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Meta-analysis of individual-patient data from EVAR-1, DREAM, OVER and ACE trials comparing outcomes of endovascular or open repair for abdominal aortic aneurysm over 5 years

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Background: The erosion of the early mortality advantage of elective endovascular aneurysm repair (EVAR) compared with open repair of abdominal aortic aneurysm remains without a satisfactory explanation.

Methods: An individual-patient data meta-analysis of four multicentre randomized trials of EVAR *versus* open repair was conducted to a prespecified analysis plan, reporting on mortality, aneurysm-related mortality and reintervention.

Results: The analysis included 2783 patients, with 14 245 person-years of follow-up (median 5.5 years). Early (0–6 months after randomization) mortality was lower in the EVAR groups (46 of 1393 *versus* 73 of 1390 deaths; pooled hazard ratio 0.61, 95 per cent c.i. 0.42 to 0.89; $P = 0.010$), primarily because 30-day operative mortality was lower in the EVAR groups (16 deaths *versus* 40 for open repair; pooled odds ratio 0.40, 95 per cent c.i. 0.22 to 0.74). Later (within 3 years) the survival curves converged, remaining converged to 8 years. Beyond 3 years, aneurysm-related mortality was significantly higher in the EVAR groups (19 deaths *versus* 3 for open repair; pooled hazard ratio 5.16, 1.49 to 17.89; $P = 0.010$). Patients with moderate renal dysfunction or previous coronary artery disease had no early survival advantage under EVAR. Those with peripheral artery disease had lower mortality under open repair (39 deaths *versus* 62 for EVAR; $P = 0.022$) in the period from 6 months to 4 years after randomization.

Conclusion: The early survival advantage in the EVAR group, and its subsequent erosion, were confirmed. Over 5 years, patients of marginal fitness had no early survival advantage from EVAR compared with open repair. Aneurysm-related mortality and patients with low ankle:brachial pressure index contributed to the erosion of the early survival advantage for the EVAR group. Trial registration numbers: EVAR-1, ISRCTN55703451; DREAM (Dutch Randomized Endovascular Aneurysm Management), NCT00421330; ACE (Anévrisme de l'aorte abdominale, Chirurgie *versus* Endoprothèse), NCT00224718; OVER (Open *Versus* Endovascular Repair Trial for Abdominal Aortic Aneurysms), NCT00094575.

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Introduction

Open repair of abdominal aortic aneurysm (AAA) was first introduced by Dubost in 1951¹. In the 1990s, the less invasive endovascular aneurysm repair (EVAR) was introduced; EVAR-1², the first multicentre randomized trial of EVAR *versus* open repair, was started in 1999 in

the UK. This was soon followed by the DREAM³ and ACE⁴ multicentre trials in Europe, and the OVER trial⁵ in the USA.

Each of the randomized trials of EVAR *versus* open repair recruited patients (suitable for either open or endovascular repair) with slightly different entry characteristics

with respect to age, sex, aneurysm morphology and other demographics. The EVAR-1, DREAM and OVER trials all showed an early survival benefit for EVAR, whereas ACE did not. This early survival benefit for EVAR was lost within 1–3 years in the EVAR-1 and DREAM trials, but not until later in the OVER trial^{3,5,6}. This ‘catch-up’ in mortality has been noted in many other studies, including a Cochrane review⁷ and analyses of the Medicare database⁸, but no satisfactory explanation for this phenomenon has emerged. The Cochrane review⁷ was limited by not being able to report aneurysm-related mortality or subgroup analyses. Each trial individually has been too small to investigate the reasons for the catch-up mortality in the EVAR groups, or to answer the much discussed question of whether younger and fitter patients (or other subgroups) should be offered open repair, which is considered more durable than EVAR^{9,10}. This catch-up in mortality needs to be avoided if EVAR is to outperform open repair in the longer term. To try to address some of these issues, the investigators of the four RCTs agreed to pool their data for an individual-patient data meta-analysis.

Methods

In July 2013, MEDLINE, Embase and clinical trial databases were searched for randomized trials comparing open and endovascular repair of AAAs. The search terms used were: abdominal aortic aneurysm, AAA, endovascular, stent, open repair and randomized trial. From 275 reports, four eligible trials reporting mid-term follow-up were identified (*Appendix S1*, supporting information).

The methods for the four multicentre trials included in this meta-analysis have been published previously^{6,11–13}. The EVAR-1 trial randomized 1252 patients (90.7 per cent men), with aneurysm diameter more than 5.5 cm, between September 1999 and August 2004 in the UK. The DREAM trial randomized 351 patients (91.7 per cent men), with aneurysm diameter at least 5 cm, between November 2000 and December 2003 in the Netherlands and Belgium. The OVER trial randomized 881 patients (99.4 per cent men), with aneurysm diameter 5.0 cm or larger, between October 2002 and April 2008 at Veterans Affairs hospitals in the USA. The ACE trial randomized 306 patients (99.0 per cent men), with aneurysm diameter exceeding 5.0 cm, between March 2003 and March 2008 in France; seven patients withdrew consent before discharge from hospital. All patients were considered fit for open surgery under general anaesthesia and all trials used approved devices for EVAR, predominantly within the manufacturers’ instructions for use, and followed up patients for a minimum of 3 years.

The four data sets were merged based on fields available in the case record forms of the largest trial (EVAR-1); range checks were conducted and queries resolved with the individual trial coordinating centres. The common baseline variables across the trials were: age, sex, history of smoking, diabetes, coronary artery disease (defined as previous stable or unstable angina or myocardial infarction), BMI, maximum aneurysm diameter, proximal aortic neck length and diameter, ankle:brachial pressure index (ABPI) and creatinine concentration, used for calculation of estimated glomerular filtration rate (eGFR)¹⁴ but without information on ethnicity. Each trial also contained some data on hypertension, which was included in a modified Wilkins cardiovascular survival risk score¹⁵ (*Table S1*, supporting information). The reporting of both drug use (including antiplatelet and lipid-lowering agents) and reinterventions was very different in the four trials (particularly intestinal and wound-related reinterventions following open repair). The postoperative surveillance protocol was identical for both randomized groups in all trials, except for DREAM where, after 2 years, surveillance was relaxed for the open repair group. However, for complications, only endoleaks after EVAR were reported similarly across the trials; laparotomy-related complications were not.

