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Patient-relevant outcomes of stool testing in pediatric inflammatory bowel disease.

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Appendices

CURRICULUM VITAE



Anke werd geboren op 23 februari 1988 te Heerenveen. Zij groeide op in De Blesse samen met haar ouders, zusje en broertje. In 2006 haalde zij haar VWO diploma op het Linde College te Wolvega. In datzelfde jaar werd ze ingeloot voor geneeskunde aan de Rijksuniversiteit Groningen. Na haar bachelor vertrok ze in het 2e jaar van de master naar Enschede voor een jaar coschappen in het Medisch Spectrum Twente en vervolgens deed ze ook haar semi-arts stage kindergeneeskunde in dit ziekenhuis. Voor haar wetenschappelijke stage ging ze naar het Academisch Medisch Centrum (AMC) te Amsterdam. Onder begeleiding van dr. BGP Koot deed ze onderzoek naar het voorkomen van galstenen bij kinderen met obesitas die deelnamen aan een leefstijlinterventie programma. In 2013 startte ze, na het cum-laude behalen van haar diploma, met een promotietraject in het Beatrix Kinderziekenhuis van het Universitair Medisch Centrum Groningen onder begeleiding van dr. PF van Rheenen en prof. dr. HJ Verkade. Ze deed onderzoek naar het screenen en monitoren van inflammatoire darmziekten bij kinderen en was ook betrokken bij de poliklinische zorg van deze patientenpopulatie. De resultaten van haar onderzoeken staan beschreven in dit proefschrift. Naast haar onderzoeken volgde ze in het UMCG een opleiding ter verkrijging van de registratie epidemioloog B. Anke heeft de resultaten van haar onderzoeken op verschillende nationale en internationale congressen gepresenteerd. Op het Evidence Live congres van 2016 werd ze bekroond als 'future leader in evidence based medicine' met als prijs onder andere een publicatie over haar onderzoek in de BMJ student.

Anke was born on February 23, 1988 in Heerenveen. She was raised in De Blesse together with her parents, sister and brother. In 2006 she graduated from high school (Linde College, Wolvega). In the same year she started studying Medicine at the University of Groningen. After her bachelor she moved in her second year of the master to Enschede for internships in Medisch Spectrum Twente (MST). Her final internship she did at the department of Pediatrics, also in the MST in Enschede. Her master thesis she did at the department of pediatric gastroenterology of the Academic Medical Center (AMC) in Amsterdam under supervision of dr. BGP Koot. She investigated the prevalence of gallstones in children with obesity undergoing a lifestyle intervention program. In 2013 she graduated cum laude and started her PhD-project at the department of Pediatric Gastroenterology of the University Medical Center Groningen under supervision of dr. PF van Rheenen and prof. dr. HJ Verkade. Her research project was about screening and monitoring of inflammatory bowel diseases in children. The results obtained in this research-projects are described in this thesis. During her PhD-research she received training as an epidemiologist B. Anke presented her work at several national and international conferences. She obtained the 'future leader of evidence based medicine award' in 2016 at the Evidence Live conference in Oxford.

Appendices

LIST OF PUBLICATIONS



Park KT, **Heida A**, van Rheezen PF. Standardizing fecal calprotectin monitoring in asymptomatic patients with Inflammatory Bowel Disease.

Inflamm Bowel Dis 2017;23:E47.

Heida A, Knol M, Muller Kobold AC, Bootsman J, Dijkstra G, van Rheezen PF. Home versus hospital-based analysis of stool calprotectin: comparing two methods for monitoring inflammatory bowel disease.

*Clin Gastroenterol Hepatol*2017;Epub ahead of print

Heida A, Muller Kobold AC, Wagenmakers L, van de Belt JG, van Rheezen PF. Reference values of fecal calgranulin C (S100A12) in school aged children and adolescents.

Clin Chem Lab Med 2017;Epub ahead of print

Heida A, van de Vijver E, Muller Kobold AC, van Rheezen PF. Selecting children with suspected inflammatory bowel disease for endoscopy with the calgranulin C or calprotectin stool test: protocol of the CACATU study.

BMJ open 2017;7:e015636

Heida A, Park KT, van Rheezen PF. Clinical utility of fecal calprotectin monitoring in asymptomatic patients with inflammatory bowel disease: a systematic review and practical guide.

Inflamm Bowel Dis 2017;23:894-902.

Heida A, Dijkstra A, Dantuma SK, van Rheezen PF. A cross-sectional study on the perceptions and practices of teenagers with inflammatory bowel disease about repeated stool sampling.

J Adolesc Health 2016;59(4): 479-81.

Heida A. Can a telemedicine program improve outcomes for teenagers with inflammatory bowel disease?

BMJ student 2016. DOI: 10.1136/sbmj.i2745

Heida A, Holtman GA, Lisman-van Leeuwen Y, Berger ML, van Rheezen P. Avoid endoscopy in children with suspected inflammatory bowel disease who have normal calprotectin levels.

JPGN 2016;62(1):47-9.

Heida A, Dijkstra A, Groen H, Muller Kobold A, Verkade H, van Rheezen P. Comparing the efficacy of a web-assisted calprotectin-based treatment algorithm (IBD-live) with usual

practices in teenagers with inflammatory bowel disease: study protocol for a randomized controlled trial.

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Heida A, Koot BG, Vd Baan-Slootweg OH, Pels Rijcken TH, Seidell JC, Makkes S, M.A. Benninga. Gallstone disease in severely obese children participating in a lifestyle intervention program: incidence and risk factors.

Int J Obes (Lond) 2014;38(7):950-3