translation, was the necessity to restrict
400 miR871 expression to SCs alone. In our previous studies (84) we demonstrated that an AAV9
401 vector expressing a transgene through the SC specific *Mpz* promoter efficiently transduced

402 myelinating SCs throughout the PNS following a single lumbar intrathecal injection. In the
403 current study, we used AAV9 to deliver a U6.miR.CMV.EGFP construct in which both
404 sequences (EGFP and miR871) were driven by ubiquitous promoters (CMV and U6,
405 respectively) (**Figure 1D**). We calculated transduction rates via immunofluorescence using
406 the CMV.EGFP reporter gene and VGCN analysis (**Figure 2**). Not surprisingly, expression
407 was more widespread with both SCs and other cell types transduced, including motor and
408 sensory neurons, leading to axonal expression. We also detected VGCN in many non-PNS
409 tissues typically transduced by AAV9, with the highest being liver (**Supplemental Figures**
410 **S12, S19**), but without any apparent toxic effects in lumbar roots, sciatic nerves, liver and
411 DRGs (**Figure 5 and 8, Supplemental Figures S8 to S11, S16 to S18, S25 to S27**). Given
412 that PMP22 expression levels are normally very low and do not have any known effects in
413 other cell types besides myelinating SCs (11, 90-92), we do not expect any adverse effects by
414 ubiquitously silencing PMP22 expression. It is also important to mention that transduction
415 evaluation through a reporter gene may not directly correlate with miR expression, when using
416 two different ubiquitous promoters. An emerging area of study is the ability of miRs to travel
417 outside transduced cells through exosomes and potentially act at distant sites and neighbouring
418 cells. We did not directly measure exosome packaging of miR871, but future work should
419 determine the potential of incomplete transduction leading to broader correction in adjacent,
420 non-transduced cells.

421

422 The 5e11 vg/mouse vector dose used for intrathecal injection in this study corresponds
423 to ~2.3e13 vg/Kg. With this dose, we achieved sufficient SC transduction and PMP22 silencing
424 to improve molecular, histopathological, and functional deficits. As such, this dose is
425 comparable to those used in prior clinical AAV9 gene therapy studies that targeted motor
426 neurons in the spinal cord, including the Avexis SMA trial for intrathecal delivery of

427 Zolgensma 1.2e13vg/kg (93) (NCT03381729) and the giant axonal neuropathy (GAN) clinical
428 trial, where intrathecal doses ranged from 3.5e13 to 3.5e15 total vg/patient (~1.75e12 vg/kg -
429 1.75e13 vg/kg) (94) (NCT02362438). Given that our dose is slightly higher than the ones
430 currently used in clinical trials, and the fact that our potential treatment population will be
431 mostly adults with *CMT1A*, a dose escalation study would be useful in identifying the optimal
432 vector concentration that will provide robust therapeutic benefit, and minimal risk of *PMP22*
433 haploinsufficiency.

434

435 To examine the potential side effects of *PMP22/Pmp22* over-silencing, we tested
436 AAV9-miR871 in WT mice (**Supplemental Results and Figures S28 to S34**). Despite
437 muPmp22 levels being significantly reduced in WT-injected mice we found only mild
438 functional and electrophysiological abnormalities without the typical HNPP-like phenotype
439 (95). Since our treatment is not intended to be applied to individuals with normal levels of
440 *PMP22* expression, the partial phenotype observed in WT mice based on the dual human-
441 murine targeting capacity of miR871 does not raise safety concerns regarding the potential
442 treatment of *CMT1A* patients. This set of experiments in WT mice also underscores the
443 importance of targeting all sources of *PMP22/Pmp22* in an animal model, especially when
444 performing dose-finding studies to identify potential clinical doses.

445

446 Several *CMT1A* therapeutic approaches have been suggested so far (61, 68) with the
447 most clinically advanced being oral PXT3003. Although, PXT3003 was shown to improve the
448 symptoms of *CMT1A* rats (56) and humans (60), its Pmp22 silencing efficiency was shown
449 only at the mRNA level in the rat overexpressing murine Pmp22. It is still unclear how
450 PXT3003 affects human *PMP22*. Although other pharmacological treatments have been
451 suggested through the years, most of them are symptomatic, require repeated treatment

452 sessions, or have potential long-term side effects. For example, intravenously delivered
453 squalenoyl siRNA PMP22 nanoparticles (67) have been shown to provide therapeutic benefit
454 in JP18/JY13 mice overexpressing human *PMP22* gene. However, potential toxicity with
455 repeated dosing and long-term stability, as well as effects of this treatment on *PMP22* mRNA
456 or protein levels remain to be shown. On the contrary, a gene therapy approach like ours would
457 provide a one-off treatment option. In a previously reported pre-clinical gene therapy approach,
458 AAV2/9 vectors expressed shRNAs specifically designed to target murine *Pmp22* (73).
459 Because the shRNAs contain potentially disruptive mismatches with the human transcript, their
460 direct translatability in humans was untested and remains unclear. Moreover, the shRNA
461 vectors were delivered through direct intraneural injection, a method that is more difficult to
462 translate into clinical practice for treating CMT1A, and bears more risks because of the toxic
463 nature of concentrated anesthesia and the risk of direct fiber damage (96). In contrast, the
464 lumbar intrathecal injection used in our study is considered a routine procedure that can be
465 easily applied in the clinic providing a widespread biodistribution in the PNS. Compared to
466 intravenous delivery, intrathecal delivery also requires a much lower viral volume to provide
467 beneficial effects and hence results in lower toxicity (84, 97). It remains to be shown that
468 adequate biodistribution can also be achieved in larger animals before clinical translation.

469

470 Regarding safety of AAV9-based vectors in humans, follow-up studies in AAV9-
471 treated SMA patients suggested stable beneficial effects from Zolgensma with no major
472 adverse reactions or long-term toxicity (93, 98, 99). However, more recent studies suggest that
473 long term overexpression of proteins (100) or microRNAs (101) via AAV9 viral vectors may
474 dysregulate endogenous mechanisms causing toxic side-effects. Our data suggested that
475 AAV9-miR871 treatment did not cause inflammation in PNS tissues, as had been previously
476 suggested in another study using the AAV9 serotype carrying a different payload (102), but in

477 fact acted to reduce inflammation native to the CMT1A animal model. Moreover, injection
478 with the therapeutic vector did not cause any chronic inflammatory responses in the liver at 4
479 months post injection (**Supplemental Figure S18 and S27**). Although our approach was
480 shown to improve the baseline inflammatory status of the CMT1A model without causing any
481 systemic or liver toxicity, it will be important to demonstrate its safety with more detailed
482 toxicity studies consistently across different species. Potential cellular and humoral immune
483 responses can be stimulated against the AAV capsid or protein-coding gene product. Since our
484 one-off therapeutic payload is a non-coding RNA, our vector should be inherently less
485 immunogenic than vectors used in gene replacement strategies.

