Gonads or body?

van Rosmalen, Laura; van Dalum, Jayme; Hazlerigg, David G; Hut, Roelof A

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Title: Gonads or body? Differences in gonadal and somatic photoperiodic growth response in two vole species.

Running title: Development of photoperiodic responses

Authors: Laura van Rosmalen[1], Jayme van Dalum[2], David G. Hazlerigg[2], Roelof A. Hut[1]

1 Chronobiology Unit, Groningen Institute for Evolutionary Life Sciences, University of Groningen, Groningen, The Netherlands.

2 Department of Arctic and Marine Biology, UiT - the Arctic University of Norway, Tromsø, Norway.

Corresponding author: L.van.rosmalen@rug.nl

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Summary statement: Development of the neuroendocrine system driving photoperiodic responses in gonadal and somatic growth differ between the common and the tundra vole, indicating that they use a different breeding strategy.

List of abbreviations:

ARC - arcuate nucleus

Dio2 - iodothyronine-deiodinase 2

Dio3 - iodothyronine-deiodinase 3

GH - growth hormone

GnRH - gonadotropin-releasing hormone

Kiss1 – Kisspeptin

KNDy - kisspeptin/neurokininB/Dynorphin

LP – long photoperiod

Mtnr1a (*Mt1*) – melatonin receptor 1a

Npvf (*Rfrp3*) – neuropeptide VF precursor

PNES – photoperiodic neuroendocrine system

PT – pars tuberalis

SCN - suprachiasmatic nucleus

SP – short photoperiod

Tshβ - thyroid-stimulating-hormone-β subunit

Tshr - thyroid-stimulating-hormone receptor

Abstract

To optimally time reproduction, seasonal mammals use a photoperiodic neuroendocrine system (PNES) that measures photoperiod and subsequently drives reproduction. To adapt to late spring arrival at northern latitudes, a lower photoperiodic sensitivity and therefore a higher critical photoperiod for reproductive onset is necessary in northern species to arrest reproductive development until spring onset. Temperature-photoperiod relationships, and hence food availability-photoperiod relationships, are highly latitude dependent. Therefore, we predict PNES sensitivity characteristics to be latitude-dependent. Here, we investigated photoperiodic responses at different times during development in northern (tundra/root vole, *Microtus oeconomus*) and southern vole species (common vole, *Microtus arvalis*) exposed to constant short (SP) or long photoperiod (LP). Although, the tundra vole grows faster under LP, no photoperiodic effect on somatic growth is observed in the common vole. Contrastingly, gonadal growth is more sensitive to photoperiod in the common vole, suggesting that photoperiodic responses in somatic and gonadal growth can be plastic, and might be regulated through different mechanisms. In both species, thyroid-stimulating-hormone-β subunit (*Tshβ*) and iodothyronine- deiodinase 2 (*Dio2*) expression is highly increased under LP, whereas *Tshr* and *Dio3* decreases under LP. High *Tshr* levels in voles raised under SP may lead to increased sensitivity to increasing photoperiods later in life. The higher photoperiodic induced *Tshr* response in tundra voles suggests that the northern vole species might be more sensitive to TSH when raised under SP. In conclusion, species differences in developmental programming of the PNES, which is dependent on photoperiod early in development, may form different breeding strategies evolving as part of latitudinal adaptation.

Introduction

Organisms use intrinsic annual timing mechanisms to adaptively prepare behavior, physiology, and morphology for the upcoming season. In temperate regions, decreased ambient temperature is associated with reduced food availability during winter which will impose increased energetic challenges which may, dependent on the species, prevent the possibility of successfully raising offspring. Annual variation in ambient temperature shows large fluctuations between years, with considerable day to day variations, whereas annual changes in photoperiod provide a consistent year-on-year signal for annual phase. This has led to convergent evolutionary processes in many organisms to use day length as the most reliable cue for seasonal adaptations.

In mammals, the photoperiodic neuroendocrine system (PNES) measures photoperiod and subsequently drives annual rhythms in physiology and reproduction (Fig. 1) (for review see Dardente et al., 2018; Hut, 2011; Nakane and Yoshimura, 2019). The neuroanatomy of this mechanism has been mapped in detail and genes and promoter elements that play a crucial role in this response pathway have been identified in several mammalian species (Dardente et al., 2010; Hanon et al., 2008; Hut, 2011; Masumoto et al., 2010; Nakao et al., 2008; Ono et al., 2008; Sáenz De Miera et al., 2014; Wood et al., 2015), including the common vole (Król et al., 2012).

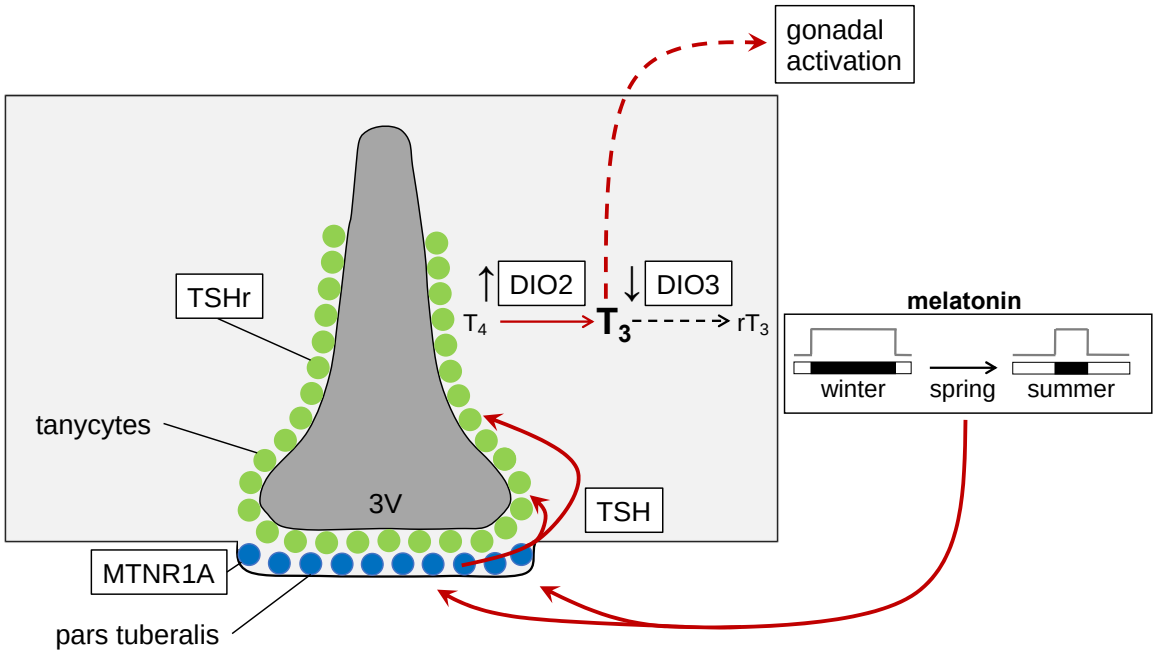

Figure 1. The photoperiodic neuroendocrine system (PNES) of a long-day breeding mammal. Light is perceived by specialized mammalian non-visual retinal photoreceptors that signal to the suprachiasmatic nucleus (SCN). The SCN acts via the paraventricular nucleus (PVN) on the pineal gland, such that the duration of melatonin production during darkness changes over the year to represent the inverse of day length. Melatonin binds to its receptor (MTNR1A/ MT1) in the pars tuberalis (PT) of the anterior lobe of the pituitary gland (Gall et al., 2002; Gall et al., 2005; Klosen et al., 2019; Williams and Morgan, 1988). Under long days, pineal melatonin is released for a short duration and thyroid stimulating hormone β subunit (Tshβ) is increased in the pars tuberalis, forming an active dimer (TSH) with chorionic gonadotropin α-subunit (α-GSU) (Magner, 1990). PT-derived TSH acts locally through TSH receptors (TSHr) found in the tanycytes in the neighbouring mediobasal hypothalamus (MBH). The tanycytes produce increased iodothyronine deiodinase 2 (DIO2) and decreased DIO3 levels (Guerra et al., 2010; Hanon et al., 2008; Nakao et al., 2008), which leads to higher levels of the active form of thyroid hormone (T_3) and lower levels of inactive forms of thyroid hormone (T4 and rT3) (Lechan and Fekete, 2005). In small mammals, it is likely that T_3 acts 'indirectly', through KNDy (kisspeptin/neurokininB/Dynorphin) neurons of the arcuate nucleus (ARC) (for review see Simonneaux, 2020) in turn controlling the activity of gonadotropin-

releasing hormone (GnRH) neurons. GnRH neurons project to the pituitary to induce gonadotropin release, which stimulates gonadal growth. Arrow connectors indicate stimulatory connections.

