

This is a repository copy of *Burden of Tuberculosis and Hepatitis Coinfection among People Living with HIV in Nepal : A Systematic Review and Meta-analysis*.

White Rose Research Online URL for this paper:  
<https://eprints.whiterose.ac.uk/187027/>

Version: Accepted Version

---

**Article:**

GC, Sulochan, Khanal, Ashok, Gc, Vijay Singh [orcid.org/0000-0003-0365-2605](https://orcid.org/0000-0003-0365-2605) et al. (7 more authors) (Accepted: 2022) Burden of Tuberculosis and Hepatitis Coinfection among People Living with HIV in Nepal : A Systematic Review and Meta-analysis. Sexual health. ISSN 1448-5028 (In Press)

---

**Reuse**

Items deposited in White Rose Research Online are protected by copyright, with all rights reserved unless indicated otherwise. They may be downloaded and/or printed for private study, or other acts as permitted by national copyright laws. The publisher or other rights holders may allow further reproduction and re-use of the full text version. This is indicated by the licence information on the White Rose Research Online record for the item.

**Takedown**

If you consider content in White Rose Research Online to be in breach of UK law, please notify us by emailing [eprints@whiterose.ac.uk](mailto:eprints@whiterose.ac.uk) including the URL of the record and the reason for the withdrawal request.

1 **Burden of Tuberculosis and Hepatitis Coinfection among People Living**  
2 **with HIV in Nepal: A Systematic Review and Meta-analysis**

3

4 Sulochan GC,<sup>1,2\*</sup> Ashok Khanal,<sup>1,3\*</sup> Vijay S GC,<sup>4</sup> Suman Bhattarai,<sup>1,3</sup> Suresh Panthee,<sup>5,6</sup>  
5 Aashis Khanal,<sup>3,7</sup> Amrit Gaire,<sup>1</sup> Sagar Poudel,<sup>1</sup> Rakesh Ghimire,<sup>1</sup> Sharada P Wasti<sup>8</sup>

6

7 1 Maharajgunj Medical Campus, Tribhuvan University, Institute of Medicine, Kathmandu,  
8 Nepal

9 2 Nepal Pharmacy Students' Association (NPSA), Kathmandu, Nepal

10 3 Active Pharmacy Pvt. Ltd., Kathmandu, Nepal

11 4 Centre for Health Economics, University of York, York, United Kingdom

12 5 Teikyo University Institute of Medical Mycology, Otsuka 359, Hachioji, Tokyo, Japan

13 6 Sustainable Study and Research Institute, Kathmandu-16, Balaju, Nepal

14 7 Department of Computer Science, Georgia State University, Atlanta, USA

15 8 School of Health and Human Sciences, University of Huddersfield, Huddersfield, UK

16 \* These authors contributed equally

17

18 **Corresponding Author and reprints:** Vijay S Gc, MPH, PhD, University of York, York YO23  
19 1JA, United Kingdom, Phone: +44 1904 321973. Email: [vijay.gc@york.ac.uk](mailto:vijay.gc@york.ac.uk)

20

21 **Running Head:** TB and Hepatitis Coinfection in PLHIV in Nepal

22

23 **Abstract**

24 People living with HIV (PLHIV) are prone to tuberculosis (TB) and hepatitis coinfections which  
25 cause substantial burden on morbidity and mortality. However, data on the burden of HIV  
26 coinfection from a specific low- and middle-income country are limited. To address this gap in  
27 evidence, a meta-analysis of published literature and country surveillance report was  
28 conducted to estimate the burden of TB, hepatitis B (HBV) and hepatitis C (HCV) co-infection  
29 among PLHIV in Nepal. Twenty-three studies including 5,900 PLHIV were included in the  
30 meta-analysis. The pooled prevalence of HIV-TB, HIV-HBV and HIV-HCV co-infection was  
31 19% (95% CI, 10-28%), 3% (2-5%) and 19% (4-33%) respectively. Low CD4 cell count (pooled  
32 odds ratio [OR] 4.38, 95% CI 1.11-17.25), smoking (3.07, 1.48-6.37) and alcohol drinking  
33 (3.12, 1.52-6.43) were significantly correlated with HIV-TB coinfection. The odds of HCV  
34 coinfection was greater in PLHIV, who were male (5.39, 1.54-18.89) and drug users (166.26,  
35 15.94-1734.44). PLHIV who were on antiretroviral therapy had a reduced risk of HCV  
36 coinfection (0.49, 0.36-0.66) than the genal PLHIV population. The burden of TB and hepatitis  
37 coinfection among PLHIV in Nepal was high. Regular screening of PLHIV for coinfections and  
38 prompt initiation of treatment are essential to reduce the transmission of infection and improve  
39 quality of life.

40

41 **Keywords:** HIV; coinfection; prevalence; systematic review; meta-analysis; Nepal

42

## 43 **Introduction**

44 Human Immunodeficiency Virus (HIV) continues to be a significant global public health issue,  
45 with an estimated 38 million people living with HIV (PLHIV) in 2019 (1). In recent years, due  
46 to the improved effectiveness of and increased access to antiretroviral therapy (ART), PLHIV  
47 are living longer and healthy lives than ever before (2, 3). Despite such progress and global  
48 attempts to implement treatment-as-prevention programmes every year (4), a significant  
49 proportion of PLHIV continues to die from HIV-related coinfections (5). Tuberculosis (TB)  
50 remains the most common opportunistic disease and cause of premature death among HIV  
51 infected individuals, with an estimated 208,000 deaths globally in 2019 (6, 7). Since HIV  
52 weakens the immune system, PLHIV are at least 20 times more likely to develop TB than  
53 people without HIV (8). Among HIV infected individuals, hepatitis B virus (HBV) and hepatitis  
54 C virus (HCV) coinfections are not uncommon due to the shared risk of transmission. The  
55 global prevalence rates of HCV and HBV coinfections among PLHIV are estimated to be 2.4%  
56 and 7.6% respectively (9, 10), however this may still be underestimated (11).

57 Although considerable progress in addressing HIV-TB, HIV-HBV and HIV-HCV coinfections  
58 have been made by developed nations, the majority of the low- and middle-income countries  
59 (LMICs) have not achieved the global targets. LMICs are still facing an overwhelming burden  
60 of the HIV epidemic in terms of an increasing number of people living with HIV/AIDS, attributed  
61 in part to minimal access to treatment and services availability (12, 13).