Statistical analysis

The primary analyses considered the groups as randomized within each trial. Mortality after randomization was assessed at both 30 days, in hospital and then in three defined intervals: 0–6 months, 6 months to 4 years and more than 4 years after randomization. Aneurysm-related mortality included: death from primary aneurysm rupture; within 30 days of aneurysm repair or any reintervention; and rupture after repair. Given the different times between randomization and aneurysm repair in the four trials, aneurysm-related mortality also was assessed at 30 days, 31 days to 3 years and more than 3 years after aneurysm repair. Kaplan–Meier survival curves by randomized group were generated from the combined data from all four trials, and the restricted mean life-years up to a certain time estimated by the area under the curve up to that time¹⁶. Logistic regression was used to compare operative (30-day) and in-hospital mortality among patients who underwent aneurysm repair, and Cox proportional hazards regression to compare total and aneurysm-related mortality and time to reintervention. A two-stage individual-patient data meta-analysis was performed. First analyses were conducted separately within each trial and then pooled time period-specific estimates were calculated using random-effects meta-analysis,

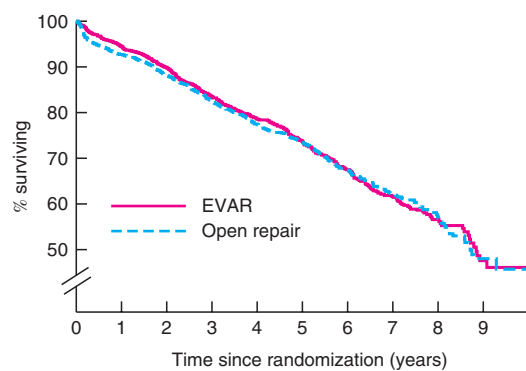
Table 1 Baseline and postrandomization characteristics of patients in the four trials

	EVAR-1 (n = 1252)	DREAM (n = 351)	OVER (n = 881)	ACE (n = 299)
Baseline variables				
Age (years)*	74(6)	70(7)	70(8)	69(7)
Men	1135 (90.7)	322 (91.7)	876 (99.4)	296 (99.0)
BMI (kg/m ²)*	26.5(4.5)	26.7(4.7)	28.6(5.4)	27.2(3.5)
Smoking status§				
Current smoker	270 (21.6)	130 (37.0)	363 (41.2)	72 (24.1)
Ex-smoker	863 (68.9)	78 (22.2)	481 (54.6)	75 (25.1)
Diabetes	128 (10.2)	35 (10.0)	200 (22.7)	49 (16.4)
Previous angina/MI	492 (39.3)	153 (43.6)	268 (30.4)	115 (38.5)
ABPI*¶	1.0(0.2)	1.0(0.2)	1.0(0.2)	n.a.
Creatinine (µmol/l)†	102 (90–119)	95 (84–109)	97 (80–110)	93 (82–110)
EQ-5D™ score*	0.82(0.12)	0.84(0.11)	0.85(0.09)	n.a.
AAA diameter (cm)*	6.5(0.9)	6.0(0.9)	5.7(0.9)	5.6(0.7)
AAA neck length (cm)*	2.8(1.2)	2.5(1.2)	2.6(1.2)	2.8(1.0)
AAA neck diameter (cm)*	2.35(0.30)	2.39(0.33)	2.26(0.35)	2.36(0.33)
Postrandomization parameters				
Time from randomization to repair (days)†‡	40 (1–576)	39 (3–209)	17 (0–290)	27 (1–203)
Commenced repair in compliance with randomization	1165 (93.1)	339 (96.6)	853 (96.8)	277 (92.6)
Follow-up for mortality (years)†	6.0 (3.9–7.3)	6.0 (5.0–6.8)	5.4 (4.1–6.8)	3.1 (2.1–3.4)
30-day operative mortality				
EVAR	11 of 614 (1.8)	2 of 170 (1.2)	1 of 439 (0.2)	2 of 150 (1.3)
Open repair	26 of 602 (4.3)	5 of 173 (2.9)	8 of 429 (1.9)	1 of 147 (0.7)
Reintervention rate‡				
EVAR	174 of 3381 (5.1)	77 of 906 (8.5)	155 of 2334 (6.6)	32 of 419 (7.6)
Open repair	64 of 3309 (1.9)	41 of 932 (4.4)	104 of 2276 (4.6)	10 of 408 (2.5)

Values in parentheses are percentages unless indicated otherwise; *values are mean(s.d.), †median (i.q.r.) and ‡rate per 100 person-years. §Ex-smokers in ACE and DREAM were defined as those smoking in the 10 years before randomization. ¶Mean and median ankle: brachial pressure index (ABPI) were almost identical. #For those who underwent aneurysm repair. EVAR, endovascular aneurysm repair; MI, myocardial infarction; n.a., not available; EQ, EuroQol (EuroQoL Group, Rotterdam, The Netherlands); AAA, abdominal aortic aneurysm. Between-trial differences were observed for all baseline characteristics ($P < 0.001$, Kruskal–Wallis test for continuous variables, Pearson's χ^2 test for categorical variables). Drug therapy was recorded so differently for each trial that it is not reported here.

with between-study heterogeneity estimated using the method of DerSimonian and Laird¹⁷. The proportion of between-trial variability beyond that expected by chance was quantified using the I^2 statistic¹⁸. All analyses were then repeated, adjusting for the following baseline co-variables: age, sex, maximum aneurysm diameter and log creatinine.