Voles are small grass-eating rodents with a short gestation time (i.e. 21 days). They can have several litters a year, while their offspring can reach sexual maturity within 40 days during spring and summer. Overwintering voles may however delay reproductive activity by as much as 7 months (Wang et al., 2019). In small rodents, photoperiods experienced early in development determines growth rate and reproductive development. Photoperiodic reactions to intermediate day lengths depend on prior photoperiodic exposure (Hoffmann, 1973; Horton, 1984a; Horton, 1984b; Horton, 1985; Horton and Stetson, 1992; Prendergast et al., 2000; Sáenz de Miera et al., 2017; Stetson et al., 1986; Yellon and Goldman, 1984). By using information about day length early in life, young animals will be prepared for the upcoming season. Presumably, crucial photoperiod-dependent steps in PNES development take place in young animals to secure an appropriate seasonal response later in life (Dalum et al., 2020; Sáenz de Miera et al., 2017; Sáenz de Miera et al., 2020; Sáenz De Miera, 2019). In Siberian hamsters, photoperiodic programming takes place downstream of melatonin secretion at the level of *Tshr*, with expression increased in animals born under SP, associated with subsequent increases in TSH sensitivity (Sáenz de Miera et al., 2017).

Primary production in the food web of terrestrial ecosystems is temperature-dependent (Robson, 1967; Peacock, 1976; Malyshev *et al*., 2014). Small herbivores may therefore show reproductive development either as a direct response to temperature increases (opportunistic response), or as a response to photoperiod which forms an annual proxy for seasonal temperature changes (photoperiodic response), or a combination of the two (Caro et al., 2013). *Microtus* species adjust their photoperiodic response such that reproduction in spring starts when primary food production starts (Baker, 1938).

Photoperiodically induced reproduction should start at longer photoperiods at more northern populations, since a specific ambient spring temperature at higher latitudes coincides with longer photoperiods compared to lower latitudes (Hut et al., 2013). To adapt to late spring arrival at northern latitudes, a lower sensitivity to photoperiod, and therefore, a longer critical photoperiod is expected to be necessary in northern species. This is crucial to arrest reproductive development until arrival of spring. Moreover, (epi)genetic adaptation to local annual environmental changes may create latitudinal differences in photoperiodic responses and annual timing mechanisms.

Microtus is a genus of voles found in the northern hemisphere, ranging from close to the equator to arctic regions, which makes it an excellent genus to study latitudinal adaptation of photoperiodic responses (for review see Hut et al., 2013). In order to understand the development of the PNES for vole species with different paleogeographic origins, we investigated photoperiodic responses at different time points during development by exposing northern- (tundra/root vole, *Microtus oeconomus* (Pallas, 1776)) and southern vole species (common vole, *Microtus* arvalis (Pallas, 1778)) to constant short- or long photoperiods in the laboratory. Animals from our two vole lab populations originate from the same latitude in the Netherlands (53°N) where both populations overlap. This is for the common vole the center (mid-latitude) of its distribution range (38-62°N), while our lab tundra voles originate from a postglacial relict population at the southern boundary of its European geographical range (48-72°N). Assuming that the latitudinal distribution range is limited by seasonal adaptation, it is expected that latitudinal adaptation is optimal at the center of the distribution and suboptimal towards the northern and southern boundaries. Although this assumption remains to be confirmed at the genetic and physiological level, it does lead to the expectation that the PNES of the common vole is better adapted to the local annual environmental changes of the Netherlands (53°N, distribution center) than that of the tundra vole which is at its southern distribution boundary. Because lower latitudes have higher spring temperatures at a specific photoperiod (Hut et al., 2013), we hypothesize that gonadal activation through PNES signaling occurs under shorter photoperiods in common voles than in tundra voles.

Materials and methods

Animals and experimental procedures

All experimental procedures were carried out according to the guidelines of the animal welfare body (IvD) of the University of Groningen, and all experiments were approved by the Centrale Commissie Dierproeven) of the Netherlands (CCD, license number: AVD1050020171566). The Groningen common vole breeding colony started with voles (*M.* arvalis) obtained from the Lauwersmeer area (Netherlands, 53° 24’ N, 6° 16’ E) (Gerkema et al., 1993), and was occasionally supplemented with wild caught voles from the same region to prevent the lab population from inbreeding. The Groningen tundra vole colony started with voles (*M.* oeconomus) obtained from four different regions in the Netherlands (described in Van de Zande et al., 2000). Both breeding colonies were maintained at the University of Groningen as outbred colonies and provided the voles for this study. All breeding pairs were kept in climate controlled rooms, at an ambient temperature of 21 ±1°C and 55 ±5% relative humidity and

housed in transparent plastic cages (15 x 40 x 24 cm) provided with sawdust, dried hay, an opaque pvc tube and *ad libitum* water and food (standard rodent chow, #141005; Altromin International, Lage, Germany). Over the last four years, our captive lab populations are housed under LP conditions (16h light: 8h dark) and switched to SP (8h light: 16h dark) for ~2 months at least twice a year.

The voles used in the experiments (61 males, 56 females) were both gestated and born under either a long photoperiod (LP, 16h light: 8h dark) or a short photoperiod (SP, 8h light: 16h dark). In the center of the distribution range of *M. arvalis*, 16L:8D in spring occurs on 17 May, and 8L:16D occurs on 13 January. In the center of the distribution range of *M. oeconomus*, 16L:8D in spring occurs on 1 May, and 8L:16D occurs on 1 February. Maximum and minimum photoperiods experienced by *M. arvalis* and *M. oeconomus* at the center of its distributional range are 17L:7D, 7.5L:16.5D, 19L:5D, 6L:18D respectively. Pups were weaned and transferred to individual cages (15 x 40 x 24 cm) when 21 days old but remained exposed to the same photoperiod as during both gestation and birth. All voles were weighed at post-natal day 7, 15, 21, 30, 42 and 50 (Fig. 2).

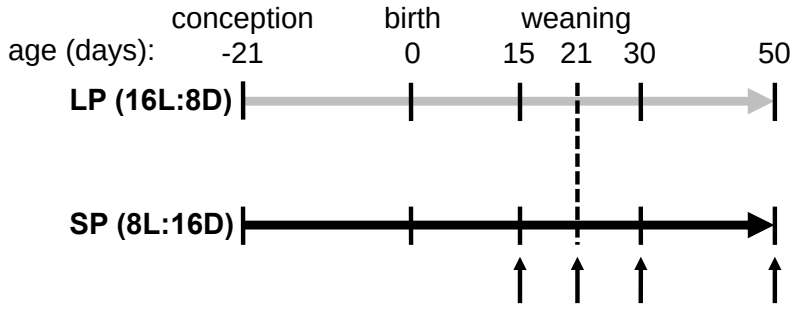

Figure 2. Experimental design. Animals were constantly exposed to either LP or SP from gestation onwards. Arrows indicate sampling points for tissue collection. Age in days is depicted above the timeline. Vertical dashed line represents time of weaning (21 days old).

Tissue collections

In order to follow development, animals were sacrificed by decapitation 17±1 hours after lights off (*Tshβ* expression peaking in pars tuberalis (Masumoto et al., 2010)), at an age of 15, 21, 30 and 50 days old. Brains were removed with great care to include the stalk of the pituitary containing the pars tuberalis. The hypothalamus with the pars tuberalis were dissected as described in Prendergast et al., 2013: the optic chiasm at the anterior border, the mammillary bodies at the posterior border, and laterally at the hypothalamic sulci. The remaining hypothalamic block was cut dorsally 3-4 mm from the ventral surface. The extracted hypothalamic tissue was flash frozen in liquid N_2 and stored at -80°C until RNA extraction.

Reproductive organs were dissected and cleaned of fat, and wet masses of paired testis, paired ovary and uterus were measured (±0.0001 g).

