

1 How a sticky fluid facilitates prey retention in a carnivorous pitcher  
2 plant (*Nepenthes rafflesiana*)

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## 18 Abstract

19 *Nepenthes* pitcher plants live in nutrient-poor soils and produce large pitfall traps to obtain additional  
20 nutrients from animal prey. Previous research has shown that the digestive secretion in *N. rafflesiana* is a  
21 sticky viscoelastic fluid that retains insects much more effectively than water, even after significant dilution.  
22 Although the retention of prey is known to depend on the fluid's physical properties, the details of how the  
23 fluid interacts with insect cuticle and how its sticky nature affects struggling insects are unclear. In this study,  
24 we investigated the mechanisms behind the efficient prey retention in *N. rafflesiana* pitcher fluid. By  
25 measuring the attractive forces on insect body parts moved in and out of test fluids, we show that it costs  
26 insects more energy to free themselves from pitcher fluid than from water. Moreover, both the maximum  
27 force and the energy required for retraction increased after the first contact with the pitcher fluid. We found  
28 that insects sink more easily into pitcher fluid than water and, accordingly, the surface tension of *N.*  
29 *rafflesiana* pitcher fluid was lower than that of water (60.2 vs. 72.3 mN/m). By analysing the pitcher fluid's  
30 wetting behaviour, we demonstrate that it strongly resists dewetting from all surfaces tested, leaving behind  
31 residual films and filaments that can facilitate re-wetting. This inhibition of dewetting may be a further  
32 consequence of the fluid's viscoelastic nature and likely represents a key mechanism underlying prey  
33 retention in *Nepenthes* pitcher plants.

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## 35 Keywords

36 Pitcher plants, wet adhesion, biomechanics, dewetting, surface tension, biopolymers.

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## 39 1. Introduction

40 Pitcher plants are striking examples of plants growing on nutrient-poor soils that have turned  
41 carnivorous to supplement their diet. Through their characteristic pitfall traps made from highly modified  
42 leaves – a design that has evolved independently at least six times across the plant kingdom – these plants  
43 lure, capture, retain, and finally digest prey [1,2]. The prey, which includes mostly ants but also flying insects  
44 [3], are normally capable of climbing up vertical surfaces or flying away from danger, yet they struggle to  
45 escape from the pitchers due to several structural adaptations. In *Nepenthes* pitcher plants (Nepenthaceae),  
46 the pitfall traps consist of the lid, the slippery pitcher rim (peristome), the inner pitcher wall (which is also

47 slippery in some species), and the digestive fluid. The lid serves to shield the pitcher against excessive rainfall,  
48 but in some species it also facilitates prey capture [4]. The highly wettable peristome causes insects to slip  
49 on a thin water-film and fall into the pitcher [5,6]. Depending on the species, the inner pitcher wall is covered  
50 by wax crystals that produce fine-scale roughness that impedes insect adhesion and also readily break off  
51 and contaminate insect tarsi [7–9]. The pitcher wall can also contain directional microstructures that cause  
52 insects to slip and impede escape from the pitcher [10]. Finally, the wall of the digestive zone is covered in  
53 glands for secretion and absorption, but these are unlikely to serve a role in prey retention [11,12].

54         Although the structural adaptations of pitfall traps help to capture and retain nonflying prey that need  
55 to scale the inner wall to escape, they are less suitable against flying insects. Indeed, video recordings of flies  
56 falling into containers of water show that they are able to recover and fly away without contacting the sides,  
57 which suggests that watery pitcher fluid may be less effective in catching flying insects [13]. Since pitcher  
58 plants catch a variety of flying and nonflying insects, it is likely that other mechanisms further enhance their  
59 performance [3,14,15]. As insects that fall into the traps land in the digestive fluid, it is possible that the fluid  
60 itself helps to retain the prey. This mechanism would also prohibit the escape of nonflying insects, which can  
61 sometimes overcome the aforementioned structural adaptations and climb out [5]. In several species of  
62 *Nepenthes*, including *N. rafflesiana*, *N. hemsleyana*, and *N. gracilis*, significantly more flies and ants were  
63 retained in digestive fluid than in water [13,16,17]. Fluid from young *N. rafflesiana* plants were the most  
64 effective, retaining 100% of the tested flies and ~90 to 100% of the ants, while fewer than 20% of the flies  
65 and none of the ants were retained in water [16]. Such striking differences in retention rates of pitcher fluid  
66 compared to water have also been reported in several members of the Sarraceniaceae family, which  
67 independently evolved pitfall traps to catch prey. Experiments using digestive fluid from *Sarracenia flava*, *S.*  
68 *sledgei* (synonym *S. alata*), *S. drummondii* (synonym *S. leucophylla*), and *Darlingtonia californica*  
69 demonstrated that ants sank more rapidly in digestive fluid than in water [18–20]. Importantly, insects  
70 rescued at the end of the retention trials survived, which indicate that the high retention rates are unlikely  
71 caused by noxious compounds released into the fluid. These findings support the idea of a dual functionality  
72 of the ‘digestive’ fluid, where it serves to both retain and digest prey. Thus, in order to also recognise the  
73 retentive function of the fluid, we refer to it as pitcher fluid (PF) henceforth.

74           Despite the evidence for the retentive role of PF, we have yet to fully understand its underlying  
75 mechanisms. Researchers have previously focused on two PF properties - viscoelasticity and surface tension.  
76 - to explain how it may function. Many *Nepenthes* species produce PFs that form long sticky filaments when  
77 rapidly extended, which is characteristic of non-Newtonian viscoelastic fluids containing high molecular  
78 weight polymers [13,21,22]. In an earlier study, the researchers explored the viscoelastic properties of *N.*  
79 *rafflesiana* PF and suggested that its high apparent extensional viscosity and long relaxation time make it  
80 more difficult for a struggling insect to swim in and free itself from the fluid [13]. Although these findings  
81 offer insights into the rheological properties of the fluid, they do not answer how the fluid interacts with the  
82 insect, and why insects fail to escape. Furthermore, it is unclear how rheological parameters such as  
83 extensional viscosity and relaxation time influence the biological system: what forces do insects have to  
84 produce, and how much energy does it cost them to extract themselves from sticky PF compared to water?

85           Another property of PF that has been pursued in previous studies is the fluid's surface tension (ST).  
86 Several studies have reported that insects sink more readily in PF than in water [16,18–20,23,24]. In  
87 Sarraceniaceae, ants sank rapidly in *Heliamphora sp.* fluid yet floated on rainwater [19], and in *D. californica*,  
88 100% of the tested ants were retained while none broke the surface of pure water [20]. Additionally, an oiled  
89 needle repeatedly floated on water despite vigorous perturbation, while it readily sank in *S. flava* PF [18].  
90 Quantitative ST measurements support these observations: fluids from open pitchers of *S. flava* and *D.*  
91 *californica* both produced ST values lower than water (66 mN/m and 47.9 mN/m, respectively) [18,20]. These  
92 findings confirm that ST is reduced in Sarraceniaceae PF, producing an air-fluid interface that is easier to  
93 penetrate than water. This fluid property can help explain the 'sinking ants' phenomenon: an insect falling  
94 into PF will mostly land on the fluid surface, but is then increasingly wetted through its struggles to escape,  
95 and sink [17,20]. The bacterial community in *D. californica* PF plays a role in reducing the ST, but it is unclear  
96 if the plants can also secrete surface-active compounds [20]. Nevertheless, these studies illustrate the  
97 importance of reduced ST for the effective retention of prey in Sarraceniaceae.

98           Meanwhile, the role of ST in *Nepenthes* remains the subject of debate. On one hand, there are several  
99 reports of ants readily sinking in *Nepenthes* PF: in *N. hemsleyana*, up to 80% of tested ants were completely  
100 submerged, compared to 10% in water [17]. Similar observations have been reported elsewhere [23].



101 However, ST measurements available to date suggest that fluids from two *Nepenthes* species have ST close  
102 to that of water (72 mN/m for *N. rafflesiana* [13,17], 73 mN/m for *N. hemsleyana* [17]; 72 mN/m for water  
103 [13,17]). Hence, based on these contradictory findings, it is difficult to decide if a reduced ST is responsible  
104 for sinking prey and if it influences insect retention in *Nepenthes* PF.

105 Here, we investigate the effect of sticky PF on insect retention, by focusing on the adhesion of PF to  
106 insect cuticle. Using *N. rafflesiana* PF, we first quantify the forces exerted on an ant gaster (the abdomen) as  
107 it is wetted and then retracted from the fluid, thereby simulating an insect's attempt to escape. Next, we re-  
108 assess the role of ST in prey retention through measurements of ST and wetting forces. Lastly, we study the  
109 dewetting behaviour of PF on different surfaces and highlight a previously unrecognised function of the  
110 viscoelastic nature of the fluid and a new mechanism of prey retention.

## 111 2. Materials and methods

### 112 2.1. Pitcher plant fluid samples

113 *N. rafflesiana* PF was collected from unopened pitchers that were close to opening in Brunei, northern  
114 Borneo (4°34' N, 114°25' E; collection site: degraded kerangas forest on white sandy soil) and from  
115 greenhouse cultivars at the University of Bristol (courtesy of Dr. Ulrike Bauer, University of Bristol; plants  
116 sourced from Brunei, Malesiana Tropicals nursery, or Kew Gardens). Each pitcher was either cut open with a  
117 clean razor blade and its contents poured into a sterile plastic collection vial (field collections), or its lid was  
118 opened and the fluid removed using a clean pipette (greenhouse collections). The samples were kept frozen  
119 at -20°C until use. Prior to experiments, individual vials were thawed to room temperature, and a small  
120 aliquot was stored in a 4°C refrigerator while the stock was re-frozen. PF was stored at 4°C for the duration  
121 of the experiments with no growth of contaminants or visible changes to the fluid consistency.

