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Extracorporeal Membrane Oxygenation in Patients With COVID-19: An International Multicenter Cohort Study

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Abstract

Background: To report and compare the characteristics and outcomes of COVID-19 patients on extracorporeal membrane oxygenation (ECMO) to non-COVID-19 acute respiratory distress syndrome (ARDS) patients on ECMO. **Methods:** We performed an international retrospective study of COVID-19 patients on ECMO from 13 intensive care units from March 1 to April 30, 2020. Demographic data, ECMO characteristics and clinical outcomes were collected. The primary outcome was to assess the complication rate and 28-day mortality; the secondary outcome was to compare patient and ECMO characteristics between COVID-19 patients on ECMO and non-COVID-19 related ARDS patients on ECMO (non-COVID-19; January 1, 2018 until July 31, 2019). **Results:** During the study period 71 COVID-19 patients received ECMO, mostly veno-venous, for a median duration of 13 days (IQR 7-20). ECMO was initiated at 5 days (IQR 3-10) following invasive mechanical ventilation. Median PaO₂/FiO₂ ratio prior to initiation of ECMO was similar in COVID-19 patients (58 mmHg [IQR 46-76]) and non-COVID-19 patients (53 mmHg [IQR 44-66]), the latter consisting of 48 patients. 28-day mortality was 37% in COVID-19 patients and 27% in non-COVID-19 patients. However, Kaplan-Meier curves showed that after a 100-day follow-up this non-significant difference resolves. Non-surviving COVID-19 patients were more acidotic prior to initiation ECMO, had a shorter ECMO run and fewer received muscle paralysis compared to survivors. **Conclusions:** No significant differences in outcomes were found between COVID-19 patients on ECMO and non-COVID-19 ARDS patients on ECMO. This suggests that ECMO could be considered as a supportive therapy in case of refractory respiratory failure in COVID-19.

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survival, ECMO, COVID-19, ARDS

Introduction

After in December 2019 the first case of pneumonia caused by the novel severe acute respiratory syndrome coronavirus-2 (SARS-CoV-2) was reported, it has since spread and became a pandemic of Coronavirus Disease-2019 (COVID-19).¹ On September 22nd 2020, over 31 million infected cases and over 965,000 SARS-CoV-2 related deaths have been confirmed.² Infected individuals can differ in presentation from asymptomatic carriers to severe respiratory failure and acute respiratory distress syndrome (ARDS). Up to 35% of the hospitalized patients with COVID-19 have to be treated in an intensive care unit (ICU).³ In these cases, the cornerstones of supportive therapy include high flow nasal oxygen, as well as non-invasive and invasive mechanical ventilation.

Extracorporeal membrane oxygenation (ECMO) is recommended as a “last resource” supportive therapy in case of cardiac and/or respiratory failure, including ARDS, refractory to other conventional therapies. As the extracorporeal circuit provides both oxygenation and carbon dioxide clearance, it can facilitate protective mechanical ventilation.^{4,5} Following the influenza A (H1N1) pandemic in 2009, worldwide application, expertise and experience with the use of ECMO as a supportive treatment in severe ARDS increased.^{6,7} During the Middle East respiratory syndrome (MERS) outbreak, an association with improved outcome in patients with ARDS on ECMO was demonstrated.⁸ However, in COVID-19 the first results from small Chinese cohorts were disappointing, showing a very high mortality.⁹ Recently, more promising results were presented, including a French study reporting an estimated probability of day-60 mortality of 31%.¹⁰

The WHO interim guidelines recommends the administration of ECMO to eligible patients with COVID-19 related ARDS in expert centers.¹¹ The Society of Critical Care Medicine (SCCM) has agreed with this statement and released guidelines regarding the management of COVID-19 patients in the ICU, providing criteria regarding the use of ECMO in COVID-19.¹² Although some research has been carried out on ECMO in COVID-19, these studies are limited due to small sample sizes, single-center design or the lack of control group.¹³⁻¹⁵ As a result, no robust conclusion can be drawn about the added value of ECMO in patients with severe respiratory failure due to COVID-19.