62 In 2019, the prevalence of HIV was estimated at over 29,000 in Nepal, with a concentrated  
63 epidemic in specific sub-populations; people who inject drugs (PWID), men who have sex with  
64 men, transgender people, male- and female sex workers, and male labour migrants as well  
65 as their spouses (14). In 2017, Nepal's national HIV programme implemented the "test and  
66 treat" policy which provided ART to all PLHIV regardless of the CD4 counts. In line with the  
67 World Health Organization's recommendations, all patients with advanced HIV disease in  
68 Nepal are offered a package of interventions including screening, treatment and/or prophylaxis

69 for major opportunistic infections, ART and adherence support. Following the national HIV  
70 testing and treatment guideline (15), PLHIV with TB are immediately treated for TB, followed  
71 by ART as soon as possible. Among PLHIV with HCV, treating both HIV and HCV infections  
72 is a priority. However, clinical stabilisation of HIV with ART is advisable before initiating HCV  
73 treatment among those with HCV mono-infection. The national treatment protocol  
74 recommends treatment of HIV/HBV coinfection with tenofovir disoproxil fumarate (TDF) with  
75 lamivudine (3TC) or emtricitabine (FTC).

76 The second edition of Nepal's National HIV Strategic Plan (NHSP) 2016-2021 is entirely  
77 aligned with the global commitment of test and treat approach 90-90-90. Subsequently, in line  
78 with national commitment and NHSP, Nepal has made substantial progress in reducing HIV,  
79 TB and hepatitis infection as part of the Sustainable Development Goals in recent years (16).  
80 Despite these significant signs of progress, the global target of 90-90-90 is still far from being  
81 achieved since infections with TB, HBV and HCV are now emerging as an increasing cause  
82 of morbidity and mortality in HIV infected persons, more specifically in resource-limited  
83 settings like Nepal. Tuberculosis is one of the leading causes of death among PLHIV in Nepal,  
84 accounting for 23% of total HIV-related deaths in 2020 (17). Likewise, HCV, along with HBV,  
85 is considered a growing public health problem in the South-East Asia region (18), and Nepal  
86 is not an exception; where in 2016, around 130,000 individuals were infected by HCV (19).  
87 The convergence of these infectious diseases poses a significant burden to public health and  
88 healthcare systems, particularly in a low-resource nation like Nepal.

89 Furthermore, there is a need to establish a comprehensive understanding of the national  
90 burden of TB and hepatitis coinfection among PLHIV and inform national screening  
91 programmes and clinical management. Therefore, we undertook this review to provide an  
92 overall prevalence of HIV-TB, HIV-HBV and HIV-HCV coinfections and associated risk factors  
93 in Nepal.

94 **Methods**

95 This review was conducted and reported as per the Preferred Reporting Items for Systematic  
96 Reviews and Meta-Analyses (PRISMA) guidelines to ensure the search process's quality and  
97 adequate reporting (20).

98 **Data Sources and Searches**

99 We searched for articles published from inception to November 2020 using the electronic  
100 database PubMed, EMBASE, AMED, MEDLINE (Ovid), Cochrane CENTRAL, PsychINFO,  
101 and Nepal Journal Online (NepJOL). After reviewing the titles and abstracts, the reference list  
102 of included studies was examined manually to identify further eligible studies. Additionally,  
103 free text searching was performed using Google scholar. The search comprised of a  
104 combination of keywords HIV ('human immunodeficiency virus', or 'HIV'), coinfection  
105 ('tuberculosis', 'TB', 'hepatitis B', 'HBV', 'hepatitis C', 'HCV', 'coinfection', or 'opportunistic  
106 infection') and 'Nepal' (see Appendix A for detailed search strategy).

107 **Study Selection**

108 Following the database search and removal of duplicate records, three authors independently  
109 screened titles and abstracts for inclusion. We included observational studies that reported  
110 estimates of (or sufficient information to derive) the prevalence of tuberculosis or hepatitis B  
111 or/ and hepatitis C among HIV positive individuals. Included studies were limited to primary  
112 research reports and those conducted in Nepal. We excluded studies that (i) purposively  
113 selected PLHIV with TB or hepatitis coinfection; (ii) did not report TB or hepatitis  
114 seroprevalence; (iii) did not mention the TB, HBV or HCV diagnostic assays used; or (iii) were  
115 conferences reports, research letters, editorials, or commentaries.

116 A positive TB case was defined by a positive result of Acid-Fast Bacillus (AFB) stained smear  
117 or clinical or radiological traits (chest X-ray) suggestive of TB. HBV infection was defined by a  
118 positive result of HBV infection markers: hepatitis B surface antigen (HBsAg), hepatitis B e

119 antigen (HBeAg), anti-hepatitis B surface antibody (HBsAb), and anti-hepatitis B core antibody  
120 (HBcAb) as confirmed by ELISA or enzyme immunoassay (EIA). HCV infection was defined  
121 by a positive result of the anti-HCV Ab test and confirmed by ELISA or EIA.

122 Studies identified as potentially eligible or those without an abstract had their full text retrieved,  
123 and full texts of the studies were assessed by two reviewers independently. Any discrepancies  
124 were resolved through discussion and in consultation with a third reviewer. In some cases,  
125 one study resulted in multiple publications. In such a case, we included the most recently  
126 published paper with the complete data.

### 127 **Assessment of Methodological Quality**

128 The methodological quality of included studies was assessed using an adapted version of the  
129 risk of bias tool for prevalence studies, developed by Hoy et al. (21) independently by two  
130 reviewers. This tool was based on ten criteria, and each criterion was worth 1 point; for each  
131 item, score 1 indicates low risk, and score 0 shows high risk. Based on the number of Hoy et  
132 al. criteria met, studies were categorised into high (0-5), moderate (6-8) or low (9-10) risk of  
133 methodological bias (see Appendix B, Table S1). A third reviewer compared the assessment  
134 and highlighted the disagreements between two reviewers, which were resolved through  
135 discussion between the three reviewers. All studies, regardless of their methodological quality,  
136 were included. Nineteen studies had a moderate risk of bias (score of 6-8), and four studies  
137 had a low risk of bias (score of 9-10).