### 122 2.2. Observations of ant in pitcher plant fluid

123 Ants from a laboratory colony of *Atta cephalotes* were used to observe the behaviour of live insect  
124 prey in *N. rafflesiana* PF. Medium-sized worker ants were used (mean weight  $\pm$  SD: 7.6  $\pm$  1.3 mg). Ant  
125 behaviour was assessed similarly to previous studies [13,16,17]: each ant was placed inside a slippery Fluon-  
126 coated container that was held 5 cm above the fluid surface (size of aquarium with fluid: 7.6 x 2.5 x 2.5 cm).  
127 The container was then slowly tipped so that the ant slid down the wall and into the fluid without

128 manipulation or coerced acceleration. This method aimed to mimic ants naturally slipping on the peristome  
129 surface and free-falling into the pitcher. The ant's behaviour was observed for 5 min and categorised using a  
130 metric derived from [16]: 1. 'Escaped,' if it retracted all 6 legs from the fluid; 2. 'Walking on water,' if its legs  
131 did not break the fluid meniscus and instead tried to walk on the surface; 3. 'Swimming,' if it tried to swim  
132 but with part of its body remaining attached to the meniscus; 4. 'Floating motionless,' if it stopped moving  
133 within 5 min but did not sink; 'Sunken,' if all of its body was completely submerged below the fluid surface.  
134 Ants were tested in sticky PF and in reverse-osmosis water (RO water; n=10 ants per fluid).

### 135 2.3. Force measurements on ant gasters

136 Ants were used to assess the range of forces experienced by insects that had fallen into sticky PF.  
137 Rather than using whole ants, which would introduce many uncontrollable variables regarding surface  
138 topography, orientation and shape, we opted to use the gasters of similarly-sized ants as a model cuticle  
139 surface. Gasters (approximately 1.2 x 1.3 mm in width x length) were prepared as follows: an ant was  
140 euthanised by freezing, weighed, and its gaster cut at the petiole. Next, an insect pin was inserted into the  
141 cut end (see Supplementary Fig. 1). A small droplet of high viscosity cyanoacrylate adhesive was applied at  
142 the junction to immobilise the gaster. Special care was taken to avoid contaminating the cuticle with excess  
143 adhesive. Each mounted gaster was inspected under a stereomicroscope for contamination or damage prior  
144 to use.

145 A custom fibre-optic force transducer was set up as previously described with some modifications  
146 (Supplementary Fig. 1) [25]. A piece of reflective metal foil was glued onto a thin metal beam (beam spring  
147 constant: 2.5 N/m), and then mounted to the Z-motor stage of a 3D motor system (M-126PD, Physik  
148 Instrumente, Karlsruhe, Germany). The fibre optic sensor (DMS-D12, Philtec, Inc., MD, USA) was lowered  
149 towards the foil until the output was in the linear range of the signal-to-distance curve. A voltage-to-force  
150 calibration was obtained using pre-weighed objects and a signal-to-displacement calibration was calculated  
151 by incrementally bending the beam using the Z-motor. All motor movements and constant force feedback  
152 protocols were performed using LabVIEW (National Instruments, TX, USA). A USB camera synchronised to  
153 the motor movements was used to film the sample interacting with the test fluid (20 fps; DMK 23UP1300,  
154 The Imaging Source Europe GmbH, Bremen, Germany).

155 A small aquarium with two contiguous chambers to hold the test fluids was 3D-printed (Zortrax  
156 Inkspire, Zortrax S.A., Olsztyn, Poland; Supplementary Fig. 1). This design allowed for the same specimen to  
157 be tested in two different fluids without re-mounting. One wall of the chamber was made with a glass  
158 coverslip to provide a clear view of the sample while filming. For each trial, the aquarium was rinsed once  
159 each with ethanol and RO water, then around 600  $\mu\text{L}$  of PF or water was transferred into the two chambers.  
160 The insect pin (with a gaster attached) was bent so that the dorsal side of the gaster would be the first to  
161 contact the fluid. This reduced the likelihood of the sting and gland opening within the gaster tip interfering  
162 with the measurements (*e.g.*, dried glandular secretions can be hydrophilic). The sample was then attached  
163 to the force transducer using dental wax (Elite HD+, Zhermack SpA, Italy).

164 Once the gaster and the fluids were prepared, the following motor movements were executed: 1.  
165 Lower sample into the fluid to reach a preload of 50  $\mu\text{N}$  (approximately two-thirds of a tested ant's body  
166 weight); 2. Stay in force feedback-controlled preload for 4 s; 3. Move up by 10.5 mm at 3 mm/s; 4. Dry for 60  
167 s with a small fan; 5. Repeat steps 1-3 twice to produce dip 1, 2, and 3. This protocol was designed to simulate  
168 repeated escape attempts by a captured insect. The trials were paired so that each gaster was first tested in  
169 water (total of three dips), dried for at least 3 min, then tested again in PF. We conducted control experiments  
170 with water in both wells (water-water) to confirm that using the same gaster twice did not affect its  
171 properties (no significant difference in peak force between the first and second water tests; all paired *t*-test  
172 values  $t_5 < 0.75$ ,  $p > 0.05$ ;  $n=6$  gasters).

173 For each gaster trial, we calculated the 'work of retraction' by integrating the measured force-distance  
174 curve during the gaster pull-out (see Supplementary materials for details). The peak attractive force was  
175 defined as the maximum force recorded during the upward Z-motor movement. Six sticky *N. rafflesiana* PF  
176 samples were selected to measure the peak attractive force and work of retraction.

#### 177 2.4. Statistical analyses

178 Restricted maximum-likelihood linear mixed-effects modelling was used to analyse the relationship between  
179 the dependent variables (work of retraction and peak attraction force; the former was natural log-  
180 transformed) and the independent variable (test liquid, with water and PF as levels, and dips). Test liquid and  
181 the interaction between test liquids and dips were used as fixed-effect terms. Individual ant gasters and PF

182 samples were used as random intercepts to account for the nested design and repeated sampling (each ant  
183 gaster tested first in water then in PF; six gasters tested per PF sample). Data from each dip was separated  
184 and analysed with the same parameters. *t*-tests were conducted via Satterthwaite's degree of freedom  
185 method per the *lmerTest* package [26]. All tests were conducted in R v3.6.2 (run in RStudio v 1.2.5033) using  
186 R packages *lme4* v1.1-21 and *lmerTest* v3.1-1 [26–29].

## 187 2.5. Force measurements using antennae as model insect cuticle

188 Ant antennae are densely covered in hairs and preliminary tests confirmed that they strongly resisted  
189 wetting, and when submerged in water, a layer of air remained trapped between the hairs. Hence, antennae  
190 were used to test if PF could wet highly hydrophobic surfaces. Each antenna was cut at the end of the first  
191 segment and the cut end was attached to an insect pin with a small droplet of cyanoacrylate adhesive  
192 (inspection under a stereomicroscope showed that the adhesive did not spread on the antenna). Both  
193 antennae from each ant were mounted using the same technique to produce comparable samples. Extreme  
194 care was taken to avoid touching the last few segments of the antenna, and each sample was visually  
195 inspected for contamination or damage. Since freshly prepared antennae were highly flexible, all samples  
196 were stiffened by drying them in a desiccator for 2-3 hrs prior to use.

197 For each trial, one insect pin-mounted antenna was attached to the force transducer and positioned  
198 so that the last segment would be the first to contact the fluid surface. One of the two antennae from an ant  
199 (sample A) was used to determine the loading force at which the tip ruptured the RO water meniscus. The  
200 following protocol was then used to simulate an insect falling into the fluid interface and staying in contact  
201 for a period of time: 1. Slowly lower sample into the water until set preload; 2. Maintain preload using force-  
202 feedback for 60 s; 3. Return to the starting position. If the liquid meniscus did not break, then the loading  
203 force was increased by one 5  $\mu\text{N}$  increment and the trial repeated (tested force range was 30-50  $\mu\text{N}$ ). The  
204 maximum preload was defined as the force which was one increment smaller than the force needed to  
205 rupture the meniscus. Control experiments showed an antenna could be tested 4-5 times at its maximum  
206 preload on water without a change in response ( $n=3$  antennae), confirming that antennae were not wetted  
207 despite multiple dips. Nevertheless, to demonstrate that the antenna had not been wetted by water during

208 the trials, every sample was tested twice at the same maximum loading force. If the antenna did not break  
209 the meniscus in both repetitions after 60 s, the trial was recorded as ‘meniscus held.’

210 Once the maximum loading force was determined, sample A was replaced with the second antenna  
211 from the ant (sample B) to test in PF. Due to random variation between the first and second antenna for the  
212 maximum sustainable preload force, we conservatively expected 50% of the tested antennae to break  
213 through and sink into the fluid. If the antenna penetrated the meniscus before the full 60 s preload, the  
214 sample was recorded as ‘meniscus broken.’ A total of 32 trials were conducted using 16 pairs of antennae  
215 (n=3 different PFs were used).

