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#### The influence of sex hormones on brain lateralisation

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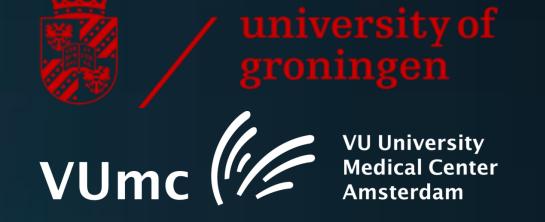
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# Sex hormones & brain lateralisation - Research Program -



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## Introduction

There is long standing debate to what extent variation in lateralisation between and within individuals is due to early or late exposure to sex hormones. The relation between sex hormone exposure and functional lateralisation will be investigated as follows:

- 1. Correlate existing data on prenatal hormone exposure with brain lateralisation in healthy children of 15 years
- 2. Analyze brain lateralisation in individuals with Gender Dysphoria (GD) before and after hormone treatment

# Hypotheses

- 1. Prenatal testosterone masculinizes strength and direction of lateralisation<sup>1</sup>
- 2. Hormone treatment influences strength and direction of lateralisation towards the experienced gender in individuals with GD

## Method

# Prenatal hormones

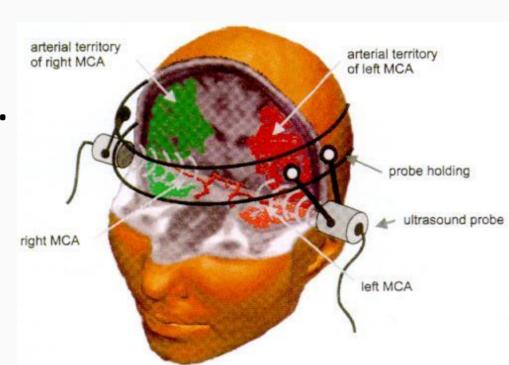
Amniocentesis was performed within the 14<sup>th</sup>-19<sup>th</sup> week of pregnancy, the same period as brain lateralisation is assumed to be modulated by the influence of steroid hormones. The children born from these pregnancies are 15 years old now.

#### Subjects

Prenatal15 yAmniocentesisfTCD-study (25♂, 25♀)

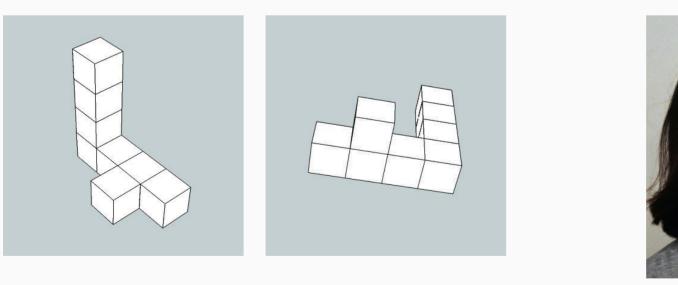
#### **fTCD**

Brain lateralisation will be measured with functional Transcranial Doppler sonography. fTCD measures the difference between the left and right hemisphere in blood flow velocity in the Middle Cerebral Arteries during a cognitive task.

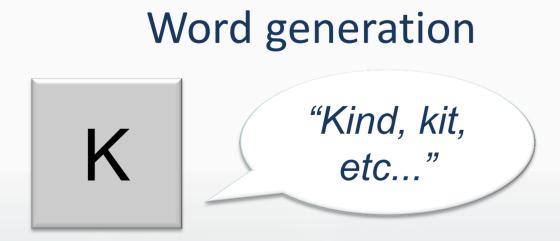


#### Tasks

Individual strength and direction of lateralisation will be assessed during 3 tasks:



Mental rotation





Chimeric faces

#### Additional data

- Current hormone levels
- Handedness
- Aggression, Empathy
- Pubertal stage, Gender identity & Sexual orientation

# Hormones later in life

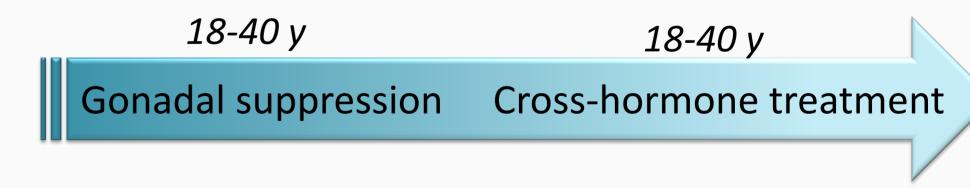
Individuals with Gender Dysphoria experience a strong incongruence between their gender identity and natal sex. Many individuals with Gender Dysphoria undergo cross-sex hormone treatment to align their body with their gender identity.

#### Subject groups

Treatment in adolescence:

8-11 y	15-17 y	16-18 y
No treatment	Puberty suppression	Cross-hormone treatment

Treatment in adulthood:



#### Group comparisons

The organisational effect on lateralisation: 8-11y GD vs. 8-11y controls

The effect of puberty on lateralisation: 8-11y controls vs. 15-17y controls

The effect of cross-sex hormones on lateralisation in adolescents: (GD cross-sex – GD puberty suppression) vs. controls

The effect of cross-sex hormones on lateralisation in adults: (GD cross-sex – GD gonadal suppression) vs. controls

#### *fMRI*

Brain lateralisation will be measured with fMRI.

#### Tasks

Word generation, Mental rotation and Facial emotion recognition.

#### Additional data:

- Current hormone levels
- In some cases: Diffusion Tensor Imaging, Voxel-based morphometry or Resting state connectivity

### Points for Discussion

- 1. Suggestions for essential measurements in the "Prenatal hormones study"?
- 2. How to analyze lateralisation in existing fMRI-data?