### 138 **Data Extraction**

139 Using a standardised pro forma, two reviewers extracted data from the included studies. A  
140 third reviewer checked the data extraction and highlighted the disagreement between the two  
141 reviewers. Any such discrepancies were resolved through discussion between the three  
142 reviewers. Data extraction included details of the study such as the first author's name, the  
143 year of publication, information on study type, population sampled, study period, sample size,

144 type of coinfection (TB, HBV or HCV), outcome (prevalence rate), study results for the  
145 outcomes of interest (adjusted or unadjusted odds ratios [ORs], raw data) along with  
146 associated risk factors of coinfection (s). We chose to use unadjusted ORs preferentially if  
147 these data were available.

## 148 **Data Synthesis and Statistical Analysis**

149 We used a random-effects model to estimate pooled prevalence rate with 95% confidence  
150 intervals (CIs) (22). The Mantel-Haenszel random-effects model was used to estimate the  
151 summary odds ratio and 95 % CIs from the included studies.  $I^2$  statistics of >50% and Q chi-  
152 squared test  $\leq 0.10$  were employed to assess the heterogeneity between the studies. The  
153 effect sizes of risk factors composed of heterogeneous studies were calculated using the  
154 random-effects model. The effect sizes of non-heterogeneous studies were estimated using  
155 the fixed-effects model (23). At least two eligible studies per risk factor were needed for the  
156 risk factor meta-analysis.

157 Estimations of publication bias were examined by Egger's weighted regression method and  
158 funnel plot.(24) Asymmetry of funnel plot and a p-value of less than 0.05 was considered  
159 indicative of statistically significant publication bias. All analyses were performed with the *meta*  
160 *package* (25) of R statistical software version 4.0.2 (26). Prevalence rates were reported with  
161 the corresponding 95% CI. We performed sensitivity analyses comparing the data from studies  
162 with the methodological quality score to assess the robustness of crude findings. Forest plots  
163 were used to assess publication bias. Where a significant association was observed,  
164 sensitivity analysis was performed to assess the robustness of the result. For this at least two  
165 eligible studies were needed.

166 To estimate the burden, the number of TB, HBV and HCV infections in PLHIV, we used the  
167 2020 data from the UNAIDS (27) and the National Centre for AIDS and STD Control (NCASC)  
168 Nepal (17), which gives the number of PLHIV.



169 **Results**

170 **Search Results**

171 The literature search identified 868 potentially relevant records, with an additional 140 records  
172 identified through other sources. After removing the duplicates, 356 studies were screened by  
173 titles and abstracts and 103 full-text studies were reviewed, with 23 articles included (Figure  
174 1).

175 **Characteristics of Included Studies**

176 Of the 23 studies, 11 reported TB, 11 were HBV and/or HCV, and one study reported both TB  
177 and HCV coinfection in PLHIV. The number of study participants ranged from 49 to 1807  
178 (Table 1). One study included only male participants (28). The proportion of female  
179 participants in 22 studies ranged from 4.8% to 53.3%. Of the 23 studies, 20 were cross-  
180 sectional studies, and 3 were retrospective in design. There were 5,900 study participants;  
181 3,404 with HIV-TB infection, 1,887 with HIV-HBV infection and 2,343 HIV-HCV infections  
182 (Table 1).

183 **Prevalence of Coinfections in PLHIV**

184 The prevalence of HIV-TB co-infection ranged from 5% (29, 30) to 35% (31), and pooled  
185 prevalence was 19% (95% CI: 10%- 28%) across 11 included studies. The pooled prevalence  
186 of HIV-HBV co-infection in 7 studies was 3% (95% CI: 2%-5%). The prevalence of HIV-HCV  
187 co-infection ranged between 2% (32) and 65% (28), and pooled prevalence was 19% (95%  
188 CI, 4%-33%). Heterogeneity between studies reporting the prevalence of HIV-TB ( $I^2=97%$ ,  
189  $p<0.01$ ) and HIV-HCV co-infections ( $I^2=98%$ ,  $p<0.01$ ) was high. While low heterogeneity  
190 between studies reporting HIV-HBV co-infection ( $I^2=45%$ ,  $p<0.1$ ) was observed (Figure 2).

191 **Estimates of National Cases of TB, HBV and HCV Infection in PLHIV**

192 Using our pooled prevalence of TB, HBV and HCV infection in PLHIV and the data on the  
193 estimated number of PLHIV in Nepal from the UNAIDS and NCACS reports (17, 27), we  
194 estimated that there were 5,700 (95% CI, 3,000 – 8,400) cases of TB, 900 (95% CI, 600 –  
195 1,500) cases of HBV and 5,700 (95% CI, 1,200 – 9,900) cases of HCV in Nepal.

196 **Coinfection Risk Factors**

197 We estimate the pooled OR to examine the association of risk factors with coinfections (Table  
198 2). The risk factors that had a significant association with HIV-TB co-infection were a male  
199 gender (pooled OR 1.25, 95% CI:1.03-1.51), younger age (less than 30 years) (OR 0.58, 95%  
200 CI: 0.48-0.69), CD4 T-lymphocytes count less than 200 cells/ $\mu$  (OR 4.38, 95% CI: 1.11-17.25),  
201 smoker (OR 3.07, 95% CI: 1.48-6.37) and alcohol drinker (OR 3.12, 95% CI: 1.52-6.43).

202 However, the male gender was not significantly associated with the HIV-HBV coinfection (OR  
203 0.88, 95% CI: 0.11-7.17). The risk factors that had a significant association with HCV  
204 coinfection were male gender (OR 5.39, 95% CI: 1.54-18.89), people who inject drug (OR  
205 166.26, 95% CI: 15.94-1734.44) and taking antiretroviral therapy (OR 0.49, 95% CI: 0.36-  
206 0.66). We observed greater heterogeneity in some risk factors for HBV and HCV coinfection  
207 (Table 2).

208 **Evaluation of Publication Bias**

209 We generated funnel plots to assess publication bias of the prevalence rate. For the overall  
210 prevalence of HIV-TB and HIV-HBV prevalence rates, the asymmetry observed in the funnel  
211 plot was minimal (See Appendix C, Figure S1). We also assessed funnel plot asymmetry using  
212 the Egger's linear regression test. Looking at the funnel plot of HIV-TB prevalence (Figure S1),  
213 there was a slight evidence of publication bias in terms of smaller studies with minor effect  
214 sizes missing at the bottom left corner. Furthermore, Egger's regression test for publication  
215 bias for HIV-TB was nonsignificant ( $z=-0.9612$ ,  $p=0.827$ ) indicating no evidence of publication

216 bias. No publication bias was observed in the prevalence estimates for HIV-HBV ( $z=1.111$ ,  
217  $p=0.402$ ). However, publication bias was observed in the estimates of HIV-HCV prevalence  
218 rates ( $z=7.572$ ,  $p=0.029$ ).