RNA extraction, Reverse Transcription and Real-time quantitative PCR

Total RNA was isolated from the dissected part of the hypothalamus using TRIzol reagent according to the manufacturer's protocol (Invitrogen™, Carlsbad, California, United States). In short, frozen pieces of tissue (~0.02 g) were homogenized in 0.5 ml TRIzol reagent in a TissueLyser II (Qiagen, Hilden, Germany) (2 x 2 minutes at 30 Hz) using tubes containing a 5mm RNase free stainless-steel bead. Subsequently 0.1 ml chloroform was added for phase separation. Following RNA precipitation by 0.25 ml of 100% isopropanol, the obtained pellet was washed with 0.5 ml of 75% ETOH. Depending on the size, RNA pellets were diluted in an adequate volume of RNase-free H_2O (range 20-50 µL) and quantified on a Nanodrop 2000 (Thermoscientific™, Waltham, Massachusetts, United States). RNA concentrations were between 109-3421 ng/µL and ratio of the absorbance at 260/280 nm was between 1.62-2.04. After DNA removal by DNase I treatment (Invitrogen™, Carlsbad, California, United States), equal quantity of RNA from each sample was used for cDNA synthesis by using RevertAid H minus first strand cDNA synthesis reagents (Thermoscientific™, Waltham, Massachusetts, United States). 40 µL Reverse Transcription (RT) reactions were prepared using 2 µg RNA, 100 µM Oligo$(dT)_{18}$, 5x Reaction buffer, 20 U/µL RiboLock RNase Inhibitor, 10 mM dNTP Mix, RevertAid H Minus Reverse Transcriptase (200 U/µL). Concentrations used for RT reactions can be found in the supplementary information (table S1). RNA was reversed transcribed by using a thermal cycler (S1000™, Bio-Rad, Hercules, California, United States). Incubation conditions used for RT were: 45°C for 60 minutes followed by 70°C for 5 minutes. Transcript levels were quantified by Real-Time qPCR using SYBR Green (KAPA SYBR FAST qPCR Master Mix, Kapa Biosystems). 20 µL (2 µL cDNA + 18 µL Mastermix) reactions were carried out in duplo for each sample by using 96-well plates in a Fast Real-Time PCR System (CFX96, Bio-Rad, Hercules, California, United States). Primers for genes of interest were designed using Primer-BLAST (NCBI) and optimized annealing temperature (Tm) and primer concentration. All primers used in this study were designed based on the annotated *Microtus ochrogaster* genome (NCBI:txid79684, GCA_000317375.1), and subsequently checked for gene specificity in the genomes of the common vole (*Microtus arvalis*) and the tundra vole (*Microtus oeconomus*), which were published by us on NCBI (NCBI:txid47230, GCA_007455615.1 and NCBI:txid64717, GCA_007455595.1) (tableS2). Thermal cycling conditions used can be found in the

supplementary information (table S3). Relative mRNA expression levels were calculated based on the ΔΔCT method using *Gapdh* as the reference (housekeeping) gene (Pfaffl 2001).

Statistical analysis

Sample size (n = 4) was determined by a power calculation (α = 0.05, power = 0.80) based on the effect size (d = 2.53) of an earlier study, in which gonadal weight was assessed in female voles under three different photoperiods (Król et al., 2012). Effects of age, photoperiod and species on body mass, reproductive organs and gene expression levels were determined using a type I two-way ANOVA. Tukey HSD post-hoc pairwise comparisons were used to compare groups at specific ages. Statistical significance was determined at $p < 0.05$. Statistical results can be found in the supplementary information (table S4). All statistical analyses were performed using RStudio (version 1.2.1335) (R Core Team, 2013), and figures were generated using the ggplot2 package (Wickham, 2016).

Results

Body mass responses for males and females

Photoperiod during gestation did not affect birth weight in either species (Fig. 3A,B). Both tundra vole males and females grow faster under LP compared to SP conditions (males, $F_{1,303} = 15.0$, $p < 0.001$; females, $F_{1,307} = 10.2$, $p < 0.01$) (Fig. 3A,B). However, no effect of photoperiod on body mass over time was observed in common vole males or females (males, $F_{1,243} = 2.1$, ns; females, $F_{1,234} = 0.6$, ns) (Fig. 3A,B).

Gonadal responses for males

Common vole males show faster testis growth under LP compared to SP (testis, $F_{1,33} = 17.01$, $p < 0.001$; GSI, $F_{1,33} = 32.2$, $p < 0.001$) (Fig. 3C,E). This photoperiodic effect on testis development is less pronounced in tundra voles (testis, $F_{1,35} = 8.3$, $p < 0.01$; GSI, $F_{1,35} = 9.3$, $p < 0.01$) (Fig. 3C,E).

Gonadal responses for females

Common vole female gonadal weight (i.e. paired ovary + uterus) is slightly higher in the beginning of development (until 30 days old) under SP compared to LP conditions ($F_{1,17} = 10.4$, $p < 0.01$) (Fig. 3D), while the opposite effect was observed in tundra voles ($F_{1,36} = 9.0$, $p < 0.01$) (Fig. 3D). For both species, these photoperiodic effects disappeared when gonadal mass was corrected for body mass (common vole, $F_{1,17} = 2.5$, ns; tundra vole, $F_{1,36} = 2.3$, ns) (Fig.

3F). Interestingly, gonadal weight is significantly increasing in 30-50 days old LP common vole females ($F_{1,5} = 7.7$, $p < 0.05$) (Fig. 3D), but not in tundra vole ($F_{1,11} = 2.2$, ns) or under SP conditions (common vole, $F_{1,7} = 0$, ns; tundra, $F_{1,7} = 1.0$, ns).