Therefore, this study aimed to provide additional insight on the role of ECMO in refractory ARDS due to COVID-19 by describing patient and ECMO characteristics of COVID-19 patients on ECMO, and comparing their outcomes with patients with non-COVID-19 ARDS on ECMO.

Methods

This retrospective observational study was performed in 13 ICUs providing ECMO: 8 from the Netherlands, 3 from

Belgium, 1 from Sweden and 1 from Spain. This study was approved by the institutional review board (IRB) of the Amsterdam University Medical Centers (Amsterdam UMC; W20_199#20.230), and, thereafter, from local Ethics Committees. Data were collected retrospectively from electronic patient records of all consecutive COVID-19 patients receiving ECMO admitted to the ICU from March 1 to April 30, 2020, which corresponds with the timing of the first COVID-19 peak in most European countries. Patients were included if they were aged 18 years and older and received ECMO during their ICU admission due to RT-PCR confirmed COVID-19. As comparative non-COVID-19 group, data were collected of patients with who received ECMO for ARDS between January 1, 2018, and July 31, 2019 from the same ICUs. Patients were eligible for ECMO according to applicable guidelines provided by the extracorporeal life support organization (ELSO).¹⁶ ECMO is considered a last resource, in case of reversible cardiac and/or pulmonary failure, refractory to other therapies. Therefore, for example, in case of ARDS, it is encouraged to have applied several interventions such as prone positioning and neuromuscular blockage prior initiation of ECMO.^{17,18} During ECMO, standard care included systemic anticoagulation using unfractionated heparin in all 13 centers. More details on the anticoagulation practices can be found in the Additional File (E1. Anticoagulation practices). Data collection included demographics, comorbidities, laboratory values, ECMO characteristics, complications and 28-day mortality (Additional File: E2. Definitions used). The primary outcome was the complication rate and 28-day mortality of patients on ECMO due to COVID-19. The secondary outcome consisted of a comparison of patient and ECMO characteristics between patients with COVID-19 on ECMO to patients with non-COVID-19 ARDS on ECMO.

Statistical Analysis

Statistical analysis was performed using R statistics (version 3.6.1) with the R Studio interface (The R Foundation, Lucent Technologies, Inc., Murray Hill, NJ, USA, www.r-project.org). Baseline and outcome parameters were summarized using simple descriptive statistics. Non-normal distributed continuous variables were presented as a median (with interquartile range (IQR)). Categorical variables were presented as percentages and frequencies. Data were compared between groups of COVID-19 patients and non-COVID-19 ARDS patients using the Mann-Whitney U test for numerical data and Chi square test for categorical data. Survival rates of COVID-19 and non-COVID-19 patients were compared using Kaplan-Meier analyses and the log-rank test for equality of survival curves using the R survival package. A *P* value <.05 was considered significant.

Results

COVID-19 Patients on ECMO

During the study period, a total of 71 patients received ECMO due to refractory respiratory failure related to COVID-19. The majority of 57 patients (80%) were male and median age was 52 years (IQR 46-57). The patients were predominantly overweight with a median body mass index (BMI) of 29.2 kg/m² (IQR 26.1-32.1). A minority of 29 patients (40%) had a medical history of cardiovascular or pulmonary disease, of which most frequently scored comorbidities consisted of hypertension (n = 15, 21%), asthma (n = 7, 10%) and diabetes (n = 6, 8%).

An overview of the patient baseline characteristics prior to the initiation of ECMO is shown in Table 1. The arterial blood gas (ABG) values prior to initiation of ECMO reported a pH of 7.35 (IQR 7.22-7.42), PaCO₂ of 8.0 kPa (IQR 6.6-10.1), bicarbonate of 32 mmol/L (IQR 26-37) and PaO₂ of 8.0 kPa (IQR 6.8-9.3). Controlled ventilation mode was mostly used: pressure-controlled ventilation in 31 patients (44%) and volume-controlled ventilation in 31 patients (44%). Median ventilation parameters consisted of PEEP of 12 cm H₂O (IQR 8-16), FiO₂ of 100% (IQR 80-100), resulting in a median PaO₂/FiO₂ of 58 mmHg (IQR 46-76). In a large part of the patients, prone positioning (79%) and muscle paralysis (77%) had been applied prior to initiation of ECMO. Acute kidney injury (AKI) was already present in 17 patients (24%), of which 12 (17%) were also receiving renal replacement therapy (RRT).