## 216 2.6. Measuring the surface tension of PF

217 Pendant drop tensiometry can be a highly accurate method of measuring surface tension with small  
218 volumes of test fluid if some precautions are taken to reduce experimental error [30]. The technique is based  
219 on analysing the shape of a static drop hanging from a needle, resulting from a balance of its weight and  
220 surface tension forces. This balance is represented by a dimensionless parameter called the Bond (or Eötvös)  
221 number:

$$222 \quad B_o = \frac{\rho g R_0^2}{\gamma} \quad (1)$$

223 where  $R_0$  is the radius of curvature at the apex of the droplet,  $\gamma$  is the surface tension, and  $\rho$  is the density  
224 of the drop. A second dimensionless parameter, the Worthington number, was incorporated in [30]:

$$225 \quad W_o = \frac{V_d}{V_{max}} \quad (2)$$

226 where  $V_d$  is droplet volume and  $V_{max}$  is the theoretical maximum volume that can be formed by the needle.  
227 When  $W_o$  is greater than 0.6, then the experimental error is below 1%, hence it serves as a useful criterion  
228 for minimising error. We used a slightly modified version of the method described in [30]: ~50  $\mu$ L of PF was  
229 withdrawn into a 1.0 mL syringe fitted with a blunt-ended needle (inner diameter: 0.8 mm). A syringe pump  
230 (AL-1000, World Precision Instruments, FL, USA) was used to dispense the fluid at a constant flow rate of 7  
231  $\mu$ L/min and filmed with a USB camera at 3 fps (Basler acA1300-200um, Basler AG, Ahrensburg, Germany).  
232 Ten PF samples from *N. rafflesiana* were tested. In addition, two PF samples from another species (*N. inermis*  
233 from Cambridge University Botanical Gardens) were measured as they were also sticky and viscoelastic.

234 Between 5 and 7 drops with  $Wo$  greater than 0.6 were selected for each sample and analysed using  
235 OpenDrop (<http://opencolloids.com>). All experiments were conducted at 25°C in ambient humidity  
236 (approximately 30-40% RH). The full dataset is provided in the Supplementary materials.

237 ST measurements of distilled water were in good agreement with the reference value of 72.0 mN/m  
238 at 25°C [31]. To check if ST values of dilute viscoelastic fluids were in line with literature values [32,33], we  
239 tested solutions of commercial xanthan gum (Sigma-Aldrich; molecular weight:  $\sim 2 \times 10^6$  Da; concentrations:  
240 0.1, 0.2, 0.5% w/v in distilled water).

## 241 2.7. Visualising PF dewetting behaviour on various substrates

242 A number of gasters and antennae tested in water and PF were subsequently imaged with scanning  
243 electron microscopy (SEM;  $n=22$  antennae,  $n=20$  gasters). Unused gasters prepared under the same  
244 conditions served as controls. Specimens were mounted on aluminium stubs, coated in 15 nm of iridium, and  
245 imaged with an SEM (Verios 460, ThermoFisher Scientific, MA, USA).

246 To investigate how PF interacts with different surfaces, we recorded the dewetting of PF and water  
247 from three surfaces: clean glass coverslip (hydrophilic), clean smooth low-density polyethylene (PE,  
248 hydrophobic), and *A. cephalotes* gaster cuticle (freshly prepared as described above). Static contact angles  
249 of water on the glass and PE surfaces were measured using a goniometer (7  $\mu$ L per droplet;  $n=10$  droplets  
250 per surface; OCA 15EC, DataPhysics Instruments GmbH, Filderstadt, Germany). The static contact angles were  
251  $51.9^\circ \pm 0.4^\circ$  and  $86.3^\circ \pm 0.8^\circ$  (mean  $\pm$  standard error of the mean) for glass coverslip and PE surfaces,  
252 respectively. We used interference reflection microscopy (IRM; as reported previously in [34–36]) to visualise  
253 the formation and evolution of films during dewetting. More specifically, a small volume ( $\sim 5$   $\mu$ L) was first  
254 deposited on the test surface using a micropipette. A clean microcapillary tube connected to a microinjector  
255 (CellTram Air, Eppendorf, Hamburg, Germany) was used to manually withdraw the fluid. The dewetting  
256 process was filmed at 25 fps (DMK 23UP1300), and monochromatic green light was used for illumination  
257 (wavelength = 546 nm). Each fluid (two different PF samples and RO water) was tested 3 times on glass, PE,  
258 and insect cuticle. PE surfaces were imaged using SEM after PF dewetting trials.

## 259 3. Results

### 260 3.1. Ant retention rates and behaviour in PF compared with water

261 Our retention trials with ants dropped in *N. rafflesiana* PF compared to water revealed a striking  
262 difference in outcome (Fig. 1a & b; Supplementary video 1). While none of the ants dropped in water sank  
263 and 30% 'walked' on the water surface without breaking the meniscus, all the ants dropped in PF were wetted  
264 upon landing and none managed to 'walk' on the PF meniscus (Fig. 1c). Moreover, 20% of the ants were fully  
265 submerged and sank within 5 minutes in PF. Ultimately, none of the ants managed to escape from PF, as  
266 opposed to 30% in water. Comparable observations and results have been previously reported for *N.*  
267 *rafflesiana* and *N. hemsleyana* using different species of ants [17].

### 268 3.2. Force and energy required to retract ant cuticle from PF in simulated escapes

269 Using ant gasters mounted on the force transducer set-up, we simulated the movements of an insect  
270 attempting to escape from PF or water and measured the forces (see Fig. 2 for a representative force-time  
271 plot). There was a jump into contact when the gaster approached the water surface (Fig. 2a), followed by a  
272 repulsion when the gaster was immersed deeper into the water, until the desired preload of 50  $\mu\text{N}$  was  
273 reached (Fig. 2a-1). Upon retraction, a liquid bridge formed between the water meniscus and the gaster and  
274 then rapidly collapsed, resulting in a sharp drop of the attractive forces (Fig. 2a-2 & 2b-2). A small water  
275 droplet remained on the gaster immediately after the liquid bridge collapsed, but it often evaporated before  
276 the next dip. SEM images of samples tested in water showed no signs of contamination or residues (see  
277 Section 3.5).

278 When gasters were preloaded and retracted from PF, however, the peak attractive force was  
279 marginally larger than in water (Fig. 2a). Moreover, upon retraction from PF, we observed filament formation  
280 between the cuticle and the fluid surface (Fig. 2c). The adhesive effect of the filament, which essentially  
281 pulled the gaster back into the fluid, was visible on the force-trace as a slower and prolonged decay of the  
282 peak force (Fig. 2a-3 & 2c-3). We also observed that after retracting the gaster from PF and the collapse of  
283 the liquid bridge, a much larger droplet had formed on the gaster compared to the test in water. This became  
284 more pronounced after the 60 s of drying in air, where the water droplets were either significantly smaller  
285 or no longer visible, while a large PF droplet remained on the gaster.

286 Comparisons between the peak attractive forces from all water and PF trials indicated a trend for a  
287 greater attractive force in the latter, but this was not statistically significant (Fig. 3a; *t*-test based on the  
288 aforementioned linear mixed effects model,  $t_{5,1}=1.86$ ,  $p=0.12$ ). In contrast, the work required during the  
289 simulated escape movement in PF was 2.9 times greater than in water (*t*-test,  $t_{5,0}=5.59$ ,  $p < 0.01$ ), caused by  
290 the sustained adhesive force from the PF filament.

291 When we analysed the effect of dips on the peak attractive force, we found that within each dip, the  
292 peak attractive force for PF was marginally but significantly higher than water by the third dip (Fig. 3b; *t*-test,  
293  $t_{2,0}=4.31$ ,  $p < 0.05$ ). Across the dips overall, we found a significant interaction between the dips and the peak  
294 attractive force, where the effect of dips on peak attractive forces significantly depended on the tested fluid  
295 (*t*-test,  $t_{178}=3.46$ ,  $p < 0.001$ ). Subsequently, when water and PF were analysed separately, we confirmed that  
296 dips had no significant effect on the peak attractive force in water (*t*-test,  $t_{74}=-0.55$ ,  $p =0.58$ ), while it had a  
297 clear impact on PF (*t*-test,  $t_{74}=5.24$ ,  $p < 0.001$ ). Thus, peak attractive force did not change from multiple dips  
298 in water, whereas there was an increase in PF.

299 In contrast to the peak attractive force, the work of retraction required to withdraw gasters from PF  
300 was consistently higher than in water for all three dips (Fig. 3c; fluid:dip interaction significant,  $t_{178}=2.68$ ,  $p <$   
301  $0.01$ ; *t*-test, Dip1:  $t_{2,59}=7.07$ ,  $p < 0.01$ ; Dip2:  $t_{3,09}=7.33$ ,  $p < 0.01$ ; Dip3:  $t_{3,55}=6.90$ ,  $p < 0.01$ ). The overall findings  
302 for the effect of dips on the work of retraction were similar to those stated above for the peak attractive  
303 force. Implications of these results are addressed in the Discussion.

### 304 3.3. Loading the liquid-air interface to test if PF meniscus breaks more readily than water

305 From our experiments using antennae to probe the liquid-air interface, we first identified the  
306 maximum preload force that the water meniscus could sustain (sample A,  $n = 16$  antennae; Fig. 4a). All of  
307 these samples failed to break the water-air interface to advance into the fluid during the entire 60 s preload  
308 (Fig. 4b-d). Video recordings showed that while the tip of the antenna broke through the meniscus, the water  
309 contact line was arrested at or before the widest point of the antenna and held for 60 s. For antennae (sample  
310 B) dipped in PF, however, the outcome was clearly different: 15 of the 16 antennae (93%) broke through the  
311 meniscus and continued to advance within 60 s (Fig. 4b-PF & 1c-PF). Even using the most conservative  
312 assumption that 50% of the antennae break the meniscus by chance, this result is highly significant (two-



313 sided binomial test;  $p=5.19\times 10^{-4}$ ). Furthermore, of the 15 antennae that broke through the meniscus, four  
314 formed thin filaments upon withdrawal from the PF (Fig. 4e-PF).

315 To confirm that our findings were not affected by variation from switching sample A to B (for e.g.,  
316 mounting orientation), we tested a subset of the antennae ( $n=12$ ) without remounting: first in water, then  
317 in PF). None of the tested antennae broke through the water meniscus, even after two to five repeats; in  
318 contrast, 92% (11 antennae) broke through the PF meniscus. Again, even when the most conservative  
319 assumption was used (50% of the antennae break the meniscus by chance), this result is highly significant  
320 (two-sided binomial test;  $p=0.0063$ ).