The subgroups age, sex, eGFR, coronary artery disease, ABPI, modified Wilkins cardiovascular survival risk score, maximum aneurysm diameter, proximal aneurysm neck diameter and neck length were assessed for differences in the effect of the EVAR and open strategies by including an interaction term between the subgroup and randomized group in a Cox regression model. All measures except for sex and coronary artery disease were entered as continuous variables to assess effect modification. Each interaction term was pooled across the trials using random-effects meta-analysis and its statistical significance assessed using a Wald test, taking the 5 per cent level as significant. For presentation purposes only (and not for assessing significance), hazard ratios are shown by dichotomizing continuous measures at chosen cut-off points (age 72



No. at risk	1393	1313	1228	1114	988	832	556	309	137
EVAR	1393	1313	1228	1114	988	832	556	309	137
Open repair	1390	1279	1200	1088	959	836	564	327	147

Fig. 1 Kaplan–Meier survival curves for overall total mortality, by randomized group, for all 2783 patients in the four trials combined. EVAR, endovascular aneurysm repair

years, eGFR 68.4 ml per min per 1.73 m², ABPI 0.9, cardiovascular risk score 2 major risk factors, maximum AAA diameter 5.9 cm, neck diameter 2.3 cm, neck length

Table 2 Unadjusted and adjusted hazard ratios for total mortality by time since randomization

	EVAR-1 (n = 1252)	DREAM (n = 351)	OVER (n = 881)	ACE (n = 299)	Pooled (n = 2783)
Proportion of patients who died*					
All patients					
EVAR	260 of 626 (7.5)	58 of 173 (6.2)	146 of 444 (6.3)	17 of 150 (4.1)	481 of 1393 (6.7)
Open repair	264 of 626 (7.7)	60 of 178 (6.2)	146 of 437 (6.4)	12 of 149 (2.9)	482 of 1390 (6.8)
Time since randomization					
0–6 months					
EVAR	26 of 626 (8.5)	6 of 173 (7.1)	11 of 444 (5.0)	3 of 150 (4.6)	46 of 1393 (6.7)
Open repair	45 of 626 (15.0)	10 of 178 (11.6)	17 of 437 (8.0)	1 of 149 (1.4)	73 of 1390 (10.9)
6 months to 4 years					
EVAR	125 of 599 (6.7)	33 of 167 (6.2)	73 of 433 (5.2)	13 of 146 (3.8)	244 of 1345 (5.9)
Open repair	116 of 581 (6.3)	25 of 168 (4.6)	78 of 420 (5.9)	10 of 146 (3.0)	229 of 1315 (5.7)
> 4 years					
EVAR	109 of 472 (8.4)	19 of 134 (6.0)	62 of 348 (8.6)	1 of 33 (17.7)	191 of 987 (8.2)
Open repair	103 of 461 (7.9)	25 of 143 (7.4)	51 of 331 (7.0)	1 of 23 (17.5)	180 of 958 (7.6)
Unadjusted hazard ratio†					
All patients	0.98 (0.82, 1.16)	1.00 (0.70, 1.44)	0.97 (0.77, 1.23)	1.52 (0.71, 3.25)	0.99 (0.87, 1.13)
Time since randomization					
0–6 months					
EVAR	0.57 (0.35, 0.92)	0.60 (0.22, 1.66)	0.63 (0.29, 1.34)	2.97 (0.31, 28.60)	0.61 (0.42, 0.89)¶
6 months to 4 years					
EVAR	1.06 (0.82, 1.37)	1.36 (0.81, 2.28)	0.89 (0.65, 1.23)	1.25 (0.55, 2.86)	1.04 (0.87, 1.25)
> 4 years					
EVAR	1.06 (0.81, 1.39)	0.81 (0.45, 1.47)	1.22 (0.85, 1.77)	–	1.07 (0.88, 1.32)
No. of patients in adjusted analysis					
	1246	339	881	281	2747
Adjusted hazard ratio†‡					
All patients	1.00 (0.84, 1.19)	0.88 (0.61, 1.27)	1.04 (0.82, 1.31)	1.43 (0.63, 3.22)	1.01 (0.89, 1.14)
Time since randomization					
0–6 months					
EVAR	0.58 (0.36, 0.95)	0.42 (0.14, 1.25)	0.62 (0.29, 1.33)	–§	0.57 (0.39, 0.84)¶
6 months to 4 years					
EVAR	1.08 (0.84, 1.40)	1.15 (0.68, 1.95)	0.94 (0.69, 1.30)	1.14 (0.49, 2.68)	1.05 (0.87, 1.26)
> 4 years					
EVAR	1.11 (0.85, 1.46)	0.79 (0.43, 1.44)	1.30 (0.89, 1.90)	–§	1.12 (0.91, 1.38)

Value in parentheses are *rate per 100 person-years and †95 per cent confidence intervals. ‡Adjusted for age, sex, maximum aneurysm diameter and log creatinine. §Too few events to estimate a hazard ratio. EVAR, endovascular aneurysm repair. ¶ $P < 0.050$.

2.5 cm), estimating the hazard ratios within each subgroup and pooling these across studies.

The hazard of reintervention following aneurysm repair was analysed using a multiple failure time model (*Appendix S1*, supporting information). In addition, for patients who received EVAR, mortality hazard ratios were investigated in individuals with and without a detected/treated type II endoleak (*Appendix S1*, supporting information).

All analyses were performed using Stata® version 13 (StataCorp, College Station, Texas, USA).

Results

A total of 2783 patients, with 14245 person-years of follow-up, were included in this meta-analysis. Baseline characteristics are shown in *Table 1*; there were significant intertrial differences for all variables. Patients in the

EVAR-1 trial were older and had larger aneurysms than patients in the other trials. Nearly all patients in the OVER and EVAR-1 trials had a history of smoking, compared with about half of those in the DREAM and ACE trials. Patients in the OVER trial had the highest BMI and this trial had the highest proportion of patients with diabetes. Postrandomization characteristics of the trials are also summarized in *Table 1*. The median follow-up was 6.0, 6.0, 5.4 and 3.1 years for EVAR-1, DREAM, OVER and ACE respectively, and 5.5 years for the pooled data. Compliance with randomized allocation was at least 92 per cent.