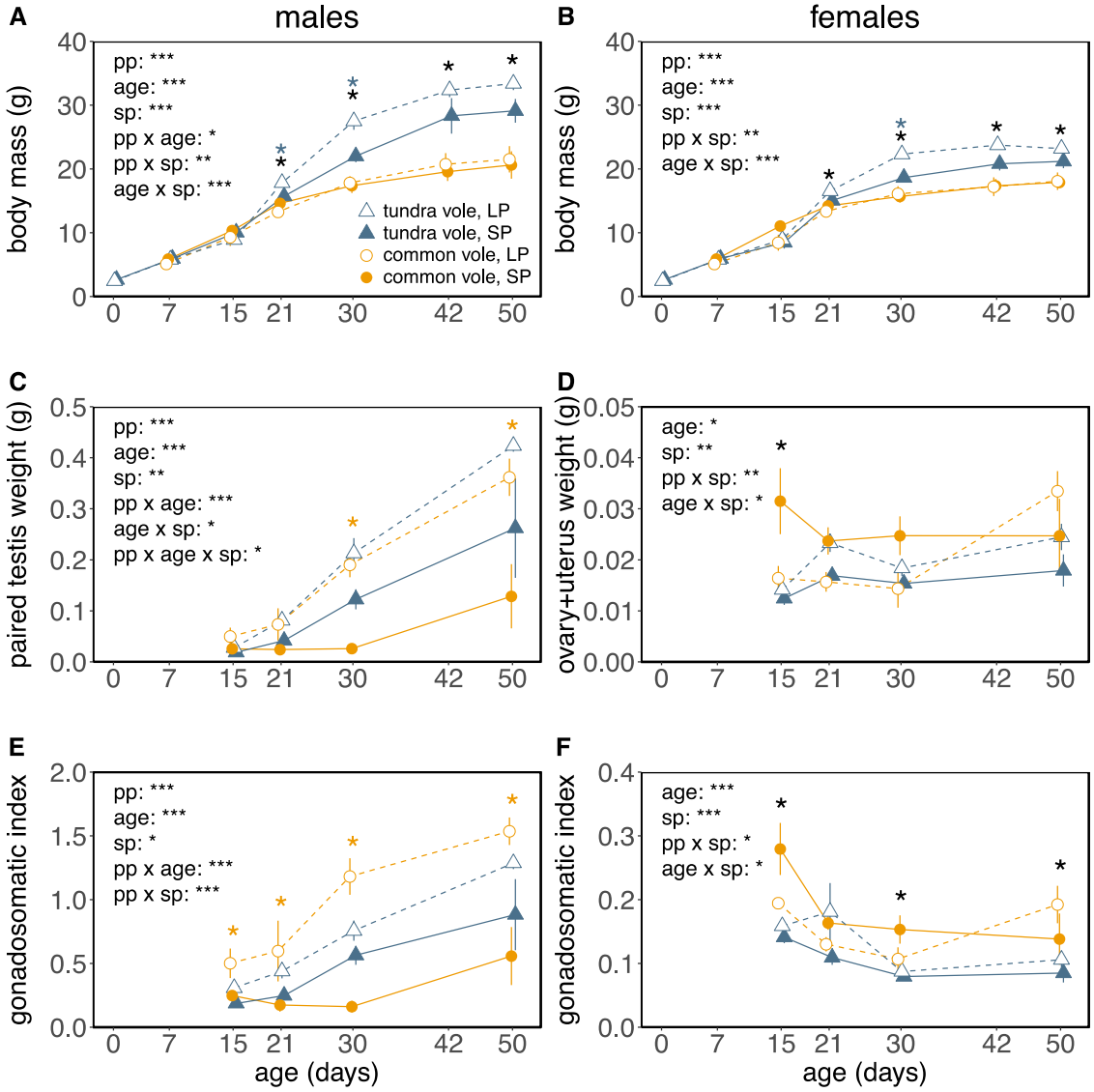

Figure 3. Effects of constant photoperiod on growth and gonadal development. Graphs show body mass growth curves for (A) males and (B) females, (C) paired testis weight, (D) paired ovary + uterus weight, (E, F) gonadal development relative to body mass (gonadosomatic index) for common voles (orange circles) and tundra voles (blue triangles), continuously exposed to either LP (open symbols, dashed lines) or SP (closed symbols, solid lines). Lines connect averages representing non-repeated measures. Data are mean±s.e.m. Male tundra vole LP: n=22, male tundra vole SP: n=15, male common vole LP n=19, male common vole SP n=16. female tundra vole LP: n=21, female tundra vole SP: n=17, female common vole LP n=12, female common vole SP n=16. Significant effects (type I two-way ANOVA's, post-hoc Tukey) of photoperiod at specific ages are indicated for tundra voles (blue asterisks) and common voles (orange asterisks). Significant effects of species are indicated by black asterisks. Significant effects of: photoperiod (pp), age (age), species (sp) and interactions are

shown in each graph, $^{*}p < 0.05$, $^{**}p < 0.01$, $^{***}p < 0.001$. Statistic results for ANOVA's (photoperiod, age and species) can be found in table S4.

Photoperiod induced changes in hypothalamic gene expression

Melatonin binds to its receptors in the pars tuberalis where it inhibits *Tshβ* expression. In males of both species, *Mtnr1a* (*Mt1*, melatonin receptor) expression in the hypothalamic block with preserved pars tuberalis was highly expressed, but unaffected by photoperiod or age (photoperiod, $F_{1,43} = 0.08$, ns; age, $F_{3,42} = 0.94$, ns) (Fig. 4A). In females, *Mtnr1a* expression increases approximately 2-fold with age in both species ($F_{3,40} = 9.04$, $p < 0.001$) (Fig. 4B), but no effects of photoperiod where observed ($F_{1,40} = 1.59$, ns).

In males and females of both species, *Tshβ* expression is dramatically elevated under LP throughout development (tundra vole males, $F_{1,27} = 49.3$, $p < 0.001$; common vole males, $F_{1,27} = 21.3$, $p < 0.001$; tundra vole females, $F_{1,30} = 63.7$, $p < 0.001$; common vole females, $F_{1,22} = 60.9$, $p < 0.001$) (Fig. 4C,D). Furthermore, a clear peak in *Tshβ* expression is observed in 21-day old LP common vole males, while such a peak is lacking in tundra vole males. On the other hand, *Tshβ* expression in tundra vole males remains similar over the course of development under LP conditions. In females, photoperiodic responses on *Tshβ* expression did not differ between species ($F_{1,40} = 0.02$, ns).

TSHβ binds to its receptor (TSHr) in the tanycytes around the third ventricle. In tundra vole males and females, *Tshr* expression is higher under SP compared to LP (males, $F_{1,27} = 23.7$, $p < 0.001$; females, $F_{1,30} = 6.2$, $p < 0.05$) (Fig. 4E,F), while photoperiodic induced changes in *Tshr* expression are smaller in common vole males and females (males, $F_{1,27} = 23.7$, $p < 0.01$; females, $F_{1,22} = 4.3$, $p < 0.05$) (Fig. 4E,F). Photoperiodic responses on *Tshr* expression are significantly larger in tundra vole males compared to common vole males ($F_{1,42} = 8.17$, $p < 0.01$) (Fig. 4E).

In males of both species, the largest photoperiodic effect on *Dio2,* which is increased by TSHβ, is found at weaning (day 21), with higher levels under LP compared to SP ($F_{1,42} = 14.7$, $p < 0.001$) (Fig. 4G). Interestingly, *Dio3* is lower in these animals ($F_{1,42} = 4.8$, $p < 0.05$) (Fig. 4I), leading to a high *Dio2/Dio3* ratio under LP in the beginning of development ($F_{1,42} = 8.5$, $p < 0.01$) (Fig. 4K). We find a similar pattern in females, with higher *Dio2* under LP compared to SP at the beginning of development (i.e. day 15) ($F_{3,10} = 8.9$, $p < 0.01$) (Fig. 4H).

In males of both species, no effects of photoperiod on Eyes Absent 3 (*Eya3,* transcription factor for the *Tshβ* promoter) ($F_{1,42} = 1.72$, ns), Kisspeptin (*Kiss1,* hypothalamic gene involved in reproduction) ($F_{1,42} = 2.96$, ns) and Neuropeptide VF precursor (*Npvf, Rfrp3,*

hypothalamic gene involved in seasonal growth and reproduction) ($F_{1,42}$ = 0.61, ns) expression were found (Fig. S1A,C,E). In females, both *Kiss1* ($F_{3,40}$ = 4.82, p < 0.01) and *Npvf* is higher under LP dependent on age ($F_{3,40}$ = 3.51, p < 0.05) (Fig. S1D,F), but there were no effects of photoperiod on *Eya3* ($F_{1,40}$ = 0.30, ns (Fig. S1B).