486

487 For planning successful clinical trials in CMT1A it is important to establish relevant
488 and sensitive outcome measures. The gene silencing approach described here provides
489 functional improvements that can be easily evaluated in patients through electrophysiological
490 testing. Since previous clinical trials suggested lack of sensitivity of standard CMT clinical
491 scores to detect treatment response (45, 103), more detailed clinical functional and patient-
492 reported outcome measures will also be necessary (104-107), along with MRI-based
493 quantification of muscle atrophy (108). Here we also demonstrate for the first time the
494 responsiveness of NF-L (109, 110) and Gdf15 (80, 81) plasma biomarkers in a CMT1A model.
495 Responsiveness of these translatable biomarkers is highly encouraging for their utility in
496 parallel clinical trials of miRNA therapies. Although, a recent study (79) showed lack of
497 correlation of NF-L plasma levels with disease progression over time in CMT1A patients, this
498 might be due to the already progressed age of the patients tested (mean age: 46). In this regard,
499 validation of additional clinically relevant plasma and skin biomarkers as indicators for future
500 gene therapy efficacy would be essential (19, 111, 112, 113).

501

502 **In conclusion**, we developed and characterized an artificial microRNA designed to
503 target specifically human *PMP22* and mouse *Pmp22* transcripts, and evaluated therapeutic
504 benefit in a CMT1A mouse model that reproduces CMT1A associated phenotypes. Our results
505 indicate that a single lumbar intrathecal injection of AAV9-miR871 at early and late stages of
506 the neuropathy and always post-onset, can correct the functional, morphological and
507 inflammatory abnormalities of CMT1A without causing any apparent side effects. Taken
508 together, these results constitute an important step towards the development of a clinically
509 relevant and translatable gene therapy to treat CMT1A.

510

511

512 **MATERIALS AND METHODS**

513 All materials and methods are presented in the **Supplemental data**.

514 *Data and materials availability:* All the data are present in the manuscript or in the
515 Supplementary figures.

516 *Statistical analysis:* Each set of data is presented as the mean \pm SD or SEM, with n
517 equal to the number of biological repeats for *in vitro* experiments or independent samples from
518 individual animals for *in vivo* experiments. For comparison of means between two independent
519 groups, unpaired Student's t test was performed. For comparison of means between three or
520 more independent groups one-way ANOVA was performed. Statistical significance for all
521 experiments was defined as $P < 0.05$. When ANOVA tests suggested significant difference
522 among groups, Tukey's multiple comparison post hoc test was applied. When a sample group
523 was used for more than one comparison, Bonferroni correction of p-values was additionally
524 applied. All statistical analyses were performed using GraphPad Prism v.6 software.

525 *Study approval.* All animal procedures were approved by the Cyprus Government's
526 Chief Veterinary Officer (project license CY/EXP/PR.L3/2017) according to national law,
527 which is harmonized with EU guidelines (EC Directive 86/609/EEC).

528

529 **AUTHOR CONTRIBUTIONS**

530 M.S. co-designed and conducted or directed all experiments, acquired data, analysed data,
531 created figures and legends, drafted and reviewed the manuscript. A.K. performed
532 electrophysiology experiments. S.G.C. performed and analysed *in vitro* screening of artificial
533 microRNAs. M.J.J. and R.H. standardised, performed and analysed ELISA for serum Gdf15
534 levels. L.M.W. contributed to *in vitro* screening of artificial microRNAs. A.M.F. assisted with
535 viral vector production. A.H. and H.Z. performed and analysed plasma NF-L levels. J.R, C.T.
536 C.C. performed and analysed VGCN. S.Q.H designed artificial microRNAs and supervised *in*

537 *in vitro* screening, created figures and legends, drafted and reviewed the manuscript. K.A.K. co-
538 designed and supervised all experiments, drafted and reviewed the manuscript. All authors read
539 and approved the final manuscript.

540

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546

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560

561

562 **COMPETING INTERESTS**

563 The sequences and methods described here were included in a provisional patent application
564 filed on December 1, 2020 (PCT/US21/61177). S.Q.H., K.A.K., and M.S. are listed as
565 inventors. H.Z. has served at scientific advisory boards and/or as a consultant for Abbvie,
566 Alector, Annexon, Artery Therapeutics, AZTherapies, CogRx, Denali, Eisai, Nervgen, Novo
567 Nordisk, Pinteon Therapeutics, Red Abbey Labs, Passage Bio, Roche, Samumed, Siemens
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571 (outside submitted work).