## 219 **Sensitivity Analyses**

220 We performed sensitivity analyses of the coinfection prevalence rates by applying a fixed-  
221 effects model, and we found similar prevalence rates between random-effects and fixed-effect  
222 models in the overall analysis. We also assessed the prevalence rates by methodological  
223 quality. Among the 19 studies with moderate risk of bias (score of 6-8), the pooled prevalence  
224 rate of HIV-TB coinfection (22%, 95% CI: 12%-32%) was higher, and the prevalence rate of  
225 HIV-HCV was low (13%, 95% CI: 2%-24%). However, the HIV-HBV prevalence rate was  
226 similar (3%, 95% CI: 1%-5%). The remaining 4 studies (28, 33-35) with a low risk of  
227 methodological bias (score  $>8$ ), had a higher prevalence rate of HIV-HCV (42%, 95% CI: 0%-  
228 100%), lower rate of HIV-TB (7%, 95% CI: 0%-21%), and similar rates for HIV-HBV (4%, 95%  
229 CI: 3%-6%) co-infection (see Appendix C, Figure S2-S4).

## 230 **Discussion**

231 Overall, our analysis revealed that the prevalence of HIV-HCV coinfection was more frequent  
232 than but not significantly different from HIV-TB and HIV-HBV coinfection, suggesting that HIV  
233 patients appeared to be at greater risk for both HCV and TB infection in Nepal. The prevalence  
234 of HIV-TB coinfection (19%) was considerably higher than the 2018 Nepal TB HIV Sentinel  
235 Survey finding, i.e. 9.9% (36). Likewise, our estimates of HIV-HCV prevalence (19%) was  
236 higher than the WHO estimates for Nepal (2-15%) (37) and was about five times higher than  
237 the HIV-HCV prevalence reported in other South Asian countries (38). The studies included  
238 in this review were primarily conducted in the (tertiary) hospitals, partly explaining the higher  
239 prevalence rates. However, the pooled prevalence of HBV infection among PLHIV (3%, 95%  
240 CI 2-5%) is significantly lower than the prevalence rate (8.4%) reported by Leumi et al.(39) in  
241 the WHO Southeast Asia region.

242 Our findings of the significant risk factor of HIV-TB coinfection (being a male, younger adult,  
243 CD4 value of <200, tobacco smokers, and alcohol drinkers) and HIV-HCV corroborate  
244 previously published evidence that low CD4 cell count and PWID are significantly associated  
245 with the development and severity of TB (40, 41) and HCV (10) respectively. The odds of HCV  
246 coinfection among PWIDs were higher (175, 50-611) than Platt et al.'s (10) study. In their  
247 global systematic review, Platt et al. reported lower odds (6.0, 95% CI 4.2-8.7) of HIV-HCV  
248 coinfection among PWID. This considerable variation is likely to be due to the small number  
249 of studies included in our analysis. The shared transmission routes of both HIV and HCV  
250 viruses, unsafe injecting behaviours, larger numbers of injecting partners are believed to be  
251 the most common factors that place PWIDs at such an immense risk for HCV transmission  
252 (42).

253 We found that the odds of HCV coinfection decreased almost half for those PLHIV on ART,  
254 suggesting ART could be beneficial to lower the threat posed by HCV among PLHIV. However,  
255 for that to happen, ART has to be started before HCV coinfection since existing coinfection  
256 can complicate ART delivery by increasing the risk of drug-induced hepatotoxicity and thus  
257 influencing the selection of drugs acting dually against HIV and HCV infection (43). Substance  
258 use such as drugs, alcohol consumption and cigarette smoking were associated with TB  
259 infection among PLHIV, consistent with previous studies conducted in Ethiopia and South  
260 India (44, 45). In line with previous studies (46-48), in our study, the male gender was a  
261 significant determinant of HIV-TB and HIV-Hepatitis C infection relative to females.  
262 Surprisingly, we found a higher prevalence of HBV infection in females than in the general  
263 PLHIV population, which contradicts the previously reported study (49).

264 To the best of our knowledge, this was the first systematic review and meta-analysis to  
265 synthesise the existing evidence on the prevalence and risk factors of TB and Hepatitis (HBV  
266 or HCV) coinfection among HIV-infected people in Nepal. Key strengths of our review are the  
267 comprehensive search of published literature, including the NEPJOL, and the inclusion of  
268 common coinfections in PLHIV. Despite this, some limitations do exist in our study. The main

269 limitation of this study was the considerable heterogeneity in the studies in terms of study  
270 design, population sampling approach and data collection methods. The quality of studies was  
271 also variable, and most studies were of moderate to high risk of bias. Second, due to limited  
272 studies, the effect sizes could not be calculated for all risk factors, and the pooled ORs had  
273 wide CIs. We only included risk factors that are reported in two or more studies. Further, well-  
274 designed population-based studies examining HIV and coinfections would provide better  
275 estimates in order to delineate the additive burden, contribution on mortality, early diagnosis  
276 and management. Nevertheless, reporting the burden of TB, HBV and HCV coinfection among  
277 PLHIV in Nepal is critical in developing strategies to overcome the overall burden posed by  
278 HIV.

279 In this meta-analysis, we found relatively higher TB and HCV infections among PLHIV in  
280 Nepal. Preventive interventions such as risk-stratified screening, testing and treating and  
281 behavioural interventions are needed for TB and hepatitis control efforts. Besides,  
282 strengthening health systems to promote regular ART and integrating TB, hepatitis and HIV  
283 prevention, diagnosis and treatment services at a single site would help reduce the burden of  
284 TB and hepatitis infection among PLHIV and improve quality of life.

285 **Funding Details:** This study had no specific funding.

286 **Conflict of interest:** The authors declare no conflicts of interest.

287 **Availability of data:** All data generated or analysed during this study are included in this  
288 article and its supplementary materials.