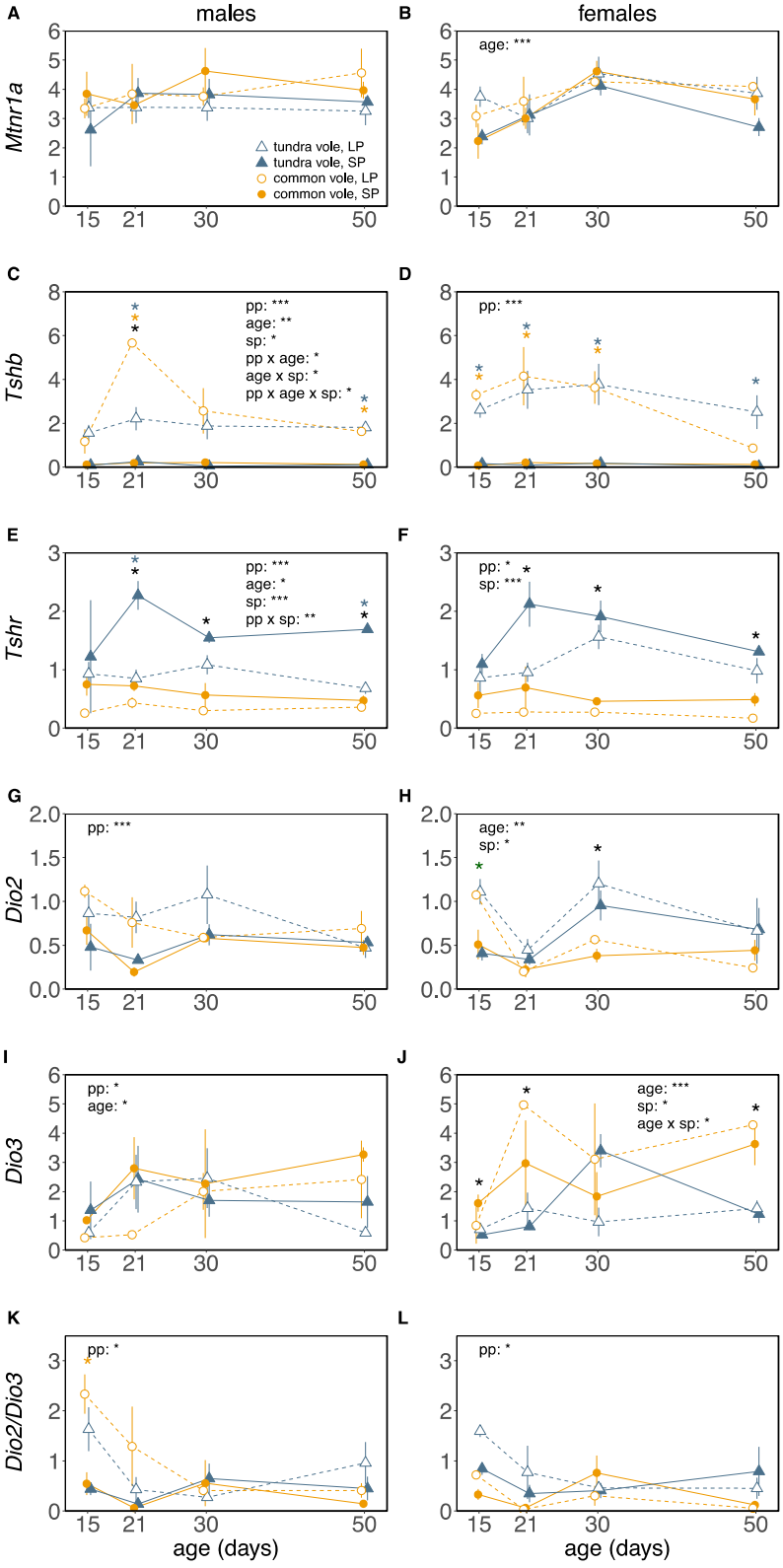

Figure 4. Effects of constant photoperiod on gene expression levels in the developing hypothalamus. Graphs show relative gene expression levels of (A, B) *Mtnr1a*, (C, D) *Tshβ*, (E, F) *Tshr*, (G, H) *Dio2*, (I, J) *Dio3* and (K, L) *Dio2/Dio3* expression in the hypothalamus of developing common vole (orange circles) and tundra vole (blue triangles) males and females respectively, under LP (open symbols, dashed lines) or SP (closed symbols, solid lines). Lines connect averages representing non-repeated measures. Data are mean±s.e.m. Male tundra vole LP: n=16, male tundra vole SP: n=13, male common vole LP n=14, male common vole SP n=15. female tundra vole LP: n=16, female tundra vole SP: n=16, female common vole LP n=8, female common vole SP n=16. Significant effects (type I two-way ANOVA's, post-hoc Tukey) of photoperiod at specific ages are indicate for tundra voles (blue asterisks) and common voles (orange asterisks). Significant effects of species are indicated by black asterisks. Significant effects of: photoperiod (pp), age (age), species (sp) and interactions are shown in each graph, $^{*}p < 0.05$, $^{**}p < 0.01$, $^{***}p < 0.001$. Statistic results for ANOVA's (photoperiod, age and species) can be found in table S4.

A positive correlation between the levels of *Tshβ* and *Dio2* expression was found only at the beginning of development (15 days, $F_{1,25} = 12.6$, $p < 0.01$; 21 days, $F_{1,28} = 4.0$, $p < 0.1$; 30 days, $F_{1,30} = 0.1$, ns; 50 days, $F_{1,23} = 0.1$, ns) (Fig. 5A-D). Moreover, no significant relationship between *Dio2* and *Dio3* expression was found (Fig. 5E-H).

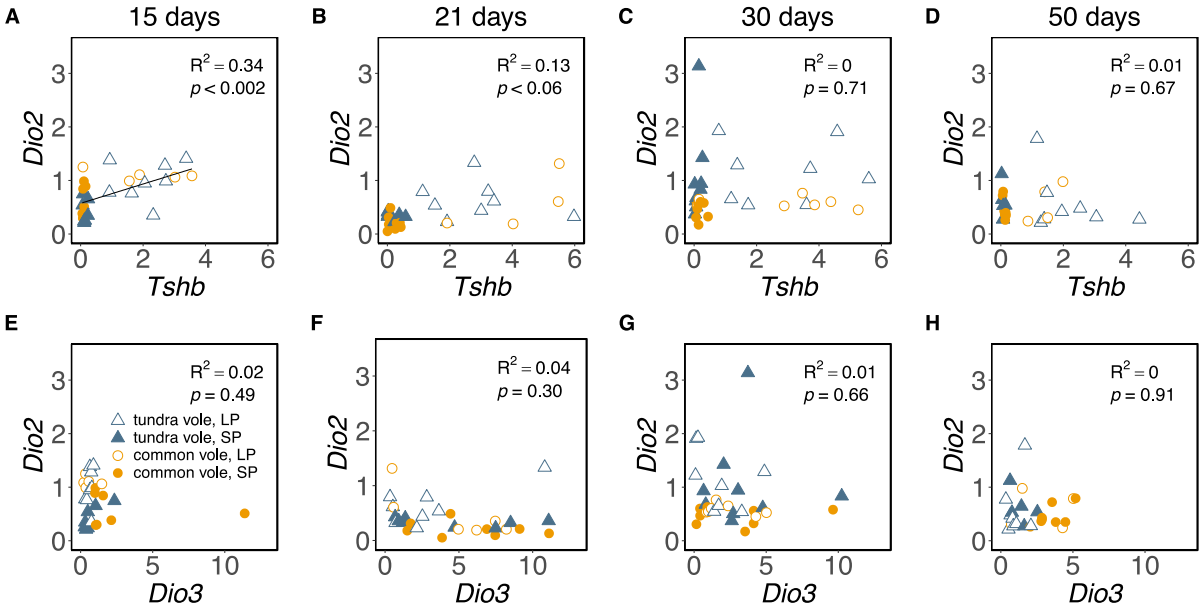

Figure 5. Relationship between hypothalamic *Dio2*, *Dio3* and *Tshβ* expression in voles at different age. Scatterplot of *Tshβ* versus *Dio2* gene expression at (A) 15, (B) 21, (C) 30 and (D) 50 days old. Scatterplot of *Dio3* versus *Dio2* gene expression at (E) 15, (F) 21, (G) 30 and (H) 50 days old. Open symbols indicate LP animals, closed symbols indicate SP animals. Blue triangles represent tundra voles, orange circles represent common voles. One outlier in *Dio2* expression was detected by an outlier analysis, however removing the outlier did not change the fitted linear models.

Discussion

This study demonstrates different effects of constant photoperiod on the PNES in two different vole species: the common vole and the tundra vole. Overall, somatic growth is photoperiodically sensitive in the tundra vole while gonadal growth is photoperiodically sensitive in the common vole. Hypothalamic *Tshβ* , *Tshr*, *Dio2* and *Dio3* expression is highly affected by photoperiod and age, and some species differences were observed in the magnitude of these effects. Although the differences found between both vole species may provide interesting information on variation in annual timing, the data should be interpreted with caution because we cannot exclude relaxation of natural selection in our laboratory colonies.

Photoperiod induced changes in somatic growth and gonadal development

These data demonstrate that photoperiod early in life affects pup growth in tundra vole (Fig. 3A), and reproductive development in common vole males (Fig. 3C,E). In females, a similar photoperiodic effect on somatic growth is observed as in males. Tundra vole females grow faster under LP compared to SP, while there is no difference in growth rate between LP and SP in the common vole (Fig. 3B). In the tundra vole, somatic growth is plastic, whereas, in the common vole, gonadal growth is plastic. Garden dormouse (*Eliomys quercinus*) born late in the season grow and fatten twice as fast as early born animals (Stumpfel et al., 2017), in order to partly compensate for the limited time before winter onset. This overwintering strategy might be favorable for animals with a short breeding season (i.e. at high latitude), and may also be used in tundra voles since they gain weight faster when raised under LP (i.e. late in the season) compared to SP (i.e. early in the season). Southern arvicoline species have longer breeding seasons (Tkadlec, 2000), and therefore have more time left to compensate body mass when born late in the season. Therefore, somatic growth rate may depend to a lesser extent on the timing of birth in southern species as observed in common voles raised under SP or LP.

Common vole female gonadal weight is slightly higher under SP compared to LP at the beginning of development (Fig. 3D,F). In contrast, in Siberian hamsters, uterus weight is

increased after 3 weeks of constant LP exposure, which continued throughout development (Ebling, 1994; Phalen et al., 2009). In common voles, female gonadal weight is increasing from day 30 to day 50 in LP animals, whereas gonadal weight in SP females remains the same (Fig. 3D,F). Also, tundra vole female gonadal weight is not increased in this period of development under both LP and SP conditions. Puberty onset, based on gonadal weight, in common voles is later in time compared to Siberian hamsters (Phalen et al., 2009), while earlier in time compared to tundra voles. Therefore, LP common voles increase gonadal weight earlier in development (i.e. > 30 days old) compared to LP tundra voles (i.e. > 50 days old), in order to increase reproductive activity and prepare for pregnancy. An alternative hypothesis is that the tundra vole may sense 16:8 not as too short for spring stimulation of reproduction, but rather as too long to switch off reproduction in autumn. These results suggest that tundra vole females have a different reproductive onset compared to common vole females under constant photoperiods. However, based on our data we cannot conclude whether the timing of the breeding season is different between those species, since we did not use naturally changing photoperiods to simulate different seasons. This can be tested by exposing voles to a broader range of different photoperiod regimes, mimicking spring and autumn photoperiod conditions in the laboratory. Our data shows that the common vole invests more energy into gonadal growth, whereas the tundra vole invests more energy into body mass growth independent of gonadal growth under LP. This suggests that both body mass growth and gonadal development are plastic and can be differentially affected by photoperiod, perhaps through different mechanisms. In Siberian hamsters, the growth hormone (GH) axis is involved in photoperiodic regulation of body mass (Dumbell et al., 2015; Scherbarth et al., 2015). Our results indicate a different role for the GH-axis in seasonal body mass regulation in tundra voles and common voles.