After the first occurrence of symptoms, hospital admission followed at a median of 13 days (IQR 7-16), and ICU admission 1 day later. ECMO was started at a median of 18 days (IQR 15-25) after disease onset and at a median of 5 days (IQR 3-10) after start of invasive mechanical ventilation. Almost all patients received veno-venous ECMO (VV-ECMO: 93%, n = 66), 3 patients received veno-arterial ECMO (VA-ECMO), one veno-veno-arterial ECMO (VVA-ECMO) and one extracorporeal CO₂-removal (ECCO₂R). The main indication for VV-ECMO was combined refractory hypoxemia and hypercapnia, which occurred in 34 patients (52%), followed by refractory hypoxemia in 32 patients (49%). To be able to offer hemodynamic support in the presence of right ventricular failure, 3 patients received VA-ECMO and one VVA-ECMO. The median duration of ECMO was 13 days (IQR 7-20); 3 patients were in need of a second run of ECMO. Muscle paralysis was the most commonly applied rescue therapy, which was applied in 51 patients (72%), followed by prone positioning (n = 27, 38%). The variance in pharmacotherapeutic drugs was high; hydroxychloroquine (n = 47, 66%) and lopinavir/ritonavir (n = 14, 20%) were most frequent (Table 2: ECMO Characteristics).

During ECMO, 60 patients (85%) suffered one or more complications, mostly a new infection (n = 40, 56%), AKI (n = 39, 55%) and hemorrhagic event (n = 38, 54%) as shown in Table 3. From the 39 patients with AKI, 22 out of 39 developed during ECMO, and 37 out of 39 patients (55%) received RRT. More than half of the patients (n = 37, 52%) were successfully weaned from ECMO. The 3 patients who received a second run

Table 1. Patient Baseline Characteristics.

| | n = 71 | |
|---|--------|-------------|
| Demographics | | |
| Age, median (IQR), y | 52 | (47-57) |
| Male gender, No. (%) | 57 | (80) |
| Body mass index, median (IQR), kg/m ² | 29.2 | (26.1-32.1) |
| Comorbidities, No. (%) | | |
| Cardiovascular disease | 21 | (30) |
| Hypertension | 15 | (21) |
| Diabetes | 6 | (8) |
| Myocardial infarction | 1 | (2) |
| Pulmonary disease | 11 | (14) |
| Pulmonary hypertension | 1 | (2) |
| Asthma | 7 | (10) |
| COPD | 4 | (6) |
| Chronic Kidney Disease | 3 | (4) |
| Malignancy | 1 | (2) |
| Liver cirrhosis | 1 | (2) |
| Values prior to initiation ECMO^a, median (IQR) | | |
| SOFA | 9 | (7-12) |
| Lactate, mmol/L | 1.7 | (1.2-2.8) |
| CRP, mg/L | 260 | (145-384) |
| Procalcitonin, ng/mL | 2.15 | (0.61-6.76) |
| Arterial blood gas, median (IQR) | | |
| PaO ₂ /FiO ₂ -ratio, mmHg | 58 | (46-76) |
| pH | 7.35 | (7.22-7.42) |
| PCO ₂ , kPa | 8 | (6.6-10.1) |
| bicarbonate, mmol/L | 32 | (26-37) |
| PO ₂ , kPa | 8 | (6.8-9.3) |
| Mechanical ventilation settings prior to initiation ECMO | | |
| Type of mechanical ventilation, No. (%) | | |
| Pressure supported ventilation | 4 | (6) |
| Volume controlled mechanical ventilation | 31 | (44) |
| Pressure controlled mechanical ventilation | 31 | (44) |
| Other | 1 | (1) |
| Missing | 4 | (6) |
| FiO ₂ , median (IQR), % | 100 | (80-100) |
| Peak pressure, median (IQR), cm H ₂ O | 34 | (31-39) |
| PEEP, median (IQR), cm H ₂ O | 12 | (8-16) |
| Rescue therapies applied prior to initiation ECMO, No. (%) | | |
| Prone positioning | 56 | (79) |
| Muscle paralysis | 55 | (77) |
| Complications prior to initiation ECMO, No. (%) | | |
| Pulmonary embolism | 5 | (7) |
| Venous thromboembolism | 5 | (7) |
| Acute kidney injury | 17 | (24) |
| Renal replacement therapy | 12 | (17) |