289

## 290 **References**

- 291 1. UNAIDS. Global HIV & AIDS statistics — 2020 fact sheet; 2020. Available at:  
292 <https://www.unaids.org/en/resources/fact-sheet>.

- 293 2. Gulick RM. Antiretroviral treatment 2010: progress and controversies. *J Acquir Immune*  
294 *Defic Syndr* 2010;55 Suppl 1:S43-8. doi:10.1097/QAI.0b013e3181f9c09e
- 295 3. Teeraananchai S, Kerr SJ, Amin J, Ruxrungtham K, Law MG. Life expectancy of HIV-  
296 positive people after starting combination antiretroviral therapy: a meta-analysis. *HIV*  
297 *Med* 2017;18(4):256-66. doi:10.1111/hiv.12421
- 298 4. Hull M, Lange J, Montaner JS. Treatment as prevention--where next? *Curr HIV/AIDS*  
299 *Rep* 2014;11(4):496-504. doi:10.1007/s11904-014-0237-5
- 300 5. Croxford S, Kitching A, Desai S, Kall M, Edelstein M, Skingsley A, et al. Mortality and  
301 causes of death in people diagnosed with HIV in the era of highly active antiretroviral  
302 therapy compared with the general population: an analysis of a national observational  
303 cohort. *Lancet Public Health* 2017;2(1):e35-e46. doi:10.1016/S2468-2667(16)30020-2
- 304 6. Swaminathan S, Nagendran G. HIV and tuberculosis in India. *J Biosci* 2008;33(4):527-  
305 37. doi:10.1007/s12038-008-0071-2
- 306 7. World Health Organization. Global Tuberculosis Report 2020. Geneva; 2020. Available  
307 at: <https://apps.who.int/iris/bitstream/handle/10665/336069/9789240013131-eng.pdf>.
- 308 8. UNAIDS. Tuberculosis and HIV; 2020. Available at:  
309 <https://www.unaids.org/en/resources/infographics/tuberculosis-and-hiv>.
- 310 9. Platt L, French CE, McGowan CR, Sabin K, Gower E, Trickey A, et al. Prevalence and  
311 burden of HBV co-infection among people living with HIV: A global systematic review  
312 and meta-analysis. *J Viral Hepat* 2020;27(3):294-315. doi:10.1111/jvh.13217
- 313 10. Platt L, Easterbrook P, Gower E, McDonald B, Sabin K, McGowan C, et al. Prevalence  
314 and burden of HCV co-infection in people living with HIV: a global systematic review  
315 and meta-analysis. *Lancet Infect Dis* 2016;16(7):797-808. doi:10.1016/S1473-  
316 3099(15)00485-5

- 317 11. Taaffe J, Wilson D. Mobilising a global response to hepatitis: Lessons learned from the  
318 HIV movement. *Glob Public Health* 2018 Apr;13(4):473-88.  
319 doi:10.1080/17441692.2016.1233989
- 320 12. The World Bank. World Bank and WHO: Half the world lacks access to essential health  
321 services, 100 million still pushed into extreme poverty because of health expenses; 2017.  
322 Available at: [https://www.worldbank.org/en/news/press-release/2017/12/13/world-bank-  
323 who-half-world-lacks-access-to-essential-health-services-100-million-still-pushed-into-  
324 extreme-poverty-because-of-health-expenses](https://www.worldbank.org/en/news/press-release/2017/12/13/world-bank-who-half-world-lacks-access-to-essential-health-services-100-million-still-pushed-into-extreme-poverty-because-of-health-expenses).
- 325 13. Rewari BB, Kumar A, Mandal PP, Puri AK. HIV TB coinfection - perspectives from  
326 India. *Expert Rev Respir Med* 2021 Jul;15(7):911-30.  
327 doi:10.1080/17476348.2021.1921577
- 328 14. UNAIDS. Global AIDS monitoring 2020: Country progress report - Nepal; 2020.  
329 Available at:  
330 [https://www.unaids.org/sites/default/files/country/documents/NPL\\_2020\\_countryreport.  
331 pdf](https://www.unaids.org/sites/default/files/country/documents/NPL_2020_countryreport.pdf).
- 332 15. National Centre for AIDS and STD Control. National HIV testing and treatment  
333 guidelines. Kathmandu; 2020. Available at:  
334 [http://www.ncasc.gov.np/uploaded/Banner/National-HIV-Testing-Guidelines-May-10-  
335 2020-WEB-Version.pdf](http://www.ncasc.gov.np/uploaded/Banner/National-HIV-Testing-Guidelines-May-10-2020-WEB-Version.pdf).
- 336 16. UN. The sustainable development goals report 2019; 2019. Available at:  
337 [https://unstats.un.org/sdgs/report/2019/The-Sustainable-Development-Goals-Report-  
338 2019.pdf](https://unstats.un.org/sdgs/report/2019/The-Sustainable-Development-Goals-Report-2019.pdf).
- 339 17. NCASC. HIV Epidemic Update of Nepal 2020: National Centre for AIDS and STD  
340 Control; 2020. Available at: <http://ncasc.gov.np/WAD2020/Factsheet-2020-S.pdf>.

- 341 18. World Health Organization. Viral hepatitis in the WHO South-East Asia region; 2011.  
342 Available at: <https://apps.who.int/iris/bitstream/handle/10665/206521/B4752.pdf>.
- 343 19. Shrestha A. Viral hepatitis in Nepal: Past, present, and future. *Euroasian J*  
344 *Hepatogastroenterol* 2016;6(1):59-61. doi:10.5005/jp-journals-10018-1169
- 345 20. Moher D, Liberati A, Tetzlaff J, Altman DG, Group P. Preferred reporting items for  
346 systematic reviews and meta-analyses: the PRISMA statement. *Int J Surg* 2010;8(5):336-  
347 41. doi:10.1016/j.ijvsu.2010.02.007
- 348 21. Hoy D, Brooks P, Woolf A, Blyth F, March L, Bain C, et al. Assessing risk of bias in  
349 prevalence studies: modification of an existing tool and evidence of interrater agreement.  
350 *J Clin Epidemiol* 2012;65(9):934-9. doi:10.1016/j.jclinepi.2011.11.014
- 351 22. DerSimonian R, Laird N. Meta-analysis in clinical trials. *Control Clin Trials*  
352 1986;7(3):177-88. doi:10.1016/0197-2456(86)90046-2
- 353 23. Higgins JP, Thomas J, Chandler J, Cumpston M, Li T, Page MJ, et al. Cochrane  
354 handbook for systematic reviews of interventions: John Wiley & Sons; 2019.
- 355 24. Egger M, Davey Smith G, Schneider M, Minder C. Bias in meta-analysis detected by a  
356 simple, graphical test. *BMJ* 1997;315(7109):629-34. doi:10.1136/bmj.315.7109.629
- 357 25. Balduzzi S, Rucker G, Schwarzer G. How to perform a meta-analysis with R: a practical  
358 tutorial. *Evid Based Ment Health* 2019;22(4):153-60. doi:10.1136/ebmental-2019-  
359 300117
- 360 26. R Core Team. R: A language and environment for statistical computing. 4.0.2 ed.  
361 Vienna, Austria: R Foundation for Statistical Computing; 2020.
- 362 27. UNAIDS. Country factsheets: Nepal; 2020. Available at:  
363 <https://www.unaids.org/en/regionscountries/countries/nepal>.