Photoperiod induced changes in hypothalamic gene expression

Common vole males show a clear photoperiodic response in both hypothalamic gene expression and gonadal activation. Genes in the female PNES are strongly regulated by photoperiod, which is not reflected in gonadal growth. In tundra voles, PNES gene expression profiles change accordingly to photoperiod, however the gonadal response is less sensitive to photoperiod, which is similar to the photoperiodic response observed in house mice (Masumoto et al., 2010). Because the tundra vole is more common at high latitudes, where they live in tunnels covered by snow in winter and early spring, photoperiodic information might be blocked during a large part of the year for these animals (Evernden and Fuller, 1972; Korslund,

2006). For this reason, other environmental cues, such as metabolic status, may integrate in the PNES in order to regulate the gonadal response and therefore timing of reproduction.

Photoperiod induced changes in Tshβ sensitivity

In both vole species *Tshβ* expression is higher under LP conditions during all stages of development (Fig. 4C,D), which is in agreement with previous studies in other mammals, birds and fish (for review see Dardente et al., 2014; Nakane and Yoshimura, 2019). We sampled 17 hours after lights off, when *Tshβ* expression is peaking. EYA3 is a transcription factor that binds to the *Tshβ* promoter, which promotes transcription. Perhaps we sampled too late in order to find photoperiodic induced changes in *Eya3* expression, (Fig. S1A,B), since in mice *Eya3* is peaking 12 hours after lights off under LP conditions (Masumoto et al., 2010).

TSH binds to its receptor in the tanycytes around the third ventricle. Although, less pronounced in common voles, elevated *Tshr* expression under SP (Fig. 4E,F) may be caused by low *Tshβ* levels in the same animals (Fig. 4C,D). In a previous study, a similar relationship between *Tshr* and *Tshβ* expression in the pars tuberalis and medial basal hypothalamus (MBH) of Siberian hamsters has been observed (Sáenz de Miera et al., 2017). In our study, the ependymal paraventricular zone (PVZ) around the third ventricle of the brain and the pars tuberalis are both included in samples for RNA extraction and qPCR, therefore, we cannot distinguish between these two brain areas. Brains were collected 17 hours after lights off, when *Tshr* mRNA levels in the pars tuberalis and PVZ are predicted to be similar based on studies in sheep (Hanon et al., 2008). Similar circadian expression patterns are expected in brains of seasonal long-day breeding rodents. Therefore, the observed increase in *Tshr* expression in SP voles, of both species and sexes, (Fig. 4E,F) may relate to high TSH density in the tanycytes lining the third ventricle, which might lead to increased TSH sensitivity later in life. The high *Tshr* expression in voles developing under SP (Fig. 4E,F) may favour a heightened sensitivity to increasing TSH, photoperiods increase later in life. This in turn would promote increased DIO2 and decreased DIO3 levels in spring. Interestingly, photoperiodic responses on *Tshr* are more pronounced in tundra voles than in common voles, suggesting that tundra voles are more sensitive to TSH protein when raised under SP. However, TSH is a dimer of αGSU and TSHβ, and we did not measure αGSU levels in this study.

Our vole lab populations are originally from the same latitude in the Netherlands (53°N) where both populations overlap. This is for the common vole the center (mid-latitude) of its distribution range, while our lab tundra voles are from a relict population at the lower boundary

of its geographical range, which is an extension for this species to operate at southern limits. For this reason, local adaptation of the PNES may have evolved differently in the two species. The elevated *Tshr* expression and therefore the possible higher sensitivity to photoperiod in tundra voles raised under SP, might favour photoperiodic induction of reproduction earlier in the spring. This might be a strategy to cope with the extremely early spring onset at the low latitude for this relict tundra vole population.

Interestingly, the large peak in *Tshβ* expression (Fig. 4C) that is only observed in 21-day old LP common vole males may be responsible for the drastic increase in testis weight when animals are 30 days old. Faster testis growth in LP common vole males (Fig. 3C) might be induced by the 2-3 fold higher *Tshβ* levels compared to LP tundra vole males (Fig. 4C). However, this data have to be interpreted with caution since the current study only considered gene expression levels and did not investigate protein levels.

The reduced *Tshr* expression under LP early in life (Fig. 4E,F) may be induced by epigenetic mechanisms, such as increased levels of DNA methylation in the promoter of this gene, which will reduce its transcription. A role for epigenetic regulation of seasonal reproduction has been proposed based on studies of the adult hamster hypothalamus (Stevenson and Prendergast, 2013). In order to study the effects of photoperiodic programming in development, DNA methylation patterns of specific promoter regions of photoperiodic genes at different circadian time points need to be studied in animals exposed to different environmental conditions earlier in development.

Photoperiod induced changes in hypothalamic Dio2/Dio3 expression

The photoperiodic induced *Tshβ* and *Tshr* expression patterns are only reflected in the downstream *Dio2*/*Dio3* expression differences in the beginning of development (Fig. 4K,L), suggesting that this part of the pathway is sensitive to TSH at a very young age. However, *Dio2* and *Dio3* are also responsive to metabolic status, which can change as a consequence of changing DIO2/DIO3 levels. Tundra and common vole females show similar photoperiodic induced *Tshβ* patterns, while photoperiodic responses on *Tshr* are larger in tundra voles. The higher *Tshr* levels in tundra voles may be responsible for the higher *Dio2*, and lower *Dio3* levels in tundra vole females compared to common vole females. However, the photoperiodic induced differences in gene expression levels between species is not reflected in female gonadal weight, indicating that additional signaling pathways are involved in regulating ovary

and uterus growth. In males, *Dio2*/*Dio3* patterns are mainly determined by photoperiod, while different photoperiodic responses between species are lacking.

Dio2 and *Tshβ* expression correlate only at the beginning of development (i.e. 15 and 21 days old) (Fig. 5A-D). These results are partly in agreement with the effects of constant photoperiod on hypothalamic gene expression in the Siberian hamster, showing induction of *Dio2* at birth when gestated under LP, and induction of *Dio3* at 15 days old when exposed to SP (Sáenz de Miera et al., 2017). Furthermore, it is thought that *Dio2/Dio3* expression profiles will shift due to both photoperiodic and metabolic changes rather than by constant conditions. Also, negative feedback on the Dio2/Dio3 system might be induced by changes in metabolic status. In wild populations of Brandt's voles (*Lasiopodomys brandtii*), seasonal regulation of these genes, show elevated *Dio2/Dio3* ratios in spring under natural photoperiods, suggesting the crucial role for those genes in determining the onset of the breeding season in wild populations (Wang et al., 2019).

Photoperiod induced changes in hypothalamic Kiss1 and Npvf expression

In females, both *Kiss1* and *Npvf* expression is higher under LP dependent on age (Fig. S1D,F), whereas in males no effects of photoperiod on these genes are found (Fig. S1C,E). Other studies report inconsistent photoperiodic/seasonal effects on ARC *Kiss1* expression in different species, which may be related to a negative sex steroid feedback on *Kiss1* expressing neurons (for review see, Simonneaux, 2020). For this reason, sex and species dependent levels of steroid negative feedback on both *Kiss1* and *Rfrp* expressing neurons in the caudal hypothalamus are expected.

In conclusion, our data show that somatic growth is photoperiodic sensitive in the tundra vole while gonadal growth is photoperiodic sensitive in the common vole. Our finding that the SP induced *Tshr* expression is more pronounced in the developing hypothalamus of the tundra vole, may lead to the expectation that programming of TSH sensitivity is an important regulator of the PNES in this species. Reproductive development seems to be more dominated by photoperiodic responses in the common vole than in the tundra vole. It is not excluded that the PNES of the tundra vole has lost its photoperiodic capacity and instead adopted responses to other environmental variables in its post-glacial relict population at the southern edge of its distribution. This opens the possibility that the tundra vole has a stronger response to other environmental cues (e.g. temperature, food, snow cover). Both vole species

develop their PNES differently, depending on photoperiod early in development, indicating that they use environmental cues differently to time reproduction.