Abbreviations: COPD, chronic obstructive pulmonary disease; ECMO, extracorporeal membrane oxygenation; SOFA, sequential organ failure assessment; CRP, C-reactive protein; PaO₂, partial oxygen pressure; PCO₂, partial carbon dioxide pressure; FiO₂, fraction inspired oxygen; PEEP, positive end expiratory pressure.

^aValues prior to initiation of ECMO include worst values within 12 hours prior to initiation.

were successfully weaned and survived. Within 28 days after ECMO initiation, 26 patients had died (37%). In those non-survivors a lower median pH and higher median PCO₂ was

shown in comparison to survivors (respectively: 7.28 versus 7.38 [$P = .04$] and 9.82 versus 7.33 [$P = .002$]). Moreover, muscle paralysis had been applied in fewer non-survivors (non-survivors 68% versus survivors 97%, $P = .002$). The median ECMO run was 6 days shorter in non-survivors (non-survivors 8 days [IQR 5-17] versus survivors 14 days [IQR 10-23]). A table showing survivors versus non-survivors can be found in the Additional File (E3. Survivors versus non-survivors).

Non-COVID-19 ARDS

A total of 48 out of 440 patients received ECMO due to ARDS unrelated to COVID-19. In this consecutive subgroup, median age was 55 years (IQR 40-61), sex was equally distributed, and median BMI was 28.3 kg/m² (IQR 24.7-33). When compared to the patients with COVID-19 related respiratory failure, the COVID-19 group had a significantly higher proportion of males (80% versus 50%; $P = .001$). No other significant differences were found in patient baseline characteristics, comorbidities, and disease severity-related variables including sequential organ failure assessment (SOFA)-score and PaO₂/FiO₂-ratio. Also, complication rate and ECMO support duration did not differ significantly (Table 4). 28-day mortality was 37% in COVID-19 patients and 27% in non-COVID-19 patients. However, this difference was not significant, as shown in the Kaplan-Meier curves in Figure 1 (Hazard Ratio 1.01 [95% CI 0.60-1.69]; $P = .98$). In this figure it is apparent that this non-significant difference in mortality resolves after a prolonged 100-day follow-up.

Discussion

To date, this study is one of the first multi-center observational studies of COVID-19 patients on ECMO. We reported a 28-day mortality of 37% in patients with COVID-19 on ECMO. This survival rate and the complication rate did not significantly differ from our non-COVID-19 patients on ECMO. Moreover, patient characteristics of our COVID-19 and non-COVID-19 patients were complementary prior to initiation of ECMO, except for gender.

The past decades, ECMO is considered a life-saving therapy. However, its overall beneficial effect in ARDS is not beyond any doubt, resulting in the current role of ECMO as a final resort therapy.^{5,19} The rise of the COVID-19 pandemic has reignited the discussion if ECMO should or should not be offered in patients with severe ARDS,²⁰ and whether such therapy would be associated with acceptable complication and mortality rates. This debate was amplified by a Chinese cohort study where 5 out of 6 patients on ECMO died,²¹ after which concerns were expressed.²² In our study, complication rate and 28-day mortality did not significantly differ in COVID-19 and non-COVID-19 patients. Moreover, our mortality rates were in line with a recent observational study showing an estimated probability of day-60 mortality of 31%.¹⁰ Also, comparable survival rates were found in ICU patients with ARDS due to COVID-19 not on ECMO.²³ This suggests that in case of

Table 2. ECMO Characteristics.