572

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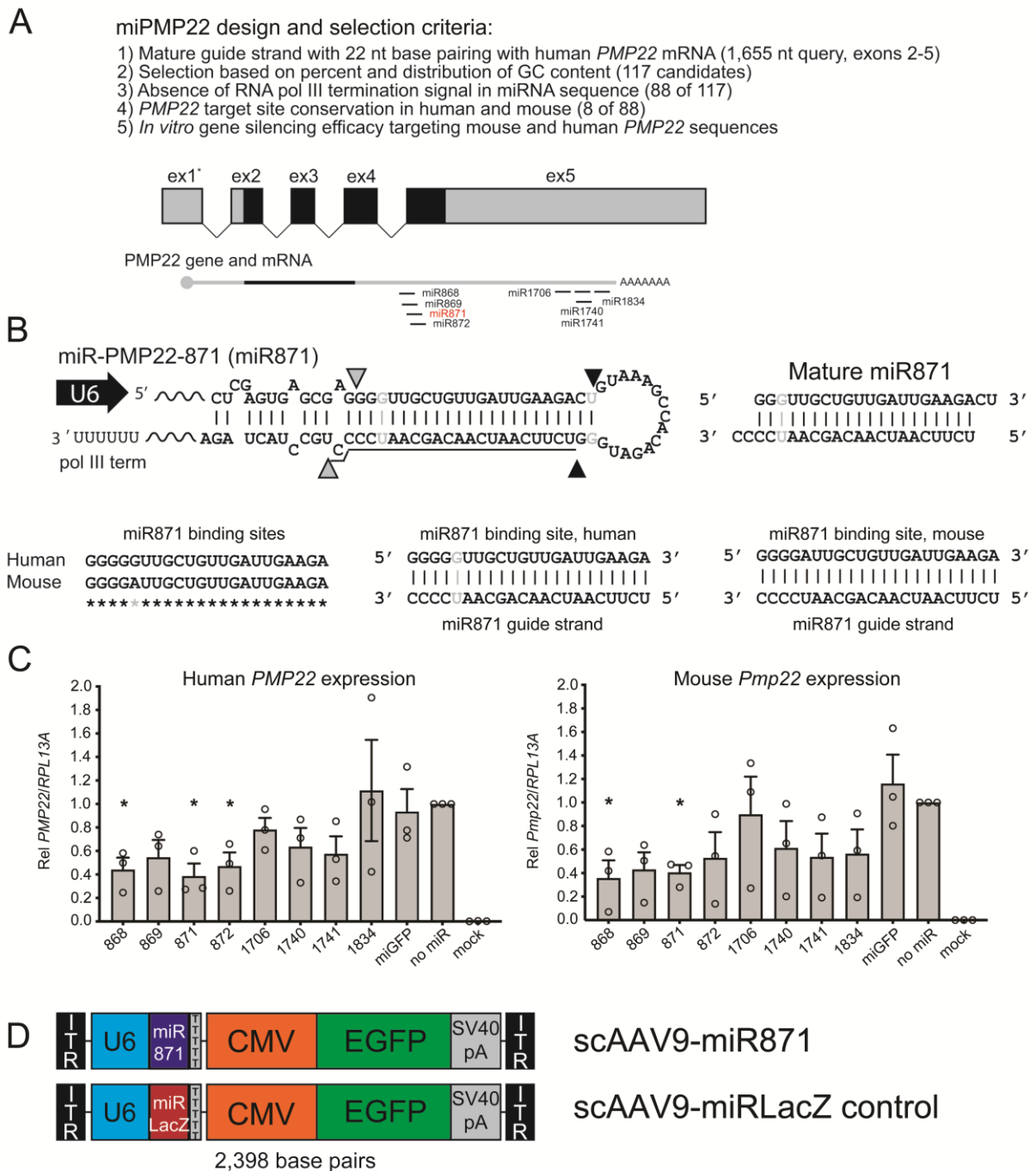
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839 FIGURES



840

841 **Figure 1. Design and *in vitro* screen of artificial microRNAs targeting *PMP22*.** (A) Full-length *PMP22*

842 mRNA is transcribed from 5 exons, producing 2 major transcripts with identical ORFs (black shading). We

843 designed 8 candidates miRNAs to equally target both human *PMP22* and mouse *Pmp22* mRNAs. (B) Grey and

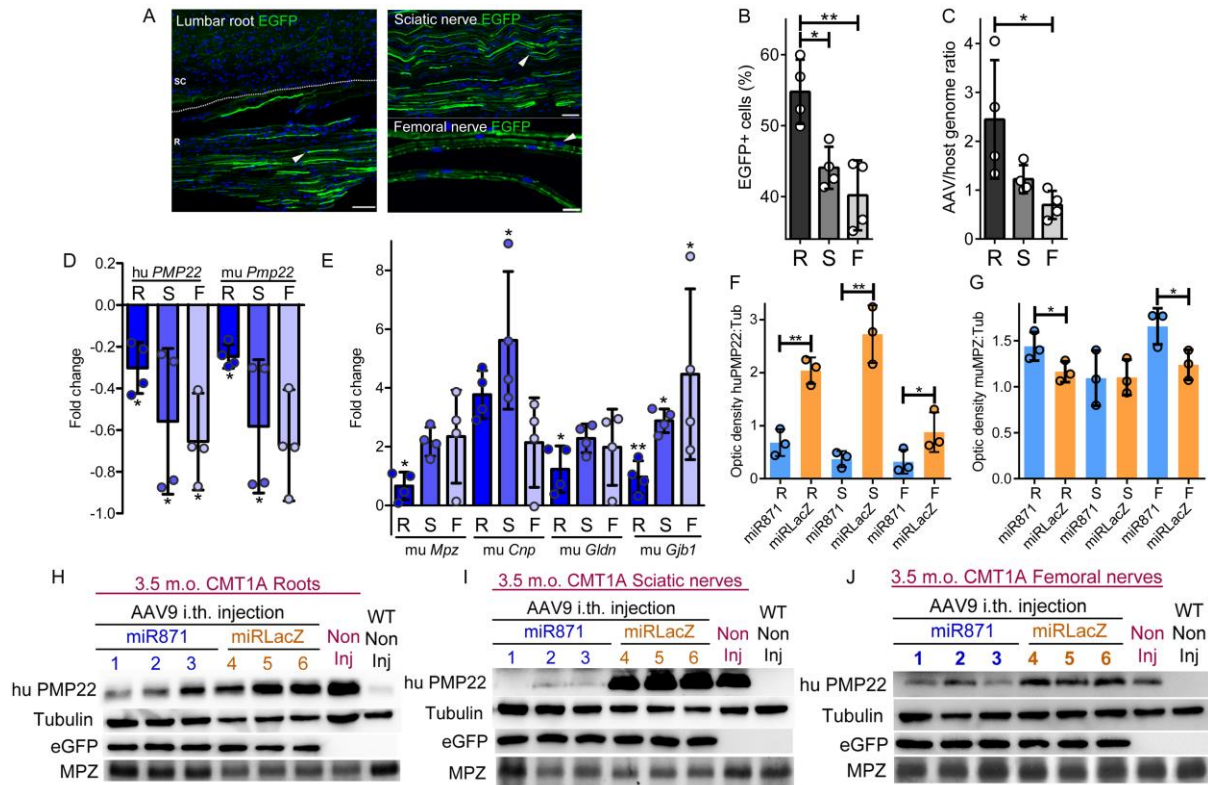
844 black arrowheads show miR871 cut sites by Drosha and Dicer, respectively. Double-stranded RNAs form G:U