- 364 28. Kakchapati S, Maharjan M, Rawal BB, Dixit SM. Social determinants and risk behaviors  
365 associated with prevalent Hepatitis C and HIV/HCV co-infection among male injection  
366 drug users in Nepal. *Archives of Public Health* 2017;75(1):39
- 367 29. Verma SC, Dhungana GP, Joshi HS, Kunwar HB, Jha RK, Pokhrel AK. Prevalence of  
368 pulmonary tuberculosis among HIV infected drug users in Pokhara, Kaski, Nepal.  
369 *SAARC J Tuberc Lung Dis HIV/AIDS* 2010;7(2):19-25
- 370 30. Bohara MS. Pulmonary tuberculosis and immunological profile of HIV/AIDS patients in  
371 Far West Nepal. *Journal of Kathmandu Medical College* 2014;3(1):8-13
- 372 31. Ghimire P, Dhungana GR, Bam DS, Rijal BP. Tuberculosis and HIV co-infection status  
373 in United Mission Hospital, Tansen, Western Nepal. *SAARC J Tuberc Lung Dis*  
374 *HIV/AIDS* 2004;1:32-7
- 375 32. Mahato S, Mahato A, Yadav J. Prevalence of HIV, HBV and HCV and their co-infection  
376 during primary investigation and before ART in Eastern Region of Nepal. *IJAMBR*  
377 2017;5:123-31
- 378 33. Dhungana GP, Sharma S, Khadga P, Verma SC. Surveillance of tuberculosis among HIV  
379 infected persons in three different regions of Nepal. *Nepal Med Coll J* 2013;15(2):113-6
- 380 34. Verma SC, Dhungana GP, Joshi HS, Kunwar HB, Pokhrel AK. Prevalence of pulmonary  
381 tuberculosis among HIV infected persons in Pokhara, Nepal. *J Nepal Health Res Counc*  
382 2012;10(1):32-6
- 383 35. Ionita G, Malviya A, Rajbhandari R, Schluter WW, Sharma G, Kakchapati S, et al.  
384 Seroprevalence of hepatitis B virus and hepatitis C virus co-infection among people  
385 living with HIV/AIDS visiting antiretroviral therapy centres in Nepal: a first nationally  
386 representative study. *Int J Infect Dis* 2017;60:64-9. doi:10.1016/j.ijid.2017.04.011

- 387 36. National Tuberculosis Center. National Tuberculosis Program Nepal: Annual Report  
388 2074/75 (2018). Kathmandu; 2018. Available at: [https://bnmtnepal.org.np/wp-](https://bnmtnepal.org.np/wp-content/uploads/2019/11/NTP-Annual-Report-2074-75-Up.pdf)  
389 [content/uploads/2019/11/NTP-Annual-Report-2074-75-Up.pdf](https://bnmtnepal.org.np/wp-content/uploads/2019/11/NTP-Annual-Report-2074-75-Up.pdf).
- 390 37. WHO. HIV and hepatitis coinfections: World Health Organization; 2020. Available at:  
391 <http://www.who.int/hiv/topics/hepatitis/hepatitisinfo/en/>.
- 392 38. Martinello M, Amin J, Matthews GV, Dore GJ. Prevalence and disease burden of HCV  
393 coinfection in HIV cohorts in the Asia Pacific region: A systematic review and meta-  
394 analysis. *AIDS Rev* 2016;18(2):68-80
- 395 39. Leumi S, Bigna JJ, Amougou MA, Ngouo A, Nyaga UF, Noubiap JJ. Global burden of  
396 hepatitis B infection in people living with human immunodeficiency virus: A systematic  
397 review and meta-analysis. *Clin Infect Dis* 2020;71(11):2799-806.  
398 doi:10.1093/cid/ciz1170
- 399 40. Jones BE, Young SM, Antoniskis D, Davidson PT, Kramer F, Barnes PF. Relationship  
400 of the manifestations of tuberculosis to CD4 cell counts in patients with human  
401 immunodeficiency virus infection. *Am Rev Respir Dis* 1993;148(5):1292-7.  
402 doi:10.1164/ajrccm/148.5.1292
- 403 41. Jaryal A, Raina R, Sarkar M, Sharma A. Manifestations of tuberculosis in HIV/AIDS  
404 patients and its relationship with CD4 count. *Lung India* 2011;28(4):263-6.  
405 doi:10.4103/0970-2113.85687
- 406 42. Grassi A, Ballardini G. Hepatitis C in injection drug users: It is time to treat. *World J*  
407 *Gastroenterol* 2017;23(20):3569-71. doi:10.3748/wjg.v23.i20.3569
- 408 43. Kumar R, Singla V, Kacharya S. Impact and management of hepatitis B and hepatitis C  
409 virus co-infection in HIV patients. *Trop Gastroenterol* 2008;29(3):136-47
- 410 44. Hiregoudar V, Raghavendra B, Karinagannavar A, Khan W, Kamble S, Goud TG.  
411 Proportion and determinants of tuberculosis among human immunodeficiency virus-