| | n = 71 | |
|--|--------|---------|
| ECMO indication, No. (%) | | |
| Refractory hypercapnia | 1 | (1) |
| Refractory hypoxemia | 33 | (46) |
| Combined refractory hypoxemia and hypercapnia | 36 | (51) |
| Other | 1 | (1) |
| ECMO mode, No. (%) | | |
| Veno-Venous ECMO | 66 | (93) |
| Veno-Arterial ECMO | 3 | (4) |
| Veno-Veno-Arterial ECMO | 1 | (1.5) |
| Extracorporeal CO ₂ Removal | 1 | (1.5) |
| ECMO run duration, median, d | 13 | (7-20) |
| Second run, No. (%) | 3 | (4) |
| Time from start symptoms until hospital admission, median, d | 13 | (7-16) |
| Time from start symptoms until ICU admission, median, d | 14 | (10-18) |
| Time from start symptoms until ECMO initiation, median, d | 18 | (15-25) |
| Time from intubation until start ECMO, median, d | 5 | (3-10) |
| Rescue therapies applied during ECMO, No. (%) | | |
| Prone positioning | 27 | (38) |
| Muscle paralysis | 51 | (72) |
| Nitric oxide | 9 | (13) |
| Beta blockade | 11 | (15) |
| Upgrade ECMO: additional cannula | 3 | (4) |
| Upgrade ECMO: larger diameter cannula | 3 | (4) |
| Upgrade ECMO-membrane | 2 | (3) |
| Pharmacotherapeutic therapies during ECMO, No (%) | | |
| Anti-IL 1 | 3 | (4) |
| Hydroxychloroquine | 47 | (66) |
| Lopinavir/ritonavir (Kaletra [®]) | 14 | (20) |
| Remdesivir | 5 | (7) |
| Imatinib | 1 | (1) |
| Convalescent plasma | 0 | (0) |
| Tocilizumab | 9 | (13) |
| Intravenous immunoglobulins | 2 | (3) |
| Plasmapheresis | 1 | (1) |
| Cytokine absorber (CytoSorb [®]) | 13 | (18) |

Abbreviations: ECMO, extracorporeal membrane oxygenation; CO₂, carbon-dioxide; ICU, Intensive Care Unit; IL, interleukine.

severe, refractory ARDS due to COVID-19, ECMO could be considered as supportive therapy in case conventional therapies prove insufficient.

One of the questions remains if selection and triage of COVID-19 patients for ECMO differed from other non-COVID-19 ARDS patients. Several respiratory variables emphasize the severity of the respiratory insufficiency in our study population. Rescue therapies to improve oxygenation including prone positioning and muscle paralysis were applied in most patients in our study. Moreover, almost 9 out of 10 patients were ventilated using controlled modes. In ARDS, the Surviving Sepsis Campaign has made several recommendations, including (ultra)protective ventilation. Although both

Table 3. ECMO Outcome and Complications.

| | n = 71 | |
|---|--------|-------|
| Complications, No. (%) | | |
| Hemorrhagic event | 38 | (54) |
| Cannula | 10 | (14) |
| Hemorrhagic stroke | 7 | (10) |
| Gastro-intestinal | 3 | (4) |
| Other | 19 | (27) |
| Pulmonary embolism | 2 | (3) |
| Arterial thrombotic event | 3 | (4) |
| Ischemic stroke | 1 | (1.5) |
| Leg ischemia | 0 | (0) |
| Other | 2 | (3) |
| Venous thrombotic event | 8 | (11) |
| Upper extremity | 4 | (6) |
| Lower extremity | 2 | (3) |
| Heart | 0 | (0) |
| Other | 2 | (3) |
| Mechanical thrombotic event | 10 | (14) |
| Cannula | 1 | (1.5) |
| Oxygenator | 9 | (13) |
| Pump | 0 | (0) |
| Infection | 40 | (56) |
| Ventilator-associated pneumonia | 23 | (32) |
| Catheter-related bloodstream infection | 9 | (13) |
| Superinfection/second infection | 6 | (8) |
| Other | 10 | (14) |
| Type of infection | | |
| Bacterial | 30 | (42) |
| Fungus (e.g. <i>Aspergillus</i>) | 5 | (7) |
| Yeast | 7 | (10) |
| Viral | 5 | (7) |
| Unknown | 3 | (4) |
| Acute kidney injury | 39 | (55) |
| Renal replacement therapy | 37 | (52) |
| Outcome, No. (%) | | |
| Successful weaning | 37 | (52) |
| 28-day mortality ^a | 26 | (37) |
| Location of decease | | |
| ICU, unanticipated during ECMO ^b | 5 | (14) |
| ICU, anticipated during ECMO | 24 | (67) |
| ICU, within 48 hours after ECMO decannulation | 2 | (6) |
| ICU, after 48 hours after ECMO decannulation | 5 | (14) |
| Hospital, not on ECMO | 0 | (0) |
| Different hospital, after referral | 0 | (0) |
| Non-hospital | 0 | (0) |