Total mortality

Over the follow-up of all four trials there were 481 deaths in the EVAR groups and 482 in the open repair groups. Kaplan–Meier curves by randomized group for total mortality across all four trials are shown in *Fig. 1*. Overall,

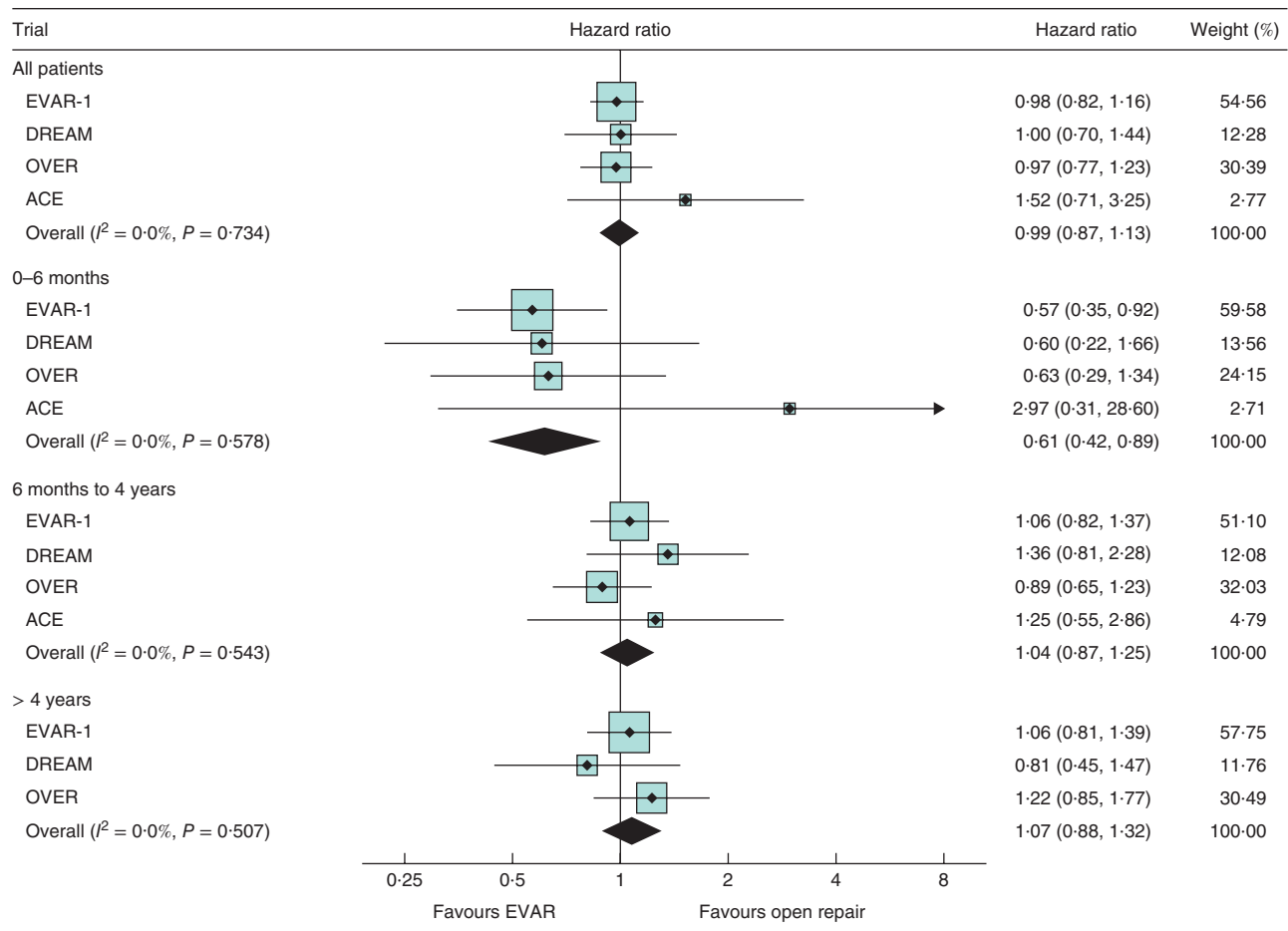


Fig. 2 Unadjusted hazard ratios, with 95 per cent confidence intervals, for total mortality overall and at 0-6 months, 6 months to 4 years and more than 4 years since randomization. EVAR, endovascular aneurysm repair

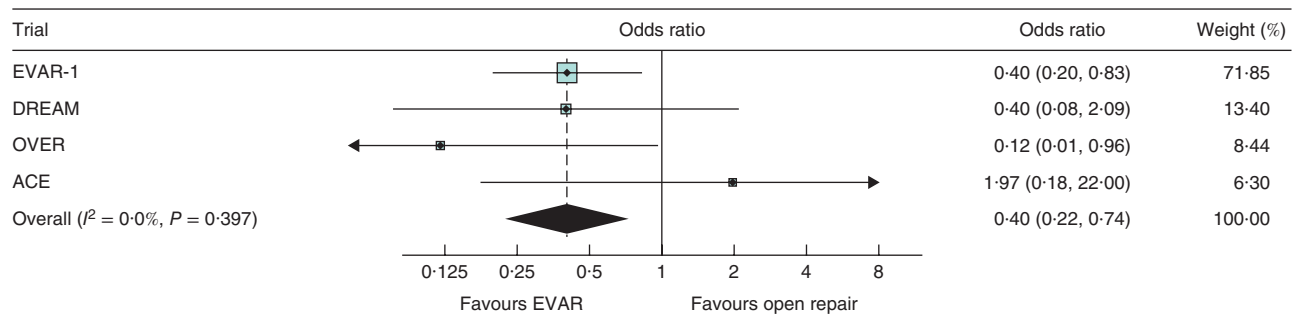


Fig. 3 Odds ratios, with 95 per cent confidence intervals, for mortality within 30 days of operation. EVAR, endovascular aneurysm repair

there was no difference in total mortality over the follow-up period of the trials (hazard ratio 0.99, 95 per cent c.i. 0.87 to 1.13) (Table 2, Fig. 2). Between 0 and 6 months, mortality was lower for the EVAR groups, with 46 deaths *versus* 73 for open repair (hazard ratio 0.61, 0.42 to 0.89) and no evidence of heterogeneity between the trials.