- 412 positive patients attending the antiretroviral therapy center attached to a Medical College  
413 in South India. *J Family Community Med* 2016;23(2):88-93. doi:10.4103/2230-  
414 8229.181009
- 415 45. Dalbo M, Tamiso A. Incidence and predictors of tuberculosis among HIV/AIDS infected  
416 patients: a five-year retrospective follow-up study. *Advances in Infectious Diseases*  
417 2016;6(02):70
- 418 46. Alemu YM, Awoke W, Wilder-Smith A. Determinants for tuberculosis in HIV-infected  
419 adults in Northwest Ethiopia: a multicentre case-control study. *BMJ Open*  
420 2016;6(4):e009058. doi:10.1136/bmjopen-2015-009058
- 421 47. Choy CY, Ang LW, Ng OT, Leo YS, Wong CS. Factors Associated with Hepatitis B and  
422 C Co-Infection among HIV-Infected Patients in Singapore, 2006-2017. *Trop Med Infect*  
423 *Dis* 2019;4(2). doi:10.3390/tropicalmed4020087
- 424 48. Meda ZC, Sombie I, Sanon OW, Mare D, Morisky DE, Chen YM. Risk factors of  
425 tuberculosis infection among HIV/AIDS patients in Burkina Faso. *AIDS Res Hum*  
426 *Retroviruses* 2013;29(7):1045-55. doi:10.1089/AID.2012.0239
- 427 49. Chen M, Wong WW, Law MG, Kiertiburanakul S, Yuniastuti E, Merati TP, et al.  
428 Hepatitis B and C co-Infection in HIV patients from the TREAT Asia HIV observational  
429 database: Analysis of risk factors and survival. *PLoS One* 2016;11(3):e0150512.  
430 doi:10.1371/journal.pone.0150512
- 431 50. Dhungana GP, Ghimire P, Sharma S, Rijal BP. Characterization of mycobacteria in  
432 HIV/AIDS patients of Nepal. *JNMA J Nepal Med Assoc* 2008;47(169):18-23
- 433 51. Tiwari BR, Ghimire P, Thapa D, Rajkarnikar M. HIV and Hepatitis B co-infection  
434 among volunteer blood donors. *J Nepal Health Res Counc* 2006

- 435 52. Karki S, Ghimire P, Tiwari BR, Shrestha AC, Gautam A, Rajkarnikar M. Seroprevalence  
436 of HIV and hepatitis C co-infection among blood donors in Kathmandu Valley, Nepal.  
437 *Southeast Asian J Trop Med Public Health* 2009;40(1):66-70
- 438 53. Sharma S, Dhungana GP, Pokhrel BM, Rijal BP. Opportunistic infections in relation to  
439 CD4 level among HIV seropositive patients from central Nepal. *Nepal Med Coll J*  
440 2010;12(1):1-4
- 441 54. Poudel BN, Dhungana GP. Scenario of HIV/AIDS patients in a government hospital of  
442 Nepal. *J Nepal Health Res Counc* 2010;8(2):103-6
- 443 55. Tiwari BR, Karki S, Ghimire P, Sharma B, Malla S. Factors associated with high  
444 prevalence of pulmonary tuberculosis in HIV-infected people visiting for assessment of  
445 eligibility for highly active antiretroviral therapy in Kathmandu, Nepal. *WHO South East*  
446 *Asia J Public Health* 2012;1(4):404-11. doi:10.4103/2224-3151.207042
- 447 56. Ojha CR, Kc K, Shakya G. Co-infection of hepatitis C among HIV-infected population  
448 with different risk groups in Kathmandu, Nepal. *Biomed Res* 2013;24(4):4
- 449 57. Poudyal N, Gyawali N, Nepal HP, Gurung R, Pandey S, Amatya R, et al. Risk for  
450 developing tuberculosis among intravenous drug users with human immunodeficiency  
451 virus (HIV) infection. *Journal of AIDS and HIV Research* 2014;6(5):104-8
- 452 58. Roka Bista P, Roka K. Seroprevalence of human immunodeficiency virus, hepatitis B  
453 surface antigen and hepatitis C antibody in Bir Hospital based population, Kathmandu,  
454 Nepal. *Journal of NAMS* 2014;14(2)
- 455 59. Poudel KC, Palmer PH, Jimba M, Mizoue T, Kobayashi J, Poudel-Tandukar K.  
456 Coinfection with hepatitis C virus among HIV-positive people in the Kathmandu Valley,  
457 Nepal. *Journal of the International Association of Providers of AIDS Care (JIAPAC)*  
458 2014;13(3):277-83

- 459 60. Khushbu Y, Satyam P. Bacteriological profile of lower respiratory tract infection (LRTI)  
460 among HIV seropositive cases in central Terai of Nepal. *Int J Curr Microbiol App Sci*  
461 2015;4(11):431-42
- 462 61. Supram HS, Gokhale S, Sathian B, Bhatta DR. Hepatitis B Virus (HBV) and Hepatitis C  
463 Virus (HCV) Co-infection among HIV infected individuals at tertiary care hospital in  
464 western Nepal. *Nepal J Epidemiol* 2015;5(2):488
- 465 62. Baral SK, Sherchand JB, Parajuli K, Pokhrel BM, Kattel HP, Shrestha D. Human  
466 immuno-deficiency virus co-infection with hepatitis B virus and baseline CD4+ T cell  
467 count among patients attending a tertiary care hospital, Nepal. *Journal of Medical -*  
468 *Clinical Research & Reviews* 2017;1(1):1-6. doi:10.33425/2639-944x.1008
- 469 63. Bhusal KR, Devkota S, Shrestha M, Khadga P. Profile of Anaemia in HIV positive  
470 patients. *Journal of College of Medical Sciences-Nepal* 2016;12(2):70-3
- 471 64. Bhattarai M, Baniya JB, Aryal N, Shrestha B, Rauniyar R, Adhikari A, et al.  
472 Epidemiological profile and risk factors for acquiring HBV and/or HCV in HIV-infected  
473 population groups in Nepal. *Biomed Res Int* 2018;2018. doi:10.1155/2018/9241679

474

475 **Figure Legend**

476 **Figure 1. Flow chart of included studies**

477 **Figure 2: The pooled prevalence (proportion) of TB, HBV and HCV co-infection among**

478 **PLHIV.** Black Diamond: pooled prevalence.