845 wobble base pairs (indicated by grey shading). Underlined sequence represents the mature miR871 antisense guide

846 strand. Bottom shows alignment of the miR871 binding site on human and mouse *PMP22/Pmp22* mRNA. Grey

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847 asterisk indicates a G:A mismatch at the miR871 binding site, but each nucleotide at this location can form two
848 hydrogen bonds with the miR871 guide strand as a G:U wobble (human) or A:U (mouse). (C) RT-qPCR to
849 measure *in vitro* human *PMP22* or mouse *Pmp22* silencing by indicated miRPMP22s (n=3/group). Gene
850 expression was normalized to human *RPL13A*. Data were compared using unpaired t-test. Values represent mean
851 \pm SEM. (D) Schematic of scAAV9 used to deliver miR871 or miRLacZ expression cassettes *in vivo*. U6 promoter
852 drives transcription of miR871 or miRLacZ and CMV promoter drives EGFP gene with SV40 polyadenylation
853 sequence.



854

855 **Figure 2. In vivo assessment of AAV9-miR transduction in PNS tissues and validation of AAV9-miR871**

856 **silencing efficiency in a CMT1A mouse model at 6 weeks post injection. (A)** Lumbar spinal roots and sciatic

857 nerve sections, as well as teased femoral nerve fibers showing EGFP autofluorescence in SCs and axons.

858 Arrowheads indicate example of EGFP+ nuclei. **(B)** Quantification of EGFP-expressing PNS cells (n=4/group).

859 **(C)** VGCN (n=4/group) confirm peripheral nerves transduction. RT-qPCR analysis of **(D)** huPMP22 and

860 muPmp22 and of **(E)** muMpz, muCnp, muGldn and muGjb1 gene expression (n=3/group). Fold relative mRNA

861 expression levels of CMT1A-AAV9-miR871 were calculated compared to CMT1A-AAV9-miRLacZ mice. All

862 samples were normalized to endogenous Gapdh. Quantification of **(F)** huPMP22 and **(G)** muMPZ western blot

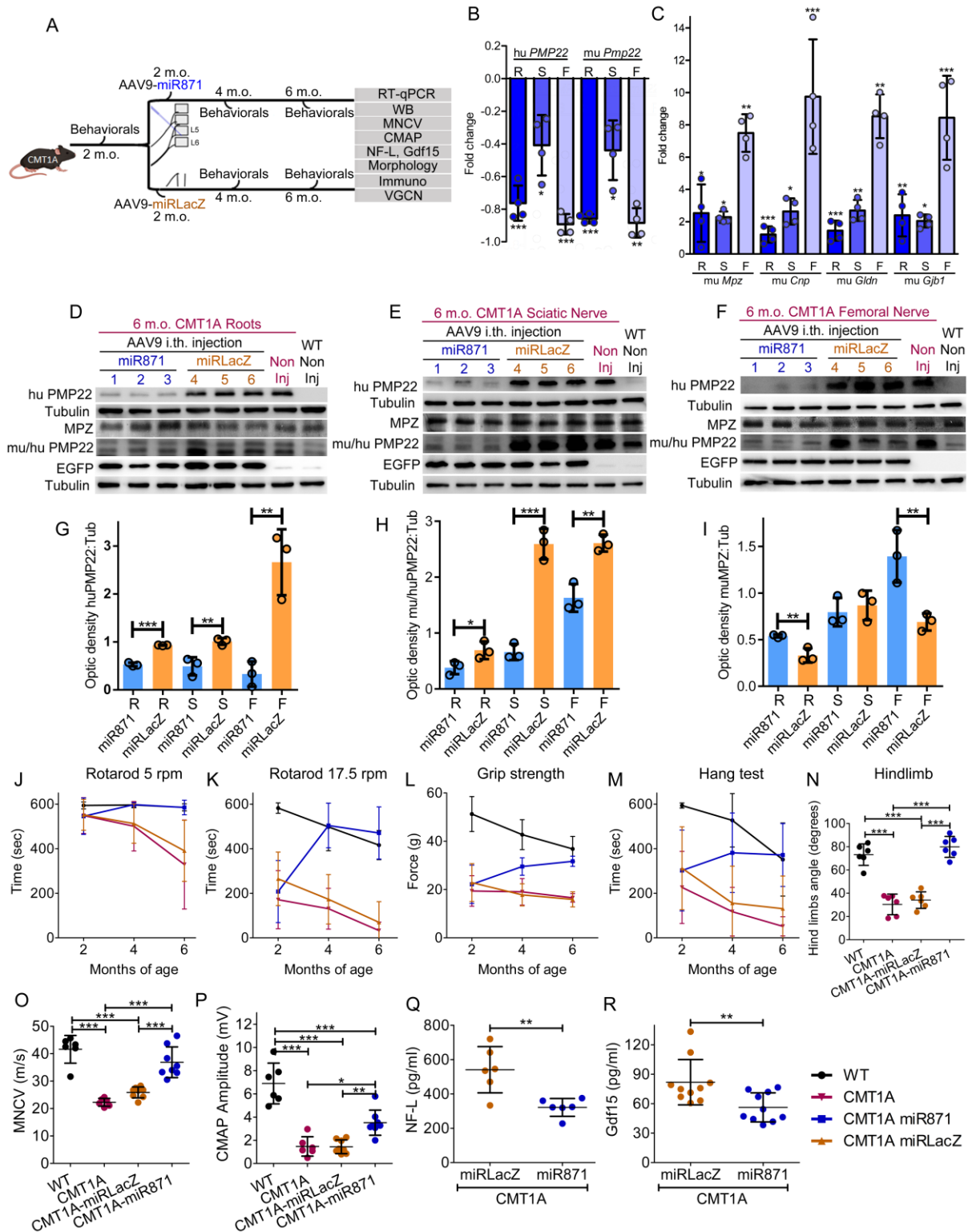
863 protein optical densities, normalized to tubulin, in CMT1A-AAV9-miR871 and CMT1A-AAV9-miRLacZ mice

864 in lumbar roots (R), sciatic (S) and femoral (F) nerves. Western blot showing huPMP22, muTubulin, EGFP and

865 muMPZ protein levels in **(H)** roots, **(I)** sciatic and **(J)** femoral nerves. Values represent mean ± SD. Data were