The early survival advantage of EVAR in the first 6 months was largely attributable to the lower 30-day operative mortality for EVAR *versus* open repair groups (unadjusted pooled odds ratio 0.40, 95 per cent c.i. 0.22 to 0.74) (Fig. 3). After this, the early advantage for the EVAR group was lost and the hazard ratios moved (non-significantly) in

Table 3 Unadjusted and adjusted hazard ratios for aneurysm-related mortality by time since operation for those who underwent surgery

	EVAR-1 (n = 1216)	DREAM (n = 343)	OVER (n = 868)	ACE (n = 297)	Pooled (n = 2724)
Proportion of patients who died*					
All patients					
EVAR	31 of 614 (0.9)	6 of 170 (0.7)	9 of 439 (0.4)	7 of 150 (1.7)	53 of 1373 (0.8)
Open repair	32 of 602 (1.0)	10 of 173 (1.1)	13 of 429 (0.6)	1 of 147 (0.3)	56 of 1351 (0.8)
Time since operation					
0–30 days					
EVAR	11 of 614 (22.0)	2 of 170 (14.3)	1 of 439 (2.8)	2 of 150 (16.4)	16 of 1373 (14.2)
Open repair	26 of 602 (53.7)	5 of 173 (35.5)	8 of 429 (22.9)	1 of 147 (8.3)	40 of 1351 (36.5)
31 days to 3 years					
EVAR	7 of 603 (0.4)	2 of 168 (0.4)	5 of 438 (0.4)	4 of 148 (1.1)	18 of 1357 (0.5)
Open repair	4 of 576 (0.3)	5 of 168 (1.1)	4 of 421 (0.3)	0 of 146 (0)	13 of 1311 (0.4)
> 3 years					
EVAR	13 of 498 (0.8)	2 of 140 (0.5)	3 of 380 (0.3)	1 of 78 (2.3)	19 of 1096 (0.6)
Open repair	2 of 484 (0.1)	0 of 146 (0)	1 of 352 (0.1)	0 of 72 (0)	3 of 1054 (0.1)
Unadjusted hazard ratio*					
All patients	0.94 (0.57, 1.54)	0.61 (0.22, 1.68)	0.68 (0.29, 1.59)	6.86 (0.84, 55.78)	0.89 (0.51, 1.56)
Time since operation					
0–30 days	0.41 (0.20, 0.83)	0.40 (0.08, 2.08)	0.12 (0.02, 0.97)	1.97 (0.18, 21.76)	0.41 (0.22, 0.74)¶
31 days to 3 years	1.69 (0.50, 5.77)	0.40 (0.08, 2.08)	1.20 (0.32, 4.47)	–§	1.07 (0.49, 2.36)
> 3 years	6.35 (1.43, 28.15)	–	3.18 (0.33, 30.64)	–§	5.16 (1.49, 17.89)¶
No. of patients in adjusted analysis					
	1211	331	868	280	2690
Adjusted hazard ratio†‡					
All patients	0.97 (0.59, 1.59)	0.44 (0.15, 1.30)	0.71 (0.30, 1.67)	–§	0.81 (0.55, 1.21)
Time since operation					
0–30 days	0.42 (0.21, 0.86)	0.21 (0.02, 1.85)	0.13 (0.02, 1.05)	–§	0.36 (0.19, 0.67)¶
31 days to 3 years	1.82 (0.52, 6.36)	0.32 (0.06, 1.65)	1.13 (0.29, 4.39)	–§	0.98 (0.38, 2.55)
> 3 years	6.58 (1.48, 29.21)	–	3.19 (0.33, 31.26)	–§	5.30 (1.52, 18.46)¶

Value in parentheses are *rate per 100 person-years and †95 per cent confidence intervals. ‡Adjusted for age, sex, maximum aneurysm diameter and log creatinine. §Too few events to estimate a hazard ratio. EVAR, endovascular aneurysm repair. ¶ $P < 0.050$.

the direction of open repair. Adjusted hazard ratios were similar. By 5 years, the estimated survival rate was 73.6 (95 per cent c.i. 71.1 to 75.9) per cent in both the EVAR and open repair groups, with an expected 0.06 additional life-years in the EVAR group, corresponding to 23 (95 per cent c.i. –16 to 61) days ($P = 0.246$). The causes of death by time period are shown in *Table S2* (supporting information).

Aneurysm-related mortality

The findings for aneurysm-related mortality were similar in direction, with relative benefit for the EVAR groups 0–6 months after randomization (25 in EVAR groups *versus* 55 in open repair groups; pooled unadjusted hazard ratio 0.44, 95 per cent c.i. 0.26 to 0.76). In later time periods, the

results moved in the direction of open repair: the pooled hazard ratio was 1.43 (95 per cent c.i. 0.61 to 3.34) for 6 months to 4 years and 2.29 (0.49 to 10.85) for over 4 years (*Fig. S1*, supporting information). For those who received aneurysm repair, analysis by time from repair showed a strong relative advantage for the EVAR group in the first 30 days; between 30 days and 3 years there was no difference between the groups, but after 3 years there was a significant relative advantage for the open repair group, with three aneurysm-related deaths *versus* 19 in the EVAR groups (hazard ratio 5.16, 1.49 to 17.89; $P = 0.010$) (*Table 3*).