#### 321 3.4. Surface tension of *Nepenthes* PF and water

322 ST measurements using pendant drop tensiometry further substantiated our finding that ST is reduced  
323 in *N. rafflesiana* PF (Fig. 5). The ST value for water did not differ significantly from the reference value, which  
324 confirmed the validity of our method ( $72.3 \pm 0.6$  mN/m, mean  $\pm$  SD;  $n=10$  droplets; one-sample  $t$ -test,  $t_9=1.44$ ,  
325  $p=0.18$ ). On the other hand, the ST of *N. rafflesiana* PF was significantly lower than that of water ( $60.2 \pm 5.2$   
326 mN/m, mean of means  $\pm$  SD of means;  $n=10$ ; one-sample  $t$ -test against reference value for water,  $t_9=-7.13$ ,  $p$   
327  $< 0.001$ ). Preliminary tests from *N. inermis* PF produced a ST value of  $34.6 \pm 2.3$  mN/m ( $n=2$ ). The ST of  
328 solutions of commercial xanthan gum were (mean  $\pm$  SD):  $66.8 \pm 0.1$  mN/m,  $60.1 \pm 0.5$  mN/m, and  $53.6 \pm 0.7$   
329 mN/m, for concentrations 0.1, 0.2, and 0.5% w/v, respectively. These values generally agreed with literature  
330 values and followed the same trend, where an increase in xanthan gum concentration led to a decrease in  
331 ST [32,33].

#### 332 3.5. Conspicuous residues are present on insect cuticle after contact with PF

333 After trials in PF, gaster cuticle and hairs were clearly coated in residues (Fig. 6). We observed films on  
334 significant areas of the gaster (smooth texture in some areas, porous in others; Fig. 6b-i & ii). Dried liquid  
335 bridges between the hair and the gaster cuticle were also visible (Fig. 6c). Polygonal crystals were sometimes  
336 present on the smooth cuticular surface. We also observed PF 'gripping' individual hairs to form solid  
337 filaments spanning between the main film and the hairs (Fig. 6d). Note that these samples were not flash-  
338 frozen and freeze-dried but rather dried in a desiccator over several days, hence the filaments were stable

339 structures. Gasters tested in water were free of any visible residues and closely resembled the control  
340 samples (Fig. 6a-i & ii).

341         Assessment of tested ant antennae using SEM highlighted the high density of cuticular hairs on the  
342 antennae, which inhibited wetting of the underlying smooth cuticle. We observed that antennae tested in  
343 water were mostly free of filaments (Fig. 6e-i & ii), although dirt-like particles were present at the tip of some  
344 specimens (n=4 out of 7 antennae). The majority of the antennae tested in PF were free of residues, but in  
345 some cases we observed filaments spanning between the hairs at the tip of the antennae (Fig. 6e-iii; n=4 out  
346 of 15 antennae). No other residues or contaminants were found on the remaining antennal segments, and  
347 overall the antennae were cleaner than gasters after tests in PF.

### 348         3.6. Dewetting is slowed down or prevented in PF

349         Water dewetted from the clean glass surface without leaving behind any residues or films (Fig. 7a-i to  
350 iii; Supplementary video 2). In stark contrast, PF on glass did not show any dewetting: the initial perimeter of  
351 the droplet did not contract, and continued fluid withdrawal led to an increasingly thin film (Fig. 7b-i to iii;  
352 Supplementary video 3). Eventually, the film started to dry close to the microcapillary tube, and then at the  
353 outer fluid perimeter. This resulted in the formation of very thin layers or smaller filaments on the surface  
354 (see asterisk in Fig. 7b-iii), although it is possible that the PF dewetted in between these regions. When the  
355 microcapillary was removed and the fluid began to evaporate, branched hygroscopic crystals formed that  
356 visibly absorbed the humidity from our breaths when we blew on the glass surface (Supplementary video 3).

357         On hydrophobic PE surfaces, water also dewetted completely from the surface (Fig. 7c-i to iii). In  
358 contrast, PF formed thin layers and residues on PE surfaces (Fig. 7d-i to iii). Furthermore, we observed fractal-  
359 like patterns comprised of solid filaments extending from the edge of the initial rim towards the centre (Fig.  
360 7d-iii). SEM images of the PE surfaces confirmed that PF does not completely dewet from the surface (Fig.  
361 7e-i & ii): we observed fine filaments coating the surface, and while regions between the micrometre-scale  
362 filaments looked clean, higher magnification images revealed numerous filaments with diameters less than  
363 100 nm.

364         On insect cuticle, small droplets of water readily dewetted and evaporated from both smooth cuticle  
365 and cuticle with large hairs (Supplementary video 4). PF, however, behaved differently on cuticular surfaces:

366 although the strong reflectivity of the cuticle obscured any interference patterns during the withdrawal, PF  
367 again failed to fully dewet from the cuticle, leaving residues on some areas of the cuticle, similar to those on  
368 glass and PE surfaces (Supplementary Fig. 2). The residues also resembled the patterns visible on the SEM  
369 images of cuticle after PF tests (Fig. 6b-i). Moreover, we observed filaments forming between the receding  
370 PF and hairs on the gaster, which could result in the aforementioned 'hair-gripping' structures (Fig. 6d).

## 371 4. Discussion

372 Carnivorous plants have evolved a myriad of adaptations and mechanisms to prey on insects, ranging  
373 from trigger hair-activated leaves of Venus fly-traps, sticky 'glue' secretions of sundew plants, and pitfall traps  
374 of pitcher plants. Although there are several structural adaptations that facilitate insect capture and  
375 retention in pitcher plants, it is increasingly evident that the digestive fluid itself can contribute mechanically  
376 to the capture and retention of insect prey. In the case of *N. rafflesiana* pitcher plants, one of several  
377 *Nepenthes* species that produces sticky PF, previous researchers have proposed two mechanisms responsible  
378 for the higher prey retention rate of the fluid compared to water. First, insects that fall into the fluid struggle  
379 and move rapidly to their own detriment: the viscoelastic shear-thinning fluid may respond elastically to fast  
380 shear-rates, which is thought to inhibit movement and hamper escape [13]. Second, as the insect retracts its  
381 wetted limbs from the fluid during its struggles, filaments are formed that resist being stretched, a  
382 consequence of the fluid's high extensional viscosity [13]. However, the effect of these mechanisms on the  
383 forces experienced by insect prey in PF is unclear. Our work on the interactions between PF and insect cuticle  
384 provides new insights into the mechanisms underlying the adhesive and retentive property of sticky PF; these  
385 will be discussed in more detail below.

### 386 4.1. Lower surface tension of PF facilitates sinking of insect prey

387 By dropping ants into PF to mimic natural insect capture events, we found that ants sank in PF but not  
388 in water. Additionally, we observed that ants could 'walk' on the surface of water, but not of PF. This suggests  
389 that ants break through the PF-air interface more easily than the water-air interface, consistent with previous  
390 reports of insects sinking in *N. rafflesiana* fluid [17,23]. Using the ants' antennae, which are highly non-  
391 wettable, we confirmed that PF produced a smaller up-thrust than water. We found that at the maximum  
392 preload force (41  $\mu$ N on average, corresponding to approximately half the average weight of the tested ants),

393 the up-thrust in water prevented the antenna from sinking in deeper. In PF, however, the antenna was  
 394 pushed further into the fluid.

395 This result can be explained by a lower surface tension of PF compared to water. The upward force on  
 396 an object at the fluid-air interface depends on the ST of the fluid and the surface wettability of the object,  
 397 but the relative contribution of both factors is a function of the geometry of the object [37,38]. If we consider  
 398 the simple case of a long and smooth cylinder with its axis perpendicular to the liquid-air interface, the ST  
 399 force  $F_w$  is:

$$400 \quad F_w = 2\pi R\gamma\cos\theta \quad (3)$$

401 where  $\gamma$  is ST,  $\theta$  is the contact angle, and  $R$  is the radius of the cylinder. A negative  $F_w$  corresponds to an up-  
 402 thrust. Using Young's law,

$$403 \quad \gamma_{SV} = \gamma_{SL} + \gamma\cos\theta \quad (4)$$

404 the equation can be rewritten as:

$$405 \quad F_w = 2\pi R(\gamma_{SV} - \gamma_{SL}) \quad (5)$$

406 where  $\gamma_{SV}$  and  $\gamma_{SL}$  are the solid-vapor and solid-liquid interfacial tensions. Equation 6 predicts that  $F_w$  does  
 407 not depend on the fluid's ST itself but only on the wetting via  $\gamma_{SL}$ ; higher  $\gamma_{SL}$  values (corresponding to larger  
 408 contact angles for a given value of  $\gamma$ ) would result in more negative values of  $F_w$  and hence more up-thrust.  
 409 In the case of the antenna, however, there is a stable layer of air trapped under the antennal hairs (in both  
 410 PF and water), such that the Cassie-Baxter equation of wetting applies [39]:

$$411 \quad \cos\theta = \alpha\cos\theta_s - (1 - \alpha) \quad (6)$$

412 where  $\alpha$  is the fraction of the surface occupied by a solid with contact angle  $\theta_s$  and  $(1 - \alpha)$  is the fraction  
 413 occupied by air. Combining Eq. 3, 4, and 6 gives:

$$414 \quad F_w = 2\pi R\gamma[\alpha\cos\theta_s - (1 - \alpha)] = 2\pi R[\alpha(\gamma + \gamma_{SV} - \gamma_{SL}) - \gamma] \quad (7)$$

415 For the antenna, which has a dense covering of thin hairs, the solid area fraction  $\alpha$  may be very small, so that:

$$416 \quad F_w \cong -2\pi R\gamma \quad (8)$$

417 implying that the force is mainly dependent on ST (and less on wetting). Based on this equation, the maximum  
 418 theoretical upward thrust from an ant antenna dipped into water is 45  $\mu\text{N}$  (with antenna diameter of

419 approximately 200  $\mu\text{m}$  and 72 mN/m for the surface tension of water), which is in good agreement with the  
420 force values at which the antenna typically penetrated the water meniscus in our trials. A further geometrical  
421 argument supporting the importance of ST for floating objects can be made when considering a small cylinder  
422 floating on the liquid-air interface with its axis horizontal. Here, the dependence of the up-thrust on the  
423 contact angle  $\theta$  (provided that  $\theta > 90^\circ$ ) is predicted to be weak [37,40] so that again ST would dominate.  
424 Therefore, the inability of the PF meniscus around the antenna to withstand the same force arises from a  
425 reduced ST. Indeed, our pendant drop tests confirmed that sticky PF from both *N. rafflesiana* and *N. inermis*  
426 have lower ST than water. Thus, our force and ST measurements provide new evidence that reduced ST is  
427 important for prey capture and retention in *Nepenthes* PF, a mechanism long suspected but unsubstantiated  
428 until now [23].