866 compared using One-way ANOVA with Tukey's Multiple Comparison Test. Significance level for all

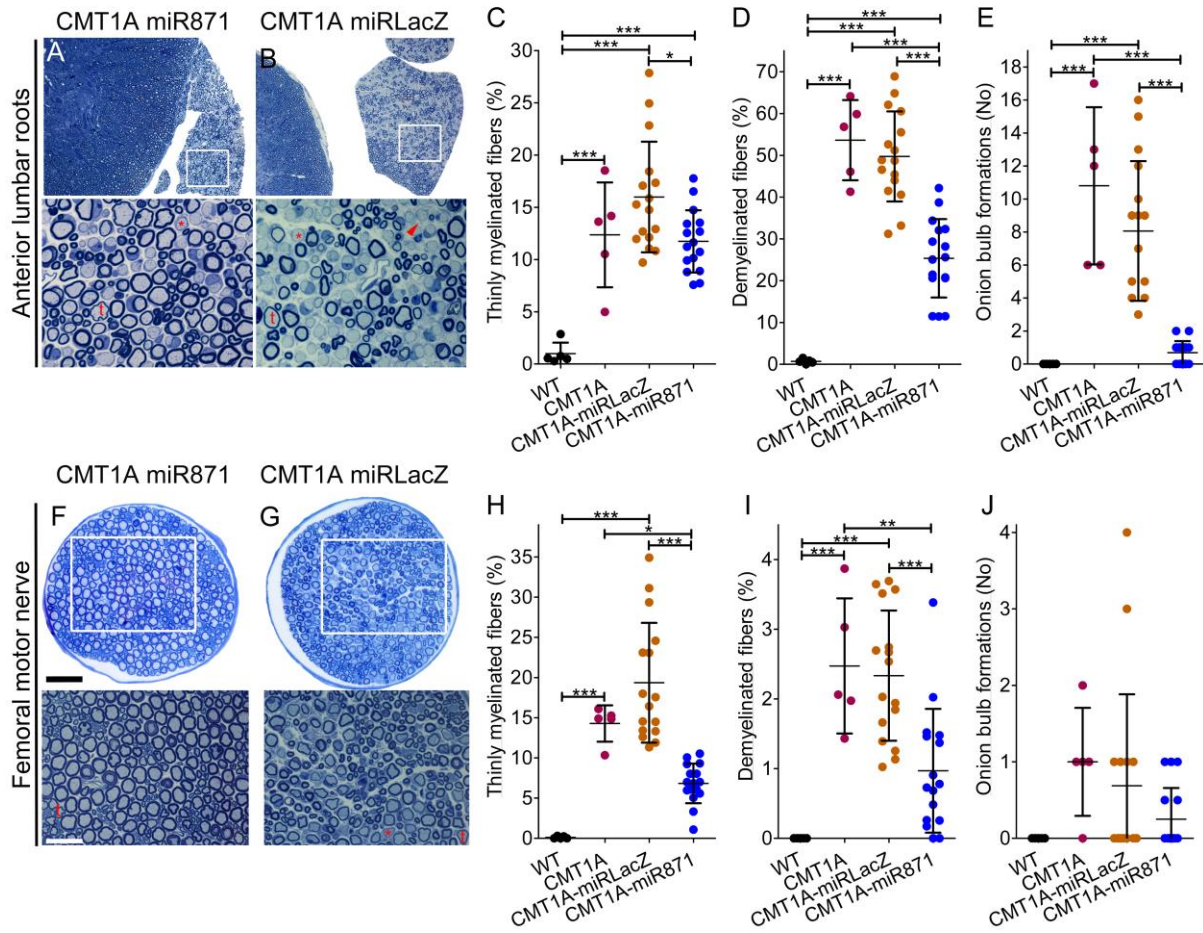
867 comparisons, P<0.05. Scale bars: **(A)** Lumbar root & sciatic nerve: 60 μm, femoral nerve: 20 μm.



868

869 **Figure 3. Efficient PMP22/Pmp22 silencing and improvement of motor behavioral, electrophysiological and**
 870 **blood biomarker phenotypes following early treatment of CMT1A mice. (A)** Design of the early treatment
 871 trial. RT-qPCR analysis of **(B)** huPMP22 and muPmp22 and **(C)** muMpz, muCnp, muGldn and muGjb1 **(C)** gene
 872 expression levels in lumbar roots (R), sciatic (S) and femoral (F) nerves (n=4/group). **(D-I)** Western blot images

873 and analysis of huPMP22, muPMP22, muTubulin, EGFP and muMPZ proteins. **(J-M)** Behavioral analysis
874 comparing non-injected WT and CMT1A mice (n=10/group), CMT1A-AAV9-miR871 and CMT1A-AAV9-
875 miRLacZ mice (n=16/group). **(N)** Hindlimbs opening angle estimation in 6-month-old non-injected WT and
876 CMT1A mice (n=6/group) as well as in CMT1A-AAV9-miR871 and CMT1A-AAV9-miRLacZ mice
877 (n=6/group). **(O)** MNCV and **(P)** CMAP analysis in 6-month-old WT and non-injected CMT1A mice
878 (n=6/group), CMT1A-AAV9-miR871 and CMT1A-AAV9-miRLacZ mice (n=8/group). **(Q)** NF-L (n=6/group)
879 and **(R)** Gdf15 (n=10/group) circulating biomarkers analysis in 6-month-old CMT1A-AAV9-miR871 and
880 CMT1A-AAV9-miRLacZ mice. Values represent mean \pm SD. For RT-qPCR and circulating biomarkers analysis,
881 comparisons were performed using unpaired t-test. Rest of the data were compared using One-way ANOVA with
882 Tukey's Multiple Comparison Test. Significance level for all comparisons, $P < 0.05$.