Total mortality by subgroups

There was no significant effect of age or sex on the relative effectiveness of EVAR in preventing deaths

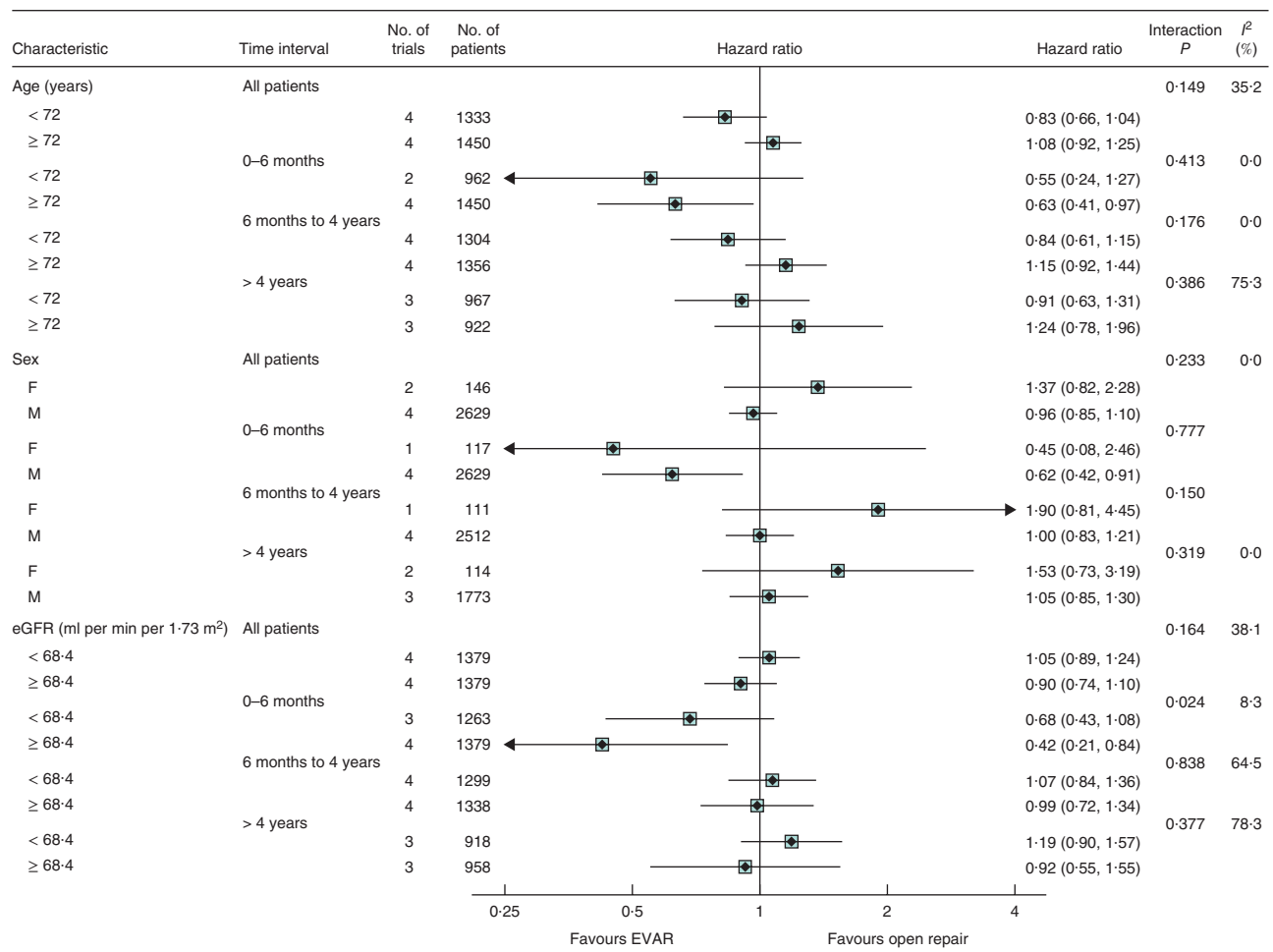


Fig. 4 Unadjusted hazard ratios, with 95 per cent confidence intervals, for total mortality by subgroups of age, sex and estimated glomerular filtration rate (eGFR), overall and at 0–6 months, 6 months to 4 years and more than 4 years since randomization. Interaction *P* values for age and eGFR were calculated using continuous measures (median eGFR 68.4 ml per min per 1.73 m²). Not all trials contributed to the subgroup analyses or every time point. Hazard ratios for sex could not be estimated in the OVER and ACE trials owing to small numbers of women. EVAR, endovascular aneurysm repair

in any time period, including the first 6 months after randomization (Fig. 4). There were two subgroups of patients who appeared to have no early benefit (to 6 months) under EVAR *versus* open repair: patients with moderate renal dysfunction and those with coronary artery disease. For those with above-median eGFR, the pooled hazard ratio of 0.42 (95 per cent c.i. 0.21 to 0.84) was significantly in favour of EVAR, compared with the less favourable and non-significant pooled hazard ratio of 0.68 (0.43 to 1.08) for those with worse renal function; therefore, the interaction between eGFR measure and treatment group was significant (interaction *P* = 0.024) (Fig. 4). Similarly, patients with coronary artery disease gained no early advantage of being in the EVAR group, in

comparison with patients without previous coronary artery disease (interaction *P* = 0.047) (Fig. 5). None of the morphological aneurysm characteristics, smoking, diabetes or BMI was associated with mortality (Figs S2 and S3, supporting information).