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Competing interests

No competing interests declared

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Supplementary information

Table S1

Preparation 40 µL Reversed-Transcription reactions concentrations of components used for RT

Component	Stock concentration	Final concentration
Oligo(dT)$_{18}$	100 µM	5 µM
5X Reaction buffer	5X	1X
RiboLock RNase Inhibitor	20 U/µL	1 U/µL
dNTP Mix	10 mM	1 mM
RevertAid H Minus Reverse Transcriptase	200 U/µL	10 U/µL
Template RNA	0.1 µg/µl	1 µg/µl

Table S2

Primers used for qPCR. Primer sequences were gene specific for M. arvalis and M. oeconomus, except for Tshβ reversed and Tshr forward for M. arvalis, and Dio3 forward and Eya3 reversed for M. oeconomus, which differ in 1 nucleotide from the used primers.

Gene	Forward primer sequence (‘5-‘3)	Reverse primer sequence (‘5-‘3)
Dio2	CAGCCAACTCCGGACTTCTT	GCCGACTTCCTGTTGGTGTA
Dio3	CAAGCATTTCCTGCGTCGTC	GATACGCAGATGGGTGGGTC
Dnmt1	TAGCCACCAAACGAAGACCC	GTTCGAGCCGCCTTTTTCTC
Dnmt3a	GAGAGGGAACTGAGACCCCA	CCCGTTTCCGTTTGCTGATG
Eya3	TGTTGGGTTCACACTCCCTG	GGGCAAAGTAAGCAGGTGTA

Gapdh	GCTGCCCAGAACATCATCCCTG	GACGACGGACACATTGGGGGTA
Kiss1	CCATGCCCACCGGTTGAGAG	GCCGAAGGAGTTCCAGTTGT
Mtnr1a	ATCGCCATTAACCGCTACTG	GAGAGTTCCGGTTTGCAGGT
Npvf	AGGCAGGGATCTTGAACCAC	TCTCTGTAGCCAGCGACTCA
Tshβ	GCTTATGGCAACAGGGTAGGA	AATACGCGCTCTCCCAGGAT
Tshr	ATCCCCAGTCTCGCGTTTTC	GCTTCTGGTGTTGCGGATTT

Table S3

Thermal cycling conditions for qPCR.

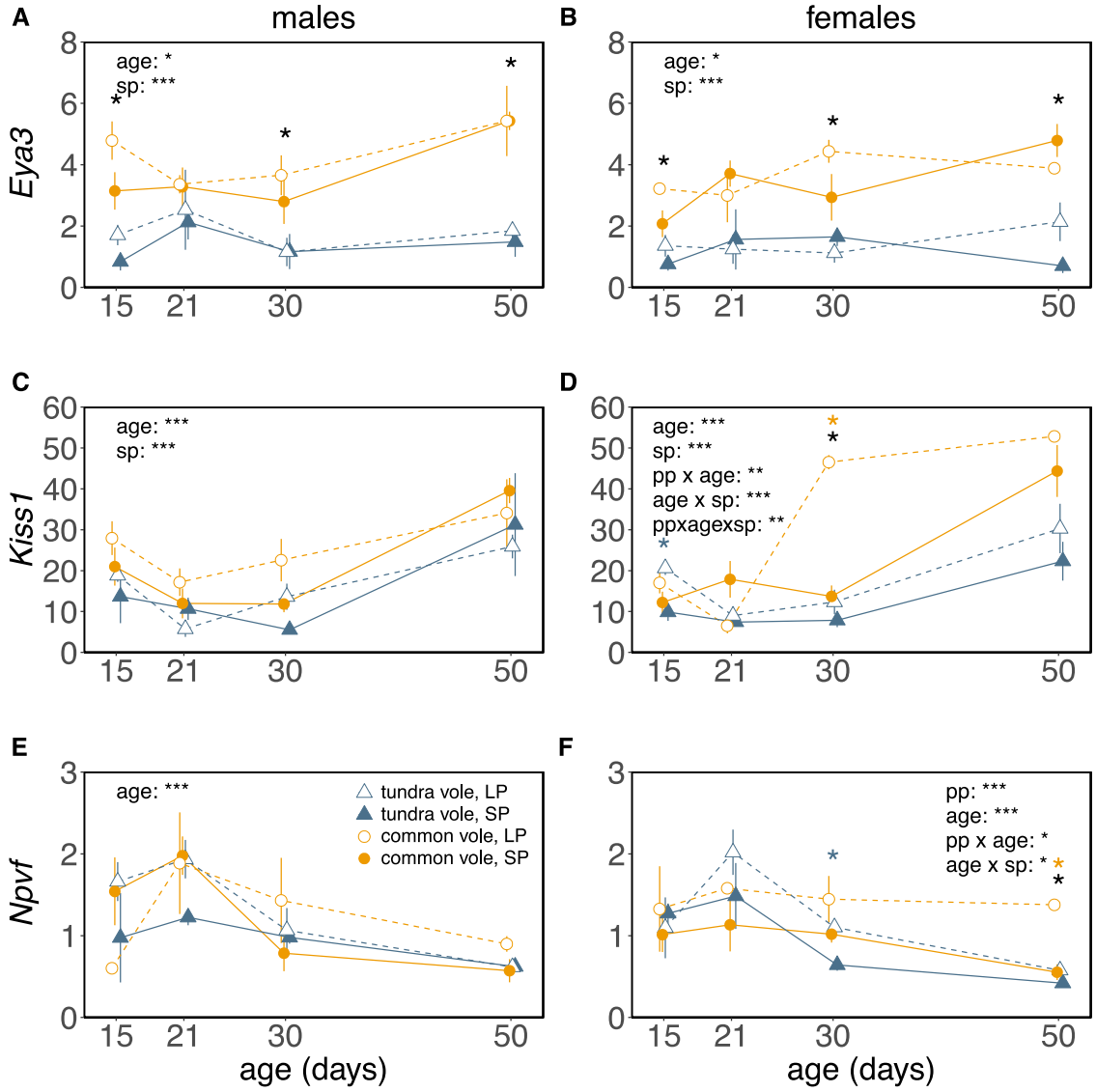
qPCR step	T (°C)	Duration (seconds)	Cycles
Enzyme activation	95	180	Hold
Denaturation	95	3	40
Annealing/ extension/ data acquisition	60	20	40
Dissociation	95	3	
	65	5	
	95	15	