883

884 **Figure 4. Early treatment of CMT1A mice improved morphology of PNS tissues.** Toluidine blue-stained

885 semithin sections of (A-B) anterior lumbar spinal roots attached to the spinal cord and (F-G) femoral motor nerve

886 at low (upper panels) and higher magnification (lower panels) from CMT1A-AAV9-miR871 and CMT1A-AAV9-

887 miRLacZ mice. Thinly myelinated (t) or demyelinated (*) fibers as well as onion bulb formations (red arrowhead)

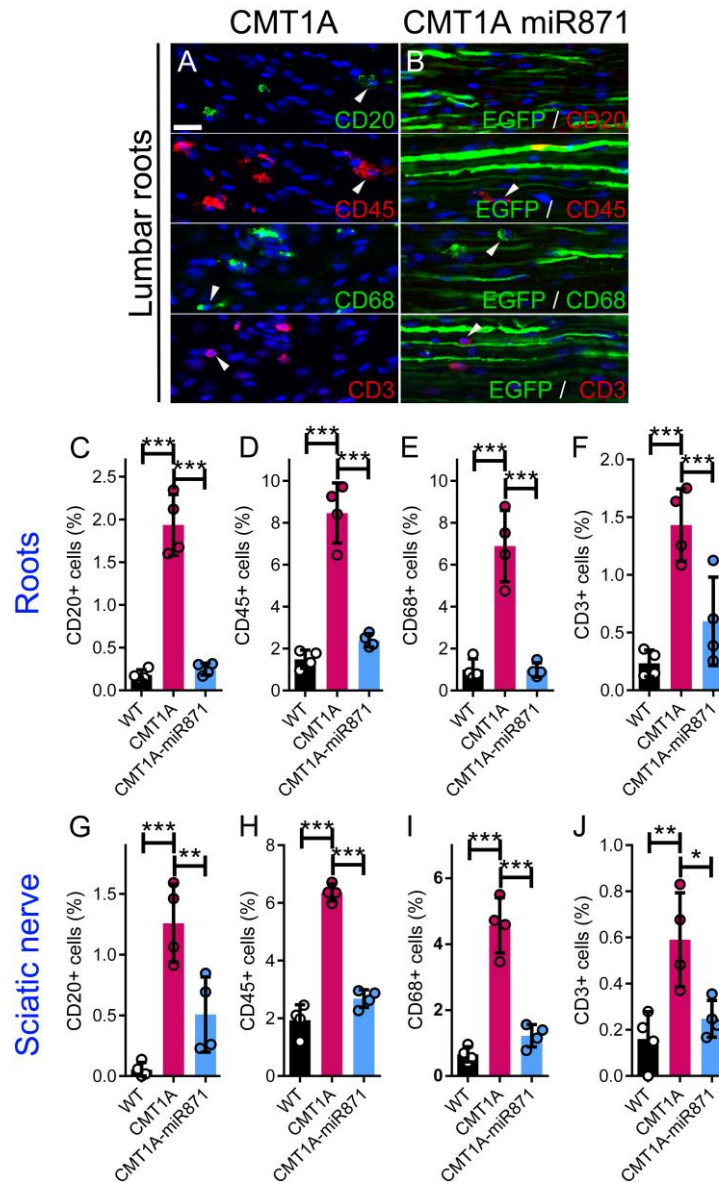
888 are indicated. Quantification of abnormally myelinated fibers in (C-E) lumbar motor roots and (H-J) femoral

889 motor nerves of 6-month-old non-injected WT and CMT1A (n=5/group) mice, as well as in CMT1A-AAV9-

890 miR871 and CMT1A-AAV9-miRLacZ (n=16/group). Values represent mean ± SD. Data were compared using

891 one-way ANOVA with Tukey's Multiple Comparison Test. Significance level for all comparisons, P<0.05. Scale

892 bars: (A): 50 μm, for magnified: 10 μm, (F): 40 μm, for magnified: 25 μm.