Baseline ABPI was not available for the ACE trial. In the other trials, patients with peripheral artery disease (ABPI below 0.9) had a similar early survival advantage from being in the EVAR group as those with a higher ABPI (0.9 or above). However, in the 6-month to 4-year time interval, among those with an ABPI lower than 0.9, the open repair group had a survival advantage (39 deaths *versus* 62 in EVAR group; hazard ratio 1.67, 1.12 to 2.49), in comparison with patients with an ABPI of at least

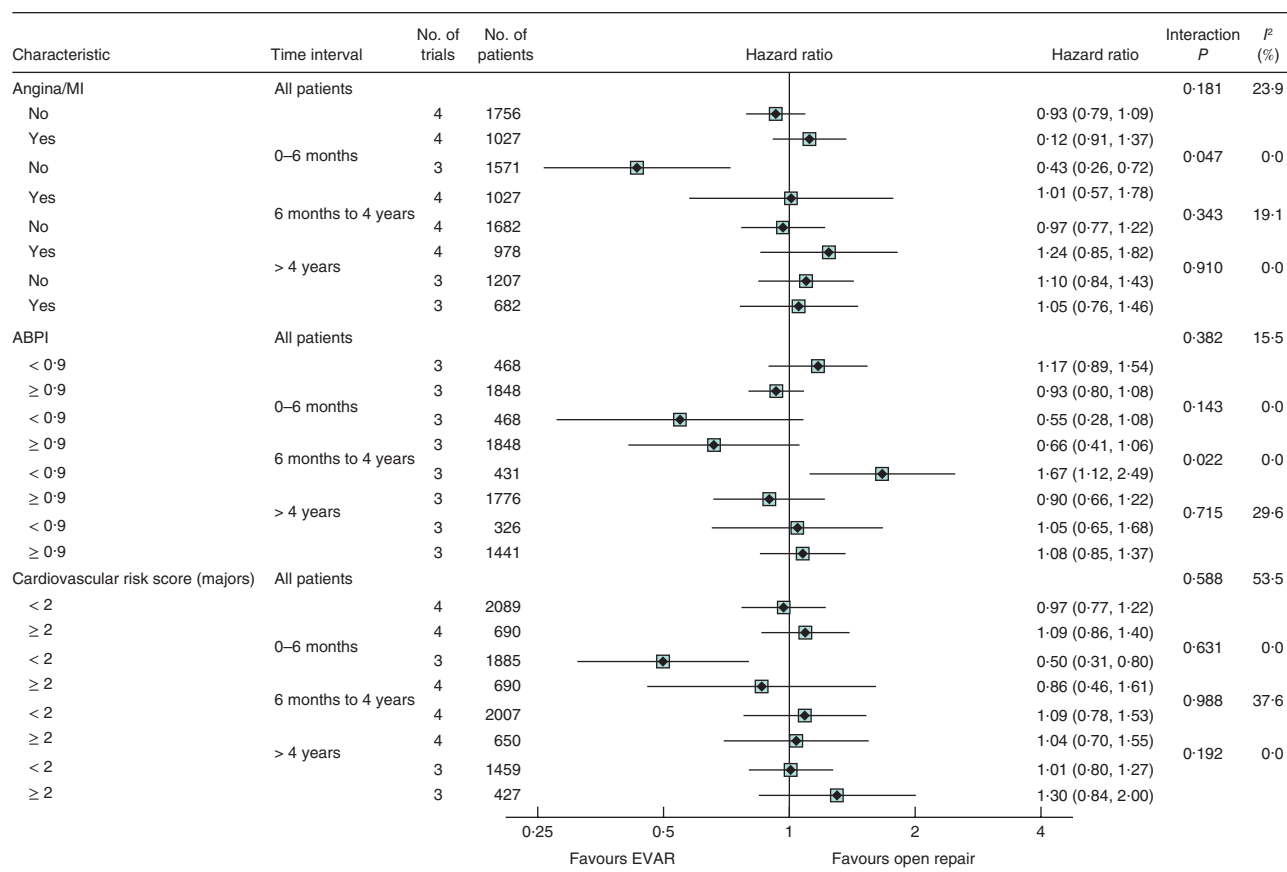


Fig. 5 Unadjusted hazard ratios, with 95 per cent confidence intervals, for total mortality by subgroups of history of angina or myocardial infarction (MI), ankle : brachial pressure index (ABPI) and cardiovascular risk score, overall and at 0–6 months, 6 months to 4 years and more than 4 years since randomization. Interaction *P* values for ABPI and cardiovascular risk score were calculated using continuous measures. Not all trials contributed to the subgroup analyses or every time point. The ACE trial did not report ABPI so is not included in these results. EVAR, endovascular aneurysm repair

0.9 (interaction *P* = 0.022). During this interval, in those with an ABPI lower than 0.9, total mortality rates were 9.6 and 5.7 per 100 person-years in the EVAR and open repair groups respectively, compared with 5.1 and 5.8 per 100 person-years respectively in the group with a higher ABPI. The cause of death in the two ABPI groups by time period is shown in *Table S3* (supporting information). Analysis of the operative mortality by subgroup showed that patients with a low ABPI had the highest mortality rate (*Table S4*, supporting information), and this group had higher aneurysm-related mortality throughout. Finally, a cardiovascular risk score was not discriminatory in any time period.

Complications and reinterventions

Complications (apart from endoleaks after EVAR) and reinterventions were reported heterogeneously across the

four trials. The overall rates of reintervention reported were higher in the EVAR group than in the open repair group for all trials (*Table 1*). The risk of reintervention by time period following aneurysm repair is shown in *Fig. S4* (supporting information); there was substantial heterogeneity between trials for reinterventions recorded between 31 days and 3 years.