Abbreviations: ECMO, Extracorporeal Membrane Oxygenation; ICU, Intensive Care Unit.

^a28-day mortality: death within 28 days after initiation ECMO.

^bCauses of death are described in the Additional File (E4. Unanticipated Death).

ventilation modes have advantages and disadvantages, such as high peak pressure in volume-controlled ventilation, no mode has consistently shown to be advantageous.¹² In general, prior to initiation of ECMO, it is advised to apply best conventional intensive care as possible, including above described rescue therapies. In spite of these attempts, oxygen delivery was compromised, as shown by the low median PaO₂/FiO₂ ratio of 58 mmHg (IQR 46-76) and the need of a high FiO₂ (median 100%

[IQR 80%-100%]). When compared to previous ARDS groups on ECMO these values confirm the severity in the COVID-19 ECMO population.^{19,24,25} Not only the characteristics prior to initiation of ECMO were in line with previous ECMO non-COVID-19 ARDS groups, but also the ECMO characteristics themselves.⁵ This could suggest that no large differences in patient selection have occurred, e.g. no different timing of cannulation and no earlier discontinuation of treatment.

In comparison with general COVID-19 patients in the ICU, our group on ECMO support appears relatively young.²⁴ This can be explained by the selection criteria used for initiation of ECMO: among others the interim guideline of ELSO advises to apply age above 65 years old as a relative contraindication.²⁶ Given the expected rise in COVID-19 of patients administered to the hospital with COVID-19, discussions arose which patients had to be selected in case capacity was insufficient, in which age was a common topic.²⁷ Although triage with a limit on age was not applied in all participating hospitals of this study during the first peak, it is possible that age discrimination has occurred unwittingly. The sex discrepancy (more males) has been described in large Italian and German groups of patients with COVID-19 as well.^{23,24} In contrast to general hospitalized COVID-19 patients, where an incidence of up to 90% has been described, this study population was relatively healthy prior to COVID-19 as only 40% had comorbidities.³ No differences in comorbidities were found between survivors and non-survivors in our COVID-19 group on ECMO. However, interestingly, the arterial blood gas of non-survivors reported a significantly lower pH and higher PCO₂. This finding is confirmed by the descriptive study of Yang et al.²⁸

At last, one main consideration should remain the availabilities of sufficient resources, including personnel and equipment. Concerns are still raised whether ECMO is justifiable in times of a pandemic, or if saving few lives would decrease the quality of care in other patients.²⁰ As stated by the SSCM and WHO, this is not the time to start with implementing ECMO in centers who do not yet have the experience and resources for ECMO. However, in case personnel, equipment, facilities and systems apply, our results suggest that ECMO could be considered as a supportive therapy in case conventional therapies are insufficient.

This study has several strengths. It is one of the largest multicenter observational studies presenting data on the use of ECMO from multiple countries during the first peak of the COVID-19 pandemic. Moreover, it is the first multicenter study comparing COVID-19 patient characteristics with a previous non-COVID-19 ARDS group from the same participating centers. It gives an extensive overview of COVID-19 ECMO characteristics including applied therapies. Some limitations should however be recognized. Due to its observational design, some biases cannot be excluded. Hence, it is unknown what the outcome would be in the absence of ECMO support. Furthermore, the time frames of patients with and without COVID-19 on ECMO were different. It cannot be excluded that the level of care for patients on ECMO prior COVID-19

Table 4. Comparison COVID-19 on ECMO and Non-COVID-19 on ECMO.