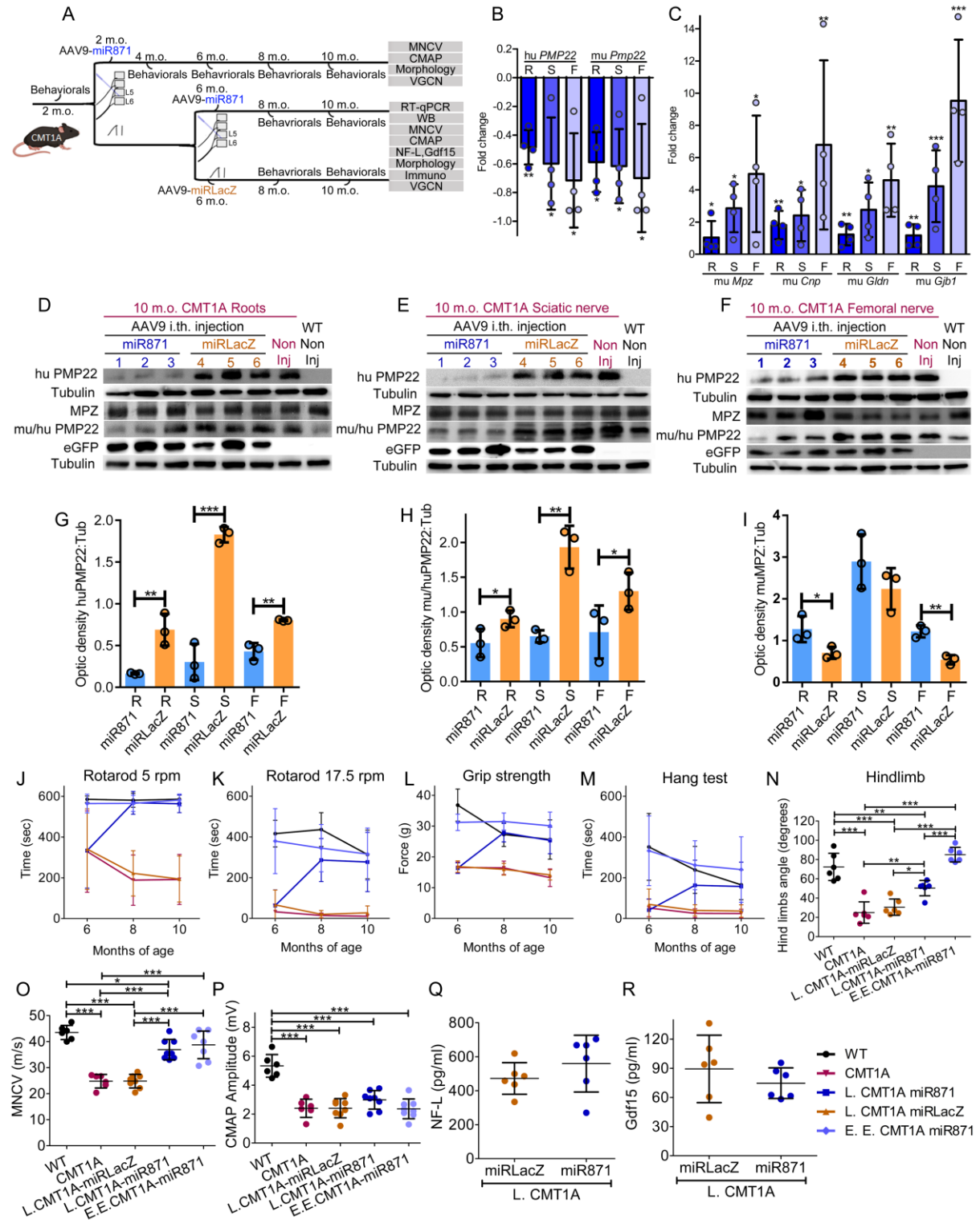


893

894 **Figure 5. Early treatment of CMT1A mice improved inflammation in PNS tissues.** Images of longitudinal
 895 lumbar spinal root sections from non-injected and early treated CMT1A-AAV9-miR871 mice immunostained
 896 with CD20, CD45, CD68, and CD3 markers (A, B), as indicated, (counterstaining with nuclear marker DAPI,
 897 blue; EGFP autofluorescence in injected animal tissues). Arrowheads indicate representative CD+ cells.
 898 Quantification of the percentage of inflammatory cells in lumbar roots (C-F) and sciatic nerve (G-J). Values
 899 represent mean \pm SD (n=4/group). Data were compared using one-way ANOVA with Tukey's Multiple
 900 Comparison Test followed by Bonferroni correction. Significance level for all comparisons, $P < 0.05$. Scale bar:
 901 20 μ m. (WT and CMT1A immunostaining images and quantification data are also shown in Supplemental Figures
 902 8 and 9).

903

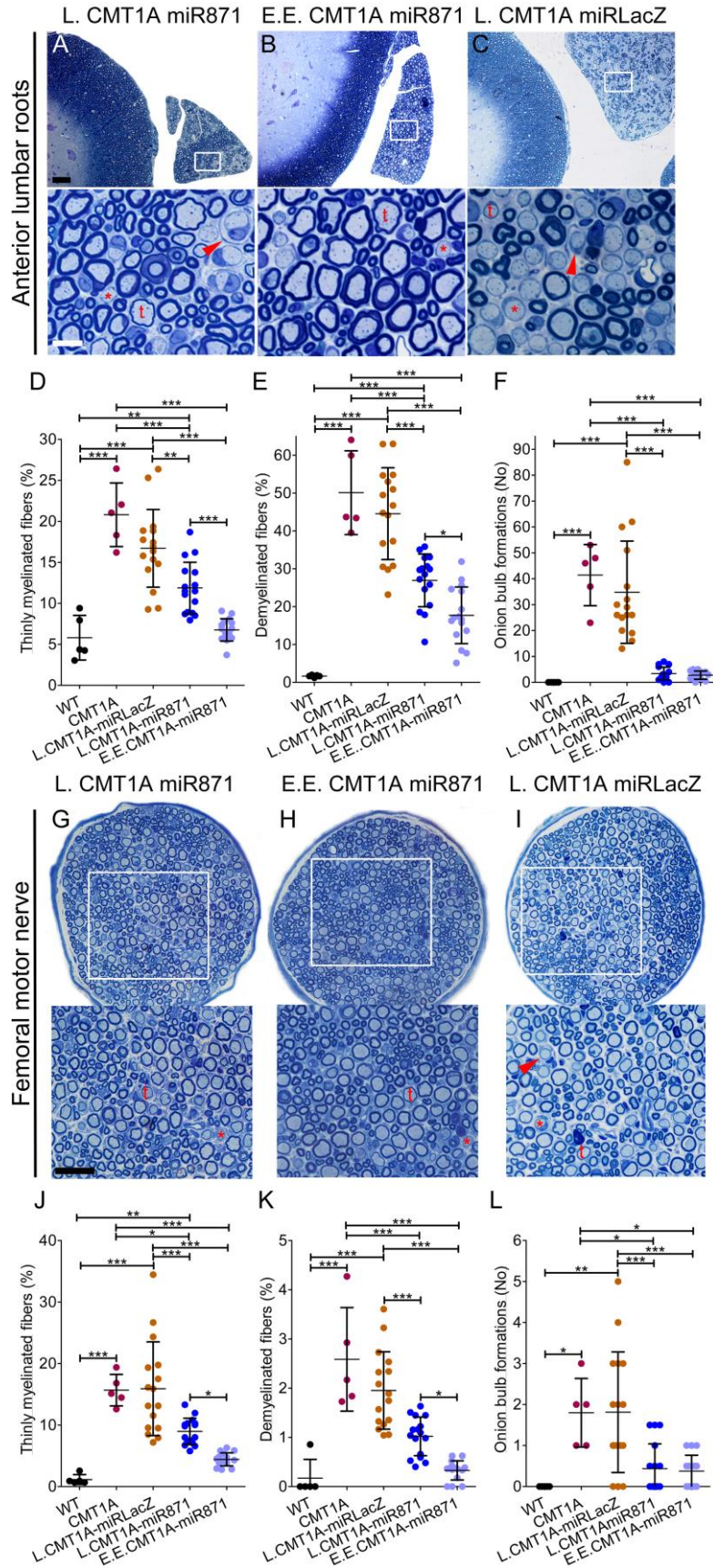
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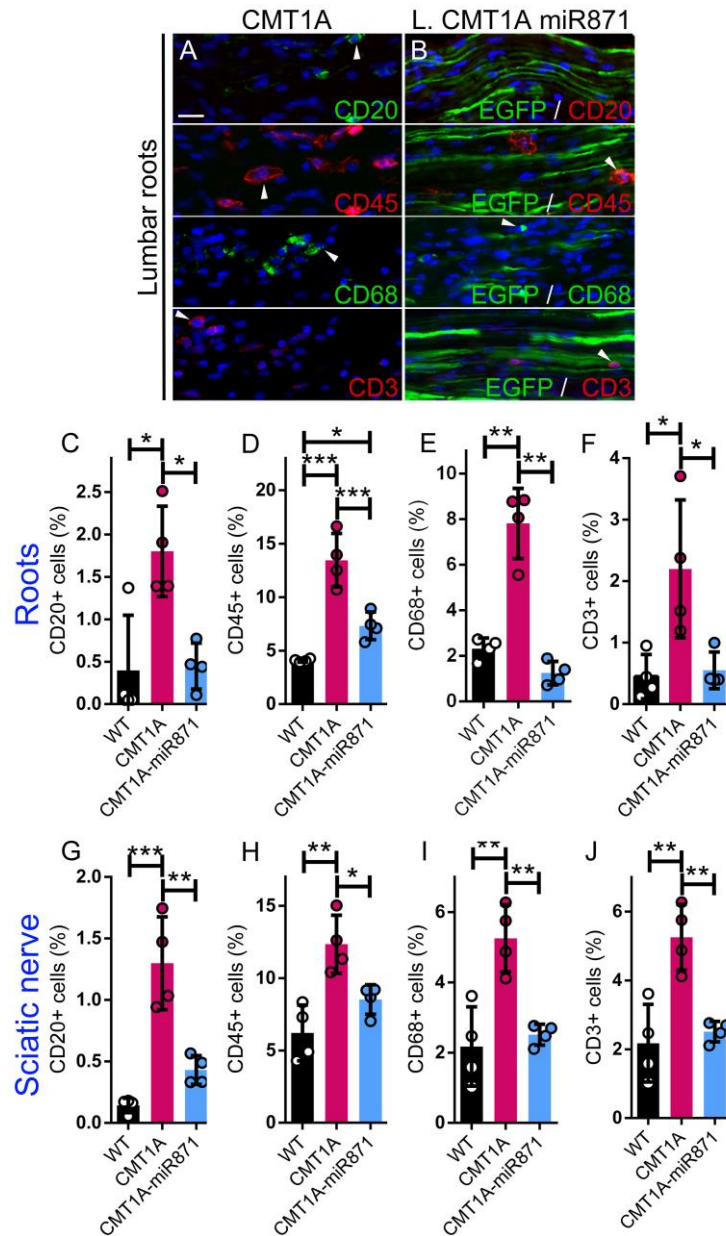
904

