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Cervical dystonia

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Stellingen behorende bij het proefschrift

Cervical dystonia, disability and the value of physical therapy

1. Physical therapy should be a standard addition to BoNT treatment in patients with cervical dystonia to further improve daily life functioning. (this thesis)
2. Physical therapy is beneficial for patients with cervical dystonia to reduce pain and disability. (this thesis)
3. Non-motor symptoms, such as pain, anxiety and depression, are important contributors to disability in patients with cervical dystonia. (this thesis)
4. A multidisciplinary treatment approach from a biopsychosocial perspective is essential to improve the overall treatment effects in patients with cervical dystonia. (this thesis)
5. Emphasis on self-management is essential in the treatment of chronic conditions like cervical dystonia with reduced treatment costs as an additional benefit. (this thesis)
6. Driving performance and driving safety appear not to be compromised in cervical dystonia patients. (this thesis)
7. Subtlety is key in the physical therapy treatment of cervical dystonia.
8. Mankind is made for action, and activity is the sovereign remedy for all physical ills (Frederick II the great, King of Prussia)
9. Tobben is zinloos. (Hans van Leeuwen)
10. Leven is makkelijker dan je denkt, maar moeilijker als je denkt. (Guido Weijers)