479

**Table 1. Characteristics of studies included in the meta-analysis**

Author, year	Setting	Study design and target population	Sample size (n)	Female participants, n (%)	Mean age (years)	Prevalence of Coinfection, n (%)			Quality score <sup>(a)</sup>
						TB	HBV	HCV	
Ghimire et al. (31)	Hospital	Cross-sectional; OPD attending patients suspected of TB/HIV	81	18 (22.2)	—, range 11-80 years	28 (35%)			Moderate
Dhungana et al. (50)	Hospital and HIV/AIDS care centres	Cross-sectional; HIV infected people	100	34 (34.0)	31, range 11-60	23 (23%)			Moderate
Ghimire et al. (51)	Blood transfusion centre	Cross-sectional; blood donors who tested HIV positive	49	—	—, range 18-60 years		4 (8%)		Moderate
Karki et al. (52)	Blood transfusion centre	Cross-sectional; blood donors who tested HIV positive	65	7 (10.7)	—, range 18-60			7 (11%)	Moderate
Sharma et al. (53)	Hospital and HIV/AIDS care centres	Cross-sectional; PLHIV	150	50 (33.3)	26.2, range 1-60	15 (10%)			Moderate
Poudel et al. (54)	Hospital	Cross-sectional, PLHIV	66	30 (45.5)	—, range 11-60	18 (27%)			Moderate
Verma et al. (29)	HIV care centres	Cross-sectional, HIV infected drug users	62	3 (4.8)	—, range 11-50	3 (5%)			Moderate
Dhungana et al. (33)	Hospital and HIV/AIDS care centres	Cross-sectional, HIV infected people	394	169 (42.9)	—, range 1-60	32 (8%)			Low
Tiwari et al. (55)	Hospital (NPHL)	Cross-sectional, HIV infected people	1807	616 (34.1)	—, median 30	585 (32%)			Moderate
Verma et al. (34)	HIV care canters	Cross-sectional, HIV infected people	184	74 (40.2)	—, range 1-60	11 (6%)			Low
Ojha et al. (56)	Hospital (NPHL)	Cross-sectional, HIV infected people	105	40 (38.1)	—, nr			14 (13%)	Moderate
Bohara (30)	Hospital	Cross-sectional, HIV infected people visiting ART clinic	103	57 (53.3)	—, range 1-60	5 (5%)			Moderate
Poudyal et al. (57)	Hospital	Cross-sectional, PLHIV attending microbiology lab for CD4 cell counting	336	56 (16.7)	34.2	72 (21%)			Moderate
Bista et al. (58)	Hospital	Retrospective, OPD and IPD patients undergoing screening for	165	35 (21.2)	—		2 (1%)	29 (18%)	Moderate

Author, year	Setting	Study design and target population	Sample size (n)	Female participants, n (%)	Mean age (years)	Prevalence of Coinfection, n (%)			Quality score <sup>(a)</sup>
						TB	HBV	HCV	
		HbsAg, anti-HCV and anti-HIV antibody							
Paudel et al. (59)	Kathmandu valley	Cross-sectional, PLHIV	319	136 (42.6)	35.6, range 20-60			138 (43%)	Moderate
Khushbu et al. (60)	Hospital	Cross-sectional, confirmed HIV/AIDS patients with/without respiratory symptoms	121	35 (28.9)	—	48 (40%)			Moderate
Supram et al. (61)	Hospital	Retrospective; Patients screened for HIV for those undergoing surgery	218	85 (39.0)	—, nr		7 (3%)	9 (4%)	Moderate
Baral et al. (62)	Hospital	Cross-sectional; Patient attending hospital for HIV test	104	35 (33.7)	—, range 0-70		6 (6%)		Moderate
Bhusal et al. (63)	Hospital	Cross-sectional; PLHIV visiting OPD and medical IPD	55	17 (30.9)	35.85			6 (11%)	Moderate
Ionita et al. (35)	ART treatment centres	Cross-sectional; PLHIV undergoing ART therapy	677	330 (48.7)	—, nr		30 (4%)	132 (19%)	Low
Kakchapati et al. (28)	Community (major cities)	Cross-sectional, Male IDUs who tested HIV positive	65	0 (0)	—, nr			42 (65%)	Low
Mahato et al. (32)	Hospital	Cross-sectional; OPD patients screened for HIV and co-infections	95	35 (36.8)	28.94, range 2-89		3 (3%)	2 (2%)	Moderate
Bhattarai et al. (64)	Hospital	Retrospective, PLHIV	579	159 (27.5)	39.13		21 (4%)	17 (3%)	Moderate

AIDS: acquired immune deficiency syndrome; ART: antiretroviral therapy; HCV: hepatitis C virus; HIV: human immunodeficiency virus; IDU: injecting drug user; IPD: inpatient department; nr: not reported OPD: outpatient department; PLHIV: people living with HIV; TB: tuberculosis.

(a) Quality assessment checklist for prevalence studies (adapted from Hoy et al. (21)) was used.

481

482



483 **Table 2: The effect size of risk factors for HIV co-infections**

Coinfection	Risk factors	n	Odds ratio (95% CI)	Heterogeneity test				Analysed model
				tau <sup>2</sup>	Q (df)	p	I <sup>2</sup> (%)	
Tuberculosis	Male gender	8	1.25 (1.03-1.51)	0.000	3.84 (7)	0.798	0.0	Fixed
	CD4 cell count <200	5	4.38 (1.11-17.25)	0.950	86.03 (4)	<0.0001	95.4	Random
	Younger age	8	0.58 (0.48-0.69)	0.000	6.72 (7)	0.458	0.0	Fixed
	ART therapy	2	1.25 (0.40-3.94)	0.000	0.66 (1)	0.417	0.0	Fixed
	PWID	2	1.18 (0.98-1.42)	0.000	0.24 (1)	0.624	0.0	Fixed
	Smoker	3	3.07 (1.48-6.37)	0.000	1.03 (2)	0.598	0.0	Fixed
	Alcoholic	3	3.12 (1.52-6.43)	0.000	0.32 (2)	0.852	0.0	Fixed
Hepatitis B	Male gender	5	0.88 (0.11-7.17)	1.890	17.54 (4)	0.002	77.2	Random
Hepatitis C	Male gender	8	5.39 (1.54-18.89)	1.524	48.92 (7)	<0.0001	85.7	Random
	ART therapy	2	0.49 (0.36-0.66)	0.000	0.29 (1)	0.588	0.0	Fixed
	PWID	3	166.26 (15.94-1734.44)	0.527	7.12 (2)	0.029	71.9	Random

484