429 We acknowledge that our ST values differ from previously reported values from the same species (*N.*  
430 *rafflesiana*). One study used the capillary rise method, where the vertical rise of PF from unopened pitchers  
431 was measured in the field with 10  $\mu\text{L}$  microcapillary tubes [17]. Given the small volume of the capillary and  
432 the high accuracy of the method under ideal conditions, it is unlikely that a  $\sim 15\%$  reduction in ST (and thus  
433 the height) would have been missed. Instead, the discrepancy with our values may result either from  
434 experimental conditions or biological variation.

435 Another study used the pendant drop technique with PF from opening *N. rafflesiana* pitchers and  
436 found no significant difference to water [13]. One possible explanation is experimental error from how the  
437 droplets were dispensed: according to the study methods, a Pasteur pipette was used to form the droplets,  
438 implying that droplets were dispensed manually. Vibrations from manual injections could cause the droplet  
439 to pinch off prior to the maximum droplet size, which is a known source of error in pendant drop tensiometry  
440 [30]. At large pipette diameters and low Bond numbers (*e.g.*, when the deviation from sphericity is small, as  
441 seen in fluids with surface tension close to water), there can be significant variation in the measured ST values,  
442 ranging from  $\sim 60$  to  $\sim 95$  mN/m for water [30]. To address this source of error, researchers used the  
443 Worthington number ( $Wo$ ) [30]. The study found that  $Wo > 0.6$  reduced the standard error to less than 1%;  
444 thus, we ensured that  $Wo > 0.6$  for each of our measurements (Supplementary Table 1). While the sample  
445 size was large and the variation in ST was low in the aforementioned study, Bond numbers were not reported

446 [13]. It is worth highlighting that *N. inermis* PF had a ST of 34.6 mN/m, much lower than the ST of *N.*  
447 *rafflesiana*, and all the previously reported measurements from Sarraceniaceae PF [18–20,23]. These findings  
448 further substantiate the idea that a reduced ST is a natural property of PF in some *Nepenthes* species.

449 Only a few studies have attempted to identify the surface-active molecules responsible for the reduced  
450 ST in PF. Initial tests with several members of Sarraceniaceae failed to detect saponins [18], a type of organic  
451 surfactant found in various plants [41,42]. Recently, both the ant retention rate and the ST value of *D.*  
452 *californica* PF were reproduced by inoculating sterile growth media with bacteria from PF [20]. This suggests  
453 that the bacterial community within *D. californica* pitchers not only helps to break down organic matter [43]  
454 but also lowers the ST and thereby improves prey retention. It is unclear whether the ST reduction is a by-  
455 product of the bacteria, or if the plant actively secretes surfactants.

456 Likewise, little is known about the molecules responsible for the reduced ST of *Nepenthes* PF. Although  
457 bacteria can reduce the ST in *Sarracenia*, we do not know if they also influence the ST in *Nepenthes*. However,  
458 it is worth mentioning that due to the physiochemical properties of *N. rafflesiana* PF, neither bacteria nor  
459 chemical surfactants may be necessary to lower the ST. Previous researchers failed to detect bacteria in PF  
460 from unopened pitchers of several *Nepenthes* species [44], which suggests that bacteria may not be involved.  
461 In addition, *N. rafflesiana* PF is acidic [16,45], and organic acids have lower ST than water [46,47]. For example,  
462 a 1.6% w/w solution of acetic acid has a ST of 61.7 mN/m at 25°C [46], hence, the acidic nature of *N.*  
463 *rafflesiana* PF may be sufficient. Furthermore, it has been hypothesised that large (high molecular weight)  
464 polysaccharides are present in *N. rafflesiana* PF [13,48]. This could be important since a dilute solution of  
465 large polysaccharides alone can lower the ST: guar gum, for example, has a ST of ~50 mN/m (0.8% w/v) [49],  
466 and xanthan gum of 42.3 mN/m (1% wt) [50]. Dilute solutions of mamaku gum, a large polysaccharide with  
467 a chemical structure similar to the polysaccharide component of *Drosera* mucilage [51,52], yield ST values of  
468 33.5 to 44.6 mN/m depending on the concentration [53,54]. Finally, the combination of low pH and large  
469 polysaccharides can act synergistically to further reduce the ST: for xanthan gum, ST decreases from 67.1  
470 mN/m to 63.4 mN/m at pH 5 and 2.5, respectively [55]. Since *N. rafflesiana* PF reaches pH values as low as 2  
471 [45] and is thought to contain acidic polysaccharides related to those found in *Drosera* mucilage [13,48],  
472 these are likely important parameters that could influence the ST of *Nepenthes* PF.

#### 473 4.2. Insect cuticle adheres strongly to PF

474 Surface wettability of insect cuticle is influenced by the outer lipid layer as well as surface patterning,  
475 often in the form of dense arrays of hairs and/or cuticle microstructures [56]. The high attractive forces  
476 during pull-out may be based on surface roughness and chemical heterogeneity, which can reduce the  
477 receding contact angle. A similar argument was used in a study that examined why water alone retained  
478 certain species of ants and flies but not others: those with more wettable cuticular surfaces may wet more  
479 easily and thus have higher likelihood of sinking [16]. Consequently, when ant gasters were tested in water,  
480 we observed an overall repulsive force during the preload phase and a sharp adhesion peak when retracted.  
481 The transient adhesive peak occurred just before the rapid collapse of the meniscus; hence, if a trapped ant  
482 is able to find a surface to adhere to and overcome this peak through a short yet forceful burst of movement,  
483 it could escape from water. Many pitcher plants have slippery pitcher walls to prevent the insects from  
484 gaining a sufficient foot-hold. The situation is different with winged insects, however, as they can take-off  
485 and fly away from the surface; consequently, their retention rate in pure water is low [16]. For these insects,  
486 sticky PF offers a clear advantage over water: while the peak attractive force is only weakly higher than for  
487 water, the displacement and hence the work of retraction is significantly larger. This is likely due to two  
488 factors: (1) the meniscus between the fluid and the gaster acts to pull the latter back; (2) a droplet remains  
489 adhered to the gaster and resists dewetting, adding weight and also facilitating re-wetting of the cuticle (see  
490 below). Thus, insects have to sustain higher forces over a longer period of time to escape from PF compared  
491 to water. For nonflying prey like ants, the adhesion of PF to their cuticle could prevent them from escaping  
492 during our retention trials; none of the ants managed to escape, and several were unable to pull themselves  
493 out of the fluid despite a sufficient foothold on the glass wall (V.K., personal observations). Similarly, for a  
494 winged insect, any wetted body part will act like tethers to the fluid and further inhibit escape. Moreover,  
495 the reduced surface tension of PF causes insects to sink more readily, leading to larger areas of the cuticle  
496 being wetted and increasing the overall effort needed for escape. These two PF properties can act  
497 synergistically to facilitate prey retention.

#### 498 4.3. Pitcher fluid resists dewetting and is difficult to remove

499 Our findings reveal a striking but previously unrecognised PF behaviour, its strong resistance to  
500 dewetting from both hydrophilic and hydrophobic surfaces. When a droplet of PF was withdrawn from a  
501 glass surface, the initial contact line failed to move inward and instead the fluid formed a thin layer. PF also  
502 slowed down or prevented dewetting on hydrophobic surfaces, where it formed long fractal-like filaments  
503 branching out towards the initial rim. As a result, PF did not completely dewet on any of the tested surfaces,  
504 and large areas of the contact zone were left covered in PF. In contrast, water consistently dewetted on both  
505 hydrophilic and hydrophobic surfaces. Previous studies have shown that viscoelastic fluids can exhibit large  
506 contact angle hysteresis [57,58]. Moreover, it was demonstrated that shear-thinning aqueous solutions of  
507 high molecular weight polyacrylamide or polyethylene oxide can produce thin films and filaments on  
508 hydrophobic surfaces and thereby resist dewetting over a greater range of retraction velocities than a  
509 Newtonian fluid (glycerin) [59]. We also observed filament deposition on hydrophobic surfaces with sticky  
510 *Nepenthes* PF, which is also a shear-thinning viscoelastic fluid [13]. Such behaviour may enhance prey  
511 retention through the following mechanism: when an insect lands on the PF and struggles, parts of its body  
512 will become wetted. In its struggles, the insect raises its limbs or wings above the fluid surface (upstroke),  
513 and then back down into the fluid (downstroke). According to our dewetting experiments, if the fluid is water,  
514 the limbs will dewet from the surface during the upstroke, and upon the downstroke, water will need to re-  
515 wet the surface, resulting in no overall advancement of the contact line. With PF, however, the upstroke will  
516 not dewet the fluid from the limb, and upon the downstroke, the fluid will readily interact with itself through  
517 the film or filament residues, thus facilitating the advancement of the fluid contact line. In other words, the  
518 ant will be trapped in a positive feedback loop, akin to a ratchet motion, thereby constantly pulling itself  
519 further into the fluid. Such a mechanism can work in combination with the reduced surface tension and may  
520 explain why insects are more likely to sink in PF than in water. The cuticular surfaces of gasters tested in PF  
521 were clearly coated in residues, in stark contrast to the clean water-tested gasters. Analogous findings have  
522 been reported for carnivorous sundew plants (genus *Drosera*) that secrete viscoelastic glue-like mucilage  
523 from glandular hairs to ensnare their prey. This mucilage readily spreads on lepidopteran wings and leaf  
524 surfaces that are highly non-wettable [60], and produces static contact angles lower than water on