| | COVID-19 (n = 71) | | Non-COVID ARDS (n = 48) | | P value |
|---|----------------------|-------------|----------------------------|-----------|---------|
| Pre-ECMO patient characteristics | | | | | |
| Age, median (IQR), years | 52 | (47-57) | 55 | (40-61) | .49 |
| Male gender, No (%) | 57 | (80) | 24 | (50) | .001 |
| Body mass index, median (IQR), kg/m ² | 29.2 | (26.1-32.1) | 28.3 | (24.7-33) | .84 |
| SOFA-score, median (IQR) | 9 | (7-12) | 10 | (9-13) | .13 |
| PaO ₂ /FiO ₂ -ratio, median (IQR), mmHg | 58 | (46-76) | 53 | (44-67) | .84 |
| Lactate, median (IQR), mmol/L | 1.7 | (1.2-2.8) | 1.4 | (1.1-2.7) | .27 |
| Medical history, No. (%) | | | | | |
| Hypertension | 15 | (21) | 13 | (27) | >.99 |
| Diabetes | 6 | (8%) | 4 | (8%) | >.99 |
| Asthma | 7 | (10) | 3 | (6) | .63 |
| COPD | 4 | (6) | 1 | (2) | .60 |
| ECMO characteristics and complications | | | | | |
| <i>Complications, No. (%)</i> | | | | | |
| Hemorrhage | 38 | (54) | 22 | (46) | .53 |
| Arterial thrombosis | 3 | (4) | 0 | (0) | .27 |
| Venous thrombosis | 8 | (11) | 4 | (8) | .76 |
| Mechanic thrombosis | 10 | (14) | 7 | (15) | >.99 |
| Infection | 40 | (56) | 26 | (54) | .96 |
| Acute kidney injury | 39 | (55) | 27 | (56) | >.99 |
| ECMO run duration, median, d | 13 | (7-20) | 9 | (5-17) | .16 |
| 28-day mortality ^a , No. (%) | 26 | (37) | 19 | (27) | .49 |

Abbreviations: COPD, chronic obstructive pulmonary disease; SOFA, sequential organ failure assessment; COPD, chronic obstructive pulmonary disease; ECMO, extracorporeal membrane oxygenation.

^a28-day mortality, mortality 28 days after initiation of ECMO.

was different compared with the period during COVID-19. Finally, no data were collected regarding functional outcomes.

Conclusions

To conclude, we found an acceptable survival rate in ECMO patients with COVID-19, not differing significantly from our non-COVID-19 ARDS patients on ECMO. ECMO could be considered as a supportive therapy in case of COVID-19 related respiratory failure, in case conventional therapies are insufficient.

Appendix

ETALON Study Group (in alphabetical order): Walter M. van den Bergh, MD, PhD (Department of Critical Care, University Medical Center Groningen, University of Groningen, Groningen, the Netherlands); Judith M. D. van den Brule, MD, PhD (Department of Intensive Care, Radboud University Nijmegen Medical Centre, Nijmegen, the Netherlands); Dieter F. Dauwe, MD, PhD (Surgical Adult Intensive Care Unit, Department of Intensive Care Medicine, University Hospitals Leuven, KU Leuven, Leuven, Belgium); Dave A. Dongelmans, MD, PhD (Department of Intensive Care, Amsterdam University Medical Centers, location Academic Medical Center [AMC], Amsterdam, the Netherlands); Elisa Bogossian Guvea, MD (Department of Intensive Care, Université Libre de Bruxelles, Hôpital

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Authors' Note

This retrospective chart review study involving human participants was in accordance with the ethical standards of the institutional and national research committee and with the 1964 Helsinki Declaration and its later amendments or comparable ethical standards. This study was approved by the institutional review board (IRB) of the Amsterdam University Medical Centers (Amsterdam UMC; W20_199#20.230), and, thereafter, from local Ethics Committees. After final data collection has occurred in the end of 2020, encrypted data can be requested by contacting the corresponding author. Reasonable requests will be taken in consideration. Raasveld and Vlaar had full access to all data in the study and take responsibility for the