There was no indication that complications following EVAR decreased with the year in which the trial commenced: these rates, together with types and numbers of complications, are reported in *Table S5* (supporting information). The commonest reported complication after EVAR was type II endoleak, which overall was reported 435 times in 325 of 2783 patients (11.7 per cent). Corrective reintervention was performed in 99 of 435 detected type II endoleaks (22.8 per cent). There was no evidence that a detected type II endoleak (either treated or untreated) was

associated with worse overall survival (*Table S6*, supporting information). The second most common type of complication was type I endoleak, for which 79 of 120 (65.8 per cent) received an early reintervention. Similarly, early correction of other serious EVAR-related complications was attempted in less than two-thirds of patients. Secondary sac rupture was reported in 37 patients: 33 in the EVAR randomized groups (2.4 per cent of patients) and four in the open groups (0.3 per cent), although all four of the latter patients were treated with EVAR. For those with secondary rupture following treatment with EVAR, the median time to rupture was 3.5 years (*Fig. S5*, supporting information). Of these patients, 11 had a type I endoleak, of which seven were treated, seven had a type II endoleak, of which three were treated, two had a type III endoleak, of which one was treated, and nine had known graft migration. Nineteen patients had no endoleaks detected before secondary sac rupture and one further patient had a thoracic endograft for proximal aortic dissection 3 days earlier. The mean time between detection of the first endoleak and rupture was 1.8 years. The 30-day mortality rate following rupture was 62 per cent (23 of 37).

Discussion

These four randomized trials, in Europe and the USA, provide the best evidence for the early survival advantage offered by EVAR rather than open repair. Patients prefer EVAR, the less invasive method of AAA repair, which has been adopted widely, and the majority of elective repairs are now performed using EVAR^{8,19,20}. This meta-analysis, over a 5-year time horizon, confirms that, overall, there is an early survival advantage for EVAR, which is lost within 3 years of randomization, so that the life-years saved from EVAR over 5 years are minimal. Between 0 and 6 months after randomization, total and aneurysm-related mortality rates were lower for the EVAR group, mainly because of the 2.5-fold lower 30-day operative mortality in this group. However, after this interval, the early EVAR group advantage was eroded progressively. By 3 years after aneurysm repair, aneurysm-related mortality was five times higher in the EVAR group (mainly due to secondary rupture or reinterventions) and this is likely to have contributed to the 'catch-up' in mortality.

Further investigations focused on whether the early survival advantage was either maintained or lost in subgroups of patients categorized by preoperative characteristics. Over a 5-year time horizon, there was no convincing evidence that being randomized to EVAR or open repair resulted in differential survival between any subgroups of the population. This does not support the suggestion

that younger and fitter patients with aortic morphology suitable for EVAR are likely to benefit from open repair over 5 years⁹. However, differential effect modification was suggested in some subgroups (renal dysfunction, coronary artery disease) in the first 6 months and for those with peripheral artery disease in the later 6-month to 4-year time interval, possibly owing to frailty effects.

Low ABPI was introduced as a measure of peripheral atherosclerosis²¹ and is a marker of generalized atherosclerosis²². This subgroup had the highest pooled operative mortality, although the relative early advantage of EVAR was maintained. However, between 6 months and 4 years, fortunes reversed in favour of a survival advantage for the open repair group, a pattern that indicates those with a low ABPI are another contributor to the 'catch-up' in mortality.

All trials enrolled patients with evidence of moderate renal dysfunction, with 35 per cent of the overall enrolment having an eGFR below 60 ml per min per 1.73 m² (chronic kidney disease stage 3 or above). For these patients, there was no evidence of a benefit from being randomized to EVAR (*versus* open repair), even in the first 6 months. These data are in agreement with an earlier observational study²³ showing a high early postoperative event rate for patients with low eGFR. Whether renal function deteriorates more rapidly after either elective EVAR or open repair of an AAA has been debated fiercely, and less attention has been focused on improving perioperative care²⁴. Similarly, patients with known coronary artery disease had no evidence of an early survival advantage from being randomized to EVAR. Given that EVAR is less invasive than open repair, these findings for patients with moderate renal dysfunction and coronary artery disease are surprising. Perhaps the stress of EVAR in these subgroups has been underestimated. It also is possible that those randomized to EVAR received less stringent preoperative evaluations, resulting in better perioperative care for the open repair group with these co-morbidities.

This study has several limitations that restrict its scope. First, endografts were implanted between 1999 and 2008 using general anaesthesia and today newer endografts are being used, often with local anaesthesia. Second, there were different reporting standards across the trials for baseline characteristics such as smoking and drugs. Third, the reporting of complications and reinterventions (aneurysm-related and other cardiovascular) was very heterogeneous across the trials. Fourth, today it is recognized that type II endoleaks with sac enlargement can be dangerous²⁵ and that a type II endoleak might even hide a type I or type III endoleak. Fifth, at the time these trials recruited (1999–2008), no trial had a clear policy for

reintervention in the presence of endoleaks after EVAR; even serious complications such as type I endoleak were not always corrected quickly, which may have contributed to the increasing aneurysm-related mortality rate in the EVAR group at 3 or more years after aneurysm repair.

The reintervention rate was consistently higher in the EVAR groups (Table 1), although the data are heterogeneous and the largest trial did not report incision-related complications after open repair. It would be reassuring to learn that by using more recent EVAR devices, according to the instructions for use, coupled with more rigorous surveillance, the continuing aneurysm-related mortality in the EVAR group could be attenuated to minimize the 'catch-up' in mortality. To rely entirely on the introduction of new devices to prevent aneurysm-related mortality in the EVAR group, especially without adequate surveillance, may be unwise. Recent analyses⁸ of the Medicare database support this caution. Correction of the commonest reported complication of EVAR, type II endoleak, had no effect on survival.

This meta-analysis confirms the advantage of lower mortality in the EVAR group in the first 6 months and provides some new insight of how this early advantage of EVAR is eroded (aneurysm-related mortality and inclusion of those with peripheral artery disease). Additionally, two subgroups of patients were identified who do not have lower mortality with EVAR at any time, suggesting that patients with moderate renal dysfunction and those with established coronary artery disease might benefit from improved perioperative care, especially for EVAR. Surveillance must focus on reducing aneurysm-related deaths in the mid and longer term, particularly deaths resulting from reinterventions and secondary ruptures after EVAR.

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Supporting information

Additional supporting information can be found online in the Supporting Information section at the end of the article.