	body mass (m)			**gonads (m)**			**GSI (m)**		
	Df SS	*F*	*p*	Df SS	*F*	*p*	Df SS	*F*	*p*
pp	1,66	22.5261	< 0.001	1,56 0.4619	118.426	< 0.001	1,56 7.172	132.347	< 0.001
age	1,76	320.7922	< 0.001	3,56 0.9478	80.998	< 0.001	3,56 8.307	51.101	< 0.001
species	1,66	58.5611	< 0.001	1,56 0.0337	8.641	< 0.01	1,56 0.247	4.551	< 0.05
pp:age	1,76	6.8905	< 0.001	3,56 0.1169	9.994	< 0.001	3,56 1.042	6.411	< 0.001
pp:species	1,66	7.9873	< 0.05	1,56 0.0011	0.276	ns	1,56 1.033	19.060	< 0.001
age:species	1,76	44.6027	< 0.001	3,56 0.0352	3.012	< 0.05	3,56 0.028	0.171	ns
pp:age:species	1,76	0.0826	ns	3,56 0.0028	0.238	ns	3,56 0.354	2.175	ns
	***Mtnr1a* (m)**			***Tshb* (m)**			***Tshr* (m)**		
	Df SS	*F*	*p*	Df SS	*F*	*p*	Df SS	*F*	*p*
pp	1,42 0.12	0.080	ns	1,42 65.07	78.822	< 0.001	1,42 4.303	33.364	< 0.001
age	3,42 4.23	0.936	ns	3,42 11.45	4.625	< 0.01	3,42 1.613	4.170	< 0.05
species	1,42 4.37	2.899	ns	1,42 4.15	5.028	< 0.05	1,42 9.763	75.709	< 0.001
pp:age	3,42 0.85	0.188	ns	3,42 9.18	3.708	< 0.05	3,42 0.690	1.783	ns
pp:species	1,42 2.53	1.676	ns	1,42 2.55	3.084	ns	1,42 1.053	8.165	< 0.01
age:species	3,42 1.17	0.258	ns	3,42 7.26	2.933	< 0.05	3,42 0.320	0.827	ns
pp:age:species	3,42 6.03	1.333	ns	3,42 8.91	3.596	< 0.05	3,42 0.953	2.464	ns
	***Dio2* (m)**			***Dio3* (m)**			***Dio2/Dio3* (m)**		
	Df SS	*F*	*p*	Df SS	*F*	*p*	Df SS	*F*	*p*
pp	1,42 1.409	14.702	< 0.001	1,42 41.7	4.838	< 0.05	1,42 10.25	8.537	< 0.01
age	3,42 0.771	2.683	ns	3,42 74.6	2.885	< 0.05	3,42 7.18	1.994	ns
species	1,42 0.018	0.188	ns	1,42 7.6	0.878	ns	1,42 0.32	0.267	ns
pp:age	3,42 0.418	1.456	ns	3,42 3.3	0.129	ns	3,42 2.74	0.760	ns
pp:species	1,42 0.002	0.017	ns	1,42 10.1	1.173	ns	1,42 0.01	0.008	ns
age:species	3,42 0.540	1.877	ns	3,42 14.1	0.545	ns	3,42 5.82	1.617	ns
pp:age:species	3,42 4.025	0.897	ns	3,42 6.0	0.233	ns	3,42 3.94	1.095	ns
	***Eya3* (m)**			***Kiss1* (m)**			***Npvf* (m)**		
	Df SS	*F*	*p*	Df SS	*F*	*p*	Df SS	*F*	*p*
pp	1,42 3.47	1.722	ns	1,42 237	2.956	ns	1,42 0.253	0.606	ns
age	3,42 22.49	3.716	< 0.05	3,42 5092	21.186	< 0.001	3,42 12.769	10.205	< 0.001
species	1,42 96.66	47.928	< 0.001	1,42 1252	15.621	< 0.001	1,42 0.280	0.672	ns
pp:age	3,42 2.22	0.367	ns	3,42 240	0.998	ns	3,42 0.572	0.457	ns
pp:species	1,42 3.73	1.850	ns	1,42 186	2.325	ns	1,42 0.056	0.134	ns
age:species	3,42 12.50	2.066	ns	3,42 172	0.715	ns	3,42 1.061	0.848	ns
pp:age:species	3,42 0.15	0.025	ns	3,42 80	0.331	ns	3,42 2.373	1.896	ns
	***Dnmt1* (m)**			***Dnmt3a* (m)**					
	Df SS	*F*	*p*	Df SS	*F*	*p*			
pp	1,42 1.19	0.676	ns	1,42 1.41	0.767	ns			
age	3,42 76.07	14.377	< 0.001	3,42 3.58	0.651	ns			
species	1,42 7.79	4.419	< 0.05	1,42 11.78	6.413	< 0.05			
pp:age	3,42 4.21	0.796	ns	3,42 1.93	0.350	ns			
pp:species	1,42 3.33	1.886	ns	1,42 0.04	0.023	ns			
age:species	3,42 4.72	0.892	ns	3,42 3.08	0.558	ns			
pp:age:species	3,42 15.91	3.008	< 0.05	3,42 7.72	1.401	ns			
	body mass (f)			**gonads (f)**			**GSI (f)**		
	Df SS	*F*	*p*	Df SS	*F*	*p*	Df SS	*F*	*p*
pp	1,60	14.9452	< 0.001	1,50 0.0000919	1.575	ns	1,50 0.00002	0.0111	ns
age	1,78	169.3274	< 0.001	3,50 0.0006542	3.737	< 0.05	3,50 0.04933	8.281	< 0.001
species	1,60	17.4063	< 0.001	1,50 0.0004270	7.316	< 0.01	1,50 0.05081	25.592	< 0.001
pp:age	1,78	0.0398	ns	3,50 0.0003350	1.913	ns	3,50 0.00869	1.459	ns
pp:species	1,60	9.0244	< 0.01	1,50 0.0004222	7.235	< 0.01	1,50 0.00805	4.052	< 0.05
age:species	1,78	13.0245	< 0.001	3,50 0.0005309	3.033	< 0.05	3,50 0.01784	2.995	< 0.05
pp:age:species	1,78	0.2721	ns	3,50 0.0003238	1.850	ns	3,50 0.01251	2.101	ns
	***Mtnr1a* (f)**			***Tshβ* (f)**			***Tshr* (f)**		
	Df SS	*F*	*p*	Df SS	*F*	*p*	Df SS	*F*	*p*
pp	1,40 1.59	1.593	ns	1,40 128.65	127.264	< 0.001	1,40 0.869	4.687	< 0.05
age	3,40 27.14	9.041	< 0.001	3,40 4.92	1.621	ns	3,40 1.213	2.182	ns
species	1,40 0.08	0.084	ns	1,40 0.09	0.088	ns	1,40 12.811	69.096	< 0.001
pp:age	3,40 3.90	1.300	ns	3,40 5.17	1.706	ns	3,40 0.687	1.234	ns
pp:species	1,40 0.06	0.057	ns	1,40 0.02	0.018	ns	1,40 0.193	1.043	ns
age:species	3,40 1.95	0.648	ns	3,40 1.16	0.382	ns	3,40 1.277	2.297	ns
pp:age:species	3,40 0.90	0.299	ns	3,40 2.31	0.761	ns	3,40 0.329	0.592	ns
	***Dio2* (f)**			***Dio3* (f)**			***Dio2/Dio3* (f)**		
	Df SS	*F*	*p*	Df SS	*F*	*p*	Df SS	*F*	*p*
pp	1,40 0.422	2.065	ns	1,40 9.07	2.206	ns	1,40 26.29	5.976	< 0.05
age	3,40 3.262	5.318	< 0.01	3,40 81.75	6.629	< 0.001	3,40 34.84	2.640	ns
species	1,40 1.408	6.886	< 0.05	1,40 25.09	6.105	< 0.05	1,40 6.69	1.522	ns
pp:age	3,40 1.088	1.775	ns	3,40 4.39	0.356	ns	3,40 36.77	2.786	ns
pp:species	1,40 0.010	0.047	ns	1,40 14.61	3.555	ns	1,40 6.16	1.399	ns
age:species	3,40 1.674	2.730	ns	3,40 50.15	4.067	< 0.05	3,40 10.51	0.796	ns
pp:age:species	3,40 0.168	0.273	ns	3,40 16.20	1.314	ns	3,40 35.21	2.668	ns
	***Eya3* (f)**			***Kiss1* (f)**			***Npvf* (f)**		

	Df	SS	*F*	*p*	Df	SS	*F*	*p*	Df	SS	*F*	*p*
pp	1,40	0.32	0.303	ns	1,40	191	4.057	ns	1,40	3.785	14.783	< 0.001
age	3,40	10.62	3.351	< 0.05	3,40	4491	31.856	< 0.001	3,40	10.547	13.730	< 0.001
species	1,40	60.63	57.392	< 0.001	1,40	1345	28.629	< 0.001	1,40	0.796	3.108	ns
pp:age	3,40	2.99	0.943	ns	3,40	680	4.820	< 0.01	3,40	2.698	3.513	< 0.05
pp:species	1,40	0.02	0.021	ns	1,40	3	0.061	ns	1,40	1.123	4.385	< 0.05
age:species	3,40	5.07	1.601	ns	3,40	978	6.938	< 0.001	3,40	0.458	0.596	ns
pp:age:species	3,40	6.82	2.153	ns	3,40	843	5.980	< 0.01	3,40	0.876	1.140	ns

728 ***Table S4.*** *Statistics for type I two-way ANOVA's*

729



730

731 **Figure S1. Effects of constant photoperiod on gene expression levels in the developing hypothalamus.**

732 Relative gene expression levels of (A, B) *Eya3*, (C, D) *Kiss1*, (E, F) *Npvf* expression in the hypothalamus of

733 developing common (orange circles) and tundra vole (blue triangles) males and females respectively, under LP

734 (open symbols, dashed lines) or SP (closed symbols, solid lines). Lines connect averages representing non-

735 repeated measures. Data are mean±s.e.m.. Male tundra vole LP: n=16, male tundra vole SP: n=13, male

736 common vole LP n=14, male common vole SP n=15. female tundra vole LP: n=16, female tundra vole SP:

737 n=16, female common vole LP n=8, female common vole SP n=16. Significant effects (ANOVA, post-hoc

738 Tukey) of photoperiod at specific ages are indicate for tundra voles (blue asterisks) and common voles (orange

asterisks), significant effects of species are indicated by black asterisks. Significant effects of: photoperiod (pp), age (age), species (sp) and interactions are shown in each graph, $^{*}p < 0.05$, $^{**}p < 0.01$, $^{***}p < 0.001$. Statistic results for two-way ANOVA's (photoperiod, age and species) can be found in table S4.