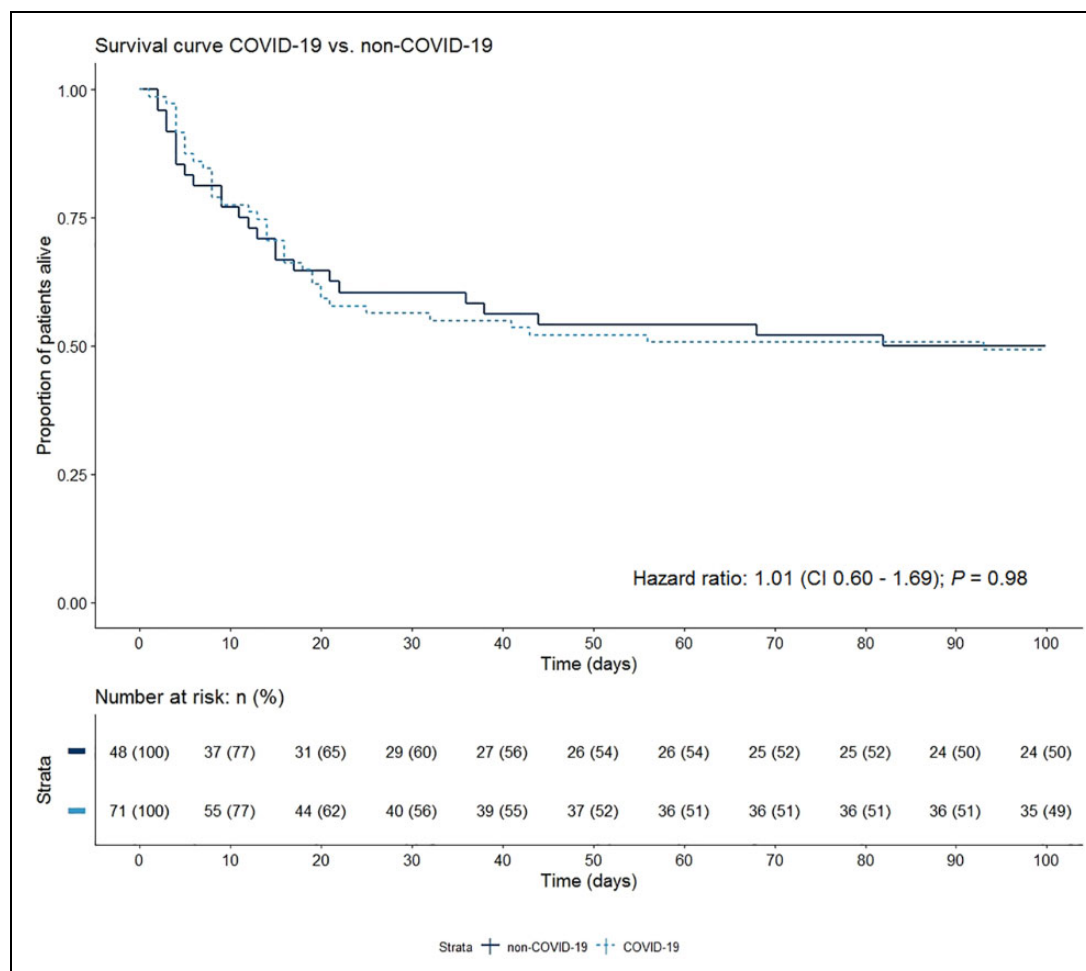


Figure 1. Kaplan-Meier estimates for patients with COVID-19 on ECMO and patients with ARDS not due to COVID-19 on ECMO. Unadjusted hazard ratio and 95% confidence interval calculated from a Cox proportional hazard model is presented.

integrity of the data and the accuracy of the data analysis. Concept and design: Raasveld, Vlaar, van den Bergh, Broman. Acquisition, analysis or interpretation of data: All authors. Drafting of the manuscript: All Authors. Critical revision of the manuscript for important intellectual content: All authors. Statistical analysis: Raasveld, Vlaar. Supervision: Vlaar, van den Bergh. **Trial registration:** Netherlands trial registry, NL8706, date of registration: June 9, 2020. <https://www.trialregister.nl/trial/8706>.

Declaration of Conflicting Interests

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Supplemental Material

Supplemental material for this article is available online.

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