905 **Figure 6. Efficient *PMP22/Pmp22* silencing and improvement of motor function and sciatic MNCV but not**
 906 **of CMAP or blood biomarker phenotypes following late treatment of *CMT1A* mice. (A)** Design of the late
 907 (L.) and extended early (E.E.) treatment trial. RT-qPCR analysis of (B) *huPMP22* and *muPmp22* and (C) *muMpz*,
 908 *muCnp*, *muGldn* and *muGjb1* gene expression in lumbar roots (R), sciatic (S) and femoral (F) nerves of late-

909 treated CMT1A mice (n=4/group). **(D-I)** Western blot images and analysis of huPMP22, muPMP22, muTubulin,
910 eGFP and muMPZ proteins. **(J-M)** Behavioral analysis comparing non-injected WT and CMT1A mice
911 (n=10/group), CMT1A-AAV9-miR871 and CMT1A-AAV9-miRLacZ mice (n=16/group). **(N)** Hindlimbs
912 opening angle estimation in 10-month-old non-injected WT and CMT1A mice (n=6/group), L.CMT1A-AAV9-
913 miR871, E.E.CMT1A-AAV9-miR871 and CMT1A-AAV9-miRLacZ mice (n=6/group). **(O)** MNCV, **(P)** CMAP
914 analysis in 10-month-old WT and non-injected CMT1A mice (n=6/group), L.CMT1A-AAV9-miR871,
915 E.E.CMT1A-AAV9-miR871 and CMT1A-AAV9-miRLacZ mice (n=8/group). **(Q)** NF-L (n=6/group) and **(R)**
916 Gdf15 (n=10/group) circulating biomarkers analysis in 10-month-old L.CMT1A-AAV9-miR871 and L.CMT1A-
917 AAV9-miRLacZ mice. Values represent mean \pm SD. For RT-qPCR and circulating biomarkers analysis,
918 comparisons were performed using unpaired t-test. Rest of the data were compared using One-way ANOVA with
919 Tukey's Multiple Comparison Test. Significance level for all comparisons, $P < 0.05$.



921 **Figure 7. Late and extended early treatment of CMT1A mice improved morphology of PNS tissues.**
922 Toluidine blue-stained semithin sections of **(A-C)** anterior lumbar spinal roots attached to the spinal cord and **(G-**
923 **I)** femoral motor nerves at low and higher magnification from 10-month-old L.CMT1A-AAV9-miR871,
924 E.E.CMT1A-AAV9-miR871 and L.CMT1A-AAV9-miRLacZ mice. Thinly myelinated (t) and demyelinated (*)
925 fibers as well as onion bulb formations (red arrowhead) are indicated. **(D-E)** Quantification of abnormally
926 myelinated fibers in multiple roots and **(J-L)** femoral motor nerves of 10-month-old WT, non-injected CMT1A
927 (n=5/group) mice, L.CMT1A-AAV9-miR871, E.E.CMT1A-AAV9-miR871 and L.CMT1A-AAV9-miRLacZ
928 mice (n=16/group). Values represent mean \pm SD. Data were compared using one-way ANOVA with Tukey's
929 Multiple Comparison Test. Significance level for all comparisons, $P < 0.05$. Scale bars: **(A)**: 50 μm , for magnified:
930 10 μm ; **(G)**: 40 μm , for magnified: 25 μm .



931

932 **Figure 8. Late treatment of CMT1A mice improved inflammation in PNS tissues.** Images of longitudinal
 933 lumbar spinal root sections from non-injected and late treated CMT1A-AAV9-miR871 mice immunostained with
 934 CD20, CD45, CD68, and CD3 markers (A, B), as indicated, (counterstaining with nuclear marker DAPI, blue;
 935 EGFP autofluorescence in injected animal tissues). Arrowheads indicate representative CD+ cells. Quantification
 936 of the percentage of inflammatory cells in lumbar roots (C-F) and sciatic nerve (G-J). Values represent mean ±
 937 SD (n=4/group). Data were compared using one-way ANOVA with Tukey's Multiple Comparison Test.
 938 Significance level for all comparisons, P<0.05. Scale bar: 20 μm. (Immunostaining images are also shown in
 939 Supplemental Figure 25).