525 hydrophobic surfaces (47° compared to 83°) [61]. This implies that it is more energetically favourable for  
526 *Drosera* mucilage to interact with hydrophobic surfaces than for water, analogous to our findings with *N.*  
527 *rafflesiana* PF. The delayed or prevented dewetting may be another important effect of the viscoelastic  
528 nature of *N. rafflesiana* PF, which is likely based on high molecular weight acidic polysaccharides present  
529 within the fluid. Additional experiments are underway to characterise these polysaccharides and to examine  
530 the fractal-like filament deposition on hydrophobic substrates. Our findings highlight the potential of  
531 viscoelastic *Nepenthes* pitcher fluid to serve as a model for studying the mechanics of complex biological  
532 fluids.

## 533 5. Conclusions

534 Pitcher plants rely on several mechanisms to capture and retain insect prey. Aside from the well-  
535 studied adaptations that make pitcher plant surfaces slippery, the PF inside the trap serves both a digestive  
536 and a mechanical function for prey retention. We investigated how the sticky PF from *N. rafflesiana* adheres  
537 to insect cuticle. Our findings reveal that PF has a lower surface tension than water. This partly explains our  
538 observations that ants in PF are readily wetted and sink. Force measurements of insect body parts dipped in  
539 and out of PF showed that significantly more work is required to retract from PF than from water. This effect  
540 is based on stable fluid filaments between the cuticle and the PF, which pull body parts back into the fluid.  
541 Our findings show that PF delays or prevents dewetting on insect cuticle as well as on hydrophobic and  
542 hydrophilic surfaces, and leaves residues that could facilitate subsequent re-wetting. On the basis of our  
543 results, we propose that prey retention in *Nepenthes* pitcher plants is based on a combination of three  
544 mechanisms: (1) when an insect falls into the pitcher and lands on the fluid, it readily breaks through the  
545 meniscus; (2) it requires the insect more energy to escape due to the formation of filaments that pull its body  
546 back into the fluid; (3) once partially wetted, the fluid's resistance to dewetting prevents the insect from  
547 successfully freeing itself from the liquid. Repeated attempts to escape only lead to further wetting of the  
548 cuticle, eventually ending with the prey being trapped by complete submersion or exhaustion.

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## 560 8. Data availability

561 Data for the surface tension measurements are available in the Supplementary Materials. Data from the  
562 force measurements is available on Mendeley Data (DOI:10.17632/mmkk5b2sd8.1).

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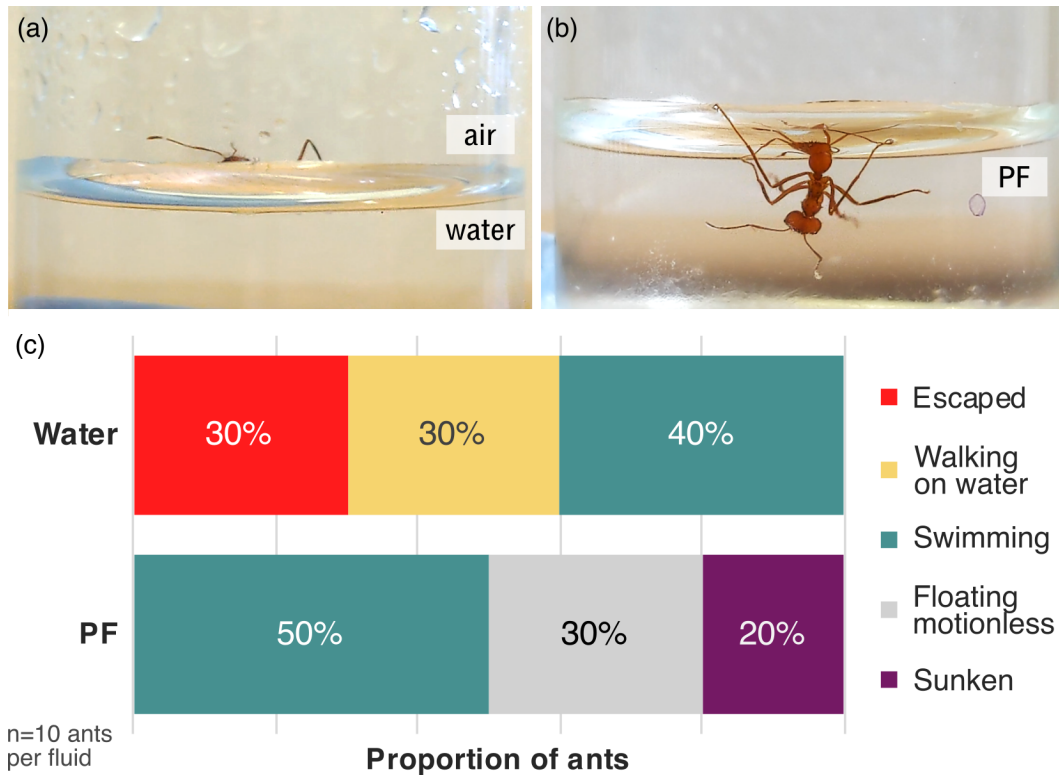
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714 10. Figures

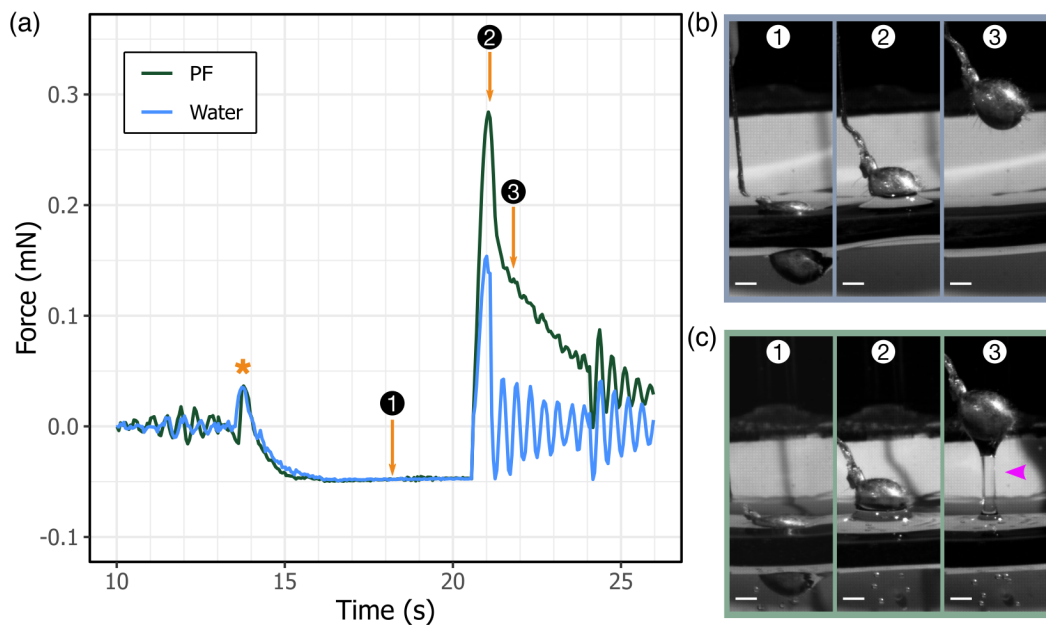
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717 Fig. 1. Ant retention tests in water and *N. rafflesiana* pitcher fluid (PF). (a) During retention tests in water, ants  
 718 (*Atta cephalotes*) sometimes floated and failed to break the water meniscus. (b) When dropped into *N. rafflesiana*  
 719 PF, ants readily broke through the pitcher fluid meniscus. Here, the test subject was submerged and failed to right  
 720 itself. (c) The behaviour of the test ants was recorded for 5 minutes. While 30% of the ants escaped from water,  
 721 none escaped from pitcher fluid. Additionally, 20% of the ants sank into pitcher fluid, which was not observed with  
 722 water; instead, 30% walked on the water meniscus.

