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Which Breast is the Best?

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- 1- Decision for risk reducing mastectomy in gene mutation carriers depends mainly on age, having had breast cancer previously, or from having a family member with breast cancer. (Chapter 2)
- 2- Breast reconstruction improves quality of life and satisfaction with breast in women who have had mastectomy. (Chapter 3)
- 3- Autologous breast reconstruction outcome in terms of QoL and satisfaction with breast is superior compared to alloplastic breast reconstruction outcome. (Chapter 4 and 5)
- 4- Alloplastic breast reconstruction still has a prominent role in breast reconstruction. (Chapter 5)
- 5- Every woman with breast cancer should have the opportunity to be fully informed about Breast Reconstruction, in order to make an informed decision about her treatment plan. (Chapter 5)
- 6- A comprehensive scoring system for breast reconstruction cosmetic outcomes is needed. (Chapter 6)

7- There is no minor surgery, but only minor surgeons. (Prof. dr. B. van der Lei)

8- مَنْ سَلَكَ طَرِيقًا يَبْتَغِي فِيهِ عِلْمًا سَهَّلَ اللَّهُ لَهُ طَرِيقًا إِلَى الْجَنَّةِ، وَإِنَّ الْمَلَائِكَةَ لَتَضَعُ أجنحتها لطالب العلم رضا بما يصنع

For the person who takes a path upon which he seeks knowledge, Allah facilitates an easy path to Paradise. And indeed the angels lower their wings in approval to the one seeking knowledge. (*Prophet Muhammad*, Source: : Sunan Abī Dāwūd 3641)

9- *Az orvos tevékenységében, a gyógyításban van olyan tényező, amit nem lehet tanulni, aminek nincs neve, csak hatása, s ezért a gyógyítás nem csupán tudomány, hanem művészet is.*

There is a factor in the medical treatment, that cannot be taught, that has no name, only an effect, and therefore treatment is not only a science but also an art. (Prof. dr. Zoltán Zsebők)