



University of Groningen

## Autoimmune bullous diseases

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### Stellingen

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# Autoimmune bullous diseases Insights into diagnosis and disease management

- A mucosal biopsy for direct immunofluorescence microscopy is the most sensitive test for mucous membrane pemphigoid, yet serological analysis is always recommended.
  This thesis
- 2. The diagnosis of mucous membrane pemphigoid can be established with a skin biopsy for direct immunofluorescence microscopy. This thesis
- 3. A dermatologist should keep an eye on possible disease aggravation of mucous membrane pemphigoid and organize a multidisciplinary follow-up. This thesis
- 4. Every patient with mucous membrane pemphigoid should be screened for anti-laminin 332 reactivity, and when present screened for malignancy. This thesis
- 5. Maintenance infusions of rituximab in pemphigus prevent relapses, although the optimal dosage regimen still needs to be determined. This thesis
- 6. Rituximab is a suitable treatment for patients with pemphigoid with a steroid sparing effect. This thesis
- 7. The quality of life in patients with pemphigus and pemphigus should not only be reported in literature, but have a larger role in clinical daily practice. This thesis
- 8. Dual inhibition of complement C5 and leukotriene B4 is a promising therapeutic strategy in bullous and nonbullous pemphigoid. This thesis
- 9. The greater danger lies not in setting our aim too high and falling short; but in setting our aim too low, and achieving our mark. Michelangelo
- 10. Fall down seven times, get up eight. Unknown

Hanan Rashid 22 juni 2022