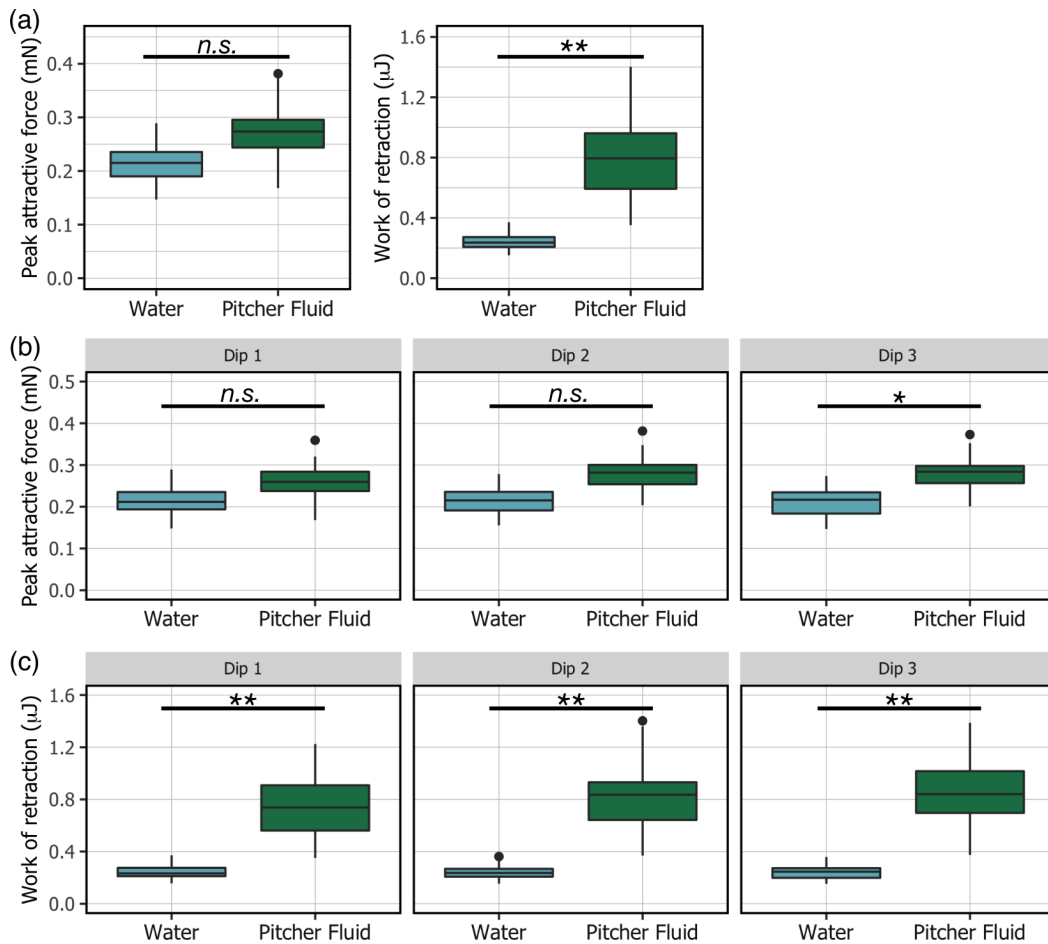
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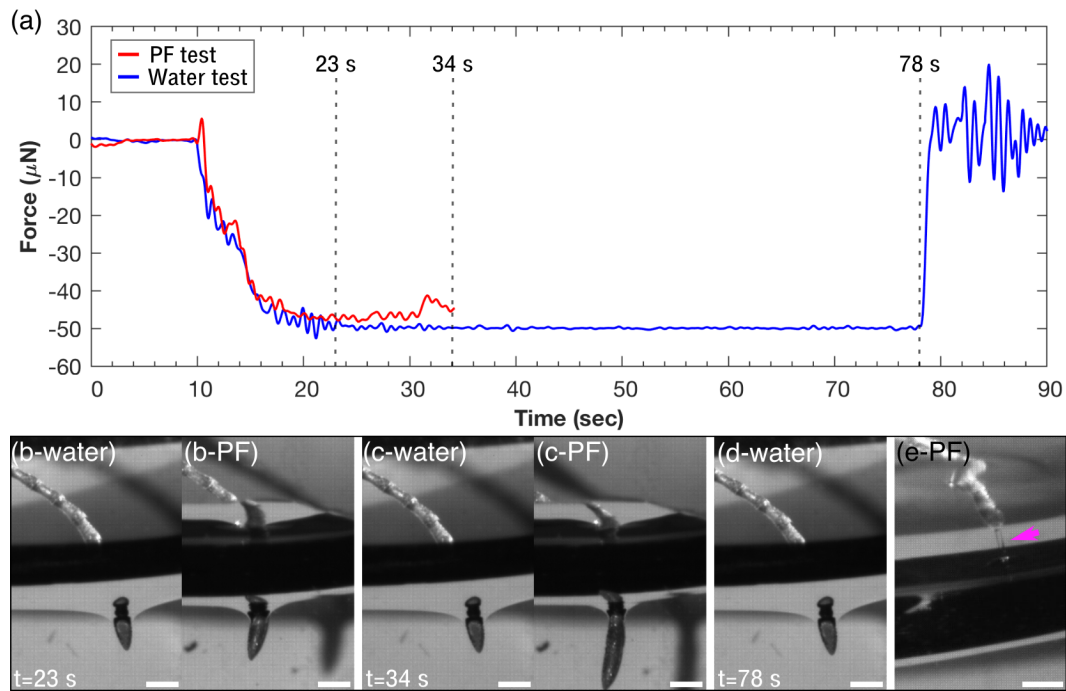
725 Fig. 2. Representative force-time plot from force measurement trials of ant gasters dipped into water compared to *N. rafflesiana* pitcher fluid (PF). (a) The gaster was lowered into the test liquid with 50  $\mu\text{N}$  preload force, maintained for 4 s, then retracted upwards (note: a positive force is attractive). A small force peak resulted from the gaster jumping into contact (marked with an asterisk). ①, ②, and ③ correspond to time-points 18.2 s, 21.1 s, and 21.8 s, respectively. (b-1 to 3) Images taken at the time points ① to ③ as shown on the force plot. At ①, the abdomen was preloaded. Upon withdrawal from water, a liquid bridge between the abdomen and the fluid rapidly collapsed (②), giving rise to a sharp drop of the attractive force (③). (c-1 to 3) In contrast, when the gaster was withdrawn from PF, a liquid bridge formed (③; arrowhead), resulting in a higher peak attractive force and a slower and prolonged decay of the attractive force. Scale bars for (b) & (c): 500  $\mu\text{m}$ .

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735  
 736 Fig. 3. Effect of *N. rafflesiana* pitcher fluid (PF) on the peak attractive force and work of retraction for an ant gaster.  
 737 (a) Overall, the peak attractive force acting on the ant gaster during retraction was marginally higher in PF than in  
 738 water but not significantly (n.s.,  $p=0.12$ ). The work of retraction, however, was 2.9 times greater in PF than water  
 739 (\*\* $p < 0.01$ ). (b) When separated into the individual dips, PF exerted a significantly higher peak attractive force on  
 740 the ant gaster than water only by Dip 3 (\* $p < 0.05$ ). (c) In contrast, PF consistently demanded higher work to retract  
 741 within each dip compared to water (\*\* $p < 0.01$ ). All statistical analyses are based on *t*-tests on linear mixed effects  
 742 models (see text for details).

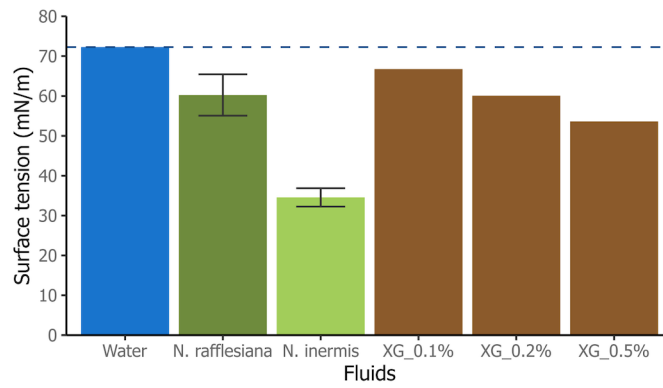
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 745 Fig. 4. Using ant antennae to probe the surface tension of water versus pitcher fluid (PF). (a) The ant antenna did  
 746 not break through the water meniscus at the designated preload force ( $50 \mu\text{N}$  in this example) for the entire  
 747 duration of the trial. The other antenna from the same ant tested in PF failed to reach the designated preload as  
 748 it readily broke through the meniscus and the movement was terminated. (b & c) Image sequences highlight the  
 749 difference between the water and PF trials. From 23 s to 34 s, the water-test antenna held steady at  $50 \mu\text{N}$  preload,  
 750 while the PF antenna was pushed deeper into the fluid as it failed to reach the preload. (d) Over the full duration  
 751 of the trial, the water meniscus remained steady. (e) A fluid filament formed upon withdrawal of the antenna (see  
 752 arrow). Scale bars:  $500 \mu\text{m}$ .

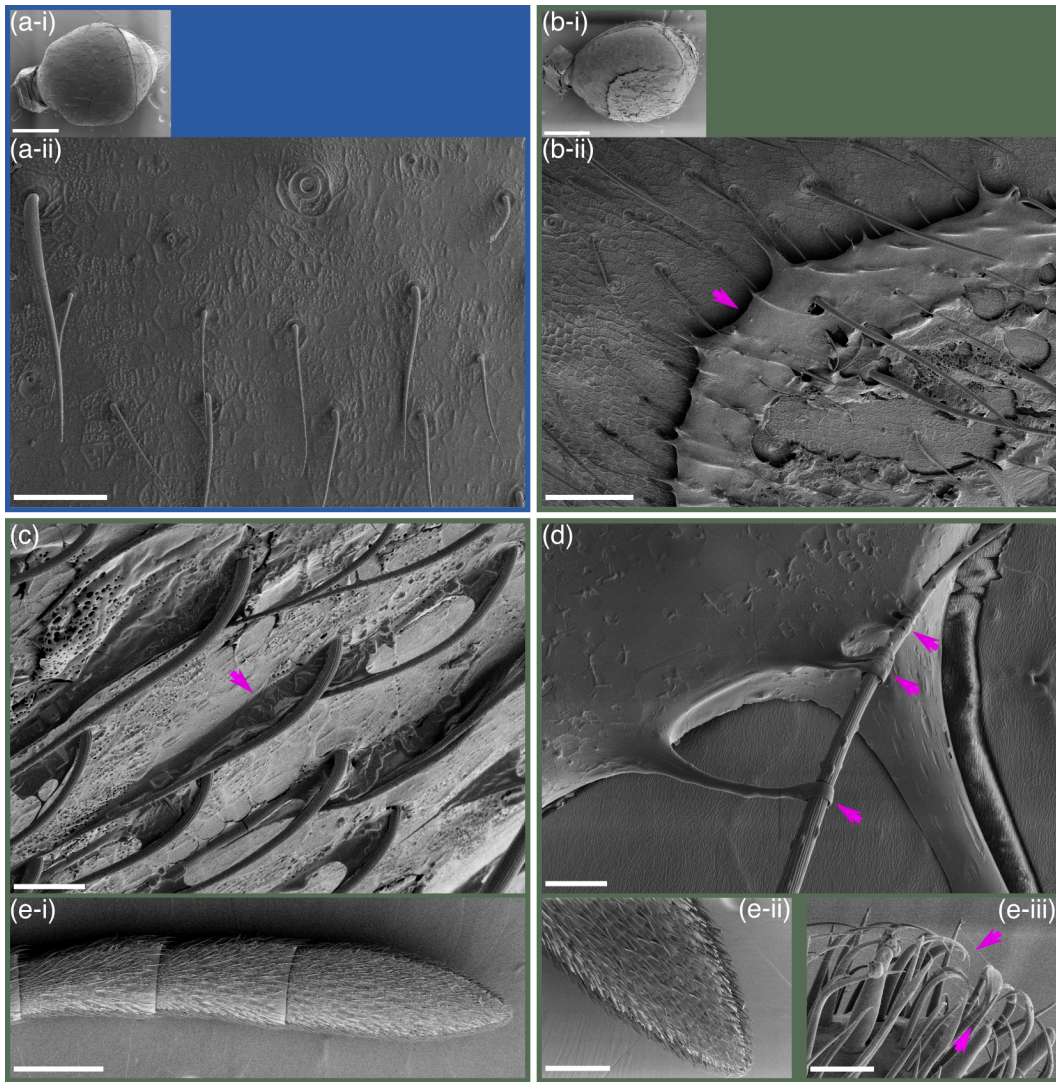
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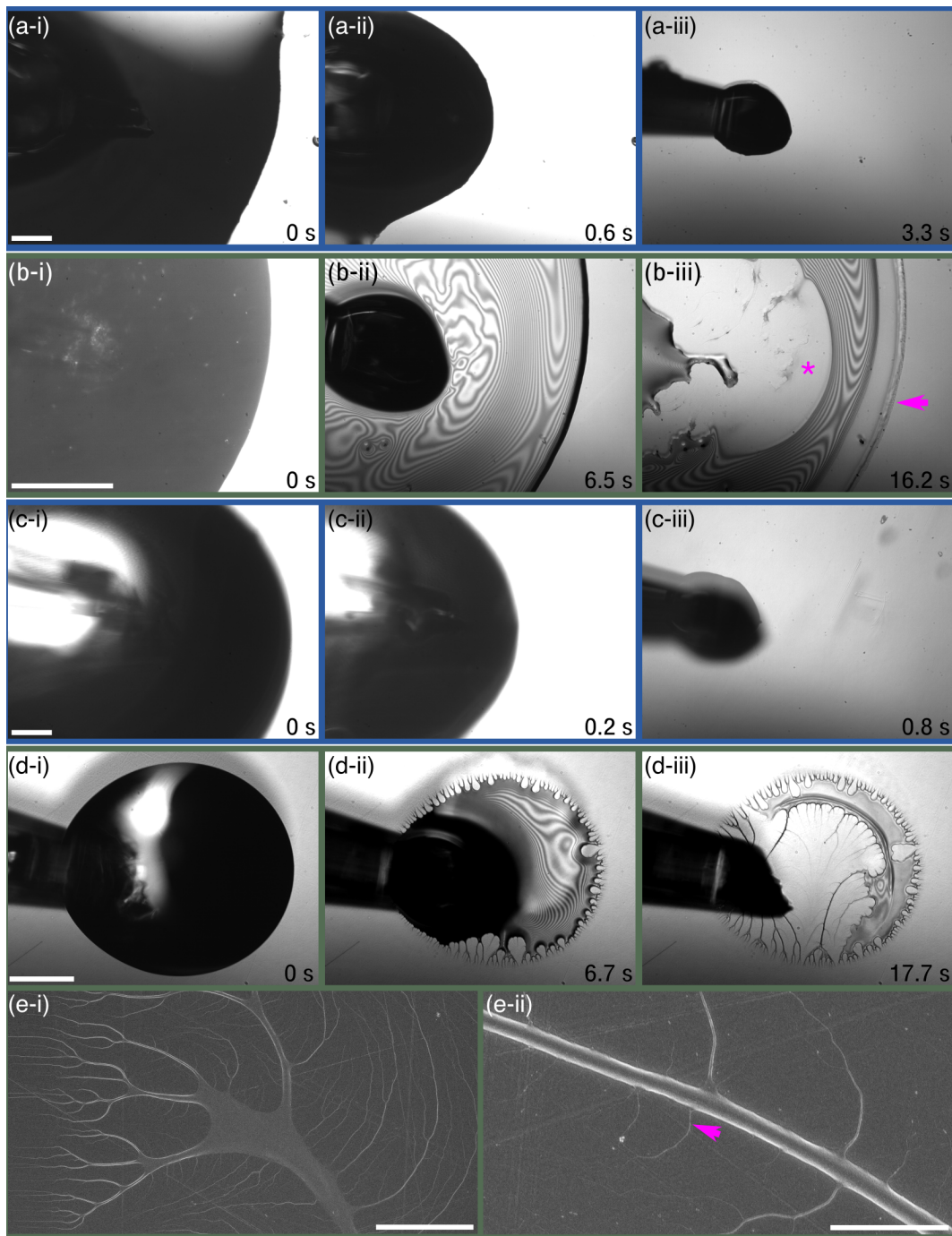


754  
 755 Fig. 5. Surface tension values of *N. rafflesiana* and *N. inermis* pitcher fluids compared to standard fluids as  
 756 measured by pendant drop tensiometry. Good agreement between measured surface tension of water and  
 757 reference value at 25°C validated the method ( $72.3 \pm 0.6$  mN/m and  $72.0 \pm 0.36$  mN/m, respectively). *N. rafflesiana*  
 758 pitcher fluid surface tension values were significantly lower than the reference value of water (one-sample *t*-test,  
 759  $t_9 = -7.13$ ,  $p < 0.001$ ). *N. inermis* pitcher fluid produced the lowest surface tension value of all tested fluids. Error  
 760 bars shown only for *N. rafflesiana* and *N. inermis* ( $\pm$  standard deviation; see main text for water and xanthan gum  
 761 values). Increasing concentrations of commercial xanthan gum (XG; w/v) led to a decrease in surface tension, a  
 762 trend reported in earlier studies [32,33].

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764  
 765 Fig. 6. Scanning electron microscopy (SEM) images of ant gasters after testing in water (a, blue frame) and pitcher  
 766 fluid (PF; b-e, green frame). (a-i & ii): Gasters tested in water had no visible contaminants or residues on their  
 767 cuticular surfaces. Scale bars: (a-i) 500 μm; (a-ii) 50 μm. (b-i & ii) Large areas of the gasters tested in PF were  
 768 covered by solid films of dried PF (see arrow), coating both hairs and the cuticular surface. Scale bars: (a-i) 500 μm;  
 769 (a-ii) 50 μm. (c) Dried PF bridges between hairs and the cuticular surface (see arrow). Scale bar 20 μm. (d) Filaments  
 770 'gripping' a single hair (each filament marked by arrow). Scale bar 5 μm. (e-i) Last three segments of an ant antenna,  
 771 showing dense cover of sensory hairs. (e-ii) Antennae were generally less contaminated with PF residues than  
 772 abdomens. (e-iii) Closer inspection of the antenna tip revealed PF filaments between the hair tips (but not the  
 773 cuticle between the hairs; see arrows). Scale bars: (e-i) 250 μm; (e-ii) 100 μm; (e-iii) 10 μm.  
 774



775  
 776 Fig. 7. Dynamic dewetting behaviour of water (a,c - blue background) and *N. rafflesiana* PF (b,d - green background)  
 777 and on different surfaces visualised via interference reflection and scanning electron microscopy. (a-i, ii, iii) Water  
 778 droplet retracted from clean glass (hydrophilic) surface. The droplet dewetted cleanly without leaving residues  
 779 within 3.3 seconds. (b-i, ii, iii). In contrast, PF resisted dewetting from glass, as shown by the formation of a thin  
 780 layer (interference fringes visible in ii). Even after 16.2 s, there were residues on the surface, and the initial  
 781 outermost rim had not contracted (arrow). Very thin films were left behind (marked by an asterisk). (c-i, ii, iii) On  
 782 polyethylene (PE, hydrophobic) surfaces, water droplets completely dewetted. (d-i, ii, iii) PF, on the other hand,  
 783 behaved similarly as on glass, where a thin layer was formed as more liquid was withdrawn. Moreover, solid  
 784 fractal-like filaments were deposited on the surface. By 17.7 s, the surface remained partly coated by dried PF  
 785 films and filaments. (e-i, ii) SEM of the fractal-like filaments on PE surface. Extremely fine filaments (~20 nm in  
 786 diameter, see arrow) were also present on the surface. Scale bars: (a-d) 200 μm; (e-i) 20 μm; (e-ii) 2 μm.